



Rideau Trail

Newsletter



Spring 2022

Issue No. 203



Mr. Blue Jay patiently waiting for spring, enjoying a 50 year old copy of the newsletter (spring 72).
A bit behind in his reading

52nd Annual General Meeting



**When: Saturday June 11th 2022
@0930**

**Where: RMC Senior Mess Hall,
Kingston**

**After the AGM we will celebrate our
50th Anniversary with a Luncheon and
Enjoy having members from all 3 clubs
meet once again after a long Covid
absence.**

**Mark your Calendars
Let's meet Face to Face once again.
More info to come next newsletter.**

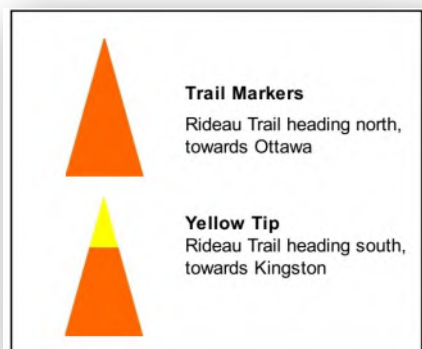


Membership Renew ***Rideau Trail Membership Director. Mr Evert de Boer***

The Rideau Trail Association (RTA) is run solely by volunteers. Did you know that during COVID, the Rideau Trail was always 'open' (except during hunting season). The RTA will continue to offer great outdoor hiking opportunities in Eastern Ontario. But we cannot do this without your support, therefore please renew your membership.

If your membership expires on March 31, 2022, than you received in January an email with a reminder to renew your subscription. About 200 members have done so – thank you very much. Early renewals are great as it reduces the renewal rush in March. The expiry date of your RTA membership can be found at the bottom of the email with the newsletter notification. If this reads as follows: “Your membership is valid until 03/31/2022” than please renew your membership by following this link

<https://www.rideautrail.org/renewal/>. If you receive a printed copy of the RTA Newsletter, and don't know the expiry date of your membership, please contact Evert at Membership@rideautrail.org.



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 for a week of back-
 country hiking at
WHITEMAN PASS in
BRITISH COLUMBIA



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 1-866-445-3774

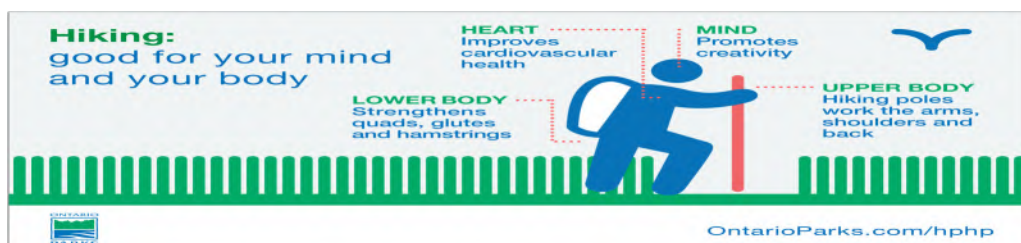
END 2 END



Here are the planned dates and locations for this years E2E, this is subject to change so please consult the [TEAMUP Calendar](#) for current details .

DATE 2022	CLUB	E2E #	Start	Stop	Km	DESCRIPTION	Leader
March 12, 2022	Kingston	1	1A	2A	18.1	City Hall to McIvor Rd	Lynn Esau
March 19, 2022	Kingston	2	2A	3A+	14.2	McIvor Rd to Murton Rd	Cathy Cummings
March 26, 2022	Kingston	3	3A+	4A	15.7	Murton Rd to Freeman Rd	Jim Moss
April 2, 2022	Kingston	4	4A	4F	15.2	Freeman Rd to Salmon Lake Rd	Dean Avery
April 9, 2022	Kingston	5	4F	5D	15.0	Salmon Lake Rd to Maple Leaf Rd	Nancy Hunter
April 16, 2022	Kingston	6	5D	6A	17.0	Maple Leaf Rd to Skycroft Access Rd	Bill Ottney
April 23, 2022	Kingston	7	6A	6D	13.5	Skycroft Access Rd to Bedford Mills	Bill Ottney
April 30, 2022	Kingston	8	6D	7D	17.3	Bedford Mills to Westport Lion's Club Beach	Jim Moss
May 7, 2022	Kingston	9	7D	8C+	13.5	Wesport Lions Club Beach to Narrows Lock	Jim Moss
May 14, 2022	Central	10	8C+	9B	16.5	Narrows Lock to Lally Farm	SUNDAY HIKE for AGM
May 21, 2022	Central	11	9B	10A	12.9	Lally Homestead to McLaren Pt Rd	
May 29, 2022	Central	12	10A	10D	11.8	McLaren Pt to Conlon Farm	
June 4, 2022	Central	13	10D	11C	16.8	Conlon Farm to Port Elmsley	
June 11, 2022	Central	14	11C	12E	20.4	Port Elmsley to Rosedale Hall	
June 18, 2022	Central	15	12E	13E	16.5	Rosedale Hall to Merrickville	
June 25, 2022	Ottawa	16	13E	14C	12.5	Merrickville to Paden Road, Burritt's Rapids	
July 2, 2022	CANADA DAY WEEKEND OFF						
July 9, 2022	Ottawa	17	14C	15B	12.4	Paden Road to Roger Stevens E3 parking	
July 16, 2022	Ottawa	18	15B	16A	13.3	E3 parking Roger Stevens to Jock Trail	
July 23, 2022	Ottawa	19	16A	17B	15.4	Jock Trail to Eagleson Road	
July 30, 2022	CIVIC HOLIDAY WEEKEND OFF						
August 6, 2022	Ottawa	20	17B	18C	10.6	Eagleson Rd to Old Richmond Road	
August 13, 2022	Ottawa	21	18C	19A	14.2	Old Richmond Road to Carling Avenue	
August 20, 2022	Ottawa	22	19A	19H	14.2	Carling Avenue to Ottawa Locks	
August 27, 2022	TBD					51K Challenge/ 12 +12 Challenge	
September/October							Frontenac Challenge

327 Total
 14.9 Average per day



Holiday Party Supports Kingston's Homeless Youth



On Dec 7, RTA Kingston Club members gathered in the Spearhead Brewing Company's cozy taproom to celebrate the festive season and to enjoy some trail talk and a brew with friends old and new.

In the holiday spirit of giving, that evening we also held a fundraiser for the Kingston Youth Shelter. The City of Kingston is struggling to provide affordable housing, support and basic services to its growing homeless population. The KYS offers 18 beds, nutritious meals and counselling to homeless or precariously-housed Kingston youth between the ages of 16 and 24.

When the evening was over, my car trunk was brimming with bags and boxes of personal care and non-perishable food items, clothing, warm winter accessories, holiday treats, and much more. We also held a raffle for some member-donated prizes and raised an additional \$220 in cash for the KYS.

Warmest thanks to Kingston members for your support of our city's most vulnerable youth.

Sharen Yaworski



Comfortable Hiking Holidays

Hike an adventure. Rest in comfort.

WE'RE READY! ARE YOU?

When you are ready to return to international hiking, the company you book with is now more important than ever.

