



Rideau Trail Newsletter



FALL 2021

Issue No. 201



Sunset on Covid-19 ?

With Ontario reopening, more hikers venturing out enjoying the summer. Is this the end to Covid? We hope so !



P.O. Box 15 Kingston, ON K7L
4V6 www.rideautrail.org



Electronic Mail: info@rideautrail.org

Webmaster: web@rideautrail.org

Telephone :

Rideau Trail Association: (613) 817-7295, text

Central Club: (613) 267-5756

Kingston Club: (613) 817-7295, text

Ottawa Club: (613) 860-2225

The RTA does not share its mailing list with other organizations.

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Board of Directors

President: Sharen Yaworski, Kingston

(613) 449-2808 president@rideautrail.org

Vice President:

VACANT

Past President: Brian Grant, Ottawa

(613) 225-8770 pastpresident@rideautrail.org

Secretary: Ruth Oswald, Ottawa

(613) 590-7467 secretary@rideautrail.org

Treasurer: Dean Avery, Kingston

treasurer@rideautrail.org

Membership Director: Evert de Boer, Ottawa

membership@rideautrail.org

Trail Coordinator: Rusty Bassarab, Kingston

trailcoordinator@rideautrail.org

Marketing/Communications:

Dilhari Fernando, Ottawa

marketing@rideautrail.org

Club Chairs:

Central: James Middleton, Portland

(613) 794-3138 central@rideautrail.org

Kingston: Barry Monaghan, Kingston

kingston@rideautrail.org

Ottawa:

VACANT

Club Representatives:

Central: David Skinner, Kanata dskinner18m@gmail.com

Kingston: Jim Moss, Trenton jjwnmoss@hotmail.com

Ottawa: Sandy Freeman, Ottawa

ottawa@rideautrail.org

Newsletter Editors: newsletter@rideautrail.org

Steve Kelly, Ottawa

(613) 422-1318 stkelly@rogers.com

Peter Weir, Ottawa

(613) 621-0107 Pweir2005@gmail.com

Ottawa Club Executive

Chair: VACANT Contact Brian Grant
(pastpresident@rideautrail.org or
ottawa@rideautrail.org)

Vice Chair: VACANT

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Malcolm Sanderson

Newsletter Editor: Steve Kelly & Peter
Weir *

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Treasurer: Gayle Truman

Secretary: Mary Robinson

Trail work: Vacant (Jim Middleton
continues covering for 2nd year)

Land Owner: Carol Richardson

Hike activities: Vacant. (Maida
Murray until we find a
replacement)

Communication: Donna Glover

Social: Angela Quinn

Member at Large: David Skinner

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Vice Chair (Board Rep): Jim Moss

Past Chair: Rick Shaver

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Construction: Jim Lorimer

Maintenance: Stan Huff

Special Events: Joel Lamorre

Human Resources: Cathy Cummings

Wednesday Walker: Jennifer
Brinkman

Member at Large: Willa Thayer,
Margaret Merkley, and Laura
Cybulski*

* New volunteers for Club Executive Committees
Thank You!

Highlights of RTA Board Meeting

July 20, 2021 via Zoom By Ruth Oswald, Secretary

Important Motions

As Ontario eases Covid-19-related restrictions, guests and the public can now join RTA members on hikes. The ban on carpooling has also been retracted. Hike leaders must be sure to specify in all hike postings if carpooling is required, so that each hiker can decide in advance whether or not to participate. Note that the RTA requires hikers to follow local public health guidelines in effect at the time of hikes.

Board News

The following were appointed to the RTA Board:

Membership Director: Evert de Boer

The following opportunities are open on the RTA Board:

Vice-President

Ottawa Club Chair

Ottawa Club Vice Chair

Treasurer

Interested? Talk to our President, Sharen Yaworski President@rideautrail.org

Trail Coordinator

Trail Coordinator Rusty Bassarab and former RTA President Graham Creedy presented an updated Risk Assessment.

Membership

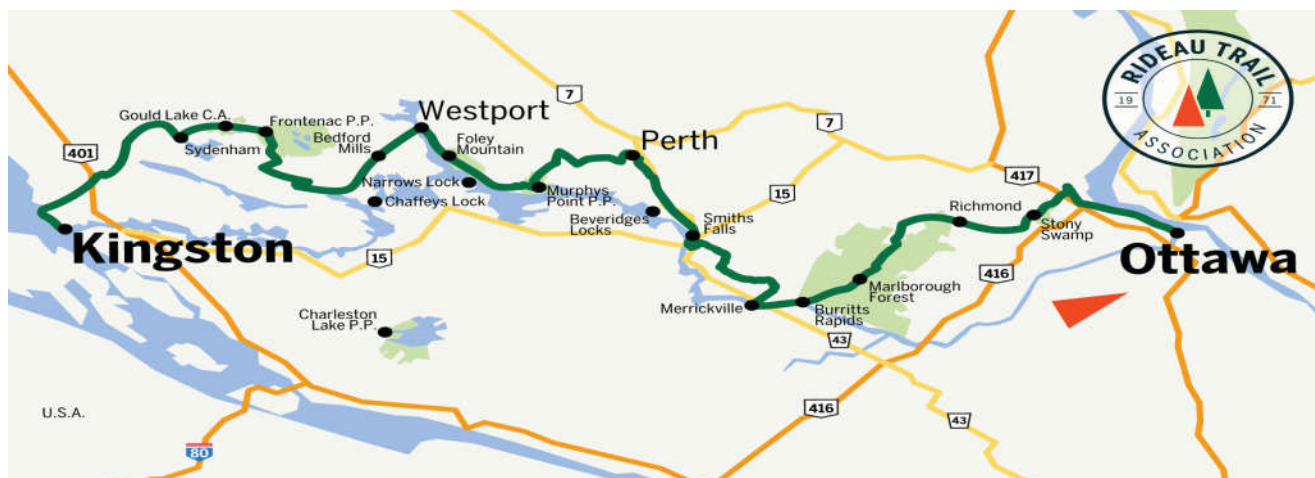
The total number of members as of July 12 2021 is stable at 1,045.

Marketing and Communication

Marketing & Communications Director Dilhari Fernando and volunteer Geoff Lamorre presented a review of the RTA website and their recommendations to rebuild the Website on the WIX platform. They will continue to develop their recommendations in the coming months.

Social media review is in progress, as is an ongoing assessment of communications tools and guidelines.

The last board meeting was held on Tuesday, August 17, 2021 when the Q1 financials were reviewed.



Jack Tannett – Outstanding Service Award



Jack is well known in all the clubs and with good reason. He joined the RTA in 2014 and within 7 months had completed his first end to end. During that year he also was the winner of a photography contest that was held and he has been behind the lens of the many pictures enjoyed in the newsletters over the years.

In 2015 he was the Central trail coordinator and became a hike leader. Then in 2016 and 2017 Vice Chair, 2019 as Chair and then Past Chair for the last two years. "Dedicated volunteer" would describe Jack as he spent countless hours just getting things done! He is "The Passionate Hiker" with his blog and also his actions. Always willing to make a presentation on his experiences and he shares the most beautiful vistas that he has encountered along the way. An advocate for the "Blue Trails" as he has seen them as an integral part of the access and varied experience of the trail.

We are thankful to have such a talented and hardworking member recognized with this award.
Congratulations Jack!

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IT'S GETTING BETTER

No doubt the past year and a half has been very difficult and challenging for all of us. However, we can finally take some comfort knowing that the world is slowly returning to normal.

This means that you can start dreaming again about a hiking holiday, and we will be there for you when you are ready to go!

We have been busy securing services, adapting our terms & conditions, and setting the scene for a safe return to travel, and we cannot wait to have you join us again.

Where are some of the places we plan to take you next year?

**Dominica * Portugal * Japan * Ireland
Amalfi Coast (Italy) * Corfu (Greece)
Provence & Cote d'Azur (France)
Kenya * Tour du Mont Blanc
Galapagos Islands * Slovenia**

Now's the time to put your name on the [INTERESTED LIST](#), and we will notify you when we are ready to accept reservations for a particular trip (no obligation necessary).

UNTIL THEN...

We would love to keep you informed and engaged. Here are 3 easy ways to keep in touch that would benefit us both:

1. [Follow us on Facebook.](#)

We post daily on topics such as hiking tips & tricks, travel information, gear reviews, trip announcements and so much more. Plus, we're pretty entertaining 😊

2. [Follow me on Instagram.](#)

Want to see amazing photos? Follow @maddhiker on Instagram. Maddhiker - that's me! Full disclosure - I sometimes also post pictures of my family and dogs.

