



Rideau Trail

NEWSLETTER

Spring 2020

Issue No. 195





Who will be the first to see a Painted Trillium on the Rideau Trail this year?
PHOTO: CLAUDE BOUCHARD



As warmer weather approaches, this guy is taking a look back at winter.

DONALD WORKMAN PHOTO

Cover



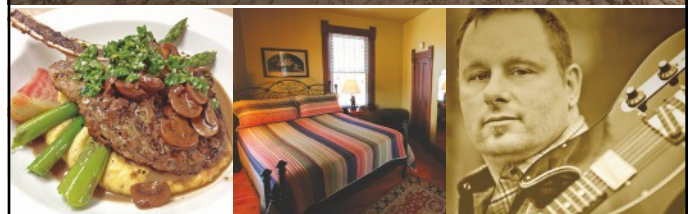
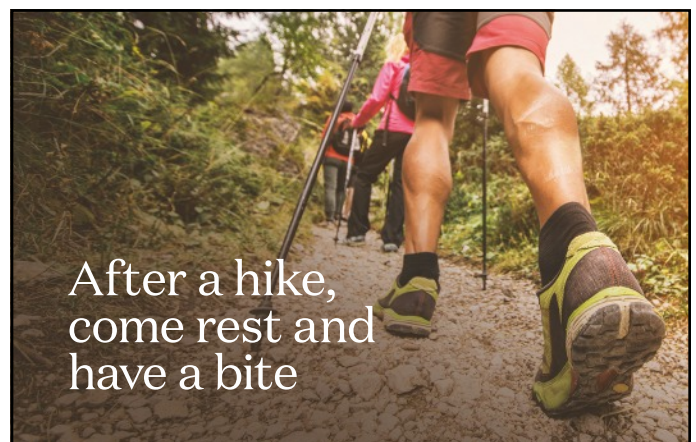
Spring

Yes, vibrant colour and hikers are returning to our landscape. Is that Slide Lake on the cover? Leave your mitts and snowshoes behind. Linger at lunch with your friends on the trail. Alas, remember your deterrent measures for dealing with ticks and blackflies.

PHOTOS: THE PASSIONATE HIKER



**Remember
Trail Closed**
Tuesday, March 10, 2020
The Rideau Trail closes one day a
year, to protect the landowners.



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Annual General Meeting

Saturday, May 23, 2020

***** Perth Golf Club *****

141 PETER STREET, PERTH ON

Program

- 9:00 to 9:30 am Registration, refreshments, meet and mingle
- 9:30 am to noon Business Meeting, Presentation of Awards,
Door Prize Draw
- Noon to 1:30 pm Lunch, social time, beverages available
for purchase
- 1:30 pm Variety of hikes or explore Perth on your own

Directions

From Highway 7 in Perth, turn south onto Wilson Street (Canadian Tire is on the north-west corner). Wilson street ends at Peter Street (which is just south of North Street). Turn right onto Peter Street and continue until golf course at the end of the street.

Lunch

Perth Golf club will prepare our lunch. Send no money now, but you **MUST RESERVE** ahead of time by contacting Joyce Davis at 613-794-3138 or jbdavis098@gmail.com

The **deadline** to order your meal is Friday, May 8th.

Cost: \$18.00, payable at the meeting.

Buffet Menu

- Spinach salad with feta cheese, pickled red onions, fresh strawberries
- Soup
- Assorted sandwiches and wraps on artisan breads including; Italian cold cut, pesto chicken club, roast beef and cheddar, BLT, Ham & Swiss, grilled vegetables, smoked meat with provolone & grainy mustard
- Herb roasted potato wedges
- Chefs choice dessert selections

If you require transport or are willing to be a driver,
contact:

Central Club - Joyce Davis Tel: 613-794-3138
Kingston -Sharen Yaworski Tel: 613 544-6022
Ottawa - Sandy Freeman Tel: 613-225-2940



CPR/AED/First Aid Training

What: Certification training
Who: Open to all Rideau Trail members (priority to
Kingston hike leaders and members)
When: Saturday March 28
Where: Kingston Ontario
Cost: \$20
Info/Registration: Peter Burbidge 613 634 1877 or
peterbur@kingston.net

Opportunity for all
club leaders

Staying on Track

This train of ours, between Kingston and Ottawa, has many riders. Could you be among those talented people who guide us and keep us on the rails?

All Board members are elected each year. The current list is on the opposite page. If one of those roles appeals to you, don't wait for the Nominating Committee to find you. Why not learn more about it? What's involved; would you be a good fit, etc.? You could contact the current member holding that position, or contact the President, president@rideautrail.org.

The election of Board members takes place at the Annual Meeting of the Association. That's in May this year. If you are the kind of member the Board needs, you'll find out now, rather than waiting.



50th

It's coming. Can you help to plan the celebration?

Check with the Chair of your club.

Some ideas take time to plan.
Let's get started!

Renewing with an old form?

Be sure to send it to

Box 15 Kingston

Some outdated forms suggest a different address.



P.O. Box 15 Kingston ON K7L 4V6
www.rideautrail.org

Electronic Mail: info@rideautrail.org

Webmaster: web@rideautrail.org

E-Letter: e-letter@rideautrail.org
(Send updates by 25th of the month.)

Club Telephones:

Central: (613) 267-5756

Ottawa: (613) 860-2225

The RTA does not share its mailing list with other organizations.

The Rideau Trail Newsletter is published quarterly in March, June, September and December by the Rideau Trail Association. Unless otherwise stated, the opinions expressed in this Newsletter are not necessarily those of the Rideau Trail Association.

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Summer Newsletter: **Deadline May 1, 2020**

We want your submissions! If possible, text should be sent electronically with no document formatting. Pictures with good definition and contrast are most welcome.

Send material directly to the Editor, newsletter@rideautrail.org

Board of Directors

President: Brian Grant, Ottawa
(613) 225-8770 president@rideautrail.org

Vice President:

Secretary: Ruth Oswald

(613) 590-7467 secretary@rideautrail.org

Treasurer: Phil Dawes, Ottawa

(613) 728-5520 treasurer@rideautrail.org

Membership Director: Mary-Jean McIntyre, Kingston

(613) 583-1667 membership@rideautrail.org

Trail Coordinator: Rusty Bassarab, Kingston

trailcoordinator@rideautrail.org

Marketing/Communications:

Club Chairs:

Central: Joyce Davis, Portland

(613) 794-3138 jbdavis098@gmail.com

Kingston: Sharen Yaworski, Kingston

(613) 544-6022 sharenann@gmail.com

Ottawa: Sandy Freeman, Ottawa

(613) 225-2940 ottawa@rideautrail.org

Club Representatives:

Central:

Kingston: Rick Shaver, Kingston

(902) 331-0765 rick.shaver@hotmail.com

Ottawa: Carol Seal, Ottawa

(613) 291-7547 carol.seal.613@gmail.com

Newsletter Editors:

Marlene Bzdel, Ottawa

mlbzdel@gmail.com

Steve Kelly, Ottawa

(613) 422-1318 stkelly@rogers.com

Central Club Executive

Chair: Joyce Davis

Vice-Chair: OPEN

Past Chair: Jack Tannett

Hike Activities Coordinator:
Maida Murray

Trail Maintenance: Bert Stranberg

Routes and Negotiations:

Elisabeth Kuiper

Publicity: Gaëlle Giraudeau

Social Coordinators:

Barb McIntyre and

Elisabeth Kuiper

Treasurer: Gayle Truman

Secretary: Mary Robinson

Members at large: Dorothy

Hudson and Jim Middleton

Kingston Club Executive

Chair: Sharen Yaworski

Vice Chair (Board Rep.):

Rick Shaver

Secretary: Marilyn Martin

Treasurer: Lynn Esau

Outings: Peter Burbidge

Publicity: Bill Ottney

Landowner Liaison: John Rowe

Construction: Jim Lorimer

Maintenance: Stan Huff

Special Events: Joel Lamorre

Human Resources:

Pascale Champagne

Member at Large:

Jennifer Brinkman

Member at Large:

Barry Monaghan

Ottawa Club Executive

Chair: Sandy Freeman

Past Chair: Denise Hall

Vice Chair and Rep. to RTA

Board: Carol Seal

Secretary: Dawn Carrick

Treasurer: Robert Smith

Trail Maintenance: Michael

Beaupré

Landowner Liaison: Lianna

Cousins

NCC Liaison: Lorraine Farkas

Activities: Denise Hall and Kevin

Reynolds

Publicity: Bill Davies

Member at Large: Brian Grant

Member at Large: Kevin

Chapman

Newsletter Editor: Steve Kelly

Newsletter Editor: Adriana Kievit

Association News

Highlights

JANUARY BOARD MEETING WAS CANCELLED

UPDATES FROM THE RIDEAU TRAIL CLUBS

Central - Joyce Davis, Chair

- Joint outing with Ottawa Club in January
- Wednesday Wanderers still active this winter
- Exhibiting at Festival of the Maples April 25
- Planning to host RTA Annual Meeting in May
- Help wanted: communications, trail maintenance and other roles - Annual Meeting May 2

Kingston - Sharen Yaworski, Chair

- CPR/First Aid Course offered in March. Free to our hike leaders in Kingston. Open to others: \$20
- Good attendance for new weekly outing every Thursday morning.
- Seasonal Party occurred on November 30, attended by 40 people.

