

The Rideau Trail NEWSLETTER

SPRING 2005



Hikers enjoy the Merrickville Loop hike Sept. 11, 2004. Photo submitted by Kyoung Uhm.

Ottawa Club Annual General Meeting Friday, April 22, 2005

Dominion Chalmers United Church, 355 Cooper Avenue, Ottawa (Parking lot off Lisgar or O'Connor Street)

Program

6:30 p.m. Coffee, Tea and Juice 7 p.m. Business Meeting 8 p.m. Crossing Africa from North to South Slide show: by Denise Hudson

ISSUE NO. 135

Kingston Club - Annual General Meeting

Saturday, April 23, 2005 Little Cataraqui Conservation Area Outdoor Centre

Program: 9:30 a.m. Coffee 10 a.m. Business Meeting 12:30 p.m. Brown bag lunch and hikes

Rideau Trail Association 34th Annual General Meeting

Saturday, June 18, 2005 Royal Canadian Legion Branch No. 245 223 Main Street West, Merrickville, ON (Main Street West & St. Lawrence Avenue) 613-269-3338

Program

9:30 a.m. Coffee and tea
10 a.m. Business Meeting
12 Noon Lunch
Purchase at Legion for \$6 (you must preorder) or brown bag lunch
12:15 p.m. Guest Speaker from
Routes to Learning.

Program of adventure holidays
1:15 p.m. Afternoon hikes
There is no evening dinner.

Contact your Club Representatives by June 3, 2005 to pre-order lunch: John Cornish (Kingston) 382-4778 Don Sherwin (Central) 264-0759 Bill Grant (Ottawa) 820-0697 The Rideau Trail Newsletter is published quarterly in March, June, September, and December by the Rideau Trail Association. The editor of this issue is Linda Rea for the Ottawa Rideau Trail Club.

The Summer 2005 newsletter will be prepared by the Ottawa Club. Submissions for the Summer newsletter are encouraged and should be sent, to arrive by May 1, 2005 to

Ron Hunt e-mail: re.hunt@sympatico.ca

6121 Larivière Crescent, Ottawa, ON K1W 1C6 Phone: (613) 590-7467

If possible, text should be sent electronically (with no document formatting). Pictures are also welcome - black and white photographs or colour photographs with good definition and contrast.

Unless otherwise stated, the opinions expressed in this Newsletter are not necessarily those of the Rideau Trail Association.

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K7L 4V6

Message from the President

We are now well into our 34th year of operation and the Rideau Trail Association is a great success story. Achieved by the willingness of dedicated people, largely anonymous, who collectively spend thousands of hours each year to ensure that all our scheduled events run smoothly.

However, there are always unexpected difficulties that arise. Storms can create

havoc on the trail; re-routes have to be arranged; often there is flooding; bridges need to be replaced or repaired. I am always amazed by the speed with which these difficulties are overcome. Credit is due to the members who look after trail maintenance or landowner negotiations, and go out on the trail at short notice to take care of these problems so that hikes can go ahead without delay.

Volunteers are the heart of our organization and the tasks are often demanding. Preparing this Newsletter for publication for example is not an easy process and arranging the list of events for each season can be taxing. Leading a hike requires some pre-planning and a sense of responsibility for ensuring hiker safety. Fortunately we have an excellent group of leaders who are always willing to volunteer their skills.



A vote of thanks is due to all those who make a contribution by serving on the executives of the three clubs and the association; and also to those who operate and create material for the website. Congratulations to those who were involved in designing and building the trail at the Marble Rock Conservation Area, a fine achievement and an excellent addition to the trail system.

There are many other important ways people contribute their time and energy such as clearing brush, recording memberships, collecting fees, preparing financial reports, researching insurance and legal matters, planning social events, secretarial work, providing maps and text for the new Trail Guide and updating the B&B list.

Help is always needed. If you would like to become involved in these, or in any other

area of club or association activities please contact your club president or a coordinator. A recent survey found that the average age of our members was in the late 50s. Where are the young faces? Where are the people who will carry us into the middle of this century? This has often been a topic of some concern and discussion in the past. There are no easy solutions to this dilemma. However we need to ensure that the Rideau Trail Association will always succeed and prosper and that the passion that led to its creation will continue to flourish into the future.

