



The Rideau Trail NEWSLETTER

FALL 2000

ISSUE NO. 117



The Rideau Trail Newsletter is published quarterly in March, June, September, and December by the Rideau Trail Association. The Editors of this issue are Lynn Nolan and Lars Thompson for the Kingston Rideau Trail Club.

Submissions for the next newsletter are encouraged and should be sent, to arrive by **Nov. 1, 2000**, to:

R. John Haley

38 Vaan Drive

Nepean, Ontario, K2G 0C6

Telephone: (613) 225-0590

Text should be printed or typed. Pictures are welcome and, although colour photographs with good definition can be reproduced, black and white photographs are preferred because they print more clearly.

Unless otherwise stated, the opinions expressed in this Newsletter are not necessarily those of the Rideau Trail Association.

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ISSN 0709-7085

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THE RIDEAU TRAIL ASSOCIATION BOARD OF DIRECTORS FOR 2000

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Artistic Credits

Cover

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Courtesy of

Peck Peckover

Erica Easen

Tony Parfitt

Subject

Millennium End-to-End Hike #1

Impasse on the Millennium Hike

Poole Lake Bridge Construction

The Annual General Meeting of the Rideau Trail Association

**Saturday October 28, 2000
at
The Royal Canadian Legion
223 Main St.
Merrickville, Ontario**

AGENDA

**09:30 Refreshments
10:00 Business
12:30 Brown Bag Lunch
13:00 Afternoon Hikes
17:30 Roast Beef Dinner**

Dinner **must** be reserved and paid for by **October 20, 2000**. Dinner tickets cost \$14.00. Cheques to be made payable to Rideau Trail Association, Kingston Club. Your representatives are:
Kingston: Betty McIver 549-8028
Central: Wanda Pelletier 267-3630
Ottawa: Grant Malinsky 730-2772

OTTAWA TELEPHONE NUMBER

The Ottawa telephone number changed earlier this year. Please note that it is now (613) 860-2225.

THE CATARAQUI TRAIL "END-TO-END 2000" CHALLENGE

Hike, bike, jog, ski, ride your horse or ski doo along the full length of the Cataraqui Trail. Once you have completed the trail, you will receive a certificate and an "End-to-End 2000" flash. Registration fee is \$10.00.

Contact Jim Blain at Box 63, R.R. #1, Elgin, ON, K0G 1E0 to receive your map and application kit, or you can phone the CRCA office at (613) 546-4228 x 248 for more information.

THE CATARAQUI TRAIL

The Kingston Club has a series of eight Cataraqui Trail hikes beginning in Smith Falls Saturday September 23. Please check the Kingston activity list for more details or phone Bob Chadwick at 352-1052.

HIGHLIGHTS OF THE RTA BOARD OF DIRECTORS MEETING JULY 29, 2000

The summer meeting of the RTA Board of Directors took place on July 29, 2000 at Murphy's Point Provincial Park.

The President welcomed Cam Hodges as the new representative of the Kingston Club. The President announced that the Murphy's Point Millennium Trail will not be completed for another three years.

The Hike Ontario AGM in Kingston has been confirmed for October 13-15.

The Executive agreed to fund the entire cost of the special millennium badges for all who complete the end-to-end in the year 2000.

Bob and Wilma Chadwick have agreed to assume the new post of membership secretary/computer services co-ordinator upon the retirement of Paul and Eva Smith. Paul Smith reported that the number of members remains more or less constant.

The Executive decided that the post of corresponding secretary will continue. Jean Thompson announced her intention to retire. A replacement is being sought from the Kingston Club.

Lisa Buchner advised that a deposit has been given to Camp Merryweather for the weekend of October 13 and 14, 2001 for the AGM. The Executive is looking into the possibility of fund raising to reduce the cost of participating in this weekend event.

Treasurer Rolf Calhoun reported that the Association is operating well within the budget.

James Mabutt, Vice President

EARLY GROWTH AND DEVELOPMENT OF THE RIDEAU TRAIL (from an interview with Doug Knapp)

Doug Knapp's dream of a hiking trail between Ottawa and Kingston quickly became a reality, thanks to the student initiatives programme in the summer of 1971, and the co-operation of many interested and dedicated people in both the private and public sector. However, it is not surprising to find Doug Knapp listed as a member of the first executive. At this time he was both treasurer and membership secretary.

Doug had first become aware of Ontario's lack of trails while on a Trans-Canada summer trip with his family. A later trip to the Adirondacks further stimulated his interest. This was followed by the formation of the Outward Bound Club at LCVI where Doug taught physics, and an initiative on trails around Gould Lake.

By the end of the summer of 1971, the R.T.A. was well established, with a committee chaired by Dick Henriksen, engaged in the important business of Routes and Negotiations. Doug was heavily involved as membership secretary, and with Fred Cooke and others, made many presentations to groups in order to solicit members. As a result of this, and advertising in the media, membership grew from 250 to around 800 and has remained at this level for the past thirty years.

As volunteers came forward, it was necessary to provide a maintenance handbook, which Doug did; he was responsible at this time for all maintenance from Kingston to Smith Falls. In 1973-4 at Doug's suggestion an expropriated cottage in Frontenac Park was set up as an R.T. shelter. It was used for approximately ten years.

Doug and I shared memories of a Kingston Tercentennial celebration when a cardboard cylinder was carried along the R.T. bringing greetings from the mayors of Ottawa and Smith Falls. The last relay runner - you guessed it, was Doug himself. This cylinder is now in the RTA archives.

In 1975 Doug proposed a Corridor Preservation Fund and solicited donations to protect and preserve, and to respond to threats with legal procedures if necessary.

