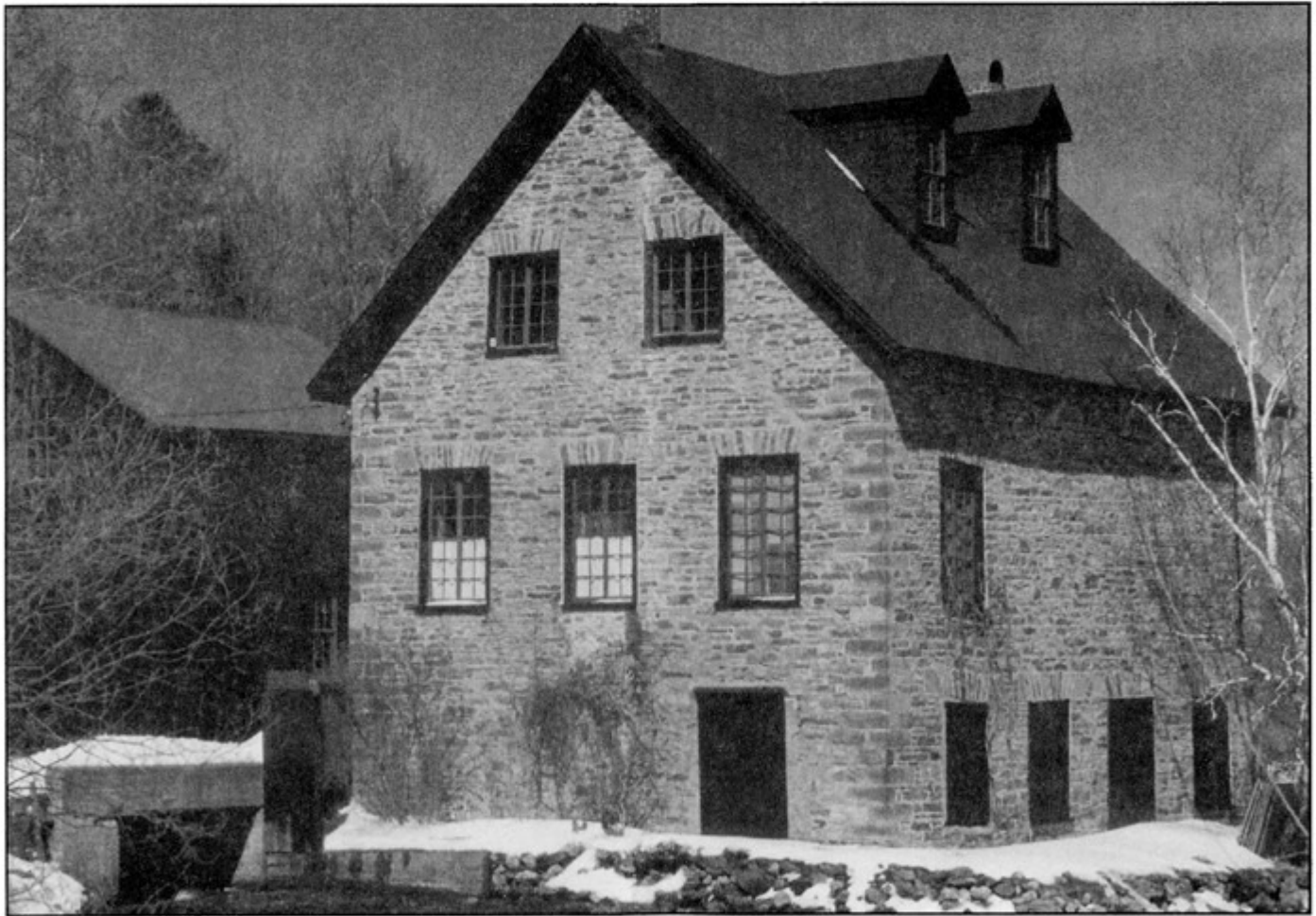




The Rideau Trail NEWSLETTER

FALL 2002

ISSUE NO.125



The old mill at Bedford Mills (km 95.7 on the Rideau Trail)

Photo by Ron Hawley



The Rideau Trail Newsletter is published quarterly in March, June, September, and December by the Rideau Trail Association. The Editor of this issue is Bob Gordon for the Kingston Rideau Trail Club.

Submissions for the next newsletter are encouraged and should be sent, to arrive by **November 1, 2002** to

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Ottawa, Ont., K1S 2L1

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Text should be printed, typed, or in electronic format with accompanying hard copy. Pictures are welcome and, although colour photographs with good definition can be reproduced, black and white photographs are preferred because they print more clearly.

Unless otherwise stated, the opinions expressed in this Newsletter are not necessarily those of the Rideau Trail Association.

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ISSN 0709-7085

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THE RIDEAU TRAIL ASSOCIATION BOARD OF DIRECTORS FOR 2001-2002

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Highlights of the RTA Board of Directors Meeting – July 20, 2002

The meeting was held at Loon Lake Lodge, Murphy's Point Provincial Park. Special guest was Bob Griffin, President of Hike Ontario. Bob made a slide presentation outlining the main objectives of Hike Ontario. The main focus, however, was to promote the Legacy Landmarks Interpretive Signage Project, a joint initiative between Hike Ontario and the Ministry of Natural Resources. Durable weather proof signs which highlight areas of special natural interest along the trail can be provided at no cost to the Association. In addition there will be funding of \$250 for each sign to assist with installation. This information was favourably received and each club is to study the project.

The Bi-weekly E-Mail letter has met with an enthusiastic response. It was recommended that it continue as a pilot project for a further year. Clubs are to have input into possibly improving the format.

A suggestion was made that we implement an on-line voting procedure so that the Board could deal effectively with any matter that may arise and need immediate attention. Because of the lateness of the meeting this was put on hold.

The question of life membership was raised. It was explained that it has now become too costly to service life members without an annual payment. After considerable discussion it was decided that the fee should be increased. The matter is to be addressed at the AGM.

A new sign-up sheet has been introduced and each club will decide on revisions so that local needs are met.

We are looking for a member who has expertise in the insurance field and could assist the Association. If interested please contact Rolf Calhoun at 613 739-9493.

Arrangements are underway for the upcoming RTA AGM to be held at the Lombard Glen Golf Club, Smiths Falls, on Saturday Oct. 19.

David Armitage

Rideau Trail Association 31st Annual General Meeting Saturday, October 19, 2002 Lombard Glen Golf Club, Smiths Falls

Agenda: 9:30 Coffee and Muffins
10:00 Business meeting
12:00 Lunch
13:00 Afternoon hikes
17:30 Buffet Dinner

All members are encouraged to attend this important meeting.