Here's why we think you should travel with us:

- We are a small, family-run Canadian company that has been in the hiking business since 1986
- Small group sizes (15-20 guests)
- We personally lead/accompany every trip
- 70% of guests have travelled with us before!
- COVID safety protocols in place for all trips

Our 2022 hiking holidays have been filling up quickly and all that is missing is YOU!

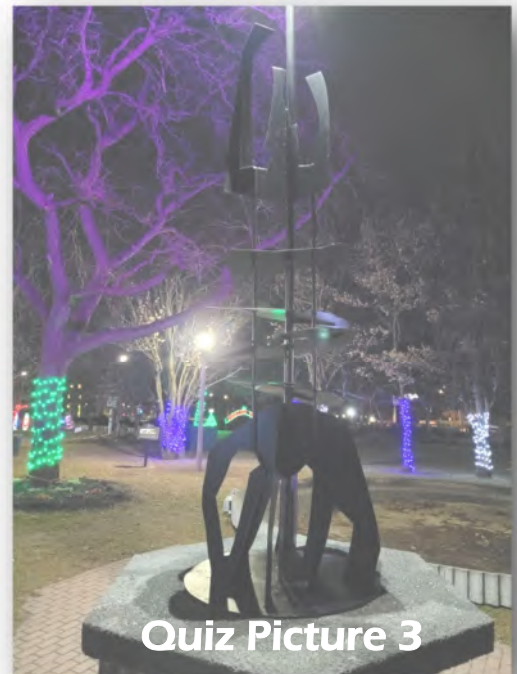
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Quiz Picture 3

Highlights of RTA Board Meetings January 25 and January 31, 2022 *By Ruth Oswald, Secretary*

Board News

Rusty Bassarab, Trail Coordinator, introduced a document summarizing the coordination of responsibilities between the RTA Board and RTA Clubs. This document will become a resource in the RTA Executive Handbook.

ONCA (the Ontario Not-for-Profits Corporation Act) requires all Ontario Charities to update bylaws by Fall of 2024. A working group led by Brian Grant (RTA Past President) is beginning review of RTA bylaws. An initial set of recommendations should be presented at the 2023 Annual meeting of the Association. The Board continues to seek a Vice-President who would step up as President in 2023.

Marketing and Communication

The RTA Marketing and Communications Director, Dilhari Fernando, has stepped down due to work commitments. Candidates for this position should contact Brian Grant PastPresident@rideautrail.org

Rusty Bassarab, Trail Coordinator, has taken the lead on the website re-build project. Volunteers are needed for editing content and a variety of other

tasks, as well as webmaster. If you can help, contact

TrailCoordinator@rideautrail.org

The board authorized the Website Working Group to enter into a contract for the website design and development.

Treasurer

Cheryl O'Connor reports that budgeting for 2022-2023 is in progress.

Trail Coordinator

Waypoint sign installation will continue in the spring in the Kingston section.

A trail structure inventory has been completed and the structure information will be added to Google Earth.

Membership

Total members as of January 1, 2022 is 1,342.

In January 2022, we sent out an email reminding RTA members to renew their membership before the March 31 year end.

Renewal is now a simpler one-step process (as opposed to the two-step

process when membership renewal was first automated).

In February and March, a reminder email will be sent out to members who have not renewed yet. A final reminder email will be sent in April.

The 'Renew' process at the RTA webpage has been changed and makes use of the one-step process.

**Next regular board meeting:
Tuesday March 1, 2022, 7:00
pm (virtual).**



Cover pic, taken Jan 29th on the Lime Kiln blue loop between 18A and 18 B on the Ottawa Greenbelt by Peter Weir (Newsletter Editor)

The following are the names of recipients of the Green Challenge badge since the last newsletter.

Central

Carolyn Lunn and Simon Lunn

Kingston

Bonnie Lewis, Linda Guthrie, Jim Moss, Lynn Esau, Karin McInnis, and Robert Tolley

Ottawa

Robin Andrew, Paul Nichols, Megan McEwen, Luc Bouchard, Joelle Crook, Erl Cassells, Stephen Chappell, Sharon Rouatt, Katherine Bobyn, Kelly Howell, Kate Major, Jennifer Kaspardlov, and Anita Grace.

WELL DONE TO ALL THAT HAVE ACCOMPLISHED THE CHALLENGE



The Executive would like to pass on to all that as of Feb 2022 the Outdoor Company SAIL sadly will no longer be offering a discount to RTA Members. All other discounts are still valid.



QUIZ

Mr. Jim Moss has provided three pictures that are placed in the newsletter.
? Can you identify where the three pictures taken, they are all right on the trail, but where?
For the one with "Poole", what is the 'other name' of it?

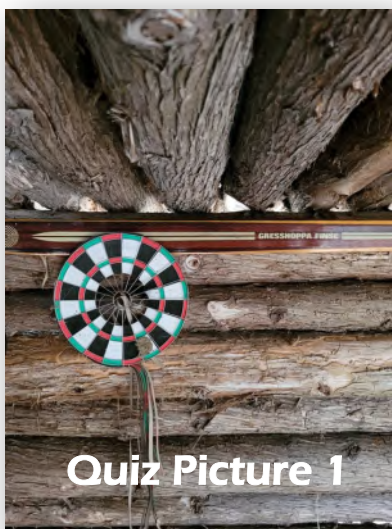
As well as the locations. The Person who thinks they have the correct answer can email Jim at the email below . Jim will send the winner a \$20 gift certificate to the sports shop of their choice. If there is more than one correct person whom can identify all three, the names will get drawn out of a hat to pick the winner

Only one prize will be awarded !

If you know the answer

email Jim Moss @ email : jwmoss@hotmail.com

Best of luck to all



Quiz Picture 1

experience The East Coast Trail with Brown Rabbit Walkabout

Hike 250 kms of
beautiful coastal trails
on the Avalon
Peninsula in
Newfoundland
with our help.

We provide
transportation from &
to St. John's Airport,
to and from trail heads,
and three meals a day
with accommodations.

For prices and
information contact Isabella
and Bill



Phone: 1-709- 334-2208

Email: brownrabbitcabins@gmail.com

Fax: 1-709- 334-3601

www.brownrabbit.nl.ca

7 Tips to Make Your First Hike Successful

1. Start easy and find a good trail that meets your fitness level. ...
2. Check the weather. ...
3. File a trip report, or tell someone where you are going and when you will be back. ...
4. Pack the Ten Essential (Appropriate footwear, map and compass / GPS, water, food, rain gear, safety items, first aid, knife, sun protection, shelter (bonus trash bag). ...
5. Function over fashion. ...
6. Drink and eat well. ...
7. Follow trail etiquette aka Leave No Trace. (reason for Bonus Trash Bag)

Stay safe and health on the trails, and Respect fellow Hikers, Landowners and the Environment.

BACK ISSUES

Not that type of back issue, but paper back issues of the RTA Newsletter. If you have been collecting printed copies of the RTA Newsletter and have missed a few of the recent copies or would like to read it in paper form instead of digital, limited quantities are available.

They begin around 2015. If anyone wants a few, free copies for distribution or a particular issue for their collection, they can email the Editor: newsletter@rideautrail.org



50K in 2021, and so 51K in 2022?