David Armitage

*David's photo above taken at Arkon Lake Trail in Frontenac Park. Submitted by Dave and Peter Burbidge.

Participant Responsibilities on all Outings

Participants should bring a lunch, drinking water, sun and insect protection, and should wear appropriate footwear and clothing. Choose an outing suitable to your physical abilities and skill level. You should inform the leader, at the start, of any health problems or of any existing or potential difficulties with equipment. Each participant will respect all financial obligations. The volunteer leaders will expect the support and cooperation of each group member. Parents and guardians are expected to supervise their own children.

2005 END-TO-END HIKING PROGRAM

This series of hikes, organized jointly by all three RTA Clubs, covers the entire Rideau Trail, starting in Ottawa on April 30 and ending at Kingston in October. The hikes vary in difficulty, and in length between 9 and 18 km. Long drives and a late return should be expected for the segments of the program at the other end of the trail from where you live. Members of the RTA who complete the series of hikes may apply for official recognition. Certificates and badges are awarded each year at the June RTA Annual General Meeting. Those who do only some of the hikes, this time, may also apply for official recognition, once they have completed the other segments either on other RTA outings or on privately organized hikes. To apply, document the dates of each segment, and send it to the RTA (see mailing address back cover).

See each Club's Activity Schedule for meeting times and places for the car shuttle to the rendezvous point. As usual, passengers are encouraged to pay the specified amount to the driver to cover costs. On some of the hikes, a local bus will be hired to shuttle hikers between rendezvous point and the place where the hike will start. This will avoid the waiting time for a car shuttle at the end of the hike. There will be a nominal charge for the shuttle bus. The hike leader is appointed by the Club responsible for the segment being hiked: the other two clubs appoint organizers to organize carpooling from their own locations. For information on car-pooling, contact your local organizer (see Club schedule). For other details on the hike, call the hike leader. For general information on the program, please contact your Club chair (see page 2 for names and contact information). Map numbers refer to the 6th edition, 2001, of the Trail Guidebook.

Saturday, April 30. End-to-End Hike #1. Map #12. Level 1. On city recreational paths. Richmond Landing, Ottawa, along the Ottawa River to Corkstown Road & Moodie Drive. 14 km. Suggested car park: below the National Library. Meet at Richmond Landing off Portage Bridge. No car shuttle. Return on the 96 bus. Leader will provide bus tickets at cost. Opening ceremony 10 a.m. Depart by 10:30 a.m. LEADER: Denise Hudson 232-9852 denisehudson@sympatico.ca

Sunday, May 1 - End-to-End Hike #2. Map #11 & 12. Level 1+. Corkstown Road & Moodie Drive to Fallowfield Road. 15.9 km. Meet at Fallowfield Park and Ride at 10 a.m. Gas \$2. LEADERS: Shawn Hutchinson 820-1463 millip@parl.gc.ca and Don Grant 828-1026 donvi@sympatico.ca

Saturday, May 14 - End-to-End Hike #3. Map #10 & 11. Level 2. Fallowfield Road (at Steeple Hill) to end of Ottawa Street (west of Richmond). Mostly flat country side roads, some woods, lagoon and riverside walking. 14.9 km. Meet at Fallowfield Park and Ride at 10 a.m. Gas \$3. LEADER: Alex Bissett 828-4363 bissett@compmore.net

Saturday, May 28 - End-to-End Hike #4. Map #10. Level 2. End of Ottawa Street (west of Richmond) to Kettles Road. 13.7 km. Meet at the end of Ottawa St. at 10 a.m. Gas \$3. LEADER: Ron Maybury 836-2953 ronmay@rogers.com

Sunday, May 29 - End-to-End Hike #5. Map #9 & 10. Level 2. Afternoon walk. Kettle Road to Rogers Stevens Drive 9.3 km Marlborough Forest. Some wet areas. Rendezvous at parking lot on Roger Stevens Drive at 12:30 p.m. Bus shuttle from there to Kettles Road. LEADER: Terry Baker 825-5267 terryrd.baker@sympatico.ca