Lombard Golf Club is located 7 km south of Smiths Falls on Highway 15. The cost of the dinner is \$15 per person, including taxes and gratuities. The menu is chicken with mushroom sauce or a vegetarian option. Sandwiches will be available at lunch for \$2 per person. Orders for both the dinner and sandwiches must be received no later than October 14. Cheques, payable to Rideau Trail Association in trust, should be mailed to Kingston Rideau Trail Club, PO Box 15, Kingston, ON, K7L 4V6. Or call your club contact:

Kingston: David Armitage, 613 634-4426

Perth: Bob Taylor, 613 264-8928

Ottawa: Don Grant, 613 828-1026

New Kingston Publicity Coordinator

Audrey Kilpatrick is taking over as Publicity Coordinator for the Kingston Club. She succeeds Peck Peckover who has done excellent work for many years.

A Guide to B&B's along the Rideau Trail

The 2002 edition of a new guide to bed and breakfast establishments along the Trail is now available for \$5.00. It is in loose-leaf format for handy insertion in the latest edition of the Rideau Trail Guidebook. Mail your \$5.00 cheque (made out to Rideau Trail Association) to Bill Murdoch, 352 Chelsea Rd., Kingston, ON, K7M 3Z7, or call Bill at (613) 389-3023 for further information. (To order together with the Trail Guidebook, see form on p 16.)

Rideau Trail Association Kingston Club Six Day Challenge

Participants will hike from Murphy's Point Prov. Park to the Marshland Cons. Area Kingston. Total distance is 144.6 km. Each day will be self paced. Two hike patrollers will be assigned to each hike. They will follow the last hiker and sweep the trail.

Hikers will sign out at the beginning of the hike and pass through checkpoints along the trail and also on completion of the hike. Participants should wear hiking boots and carry an adequate supply of water.

The hikes will take place on the Labour Day weekend Aug.31, Sept 1 and 2, and on the Thanksgiving Day weekend, Oct.12,13 and 14. A Kingston end-to-end badge will be awarded to all those who complete the Challenge.

Those intending to participate must register by August 15. The registration fee is \$15 for members and \$20 for non members. The fees are intended to defray the cost of the buses; however, additional charges may be necessary. Cheques should be made payable to Rideau Trail Assoc. in trust and be mailed to David Armitage 4323 Bath Rd., Kingston ON, K7M 4Z1. Tel. 613 634-4426 or 416 447-0729 E. Mail dlama@rogers.com.

Sat. Aug. 31 Murphy's Point – Westport 31.5 km
Sun. Sep. 1 Massassauga Rd.-Westport 22.1 km
Mon. Sep. 2 Massassauga Rd.- Maple Leaf Rd.

25.4 km

Sat. Oct. 12 Maple Leaf Rd.-Gould Lake entrance
26.7 km

Sun. Oct. 13 Gould Lake entrance – Van Order Rd
18.7km

Mon. Oct.14 Van Order Rd.- Marshlands
Cons. Area. 20.2km

The Kingston section contains some of the most scenic areas of the Rideau Trail. The terrain is characteristic of typical Canadian Shield country with extensive rocky outcroppings, deep ravines, swamps, beaver dams, ponds, and lake-filled valleys. The trail begins in Murphy's Point Prov. Park and heads south. It passes through the Foley Mtn. Cons. Area, Frontenac Prov. Park and Gould Lake Cons. Area. After the village of Sydenham, the topography changes as the flat areas of the St. Lawrence Lowlands are reached. The trail then winds through broad expanses of forest and agricultural

land before entering the urban landscape of Kingston.

Kingston is a bustling city with a vibrant downtown and waterfront. A variety of restaurants, pubs, patios and musical entertainments are featured. There are many B&Bs, hotels and motels to suit most accommodation needs.

Westport is a picturesque town located at the center of the Rideau Lakes area. It lies nestled beneath the Foley Mtn. escarpment and looks out onto Upper Rideau Lake. There are numerous B&B's, and visitors throng its boutique-lined streets throughout the year. Eastern Ontario is alive with glorious fall colour in October.

Report on the First Annual Golf/BBQ Night, July 12, 2002

Hosted by the Ottawa Rideau Trail Club

Sixty people from four clubs (RideauTrail, the Ramblers, Historical Society of the Gatineau, and Adirondack Ottawa) gathered on a lovely summer evening at the newly restored Dunnderosa Golf Club in Old Chelsea Quebec.

Seventeen people golfed, twelve hiked (nearby, led by Grant Malinsky) and everyone enjoyed a great BBQ. Allen Richens of the Historical Society spoke briefly about the property we were on, the families in the community, and skiing at Camp Fortune in the 1940's.

Peter Hawkins drew the names of the lucky door prize winners. Door prizes were gathered by Margaret Lafrance and Marilyn Levitan. ORTC would like to thank all those who contributed. The prizes were very generous and the hiking business (gear) must be healthy. It was a very nice gesture on the part of all the merchants to say thank you to hikers who support them (-that's US-). The prizes were:

- a magnificent \$140 overnight camping knapsack from Bushtakah
- a nifty Trailhead folding canvas camping chair from Trailhead
- a fine pair of ladies' hiking socks and a power bar from Lindsay and McCaffrey General Merchants in Manotick
- a \$30 Gift Certificate from The World of Maps (Holland & Wellington) Ottawa
- Two publications from the Historical Society of the Gatineau

-continued on p 14

RIDEAU TRAIL ASSOCIATION - KINGSTON CLUB ACTIVITIES

The meeting place for all activities, unless stated otherwise, is in the Kingston Centre, North parking lot next to Princess St. Wear strong footwear and come prepared for weather changes. Bring lunch, water and sunscreen. If in doubt about your ability to cope with the outing, call the leader in advance. Carpooling will be organized. Levels of difficulty and gas contribution are indicated for each hike. Car entry fees for Provincial Parks and Conservation Areas are to be shared. See the **Notices on Activity Levels on page 10** of this Newsletter.

Wednesday Walkers depart at 13:30, except on the second Wednesday of the month when an all day outing is scheduled (see below). Contact Donald Cutts at 542-5414 for details or, alternatively, Bill Murdoch at 389-3023.

Leadership and new locations. Members willing to be leaders, or who may wish to suggest new places to hike, should contact the Hiking Coordinator, Don Bond, at 634-9353.

Sign-up-Sheets should be sent to Joan Bailey at 709 Davis Drive, Kingston, K7M 7X5.

Frontenac Challenge. This is again being featured as part of the Fall hiking program. It is presented annually by the Friends of Frontenac Park and continues from Sept. 1 to Oct. 31. It involves hiking all the approximately 160 km of the Park's trails. Participants should obtain a registration form at the Trail Centre. A reception and barbecue is usually held later in November for those who have participated.

Kingston R.T.A. Club Trip To Vermont, September 16-20. Camels Hump, Mt. Mansfield and Long Trail hiking. We will be staying at Red Fox Alpine Lodge at Smugglers Notch near Jeffersonville. The cost, excluding transportation, will be \$143 US, which includes 4 breakfasts and 4 dinners. For information call Watson Ogilvie at 530-2378.