Around 1975 eleven different trails sprang up in Ontario (the R.T.A. was second to the Bruce Trail) requiring some kind of integration. Doug proposed this, but before any action could be taken, Guelph took the initiative and the Federation of Ontario Hiking Trails Association

(F.O.H.T.A.) was formed. Doug remained an R.T.A. representative for four years, was joined by Al Gamble, and continued until 1981 when he chaired Hike Ontario 81 - the first conference.

Doug looks back with fondness and maybe a little pride on those early days and continues to be an active supporter of trails in general. He still maintains a section of the R.T. but has expanded his interest and expertise into other projects, like South Eastern Ontario Rails to Trails Association. 1998 brought the successful completion of the Cataraqui Trail (Strathcona to Smith Falls). He has been chair for the K&P Trail Group since 1997 - the R.T. uses part of this trail.

Doug looks at the R.T.A. today with great admiration for its management and innovation, and mentioned the recent use of the Global Satellite Positioning System (GPS) for making the new trail maps. Doug's links to the RTA remain strong. His impressive achievements have left us greatly in his debt.

**Joan Hughes
Volunteer Historian**

RESPONSE TO HISTORICAL ARTICLE

The article by Grace Hyam in the summer edition of the R.T. Newsletter brought back a number of memories to me.

My husband, Ray Billingham, who died in 1989, was on the first Routes & Negotiating Committee along with Ed and Shirley Simpson and Rolly Hamilton, who was the first Chairman of the Ottawa Club. They all devoted considerable time in the summer of 1971 to exploring the countryside in order to find suitable places to put the trail through. In cases where the proposed trail crossed private property they had to obtain permission from the owners. Sometimes they would get permission from a number of property owners, but then one in the middle of the proposed route would refuse permission and it was back to the drawing board.

The Club was very fortunate in that both Ed Simpson and Rolly Hamilton had expertise in map-making, and the first maps were produced under the direction of

Continued on page 13

RIDEAU TRAIL ASSOCIATION- KINGSTON CLUB ACTIVITIES

The meeting place for all activities, unless stated otherwise, is in the Kingston Centre north parking lot next to the exit to Princess St. before the departure time indicated. Wednesday Walkers depart at 13:30, except on the second Wednesday of the month, when an all day outing is scheduled. Bring lunch, water and sunscreen. Wear strong footwear and come prepared for weather changes. If in doubt about your ability to cope with the outing, call the leader in advance. Car pooling will be organized. The contribution towards gas is indicated for each hike. Car entry fees for Provincial Parks and Conservation Areas are to be shared. Leaders should send attendance lists to Cam Hodges, 22 Liddell Cres., Kingston, K7H 2T4. **Members willing to be leaders for the Winter season**, or who wish to suggest new locations to hike are encouraged to contact David Armitage at 634-4426 before the end of September.

Saturday September 2 Frontenac Park

Hike the Salmon Lake Loop

Level 3. 17km. Depart 09:00. Gas \$4 plus entry fee.

LEADER: Martin Reeve 548-4960

Saturday September 9 Park - Millenium Hikes

(1) Sandbanks Provincial Park

Level 1 and 2. 10 or 20 km. Depart 08:45. Gas \$6 plus entry fee.

LEADERS: Morgan Harris 399-5590 and Dale Ross 384-2959

(2) Millenium End-to-End Hike #16. Twin Elms to Bells Corners. Level 2. 16 km. Depart 08:00. Gas \$11.
LEADER: Watson Ogilvie 530-2378

Sunday September 10 Rideau - Millenium Hikes

(1) Rideau Trail Maple Leaf to Billy Greene Road and return. Level 1. 12 km. Depart 09:00. Gas \$3.
LEADER: Alberta Edgar 542-9662

(2) Millenium End-to-End Hike #17. Bells Corners to Richmond Landing. Level 2. 15 km. Depart 08:00. Gas \$12.
LEADER: Watson Ogilvie 530-2378

Wednesday September 13 Day & Night Walks

(1) Wolfe Island short hike and beach walk.
Level 1. Depart 09:45 for 10:30 ferry.
LEADERS: Lynda and Brian Rook 634-2510

(2) Cataraqui Trail Moonlight Walk
Sydenham section by the Lake
Level 1. 12km. Depart from Kingston 19:00.
or meet at Sydenham Beer Store at 19:30. Gas \$3.
LEADER: Jean Thompson 544-0340

Saturday September 16 A Joint Venture

Rideau Trail / Adirondack Club. Barnes Corners, New York. Level 2. 12 km. Depart 08:30 from Meadowcrest parking lot, corner of Hwy #15 & Kingston Mills Road. Gas \$7. Bring health insurance coverage.

LEADERS: Kathy Disque 315-656-3383 and Carol Cain 548-4556

Sunday September 17 Rideau Trail

Bath Road to Unity Road.