3. [Sign up for our monthly e-newsletter.](#)

Email us at info@letshike.com and ask to be put on our mailing list. You can unsubscribe any time, and we will never share your information with anyone.

Stay positive & test negative!
And we look forward to hiking with you again soon!

TICO # 50023501 & #50023502

"The Journey of a thousand miles begins with a single step"

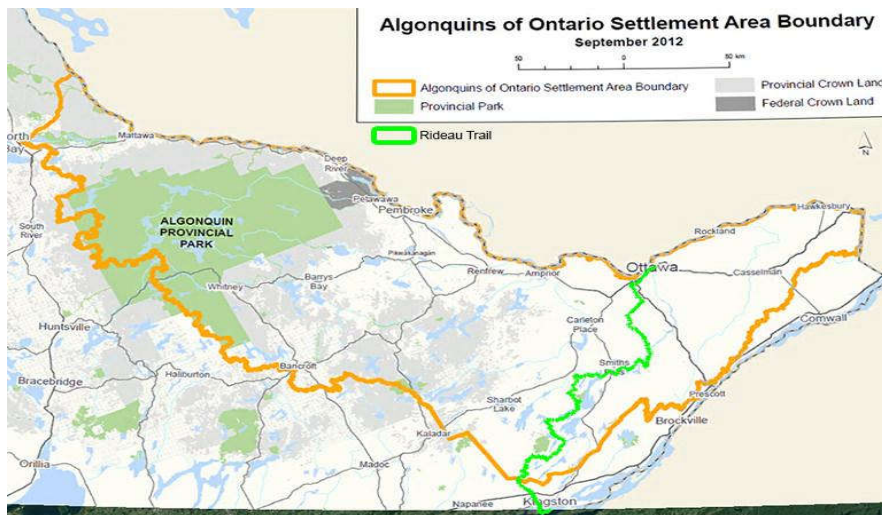
- LAO TZU

Three First Nations Links to the Rideau Trail

by Paul Mathieu Sean

"When the school is on the reserve, the child lives with his parents who are savages; he is surrounded by savages ... He is simply a savage who can read and write," Macdonald told the House of Commons.
<https://nationalpost.com/news/canada/here-is-what-sir-john-a-macdonald-did-to-indigenous-people>

Did you know that most of the Rideau Trail travels through traditional Algonquin Territory? From downtown Ottawa all the way to the city of Kingston's northern boundary. In fact, archaeological studies along the Ottawa River (Kitchissippi), the Rideau River and Lower Rideau Lake have revealed evidence of human presence in the area going back about 8,500 years. By comparison, Europeans only started settling the area a little over 300 years ago.



CAPTION: Most of the Rideau Trail travels through traditional Algonquin Territory while the southern end around Kingston most commonly belonged to the Mississauga First Nation.

First Nations have always lived in this region but over time, European settlers dominated the land and government, pushing the First Nations population aside, making it nearly invisible. Although French explorers arrived in present day Ottawa in 1613, First Nations like Algonquin, Mississauga and others in the area between Lake Ontario and the Ottawa Valley continued to live in a relatively traditional manner until the mid 19th century and continue to call this region home today. However, following the Seven Years War and the Treaty of Paris in 1763, the establishment of British colonies accelerated Indigenous displacement in the 18th & 19th centuries. Land sales by the Mississauga to the British like those in 1783, 1819 and 1822, growth of the lumber industry in the 1840s and the establishment of reserves in Ontario and Québec all contributed to an exodus of First Nations people from their traditional land. In

Ontario, the Algonquin had no treaties and were scattered with no land base until the establishment of the 1,561-acre Golden Lake Reserve in 1873.

In 2017, Canada celebrated 150 years of confederation and in 2021, the Rideau Trail Association is celebrating 50 years of the Rideau Trail. As we continue to mark these milestones by taking part in outdoor recreation, let us affirm our commitment to honouring the land and its caretakers whose histories here go back well beyond 1867.

In the spirit of the Truth & Reconciliation Commission's 94 Calls to Action, let's recognize this region's significance for the Indigenous people who lived and continue to live here. To do this, it is worth exploring some examples of historic significance for First Nations living in the area near the Rideau Trail.

Since 1971, the RTA has welcomed people from all walks of life to take part in hiking and other forms of outdoor recreation through affordable memberships and many weekly outings. There is an opportunity to extend this inclusive philosophy even further by encouraging all non-indigenous hikers to reflect on the land while hiking the Rideau Trail and seek to further deepen their relationship with Indigenous communities in Canada.continued next page

Traditional Place Names

Ottawa - Odawa

Kingston/Cataragui - Katarokwi

Ottawa River - Kichissippi (Great River)

St. Lawrence River - Kichissippi (Great River)

Rideau River -Pasapedjiwanong

Jones Creek - Toniato Creek

Chaudière Falls

Visible from the Rideau Trail in Ottawa, Chaudière Falls has been a sacred site for First Nations for centuries. Its significance was noted in 1613 by French explorer Samuel de Champlain whose Indigenous guides referred to them as "Asticou," which translates to "kettle" or "chaudière." Others know the falls as "Akikodjiwan" and the late Algonquin chief and elder William Commanda (1913-2011) called the falls along with Victoria, Chaudière and Albert Islands "Asinabka" (Place of Glare Rock).

CAPTION: The Chaudière Falls and Chaudière Island in 1838 before the first dam was built in the late 1800s.
[MIKAN no. 2837483](#)



In 1945, French architect Jacques Greber, who shaped many parts of modern-day Ottawa, called for a central park at Chaudière Falls. Currently, a mix of residential and commercial spaces known as Zibi are being developed around the falls. The project intends to provide additional viewpoints of the falls but fails to meet [the vision](#) of some First Nations groups and leaders like Chief William Commanda and world-renowned architect Douglas Cardinal. Presently, the Algonquins of Ontario are [developing a partnership](#) with Windmill, company leading the Zibi development, to establish several initiatives to pay respect to the Algonquin history and create opportunities for the Algonquin people.

At 60 metres (200 feet) wide and 15 metres (49 feet) high, the falls were an obstacle for the logging industry and, in 1829, the first timber slide was built. Around this time, the falls and the lumber slides became a major tourist attraction, even attracting members of the British royal family. Hydroelectric projects followed with the first dam built in the late 1800s. The ring dam that stands today was built around 1910.

Industries like these along the Ottawa River displaced members of the Algonquin First Nation from their sacred site. These displacements started prior to Confederation, and prior to the formalization of the Government of Canada's residential schools system which was active from 1876 until 1996 and took about 150,000 Indigenous children from their families, claiming an estimated 4,000-6,000 lives in the process. The impact of residential schools is older than Canada and still being felt today.

To learn more about First Nations heritage in Ottawa-Gatineau, [Aboriginal Experiences](#) on Victoria Island in Ottawa or the [Canadian Museum of History](#) in Gatineau are good places to start.continued next page

James Auld Waterway



CAPTION: A map of the James Auld Waterway, a 3,000+ year old paddling route named after a provincial politician in the 1980s.

As much as possible, the Rideau Trail follows the Rideau Canal and its tributaries. It is also known that parts of the Rideau Canal follows traditional Aboriginal paddling routes. But how? And where? The ill-fated James Auld Waterway that crosses the Rideau Trail at Bedford Mills and again at Chaffeys Lock offers some clues. This waterway was a project pitched in the 1980s that would have created a provincially managed paddling route between Frontenac and Charleston Lake Provincial Parks, using traditional First Nations portage routes - some of which were established 3,000 years ago.

Many First Nations people paddled through this area, following a seasonal pattern of hunting and gathering for millennia. Eventually, the route between Whitefish and Indian lakes actually inspired Lieutenant Colonel John By as he designed the route that became the Rideau Canal - an engineering project that greatly changed the area's natural landscape as its system of locks and dams flooded the forests and low-lying lands in order to accommodate steam ships.

Now - who is James Auld? He was the Ontario MPP for Leeds from 1954 until 1981 (he died in 1982). In fact, Mr. Auld was present at the official opening of the Rideau Trail in 1971. Although there is a plaque honouring him and the waterway at Charleston Lake Provincial Park, many landowner issues halted the project. If the province were to revisit the project today, would this ancient paddling route perhaps take an Indigenous name rather than that of a modern-day politician?