Saturday September 21 Frontenac Park Challenge

Hike the Big Salmon Lake Trail. Varied terrain, with many scenic vistas. Lunch at a lookout.

Level 3, 19km. Gas \$3 + Park fee. Departs 09:00

Leader: Peter Burbidge 634-1877

Sunday September 22 Gould Lake Cons. Area

Starting at the gate in the Cons. Area we will hike the Ridge Walk and return on the main trail. Moderate pace, rocky terrain. Level 3, 11 km. Gas \$3, Departs 09:00.

Leader: Dale Ross 384-2959

September 24, 25, 26 Annual B&B Trip, Two Nights

This year we will visit the Bancroft area to hike some of the trails in the Silent Lake and Petroglyphs Prov. Parks. Hiking options at levels 1 to 3. Accommodation at a motel in Apsley at \$65 per room single or double per night, twin \$75 (breakfast and taxes included). Payment by cheque to Bob Chadwick. Phone Bob for further details at 352-1052.

Saturday September 28 Foley Mountain Area

Hike a new trail north of Westport. Tea afterwards at "A Little Bit of Gingerbread B&B".

Level 2, 12km. Gas \$3. Departs 09:00.

Leader: Bob Bradley 613 273-7848

Contact : David Armitage 634-4426

Sunday September 29 Frontenac Park Challenge

Hike the Tetsmine and Hemlock Lake trails starting from Kingsford Dam. Abandoned mines and scenic views of Moulton Gorge. Easy to moderate terrain.

Level 2, 17 km, gas \$4. Departs 09:00.

Leader: David Armitage 634-4426

Saturday October 5 Frontenac Park Challenge (rain day Oct 6)

Hike the Slide Lake Loop from the Big Salmon Lake parking lot, returning via the Cedar Lake Trail. High granite ridges and scenic views from the Mink Lake Lookout and Flagpole Hill. Bring lunch, water and sturdy hiking boots. Be prepared for a long and arduous day.

Level 3, 26 km. Gas \$3 + park fee. Departs 08:00.

Leader: Bill Murdoch 389-3023

Sunday October 6 Frontenac Park Challenge

Enjoy a leisurely walk around the short but scenic Doe and Arab Lake Trails. Approx. 5 km. Gas \$3+ park fee, Departs 10:00.

Leader: Cam Hodges 545-1925

Wednesday October 9 Sandbanks Prov. Park

Hike the dunes, beach and woodland trails in this scenic area. We will depart at 08:30 in order to meet

the leader at the Becker Store parking lot in Bloomfield at 10:00. Level 1, 10 km. Gas \$5. Leader: Morgan Harris 613 399-5590. Contact: David Armitage 634-4426

Saturday October 12

Rock Dunder

Climb to the summit, have lunch on top and enjoy spectacular views of the autumn leaves. A short but rugged hike. Level 2, Gas \$3. Departs 10:00
Leader: Peck Peckover 544- 9190

Saturday October 12 Rideau Trail Maple Leaf Rd. – Gould Lake Entrance (#4 of 6 Challenge)

Parking at Gould Lake Entrance. Bus to Maple Leaf Rd. 09:00. The trail crosses Perth Rd. and enters into deep bush. It forks and climbs up to a lookout and then continues through Frontenac Park. Spectacular views of the countryside can be seen from Flagpole Hill. After passing Doe Lake and the Trail Centre it exits the park onto Salmon Lake Rd. On reaching Bedford Rd. it bears right and continues for 300 m before entering the rugged terrain of Gould Lake Cons. Area. After a short distance the trail emerges onto a high ridge where dramatic views across Gould Lake can be observed. The trail continues until the Barn is reached. The parking area is about 1 km further on. Checkpoint at Bedford Rd.

Level 3, 26.7 km. Gas \$2. Departs Kingston 08:00
Hike Patrollers: Bill Murdoch 389-3023, David Armitage 634-4426

Sunday October 13 Gould Lake Entrance – Van Order Rd. (#5 of 6 Challenge)

Parking at Van Order Rd. Bus to Gould Lake Entrance 09:00. The trail proceeds along gravel and cottage roads. It skirts the shore of Knowlton Lake and follows along the edge of an escarpment overlooking a gully. This is part of a fault line that stretches about 160 km. It may be slippery here but there is an alternative route along the edge of a field. The trail passes along a gravel road and through farm fields before reaching Sydenham. It has now left the Precambrian Shield and emerged onto the flat expanses of forest and agricultural land of the St. Lawrence Lowlands. The trail proceeds further through fields, scrub and wooded country to Van Order Rd. Checkpoint at Stagecoach Rd.

Level 2, 18.7 km. Gas \$3. Departs Kingston 08:30.
Hike Patrollers: Gloria Seeley 546-2503, David Armitage 634-4426

Monday October 14 Van Order Rd. – Marshlands Cons. Area. (#6 of 6 Challenge)

Parking at Marshlands Cons. Area. Bus to Van Order

Rd. 09:00. The trail winds through fields and hedgerows and along farm roads. There are some interesting limestone formations and wooded areas with stands of scotch pine, white spruce, balsam and cedar. After crossing Hwy. 401 the trail enters Cataraqui Cemetery where gravesites date from 1850. It passes close to the grave of Sir John A. Macdonald and then proceeds into the urban landscape of Kingston. Checkpoint at Bullen Rd. Level 2, 20.2 km. Gas \$1. Departs Kingston 08:30.

Hike Patrollers: David Armitage 634-4426, Gloria Seeley 546-2503

Saturday October 19 Rideau Trail Association 31st Annual General Meeting

Lombard Glen Golf Club, Smiths Falls. See notice on page 3 for details.

Sunday October 20 Frontenac Park Challenge

Hike the little Salmon and Little Clear Lake Trails through mature bush. Of interest are the sites of 19th century homesteads and the view of Moulton Gorge. Level 3, 24 km. Gas \$3+ park fee. Departs 08:30.
Leader: Cam Hodges 545-1925

Saturday October 26 Frontenac Park Challenge

Starting at the Kingsford Dam we will hike the Gibson Lake Trail. Moderate to difficult terrain. Level 2, 14 km. Gas \$4+ park fee. Departs 08:30.
Leader: Ellen Shepherd 541-1185

Sunday October 27 Frontenac Park Challenge

We will hike the Cedar Lake Loop starting from the Arab Lake parking lot. Scenic views of Big Salmon and Doe Lakes. Moderate to difficult terrain. Level 2, 15 km. Gas \$3+ park fee. Departs 08:30.
Leader: Marie Poisson 389-2473

Sunday November 3 Gould Lake Cons. Area.