The 50K was a huge success in 2021. Thanks to Rusty and his team for making a great day. Discussions have started about doing 51K in 2022, but spread out over two days, just to make the organization much easier:

- Will be two hikes on same weekend, Saturday and Sunday, approx. 25.5 km each
- Proposed Dates are August 27th and 28th, between the finish of the E2E and the start of the Frontenac Challenge
- Potentially shorter 13 + 12 km hikes for folks who still want a challenge, but not so extreme
- Will just be 'standard' hikes – no refreshments or check ins 'en route'.
- Hikes will be posted on Team Up as usual.
- Goal is to make Saturdays hike suitable to allow for dinner/drinks after for socializing.
- Working to identify circular routes with lots of parking. Avoid Car Pooling.

If anyone has any route suggestions, please e-mail me at jjwnmoss@hotmail.com

Alas no badge, 😞 but maybe some small token of accomplishment
More to come...



A Sign of Winter



Here in the Town of Perth, the Rideau Trail is as busy in winter as it is in summer. In this photo, the trail passes the Crystal Palace beside the Tay River. it is a popular route for short-distance and long-distance hikers as they navigate the snowy pathway.

Photo taken 24 Jan 2022 Jack Tannett

A WALK IN THE WOODS

poem by Jean Sunter, Ottawa Club



*A variety of trails are offering upon reaching the trail head
undecided as to my direction.*

*Mist, stillness, a feeling of calm, something mysterious
coming in many guises.*

Shapes beginning to take form.

Tall tree trunks, upright, slanted, fallen.

Shades of brown, charcoal grey and intervals of white.

Spreading branches receiving the emerging sun.

*Scattered snow patches remain
though promises of spring are apparent
with fresh green sprouts emerging.*

Chipmunks out of hibernation, frolicking, pouncing, always in a hurry.

*Will the barred owls return to their former nest in a large whole
noticeable in a distant white birch?*

The male always guarding and bringing food to its pregnant partner.

*The brave, adorable winter-wise chickadees
calling to each other and to us
for a handout of sunflower seeds, willingly given.*

*Now to go my way, having made my decision,
I venture forth into nature's mysteries.*

*Trust that you are enjoying your walks. For me the woods are always
welcoming*

Jean

Welcome to all the new members of the Rideau Trail Association,
lets all "Take a Hike" together.

Ottawa Club:

Helen Apouchtine
Luk Arbuckle
Ariane Asselin
Sue Bennett
David Callum
Lucie Chartrand
Elaine Clark-Rapley
Gillian Cooper
Lynne Cyr
Alice Deschamps
Susan Dobson
Jennifer Doubt
Mark Doyle
Jim Fraser
Laurent Frerebeau
Hugh Gale
Juliana Genova
Audrey Girvan
Paul Hughes
Janet Irwin
Martha Julien
Wayne Larson
Elspeth Nickle
Susan O'Connor
Sarah Potheary
Marie-Claude Savoie
Judith Smith

Melissa St. Louis
Ron St. Louis
Kevin-Joseph Sullivan
Yimeng Tong
Michael Urminsky
Jason Vallis
Nancy Wasserman
Harold Yule
Sylvia Zhang

Central Club:

Doug Estok
Vicki Fraser
Marianne Mullan
Susan Routliffe
Ashley Stewart
Roy Sunstrum

Kingston club:

Sharon Ansell
Peter Bedoukian
Brenda Benishek
Mark Chojnacki
Linda Dishy
John Donoghue
Nancy Fynn-Sackey
Jeremy Howarth

Louise Langlais
Mike Linington
Debbie Linton
Bridget Mode
Catherine Nash
Gordon Norton
Michele Parker
Susan Sampson
Julie Smith
Patty Theriault
Janet Trost
Arnold Vandermeer
Diana Wilkinson

No club affiliation:

Jamie Austin
Alessandro Galeone
Steve Parry
Shelley Taylor
Diana Wyatt



Quiz Picture 2 (Poole)

Mammoth Cheese

If you are in the Perth area and happened to be walking the Rideau Trail, there is an interesting little stop if your like Curiosities, and have a hunger for a bit of cheese and local history.

<https://www.beautifulperth.com/mammothcheese.html>



IN MEMORIAM- PETER MITCHELL MURRAY



Peter & co. on the Rideau Trail 40th Anniversary Carry-the-Stick relay in 2011 Stan Huff photo

The family of Peter Murray announce, with great sadness, his recent passing in his 94th year, from advancing pulmonary fibrosis. Peter is survived by his wife Nancy of 67 years, sons Bruce, Hugh (Marguerite), and Andrew, eleven grandchildren and 5 great grandchildren.

Peter grew up with a love of the out-of-doors and all things natural, which led him to a University of New Brunswick B.Sc. Forestry degree in 1952. Married in 1954, Peter and Nancy, spent most of their life together in Huntsville, ON, Sault Ste. Marie, ON and in retirement in Gananoque, ON.

Peter was an enthusiastic skier, curler, hiker, sailor, paddler, historian and a noted lover of trees. Over the years, Peter received a number of significant acknowledgments for his volunteer service. He was always happy when out with "the boys" in the bush, on the hiking trail or on the road. Peter will be missed his oft repeated corny witticisms, and his love of family and close friends.

Peter was a long-time member of the Rideau Trail Kingston Club and a charter member of the "Gananoque Connection". Peter was a pioneer in involving Gananoque residents in RTA Kingston Club projects and events. Peter, in partnership with fellow Gananoque residents Ray Wilson, the late John Cornish, and the late Tony Parfitt, among others played a key role in the Marble Rock blue loop project as well as the Gananoque Trail system.

Arriving at a hike, Peter was noted for striking a dashing figure rolling up in his green sports car. His favourite "trail gear" included a pair of rubber boots and at an unexpectedly cold August camping outing in Algonquin he chose to wear shorts over his long Johns. "What works in New Zealand will work here." Many of us who accompanied Peter on an outing vividly remember his extensive knowledge and love of trees, whether it be on a walk through Queen's University campus, our 40th anniversary Carry the Stick event, or on his excursions along the Bruce Trail where your editor learned of a wildflower called pussy toes. Doug Bickerton, who was Peter's travelling companion on this outing broke into song with the jazz standard: Popsicle Toes. Great memories of an exceptional human being.!

No specific donations were requested by Peter's family, other than to plant a tree in Peter's memory. If you wish to donate to the RTA towards planting a tree in Peter's memory, please allocate your RTA donation to: Peter Murray tree planting Rideau Trail Kingston Club.

With thanks to Bill Murdoch, Stan Huff, Audrey Sanger, Bob Chadwick, Audrey Kilpatrick, and Linda Line for their background information and photos.

Hiking the Rideau Trail end to end – a great pandemic project!

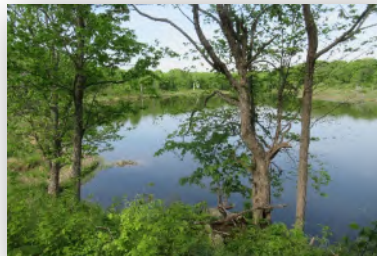
Years ago, while in my teens, my friend Colombe and I backpacked from Ottawa to Smiths Falls on the newly developed Rideau Trail. I thought it would be nice to complete the journey but never got around to it until recently, when local leisure activities became the only option. The 327 km end-to-end trek seemed like a worthy pandemic goal.