To learn more about paddling routes in the area, an excellent starting point is the [Frontenac Arch Biosphere's](#) web page containing many paddling routes for the region.

Bedford Mississauga in the Kingston Backcountry

"I have reason to believe that the agents as a whole ... are doing all they can, by refusing food until the Indians are on the verge of starvation, to reduce the expense," John A. Macdonald told the House of Commons in 1882.

A 2007 paper authored by Dr. Brian Osborne and Dr. Michael Ripmeester shares research and government correspondence about members of the Mississauga First Nation around Kingston in the 1830s. At that time, a Mississauga reservation was established on Wolfe Lake, near today's Rideau Trail, an area where Mississauga had maintained a presence at least since the mid 1700s. In fact, Colonel John By wrote about meeting Mississaugas on his first voyage up the Rideau Canal in 1832. Despite recognition as a reservation, the Mississauga were not guaranteed possession of the area. As negotiations dragged on, settlers began occupying the land. By 1833, the so-called Bedford Mississauga were ordered to move to the Methodist Mission at Grape Island in the Bay of Quinte where they stayed until they eventually moved to a new reserve in Alnwick Township, now Alderville First Nation, where both a manual labour school and a residential school operated for some time.

Forced off Wolfe Lake, some Bedford Mississaugas, including their Chief, avoided relocation to Alnwick and moved to Devil Lake. In 1846, following the Chief's death, a letter from the Indian Department called on the Mississaugas to move from Devil Lake to Alderville where they should become civilized, stop hunting, start farming and ensure that their children are as well instructed as white children. This correspondence notified the Mississaugas at Devil Lake that they would be denied land payments and that the Indian Department would not appoint them a new Chief. By 1873, the Mississauga had essentially left the Bedford area and the few remaining were reported to be aging, impoverished and starving. Some place names near the Rideau Trail offer some indicators of the presence of Mississauga. Indian Lake, upstream from Chaffeys Lock, is one example. Massassauga Road south of Bedford Mills is part of the Rideau Trail and stands out as another landmark in the area that has retained an Aboriginal name.

Additional Sources

Thanks for reading. While these few examples only scratch the surface, these stories and others share the common thread that a boom of industrial development and agriculture around the 1830s cast First Nations aside in their own traditional territories - a region that is now known more for its relatively recent, British, Scottish and Irish history. What would the region look like today if the government respected the First Nations' worldview and traditional ways of life over 150 years ago? What steps can we each take now towards reconciliation? At home, at work or on the trail, I hope the information here might inspire a conversation and a more profound respect and celebration of Indigenous people in Canada and around the world.

To connect with Indigenous communities in the region, a good place to start is the [Odawa Native Friendship Centre](#) in Ottawa. For more information on the history of Algonquins in the area, you can visit the [Algonquins of Ontario website](#). To learn more about Mississauga, the [Alderville First Nation](#) and the [Mississauga of the New Credit First Nation](#) have useful information about Mississauga people along the north shore of Lake Ontario. For information on Indigenous place names, a good starting point is the [Decolonial Atlas](#). To see how traditional territories overlap with treaties across Canada, [Native-Land.ca](#) is a useful resource.

A great thanks goes to Paul Mathieu Sean for this fascinating article about the lands we all share, the complete article can be found on Facebook - Rideau Trail Association Members (Present & Past)

"Hiking is the answer.....Who cares what the question is?"

50th Anniversary Green Badge Challenge *by Gary Waterfield*

It was on the frosty, early morning of January 3rd that I read Mary Oliver's poem. "How I Go To The Woods" to seven fellow hikers, whose friendship would blossom in the months ahead, at Lally Farm (9B). We began our adventure sharing a love of the outdoors through hiking.



Presentation of Green 50th Anniversary Badges L to R Mary Robinson, Gary Waterfield, Bert Stranberg

The great advantage of living in Central is the easy access to the Ottawa and Kingston sections of the trail. The conversation and camaraderie during our hikes through snow covered fields, deep, dark woods and country roads were the highlights of each week. However the sounds were the loudest when we were not talking. It was during these times that the gifts of the outdoors were abundant and I felt truly blessed. Individual, accurate documentation of kilometers hiked brought us closer to our goal as the months flew by quickly.

Our long hikes provided us with sore feet and a good night's sleep! There were several times when my mustache froze solid! Once when I returned home my shoelaces had to thaw out before I could take off my hiking boots! Ah but it was worth every minute to have this magical experience.

On the morning of March 27th Mary Robinson, our fearless leader presented myself and Bert Stranberg a lovely hand written note and our Green 50th Anniversary Badges. She had also earned her own badge that day. The remainder of our group would complete earning their badge in the near future. I won't be here to celebrate our 100th Anniversary that would make me 114 years old however the days spent on the trail with fellow hikers will always be one of the greatest gifts of my life.



Note we are all wearing our 50th Anniversary toques!

The following members completed the 50th Anniversary Challenge since the last newsletter:

Ottawa	David McNicoll, Janice Dowling
Central	Janet Laraway, Anna Cornel, Alison Ball, Gillian Hyland, Dorothy Hudson
Kingston	Natasha Smith, Jacqueline Pidskalny, Sheila Menard, Susan Irving, Marilyn Martin, Sharen Yaworski, and Audrey Sanger

Well Done and Congratulations from the RTA Executive

Marshlands boardwalk near Kingston by Sharon Yaworski - Sad story is that we now have to walk on the streets in Kingston as we cannot walk through this area anymore after 50 years! The Marshland Boardwalk near Kingston is damaged and the Rideau trail no longer can pass thru here due to safety reasons the torn up bridge that is no longer our trail (for almost a year now). Is still being used by non RT locals here.



As you can see locals have piecemealed bridge pieces to allow passage despite signs the conservation area has erected that clearly states boardwalk is closed.

Boardwalk is about 10 mins past this sign which is a trailhead.

Jack got a email message on the RT info line saying he took his elderly father on a hike there and it was deplorable . The pic (right) which says boardwalk is closed which the conservation area put up to explain to these locals the conservation area closed the boardwalk for safety reasons. People ignore signs.



THE DINGBAT IN THE ORANGE HAT *Alison Ball*



Dingbat in an orange hat

I wanted to hike Central Region End-to-End, but the logistics of solitary one-way hiking confounded me. You really need two cars and two drivers. I had none of either. But there was an Air Canada refund cheque burning a hole in my pocket, so I decided to spend it on cab fares. I donned my boots and my bright orange RTA hat and called Georgina's Taxi. When we reached the corner of Rosedale and Wood Road (12F), the taxi driver looked around doubtfully.

"Don't you want me to drive you to where you're actually going? There's nothing here."

"No, it's fine. I'm just going to walk back to Port Elmsley."

"Huh? Why would you want to do that?" Good question.

"Um...well, it's part of the Rideau Trail." I pointed at my hat, in the vague hope that it would make this sound like a more rational explanation.

"Uhhh...okay. Well, good luck then."

I ambled through Smiths Falls, along CR43, and finally reached the end of Poonamalie Road and the start of an actual woodland trail. A deer stood motionless in dappled shade. An osprey screamed at me from his nest. And before I knew it, I was in Port Elmsley. I called Georgina's.

"Hi, I made it to Port Elmsley. Can you pick me up?"

"OK. What's the address?"

"Um...there really isn't one. Look, it's a small town, just look for a daft old lady in an orange hat." ".....Right. I'll be there in 15 minutes."

Three days later, I was ready to go again.

"Hi, Phil. This is Alison. Could Travis pick me up and take me back to Port Elmsley?" (By now we were on first name terms.)

"Sure. What's the address?"

Still this fixation with addresses.

"No idea, but he picked me up there 3 days ago. It should still be in his phone."



Porcupine on a mission.

This hike was, relatively speaking, a piece of cake. Only about 16 km, the second half of which I had done a dozen times before.

Once I got off CR43, I had the trail to myself, except for a rather truculent porcupine who came waddling down the path towards me. I politely stepped aside to let him go by. In just under 4 hours I was at Conlon Farm, and 10 minutes later I was back home.



Highland cows on Poonamalie Road

Day three, to complete the hike, was the longest. I decided it would be simpler to get a taxi to Lally Homestead (9B) and then walk back to Perth. Travis had by now given up asking for an address, and we managed to find the Silver Mine Trail parking lot with no problem.

"Do you want me to pick you up somewhere later on?"

"No thanks, I'm going to walk home from here."