Hike from the Gould Lake barn along Ridgewalk, returning on the Main Trail along the lakeshore. Level 3, 8 km. Gas \$3+ park fee. Departs 10:00.
Leader: Peck Peckover 544-9190

Hunting Season

The season for using firearms to hunt deer in our area, south of Hwy 7 and north of the 401, is from **November 4-9**. It is advisable to stay clear of trails passing over or in the vicinity of private land during this period. For further information call the ministry at 531-5700.

Saturday November 9**Kingston**

Join Barbara on this interesting waterfront excursion. We will walk from Elliott Ave through to Gore St.

Level 1, 5 km. Gas \$1. Departs 09:00.

Leader: Barbara Pusch 544-0933

Sunday November 10 Frontenac Park - Rideau Trail

Stan will guide you along the Rideau Trail to Flagpole Hill and return. Spectacular views from the summit. Level 2, 15 km. Gas \$3 + park fee. Departs 09:00. Leader: Stan Huff 548-3003

Wednesday November 13 Little Cataraqui Conservation Area

Jean will guide you around the Conservation Area.

Lunch at the Trail centre. About 10 km.

Level 1, Gas\$1+ parking fee. Departs 10:00.

Leader: Jean Thompson 544-0340

Saturday November 16 Gould Lake Cons. Area

We will hike from the Gould Lake entrance to Point Spur and return. Rough rocky terrain. Level 3, approx 8-10 km. Gas \$3. Departs 09:00.

Leader: Watson Ogilvie 530-2378

Sunday November 17 Charleston Lake

Hike the scenic East Side trails in the Provincial Park.

Moderate pace and terrain. Level 2, 10 km. Gas \$5.

Departs 09:00

Leader: Peter Murray 382-2824

Saturday November 23 Frontenac Park

Starting from Kingsford Dam we will hike the historic Tetsmine Loop. Of interest are the abandoned mines and views of Moulton Gorge. Moderate terrain, Level 2.

approx. 13 km. Gas \$4. Departs 09:00.

Leader: Dugald Carmichael 542-8628

Sunday November 24 Rideau Trail- Frontenac Park

Starting at Perth Rd. we will hike the Slide Lake Loop.

High granite ridges and rocky wooded country.

Spectacular vistas. Level 3, 14 km. Gas\$3. Departs 09:00

Leader: Bill Murdoch 389-3023

Saturday November 30 Gould Lake Cons. Area

We will hike the trails on the East side of the conservation area. Moderate pace, rocky terrain, scenic views. Level 2, 12 km. Gas \$3. Departs 09:00.

Leader: Bob Chadwick 352-1052

Saturday December 7 Dessert Party

Party time! Let's get together and start the holiday season with a bang. Bring your favorite dessert to

St. Lawrence Place on Ontario St. at 6:30 pm for our annual dessert party.

Contact: Linda Simpson 613 345-5664

Sunday December 8**Rideau Trail**

Hike the Rideau Trail south from Westport to Bedford Mills. Rocky wooded areas and abandoned farmlands.

Level 3, 17 km. Gas \$3. Departs 09:00.

Leader: Bill Murdoch 389-3023

Wednesday December 11 Prince Edward County

We will be hiking in the sheltered wooded areas of the Beaver Meadows Cons. Area. Level 1, 10 km. Gas \$6, Departs 09:00

Leader: Bob Chadwick 352-1052

Saturday December 14**Rideau Trail**

Hike from the Narrows Lock along the north shore of Big Rideau Lake to the Ghost Town and return along the blue trail. Level 1, 12 km. Gas \$4, Departs 09:00.

Leader: Bob Tolley 542-9626



Peck Peckover and granddaughter Heather Patterson on the Trail at Rock Dunder

Ron Lank

We regret to announce the death at age 62 of Ron Lank, an active life member of the RTA since 1991. A quiet individual, he enjoyed the out-of-doors and faithfully maintained a section of the Trail north of Big Rideau Lake. He always made a point of attending the Kingston Club social events and AGM's. Ron will be missed by his parents in Barrie and by his friends in the RTA.

RIDEAU TRAIL ASSOCIATION - OTTAWA CLUB ACTIVITIES

The meeting place is in the parking lot of the R. H. Coats Building (Statistics Canada) on the west side of Parkdale Avenue just north of its intersection with Scott Street in Ottawa, UNLESS OTHERWISE STATED. OC Transpo riders use the stop for Tunney's Pasture. Departure time is indicated.

Scheduled activities described below take place as scheduled regardless of weather. For more information about a particular event, call the leader at the number listed on the schedule. If you are unable to reach a leader, or for general information, call the Ottawa Club at 860-2225.

Transportation is by pooling of private cars. Passengers generally donate to the driver's gas costs on a voluntary basis. Any other fees, e.g. for parking and entry to parks and conservation areas, are shared among the driver and passengers.

NOTE: Leaders: please send sign up sheet to John Haley, 55 Maple View Crescent, Ottawa (Nepean), Ontario K2G 5J7.

Participants' Responsibilities. Participants should bring a lunch, drinking water, sun and insect protection and should wear appropriate footwear and clothing. Participants are expected to choose a trip suitable to their physical abilities and skill level. They should inform their leader, at the start, of any health problems or of any existing or potential difficulties with their equipment. Each participant will respect all financial obligations. The volunteer leaders will expect the support and co-operation of each group member. Parents and guardians are expected to supervise their own children. See the **Notices on Activity Levels on page 10** of this Newsletter.

Wednesday Walkers

Every Wednesday there are Level 3 hikes or ski trips in Gatineau Park. Departure time is 9:30 a.m. Call Dorothy Belter (523-4420) or Nanette Whitwam (730-5417) for meeting location.

Note the following changes to the Summer schedule of weekend activities:

Sunday September 8 Leader changed to Graham Creedy
786-1657

Sunday September 15 Leader changed to John Barron
828-2296

Saturday September 21 Western Gatineau Park
Level 2. Departs 09:30.
LEADER: Ann Bolster 819-684-8781

Saturday September 21 Gatineau Park
Level 2. P17 to Pine Road via Herridge Lodge, about 15 km. Departs 09:30. Gas \$4.
LEADER: Laraine Laughland 723-8851

Sunday September 22 Skyline/King Mountain
(note change from Summer schedule)
Level 2. About 10 km. Departs 09:30. Gas \$4.
LEADER: Vinni Sahni 824-6757

Sunday September 22 West Of Ottawa
Level 1. 8 km. Departs 10:00. Gas \$4.
LEADER: Bill Grant 820-0697

Saturday September 28 Gatineau Park
Level 2. Hike on snowshow trail at Lac Philippe, with visit to Lusk Caves. Departs 09:30. Gas \$5.
LEADER: Bev Armstrong 738-0310

Sunday September 29 Mer Bleue
Level 1. 7 km. Ridge Road area. Departs 12:30. Bring a snack. Possible refreshment stop afterwards. Gas \$3.
LEADER: Bill Grant 820-0697.