I started in front of Kingston City Hall at the end of March and hiked an average of 10 km a day two or three times a week, through snow, rain, bugs and heat. At first, I did this alone, since carpooling was discouraged due to the pandemic. I had to backtrack to get back to my car, so progress was slow towards the end of the trail at Ottawa's parliament buildings. As the weather improved, I began dropping my bike at the end of my route, then cycling back to the car, thus increasing the distance I travelled towards my destination.

Although there was a certain *Zen* quality to walking alone, I looked forward to hiking with others. I completed the Murphy's Point section with a family member and a friend, and eventually went on the Rideau Trail Association's (RTA) Facebook site to seek out other hikers. Ottawa area RTA members, Gert, Viola and Charlene, joined me for most of the Central and Ottawa sections and I completed the end-to-end challenge in mid-August, after logging 444 km. I am grateful to my hiking buddies for the company and their help with car shuttling, which really sped up the process.

If you are looking for a challenge of this type, you will enjoy a variety of beautiful scenery and opportunities to learn about the history of the area, particularly the Rideau Canal, a UNESCO World Heritage site.

Suzanne
Kingston



TRAIL INFORMATION



General

We are continuing to face some difficulties in terms of both temporary and permanent changes to our trail routes. In some instances changes result in less desirable route options (hiking alongside roads rather than on trail through woods and fields). We will continue to try to find better solutions in these areas – where possible.

There have been a number of strong windstorms in the last few months that have resulted in many trees being blown over. Not surprisingly, some have fallen across our trails. Once better conditions are here then efforts will commence to clear our trails. If you come across areas where work will be required, then please advise your club trail maintenance coordinator of location (s) and details. If you are unsure who that is then send the information to the RTA Trail Coordinator.

Reroutes

Kingston Sector. The City of Kingston is putting in a new sewer trunk line. The construction efforts mean that there will need to be a temporary reroute inside the city, likely for the period February to November 2022. Once construction is complete then we will go back to using the normal route. Full details are on the Trail Alert page.

Central Sector. A new landowner has not granted the RTA permission to cross their land. This has resulted in a reroute between 11A and 11B (details on the Trail Alert page). As this reroute means more hiking alongside roads, Central Club have been looking into alternative options and are working in liaison with Township officials in that area. No firm alternatives can be confirmed until the snow is gone and more detailed assessments can be completed.

Ottawa Sector. The Ottawa Club efforts to find a better long-term solution for a reroute between RT 14B and RT14C have progressed well. Permission has been granted by a landowner to the West of the current route area, and an alternate route has been marked out. It is expected that this route will be confirmed, marked, and in use this spring. It is also planned that there will be a blue route between 14B and “The Stoney Steps” so that very scenic location will still be accessible.

Signs

The production of Waypoint signs continues. The ones for the Kingston sector, and half of the Central sector, have been produced. Many are already in location and the remainder to be put into position in the spring. It is hoped that it will be possible to have them all in place by the end of the year.

The effort to put in more Trailhead signs has slowed down somewhat. The issue is not the production of the sign itself, it has more to do with obtaining appropriate landowner permissions and the construction of an appropriate, and acceptable, structure to house the Trailhead signs.



RTA Trail Structures

Trail maintenance volunteers were busy in 2021 gathering an inventory of all RTA structures that support all of our trails. This includes stiles, boardwalks, bridges, and signage (not including trail blazes) that the RTA is responsible for, and would need to replace or repair in the future. The information includes location, description of the structure, and an assessment of the current state of the structure. There are close to 200 structure items that are involved. These inventories should greatly assist us with knowing what work is upcoming and where priorities need to be adjusted.

GIS/Expanded Trail Information

Efforts are ongoing to provide expanded trail information to everyone. This work is currently being progressed using Google Earth software. RTA information is being broken down into separate sets of information so that users can view the specific information sets that they are interested in. The key information sets include:

- All RTA trails and waypoint information (currently available)
- Map boundary areas (currently available). This will help users know which map area they are looking in (currently available).
- Potential parking areas (initial, incomplete version available). This will help with hike planning. By clicking on the parking symbol users can obtain more information about the parking area; including capacity, seasonal constraints and other information (can include photos).
- Water and toilet facilities (not yet available). This will show where water resupply and toilet facilities can be found along the trail. Again, by clicking on the appropriate symbol the user can find out additional information about each one.
- Camping/Overnight Areas (not yet available). This will show camping and/or overnight options for those wishing to plan through hikes. Additional information can be found by clicking on each symbol/icon.
- Trail portions with special restrictions (not yet available). This will show trail portions that have specific restrictions, for example, portions where no dogs are allowed.
- RTA Structures (not yet available). This will show, by sector, the locations and details of all RTA erected structures. This will primarily be for trail maintenance coordinators, but it could be made available to others with a specific need.
- Property Information (not yet available). This will indicate the approximate boundary areas for the various types of property that our trails cross. This information will be RESTRICTED in a couple of different ways. It will only be available to authorized individuals and some of the information will have to be cross referenced to other RTA documents. This is needed in order to properly protect some of the information. This particular layer will take the most time to put into place.

Please note that RTA maps will continue to be provided in their current format. It will take some time and effort in order to gather all of the information and to have it put into these different information groups in the Google Earth application. Hikers can help by providing information that is not currently shown on any of these aspects (not required for structures, that information has been gathered). Anyone with expertise in putting information into Google Earth and would like to assist should contact the RTA Trail Coordinator.

Curated Hikes by Brian Grant

10 km - Britannia Park to Corkstown Road, Ottawa

General location: west side of Ottawa starting at Britannia Beach, near Carling Avenue and Pinecrest Road. Search Britannia Beach in Google Maps.

Access: Greenview Avenue (an extension of Pinecrest Road) from Carling Avenue. After you park, the trail is to the south, a long, wide, sidewalk running through the park. Watch for the Rideau Trail markers.

Map and key waypoints: RTA map 18 and 19, See attached map segments. Start at 19B and walk to 19A, which is at Carling Avenue and is a 1.5 km hike. From 19A walk to 18H an additional 3.2 km. Total round trip is 9.4 km.

Facilities: There are two sets of washrooms, one at Britannia Park and another about 1.5 km down the trail at Andrew Haydon Park. As a bonus, both Britannia Park and Andrew Haydon Park have play areas for children, so you can bring them along. At Britannia Park you can enjoy the beach after your hike and, if open, there is a snack bar.

Parking: First parking lot is on the north side of Greenview Avenue and the second, a right turn at the stop sign near the Ron Kolbus Centre.

Public transit: The number 51 takes you into the park. Hop off at the end of the line by the Ron Kolbus Centre (low, brown brick building) and connect with the trail just south of the bus stop at the STOP sign.

Hike level: level 1 mostly flat; The shorter hike takes you 1.5 km to Andrew Haden Park, for 3 km round trip. You can continue from Andrew Haden Park for another 3.2 km, making a 10 km round trip.

Characteristics of the trail: The trail is wide and mostly paved. There is a section along the Ottawa River that is fine gravel.