Level 1. 11 km. Depart 10:00. Gas \$2.
LEADER: Ellen Shepherd 541-1185

Saturday September 23 Cataraqui Trail

End-to-End Hike #1. Smith Falls to Lombardy
Level 1. 10 km. Depart 09:00. Gas \$6.
LEADER: Bob Chadwick 352-1052

Sunday September 24 Hike & Bike

(1) End-to-End Hike #2 on Cataraqui Trail, Lombardy to Portland Level 2. 15 km. Depart 09:00. Gas \$6.
LEADER: Bob Chadwick 352-1052

(2) Bike Amherst Island

Circle the Island with Bernie on your bike.
Level 1. 15 km. Meet at the Ferry Dock at 10:00.
LEADER: Bernie Gates 389-1835

September 26-28 (2 nights, 3 days) B & B Trip

B & B Trip to Sharbot Lake - Trans Canada and K&P Lakeside Trails, up to 10 km. per day. Cost approx. \$60 per double or twin room (with ensuite bath) per night, with some reduction for single occupancy and \$10 extra for non-drivers. Confirmation requires \$60 deposit. For more detail CONTACT: Bob Chadwick 352-1052

Saturday September 30 Hike and Paddle

(1) End-to-End Hike #3 on Cataraqui Trail. Portland to Elgin. Level 2. 10 km. Depart 09:00. Gas. \$5.
LEADER: Bob Chadwick 352-1052

(2) Paddle with the Cataraqui Canoe Club.

Paddle Dog Lake to view fall colours.

LEADER: Lynn Nolan 389-8747

CONTACT: David Forkes 634-5840 for details.

Sunday October 1 Hike Ontario Day

A Cataraqui Conservation and Rideau Trail joint venture. Hikes to begin at the Cataraqui Conservation Outdoor Centre a half hour after the departure time from the usual Kingston Centre meeting place. No entry fee for Rideau Trail events.

(1) Long Hike: Level 2, 10 km. Depart 09:30. Gas \$1.
LEADER: Lynn Nolan 389-8747

(2) A.M. Short Hike: Level 1. 5 km. Depart 10:00.
Gas \$1.

LEADER: Watson Ogilvie 530-2378

(3) P.M. Short Hike: Level 1. 5 km. Depart 14:00.
Gas \$1.

LEADER: Watson Ogilvie 530-2378

Saturday October 7 Rock Dunder

Climb to the summit for lunch at the top. Hike is short but rugged. Depart 10:00. Gas \$3.

LEADER: Peck Peckover 544-9190

Sunday October 8 Cataraqui Trail

End-to-End Hike #4 Elgin to Chaffey's Lock

Level 2. 10 km. Depart 09:00. Gas \$5.

LEADER: Bob Chadwick 352-1052

Wednesday October 11 Charleston Lake Park

Charleston Lake Park. Hike, swim? and your lunch.

Level 2. 10 km. Depart 09:30. Gas \$3 entry fee.

LEADER: Margaret Page 389-7840

Saturday October 14 Hike Ontario AGM Hike

Depart from the Cataraqui Outdoor Centre following lunch. Level 1, 2 to 3 hour hike.

LEADER: Bill Murdoch 389-3023

Sunday October 15 Hike Ontario AGM Hikes

(1) Long Hike: Slide Lake Loop Frontenac Park.

Level 3. 13 km. Depart 09:00. Gas \$3 plus entry fee.

LEADERS: Dave Armitage 634-4426 and Murray Henderson 546-9906

(2) Short Hike: Hike the Rideau Trail from Elevator Bay to Cataraqui Cemetery & return. Lunch at East Side Marios. Level 1. 10 km. Meet at Elevator Bay Parking Lot at 10:00.

LEADER: Lynn Nolan 389-8747

Saturday October 21 Hikes and Bikes

(1) Cataraqui Trail End-to-End Hike #5 Chaffey's Lock to Maple Leaf Road. Level 2. 16 km. Depart 09:00. Gas \$4.

LEADER: Bob Chadwick 352-1052

(2) Bike & Hike Wolfe Island

Level 1. Hike 10 km. Bike 15 km. Depart 09:00, or 09:30 from the Ferry Dock. Bring a lunch. Gas \$1.

LEADERS: John & Sheila Needham 389-1894

Sunday October 22 Rideau Trail

Unity Road to Orser Road and return. Level 1. 16 km. Depart 09:30. Gas \$4.

LEADER: Audrey Sanger 384-6244

Saturday October 28 - ANNUAL GENERAL

MEETING of the Rideau Trail Association in Merrickville (see notice on page 3). For those requiring transportation to and/or from Merrickville please call Bob Chadwick in advance at 352-1052.

Sunday October 29 Cataraqui Trail

End-to-End Hike #6 Maple Leaf Road to Sydenham.

Level 2. 13 km. Depart 09:00. Gas \$3.

LEADER: Bob Chadwick 352-1052

Saturday November 4 Rideau Trail

Hike Upper Rock Lake to Lindsay Lake and return.

Level 2. 12 km. Depart 09:30. Gas \$5.

LEADER: Peter Murray 382-2824

Sunday November 5 Cataraqui Trail

End-to-End Hike #7 Sydenham to Yarker

Level 2. 16 km. Depart 09:00. Gas \$3.

LEADER: Bob Chadwick 352-1052

**Wednesday November 8 Vanderwater
Conservation Area**

Near Belleville and Tweed. Level 2. 10 km. Depart
09:00. Gas \$4 plus possible entry fee.
LEADER: Bob Chadwick 352-1052

Saturday November 11 Cataraqui Trail
End-to-End Hike #8 (Yarker - Strathcona)
Level 2. 15 km. Depart 09:00. Gas \$4.
LEADER: Bob Chadwick 352-1052

Sunday November 12 Rideau Trail
Hike Foley Mountain Park - Blue Loop
Level 2. 12 km. Depart 09:00. Gas \$4 + entry fee.
LEADER: Barbara Pusch 544-0933

Saturday November 18 Rideau Trail
Hike Gould Lake Cons. Area from gate to Pt. Spur &
return. Level 2-3. 12 km. Depart 09:00. Gas \$3.
LEADER: Watson Ogilvie 530-2378