Sunday September 29 Foley Mountain
Level 2. Departs 09:00. Gas \$5.
LEADER: David Spector 829-6802

Saturday October 5 Meech Lake area
Level 2. Various trails from P12. 12-15 km. Departs 09:30. Gas \$4.
LEADER: Alex Bissett 828-4363

Sunday October 6 Rideau Trail
Level 2. 14 km. Wood Road to Dwyer Hill Road. Departs 09:00. Gas \$5.
LEADER: Don Grant 828-1026

Sunday October 6 Walk with the Lung Association
Exercise for a good cause. Select a 5, 10 or 15 km trail along the Ottawa River Path starting at the Canadian Aviation Museum. Register between 10 am and 4 pm at the Museum or online in advance. Includes admission to the Museum and a free BBQ. For more information, phone 230-4200 (week days) or Bill Grant 820-0697.

Saturday October 12 Western Gatineau Park
Level 2. Departs 09:30. Gas \$5.
LEADER: Ann Bolster 819-684-8781

Saturday October 12 Jack Pine Trail
Level 1. 8-10 km. Departs 10:00. Gas \$3.
LEADER: Jean Cottam 726-1596

Sunday October 13 Murphy's Point Park
Level 2. 15.5 km. Hike on the Rideau Trail from North Shore Road to Black Ance Point Road. Supper stop on the way home. Departs 09:30. Gas \$5.
LEADER: Margaret Lafrance 692-1810

Monday October 14 Gatineau Park
Level 2-3. Lac Renaud to Lusk cabin. Departs 09:30. Gas \$5. LEADER: Roger Stacey 234-0348

Monday October 14 Bells Corners to Stittsville
Level 1+. Leisurely 14 km hike. Lunch at tearoom. Departs 09:15. Gas \$3.
LEADER: Coby Fuykschot 722-6022

Saturday October 19 Annual General Meeting of the Rideau Trail Association.
Lombard Glen Golf Club, Smiths Falls. Program includes walks and dinner. See notice on page 3.
Call in advance about rides from Ottawa, departing 08:30. Don Grant 828-1026

Saturday October 19 Hollowglen
Level 3. 10 km. Departs 09:00. Gas \$4.
Waterfalls, multiple lookouts, lunch at Huron Lodge
LEADER: Alex Macdonald 237-6399

Sunday October 20 Mont Ste. Marie
Level 2. Five hour hike including Mt. Blanc. Possible refreshment stop afterwards. Departs 09:00. Gas \$6.
LEADER: Pat Robinson 825-1457

Sunday October 20 Upper Canada Bird Sanctuary
Level 1. Departs 09:00. Gas \$6.
LEADER: David Spector 829-6802

Saturday October 26 Gatineau Park
Level 3. Probably Graham Hill area between Taylor Lake and Lac Philippe. Departs 09:00. Gas \$5.
LEADER: John Haley 225-0590

Saturday October 26 Lanark
Level 1. Departs 09:00. Gas \$5.
LEADER: Nanette Whitwam 730-5417

Daylight Saving Time ends.

Sunday October 27 Gatineau Park
Level 3. Slower than usual pace. Includes off-trail. Departs 09:00. Gas \$5.
LEADER: Stan Rosenbaum 596-4288

Sunday October 27 Greenbelt hike
Level 1. About 10 km. Departs 09:30. Gas \$3.
LEADER: Hendrika Exel 836-2153

Saturday November 2 Lac Philippe area
Level 2. Departs 09:30. Gas \$5.
LEADER: Jean Sunter 828-6077

Saturday November 2 Macdonald Bay
Level 1+. Start P16. Departs 09:15. Gas \$4.
LEADER: Laraine Laughland 723-8851

Sunday November 3 Kemptville area
Level 1. 8 km. Departs 10:30. Gas \$4.
LEADER: Bill Grant 820-0697

Sunday November 3 The Pulpit
Level 2. Departs 09:30. Gas \$4.
LEADER: Jane McGann 823-2528

Saturday November 9 Rideau Trail
Level 2. 14 km. Rosedale to Dwyer Hill Road. Departs 08:30. Gas \$5.
LEADER: Grant Malinsky 730-2772

Saturday November 9 Lac Philippe area
Level 3. Hike 5-6 hours, mostly off-trail with steep ascents and rugged terrain. Departs 08:15 (09:00 from P19). Gas \$5.
LEADER: Gloria Gray 224-4413

Sunday November 10 Western Gatineau Park
Level 3. Departs 09:30. Gas \$5.
LEADER: John Barron 828-2296

Sunday November 10 Gatineau Park
Level 2. Departs 09:30. Gas \$4.
LEADER: Lena Creedy 789-1657

Monday November 11 Upper Bilberry Creek
Level 1. Part urban hike, part muddy ravine.
Departs 10:00. Gas \$3.
LEADER: Ruth Hutchinson 749-0990

Monday November 11 Rideau Trail
Level 2. Mica mines area. Departs 09:00. Gas \$5.
LEADER: Ron Maybury 836-2953

Saturday November 16 Wolf Trail
Level 2. Departs 09:00. Gas \$4.
LEADER: Graham Toulson 247-0677

Sunday November 17 Taylor Lakes-Twin Lakes
Level 3. 18 km. Some off-trail. Departs 09:30. Gas \$5.
LEADER: Helmut Alexander 725-3338

Sunday November 17 Sandy Hill
Level 1. Urban circuit. Departs 09:30. Gas \$2.
LEADER: Christine Banfill 235-5869

Saturday November 23 Gatineau Park
Level 3. From Cregheur Road to The Pulpit (Tawadina).
A long hike with steep ascents & rugged terrain; good
physical condition required. Departs 10:00. Gas \$4.
LEADER: Peter Hawkins 749-2093

**Saturday November 23 Dwyer Hill Road to
Roger Stevens Drive**
Level 2-. 12 km, includes Earth Star Loop. Departs
09:00. Gas \$4.
LEADER: Ron Hunt 590-7467

Sunday November 24 Pine Road-Herridge Lodge
Level 1. 11 km. Departs 09:30. Gas \$4.
LEADER: Andrew Macdonald 235-8569

Sunday December 1
Hike. Level, leader and destination TBD. Call the Ottawa
Club at 860-2225.

Saturday December 7 New Edinburgh
A walk to look at the fine architecture of New
Edinburgh's lovely old houses, followed by a pub stop.
Departs 12:00. Gas \$2.
LEADER: Bill Grant 820-0697

Saturday December 7 Western Gatineau Park
Level 3. Off-trail. Departs 09:00. Gas \$5.
LEADER: Graham Creedy 789-1657

Saturday December 7 Pot Luck Supper
6:30 pm at party room of the Queen Elizabeth Towers,
530 Laurier Ave. W. Details to follow in Winter

Newsletter. Contact John Cottee before December 5
at 231-5562.