This time he didn't even roll his eyes. We were making progress.

I set off into the woods, and soon discovered another problem with solitary hiking: after a while, your mind wanders off into la-la land. I would be in the middle of a fascinating conversation with Schrodinger's cat, only to realize that I hadn't seen a marker in a while. I would backtrack, and eventually find a whole cluster of bright orange triangles virtually shouting "TURN LEFT HERE!" How on earth did I miss that? Half an hour later, I would be off in a daze again. Bridges, beaver dams, stiles, the occasional deer... a beautiful day in the woods, even with the unplanned side-trips. Things got a bit surreal in places: mica flakes glittering like gold and silver on the trail; a field full of cow flops and bird feathers. Seven hours later, I trudged into Conlon Farm and officially finished the hike.

I thought of calling Georgina's to let them know I had made it, but decided that was a bit over the top. Instead, I left them a good review on Facebook, and signed it "The Dingbat in the Orange Hat."



"Lovely new spot to have a rest" by Lynn Esau

Thanks to the generosity of one of our landowners, Marcia Cannon, and dedicated RTA volunteer Robert Charest, we have a new picnic table at a very picturesque and convenient location on our trail. Robert built, delivered and installed it as a donation. You will find the picnic table beside a pond, 330metres North West of RT 06B where the Rideau Trail turns off of the Cataraqui Trail before the Opinicon Loop. For those with GPS, it is at Latitude 44.571370 and Longitude -76.350754.



Marcia invites RTA members to stop at the table as they are hiking through, to use the outhouse and even to pitch a single tent on the identified area close by.

Please follow all RTA rules respecting the property. RT Kingston may have further news about a new scenic look-out spur trail or mobility-assisted access. Stay tuned!

Thanks also to Wes Davidson, Allen Brown and Cory Laverty for their help installing the picnic table and to RT Kingston for lunch!



New Members to the RTA as of May 1 to July 23

Central Club

Linda Hachmer
Mark Hachmer
Julie Hansen
Simon Lanoix
Bob Lawrence
Bradley LeBlanc
Helen McGuire
Mary Stewart
Terry Stewart

Kingston Club

Sharilyn Amy
Christopher Bozek
Kevin Hardinge
Fraser Hardman
Matt Hawksley
Monika Hilton
Debby Leach
Chason Lech
Dorothy Lele
Charles Paterson
Teresa Petrocco
Kim Timan
Scott Walker

Non-Affiliated

David Albertan
Marc Baillon
Shannon Baillon
Chris McBain
Andrea Poorter
Jeff Toogood

Ottawa Club

Natara Adams
Robin Andrew
Lynne Avar
Jane Avery
David Josh Beer
Kelly Betts
William Bruce
Chantal Cormier
Nicholas Dessaint
Gary Fischer
Errol Fletcher
Paula Fletcher
Marlena Flick
Catherine Galligan
Eric Giberson
Anita Grace
Renata Grudzien
Koby Hanrahan
Catherine Healy
Stephen Heidemann
Bruce Hubbard
Martha Jackman
Irene Jensen
Louise Lafond
Andrew Leach
Jennifer Lloyd
Ranald-Ron MacDonald
Beth Marion
Genevieve Martin
Yulia Matsakova A
Heather McCready
Megan McEwen
Eva Moons
Paul Nichols
Doug O'Connor
Carole Sauve
Jon Stuart
Xiaobo Su
Lise Theriault
Victoria Tuttle
Mario Villemare
Guy Warwick

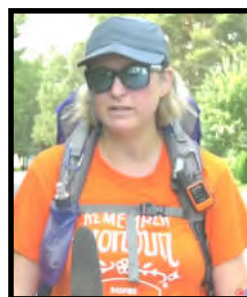
Couple walks to honour residential school victims CTV News

Kristina Davis and Cliff Trafford completed an End 2 End hike of the Rideau Trail in honour of the first 215 children of the residential schools. Well done and Congratulations to them both.

They were awarded the E2E badge after this video was filmed.

Here is the link to the video.

<https://ottawa.ctvnews.ca/video?clipId=2256372&jwsource=cl>



Kristina Davis



Cliff Trafford



Screen
shots
from the
video

welcome

Going for the Green by Anna Cornel, RTA Central

The seniors' option to Revisit the Trail seemed like an excellent idea to liven up my walks during the last year. I decided on solitary walks as both my husband, Garry and I are over 80 and we are being super careful because of COVID. Also, I like to walk as early as possible, often being on the trail shortly after dawn, so did not think any of the usual hikers I walk with would be interested!

My route was entirely in Perth as I am not comfortable hiking off road by myself. Starting at the Rainbow Bridge near Stewart Park, it takes me just over an hour to hike on the Rideau Trail through Conlon Farm, onto Conlon Drive to the intersection with County Road 10 (Westport Rd) and back to the Rainbow Bridge. Another route was hiking from the Rainbow Bridge, through Stewart Park, past the Crystal Palace and Tay Tow path, to where the Rideau Trail leaves the road and back to the Rainbow Bridge, which also took an hour plus.

I decided to try and complete my 50 times by my birthday at the end of May but doubled my distance when I realized I would be well into black fly season! Thus, I have been hiking one half, then will often sit on the bench by the Rainbow Bridge for a drink and a snack before doing the second 50 minutes. This bench, overlooking the Tay River, is special to me as it was purchased by the Friends of the Tay Watershed to commemorate

Perth's 200th anniversary with funds raised by raffling a quilt, donated by Lanark County Quilters Guild when I was outreach Co-ordinator and oversaw its creation.



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your trail
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Volunteer Help Wanted

Awards Coordinator – RTA Secretary seeks volunteer to be responsible for managing RT E2E badge and certificate requests.

Year-round, this involves answering correspondence, checking details, and compiling a list of qualified RT E2E badge recipients. In May/June each year, certificates are printed and presented or mailed to recipients. This position could eventually include coordinating other categories of awards. You must have access to Microsoft Word, Microsoft Excel, and be proficient with (or willing to learn) the Mail Merge functions in Word.

Hike Leaders Course 2021

Below are this years graduating class of our 17 new certified hike leaders. Congratulations on a job well done! They all had a great day at Conlon farm in Perth finishing off the certification process.



Saturday 31 July

Left to right: Ingrid Monasterios, Richard Aronoff, Sue Runciman, Ruth Oswald (Instructor), Jim Moss, Scott Faichnie, Herman Doornbos, Sandy Dunn, Roger Rees

July 30 group

**Front row kneeling Amy Tenbult, Cheryl O'Connor, Tammy Morrison, Vivian Ratcliffe
Back Eva Berringer, Gary Waterfield, Tim Hodges, Kathleen Holst, Ruth Oswald (Instructor), Murray Flemming.**



Both pic taken by Sharen Yaworski (Instructor). Course held outdoors in Conlon Farm Recreation Center Perth ontario.

RTA Membership Benefits

Your continued financial support is vital.

Despite the COVID-19 pandemic, thanks to our dedicated volunteers and safety-conscious members, the RTA has been able to offer safe outings to members for much of the past year. Over 450 kilometers of RTA trails between Kingston and Ottawa continue to be open for use. Many members are working towards completing one of our RTA 50th Anniversary Challenges. Meanwhile, the RTA continues to incur significant operating expenses related to trail upkeep / improvement and trail information (for example: insurance, newsletters, construction materials, signage, mapping, and website).

Member Benefits/

- An electronic subscription to the RTA's quarterly newsletter which features hiking articles and Association news.
- Member emailings including updates to event schedules and TeamUp calendars.
- Voting privileges at the Club and Association Annual General Meetings.
- 10% discounts [Trailhead Paddle-shack](#), [Bushtukah](#) & [Great Escape Outfitters](#) in Ottawa and [Vamos Outdoors](#) in Almonte.
- 20% off regular-priced clothing / footwear and 15% off regular-priced equipment in-store at the [Ottawa location of SAIL](#). Some brand exclusions apply (e.g., GoPro, Garmin, Patagonia, ...). Must present RTA membership card.
- 15% off regular-priced books at [Novel Idea](#) in Kingston on presentation of a valid RTA membership card.
- 10% off a [CRCA Annual Pass](#) when purchased in-person at the Little Cataraqui Creek Conservation Area
- Discounted group rate on Gatineau Park XC ski & snowshoe permits.
- RTA merchandise from our [online shop](#).