• Volunteer Appreciation:

hikes, lunch and more. May 3 at the Sydenham Library.

Ideas for the Big 5-0

A challenge: hike 50 km in all 3 sections of the trail.

Another challenge: hike 50 km in one day. Volunteers to meet with refreshments at intervals.

Dates

March 28: First Aid

April 15: Annual Meeting

(Need Members at Large)

May 3: Volunteer Day

Ottawa - Sandy Freeman, Chair

- Volunteer Appreciation held in November for leaders and other volunteers.
- Current activity details, including short notice events, are sent to members every Thursday.
- Short notice hikes are popular with leaders (8 of 29 this fall).
- Agreement for access now finalized with Montague Township
- Winter outings presentation scheduled for Bushtukah store.

Annual Meeting, April 17

Several positions available

Annual Meetings

Central: May 2 - McMartin House

Kingston: April 15 - Seniors Centre

Ottawa: April 17 - St. Thomas the Apostle

Rideau Trail: May 23

Perth Golf Club



Do you speak ArcGIS?

That's the software to be used by the Rideau Trail's Geographical Information System (GIS).

If you can lend a hand, please contact

trailcoordinator@rideautrail.org



Thank You, Landowners

Where the Rideau Trail crosses privately owned land, it does so with the landowner's permission.

Note: please respect the one-day Trail closure: Tuesday, March 10.

Renewing with an old form?

Be sure to send it to

Box 15 Kingston

Some outdated forms suggest a different address.

Member Services

(Who gets your question?)

Whatever the question, just contact the RTA for your club (page 5) or email:

info@RideauTrail.org

Address Changes / Paper Newsletter

To stop it, or to receive it, contact
membership@RideauTrail.org

End to End Badges

Keep track of the details of your hikes, whenever you did them:

Date, start and end point of the hike and the leader's name.

Your questions or claims can go to the appropriate contact (opposite).

Getting Involved

Thank you for wanting to help out. Feel free to contact any of those listed on page 5. Your interest might be about event ideas, co-leading hikes, your club's social committee, working on the Trail or whatever. It's a busy organization, and your help would be welcome.

Badge Request Contacts



Entire End to End
(Winter or otherwise)

RTA Secretary
secretary@rideautrail.org



Central Section

hmrob@storm.ca

Mary Robinson,
Central Club Secretary



Kingston Section

sharenann@gmail.com
Sharen Yaworski, RTA Rep.
For Kingston Club



Ottawa Section

dawncarrick@sympatico.ca
Dawn Carrick, Ottawa Club
Secretary



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Members Corner

Tips: Review the contents of your pack (extra water, socks, sun/bug protection, first aid, spikes, a kitchen sink...)

Check for Trail updates and Maps

Remember the Trail text descriptions

Ladies Backpack for sale. Lowe Alpine 70 litre 'Sirocco' model. Internal frame adjustable length. \$50 obo. Contact Steve Kelly
stkelly@rogers.com

FREE! British Ordinance Survey topo maps for hiking in the UK.

Contact Steve Kelly stkelly@rogers.com

Using this space?

Contact the Editor (page 5).

Levels of Difficulty

FROM THE RIDEAU TRAIL ASSOCIATION GUIDE FOR LEADERS

Hiking

Level 1 Well-defined trails, gentle inclines. Hiking boots not required but trails may be wet. Suitable for beginners. Recommended for newcomers to club activities.

Level 2 Generally on trail. May be hilly with some light bushwhacking and rough spots. Boots recommended.

Level 3 Rough terrain, one or more places with extensive bushwhacking, steep sections, long climbs and descents, rock scrambling, beaver dams or other obstacles. Boots and level 2 experience are essential. Long pants and sleeves are recommended.

Speed

Slow: 2-3 km/hr

Moderate: 3-4 km/hr

Fast: 4-5 km/hr

Very fast: 5 km/hr or greater

The hike levels are based on mainly terrain difficulty or similar criteria, not on distance. Slight adjustment to the level may be made if a trip has exceptional endurance requirements (for example, a very long trip in easy terrain may change from Level 1 to Level 2 for this reason). If a particular trip has special requirements, this should be explained in the event description.

Cycling

Level 1 Few hills, broad roads or bike paths, little traffic. Participants must have some cycling experience.

Level 2 Some hills, some traffic, participants should be fit and experienced.

Level 3 Long hills and narrow roads. An excellent level of fitness and cycling experience is essential.

Canoeing

Level 1 Slow-moving sheltered water with no portages.

Level 2 Larger expanses of water, level 1 experience required.

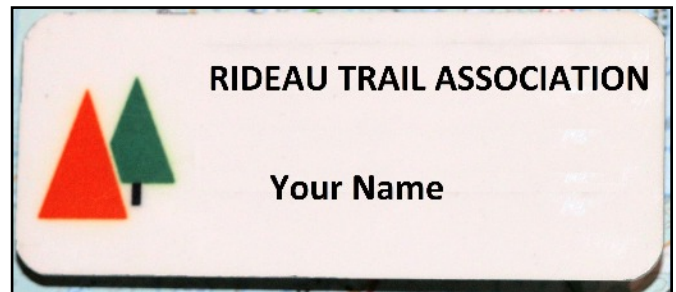
Level 3 Canoeing in areas with larger expanses of water and Portages.

Participants' Responsibilities

Participants are expected to choose a trip suitable for their physical abilities and their skill level. At the start they should inform their leader of any health problems or potential difficulties with their equipment. Each participant will respect all financial obligations. The volunteer leaders will expect the support and cooperation of each group member. Parents and guardians are expected to supervise their own children. Dogs are not generally permitted.

End to End Badges

These are presented to deserving members at the Annual Meeting, if they have registered with the Secretary in advance. See Member Services, page 7.



Do you know me?

Do you have a Rideau Trail name badge? First name, nickname, both names: the choice is yours. How would you like to be addressed on the trail, at meetings or social gatherings?

Be sure to get yourself a Rideau Trail name badge, with either a pin or a magnetic fastener. You can order one online or use the form (page 13). Get your request in now, and you'll have it when the leaves come out.



CENTRAL CLUB ACTIVITIES - SPRING 2020

WHAT TO BRING

Bring lunch, water and strong footwear. Be sure to carry your health card, ID, emergency phone numbers and if necessary, a list of your medications. Come prepared for weather changes. Many events are 'rain or shine'.

NOTE

Hiking boots are recommended for events rated at Level 2 or higher. A **high level of fitness** and experience are required for Level 3 outings.

Please review the details about the Participant's Responsibilities and the definitions used by the RTA clubs (page 8). For ALL events, hike leaders may refuse to take a hiker who does not have proper equipment or clothing.

NOT SURE?

The Hike Leader will thank you for your questions.

CARPOOLING AND FEES

Be at the meeting place at least 15 minutes before the stated departure time. The amount quoted for gas is a suggested voluntary contribution. Fees for parking and entry to parks and conservation areas are shared among the driver and passengers.

MEETING PLACE

Unless otherwise specified, meet at Conlon Farm in Perth. To reach Conlon Farm, take the main street (Gore) southeast through Perth to County Road 10 (Scotch Line), turn right towards Westport, then turn at the 4th street on the right (Conlon Drive) and proceed to the Conlon Farm parking area. GPS: 127 Smith Dr. K7H 0A3

E-LETTER

Check the monthly E-Letter for updates and additional events, including short-notice hikes. To receive these electronic communications, send your e-mail address to membership@rideautrail.org. If you do not use e-mail, arrange to keep updated through a friend, relative or buddy in the RTA.

Hikers Routine: Check for ticks everywhere on your skin when you get home.

Wednesday Wanderers - These are shorter, leisurely hikes for those who want a mid-week stretch. Details are sent out each Monday by email. Contact: **Margaret Lafrance** 613 466 0403 mlafrance03@cogeco.ca

Activities Calendar

Sunday March 1 Rideau Trail 14A to 15B

Level 2, moderate pace. 15.3 km. Burritts Rapids to Cedar Grove parking lot. Snow shoes and/or icers will be required. Depart Conlon Farm 9 am. Car shuttle. Gas \$3. Leader: Bert Stranberg 613 283 8735 pbstranberg@gmail.com

Saturday March 7 Snowshoe and Ski with Ottawa Club

*** Depart Conlon Farm at 8 am ***
Level 2. See 'Inter-Club' page 10. Gas \$6. Leader: Nancy Gaudreau 802 353 0798 (leave a message) ndgaud@gmail.com

Sunday March 8 Rideau Trail Hike 11A to 10D

Level 2, moderate pace. 6.4 km. Rathwell Road to Conlon Farm. Snowshoes and/or icers will be required. Depart Conlon Farm 9 am. Car shuttle. Gas \$2. Leader: Tom Pearcey 613 284 1294 tompearcey7@gmail.com

Saturday March 14 Mill Pond Rideau Valley CA

Level 2, moderate pace. 7 km. Snowshoes and/or icers will be required. Depart Conlon Farm 9 am. Gas \$4. Leader: Jim Middleton middleton.james@gmail.com

Rideau Trail Closed
Tuesday, March 10, 2020
Please stay off the Trail this day.