Saturday, June 11 - End-to-End Hike #6. Map #8 & 9. Level 2. Roger Stevens Road to Gilroy Road including Earth Star Loop. 16 km. Marlborough Forest. Lime kiln. Some wet areas. Rendezvous at parking lot on Roger Stevens Drive at 10 a.m. Bus shuttle from there to Gilroy Road. LEADER: Ron Hunt 590-7467 re.hunt@sympatico.ca

Sunday, June 26 - End-to-End Hike #7. Map #8. Level 2+. Gilroy Road to Smiths Falls (Matheson Drive & Rosedale Road) 14.4 km. Meet at Rosedale Rd. at 10 a.m. Bus shuttle from there to Gilroy Rd. LEADERS: Ruth Hutchinson 749-0990 hello@travel-net.com & Peter Hawkins 749-2093 pjhawkins@sympatico.ca

Summer dates: Central Club End-to-End Hikes Saturday, July 9 Matheson Drive and power lines to Port Elmsley

Sunday, July 24 - Port Elmsley to Last Duel Park (Perth) Saturday, August 6 - Last Duel Park to McLaren Lake Road

Sunday, August 7 - McLaren Lake Road to Murphy's Point Park Gate

KINGSTON CLUB SPRING ACTIVITIES SCHEDULE

The meeting place for all activities, unless stated otherwise, is in the **Jumbo Video** parking lot at the **Kingston Centre**, shortly before the departure time indicated. Bring lunch and extra water. Wear strong footwear and come prepared for weather changes. If in doubt about your ability to cope with the outing, call the leader in advance. Car pooling will be organized. The contribution towards gas is indicated for each hike. Car entry fees for Provincial Parks and Conservation Areas are to be shared.

Wednesday Walkers depart at 1:30 p.m., except on the second Wednesday of the month when an all-day outing is scheduled. For information on the afternoon walks, call the Milloys at 530-2142.

Members willing to be leaders, or who wish to suggest new locations for upcoming seasons, should contact Don Bond at 634-9353. Leaders may obtain blank sign-in sheets from Joan Bailey at 389-1935, and should return completed sheets to her at 709 Davis Drive, Kingston, K7M 7X5.

Levels of Difficulty - Hiking

Level 1: Well-defined trails, gentle inclines. Hiking boots not required, but trails may be wet. Suitable for beginners. Recommended for newcomers to club activities.

Level 2: Generally on trail. May be hilly, light bushwhacking, some rough spots or obstacles. Boots recommended.

Level 3: Rough terrain. One or more of extensive bushwhacking, steep sections, long climbs and descents, beaver dams or other obstacles, rock scrambling. Boots, level 2 experience, and a high level of fitness essential. Long pants and sleeves recommended.

Levels of Difficulty - Cycling

Level 1 – Few hills, broad roads, or bike paths, little traffic. Participants must be able to ride a bicycle.

Level 2 – Some hills, narrower roads, some traffic. Participants should be fit and experienced.

Level 3 – Long hills, narrow roads, excellent fitness and good cycling skills required.

Saturday, March 12 - CRCA

Hike or ski at Little Cat. Levels 1 and 2 at a moderate pace. Distance 10 km. Gas \$2 plus entry fee. Depart 9:30 a.m.

LEADER: Joan Bailey 389-1935

Sarurday, March 19 - Opincon Area

Hike or ski. Level 1-2. Distance 10 km. at a moderate pace. Gas \$4. Depart 9:30 a.m.

LEADER: Allan Tattersall 549-4080

Saturday, March 19 - Spring Pot Luck Dinner

Margaret and John Page are kindly hosting one of our favorite events, 6 p.m. Bring your favorite dish (BYOB). RSVP: Linda Line 531-4353

Tuesday, March 22 - Rideau Trail Closed

Saturday, March 26 - Rideau Trail

Hike from Unity to Lees Road and return with a couple of side trips; one to a sugar shack for maple syrup. Level 1 at a moderate pace. Distance 10 km. Gas \$3. Depart 9:30 a.m.