Saturday November 25 Rideau Trail
Hike the Opinicon Loop
Level 2. 15 km. Depart 09:00. Gas \$4.
LEADER: Allan Tattersall 549-4080

Sunday November 26 Frontenac Park
Hike Doe Lake Loop & Arab Lake Gorge trails.
Picnic lunch at Trail Centre. Level 1+. 5 km. Depart
09:30. Gas \$3 plus entry fee.
LEADERS: Lars & Lynn 389-8747

Saturday December 2 Party Time!
Let's get together and start off the Holiday Season
with a bang. Bring your favourite dessert to St.
Lawrence Place on Ontario Street at 6:30 p.m. for our
annual dessert party.
CONTACT: Barbara Pusch 544-0933

Saturday December 9 Frontenac Park
Hike Frontenac Park trails. Level 2. 12-15 km.
Depart 09:00. Gas \$3. Phone for details.
LEADER: Allan Tattersall 549-4080

Happy Holiday Season to all!

LEVELS OF DIFFICULTY

Hiking:

Level 1 - Well defined trails, gentle inclines. Hiking boots
not required, but trails may be wet. Suitable for beginners.
Recommended for newcomers to Club activities.

Level 2 - Generally on trail. May be hilly, light bushwack-
ing (where permitted) some rough spots or obstacles. Boots
recommended.

Level 3 - Rough terrain. One or more of extensive
bushwacking (where permitted), steep sections, long climbs
and descents, beaver dams or other obstacles, rock scram-
bling. Boots, Level 2 experience, and a high level of fitness
essential. Long pants and sleeves recommended.

Cycling:

Level 1 - Few hills, broad roads or bike paths, little traffic,
must be able to ride a bicycle.

Level 2 - Some hills, narrower roads, some traffic, should
be fit and experienced.

Level 3 - Long hills, narrow roads, excellent fitness and
good cycling skills required.

Skiing:

Level 0 - Flat terrain, variable length.

Level 1 - Gentle hills, may be long distance (15+ km).

Level 2 - Variable terrain, some steep hills. Level 1 experi-
ence needed.

Level 3 - Long, varied terrain, may be off trails. Level 2
experience essential.

The Kingston Club Needs You

Kingston is looking for a member willing to take over
the position of Corresponding Secretary for the
Rideau Trail Association Board. Because this entails
responding to the public, both by mail and by tele-
phone, a good knowledge of the Rideau Trail and the
Association is required.

Kingston also needs a computer resource person to
help when the Executive's level of expertise is chal-
lenged. Please contact Bill Murdoch at 389-3023.

RIDEAU TRAIL ASSOCIATION — OTTAWA CLUB ACTIVITIES

The activities described below take place as scheduled regardless of weather. The meeting place is in the parking lot of the R. H. Coats Building (Statistics Canada) on the west side of Parkdale Avenue just north of its intersection with Scott Street in Ottawa, UNLESS OTHERWISE STATED. The departure time is indicated.

Transportation is by pooling of private cars. Passengers generally donate to the driver's gas costs on a voluntary basis. Any other fees, e.g. for parking and entry to parks and conservation areas, are shared among the driver and passengers. Participants should bring a lunch, drinking water, sun and insect protection and should wear appropriate footwear and clothing.

Participants' Responsibilities Participants are expected to choose a trip suitable to their physical abilities and skill level. They should inform their leader, at the start, of any health problems or of any existing or potential difficulties with their equipment. Each participant will respect all financial obligations. The volunteer leaders will expect the support and co-operation of each group member. Parents and guardians are expected to supervise their own children.

For more information about a particular event, call the leader at the number listed below. If unable to reach a leader, or if seeking general information, please call the Club enquiries number at 860-2225. NOTE: Leaders: please send sign up sheet to Ruth Hutchinson, 168 - 2111 Montreal Road, Ottawa, Ontario K1J 8M8.

Wednesday Walkers

Every Wednesday there are Level 3 hikes or ski trips in the Gatineau Park. Departure time is 09:30. Call Dorothy Belter (523-4420) or Nanette Whitwam (730-5417) for meeting location.

Saturday September 16 Marlborough Forest

Level 1. Departs 10:00. Gas \$4.
LEADER: Lena Creedy 789-1657

Saturday September 16 Northeastern Gatineau Park

Level 3. Departs 09:00 Gas \$5. Carman Lake Circuit, rugged routes, cart tracks and core trails, and a visit to Spring Lake. Incredible views of Carman and Brown Lakes. Some wet areas and some bushwhacking. About 20 km.
LEADER: Rod Gaskell 725-2329

Sunday September 17 Cycle

Level 2. Meet at Aviation Museum. Departs 09:30. Leisurely ride to Cumberland Heritage Village, approx. 60 km round trip (20 km on highway). Small entrance fee.
LEADERS: Dennis and Barry Scully 565-7710

Saturday September 23 Gatineau Park

Level 2. Departs 09:30. Gas \$4.
15 km. Enjoy the beautiful Fall colours.
LEADER: Jean Sunter 828-6077

Saturday September 23 Frontenac Park East

Level 3. Departs 8:00. Gas \$7. About 18 km. Long day; late return; optional supper stop in Westport.
LEADER: John Haley 225-0590

Sunday September 24 Leaders' Course

Level 1-2. Departs 09:30. Gas \$4.
Leadership Training. Learn, or brush up on, the art of leading an outdoor trip. Format is a narrated hike, followed by a chance to practise as leader or sweep. All are welcome: novice to expert. You must contact organizer to confirm your participation.
ORGANIZER: John Barron 828-2296

Saturday September 30 Larose Forest

Level 1 Gas \$5 Depart 09:30
8-10 km. Mushrooms may be found and identified.
LEADER: Bob Bennett 749-7440

Saturday September 30 Lac Phillippe

Level 2 Gas \$5 Depart 09:30
Trails around Lake Phillippe. Fall colors. 15 km.
LEADER: Bev Armstrong 738-0310

Sunday October 1: Ontario Hiking Day: take a hike!