How your membership benefits the RTA

Your membership in the Rideau Trail Association provides the financial support essential for the continuous maintenance, improvement, extension, and protection of the Rideau Trail network.

Many thanks for your continued support of the RTA



www.coveinn.com

Winter Newsletter: **Deadline Nov 1, 2021**

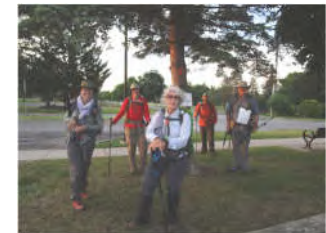
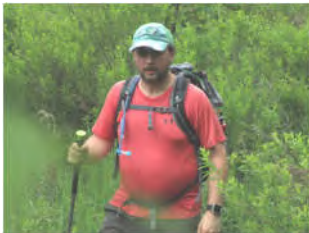
We want your submissions! If possible, text should be sent electronically with no document formatting. Pictures with good definition and contrast are most welcome.
Send material directly to the Editor, newsletter@rideautrail.org

**Flying along the (extreme) trail (June 5, 2021 -50km/16 hours)
by David McNicoll**

It began from the start at Conlon Farm in Perth about 6 am, as he said. The gravel parking lot pictures look like the Lally Homestead site in Murphys Point Provincial Park. That's the turn-around point for the Challenge.

photos from the "trial and unofficial" 50km Extreme Hike along the Rideau Trail (Rusty, Réjanne, Diane, Christine and Michel). Janice and I (plus others) backed then up with physical support along the trail (eg water, chairs, good wishes). We hiked with them for perhaps 3 hours at different points in the day. But we did not do the hike. They started hiking at 0600am and returned to the same spot at 1000pm (16 hours to hike 50 km). It was a very long day for them.

cheers David



Congratulations to all that completed the event and earned the coveted badge, and as you can see by the picture on the left (OUCH) well worth the sacrifice and pain

Hiking with Denise, Doug, Bill and Gunhild

Doug and I had joined Bill and Gunhild's milkweed hike last Sunday July the 4th 2021 which started off on the Rideau Trail on Hwy 10 #6767 and went to the bottom of Slide Lake. Doug and I continued to Flagpole Hill on the Rideau Trail and encountered a lot of wildlife including a surprise encounter with a black rat snake. I was so glad that Doug was in front when we came upon the snake as I would have jumped out of my skin!

QUESTION Denise asked the RTA "Do you know who made the flagpole sign?"

The story of the (replacement) flagpole is in Issue 190 Page 2 from 2018-19. (available in the newsletter archives at <https://www.rideautrail.org/newsletter-archive/>)

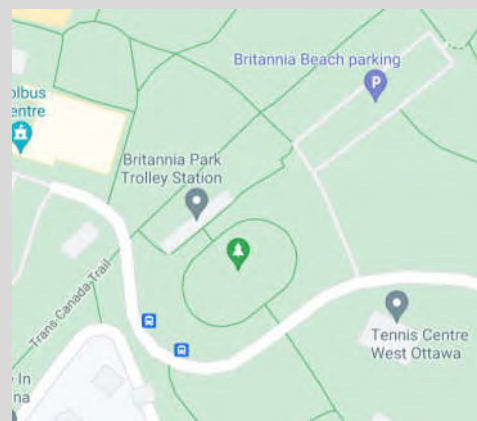
Two members from the Kingston Club took the initiative to obtain, deliver and install the pole. It is a high elevation part of the Park and the Trail in that area. The highest part of the Rideau Trail is near Westport. Look for Old Bob's Lookout, west of Foley Mountain CA.



RTA Ottawa Club - 50th Anniversary Celebration

Confirmation was received and Britannia beach is booked for September 14 for a 50th Anniversary Celebratory event.

Ottawa Club members: mark September 14 on your calendar for a 50th anniversary celebration to be held at the Trolley Station, Britannia beach. Starting at 10:30 (set-up at 9:30). Pre-registration will be required. Light refreshments will be served.



Details forthcoming by club email.



It is never too late to take the family on a hike, Within the Rideau Trail area are hundreds of KM of safe family friendly trail. Pack some snacks, lots of water and dress for the weather. Reconnect with you loved ones and start new traditions that your family will cherish and remember forever. Be safe and enjoy. Visit www.Rideautrail.org for maps and guidance



Ottawa Club Activities—Fall 2021

Wed. Sept.22 Gatineau Park, Anniversary Hikes

Wednesday Walkers annual potluck lunch at a picnic area (to be announced in calendar). Hikers meet at Bate Is. as usual (9:15 for a 9:30 departure), to take various routes to the lunch spot. Please bring food to share. We must take all of our leftovers and garbage out with us. This event will take place regardless of the weather. Any questions please contact Tony Barnes at fellwalkerca@gmail.com

TUESDAY EVENING URBAN WALKS – 2021.

Meet at the starting point of the hike at 5:20 pm to depart at 5:30 pm. Because of early sunsets, flashlights or headlamps are handy on most walks.

PLEASE NOTE CHANGE OF TIME THIS YEAR FOR THESE TUESDAY FALL WALKS.

Tuesday, September 7 Western Greenbelt Walk

This interesting walk covers part of the Rideau Trail Blue Loop starting at P11 on Hunt Club leading towards Jack Pine Trail. Meet at P11 on West Hunt Club just east of Moodie at 5:20 for a 5:30 pm departure. Leader: Maureen Dawson 613-226-3864.

Tuesday, September 14 NCC Forest Walk

Meet at the corner of Walkley Road & Ramseyville Road. Parking is on the north side of Walkley along the side of the road. Meet at 5:20 pm for a 5:30 departure. . Leader: Pat Archer 613-565-6149 (land) or 613-298-9251 (cell).

Tuesday, September 21 Rockcliffe Park

Urban Walk in Rockcliffe from Lisgar Road to the Rockeries and beyond. Meet at Lisgar Road at the corner of Buena Vista Road. Park on the west side of Lisgar Road above (or below) Buena Vista at 5:20 for 5:30 pm departure. Approx. 6 kms.
Open to 12 RTA members. Leader: Lena Creedy at 613-789-1657..

Wed. Sept.22 Gatineau Park, Anniversary Hikes

Wednesday Walkers annual potluck lunch at a picnic area (to be announced in calendar). Hikers meet at Bate Is. as usual (9:15 for a 9:30 departure), to take various routes to the lunch spot. Please bring food to share. We must take all of our leftovers and garbage out with us. This event will take place regardless of the weather. Any questions please contact Tony Barnes at fellwalkerca@gmail.com

Adopt-a-Roadway Clean-Up

Please consider joining us for a few hours on the morning of **Sunday, October 17th** to clean up 5.5 km of road allowance along Roger Stevens Dr., south west of North Gower. Optional stop at the Marlborough Pub in North Gower for refreshments/lunch after the clean-up. Kindly register in advance so that enough equipment can be provided by emailing the leader, Brian LaDuke at yellow.bumper@hotmail.com (alternative contact: Denise Hall email rebeccahall@rogers.com).

This event will occur rain or shine so dress accordingly. If you have your own work gloves and/or picker please bring them along. Meet at the Fallowfield Park and Ride for a 9:00 a.m. departure. Gas share \$5.

Tuesday, September 28

Trails in Area of Nepean Sportsplex

Explore the trails in the area of Nepean Sportsplex, Woodroffe Avenue

Meet at Parking Lot 13 behind Nepean Sportsplex at 5:20 pm for a 5:30 departure.

Leader: Jane Mercer at 613-692-3874

Tuesday, October 5

Scenic Walk to Holocaust Memorial, Firefighters Memorial and Artwork at Pimisi Station

Meet at Tunney's Pasture at 5.20 pm for a 5:30 departure. We will walk along the river path to the war museum first checking out the sculptures at Remic Rapids. We will then visit the Holocaust Memorial, the Firefighters Memorial and view the art at Pimisi station. Flashlight good idea. Anyone wishing to do so could return to Tunney's by train. Leader: Grace Strachan at 613 867 6945

Tuesday, October 12

Rockcliffe/New Edinburgh

Urban Walk from Stanley Avenue to Rideau Falls, the Old City Hall, the Minto Bridges, and streets of New Edinburgh.

Meet at the corner of Stanley Avenue and Sussex Drive. Park on Stanley between Thomas Street and Sussex Drive at 5:20 for 5:30 departure. Approx. 4-5 kms depending on conditions.

Open to 12 RTA members. Leader: Lena Creedy at 613- 789-1657.