LEADER: Bill Murdoch 389-3023

Sunday, March 27 - Frontenac Park

Hike the Corridor Trail in Frontenac Park. Level 1 at a moderate pace. Distance 10 km. Gas \$4 plus park fee. Depart 9 a.m.

LEADER: Audrey Sanger 384-6244

Saturday, April 2 - Lemoine Point

An easy hike in this conservation area for 8 km. Gas \$2. Depart 9:30 a.m.

LEADER: Bruce Bromfield 634-9409

Saturday, April 9 - Amherst Island

Hike around the island with possible stop to explore the owl woods. Meet to depart at 8:30 a.m., or 9:15 a.m. at the ferry dock. Level 1-2 at a moderate pace. Distance 17 km. Gas \$2 plus ferry fare.

LEADER: Dave Armitage 634-4426

Sunday, April 10 - Parrots Bay

Enjoy an early Spring hike in this area. Be prepared for wet weather. Distance 8 km. Level 1 at an easy pace. Gas \$2. Depart 10 a.m.

LEADER: Audrey Kilpatrick 545-1268

Wednesday, April 13 - Gould Lake

Hike the Mine Loop in this conservation area on the east side of Gould Lake, with lunch at Point Spur and then return. Distance 10 km. Level 2 at a moderate pace. Gas \$3 plus park fee. Depart 9 a.m.

LEADER: Watson Ogilvie 530-2378

Saturday, April 16 - Sheffield Cons. Area - Hwy 41

See unique flora and fauna. Possible bushwhacking. Level 2 at a moderate pace. Distance to be decided. Gas \$4. Depart 9:30 a.m.

LEADER: Allan Tattersall 549-4080

Sunday, April 17 - Gould Lake

Hike the Ridgewalk Loop in this conservation area. Distance 14 km. Level 3 at moderate speed. Boots required. Gas \$3 plus entry fee. Depart 9 a.m.

LEADER: Bill Murdoch 389-3023

Saturday, April 23 – Kingston Club AGM

Little Cataraqui Conservation Area Outdoor Centre. See p. 1 for details.

Sunday, April 24 - Rideau Trail

Hike between Gould Lake and Sydenham, then return. Distance 12 km. Level 2 at a moderate pace. Gas \$3. Depart 9 a.m.

LEADER: Jane Hough 373-2268

Saturday, April 30 - Frontenac Park

Hike the Bufflehead with Lynn for 8 km. at a moderate pace. Level 2. Gas \$4 plus park fee. Depart 9 a.m.

LEADER: Lynn Nolan 389-8747

Sunday, May 1 - Gould Lake

From the Famous Trail entrance off Bedford Road, hike the Tom Dixon and Mica Trail; returning to Bedford Rd. via the Wagon Trail. Level 3 for 10 km. at a fast pace. Gas \$3. Depart 9 a.m.

LEADER: Audrey Sanger 384-6244

Saturday, May 7 - Frontenac Park

Hike to Mink Lake lookout and return. Distance is 12 km. at a moderate pace. Level 2. Gas \$4 plus park fee. Depart 9 a.m.

LEADER: Dave Armitage 634-4426

Sunday, May 8 - Cataraqui Trail

Cycle to Sydenham from Perth Road and return. Level 1 at an easy to moderate rate. Gas \$3.

Distance 26 km. Depart 10 a.m.

LEADER: Carol Cain 549-8669

Wednesday, May 11 - Napanee

Hike on the Hough farm and view the wild flowers along the way. Distance 10 km. Level 1 at a moderate pace. Gas \$4. Depart 9 a.m.

LEADER: Jane Hough 373-2268

Sunday, May 15 - Gananoque

Visit a Wildlife Area in Gananoque. Distance 15 km. Level 2-3 at a moderate pace. Gas \$4. Depart 9 a.m.

LEADER: John Cornish 382-4778

Sunday, May 22 - Cataraqui Trail

Hike from Harrowsmith to Sydenham. Distance 10 km. at a moderate pace. Level 1. Gas \$3. Depart 9 a.m.