Gatineau Park

Level 2+. Departs 09:00. Gas \$5.
Pilon Road. Long, strenuous climb.
LEADER: Marion Dunning 232-8304

Sunday October 1 Upper Canada Bird Sanctuary

Level 2-. Departs 09:00. Gas \$6.
13 km.
LEADER: David Spector 829-6802

Saturday October 7 Western Greenbelt

Level 1+. Departs 09:30. Gas \$3.
Trails # 26-29 plus #11 loop. 15 km.
LEADER: Jean Cottam 726-1596

**Saturday October 7 Wakefield to
Lac Phillippe**

Level 2. Departs 09:30. Gas \$5.
18 km.
LEADER: Gerry Schut 746-4548

Sunday October 8 Holiday Hike

Levels 1 and 2. Departs 10:00.
LEADER: Call Ottawa Rideau Trail Club 860-2225,
after September 24, for leaders' names and destinations.

**Monday October 9 Mill of Kintail, Almonte Trails
& Herb Garden**

Level 1. Depart 09:30 Gas \$5
About 8 km
LEADER: Pearl Peterkin 747-2985

Saturday October 14 Rideau Trail

Level 2. Departs 08:30. Gas \$5.
Westport to Narrows Lock. 15km.
LEADER: Don Grant 828-1026

Saturday October 14 Western Gatineau Park

Level 3. Departs 09:00. Gas \$5.
Eardley Masham #1. 15-20 km. An interesting, challenging and varied hiking route east of the Eardley-Masham Road. Travel on and off trails. Expect beaver dams, stream areas and rugged terrain.
LEADER: Rod Gaskell 725-2329

Sunday October 15 Martinsville to Williamstown
Level 2-. Departs 09:00. Gas \$6. Historical walk of about 13 km. Museum and John Johnson House.
LEADER: David Spector 829-6802

**Saturday October 21 Falls at Fort Coulonge and
Hike on Trail**

Level 1. Departs 08:30. Gas \$6.
Hike on abandoned railway track 8-10 km.
Admission fee \$5/person. Dinner afterwards.
LEADER: Erl Cassells 820-8157

Saturday October 21 Gatineau Park

Level 2. Departs 09:30. Gas \$4.
Kingsmere Road. 12-15 km.
LEADER: Alex Bissett 828-4363

Sunday October 22 Western Gatineau Park

Level 3. Departs 09:00. Gas \$5.
Eardley Masham #2. 15-20 km. An unconventional circuit west of the Eardley-Masham Road. Hike seldom used trails. Expect bushwhacking, hilly terrain, beaver dams and stream crossings.
LEADER: Rod Gaskell 725-2329

Sunday October 22 Rideau Trail

Level 1+. Departs 08:30. Gas \$4.
Dwyer Hill Road to Roger Stevens Drive. 14 km.
LEADER: Ron Hunt 590-7467

**Saturday October 28 Merrickville Annual
General Meeting of the Rideau Trail
Association. Program includes walks and dinner. See notice on page 3. Departs 08:45
Call in advance about rides: Grant Malinsky
730-2772.**

Sunday October 29 Camp Fortune Area

Level 2+. Departs 09:30. Gas \$4
Lunch indoors.
LEADER: Bill Shannon 722-6407

Saturday November 4 Rideau Trail

Level 2. Departs 08:30. Gas \$5
12-15 km. Near Perth.
LEADER: Ron Maybury 836-2953

Saturday November 4 Pine Road to Herridge

Level 1. Departs 09:30. Gas \$5. 11 km.

LEADER: Kay Méthot 526-5589

Sunday November 5 Extreme Western Gatineau Park

Level 3-. Departs 09:00. Gas \$5

Western boundary of Gatineau Park. Part good trail; part steep bushwhack. Views. 12 km.

LEADER: John Barron 828-2296

Sunday November 5 Wakefield - Lac Phillippe Loop

Level 2. Departs 09:15. Gas \$5. 20 km.

LEADER: Lena Creedy 789-1657

Saturday November 11 Taylor Lake Road

Level 1. 10 km. Departs 09:30. Gas \$5.

LEADER: Millicent Toombs 731-9331 (w)

Saturday November 11 Western Gatineau Park

Level 3. Departs 09:30. Gas \$5. Bushwhacking.

LEADER: Graham Creedy 789-1657

Sunday November 12 Western Gatineau Park

Level 2. Departs 9:30. Gas \$5. Length depends on conditions.

LEADER: Patrick Clarkin 729-2737

Sunday November 12 Gloucester Trails

Level 1+. Departs 10:00. Gas \$2

Gloucester Trails; Upper Bilberry Creek; probably muddy. About 8 km.

LEADER: Ruth Hutchinson 749-0990

Saturday November 18 Gatineau Park

Level 2. Departs 09:30. Gas \$4. Camp Fortune to Western Lodge; Trail #9; 12-14 km.

LEADER: Bud Massé 235-4670

Saturday November 18 Mer Bleue

Level 1. Departs 10:00. Gas \$2. About 8-12 km.

LEADER: Ruth Hutchinson 749-0990

Sunday November 19 West of Kanata

Level 1. Departs 12:30. Gas \$3.

Half day; trails west of Kanata; about 7 km. with possible refreshments afterwards.