**Saturday December 14 Pine Road to Herridge
Lodge** Level 1. 11 km. Departs 09:30. Gas \$4.
LEADER: Marilyn Levitan 828-2281

Saturday December 14 Christmas Lights Walk
Departs 4:30 pm. Call leader for meeting place.
Subject to weather conditions. Stop for coffee and
munchies afterwards.
LEADER: Barbara Sigurdson 521-7311

SPECIAL FOR WINTER ACTIVITY LEADERS

All existing and potential leaders of Ottawa Club
winter activities are being invited to a special BBQ
evening on **Thursday, September 26** at 6:30 p.m.
This evening will include discussion of winter
activities and weather changes, planning of the winter
activity schedule, and thanks to leaders. A separate
letter with more details is being sent to winter activity
leaders. If you have an interest but have not received
this letter by September 12, please call Bill Grant at
820-0697.

LEVELS OF DIFFICULTY

Hiking:

Level 1 - Well defined trails, gentle inclines. Hiking
boots not required, but trails may be wet. Suitable for
beginners. Recommended for newcomers to Club
activities.

Level 2 - Generally on trail. May be hilly, light
bushwhacking, some rough spots or obstacles. Boots
recommended.

Level 3 - Rough terrain. One or more of extensive
bushwhacking, steep sections, long climbs and
descents, beaver dams or other obstacles, rock
scrambling. Boots, level 2 experience, and a high
level of fitness essential. Long pants and sleeves
recommended.

Cycling:

Level 1 - Few hills, broad roads or bike paths, little
traffic. Participants must be able to ride a bicycle.

Level 2 - Some hills, narrower roads, some traffic.
Participants should be fit and experienced.

Level 3 - Long hills, narrow roads, excellent fitness
and good cycling skills required.

RIDEAU TRAIL ASSOCIATION - CENTRAL CLUB ACTIVITIES

The meeting place for Central Club activities is Conlon Farm in Perth, unless otherwise indicated. To reach this recreational area, take the main street (Gore Street) southeast through Perth to County Road 10, turn right (southwest) towards Westport, then take the fourth road to the right (Conlon Drive) to the Conlon Farm parking area. If in doubt, call the hot line at 264-8338. See the **Notices on Activity Levels on page 10** of this Newsletter.

Sunday September 15 Lindas Loup, Joint with Kingston Friends. A new wilderness trail at southern Crotch Lake near Coxvale. Level 3. Central Club meets at Conlon at 9:00 am.

TRAIL BLAZER: Linda Sterling 279-1109

Thursday September 19 Maintenance Day, Long Lake Road to Ferrier Road

Bring your enthusiasm, clippers, and saws for a day clearing our trails. We welcome all members and friends who participate in our activities to join us. We need your help. If you know of a section of trail that needs attention please let Bruce know. Meet at Conlon Farm 9:00 am.

OUR GENEROUS MAINTAINER: Bruce Gourley 264-2478.

SLIDE LAKE LOOP HIKE announced for **September 22** in the summer newsletter has been **CANCELLED** in view of the Canoe Camp Outing below. Sorry All!

Saturday, Sunday, Monday, September 21 to 23, Canoe Camp Outing at Shawmere - Red Horse Lake. Join us for a repeat of our previous outings to this area. As well as canoeing we may also participate in a level 2 hike. Catering will be provided for Sunday and Monday evening. Bring a pot luck for Saturday evening and your own requirements for other meals (the camp has fridges). Also bring sleeping bag, snacks, water and personal items. Details on request.

PRECISION ENGINEERING by Dave Miller 692-5055.

Saturday to Friday, October 5 to 11, Hike Bruce Trail, Blue Mountain Section

Check for Drop Outs with: Ernie Trischuck 283-8112.

Sunday October 6 Ragged Chutes

The time is right for our annual trip to the Pearl. Hike will be followed by community supper at McDonalds Corners. Check out your hiking boots for this level 3 hike. Meet at Conlon at 9:00 am.

RAGGED-AS-THEY-GET: Bruce Gourley 264-2478.

SATURDAY, October 19. RTA Annual General Meeting. Get your tickets by phoning: Bob Taylor at 264-8928. (See notice on page 3 in this Newsletter)

Sunday October 27 Mica Mine Conservation area Hike our blue loop and get up to date with what's happening! Meet at Conlon 9:00 am. SOON-TO-BECOME-RESIDENT: Dave Miller 692-5055.

Sunday November 10 North Frontenac Park Missing the slugs south of the border? We hope the Moulton Gorge will still be open for hiking after the finding of the gold in them there hills. Bring digging implements! Level 1. Meet at Conlon 9:00am. PROSPECT WITH: John Miller. 264-8824

Saturday November 23 Sand Lake through Foley Mountain. Hike up the mountain range and skip down the other side with ease. Level 2. Meet at Conlon at 9:00am.

GOAT HERDER: Don Sherwin 264-0759

Sunday December 8, Narrows Locks to Murphy's Point Provincial Park. This hike favours the south paws and should not be missed as a bash is planned at one of the area's fine dining houses. Level 1 for lefties and Level 2 for others. Meet at Conlon at 9:00 am. LEFT-RIGHT, LEFT-RIGHT with: Dave Miller 692-5055

Ottawa Club E-Letter

The e-letter has been launched and is running every second Tuesday (since June 11). Two hundred members have subscribed and the list is growing. The e-letter highlights upcoming Rideau Trail events (from the Newsletter), as well as some personal notices by members relating to hiking and travel opportunities which they'd like to share with other members. Currently the e-letter is edited by Marilyn Levitan and managed by Tom Bach. Members wishing to subscribe can get in touch with Tom at rta@freenet.com or membership chairs Bob and Wilma Chadwick.

Marilyn Levitan

Other Activities

The activities listed below are not sponsored by the Rideau Trail Association, and the Association accepts no responsibility for them. These notices are published as a service to RTA members.

Rideau Trail End-to-End Arranged by Peter Verbeek of the Ganaraska Hiking Trail

This information may change!!!! Last updated: July 25, 2002. **Note well:** I will be leaving the meeting places at 8 AM sharp on all days!! Be sure to carry at least 2 litres of water and plenty of snacks each day.

References are to the sixth Guidebook edition of 2001. Cumulative distances are counted from Ottawa (distances shown along the top of the map page).

Please note that if you want to receive the Rideau Trail End-to-end certificate and badge at the end of the series, you **MUST** be a member of the Rideau Trail Association.

Please let me know if you plan to (car) camp, so I can make arrangements to reserve a block of campsites. You are on your own if you want to go the B&B route, but the Rideau Trail has a list of B&Bs along the trail (see notice on p. 3).