Thursday morning hikes in the Ottawa section:

In the fall there will be some Thursday morning 2 hour hikes in the Ottawa area.

The hikes will alternate between level 1 and level 2.

Check the online calendar for scheduling. Contact Elizabeth Mason 613 729-6596 or emmason283@gmail.com

Central Club Activities—Fall 2021

Since the Clubs use Teamup, we are no longer forced to schedule hikes three or four months on advance. Unfortunately this means hikes now are mostly booked just six weeks in advance. At this time Central club only have hikes planned up to the end of September. Please refer to the Teamup calendar for more info. (link on Page 16)

September 1. The first of the Frontenac Challenge hikes - 15.5 km over the Akron, Doe and Arab Gorge tracks

September 4. The second Frontenac Challenge hike. 12 km around the Gibson loop in the north of Frontenac Park

September 11. The third Frontenac Challenge hike. 17 km around gorgeous Big Salmon Lake

September 11. Hiking on the Rideau Trail from Powers Road to McLaren Point Road and back for 7 km experiencing the new Beaver Dam bypass and bridge.

September 18. A level hike of 8 km from the Opinicon Resort over blue trails and hopefully ending with ice cream.

September 19. The fourth Frontenac Challenge hike around the huge Slide Lake Loop for 26 km.

September 25. The final Frontenac Challenge hike - 14 km around Cedar Lake and it's wetlands.

September 30.

Join Central Club on this the first new National Holiday of Truth and Reconciliation as we wear orange and hike along the rideau trail in Perth from the Conlon Farm Trail Head (10D) to the curve along Riverside Drive (10E) and back.

Kingston Club Activities—Fall 2021

Sep 1 2021 FC Big Salmon Lake

Hike the 17 km Big Salmon Lake loop clockwise at a moderate-to-fast pace through mixed hardwood forest, stopping for lunch high atop a granite outcrop with a spectacular view of the lake. This Frontenac Challenge hike is rated Level 2+ and will take approx 5 hours, so bring plenty of water and a lunch. We'll meet at the Salmon Lake parking area inside Frontenac Park at 08:30 for an 8:45 start time. Note that provincial parks are offering free day use from Mon to Thurs until 2 Sept 2021 so parking for this outing will be free. You'll still need to visit the Park Office to pick up your free day use permit to display in your car. 8:45 from Salmon Lake parking lot

Leader Lynn Esau esaulynn@gmail.com

Wednesday Walks

Wed Sep 1,8,15,22, 29th 2021, 9:30am - 10:30am

Kingston Wednesday Walk. Sign-up required. Contact wednesdaywalks60@gmail.com if you would like to sign up for this walk.

Leader Jennifer Brinkman at wednesdaywalks60@gmail.com

Fri Sep 3 2021 FC Cedar Lake

Moderate pace 15 km. Circular route enjoying rolling terrain and many ponds. Bring snacks and lunch and plenty of water, hiking boots recommended. Must pre-register by using sign up feature above or contacting leader. Meet at Arab Lake parking lot in Frontenac park at 8:15 for an 8:30 departure. Maximum size is 11 hikers. 8:30 from Arab Lake parking lot

Leader Nancy Hunter For more information contact at nancynelles@gmail.com

Sun Sep 5 2021 Frontenac Challenge- Little Salmon, Little Clear, & Hemlock Loops

Frontenac Challenge- Little Salmon, Little Clear, and Hemlock loops. Level 3, Moderate Pace, 22 km total, Close the loops around three picturesque Frontenac PP lakes. Meet at Big Salmon Lake parking lot for 08:45 departure. You must pre-register for this hike with the leaders. 8:45 from Big Salmon Parking Lot

Leader Gunhild Karius and Bill Ottney ottech2@gmail.com or 613 858-3183 txt okay

Sun Sep 12 2021 Frontenac Challenge- Tetsmine and Gibson Lake Loops

Level 3, Moderate Pace, 22.8 km total (from parking). Access at Kingsford Dam to hike these beautiful loops of varying difficulty. Meet at Kingsford Dam Parking for 08:45 Departure. You must pre-register with the hike leaders to participate in this hike. 8:45 from Kingsford Dam parking lot

Leader Gunhild Karius and Bill Ottney ottech2@gmail.com or 613 858-3183 txt okay

Wed Sep 22 2021 FC Little Salmon, Little Clear, Hemlock

Level 3, moderate to fast pace, 22 km. Close the loops around 3 of Frontenac Park lakes. Optional swim break in Little Clear on the return loop. Bring snacks and lunch and plenty of water. Because of the hike length hydration is essential. Meet at Salmon Lake parking lot at 8:15 for an 8:30 departure. Must pre-register using the above sign up feature or contacting leader. Departing from Salmon Lake parking lot at 8:30

Leader Nancy Hunter. May be contacted at nancynelles@gmail.com

Thu Sep 30 2021, 6:00pm - 8:00pm Truth and Reconciliation Orange shirt walk along the waterfront!

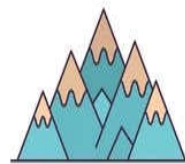
Come out and join the Kingston Club in celebrating the new National Public Holiday for Truth and Reconciliation by wearing orange and participating in a 5 km hike. We'll meet in the parking lot at the Whig Standard building at 6pm and walk along the waterfront to West St. On our return, we can stop downtown for a refreshment break then head back to our cars. Please use SignUp function, above. There is no participant limit for this outing but we may break into groups of 10 if needed. Meet at Whig Standard building at 6 Cataraqui St for 6pm departure

Leader Sharen Yaworski sharenann@gmail.com

Sat Oct 2 2021 FC- Little Salmon & Little Clear

Do these two loops to collect the Mushroom Names on the signs. Meet at 830am at Big Salmon Parking Lot. 18 km with High Effort, and a faster 4 km/hr pace. Bring a lunch and water for a 6 hour hike (includes breaks). Contact Info is jjwnmoss@hotmail.com Cell : 613 849 7179. Sign Ups only please. High Effort High Technical Challenge Big Salmon Parking Lot 830am Leader Jim Moss

TRIVIA: The Rideau Trail is 387 KM in length, which equals to approximately the following values 240.5 miles, 507,874.02 steps, 15,236,228.7 Inches, 1269685.08 Feet or the equivalent of walking to the top of Mount Everest 43.7 times. Now you know why your feet are sore.



Member Services

(Who gets your question?)

Whatever the question, just contact the RTA for your club (page 2) or email: info@RideauTrail.org

Address Changes / Paper Newsletter

See "Update your preferences" at the end of any email from the RTA, you can change address, phone number, update volunteer interest and confirm membership status.

End to End Badges

Keep track of the details of your hikes, whenever you did them:
Date, start and end point of the hike and the leader's name.
Your questions or claims can go to the appropriate contact.

Getting Involved

Thank you for wanting to help out. Feel free to contact any of those listed on page 2. Your interest might be about event ideas, co-leading hikes, your club's social committee, working on the Trail or whatever. It's a busy organization, and your help would be welcome.

50th Anniversary memorabilia

Please contact Adriana Kievit @ akievit1@sympatico.ca if you are interested in purchasing any of the items

toques @ \$10.00

green shirt @ \$14.00

orange shirt @ \$17.00.

50th Anniversary pins @ \$2.00.



This would be good for Ottawa members, but I have been known to go to Kemptville, Smiths Falls and Perth for deliveries but Contact Adriana for all the details if you are interested.

Memorabilia

The above is the remainder of the 50th anniversary items that is left for sale.

For other items please go to the website at the following link:

<https://www.rideautrail.org/shop/>

Take a break from the world or when on a break on the trail, and have fun completing the word search. How fast can you find all the words?