The trail starts by following an earth berm with the Ottawa River on your right and some residential properties to your left. This upper trail is a shared path, so watch for bicycles and other self-propelled vehicles. After a short distance, the Rideau Trail veers to the left and takes you along the back of the residential properties through an enjoyable area with a good tree canopy, and no bikes. If mobility is an issue, or you are pushing a stroller, stay on the upper path and you will connect later with the marked Rideau Trail. On the upper path you can enjoy views of the river and it is worth taking this route on your way back.

After about 1.5 kilometers you will enter Andrew Hayden Park. A little way along you will see some low buildings. These are washrooms. There is a children's play area, to your right, just after you enter the park. If you want a short hike, turn around and head back to Britannia Park.

If you want a longer hike, walk towards the traffic lights in front and to your left and you will be able to cross Carling Avenue. The Watts Creek trail, which the Rideau Trail follows, continues for 3 more kilometers. Along the way you will cross Holly Acres Road at a traffic light.

This section of trail is an old rail line through some lush forest that sometimes provides a tree canopy for shade in the summer. It feels like you are out of the city, but there are houses nearby, you just don't see them. Part of the trail can be a bit noisy as you walk close to the Queensway, but the highway is mostly hidden from view, it is mainly an issue of noise.

Hiking is the answer, who cares what the question is

You have achieved half of your 10 kilometer hike when you suddenly come out of the forest at Corkstown Road and Moodie Drive.

Distance

Short hike to Andrew Haydon Park 3 km round trip

Longer hike to Corkstown Road, 9.4 km round trip

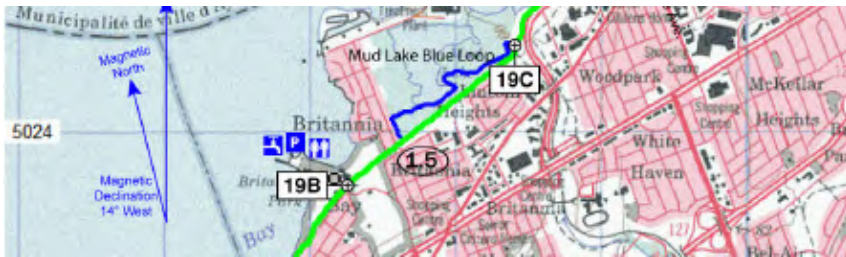
Other comments

If you arrive in the evening, you may get to see one of the glorious sunsets across the Ottawa River. You can also connect with the Poet's Pathway (<http://www.poetspathway.ca>) in the park. Not only have you completed a 10K hike, but you have walked the Rideau Trail, the Watts Creek Trail and the Trans Canada Trail. You may not ever walk the entire Rideau Trail or the Trans Canada Trail, but you have done a piece of each.

For cyclists, this is an easy path because it is wide. You can continue past Corkstown Road and travel to Kanata, or Bells Corners to connect with the Trans Canada Trail going west.

Note: If you have a favorite hike with good parking and other facilities let us know so we can add it to our list of curated hikes (pastpresident@rideautrail.org).

From Map 19



From Map 18



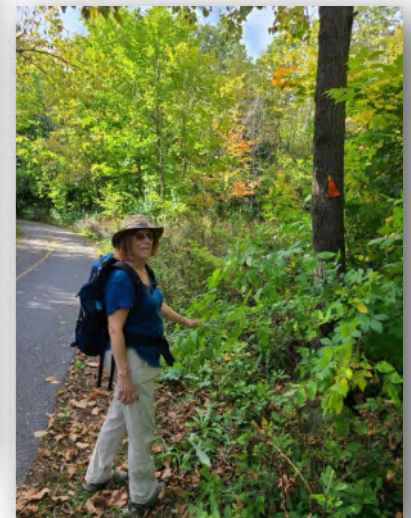
A shady Watts Creek Trail in the forest



Watts Creek Path—Clear Signage



Walking along the Ottawa River



Welcoming Rideau Trail marker to Kingston

TRAIL WORK

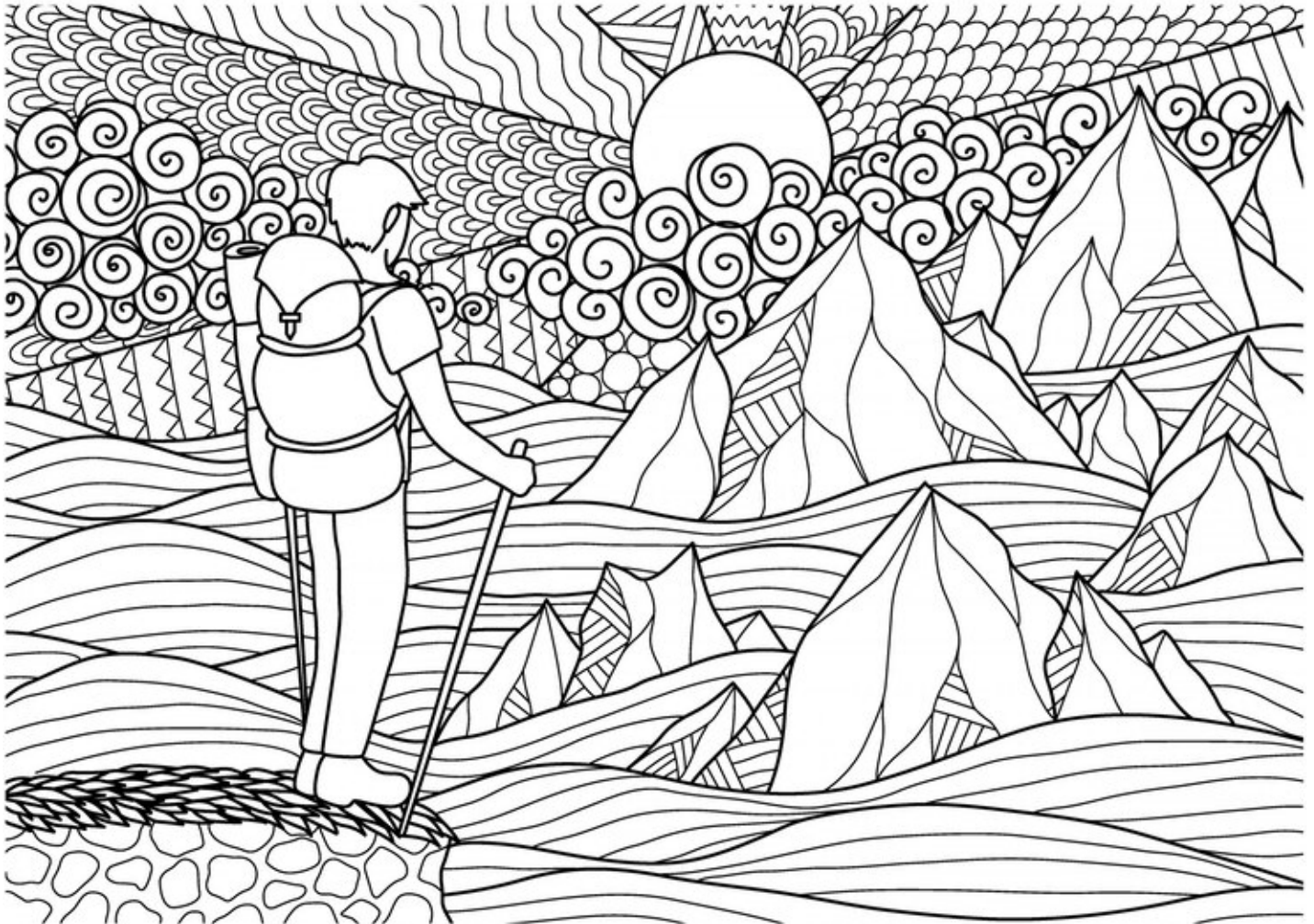
The 9th of Jan's great work at clearing the reroute of the Rideau Trail off of Paden Road to Dwyer Hill.