Sunday March 22 Rideau Trail Hike or Mica Mines Area

Level 2, moderate pace. 8 km. Icers and/or snowshoes will be required. Depart Conlon Farm at 9:00 am. Gas \$4. Leader: Maida Murray 613 390 0220 memmurray@hotmail.com

Wednesday March 25

Wheelers Maple Bush

Level 1, moderate pace. A short walk around Wheelers Bush before enjoying a plate of pancakes and maple syrup. Icers and /or

snowshoes will be required. Depart Conlon Farm at 9:30 am. Gas \$4. Leader: Jack Tannett 613 466 0417 jtannett@cogeco.ca

Saturday March 28 Cataraqui Trail
Level 1, 8 km. Moderate pace hike from Hwy 15 near Elgin to Chaffey's Locks. Depart Conlon Farm at 9:00 am. Icers required. Car shuttle. Gas \$4. Some may wish to stay for lunch at the Opinicon. Leader: Joyce Davis 613-794-3138 jbdavis098@gmail.com

Sunday March 29 Rideau Valley CA Foley Mountain

Level 2, moderate pace. 8 km. Icers and /or snowshoes may be required. A hike through forest with some lovely views. Parking fee. Gas \$4. Depart Conlon Farm 9 am. Leader: Jim Middleton middleton.james@gmail.com

Sunday April 5 Rideau Trail Hike 09B to 08G

Level 2. Moderate pace. 7.6 km. Icers may be required. Car shuttle. Parking

Inter-Club Event March 7

SNOWSHOEING AND SKIING

Central Club skiers and snowshoers will meet at Conlon Farm at 8 am for carpooling. At the Ottawa meeting place, they will join members from the Ottawa Club, for a 9:30 departure.

A snowshoe leader from Ottawa will take snowshoers from the both clubs on an outing to Gatineau Park. An Ottawa ski leader will do the same for skiers.

The two groups will travel different trails, but they will meet at a cozy trailside cabin for lunch together, by the wood stove. After lunch, the outings continue, to reach the cars for the return drive.

Both activities are Level 2. The snowshoe will cover about 8 km; skiers will cover about 12. Trail pass applies.

Central: Nancy Gaudreau ndgaud@gmail.com

Snowshoeing: Ann Bolster ann_bolster@hotmail.com

Skiing: Steve Kelly stkelly@rogers.com

fee. Gas \$4. Depart Conlon Farm 9 am.
Leader: Yvonne Kennedy 613 267 9817
ynkennedy@gmail.com

Saturday April 11 Rideau Trail 05F to 06A Upper Rock Lake to Skycroft

Level 2. Moderate pace. 9 km. Ice and/or snowshoes may be required. Car shuttle. Gas \$4. Depart Conlon Farm 9 am. Leader: Jim Middleton
middleton.james@gmail.com

Saturday April 18 Ottawa Valley Recreational Trail Smiths Falls

Level 1. Moderate pace. 10 km. Gas \$3. Depart Conlon Farm 9 am. Leader: Bert and Pat Stranberg. 613 283 8735
pbstranberg@gmail.com

Saturday April 25 Murphy's Point Provincial Park 3 Beaches Hike

Level 2. Moderate pace. 10 km. Through park campgrounds and trails. Depart Conlon Farm 9:00 am. Park fee. Car pool \$3. Spring conditions/water hazards. Hiking boots and poles recommended. Leader: Bob Chittick:
robertchittick@gmail.com

Sunday April 26 Rideau Valley CA Foley Mountain

Level 2. Moderate pace. 8 km. Ice may be required. Depart Conlon Farm 9 am. Park fee. Gas \$4. Leader: Tom Pearcey 613 2841294.
tompearcey@gmail.com

Saturday May 2

Central Club Meeting

McMartin House, Perth

Saturday May 2 Ottawa Valley Recreational Trail Franktown

Level 1. Moderate pace. 8 km. Depart Conlon Farm 9 am. Gas \$3. Leader: Anna Cornel
annamcornel27@gmail.com

Saturday May 9 Rideau Valley CA Foley Mountain

Level 2. Slow pace to view wild flowers. 6 km. Depart Conlon Farm 9 am. Park fee. Gas \$4. Leader: Janet Conboy janeyboy@gmail.com

Sunday May 17 Wild Flower Extravaganza Round Lake MPPP

Level 2. Moderate pace. Level 2. 12 km. Depart Conlon Farm 9 am. Gas \$3. Leader: Gill Hyland 613 267 5756
gillhyland7@icloud.com

Saturday May 23, RTA AGM, Perth

Saturday May 23 Miners Point Road to Black Ance Bay

Level 2-3. Moderate pace. 12 km. Overlook with possible extensions. Depart Conlon Farm at 9 am. Gas \$3. Dress to suit conditions. Hiking boots and poles recommended. Leader: Bob Chittick:
robertchittick@gmail.com

Saturday May 30 Rideau Trail 13A to 13 E Wood Road to Merrickville

Level 2. Moderate pace. 14 km. Depart Conlon Farm at 9:00 am. Car pool \$4. Car shuttle. Leaders: Bert and Pat Stranberg. 613 283 8735
pbstranberg@gmail.com

Sunday June 7 Rideau Trail 08C to 08G Rideau Lake North Shore

Level 2. Moderate pace. 10.6 km. Depart Conlon Farm at 9:00 am. Car shuttle. Gas \$4. Leader: Maida Murray 613 390 0220
memmurray@hotmail.com

Sunday June 14 Rideau Valley CA Mill Pond

Level 2. Moderate pace. 6 km. Depart Conlon Farm at 9:00 am. Gas \$4. Leader: Tom Pearcey 613 284 1294
tompearcey7@gmail.com

Saturday June 20 Frontenac Provincial Park Tetsmine Loop

Level 2. Moderate pace. 11 km. Depart Conlon Farm at 9:00 am. Gas \$5. Leader: Jim Middleton
middleton.james@gmail.com

Sunday June 28 Rideau Trail Hike 09E to 09 B Mica Mines Trail

Level 2. Moderate pace. 11 km. Depart Conlon Farm at 9:00 am. Car shuttle. Gas \$3 Leader: Abdullah Mostimandi
a.mostamandi@msn.com



You've got this one already? Be sure to collect the whole set (page 6).

Allan Tattersall

With sorrow we note the passing of Col. (ret.) Allan Jack Tattersall, peacefully, on Sunday December 29, 2019. Allan was a life member of the Rideau Trail Association. He was active as a leader in the Kingston Club for outings of all kinds in our four seasons. He served on the Kingston Executive, and at one time was President of the Rideau Trail.

Allan is predeceased by his first wife of 57 years, Dianne (Preston). His life was enriched in his later years by the gift of new love and a wonderful marriage with his current wife, Christina DeSantis.

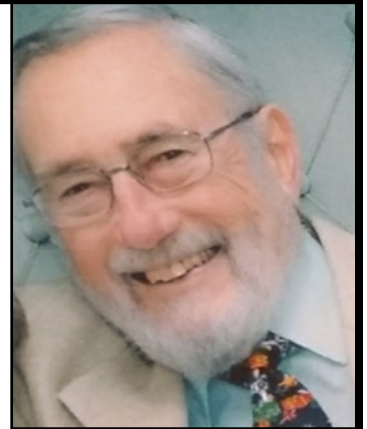
Allan is remembered as a loving companion, father, grandfather and brother. He was a long serving member of the Canadian Armed Forces, and an avid outdoorsman. He enjoyed over fifty years of hunting and fishing at the family cottage, the "Tatts Trap", in Northern Ontario. Hiking. Skiing. White and flat water canoeing. Friends,

travel, a life overseas and in Canada that was full of improbable adventure. Al's life was lived real, was lived as large as the stories he was able to share.

Allan's family wishes to express heartfelt appreciation to the wonderful team at the Kingston General Hospital, who provided care and comfort when he needed them. A private celebration of life for

Allan was held on 2 January, 2019. The family's request was that in lieu of flowers, donations in his memory may be directed to the "Wounded Warriors" or "Soldier On" foundations, in support of Canadian Military veterans.

PHOTO AND NOTES FROM THE KINGSTON WHIG STANDARD



Spring Maintenance Day

BY ALLAN TATTERSALL

Note the 1996 date in this article from the Newsletter Archives. That was for the 25th, and our 50th is coming fast.