RIDEAU TRAIL WORD SEARCH

G J B E K J W E P N I F V M B H M F O P M W J H Z K L G D F
A I E E H P O C H A L L E N G E T M G R I K I O X S Z U G D
V R A I I C O Q B Y N I O I S L J B T O G A R R J W A Z P L
Y J R W T B S A B N Y D D E M G R A U V E T G I J O I Y Q K
N A P S M N W R R X T F A D L R R D L I L A Y V Q W H Q R I
Y H Y B N P A Y D U W U W U P E T G D N N R O A F L V B I H
P C B K B T G B B Z J U A F W E X E J C H O F V U V K U D B
V H F U H H N D Z B L G G L Z N K S N I R K G N Y I I K E S
J I M J S M I T Z A U G R Q H B T B G A W W T P C Z N Z A G
Z D O W R H N L T G Q A M G C E R N M L V I W W T I G U U G
D F D G A G W I X R O B R P T L R M W P F O L E Y Y S F Z N
L J A E Y U A A E Z O Y N D A T X C R A S O H B K D T W M U
Z D O S C O F Q C S W M X N A M E Z R R O S L T J S O H S C
Z U S M V T H R I K N A K G H W U K R K H Y Q W A M N Y G A
M V O Y V T Y H A Z F U D L S G S R R E O J F D S D K D X N
R G E U H A F M F O Y U C A K R Z A P Y V J M C I N V C U A
L P M W L W R O I D A Y H A Z F D E I H B E H E Z P A M R L
Y N E C M A A K Y K H I K I N G Q Y Z G Y R P F F H C K K T
W H Y R X A R W I O T S H S Z B H D D Z V S Q X D H F A E N
N W Z R T L K B U T H N E W S L E T T E R R Q B U A V H L Q
Z X H J H H A B U G C B Q R U T J F S I I E H O T X R B K T
T P C J S U L L R O P H Z F E M A T K M T U W C F A P P W F
G K X J L K Z E L X W P I A I N Y C Q S P Y E S M Q Y E C R
R T W X L D G T A Y B N F S I C A T A R A Q U I W F L F H O
C S Q C X Q T P R D T Q X G S A E L V Q T H E H E D L J G N
A L G O N Q U I N A E L M G F I N O D Y T V A J L W A W J T
E P N E L H P W Y X I R P Y V V P U R Q O C J J G T L G V E
D D C X R Q Z S X E Z L K G D G Y P N O P X Z A I M X U D N
I W A I A A L H S Q E I N F I N L W I J J W I E Q G D C C A
A Q J X M Q K Q T J Q R Z A Y Y M J A W J F U T E K J D I C

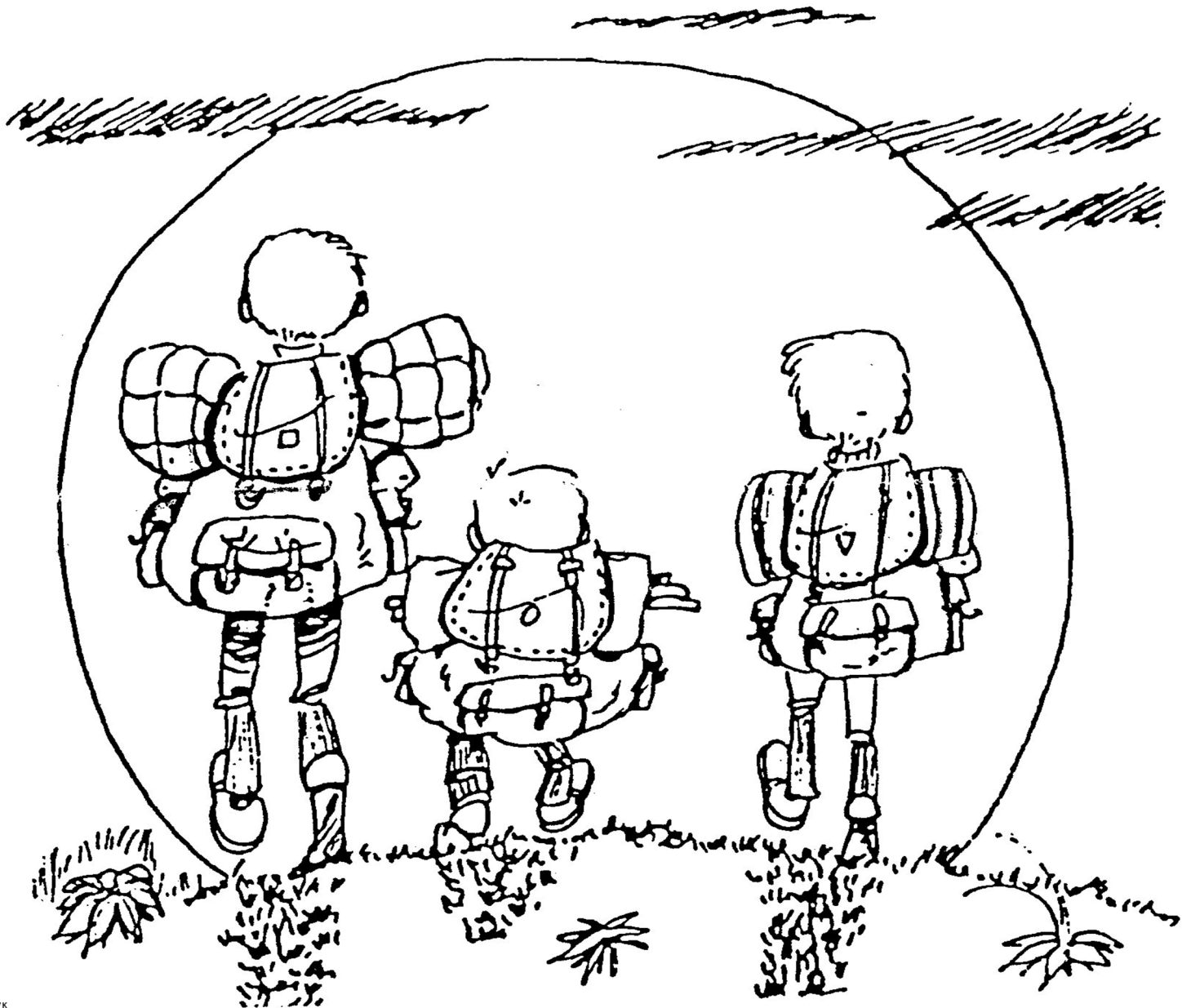
PROVINCIAL PARK	KITCHISSIPPI	NEWSLETTER	CHALLENGE
ALGONQUIN	KATAROKWI	CATARAQUI	FRONTENAC
GREENBELT	KINGSTON	BUSHWACK	LEADER
RIDEAU	MURPHYS	BADGES	HIKING
OTTAWA	LALLY	SNAKE	TRAIL
CANAL	ODAWA	PERTH	BEAR
TAY	FOLEY	50TH	E2E

Email the newsletter Editor if you require the answer

Green Badge deadline Extended

Please note that the Green badge deadline was extended until November 31, since the lockdown may have curtailed hiking in the spring!

Please get your logs sent into your respective badge officers in your club as indicated in the newsletter by mid December.



MVK

**COLOURING FUN FOR THE KIDS
OR THE KIDS AT HEART**

HUNTING SEASON

BY RUSTY BASSARAB, TRAIL COORDINATOR

It is now
**HUNTING
SEASON**
We suggest that you
WEAR ORANGE

Included in the activities that come with fall in Canada are a series of hunting seasons, each one for various wildlife species and some with limitations on what weapons can be used for hunting. In our part of Ontario these stretch from September all the way until the end of December, though generally the season that has the biggest impact to RTA trail use is deer season.

Between Oct 1st and Oct 31st it is limited to bow hunting, then from November 1st to November 14th rifles, shotguns and muzzle loading guns can be used in addition to bows.

It is important to remember that the lands that our trails go through do not belong to the RTA, they belong to various kinds of landowners. In some cases, the properties are owned for the specific purpose of being used for hunting when hunting is authorized. This does mean that portions of our trails will not be usable during hunting season. Your representatives at both Club and Board level will be corresponding with landowners to try to ensure that we know what properties/portions of the trail will be closed for what dates. We will be posting known restrictions to the Trail Alerts portion of the RTA website.

We do not always find out that hunting is permitted and taking place in the area of our trails. So, for safety's sake it is preferred that RTA hikes during hunting season, particularly during the November 1-14 period, are conducted in Provincial Parks, Conservation Areas, public areas and confirmed areas where there is no hunting. Through hikes of the entire trail should NOT be undertaken in this time frame.

Hike leaders/hikers should do the following do the following:

- Check the Trail Alerts portion of the RTA website to ensure that where you plan on hiking has not been officially closed.
- Even if there is no specific alert, efforts should be made to ensure that there is definitely no hunting in the area of the proposed hike.
- Wear bright/easily visible clothing.
- Look for any signs indicating that an area is closed or that hunting is ongoing AND DO NOT PROCEED IF THERE ARE SIGNS!
- Look for any evidence that hunters are in the area and leave that area if there is such evidence.
- Do not bushwack or leave the trail.