The photo of the 3 men - From left to right: Doug Parsons, Roger Reens and Kevin Reynolds. The dog in the photo is Radar (Kevin's pet).



Denise Hall

A little fun while you wait for spring to arrive. If you send the Newsletter editor a scan or clear digital copy of your colored picture, we will feature it for a future cover page on the Newsletter. Send the colored drawing to the RTA Newsletter Editors <newsletter@rideautrail.org> Open to all ages





P.O. Box 15 Kingston ON K7L 4V6
www.rideautrail.org

Electronic Mail: info@rideautrail.org

Webmaster: web@rideautrail.org

Telephone :

Rideau Trail Association: (613) 817-7295, text

Central Club: (613) 267-5756

Kingston Club: (613) 817-7295, text

Ottawa Club: (613) 860-2225

The RTA does not share its mailing list with other organizations.

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**Social Media
Admin. Help
Wanted**



Summer Newsletter: **Deadline May 1, 2022**

We want your submissions! If possible, text should be sent electronically with no document formatting. Pictures with good definition and contrast are most welcome.

Send material directly to the Editor, newsletter@rideautrail.org

Board of Directors

President: Sharen Yaworski, Kingston
(613) 449-2808 president@rideautrail.org
Vice President: * VACANT *

Past President: Brian Grant, Ottawa
(613) 225-8770 pastpresident@rideautrail.org

Secretary: Ruth Oswald, Ottawa
(613) 590-7467 secretary@rideautrail.org

Treasurer: Cheryl O'Connor, Ottawa
treasurer@rideautrail.org

Membership Director: Evert de Boer, Ottawa
membership@rideautrail.org

Trail Coordinator: Rusty Bassarab, Kingston trailcoordinator@rideautrail.org

Marketing/Communications: VACANT,
marketing@rideautrail.org

Club Chairs:

Central: Jim Middleton, Portland
central@rideautrail.org

Kingston: Barry Monaghan, Kingston
kingston@rideautrail.org

Ottawa: * VACANT *
ottawa@rideautrail.org

Club Representatives:

Central: David Skinner
dskinner18m@gmail.com

Kingston: Jim Moss, Kingston
jjwmoss@hotmail.com

Ottawa: Sandy Freeman, Ottawa
ottawa@rideautrail.org

Newsletter Editors:

Steve Kelly, Ottawa (613) 422-1318
stkelly@rogers.com

Peter Weir, Ottawa (613) 621-0107
pweir2005@gmail.com

Kingston Club Executive

Chair: Barry Monaghan

Vice Chair: Jim Moss

Past Chair: Sharen Yaworski

Secretary: Lynn Esau

Treasurer: Marilyn Martin

Landowner Liaison: * VACANT *

Construction: James Lorimer

Maintenance: Stan Huff

Communications and Publicity:

Bill Ottney

Outings Coordinator: * VACANT *

Wednesday Walks Coordinator:

Jennifer Brinkman

Human Resources: Cathy Cummings

Technical Support: Laura Cybulski

Special Events: * VACANT *

Members at Large: Willa Thayer and

Jacqueline Pidskalny

Central Club Executive

Chair: Jim Middleton

Vice-Chair: * VACANT *

Past Chair: Joyce Davis

Secretary: Mary Robinson

Treasurer: Gayle Truman

Trail Maintenance: David Skinner

Hike Leader Coordinator:

Pat Stranberg

Landowner Liaison:

Carol Richardson

Social Coordinator: Angela Quinn

Communications: Donna Glover

Member at large: Herman Doornbas and
Linda Hachmer.

Ottawa Club Executive

Chair: * VACANT *

Vice Chair: * VACANT *

Past Chair and Rep. to Board:

Sandy Freeman

Secretary: Carol Kerfoot

Treasurer: Robert Smith

Trail Maintenance: Ian Campbell

Landowner Liaison: Roger Reens

NCC Liaison: Lorraine Farkas

Activities: Denise Hall and

Kevin Reynolds

Publicity Coordinator: Adriana Kievit

Member at Large: Kevin Chapman

Member at Large: Malcolm Sanderson

Member at Large: Brian Grant

Newsletter Editors: Steve Kelly and
Peter Weir

Trail Alerts

Whether you're hiking with friends, by yourself or as part of a group outing, it's important to be prepared. Visit this page for trail alert info before hiking on the Rideau Trail.

<https://www.rideautrail.org/discover-the-trail/trail-alerts/>

Be safe and have fun

ACTIVITY INFORMATION COMMON TO ALL CLUBS

Public Health (COVID-19), restrictions are varying, and can affect our activity. Participants are urged to contact the event leader for the current information.

What to Bring

Bring Lunch, Water, and strong footwear. Come Prepared for weather changes. Many events are "rain or Shine"

Carpooling and Fees

Be at the meeting place at least 10 to 15 min before the stated departure time. An amount quoted for gas is a suggested voluntary contribution. Fees for parking and entry to parks and conservation areas are shares among the driver and passengers.

Note

Hiking boots are recommended for events rated at Level 2 or higher. A **high level of Fitness** and experience are required for Level 3 Outings.

Please review the details about the Participant's Responsibilities and the definitions used by the RTA Clubs.

Note Sure?

The Hike Leader will thank you for your questions.

MEETING PLACES

Ottawa

Be sure to check Teamup. Some meeting places are affected by long-lived construction projects.

Tunney's Pasture: The government parking lot on the west side of Parkdale Avenue just across from Emmerson Avenue.

Fallowfield Park & Ride: The northwest parking lot of the Park & Ride station, off Fallowfield Road west of Woodroffe Avenue. Park near the drop-off area by the bus shelters.

Baseline Park & Ride: The parking lot at the Park & Ride station on Woodroffe Avenue south of Baseline Road. Meet at the south end of the parking lot, farthest from the bus stop.

Kingston

Unless stated otherwise, the meeting place is the Canadian Tire parking lot, along Bath Road, towards the gas station.

Central

Unless otherwise specified, meet at Conlon Farm in Perth. To reach Conlon Farm, take the main street (Gore) southeast through Perth to County Road 10 (Scotch Line), turn right towards Westport, then turn at the 4th street on the right (Conlon Drive) and proceed to the Conlon Farm parking area. GPS: 127 Smith Dr. K7H0A3

Calendar of RTA Outings and Events

All three clubs have a schedule of events that their leaders provide for the members. The list of outings changes as the dates approach.

REMEMBER TO CHECK THE ONLINE CALENDAR FOR THE LATEST INFORMATION.
teamup.com/ks4o7f1oa94o7taugd

Be sure to contact an event's leader, if one has any questions about it: trail pass, lunch plans, duration, etc.