Allan also urged the participation of newer members as volunteers. The same is true today, isn't it?

Rideau Trail Closed

Tuesday, March 10, 2020

The Trail, where it crosses private land, is closed on this day to protect the landowners, who let us cross their land the rest of the year. The RTA thanks all landowners for their generosity.

TAKE CARE NOT TO TRESPASS ON THIS DAY.

The spring maintenance day for the Kingston Club will be Saturday, 4 May 1996. In keeping with the celebration of our 25th Anniversary this year, a special effort is requested to spruce up our trail by replacing older damaged, faded, overgrown or missing signs and by ensuring continuous tip markings to indicate direction towards Kingston. Special attention should be paid to ensure that junctions with public roads are clearly visible.

Having stated the above, it is not your committee's intention to criticize the present efforts of our volunteer maintainers. However, we should all recognize that less familiar members might see the Trail (or not see the markers) differently. It is suggested that, in our reconnaissance/maintenance work-up this spring we maintainers enlist the "eyes" of newer members unfamiliar with our separate sections -- to provide a fresh "audit" of the Trail. We also request that the "older hands" train the newer on how to properly mount signs on living trees to enable room for growth.

To make this venture a success we count on a good turnout of maintainers and volunteer members to assist them on Maintenance Day. Subsequently, as a matter of practice throughout the year, all hike leaders are requested to provide feedback to the Maintenance Coordinator on the condition of the Trail following their hike.

THE LIME KILN

A settler establishing a homestead in the 1800s was faced with the daunting task of clearing land, building shelter, and getting a crop started. While we don't normally think of these pioneers as being large consumers of chemical products, there was one very important product required in the 19th-century Canadian household - lime. Lime was a very important building and household chemical used to make mortar, fertilizer, white wash, plaster and many other products.

The earlier pioneers made their own crude lime by burning limestone rocks on piles of brush or in shallow pits. Better quality lime was produced in larger stone ovens commonly called kilns. Lime was produced as a result of the chemical reaction when limestone rock was sufficiently heated to drive off the carbon dioxide. This lime would later be combined with water and mixed with other materials to produce mortar for chinking (closing the cracks and spaces in log or rock walls) of their houses.

Nepean Township (now the City of Nepean) was largely settled between 1825 and 1850. The land surrounding the site of the kiln was most likely cleared around this time. We suspect that early farmers in this district would have made their own lime, using the abundant local limestone and burning trees from the clearing of their fields. It was not until the area was somewhat better established that the local economy would have supported a commercial lime producing operation.

In what is now the Stony Swamp Sector of the Greenbelt, on a miniature escarpment of exposed limestone bedrock

known as the Hazeldean Fault, Francis Flood built his lime kiln in the late 1800's. It was an intermittent kiln operation, meaning that a load of wood and rock quarried from the nearby escarpment would be placed in the circular kiln pot and fired for several days. The ashes and lime were withdrawn through the opening at the bottom of the kiln and the process repeated. The finished lime was stored in a building attached to the kiln itself, and black powder for quarrying was stored in a thick walled building a short distance away. The rock would have been carted out to the Richmond Toll road for delivery to the Bells Corners and Richmond districts.

The ruins of Francis Flood's Kiln were rediscovered in the early 1970's just outside the southern edge of the Greenbelt. A land exchange with Nepean resulted in the kiln and adjacent 50 acres being added to the NCC's Stony Swamp Conservation Area. The NCC commissioned an archaeological survey in 1975 and had some stabilization work carried out the next year. It was not until 1998 that funds were secured to carry out a more thorough stabilization of the ruins.

This past fall, a group of Ottawa Rideau Trail Club members built a 2 km. side trail from the main Rideau Trail (the section between Fallowfield and Bells Corners) to the site of the ruins. The new trail meanders along the edge of the same small escarpment on which the kiln was built and provides views down onto surrounding marshes, crosses an old cedar rail fence, and passes through a variety of cedar and hardwood forests.

Gershon Rother
Ottawa



Membership Application

*** Help Preserve the Legacy! *** The Rideau Trail Association (RTA) is committed to preserving one of Ontario's oldest and longest continuous footpaths, and encouraging use of its trail system through nearly 400 km of scenic beauty between Kingston and Ottawa.		Benefits of membership include the following: Quarterly newsletter with articles and event listings; Retail discounts; Voting rights for local Club and Trail business, and The knowledge that you are supporting and protecting this world-class treasure.	
Individual Membership (age at least 18 years) () One year \$25.00 () Two years \$45.00 Household Membership (2 adults, 1 address) () One year \$40.00 () Two years \$75.00 () Car Sticker (free to new members) \$1.00 () Cloth crest \$2.50 () RTA Name Badge - Pin (Print clearly please.) \$8.00 () RTA Name Badge - Magnetic (Clearly please.) \$9.00		() New Membership () Renewal Preferred Club Affiliation (choose one): () Central () Kingston () Ottawa () Unaffiliated (Please Print) Name(s): _____ Mailing Address: _____ Phone(s) _____ E-Mail(s) _____ E-mail is used for a quarterly newsletter, a monthly E-Letter and occasional other communication. () Please do not send a printed copy of the newsletter. I will read it online. Memberships are also available at RideauTrail.org The RTA does not share member information with other organizations.	
MEMBER'S NAME Donation, Rideau Trail Association* \$ _____ Donation, Rideau Trail Preservation Fund* \$ _____ Total \$ _____ Pay online at RideauTrail.org or send with a cheque (CAD) to Rideau Trail-Membership, PO Box 15 Kingston ON K7A 4S9 Membership year: April 1 to March 31. Those joining after Oct. 31 are paid-in-full for both current and following years. * Official receipts will be issued for \$10.00 or more (Charitable Reg. No. 11911 9485RR 0001)		In addition to enjoying hiking and other club activities, there are many other ways to be actively involved in the RTA. Check all activities that interest you. You will be contacted when your help is needed. () Maintaining a section of the Trail () Construction projects	
() Leading hikes and/or XC ski or snowshoe outings () Helping with publicity () Serving on a committee () Organizing social events () Serving on the Executive Other (please specify): _____			

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LAST MINUTE?

If you prefer to wait until the last minute to plan a trip or if you're a spur of the moment kind of person, then add your name to one of our waitlists and we will contact you if/when an opening becomes available.

**Amalfi Coast (Italy) * Ireland
Corfu (Greece) * Provence & Cote d'Azur (France)
Slovenija * Tour du Mont Blanc
Galapagos Islands
Camino de Santiago (Spain) * Japan**

FORWARD THINKER?

Already dreaming of where you want to go hiking in 2021? If you have your heart set on a particular destination and want to book it immediately when it becomes available, ask to be put on our **INTERESTED LIST**. We will notify you as soon as we are ready to accept reservations for this particular trip. There is no obligation on your part, nor does it guarantee your spot(s). We will still be taking reservations on a first-come, first-served basis as we always have. However, it means that you will be notified right away that we are ready to begin taking reservations, and then you can decide if you wish to book or not.

**Dominica * Portugal * Amalfi Coast (Italy) * Ireland
Corfu (Greece) * Provence & Cote d'Azur (France)
Kenya * Tour du Mont Blanc * Japan
Galapagos Islands * Camino de Santiago (Spain)**

SIGN UP FOR OUR E-NEWSLETTER

Stay informed and involved with our e-newsletter, **Let's Hike**. Published monthly, it's our way of staying in touch with you about exciting new trip announcements, hiking information and travel stories throughout the year. We promise that you will find our newsletters to be both interesting and entertaining and we also promise never to trade or share your contact information with any other organization. Just email us at info@letshike.com.

EARN HIKING BUDDY REWARDS

Did you know we have a referral program? Tell all your hiking friends what a great time you had on your trip with Comfortable Hiking Holidays, and if they have never travelled with us before and decide to book one of our trips, you will receive a \$100 discount on your next Comfortable Hiking Holiday. Since its launch in 2006, we have awarded over \$38,000 in Hiking Buddy Rewards! We admit, we love it when you rave about us!

TICO # 50018498

Recent Donations

In Memory of Wilma Chadwick

Janet & George Anderson
Ian Chadwick
Glenda Collings
Constance Craig
Diane & Karl Duttie
Nicole Florent
Laura Hough
Grace Hyam
Juliet Milsome
Wanda & Robert Pelletier
Eleanor Porteous
Barbara & Tom Rance
Linda Sandercock
Jean Thompson
Sheila Watt
Margaret Wild

Other Donations

Leigh Howell
Kathleen McCaffrey
Dr. Sukriti Nag
Wanda & Robert Pelletier
Janet Zilstra

In Memory of Allan Tattersall

Margaret Wild

Member Discounts

In addition to the other benefits of belonging to the Rideau Trail Association, members receive discounts from a number of vendors, including the following:

- 10% discounts at Ottawa stores Trailhead Paddleshack, Bushtukah & Great Escape Outfitters and Vamos Outdoors in Almonte
- 10% off a CRCA Annual Pass when purchased in-person at the Little Cataraqui Creek Conservation Area
- Discounted group rate on Gatineau Park xc ski & snowshoe permits
- 20% off at ColemanCanada.ca thanks to Hike Ontario!