LEADER: Bill Grant 820-0697

Sunday November 19 Gatineau Park

Level 2. Departs 09:00. Gas \$4.

About 12-13 km.

LEADER: John DuVernet 738-8021

Saturday November 25 Pakenham

Level 1. Departs 09:00. Gas \$5.

Tour of historic Pakenham Village.

LEADER: Nanette Whitwam 730-5417

Saturday November 25 Gatineau Park

Level 2. Departs 09:30. Gas \$4.

LEADER: Grant Malinsky 730-2772.

Sunday November 26 Western Gatineau Park

Level 2+. Departs 09:30. Gas \$4. 12 km.

LEADER: Lisa Buchner 729-4487

Sunday December 3 Ottawa

Level 1. Departs 10:30. Gas \$3.

Short hike at edge of Ottawa - possible refreshments afterwards.

LEADER: Bill Grant 820-0697

Saturday December 9 Pot Luck Supper

Bring a main dish, salad, appetizer or dessert. Bring dishes, cups, cutlery, beverage. No menu. There may be a small charge for incidentals. 18:30 at the party room, **Queen Elizabeth Towers, 530 Laurier Avenue West**, which has a small microwave, toaster oven, coffee pot, fridge. Maximum capacity about 40 people. Adults only. Call before December 7.

CONTACT: John Cottee 231-5562

Saturday December 16

Level 1 - Snowshoe or hike. Sportsplex/Slack Road trails. 8 km. Depart 12:30 from Baseline Road Transit Station.

LEADER: Jean Cottam 726-1596

Sunday December 17 Pine Rd. to Herridge Lodge.

Ski or hike. Level 1. Depart 09:30. Gas \$5. 11 km.

LEADER: Andrew Macdonald 235-8569.

RIDEAU TRAIL ASSOCIATION CENTRAL CLUB ACTIVITIES

The meeting place for Central Club activities is Conlon Farm in Perth, unless otherwise indicated. To reach this recreational area, take the main street (Gore Street) southeast through Perth to County Road 10, turn right (southwest) towards Westport then take the third road to the right (Conlon Drive) to the Conlon Farm Parking area. If in doubt, call the hot line at 264-8338.

Sunday September 10 Mill of Kintail, Morris Isld.

The first port of call will be the Mill of Kintail with lunch at Blakeney Rapids and then a drive to Morris Island. Be prepared for a full day with a Peterson ice cream in Almonte following. Conlon Farm at 10:00.

WANDERER: Wanda Pelletier 267-3630

Sunday September 24 Hike and Maintenance Day Poonamalie Road to Frizell Road.

Everybody is invited to help us beautify the Trail. No excuses. Be there. Meet with your thing at Conlon Farm at 10:00.

ADVISOR FROM THE PUNJAB: Don Sherwin
268-2447

Sunday October 22 Hike Ragged Chutes.

Celebrate "Simchat Torah" Day by spending a day in remembering Ted Pearl. Level 3. Conlon Farm at 10:00.

DEVINE INSPIRER: Don Sherwin 268-2447

Sunday November 5 Frontenac Pk. Big Salmon Lake Loop. Join us for a long day on this beautiful

section of the Trail. Level 2, good shoes for safety.

Meet at Conlon Farm at 10:00.

AS LOOPY AS IT GETS: John Miller 264-8824

Sunday November 19 Bon Echo Abes and Essens

Trail. Join us for a quiet visit to this wilderness campground on Lake Mazinaw. A long day with driving. Level 1+. Meet at Conlon at 10:00.

LITTLE SIR ECHO: Dave Miller 826-2336

Saturday December 2 Flower Station to Barryvale

We may be able to ski!! We'll have fun in any case.

About 15km. Level 1. A leisurely day.

PUFFIN ALONG WITH: Mary Charlton 267-6802

Sunday December 17 Murphy's Point Provincial Park Central Pig Out and Hike and Ski.

Bring your festive mood and a bottle of wine. Each person or group of persons are requested to organize a game, skit - or what have you. A special invitation is extended to our treasurer to see how we are managing our budget. There will be a charge for the meal following. A long or short outing.

HOSTESS WITH THE MOSTESS: Heide Gibbs



Impasse on the Millennium End-to-End Hike

Independent Activities

The Rideau Trail Association accepts no responsibility for the following notice, provided for the information of RTA members, or for the activities to which it relates.

Ottawa Rambling Club

Ottawa Rambling Club invites RTA members to participate in Fall 2000 out-of-town hiking trips:

1) Thanksgiving Adirondacks Hiking Adventure 7-9 October. Reservation deadline 4 September. Room & meal package cost \$199.00.

2) Halloween Weekend in Madawaska Valley 27-29 October. Reservation deadline 1 October. Room & meal package cost \$161.00.

Full details and reservation forms posted on ORC web site:

www.visualcities.com/Ottawa_Rambling_Club under Bulletin Board.

Contact Gregory Stack at 741-5378 or orc@visualcities.com for more information or to check for space availability after reservation deadline.

Hilly Hike, Fall 2000 6-9 October.

Day hiking in New Hampshire's White Mountains, 3 nights accommodations and meals at the Wayside Inn in Bethlehem, New Hampshire. \$335 CAN per person, double, all inclusive including tips and taxes.

Deadline for payment in full is Friday, 22 September. Contact Cliff Daly 225-8372 or 956-4950

ALL PARTICIPANTS

Please see the notice on Activity Levels for hiking, cycling and skiing on page 7 of this Newsletter.