The clubs send regular email messages to affiliated members.
Not getting yours? Contact Membership@RideauTrail.org

Activity Coordinator Contacts (blank waivers, questions, etc.)

Ottawa

Activities.ottawa@rideautrail.org

Central

Activities.central@rideautrail.org

Kingston

Activities.kingston@rideautrail.org

FIRST AID COURSE

On the 7th May, there will be a First Aid/ CPR class to be held in Kingston.

Time: 9-4 pm

Cost 20.00.

Hike Leaders take priority, Limited to 10 participants.

contact sharenann@gmail.com if interested



Ottawa Club Activities

Regular Activities

Check the Calendar for details and Updates

Emergency in Greenbelt or Gatineau Park?

If it is a life threatening emergency Call 911!, as a second step or for any other emergency, call 613-239-5353

New- Tuesday Trails

Regular impromptu hikes and snowshoes on Tuesday mornings (with an option to switch to Thursdays if warranted by weather on any given week). These outings will be level 2, always on trail, moderate pace, between 8-10 km, usually with a lunch stop. Hikers are invited to show up with their own ideas for possible routes. The group will meet at 9:45 a.m. for a 10:00 a.m. departure. Meeting place is the "Parking for Bike Rides" parking lot at the north corner of Island Park Drive and JA Macdonald Parkway. Tuesday Trails will be a regular listing in the

RTA calendar. Contact: Kathryn Fournier - lou_daybreak@hotmail.com

Wednesday Walkers - Level 2 and 3 impromptu all-day events in Gatineau Park. Meet on the southeast side of Bate Island, off the Champlain Bridge, at 9:15 am to depart at 9:30. Information: Tony Barnes, 613-828-1216 or fellwalkerca@gmail.com

Thursday Morning Hikes - Two-hour, Level 1 or Level 2 spring hikes, starting once the ski season ends until the end of June". . Details in online Calendar Contact **Elizabeth Mason** at 613-729-6596 or emmason283@gmail.com

Spring Adopt-A-Road - The spring Adopt-A-Road activity (a morning clean up along approx. 5.5 km of Roger Stevens Dr., west of North Gower). No details of a date at the moment but we are working on getting it held in April. More to follow.

Central Club Activities

Regular Activities

Check the Calendar for details and Updates

Every Week

(Conditions permitting)

Wednesday Wanderers - These are shorter, leisurely hikes for those who want a mid week stretch. Details are sent out each Monday by email. Contact: Margaret Lafrance 613 466 0403 mllafrance03@cogeco.ca

Kingston Club Activities

Regular Activities

Check the Calendar for details and Updates

Tuesday's Walk—Tuesday mornings. Level 2, 08:30 am.

Rock and Roll Wednesdays - Level 3. Vigorous outing in the rocky terrain of the Gould Lake Conservation Area. Contact Ron: 44dinnick@gmail.com

"Fast & Far" Thursday Outings—Level 2-3. Brisk-paced (10 km / 2 hr.) morning exercise. Seasonal activity based on conditions and interest. Contact Lynn: esaulynn@gmail.com

April 13th - Kingston Annual General Meeting (AGM)

April 24th - Kingston Volunteer appreciation in Sydenham

July ? To be finalized—Kingston Summer get together Gould Lake?)

If you have any activity, event or function that would be an interest to the Rideau Trail Association and wish to publish for the membership to see, or wish to assist in any way with helping out in anyway. Please contact the RTA or one of the 3 Clubs (Ottawa, Central, or Kingston)

Information for Members

(Who gets your question?)

Whatever the question, just call the RTA for your club (Page 18) or email: info@RideauTrail.org

Address Changes / Paper Newsletter

To stop it, or to receive it, call or email: membership@RideauTrail.org

End to End Badges

Keep track of the details of your hikes, whenever you did them:

Date, start and end point of the hike and the leader's name.

Your questions or claims can go to the RTA by phone, or you can email the appropriate club contact (below).

Getting Involved

Thank you for wanting to help out. Feel free to contact any of those listed (page 20). Your interest might be about event ideas, co-leading hikes, your club's social committee, working on the trail or whatever. It's a busy organization, and your help would be welcome



Entire End to End (Winter or otherwise)	Central Section	Kingston Section	Ottawa Section
secretary@rideautrail.org Rideau Trail Secretary	hmrob@storm.ca Mary Robinson, Secretary Central Club	wednesdaywalks60@gmail.com Jennifer Brinkman, Kingston	cekerfoot20@gmail.com Carol Kerfoot, Ottawa Club Secretary

Participants' Responsibilities

Participants are expected to choose a trip suitable for their physical abilities and their skill level. At the start they should inform their leader of any health problems or potential difficulties with their equipment. Each participant will respect all financial obligations. The volunteer leaders will expect the support and cooperation of each group member. Parents and guardians are expected to supervise their own children. Dogs are not generally permitted.

Levels of Difficulty

Hiking

Level 1 Well defined trails, gentle inclines. Suitable for beginners.

Level 2 Generally on trail. May be hilly, light bush-whacking, some rough spots or obstacles. Boots are recommended.

Level 3 Rough Terrain. One of more of: extensive bush-whacking, steep sections, long climbs and descents, beaver dams or other obstacles, rock climbing. Boots, Level 2 experience and a high level of fitness essential. Long pants and sleeves recommended.

Cycling

Level 1 Few hills, broad roads or bike paths, little traffic.

Requires some cycling experience.

Level 2 Some hills, some traffic, participants should be fit and experienced.

Level 3 Long hills and narrow roads. An excellent level of fitness and cycling experience is essential.

Canoeing

Level 1 Slow-moving sheltered water with no portages.

Level 2 Larger expanses of water, level 1 experience required.

Level 3 Canoeing in areas with larger expanses of water and portages.

VOLUNTEER NOTICE BOARD

Updated Feb 7 2022

If you wish to assist and volunteer with the Rideau Trail, these are the positions that are open.