KINGSTON CLUB ACTIVITIES - SPRING 2020

WHAT TO BRING

Bring lunch, water, strong footwear, etc. Come prepared for weather changes. Many events are 'rain or shine'.

NOTE

Hiking boots are recommended for events rated at Level 2 or higher. A **high level of fitness** and experience are required for Level 3 outings.

Please review the details about the Participant's Responsibilities and the definitions used by the RTA clubs (page 8).

NOT SURE?

The Hike Leader will thank you for your questions.

CARPOOLING AND FEES

Be at the meeting place at least 10 minutes before the stated departure time. The amount quoted for gas is a suggested voluntary contribution. Fees for parking and entry to parks and conservation areas are shared among the driver and passengers.

MEETING PLACE

Unless stated otherwise, the meeting place is the Canadian Tire parking lot, along Bath Road, towards the gas station.

INFO FOR LEADERS

Blank activity sign-up/liability waiver sheets can be obtained online or from the Club's Activity Coordinator. After the event, please send them to Pascale: pascale.champagne@queensu.ca (613) 530-5610.

E-LETTER

Check the monthly E-Letter for updates and additional events, including short-notice hikes. To receive these electronic communications, send your e-mail address to membership@rideautrail.org. If you do not use e-mail, arrange to keep updated through a friend, relative or buddy in the RTA.

Wednesday Walkers - Ideal for people interested in healthy exercise walking at a comfortable pace with some social interaction. Walks depart every Wednesday afternoon at 1:30 pm. For details, contact Jennifer with your name and phone number at wednesdaywalks60@gmail.com

Thursday Hikers - meet in the Panera parking lot on Dalton Avenue at 8:50 am for a 9 am departure to the nearby Little Cataraqui Conservation Area. Two groups (moderate and fast) hike, snowshoe or ski for two hours of good exercise. Participants often enjoy a hot drink or snack at Panera afterwards.

Meet at Panera rather than Little Cat for consistency in carpooling. Note: this is a hiking/exercise event. Photos at the beginning or end of each event, only. Info: Sharen sharenann@gmail.com

ACTIVITIES CALENDAR

Monday March 9 Full Moon Walk in Barriefield

Level 1, easy pace, about 5 km. Meet at parking lot bottom of Fort Henry hill at 7 pm. Refreshments after outing. Leader: Audrey Sanger 613 384 6244

Saturday March 14 Maple Sugar Bush Ramble (Unity Rd. Area)

Level 1, easy pace, 8 km. If nature cooperates, sap will be boiling. Local Syrup for sale along with cookies, hot chocolate and coffee. Depart Can Tire 10 am. Gas \$2. Leader: Stan Huff 613 548 3003

Saturday March 21 Spring Solstice Stroll

Level 1, easy pace, about 6-8 km. Meet at 10 am across from city hall, the benches in front on the Kingston sign beside the tourist bureau. We will walk

along the city streets and waterfront with a stop for refreshments. Leader: Cathy Cummings 343 364 1645 ccummings60@gmail.com

Rideau Trail Closed
Tuesday, March 10, 2020
Please stay off the Trail this day.

Friday March 27 Cataraqui Trail

Level 1, slow/easy pace, about 5 km. We'll car pool to Sydenham and walk east along the Cat Trail from Foodland for about an hour and return. Depart from Canadian Tire 1 pm or meet in the Foodland parking lot in Sydenham at 1:30 pm. Dress for the weather. Bring water. Optional refreshment stop afterwards. Gas \$3.

Leader: Jennifer Brinkman 613 929 3100

Saturday March 28

CPR/AED/First Aid

This is an all day training event for Hike Leaders and members (as space permits). Location: Kingston Fire Hall on Hwy 38 just north of Unity Road (2835 Hwy 38). Meet at 8:30 am and be prepared to stay until 5 pm. Please bring water, lunch, and any other snacks along with paper and pen. Cost is \$20. Hike Leaders or prospective hike leaders are free with a commitment to lead at least 3 RT hikes of any level. CPR certification is possible. Priority will be given to Hike Leaders on a first come first serve basis up to 20 participants. Thanks to John Osborn, a RT member and experienced First Aid Trainer for the Kingston Fire Department. For information and to

register please contact: Peter Burbidge
613 634 1877 or peterbur@kingston.net

Sunday March 29 Marble Rock

Level 2, moderate pace, 11 km. Depart Canadian Tire 9:30 am. Bring lunch and water. Be prepared for possible slippery conditions Gas \$4. Leader: Robert Tolley 613 484 4295
retolley@hotmail.com

Sunday April 5 Rideau Trail Leader's Choice

Level 2, moderate pace, 10-12 km. Depart Canadian Tire 10 am. Bring lunch and water. Gas \$4 Leader: Audrey Sanger 613 384 6244

Tuesday April 14 Step Into Spring Mystery Walk

Level 1, easy pace, about 8 km. Meet at Can. Tire parking lot 10 am. Bring water and a snack! Leader: Cathy Cummings ccummings60@gmail.com 343 364 1645

Wednesday April 15

Kingston Club AGM

6:30 Social 7-9 Meeting
Seniors Association Francis St

Sunday April 19 Murton Rd (Power Station Parking) to Sydenham

Level 2, moderate pace, 11.5 km. Meet at CTC for 8 am departure. Shuttle to Sydenham, then back to Murton Rd to start hike. Bring snack and water. Gas \$3. Leader: Rusty Bassarab 613 634 6015 rbassarab@gmail.com

Saturday April 25 Skycroft to Maple Leaf Road

Level 2, moderate pace, 17 km. Beat the black fly season as we hike this beautiful but challenging section. Meet at CTC for 8 am departure or meet the leaders at Maple Leaf Rd at 9 am and shuttle to Skycroft Access. Leaders are requesting a volunteer to look after sign-up in Kingston. Important for hikers: arrive at meeting place able to shuttle 2-3 additional people. RT Map #05. Leaders: Gunhild Karius and Bill Ottney ottech2@gmail.com 613 858 3183 txt okay.

Sunday April 26 K&P Trail: Hartington to Verona and Return

Level 1, moderate pace, 14 km. Lunch at Mom Restaurant in Verona. Gas \$3.

Depart Can. Tire 8:30 am. Leader: Stan Huff 613 548 3003

Friday May 1 Cataraqui Trail

Level 1, slow/easy pace, about 5 km. We'll car pool to Sydenham and walk west along the Cat Trail from Foodland for about an hour and return. Depart from Canadian Tire 1 pm or meet in the Foodland parking lot in Sydenham at 1:20 pm. Bring water. Optional refreshment stop afterwards. Gas \$3. Leader: Jennifer Brinkman 613 929 3100

Tuesday May 5 Frontenac Park Western Edge

Level 2, moderate to fast pace, 15.1 km. Kingsford Dam to the shores of Birch Lake, then follow the Bufflehead and Arkon trails to the Park Office. Will require a car shuttle. Contact a leader to sign up. Meet at CT and bring lunch, snacks and lots of water. Gas \$5 plus shared park fee. Leaders Nancy Hunter 613 372 2157 nancynelles@gmail.com and Lynn Esau 343 363 0384 esaulynn@gmail.com

Thursday May 7 Freeman Rd to Salmon Lake Rd.

Level 2, moderate to fast pace, 15.2 km. Will require a car shuttle. Meet at CT and bring lunch, snacks and lots of water. Contact a leader to sign up. Gas \$4. RT Map #4. Leaders: Nancy Hunter 613 372 2157 nancynelles@gmail.com and Lynn Esau 343 363 0384 esaulynn@gmail.com

Saturday May 9 KVC Mother Ride

The Kingston Velo Club invites you to participate in their Mother Ride. This is a multi-ride event and fundraiser for Kingston Interval House, for all types of riders and experience level along quiet county roads. Ride distances are 15 km, 25 km, 50 km or 100 km. For details see kingstonveloclub.ca. Early bird registration rate is available until March 31, 2020. This is for information only and is not a RTA sponsored event.

Wednesday May 13 Frontenac Park
Level 3, moderate pace, 18.7 km. Hike the eastern edge of the Park from the old east entrance past Big Salmon and Slide Lakes to 6767 Perth Rd. Contact Nancy to sign up. This hike will involve a drop-off at the trailhead by a volunteer driver because there is no trailhead parking, so the number of hikers will be limited to 8. Meet at CT and bring lunch, snacks and lots of water. Gas \$4. Nancy Hunter 613 372 2157 nancynelles@gmail.com

Sunday May 17 Gould Lake Area RT 04A to 04E

Level 2, moderate pace, 13 km. Meet at CTC for 8 am departure. Car shuttle. Bring lunch plus fluids. Hike Leader: Rusty Bassarab: rbassarab@gmail.com 613 634 6015

Saturday, May 23 RTA AGM, Perth

Saturday May 30 Kingston Waterfront

Level 1, fast pace, 9 km. Hike from Old Trail Head (across from 1098 King Street) 4.5 km and return. Lunch at cafe or bring your lunch. Departing at 10:00 a.m. Leader: Mary Lou Hamilton 613 777 8831 maryloumargh@outlook.com.