If you do find areas where hunting is taking place that are not covered in the Trail Alerts, then please advise the RTA Trail Coordinator at trailcoordinator@rideautrail.org

NEWSLETTER SUBMISSIONS

If you have a story, picture, tall tale, interesting tidbit of information about your recent hike along the Rideau Trail please let us know and we may add in to the next Newsletter. We will love to hear about what brought you out on the trail, what interesting people, places, creatures or plants that you wish to share with fellow hiker?

Send your submission to newsletter@rideautrail.org

Let us know the date, location and names of the people in your submissions.

Thank you in advance

Rideau Trail Association End-To-End Awards (E2E) - 2021

The following Rideau Trail members completed their End-to-End hikes and will receive their awards at the 2021 AGM or by mail.



Award Number	Name of Hiker	Start Date	Finish Date	RTA Club
576	Jordan Berard	Aug 8 2020	Aug 21 2020	N/A
577	Marcus Yu	Aug 8 2020	Aug 21 2020	N/A
578	Qianming Yao	Oct 18 2020	Feb 27 2021	Ottawa
579	David Skinner	Mar 22 2020	Mar 13 2021	Ottawa
580	Mary Hagerman	Mar 22 2020	Mar 13 2021	Ottawa
581	Stephen Chappell	Jul 23 2016	May 2 2020	Ottawa
582	Martin Coulombe	Jun 28 2020	Aug 9 2020	Ottawa
583	Mike O'Connor	Sept 21 2020	Oct 6 2020	Ottawa
584	Margaret Corner	May 22 2019	Oct 28 2020	N/A
585	Jacqueline Van Dyke	May 22 2019	Oct 28 2020	N/A
586	Sam Howard	May 20 2019	Oct 4 2020	Ottawa
587	Eric Chan	May 20 2019	Oct 4 2020	N/A
588	Glenda Collings	May 21 2019	Oct 28 2020	N/A
589	Amy Tenbult	Aug 18 2020	Oct 16 2020	Ottawa
590	Jim Vanden Hoek	Aug 26 2018	Oct 14 2020	Kingston
591	Bonnie Lewis	Oct 10 2016	Oct 20 2019	Kingston
592	Natalie Feldman	Apr 10 2020	Oct 30 2020	Ottawa
593	Brittany Wiwat	Apr 10 2020	Oct 30 2020	Ottawa
594	Mutsumi Okada	May 22 2020	Oct 4 2020	Ottawa
595	Suzanne Runciman	Apr 24 2020	Feb 25 2021	Central
596	Xinyu Qiao	Oct 18 2020	Feb 27 2021	Ottawa
597	Shelly (ZhaoHui) Ying	Oct 18 2020	Apr 2 2021	Ottawa
598	Annet de Boer	Jun 1 2020	Nov 6 2020	Ottawa
599	Evert de Boer	Jun 1 2020	Nov 6 2020	Ottawa
600	Bea Vandermeer	Jun 1 2020	Nov 6 2020	Ottawa
601	Harold Vandermeer	Jun 1 2020	Nov 6 2020	Ottawa

Ruth Oswald wanted to share these comments from an E2E finisher:

"First off, I just want to thank all those that are involved in maintaining this trail, both on the trail itself and behind the scenes with the association.

I ran the Rideau Trail from Ottawa to Kingston starting Jan 1st, 2021 and finishing on Jun 5th, 2021, and it was a very cool experience to say the least.

Definitely some power hiking involved in the winter months in the deeper snow, and then with some of the hills and rocks in the Rideau Lakes and Frontenac areas.:

Thanks again, and hope to go back and hike some of those very scenic areas again, so many amazing views!

-Author Unknown, but thank you for your kind words

The following RTA Members have completed the Winter End to End and will receive their awards at the AGM in 2019 or by mail.



Award Number	Name of Hiker	Start Date	Finish Date	RTA Club	Comments
106	Diane Giguère	Jan 5 2019	Feb 14 2020	Ottawa	
107	David McNicoll	Jan 5 2019	Feb 14 2020	Ottawa	2nd time
108	Janice Dowling	Jan 5 2019	Feb 14 2020	Ottawa	2nd time

*"Walking: The Most Ancient Exercise And Still The Best
Modern Exercise"—Carrie Latet*

PM40022816
Return undeliverable Canadian
addresses to:
RIDEAU TRAIL ASSOCIATION
PO BOX 15
KINGSTON ON K7L 4V6



RIDEAU TRAIL
ASSOCIATION

RESPONSIBLE HIKING

Protect the environment while exploring all the Rideau Trail Association has to offer by following, and sharing, these tips.



1. Plan Ahead

Research your hike. Check for trail closures or changes. Plan an alternate destination in case you find the trail or trailhead busy. Pack essentials like water, food and clothing layers.



2. Park Safely and Legally

If a trailhead parking lot is full, do not park on the road. Where roadside parking is allowed, park only in designated areas. Do not block driveways or farm gates.



3. Stay on the Trail

Staying on the marked trail will ensure that you remain safe, sensitive vegetation is not damaged, and relationships with private landowners along the Trail are not strained.



4. Pack Out Your Trash

Pack out everything you pack in, even biodegradable items and toilet paper. Bring trash home if bins are full or unavailable.



5. Leave Nature as You Found it

Leave rocks, mushrooms, plants and other natural objects where you find them. Avoid open fires or leaving your mark on trees or rocks. Do not feed or disturb wildlife.



6. Manage Your Pet

Leash your pet at all times on the trail. Pack out the poop. Watch for trail signs showing areas where pets are not allowed.



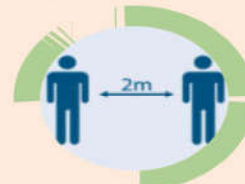
7. Be Mindful of Private Property

Landowners graciously allow trail users to cross their property. Trespassing or misuse of the trail, could lead to a request to remove the trail from their land.



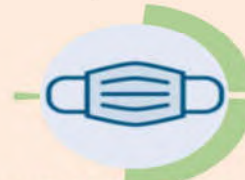
Stay Close to Home

Avoid travelling outside your region until health regulations permit.



Practice Physical Distancing

Wear a mask when you cannot stay 2 m apart.



Follow COVID-19 protocol

Obey the latest federal, provincial and local restrictions.

Next Steps for Responsible Hikers:

Avoid times and places of high use:

Visit less popular spots. Consider visiting popular destinations in off-season, mid-week, or earlier/later in the day.

Share messages:

Share your commitment to responsible hiking, on the trail and off. Show thanks to those who are practicing responsible hiking.

Leave the Trail better than you found it:

Take the extra step and (safely) pick up trash you find on your hike.

Welcome other trail users:

Everyone's experience in nature is unique and personal. Help encourage an inclusive community of outdoor explorers.

LATE ADDITIONS:

Sorry but this information was added to late or was missed in the Printed Copy and is only available in this Electronic version.

Annual General Meeting (AGM) / 50th Anniversary Celebration

It was postponed due to Covid and will now happen on Saturday 28th May, 2022 in Kingston at the Royal Military College (RMC), Please stay tuned for the winter newsletter for more information.

Membership Coverage

The Rideau Trail Association is looking for a backup person in the membership position for Vacation Coverage, If you are interested in assisting and would like more information, please contact us at membership@rideautrail.org

Vacant positions on the RTA Board

help us build on 50 years of hiking

The RTA Board has two important vacancies to fill immediately:

Treasurer: Supports the Board by providing quarterly financial reports, coordinates with the club treasurers, maintains accounts for the Association and ensures that funds are properly used within the Association.

A more complete description of the tasks of the treasurer can be found at:

<https://www.dropbox.com/s/g5v5m7ce3hs0363/Chapter%203-3%20Treasurer%20%283%29.pdf?dl=0>

Vice-president: Works with the President to ensure the Association functions effectively. Takes on the duties of the President, including chairing board meetings, when she/he is absent, takes on special projects as required and prepares for taking on the role of President. The Vice-president is a key leader within the Association and the position allows you to build your knowledge of the organization and management experience.

<https://www.dropbox.com/s/k112kabbqgi1ig6/Vice-president%20job%20announcement%20.docx?dl=0>

In addition, we are starting to look for our next President. Are you ready to step forward and help guide the RTA through the next two or three years. To learn more contact the current president, Sharen Yaworski at President@RideauTrail.org , or Brian Grant PastPresident@RideauTrail.org or visit our website, www.rideautrail.org.

Thank you in advance

The Rideau Trail Association Executive