Opportunity	Basic tasks	Skills	Number	Start Date	Commitment	Contact
Board Member						
President	Lead the association, chair Board meetings, represent RTA	Leadership, organized,	1	May 25	4 to 8 hours per week, plus extra before Board meetings; attendance at Board & club events	President@RideauTrail.org Sharen Pastpresident@RideauTrail.org Brian
Vice-President	Assist with managing the association, learn tasks of president	Leadership, organized,	1	Immediate	4 to 6 hours per week plus attendance at RTA functions	President@RideauTrail.org Sharen Pastpresident@RideauTrail.org Brian
Marketing & Communications	Lead marketing and communications activities of the Association	Leadership, experience in marketing & communications, social media,	1	Immediate	3 to 4 hours per week plus attendance at Board meetings and RTA promotional events	President@RideauTrail.org Sharen Pastpresident@RideauTrail.org Brian
Board Committees and Projects						
Website redevelopment working group	Manage the process of updating the website; engaging and working with a contractor, approving structure, content etc.	Leadership, organization, website experience would be useful,	2	Immediate	2 or 3 hours per week until Sept.; meetings as required	TrailCoordinator@RideauTrail.org Rusty Pastpresident@RideauTrail.org Brian
Website redevelopment: Content	Review current web content, update and create new content	Writing and understand the RTA	4-6	March 1	5 -10 hours per week during March	Pastpresident@RideauTrail.org Brian TrailCoordinator@RideauTrail.org Rusty
Ontario Not-for-profit Corporations Act ONCA	Review current letters patent and bylaws. Propose changes that are consistent with ONCA	Experience working with organizational bylaws, ability to understand provincial legislation; Detailed analysis of text	4 - 6	Immediate	10 hours per month until May 2023; meetings as required	Pastpresident@RideauTrail.org Brian Secretary@RideauTrail.org Ruth
Organization Review working group – Chair and vice chair	Lead a working group to look at RTA organizational, structure, make recommendations for change	Experience with the RTA structure, or other similarly structured groups. Leadership and organization	2	Immediate	2 to 4 hours per week for 6 months	Pastpresident@RideauTrail.org Brian Secretary@RideauTrail.org Ruth
Volunteer coordinator	Develop a pool of volunteers willing to take on tasks to support the Board and Clubs	Excellent communication skills. Ability to identify and attract potential candidates. Strong sales skills. Strong coordination skills;	1 or 2	Immediate	2 to 3 hours per week plus participation in RTA activities where recruiting can be conducted	Pastpresident@RideauTrail.org Brian
Ottawa Club						
Chair, Ottawa Club	Manage the Ottawa RTA; organize & chair meetings, work with members of the	Leadership, organized, motivating	1	Immediate	3 to 4 hours per week	Pastpresident@RideauTrail.org Brian

On average, there are 1265-1515 steps in a kilometer. One step is equal 30 inches, which is equivalent to 2.5 feet.

The length of the Rideau Trail 387 km = 489, 555 to 586,305 steps...or 1,223,887.5 to 1,465,762.5 Inches

How are those new hiking shoes or boots fitting?

The Adventure begins

	Executive to develop and grow the Ottawa club					Ottawa@RideauTrail.org Sandy
Vice Chair	Work with the Chair to ensure effective working of the Club; organize Club AGM and RTA AGM on rotating basis; replace the Chair during absences	Leadership, organized Motivating,	1	Immediate	2 hours per week – demand will increase at certain times of the year	Pastpresident@RideauTrail.org Brian Ottawa@RideauTrail.org Sandy
Kingston Club						
Vice-chair	Works with the Chair to manage the club	Leadership, organizational skills	1	Immediate	2 hours per week – demand will increase at certain times of the year	kingston@rideautrail.org
Outings Coordinator	Organizes and promotes activities for club members	Leadership, organizational skills	1	Immediate	2 hours per week	kingston@rideautrail.org
Landowner Liaison	Meets with landowners, addresses concerns	Excellent communications skills; willingness to meet with landowners	1	Immediate	2 hours per week	kingston@rideautrail.org
Central Club						
Vice-chair	Works with the Chair to manage the club	Leadership, organizational skills	1	Immediate	2 hours per week – demand will increase at certain times of the year	central@rideautrail.org



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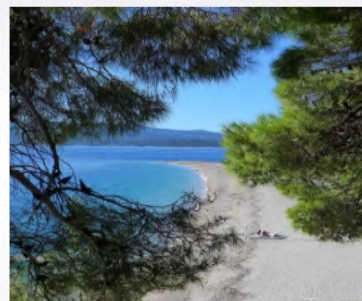
**Canadian dollar rates on request*

MONT BLANC



7 days/6 nights self-guided - There is hardly any walking trail in the mountains that is more beautiful than this one. Departures daily 02/07-25/09 €945-989 Double Occupancy *

CROATIA



8 days/7 nights guided The very best of Croatia; the coast and islands, the beautiful towns, near-perfect national parks and spectacular mountains. Contact us for dates. \$2279-2675 Double Occupancy

Contact us for detailed tour descriptions

Assisting people in realizing their touring dreams is our passion.

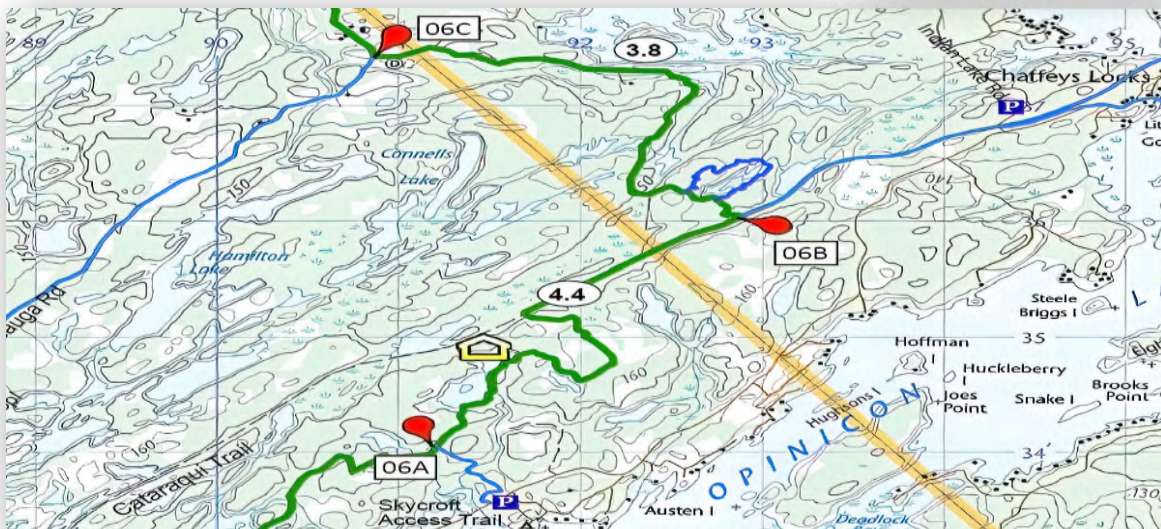
Landowner Central

After 51 years of the existence of our trail we felt it was time to acknowledge our landowners in our newsletter to show our appreciation of allowing us the use of their land.

Kingston club now has a 50th Anniversary trail which is U shaped which you can see nicely on Map 6 just past waypoint 06B. We have new picnic table as seen in picture which Robert Charest (Kingston Member) built and donated.

Our Main trail always passed thru this property but our Landowners Marcia Cannon and Freddie Towe have allowed us to add this scenic blue trail which is 1.5 km in length which brings you right back to the main trail. A good place to stop and enjoy a bite to eat and there is also an out house on the property prior to heading out. Marcia hopes to see many hikers on the trail.

Thanks Marcia for helping us improve the RT.



End-to-End Certificate Reminder



If you have completed the Rideau Trail end to end from Kingston to Ottawa, and would like to be presented an E2E certificate at the Spring 2022 Annual General Meeting (or receive a certificate by mail after the AGM), please notify the Board Secretary secretary@rideautrail.org by May 1, 2022. Remember to include your hike log and your postal address. Note that Rideau Trail E2E Badges are now mailed out on request.

Members wishing to receive a Kingston, Central, or Ottawa section End-to-End badge should contact the designated person at the club, as noted on page 28.





PM40022816
Return undeliverable Canadian
addresses to:
RIDEAU TRAIL ASSOCIATION
PO BOX 15
KINGSTON ON K7L 4V6

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Get ready
for your next
adventure!

Journey further, explore more.

salomon S

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