Tuesday June 2 Small Slide Lake Loop (from 6767 Perth Rd)

Level 3, moderate pace, 13.8 km. Bring lunch, snacks and lots of water. Contact a leader to sign up, and meet at CT. Gas \$4. Leader: Nancy Hunter 613 372 2157 nancynelles@gmail.com and Lynn Esau 343 363 0384 esaulynn@gmail.com

Saturday June 6 Audrey's June Bike Ride

Route to be determined by participants but be prepared for no less than 40 km. Leader: Audrey Sanger jsanger@sympatico.ca

If you are enjoying your hike today, thank a volunteer.
If you want to enjoy hiking in the future, become a volunteer.

Board and Support Positions Available

The elections are in May, but we have room for a few good people right now.

Vice-president: Working with the President, the Vice-president ensures the effective operation of the association and takes on special tasks as needed. When the President is absent, the Vice-president takes on the responsibilities of the President, including chairing Board meetings. This position is a great opportunity to learn the inner-workings of the association, prepare yourself for the role of president, and lead the association into the future. For more information contact Brian Grant, president@rideautrail.org

Treasurer: The Treasurer manages the Association's financial resources through effective budgeting, accounting and expenditure controls. The Treasurer presents quarterly and annual financial reports to the membership and to the Board. Knowledge of basic accounting is an asset, but there will be time to work with the current Treasurer to learn our systems. For more information contact him, treasurer@rideautrail.org

Marketing and Communications: The Director of Marketing and Communications is responsible for ensuring that the activities of the Associations are known



Is this Snowy winking at you?
Maybe there's a position here that's
right for your wisdom.

DONALD WORKMAN PHOTO

to members and the communities in which we operate. With the help of other volunteers, the Director manages our website, social media, the monthly e-letter, and works with local clubs to promote the Association. For more information contact Brian, president@rideautrail.org

Web-coordinator: The Web-coordinator works with the Marketing and Communications Director to manage the Associations website. This work includes maintaining and updating the website, and providing advice on changes needed to improve it. It is important that the goals of the Association are reflected and promoted by the website. For more information contact Brian,

president@rideautrail.org.

Other: Many committees and work groups require help. If you have time to contribute, please contact a Board member or the Association President, president@rideautrail.org

Welcome New Members

Central Club

Pamela Agar
Mary Jane & David Brady
Joanne Little

Kingston Club

David Banbury
Linda Beatty
Deborah Beckett
Mary Ellen Courtright
Anne Finlay
Dianne Houghton
Linda & Darrell Kundrik
Lorna Lee
Lou Anne Meloche
Robert Mundle
Gayle Outhwaite
Hal Richardson
Patricia Robson
Cindy Sabo
Margaret Anne Smith

Michael Storr

Epp & John Van Oostrom

Ottawa Club

Judith Lynn Armstrong
James Ashby
Georgina Bartos
Marlene Bzdel
Mark Cameron
Linda Connell
Marion & Rick Cousins
Natalie Damiano
Maurice de Verteuil
Barbara Eade
Caroline Freemantle
Leigh Howell
Catherine James-Zelney
Constance Lim
Catherine (Kate) Major
Kathleen McCaffrey
Mimi Patenaude

Helene Samson

Kevin Saville
Marie-Lynn Savoie
Peter Shipton & Lynn Rainboth
Jocelyn Stoate & Michael Trepanier
Ted Thiessen
Cheryl Torretto & Leo Merwiak
Karen Van Stavern & Alexandre Parent
Kelly VanderVies
Raj Verman
Kevin Watson & Julie Taylor
Bonnie Wright
Judy Zhong

Non-Affiliated

Abigail Doris
Katharine Myers & Bruce Smith
Eric Shirley

OTTAWA CLUB ACTIVITIES - SPRING 2020

WHAT TO BRING

Bring lunch, water, strong footwear, etc. Come prepared for weather changes. Many events are 'rain or shine'.

NOTE

Hiking boots are recommended for events rated at Level 2 or higher. A **high level of fitness** and experience are required for Level 3 outings.

Please review the details about the Participant's Responsibilities and the definitions used by the RTA clubs (page 8).

NOT SURE?

The Hike Leader will thank you for your questions, if you raise them a few days before the event. For general information about the Ottawa Club call 613-860-2225.

Assistance in Greenbelt or Gatineau Park

Is it a life-threatening emergency? Call **911**! As a second step or for any other emergency, call **613-239-5353**. Each Gatineau shelter (except Shilly Shally) has an emergency radio communication system. Park shelters are indicated by signs on the trails and are marked on the trail map.

CARPOOLING AND FEES

Be at the meeting place at least 10 minutes before the stated departure time. The amount quoted for gas is a

suggested voluntary contribution. Fees for parking and entry to parks and conservation areas are shared among the driver and passengers. Additional drivers may be needed for **accessible hikes**. If you are available to drive, please call the leader in advance of the hike.

MEETING PLACE

The meeting place is usually one of the following locations along or near the OC Transpo Transitway.

Tunney's Pasture: The government parking lot on the west side of Parkdale Avenue just across from Emmerson Avenue.

Fallowfield Park & Ride: The northwest parking lot of the Park & Ride station, off Fallowfield Road west of Woodroffe Avenue. Park near the drop-off area by the bus shelters.

Baseline Park & Ride: The parking lot at the Park & Ride station on Woodroffe Avenue south of Baseline Road. Meet at the south end of the parking lot, farthest from the bus stop.

INFO FOR LEADERS

Waivers/sign-up sheets and incident report forms are available at rideautrail.org. Please forward completed sheets and forms after Wednesday Walks to **Tony Barnes** at fellwalkerca@gmail.com and after all other outings to the Coordinator, rtaleaderottawa@gmail.com

E-LETTER

Check the monthly E-Letter for updates and additional events, including short-notice hikes. The Club also offers a weekly e-Notice. To receive these electronic communications, send your e-mail address to membership@rideautrail.org. If you do not use e-mail, arrange to keep updated through a friend, relative or buddy in the RTA.

Regular Activities

These activities take place on a regular basis, whether they are scheduled or not. For example, the Club meets every Wednesday. The nature of the event changes according to the demands and limitations of the season.

The people mentioned as coordinator/contacts will provide more detailed information about the activities.

Urban Walks - Every Tuesday evening from mid-March through April. There may be a refreshment stop after the walk for those interested. **Note:** Meet at the starting point of the walk as specified in the Activities Calendar at 5:45 to depart at 6 pm. DO NOT meet at Tunney's Pasture unless so specified. Coordinator: **Trudy Stephen**, 613-828-9313.

Moonlighters - Some Tuesday evenings (May through August) there will be short hikes in Gatineau Park depending on leader availability. Hikes last until sunset. Various Level 1-2 routes will be followed, approximately 6-8 km, at a moderate pace. Please consult the weekly updates to see if a hike is being offered. There may be

some hilly, rough or wet terrain. Please bring your own water, snack, bug repellent, flashlight and proper footwear. There is usually a short break during the hike as decided by the leader. Meet at Tunney's Pasture at 5:45 pm for a prompt 6 pm departure. Coordinator: **Hazel Miller**, 613-232-6558

Wednesday Walkers - Level 2 and 3 impromptu all-day events in Gatineau Park. Meet on the southeast side of Bate Island, off the Champlain Bridge, at 9:15 am to depart at 9:30. For information, contact **Tony Barnes**, 613-828-1216 or fellwalkerca@gmail.com

Thursday Morning Hikes These hikes finish in June. For details of when and where, watch the weekly e-notice. Generally these hikes will alternate between a Level 1 on flat terrain and an easy Level 2 on somewhat rough terrain. They are always about 2 hours long, which allows one to be home for lunch. For ideas or to volunteer to lead a morning hike contact **Elizabeth Mason** at 613-729-6596 or emmason283@gmail.com

ACTIVITIES CALENDAR - OTTAWA

Please note that short-notice hikes might be added to the Calendar, after the Newsletter is published. Watch the weekly e-notices.