RTA Kingston Club Construction

The bridge at Poole Lake on the Rideau Trail has now been completed with the help of Don Coulter, Bernie Gates, Bill Murdoch, Peter Murray, Tony Parfitt, Joe Pollock, Don Bond and Robin Turkington.

Because we used for the most part timber felled by beavers, the project was inexpensive but labour intensive. The site is 1 km from the nearest road, and the work took two days to complete. Two log cribs were constructed to form abutments, and two 20 ft. logs were used to form the stringers.

The site is covered with poison ivy, and regrettably Robin and Bernie both succumbed to the toxin. A warning sign for hikers is suggested.

Tony Parfitt,
Kingston Construction Co-ordinator
(See construction photo below).



HUNTING AND THE RIDEAU TRAIL

Many members express concern about hiking in hunting season and have requested that a synopsis of the various open and controlled seasons be printed in the newsletter. Having studied the relevant game regulations I have concluded that reprinting this information would be impractical because there are open seasons for some game the year around and a whole range of seasons throughout the year for various types of small game, game birds, and migratory birds. Seasons vary from a few days to weeks and months depending on which Wildlife Management Unit (WMU) or county or township one is talking about.

The main concern vis a vis the RT corridor and adjacent areas in which we hike involves the hunting of deer with high powered rifles. Generally the deer season **south** of highway 7 comprises the first full week of November; **north** of highway 7, two weeks. Sunday hunting is legal in Renfrew, less certain townships and some townships **south** of highway 7 have a two week open season, e.g. the area abutting Depot Lakes Conservation Area, hence the closure of this area at that time.

RT members should be aware that hunting is a legal activity and hunters have the right to pursue their sport unmolested by a perhaps disagreeing public. Further, small game and birds are normally hunted with shot-guns as opposed to high powered rifles and therefore have a much shorter effective range. Nevertheless members should be aware of what hunting is ongoing in the hike area and take sensible precautions, such as remaining in groups, wearing bright colours and staying on the trail.

It is advisable to avoid areas where the open season for deer is in effect (there are no seasons for moose or bear on the RT that I am aware of). If you must traverse such an area in season, the wearing of fluorescent orange is considered essential.

Without prejudice,
Allan Tattersall
President

Response to Hist. Article - continued from Page 4

Rolly with the co-operation of the Energy, Mines and Resources Department.

The little orange triangles referred to in Ms. Hyam's article were made at N.R.C. by Ray and his friend and work-mate Frank Chellingworth, on their lunch breaks.

Ray worked very closely with the students of the Ottawa Group, and was very impressed by their hard work and dedication. Quite often he would receive a phone call quite late in the evening from one of the students, usually Paul Dickie, wanting to discuss some problem that had been encountered. Ray would invite him around to the house, but the usual response was "No wheels, man" and Ray would go off to wherever the group was working.

I remember when one of the students, probably Richard Davis, encountered a wasp or hornet nest and had to get to hospital quickly because of an allergic reaction. It made us all aware of the importance of not working on the trail alone. Of course, mosquitoes, black-flies and poison ivy were a constant nuisance.

It is a tribute to both the organizers and the student workers of 1971 that the Rideau Trail continues to flourish in the new millennium.

Joan Billingham, Nepean

FRONTENAC PARK

Rideau Trail members are asked to observe the following. It is unlawful to enter Frontenac Park at any location other than at the Salmon Lake Road entrance or via the Rideau Trail from Perth Road.

The Rideau Trail has two designated parking areas on Perth Road, one at each end of the guardrail where the Trail emerges from Frontenac Park.

Jean Thompson
Routes and Negotiations

HIKE ONTARIO ANNUAL GENERAL MEETING and Hiking, Hiking, Hiking

**Hike Ontario's Annual General Meeting is to be held at the
Little Cataraqui Creek Conservation Area
Outdoor Centre, Kingston**

Join us for a weekend of meeting hikers from all over Ontario. Listen to their tall tales (tell some yourself), partake in a wine and cheese reception and fabulous hikes on the **Rideau Trail, Cataraqui Conservation Area Trails, and in Frontenac Provincial Park.**

PROGRAMME:

Friday, October 13	7:00 p.m.	Wine and Cheese reception
Saturday, October 14	9:00 a.m.	Continental breakfast & AGM
	12:00 noon	Lunch
	1-4 p.m.	Hike Conservation Trails
	6:00 p.m.	Dinner at Fort Henry Officer's Mess
Sunday, October 15	9:00 a.m.	Hike #1 Slide Lake Loop, Frontenac Provincial Park Level 3, 16 km. Bring lunch.
	10:00 a.m.	Hike #2 Rideau Trail. Elevator Bay to Historic Cataraqui Cemetery and return. Level 1, 10 km. Lunch - East Side Marios Restaurant \$7 - \$10 per person.

Non members of **Hike Ontario** must register by September 22nd. A registration package will be mailed to all hikers interested in attending the hiking event of the year. Call **Hike Ontario @** (416) 426-7362 or e-mail: hikeontario@osrc.com or by fax: (416) 426-7045 or by mail at 1185 Eglinton Avenue East, Toronto, Ontario M3C 3C6.