LEADER: Alberta Edgar 542-9662

Saturday, May 28 - Gananoque

Hike in the Marble Rock Conservation Area. Distance 10 km. at a moderate pace. Level 2. Gas \$4. Depart 9 a.m.

LEADER: Peter Murray 382-2824

Sunday, May 29 - Rideau Trail

Hike from the Trailhead to 267 The Parkway. Lunch on the patio and return. Level 1 at a moderate pace.

Distance 8 km. Gas \$2.

Depart 10 a.m.

LEADER: Jean Thompson 544-0340

Saturday, June 4 - Amherst Island

Cycle on the island with Bernie. Meet at the ferry at 9 a.m. Distance 20 km. Level 1. Ferry fee. LEADER: Bernie Gates 389-1835

Sunday, June 5 - Sandbanks Provincial Park

Visit beaches and enjoy the wildflowers while hiking in this lovely park. Level 1 at an easy pace. Distance 10 km. Depart 8:30 a.m. to catch the 9:15 a.m. ferry at Glenora. Gas \$5 plus park fee. LEADER: Bob Chadwick 352-1052

Tuesday, June 7 - Hike Leaders Meeting

Please call Don Bond at 634-9353 for information.

Wednesday, June 8 - Charleston Lake Park

Hike the eastside trails in the park for 10 km. Level 2 at a moderate pace. Gas \$4 plus park fee. Depart 9 a.m. LEADER: Watson Ogilvie 530-2378

Saturday, June 11 - Parrots Bay

Hike the trails in this popular area. Level 2. Distance 10 km. at an easy pace. Gas \$2. Depart 9 a.m. LEADER: Elgin Boch 389-4216

Sunday, June 12 - Rideau Trail

From Orser Road to Railton Road. Easy level I hike at a fast pace over fields, roads and road allowance. 8 km. See the beaver dam that gave us so much trouble. Put a chair or two in the trunk for lunchtime. Gas \$3. Depart 10 a.m. LEADER: Bill Murdoch 389-3023

Saturday, June 18 - Slide Lake Loop

Entering Frontenac Park from Perth Road Dugald will lead you around this scenic loop. Level 3 at a moderate pace for 15 km. Bring lots of water. Gas \$4. Depart 9 a.m. LEADER: Dugald Carmichael 542-8628

Sunday, June 19 - Fort Henry

Hike from Fort Henry to Ravensview and return. Level 1 at an easy pace for 8 km. Gas \$2. Depart 9 a.m. LEADER: Elgin Boch 389-4216

Saturday, June 25 - Frontenac Park

Hike the Rideau Trail to Flag Pole Hill and back. Level 3 for 15 km. at a moderate pace. Gas \$4 plus park fee. Depart 9 a.m. LEADER: Stan Huff 548-3003

Sunday, June 26 - Cataraqui Cemetery

Walk in this historical cemetery through which the RT winds. View the beautiful gardens before hiking the trails to the north and return. Distance 8 km. at an easy pace. Level 1. Gas \$2. Depart 10 a.m.

LEADER: Jean Thompson 544-0340

Ray Forester - In Memoriam



Photo submitted by Ray's grandchildren.

Ray Forester, who died earlier this year, will be dearly missed by his RTA friends. Besides serving on the Kingston Club executive, Ray was an association board member, including President. He led hike and canoe outings, maintained a section in the Opinican Lake area, and encouraged the club to develop new members. He presented a number of hike leader workshops, taped and distributed information on lyme disease, and was the first to produce a video tape on Hike Leading on the Rideau trail. He was the recipient of the second Outstanding Service Award.

On a hike, Ray would be the quiet presence who knew the trail inside out, always monitoring the group for difficulties, and making suggestions to the leader on security. With Ray, one could make great blunders and things would turn out ok, with the leader ready to take on another hike lead.

Everyone who hiked or canoed with Ray knew how important to him were his family members and the great joy he obtained from their development and shared outings. To Dorothy, their children and grandchildren, our thoughts are with you.