Saturday, March 7 Snowshoe and Ski in Gatineau Park with Central

Level 2 snowshoe about 8 km, and Level 2 XC ski about 12 km. Joint outing with members from Central Club. Snowshoe from Mountain Rd. to Huron. Skiers to go there via Burma Rd. See 'Inter-club' page 10. Meet at Tunney's Pasture 9:15 am to depart at 9:30. Gas \$3. Leaders: Ann Bolster, ann_bolster@hotmail.com; Steve Kelly stkelly@rogers.com

Sunday, March 15 Snowshoe Mer Bleue

Level 1 Meet at Tunney's Pasture at 1 pm. Leader: Kathryn Fournier, lou_daybreak@hotmail.com

Tuesday, March 17 Nepean Sportsplex on Woodroffe Avenue

Meet at the east end of parking lot on east side of building at 5:45 pm for a 6 pm departure. Bring microspikes/ice grips. Leader: Denise Hall, 613-843-8222 rebeccahall@rogers.com

Saturday, March 21 Gatineau Park, Lac Philippe at Night

Level 2, 8-9 km. From P19, we snowshoe-hike on trail to Renaud Cabin for a potluck dinner, then star-gazing — it'll be a near-moonless night! Moderate effort, low to moderate technical challenge. Bring food to share, BYO plate/bowl and cutlery, candles for the cabin, warm clothing for when soaking in the stars, and a whistle and headlamp (mandatory!) for the hike. Microspikes may be needed so please be prepared. Meet at Tunney's for departure at 4:30 pm. Gas share \$6. Leader: Carol Seal, 613-291-7547 carol.seal.613@gmail.com

Tuesday, March 24 Rockcliffe Park Ramble

Meet on Stanley Ave. at 5:45 pm for a 6 pm departure: New Edinburgh Park Clubhouse near the Rideau River at the end of Stanley Ave. Leader: Pat Archer parcher@storm.ca

Saturday, March 28 Gatineau Park Lookout Extravaganza

Level 3, 6-12 km depending on the route and conditions, moderate pace, high effort, high technical challenge. Route TBA, but it will be mostly off trail and include some nice lookouts and significant climbs and descents. Bring snowshoes and spikes. The hike will be cancelled if there is steady rain that day. Departure: 9:30 am from Tunney's Pasture. Gas: \$3 to \$5 depending on the destination. Leader: Kevin Reynolds, kevinjunk9@gmail.com

Rideau Trail Closed

Tuesday, March 10, 2020
Please stay off the Trail this day.

Tuesday, March 31 Greenboro Pathway

Walk approximately 7 km on the west side of the Greenboro Pathway. Meet at the Greenboro Community Centre, 363 Lorry Greenberg Drive (one block north of Hunt Club Road) for a 6 pm departure. Ample free parking or take bus 98 Hawthorne. Leader: Maureen Dawson, 613-226-3864 maureen.dawson@rogers.com

Saturday, April 4 Rideau Trail (Ottawa: 18A to 18G)

Level 1 about 10 km. Outdoor lunch. Car shuttle. Meet at Baseline Park and Ride for 9:30 departure. Bring lunch, water, snacks. Hiking boots recommended. Gas: \$2. Leader: Sandy Freeman 613-225-2940

Saturday, April 4 - Gatineau Park, All Around Lac Philippe

Level 2, about 10 km. From P19 on trail #73. Outdoor lunch. Spikes or snowshoes may be required depending on the conditions. Meet at Tunney's Pasture at 9:15 a.m. for a 9:30 departure. Gas \$5. Leader TBA.

Tuesday, April 7 New Edinburgh/Rideau Falls

Meet by the New Edinburgh Park playground, Stanley Ave around 5:45 pm for a 6:00 pm departure. Parking is

available on the street. Leader: Lena Creedy, lena.creedy@rogers.com

Saturday, April 11 Gatineau Park, Carman/Brown Lakes Snowshoe

Level 2, about 10 km on scenic hilly forest trails, with some steep bits. Lunch indoors at Brown Cabin. Bring something to toast on the wood stove. Meet at Tunney's Pasture at 9:15 am to depart at 9:30. Gas \$4. Leader: Ann Bolster, ann_bolster@hotmail.com

Tuesday, April 14 Hogs Back, Vincent Massey, Mooney's Bay

Details TBA. Leader: Kathryn Fournier, lou_daybreak@hotmail.com

Friday, April 17 Ottawa Club Annual Meeting

7:00-9:30 pm at St. Thomas the Apostle Anglican Church, 2345 Alta Vista Dr., Ottawa. Registration & meet & mingle 6:30-7:00 p.m.

Saturday, April 18 Poets' Pathway, 1st Instalment

Level 1 walk, 8-10 km. The Poets' Pathway is a walking and biking trail of about 35 km, from Beechwood Cemetery to Britannia Beach. Its purpose is to preserve green space in the nation's capital and to commemorate Canada's poets. We'll walk instalments of 8-10 km this spring and autumn, starting at Britannia. Participation limited to 15 people. To register and for further information, please contact Grace Hyam, dr003@ncf.ca or 613-829-7252.

Sunday, April 19 Adopt-A-Road Clean-Up

The Club volunteers to clean up part of Roger Stevens Dr., near the Rideau Trail. After walking the road, we stop at the Marlborough Pub in North Gower for refreshments/lunch. Why not join us? Register in advance so we have enough equipment. Contact Brian LaDuke, yellow.bumper@hotmail.com or Denise Hall rebeccahall@rogers.com 613-843-8222. This event will occur rain or shine so dress accordingly. If you have your own work gloves and/or picker please

bring them along. Meet at Fallowfield Park & Ride by 8:45 am for a 9 am departure. Gas share \$5.

Tuesday, April 21

Experimental Farm

Meet at the Friends of the Farm building (No. 72), east of Prince of Wales Drive at the round-about. Meet at 5:45 for a 6:00 p.m. departure. Leader: Trudy Stephen, 613-828-9313.

**Saturday, April 25 Morning
Gatineau Hike**

Level 2, for 2 hour hike of about 8 km. Hike trail 66 in the lower Gatineau starting at P3. Bring along a snack and water. You will be home for lunch. Meet at Tunney's Pasture for a 9:30 am departure. For those busing it, the leader can pick you up at the Westboro transit stop if you call her beforehand. Gas \$2. Leader: Elizabeth Mason 613-729-6596

**Saturday, April 25 Gatineau Park,
Long Way to King Mountain**

Level 2, 14 km, moderate pace, moderate technical challenge. Expect muddy areas, steep hills, and lots of roots and rocks. All on trail, some faint. Outdoor lunch on King Mountain while admiring the Ottawa Valley. Departure from Tunney's at 9:30 am. Gas share \$3. Leader: Carol Seal, carol.seal.613@gmail.com 613-291-7547.

**Tuesday, April 28 Cummings Bridge
to St. Patrick Bridge and Beyond**

Meet at Strathcona Park parking lot (end of Somerset Street East) at 5:45 pm for a 6 pm departure. Bring water and a snack. About 6 km. Leader: Stephen Chappell, 613-612-0865

**Saturday, May 2 Poets' Pathway,
2nd Instalment**

Level 1 walk, 8-10 km. See April 18 note. To register and for further information, please contact the leader, Grace Hyam, dr003@ncf.ca or 613-829-7252.

**Saturday, May 2 Gatineau Park
Waterfall Hike**

Level 2, 9 km. Moderate hike in the Hollow Glen area following trails, some quite faint, to the Old Champlain Lookouts. Two sets of waterfalls. Lunch

If you are enjoying your hike today, thank a volunteer.

If you want to enjoy hiking in the future, become a volunteer.

outside with a view. Meet at Tunney's Pasture for a 9:30 departure Gas: \$3. Leader: Denise Hall, 613-843-8222 rebeccahall@rogers.com

**Saturday, May 9 Gillies Woods and
Mill of Kintail**

Level 1 hike/walk, 8-10 km. Gillies Woods is a patch of old growth forest in the middle of Arnprior; Mill of Kintail is a lovely conservation area (parking fee) on the Indian River, with gentle trails and museum (in season). Boots recommended, picnic option. Meet at Tunney's Pasture by 9:15 for a 9:30 am departure. Gas: \$6. Leader: Peter Haggerty, fw599@ncf.ca

**Saturday, May 16 Tip to Tip Trail
and Stoney Steps**

Level 1, about 9-10 km. Tip to Tip Trail in Burritts Rapids, learning a bit about the history of the Rideau Canal. Then hike along the Rideau Trail towards Paden Rd. See the Stoney Steps waterfall. Bring a lunch and wear good boots. Optional pub stop. Meet at Fallowfield Park & Ride at 9:15 am for a 9:30 departure. Gas: \$6. Leader: Denise Hall, rebeccahall@rogers.com

Saturday, May 16 Lime Kiln

Level 1, about 5 km. An easy level walk from the Lime Kiln Parking lot. Loop trail includes beautiful woods scattered with lots of trilliums and the historical Lime Kiln remains. Meet at Baseline station to leave at 9:30. Gas: \$2 Leader: Jean Sunter 613-828-6077

Saturday, May 23 RTA AGM, Perth

**Saturday, May 30 Griffith Uplands
Trail**

Level 2, 10 km, moderate technical challenge with several steep ascents and descents in the Madawaska Highlands. All on faint trails and encountering brambles is a promise. Outdoor lunch. Optional early dinner afterwards in Renfrew. Meet at Eagleson Park & Ride (north lot beside bus stop) for departure at 9 am. Travel time to trailhead is 90 minutes. Gas

share \$9. Leader: Carol Seal, carol.seal.613@gmail.com or 613-291-7547.