Kingston Club Executive 2000/2001

Chair	Bill Murdoch	389-3023	Construction	Tony Parfitt	382-7835
Past Chair	Watson Ogilvie	530-2378	Outing Programs	Vacant position	
Vice Chair &			Newsletter Editor	Lynn Nolan and Lars	
Board Rep	Cam Hodges	545-1925		Thompson	389-8747
Secretary	Pat Hardy	548-1268	Publicity	Peck Peckover	544-9190
Treasurer	Margaret Page	389-7840	Special Events	Barbara Pusch	544-0933
Routes & Negotiations	JoAnn Rogi	549-0953			
	Jean Thompson	544-0340			

RIDEAU TRAIL - KINGSTON CLUB: WINTER GET AWAY WEEKEND 2001

REGISTRATION FORM #

(FOR USE BY ORGANIZERS)

Name(s) _____
Address _____ City _____ Postal Code _____
Phone (home) _____ (business) _____ Rideau Trail Member Y/N _____

Enclosed is my/our deposit of \$80 per person, totalling \$ _____ (payable to Rideau Trail in Trust)
and post-dated cheque dated December 30 for \$200 per person double occupancy, or \$300 single occupancy, totalling
\$ _____ (to Rideau Trail In Trust)

I wish to room with _____ Prefer non-smoking _____ Smoking _____

I/We have the following dietary restrictions (please continue on back) _____

I/We will be parking at Cataraqui Town Centre while away. Vehicle licence plate _____

Members of the Rideau Trail - Kingston Club will be given booking priority if hotel room numbers are restricted. It is suggested that non-members take out a membership before registering to ensure their booking priority. Cancellations after December 1 may not receive a full refund if replacements are not available.

Cut out and mail to: Lars Thompson (Ski Weekend 2001) 832 Wartman Avenue, Kingston K7L 4M5

Rideau Trail - Kingston Club: Winter Get-Away Weekend for 2001

Hotel L'Esterel, Laurentians - Feb. 2 - 4, 2001

Hotel L'Esterel is an excellent 5-star cross-country ski resort located one hour north of Montreal. The hotel is among 5000 acres of lakes and forests and has 85 km of cross-country trails groomed and track-set daily, leading right from the door. Trails are available at all levels of difficulty, most being at the easy and intermediate level. Expert trails access the Laurentian trail network. Other outdoor activities include snowshowing, skating (a nearby track is cleared along lakes for several kilometres), dog sledding with Siberian huskies, and sleigh rides. Downhill skiing is nearby.

The hotel is well appointed. Indoor facilities include a jogging track, racquetball courts, a volleyball/badminton/basketball court, indoor heated pool and whirlpool, sauna, billiards and table tennis.

Cost of the weekend is \$280 per person double occupancy or \$380 single. Included are fixed table d'hote dinners on Friday and Saturday evenings, full breakfasts Saturday and Sunday mornings, and a hot and cold buffet supper Sunday (late afternoon). The meals are gourmet class. Gratuities are included.

Trail lunches may be ordered extra.

We welcome Konrad again as our driver. Departure will be from Cataraqui Town Centre at 9:00 a.m. Friday February 2, with an arrival time of about 1:00 p.m. Bring a lunch to eat on the bus. As rooms may not be ready until later, please come dressed for skiing. We will return to Kingston about 9:30 p.m. on Sunday February 4.

We have a deposit on 32 double rooms and a substantial payment is due to the hotel on September 30 with final payment on January 4. We will therefore require a deposit of \$80 per person on registration, with the balance payable by post-dated cheque due on December 30.

Please complete and return the registration form at the top of the page, along with your deposit cheque and post-dated cheque. Available rooms will be allotted in order of registration with priority given to bus passengers. You are urged to **register early** to avoid disappointment. Those unable to travel on the bus will be refunded their share of bus transportation costs after all bills are settled.

We thank Joan Patterson of Marlin Travel for making our travel arrangements again. You may direct any questions to Lars at 389-8747.

Return Address:

Canada Post
Publication Mail
Agreement No. 1650440



Rideau Trail Association
P.O. Box 15
Kingston, Ontario
K7L 4V6

**HAVE YOU RENEWED YOUR MEMBERSHIP?
IF NOT, PLEASE RENEW NOW.**

NOTE THE NEW OTTAWA CLUB TELEPHONE NUMBER: 860-2225

MEMBERSHIP APPLICATION: The membership year is from April 1 to March 31. Applications for new memberships dated November 1 - March 31 will be valid for the following membership year. Your membership in the Rideau Trail Association provides the financial support essential for the continuous maintenance, improvement, extension, and protection of the Rideau Trail network. As a member you will receive the quarterly newsletter and special mailings, as well as voting rights in local Club and Association activities. To join or renew, complete the form below and mail it with your payment to:

Rideau Trail Association
P.O. Box 15
Kingston, ON. K7L 4V6

Ottawa Club Telephone: 613-860-2225
Kingston Club Telephone: 613-545-0823
Central Club Telephone: 613-264-8338

- | | |
|---|------------|
| () Annual Individual/Family Membership | \$20.00 |
| () Patron (Life Membership) | * \$300.00 |
| () Guide Book: Members | ** \$17.00 |
| Non-Members | ** \$22.00 |
| () Rideau Trail Wall Map (new) | ** \$12.00 |
| () Crest | \$2.00 |
| () Lapel Pin | \$4.00 |
| () Car Sticker (Free to New Members) | \$1.00 |
| () Enamelled Pin | \$3.00 |
| () Donation RTA | * \$_____ |
| () Donation RT Preservation Fund | * \$_____ |

Prices Subject to Change

TOTAL \$_____

- * Qualifies for income tax credit
** Includes Postage and Handling

PLEASE INDICATE YOUR INTERESTS:

Serving on Executive () Construction ()
Trail maintenance () Leading hikes ()
Leading x/c ski () Newsletter ()
Other (specify) _____

PLEASE INDICATE MEMBERSHIP CATEGORY:

Renewal () Already Life Member ()
New Member () Complimentary Member ()

Name _____

Address _____

City _____ Prov. _____ Postal Code _____

Telephone Number _____