This is an edited description. For further information, including directions to meeting places, contact Peter Verbeek at hikers.net@sympatico.ca or call (416) 757-3814 (7 - 9 pm)

First week-end - Saturday, Sunday, Monday August 31, September 1 and 2

The hikes in the first week-end are easy walking, on flat terrain. Therefore we will make use of the easy terrain and the nice weather to hike somewhat longer distances each day. Camping will be at the Ottawa - Nepean Municipal Campground (613-828-6632) which is located at 411 Corkstown, Nepean. From the meeting place on the first two days, go north-east on Richmond Road and turn left (north) on Moodie (near a Church), cross Robertson and cross over the 417, then move to the left because at the next traffic light you must turn left onto Corkstown. For people (like me) who want to come up on the Friday, it is suggested that they camp also at the same campground. When contacting or going to the Nepean Municipal campground, after August 22, 2002, be sure to mention my name and that you want to be near my site. Restaurants and fast food outlets are nearby.

August 31 From Start of Trail in Ottawa to Richmond Road 27.1 km

Most of the first 16 kms will be asphalt, along the Ottawa River, so maybe you need well cushioned shoes. There will be washroom facilities at Westboro beach and at Britannia and Andrew Haydon Park. Meet at Richmond Road at 8 AM, Km 27.1

Sept. 1 From Greens Road and Jock Trail to Richmond Road 27.0 km

Meet at Richmond Road at 8 AM, Km 27.1

Sept. 2 From Gilroy Road to Greens Road and Jock Trail 29.3 km

Meet at Greens Road and Jock Trail at 8 AM, Km 54.1

Second week-end - September 21, 22 & 23

The hikes will be in the lakes area, on mostly flat terrain. We will go through Smith Falls and Perth. Camping will be at Upper Beveridge Lock. People who come on Friday night can camp at the locks also.

Sept. 21 From Gilroy Road to Poonamalie Rd. 26.6 km

Meet at Poonamalie Road at 8 AM, Km 110.1
1 km west of Smith Falls on Highway 43.

Sept. 22 From Conlon Farm Recreation area to Poonamalie Rd 24.9 km

We will cross the overflow dam at the Tay River (Old sneakers?) Meet at Poonamalie Road at 8 AM, Km 110.1

Sept. 23 From Murphy's Point to Perth Scotch Line South 24.9 km

There is a flooded area at Ferrier Rd, the water could be knee deep. Old runners and shorts? Meet at the Conlon Farm Recreation Area in Perth at 8 AM.

Third week-end - October 5, 6 & 7

The hikes start to encounter a few more hills. Friday night camping will be at Murphy's Point Prov. Park. Other camping will be at Foley Mountain Conservation Area (613-273-3255).

-continued on p 13

Oct. 5 From North Shore Road to Murphy's Point 24.8 km

Meet at the entrance to Murphy's Point P.P. at 8 AM, Km 159.7, on Elmgrove Road.

Oct. 6 From Perth Road to North Shore Rd. 24.2 km

Meet at North Shore Rd, Km 184.4

Oct. 7 From Herm Johnson Road to Perth Rd. 25.7 km

There may be poison ivy on the Cataraqui Trail.

Meet at Perth Road and Massasauga Rd. Km. 208.6.

Fourth and Last week-end - October 18, 19 & 20

This week-end, the hikes will be more challenging; therefore distances have been reduced a little. Camping on Thursday and Friday evening will be at Frontenac Outfitters, a short drive north of Sydenham. Their (Larry and Christine) phone number is (613) 376-6220 and their e-mail address is showler@frontenac-outfitters.com. I shall make the reservations for everybody. There are B&Bs nearby. Up to 4 people can be accommodated on each site. Camping on Saturday evening will be at Rideau Acres Campground with their excellent (and warm) facilities, at 1014 Cunningham Rd in Kingston, about 1.6 km north of the 401 off Highway 15. Reservations won't be necessary, they will know we are coming, just mention that you are with this hiking group. Their e-mail address is dickn@istar.ca

Oct. 18 From Herm Johnson Rd to Salmon Lake Road 22.1 km

Meet at Frontenac Outfitters (near Frontenac Prov. Park) at 8 AM.

Oct. 19 From Orser Road to Salmon Lake Rd 24.1 km

Meet at Frontenac Outfitters at 8 AM.

Oct. 20 From Orser Rd to Kingston end-of-trail. 23.8 km

Meet at end-of-trail monument in Kingston at 8 AM.

Peter Verbeek

**Highlands and Islands Experience
Hiking Scotland - Summer 2003
July 24-August 3**

Hike the wilderness areas of Scotland with hikers from many parts of Canada. There has been an overwhelming response, and as a result the tour has been revised and expanded and is now 2/3 booked. Each day will now have the choice of four guided hikes at level 1, 2 and 3.

The tour begins in the Great Glen of Glen Coe, and continues to the Isle of Skye and Orkney Island. The tour will end with hikes along the northeast coast of Scotland and a final grand banquet in Mar Lodge Braemar and dancing the evening away at a Ceilidh!!

A complete itinerary can be e-mailed, or will be mailed on receipt of a stamped self-addressed envelope.

Contact: Linda Simpson
46 Daniel St., Brockville, Ont., K6V 4Z5
phone (613) 345-5664
e-mail: howaboutahike@aol.com

Linda Simpson

**A New Specialty Outdoor Store
in Kingston**

The Peak Experience, which opened on August 22 in Kingston, is locally owned by Paul Copland, original owner of North Ridge Wilderness and Trailhead. The store carries top brands such as The North Face, Merrell, Mountain Hardwear, Salomon, Asola and more, and the store's focus is on hikers, paddlers, travellers, climbers, and fly fishing. The fly fishing department will open in November, just in time for Christmas. A discount of 10% on any regular price merchandise is extended to Rideau Trail Club members.

Peck Peckover

Autumn is a great time for hiking !!

**Hike Ontario
28th Annual General Meeting
and Hike
Saturday, Sunday, October 26, 27
Kortright Centre for
Conservation, Toronto**

We'll spend Saturday together connecting over a complimentary breakfast and lunch followed by business, workshops and a hike. Dinner will be at the nearby historic Boyd Field Centre. We'll finish everything off with a hike Sunday morning.

Registration packages will go out to members later this summer. If you aren't a member of Hike Ontario, become one and join us in helping to make hiking in Ontario enjoyable, accessible, safe and affordable. Membership fees are \$25 individual and \$30 family. Call us at (416) 426-7362 or visit our web site at www.hikeontario.com.

Workshops

HIKERS PAY TO HIKE??? Not if we can help it. **MOTORIZED VEHICLES ON OUR TRAILS ???** What they do to the ecology is alarming! Help us to find a way to deal with this growing problem. **ALL OUR HIKE LEADERS CERTIFIED?** Is it a good idea? Let us hear from you. **LANDOWNERS ARE OUR BEST FRIENDS.** Without landowners we wouldn't have a lot of the good trails that we have today. How do we get more of them? How do we keep them? Give us your thoughts and wishes. **VOLUNTEERS ARE OUR MOST IMPORTANT RESOURCE.** We need to find ways to give our members more opportunities to help develop hiking.