Saturday, June 6

Doors Open Ottawa

Level 1, details TBA when the Doors Open program is available. Likely 8-10 km visiting various buildings of interest. Depart from Tunney's Pasture at 10 am and walk eastwards. Bring a lunch. We may take the new LRT for our return. Leader: Ethel Archard ethel.archard@sympatico.ca

**Saturday, June 13 Manitou
Mountain, Calabogie**

Level 2, 12 km, moderate pace, with several steep ascents and descents. Outdoor lunch. Look forward to expansive, pristine vistas! Optional pub stop. Meet at Eagleson Park & Ride (north lot beside bus stop) for departure at 9 am. Travel time to trailhead is an hour. Gas share \$6. Leader: Carol Seal, carol.seal.613@gmail.com or 613-291-7547.

**Saturday, June 13 Marlborough
Forest, Wildlife and Birding Hike**

Level 2, about 9.5 km. Relaxed pace on flat trail except on a short section across a scrubby field. Ducks Unlimited ponds and marshes with lots of waterfowl, bird life and marsh animals in general. Wear good boots and bring binoculars if you have them. Bring a beverage and a snack. Optional lunch at the Marlborough Pub. Meet at Fallowfield Park & Ride for 8 am. Gas share \$5. Leader: Doug Parsons, 613-843-8222

**Saturday, June 20 Gatineau Park:
Ramsay Lake to Lac Racine**

Level: 3 about 10 km, fairly fast pace. High technical challenge, off-trail semi-exploratory – this hike is for Level 3 enthusiasts only! Expect rough terrain and occasional dense vegetation. Description: From Ramsay Lake parking via a roundabout route, with swimming stop for lunch. Actual route and distance could depend on the day. Possible extension to Lac Richard. Meet at Tunney's Pasture for a 9:30 departure Gas: \$5. Leader: Graham Creedy, 613-789-1657 gcreedy@rogers.com

Rideau Trail Closed
Tuesday, March 10, 2020
Please stay off the Trail this day.



Make Way for the Winter E2E
RT Trail Coordinator, Rusty Bassarab and dedicated Trail Maintainer Robert Charest removing a sizeable obstruction along Kingston Trail section. Two other RT members acted as safety spotters.

The maintenance took place near Westport Lions Club Beach (07D) on Tuesday January 21st, just in time for the weekend End to End group to come through.

MARY-JEAN MCINTYRE

**Rideau Trail Association
ANNUAL GENERAL MEETING**

Saturday, May 23, 2020

Perth Golf Club
Thanks to the Central Club
(Details page 3)

This summer join
SKYLINE HIKERS
for a week of back-
country hiking at
MOLAR PASS in
BANFF NATIONAL
PARK



skylinehikers.ca
1-866-445-3774

Photo by Gerhard Gruenewald

Members...

Where did you go last year? Why not share your story and pictures?

Contact
newsletter@rideautrail.org



The Manitou Mountain trail near Calabogie attracts hikers from all over. This group came from the Ottawa Club last summer.
 PHOTO: LUCIEN DELEAN PHOTOGRAPHY

“Every member should do *something* to help.”

experience
The East Coast Trail
 with
Brown Rabbit Walkabout

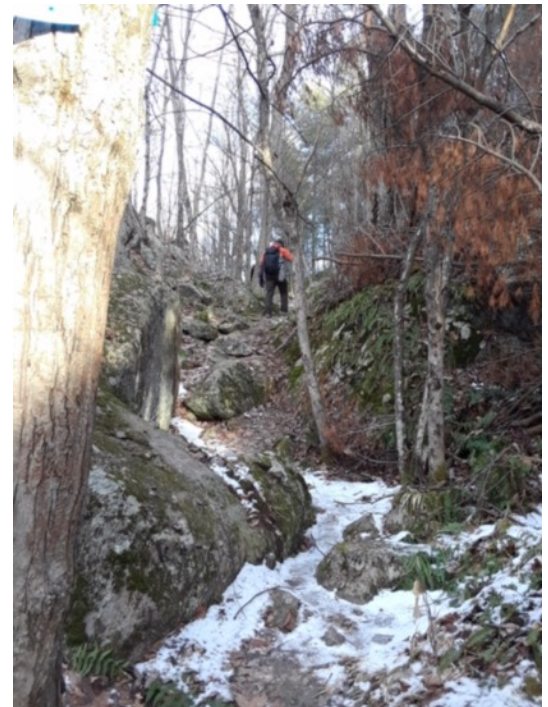
Hike 250 kms of beautiful coastal trails on the Avalon Peninsula in Newfoundland with our help.

We provide transportation from & to St. John's Airport, to and from trail heads, and three meals a day with accommodations.

For prices and information contact Isa.



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 email: brownrabbitcabins@nf.aibn.com www.brownrabbit.nl.ca



Some parts of the Marble Rock Trail offer more challenge than others.
 ROBERT TOLLEY PHOTOS



Frontenac Park and The Cove

Mid-week, October 13-16, 2020



- Open to all RTA members
- See the Rideau Trail at its best
- Face the Frontenac Challenge

Fall Colours in Frontenac

Connect with fellow RTA hikers in the other clubs
Hospitality by The Cove in Westport
Plans for single or double occupancy
Limited space - reserve now

Contact: Denise Hall (613) 843-8222
rebeccahall@rogers.com

PHOTO: WESTPORT IN OCTOBER, JACK TANNETT



Kingston hikers on the Marble Rock Trail.

ROBERT TOLLEY PHOTO



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Departures daily from March 28 to October 13, 2020

€669.00 - €869.00 Double Occupancy

Canadian dollar rates available for this tour on request

GALAPAGOS



- **7 days/6 nights** • **Guided**

Hike the wonders of the Galapagos and get in touch with amazing wildlife with the Galapagos Walking Tour!

Head off the beaten path through landscapes of lava rock, picturesque coastlines, endemic forests, and volcanic highlands.

Departures Saturdays from January 5 to December 28, 2020

\$5450.00 USD Double Occupancy

Canadian dollar rates available for this tour on request

CANARY ISLANDS



- **8 days/7 nights**
- **Individual Self-Guided**

Starting from the roaring Atlantic Ocean in the North West, this multifarious week of hiking takes you across the unique mountain scenery of black volcanic rock into the sunny south west.

Departures weekends from January 4 to December 15, 2020

€699.00 - €829.00 Double Occupancy

Canadian dollar rates available for this tour on request

PORTUGUESE COASTAL CAMINO



- **15 days/14 nights**
- **Individual Self-Guided**

Starting in Porto, and weaving your way through the Portuguese countryside. Explore Padron, its peppers and its links to the St. James before the final journey to Santiago de Compostela.

Departures daily from March 15 to November 1, 2020

€890.00 - €950.00 Double Occupancy

Canadian dollar rates available for this tour on request



PM40022816
Return undeliverable Canadian
addresses to
RIDEAU TRAIL ASSOCIATION
PO BOX 15
KINGSTON ON K7L 4V6

My Favourite Place



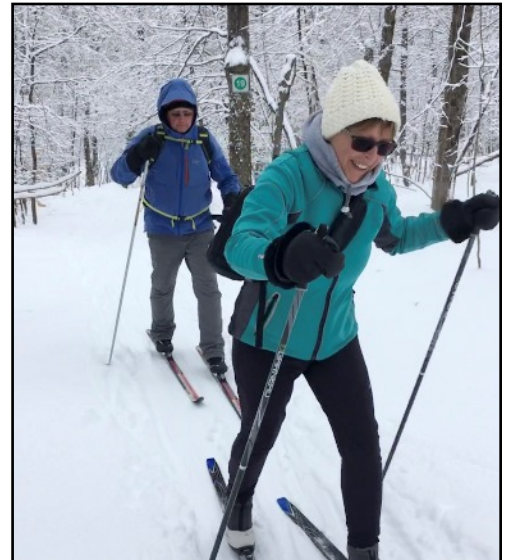
With friends on the trail... These were a few of Kingston's Wednesday Walkers, along the K&P trail north of Burbrook Road, last November. We decorated three trees along the route and the tree in the photo was one of them.

JENNIFER BRINKMAN

DID YOU NOTICE (PAGE 6)? KINGSTON HAS A NEW REGULAR ACTIVITY ON THURSDAYS. ED.

Skiers from the Central and Ottawa Clubs on the trail in January, enjoying a snowy day in Gatineau Park. Another joint event will involve snowshoers in March (page 10).

NANCY GAUDREAU PHOTO



Expires when?

Is your membership still good?

By mail, use **Box 15 Kingston**.

Inside Spring

EDITED BY STEVE KELLY (OTTAWA)

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