Sunday Hike: Join Hike Ontario at the Kortright Centre for Conservation for a 12 km, 3 hour, moderate hike. Please bring \$5 for admission. From Hwy 400 go west on Major Mackenzie Dr. 3 km to Pine Valley Dr., go south and turn in at Kortright gate. Meet in parking lot for 9:30 am start. Join hikers from many different clubs. Drop-outs possible at various points. Hike Leader: Harold Sellers (905) 853-3518 home, (416) 426-7391, work.

Information from Hike Ontario

**Resource Material about Hiking
on the Hike Ontario Website**

A collection of interesting articles can be viewed on the Hike Ontario Website, www.hikeontario.com

Recent articles include:

The Volunteer Model of Trail Making -
A Sustainable Source of Strength
Environmental Problems with ATV's -
a progress report.

Information from Hike Ontario



**Some Ottawa Club members at the
Plaisance Nature Reserve
April 27, 2002**

Ottawa Golf/BBQ Night *continued from p 4*

- two hiking poles, a large jar of MEC boot protector and a MEC hiking pouch from MEC
- a Rideau trail poster wall map from Rideau Trail Association

The knapsack took on a special note when originally won by an 82 year old (great golfer, mind you) lady who proclaimed that her "hiking days were over" and to please pass the knapsack onto someone else. So Peter went back to work.

Marcel Boily of the Dunnderosa bought the premises last year and has restored part of the original farmhouse into a stone enclosed 19th century Canadien dining room. ORTC conducts many many hikes in that area (near Kingsmere and Fortune/Skyline trails). It was nice to see another aspect of the Chelsea community. *Marilyn Levitan*

**Rideau Trail - Kingston Club
Winter Get-Away Weekend for 2003**

Hotel L'Estérel, Laurentians — January 31 - February 2, 2003

Hotel L'Estérel is a cross-country ski resort north of Montreal. Groomed cross-country trails, leading from the door, are available at all levels of difficulty. Expert trails access the Laurentian trail network. If requested, other trails (probably Morin Heights) may be accessed by bus for all day skiing on Saturday. Skating and snowshoeing are also available at the hotel.

The hotel's indoor facilities include track, courts, pool, whirlpool, and sauna. Facilities available for group activities such as bridge and scrabble. A "get-acquainted program" on Friday (before supper) and a Saturday evening program will be planned. Evening program proposals welcomed.

Gourmet meals are fixed table d'hôte dinners on Friday and Saturday evenings, full breakfasts Saturday and Sunday mornings, and a buffet supper Sunday (3 to 4 p.m.). Gratuities are included. Bag lunches may be ordered. **Cost** for the weekend is \$290 per person double occupancy or \$390 single.

Departure from Cataraqui Town Centre at 9:00 a.m. Friday January 31 with arrival at about 1:00 p.m. Konrad Wolf, a RT member, is our bus driver. Since all rooms may not be available upon arrival, bring a lunch and dress for your preferred activity. We return to Kingston about 9:00 p.m. on Sunday.

We have reserved 40 double rooms. A payment is due to the hotel on September 30 with final payment on January 2. We require a deposit of \$90 per person on registration, with the balance payable by post-dated cheque dated December 30. Make cheques payable to **Rideau Trail in Trust**.

Please return your completed registration form with your deposit and post-dated cheque. Available rooms will be allotted in order of registration with priority given to bus passengers and members. You are urged to **register early** to avoid disappointment. Those unable to travel on the bus will be refunded their share of bus transportation costs after all bills are settled. Enquiries: Lars at 389-8747.

RIDEAU TRAIL - KINGSTON CLUB: WINTER WEEKEND — Jan 31-Feb 2, 2003

REGISTRATION FORM # _____

(FOR USE BY ORGANIZERS)

Name(s) _____

Address _____ City _____ Postal Code _____

Phone (home) _____ (business) _____ Rideau Trail Member Y/N _____

Enclosed is my/our deposit of \$90 per person, totalling \$ _____ (payable to Rideau Trail in Trust)
and post-dated cheque dated December 30 for \$200 per person double occupancy, or \$300 single occupancy,
totalling \$ _____ (payable to Rideau Trail in Trust)

I wish to room with _____ Prefer non-smoking _____ Smoking _____

I/We have the following dietary restrictions _____

Members of the Rideau Trail - Kingston Club will be given booking priority if hotel room numbers are restricted. It is suggested that non-members take out a membership before registering to ensure their booking priority. Cancellations after December 1 may not receive a full refund if replacements are not available.

Cut out and mail to: Lars Thompson (Ski Weekend 2003) 832 Wartman Avenue, Kingston K7M 4M5



Return Address:
Rideau Trail Association
P.O. Box 15
Kingston, Ontario
K7L 4V6

Canada Post
Publications Mail
Agreement No. 40019036

**31st ANNUAL GENERAL MEETING OF THE RIDEAU TRAIL
ASSOCIATION — SATURDAY, OCTOBER 19
LOMBARD GLEN GOLF CLUB, SMITHS FALLS**

MEMBERSHIP APPLICATION: The membership year is from April 1 to March 31. Applications for new memberships dated November 1 - March 31 will be valid for the following membership year. Your membership in the Rideau Trail Association provides the financial support essential for the continuous maintenance, improvement, extension, and protection of the Rideau Trail network. As a member you will receive the quarterly newsletter and special mailings, as well as voting rights in local Club and Association activities. To join or renew, please complete the form below and mail it with your payment to: **Rideau Trail Association, P.O. Box 15, Kingston, Ontario, K7L 4V6.**

☐ Annual Individual/Family Membership	\$20.00	MEMBERSHIP CATEGORY
☐ Patron (Life Membership)	* \$300.00	New Member ☐ Renewal ☐
☐ Trail Guidebook: Members	† \$22.00	Present Life Member ☐ Complimentary Member ☐
(6th edition, 2001) Non-Members	† \$27.00	
☐ B&B Guide	† \$5.00	PLEASE INDICATE A DESIRE TO HELP WITH
(\$4.00 if ordered with a Trail Guide)		Serving on Executive ☐ Leading Hikes ☐
☐ Rideau Trail Wall Map	† \$12.00	Leading x/c Ski Outings ☐
☐ Crest	\$2.00	Trail Construction ☐ Trail Maintenance ☐
☐ Lapel Pin	\$4.00	Other (specify): _____
☐ Car Sticker (free to new members)	\$1.00	Name: _____
Prices subject to change		Address: _____
☐ Donation to RTA	* \$ _____	City: _____ Province: _____
☐ Donation to RT Preservation Fund	* \$ _____	Postal Code: _____
TOTAL	\$ _____	Telephone: _____
		E-mail: _____
* Qualifies for income tax credit (Charitable registration # 0041733-56-11)		☐ I wish to subscribe to an RTA e-letter.
† Includes postage and handling		