Betty McIver

OTTAWA CLUB SPRING ACTIVITIES SCHEDULE

The meeting place for all Ottawa Club Activities, UNLESS OTHERWISE STATED BELOW, is the parking lot of the R.H. Coates Building (Statistics Canada) on the west side of Parkdale Avenue just north of where it intersects with Scott Street in Ottawa. The OC Transpo stop. *Tunney's Pasture*, is one block away.

Transportation is by pooling of private cars, and passengers contribute to the driver's costs. Fees for parking and entry to Parks and Conservation Areas are shared between the driver and passengers. Scheduled activities usually take place regardless of the weather. For more information about a particular activity, contact the leader by phone or email. If you are unable to reach a leader, or if you need general information, please call the Ottawa Club at 860-2225.

This schedule prepared by Denise Hudson.

The Moonlighters

Every Tuesday evening from late April until the end of August, there will be a short level 1-2 hike, usually in Gatineau Park, always within a 30-minute drive of Tunney's Pasture.

Meet no later than 5:55 p.m. at the R.H. Coates Building parking lot in order to depart promptly at 6 p.m. Hikes usually last until sunset. Bring water, snack, bug repellent, proper footwear, flashlight, and lots of energy and enthusiasm. Gas \$2-\$4.

Hike leaders often go directly from work to the meeting area, so calls to leaders for information should be made prior to the date of the hike. Most hikes take place rain or shine, but, if in doubt on the day of the hike, hikers should use their best judgment as to whether or not the hike will take place. As hike locations may be changed at the last minute, hikers going directly to the trailhead risk missing the hike.

On each hike, there will usually be a short break of about 20 minutes. However, as conditions warrant, hike leaders may elect to shorten or eliminate that break. Participants needing to eat should bring food that can eaten on the move or else be prepared to eat following the hike. Moonlighters Coordinator: John Crysdale 728-9192.

Urban Walks

Every Tuesday evening beginning March 15 through to April 19, there will be an Ottawa urban walk. We will also be stopping at a Pub for refreshments each evening after the walk. DO NOT MEET AT TUNNEY'S PASTURE. MEET AT THE STARTING POINT OF THE WALK FOR DEPARTURE AT 6 P.M. Coordinator: Pat Archer 565-6149

The Wednesday Walkers

Every Wednesday, there are Level 2 and 3 hikes in the Gatineau Park. Departure time is 9:30 a.m. Call Dorothy Belter 523-4420 or Nanette Whitwam 730-5417 for more information including the meeting place. DO NOT GO TO TUNNEY'S PASTURE.

2005 End-To-End Hikes

To participate in these hikes DO NOT GO TO TUNNEY'S PASTURE. For the first hike (30 April) go to the Ottawa end of the trail (Richmond Landing). For all the other hikes, MEET AT FALLOWFIELD PARK AND RIDE (Fallowfield Road and Woodroffe Avenue). There is free parking in the large bus lot at Fallowfield, but not adjacent to the Rail Station. See p. 4 for further details.

April 12- Leaders' Planning Meeting

Leaders and prospective leaders are invited to a dinner and meeting to plan the Summer Schedule. To attend the meeting, or to list your event, please contact Terry Baker 825-5267 terryrd.baker@sympatico.ca

Saturday, March 12 - Gatineau Park

Snowshoe, level 2+. Power Line Area. Partly along power line trail, with excursion into Hawley Lake Mountains, which really are best seen in winter. Slopes! Hope for sun! Leisurely paced. (Alternative: Power Line/Ben Lake Waterways) Approx. 4 hrs. Gas \$5. Depart 9:30 a.m. LEADERS: Kay Methot and Mohan Taagepera 770-4258 Taagepera.Arvo@ic.gc.ca

Tuesday, March 15 – Urban Walks begin See separate section.

Sunday, March 20 - Gatineau Park

Ski or hike. Level 2 ski or hike depending on conditions. Depart 9:30 a.m. LEADER: John Barron 828-2296 barronj@dfo-mpo.gc.ca

Tuesday, March 22 - Rideau Trail Closed.

Saturday, March 26 - Gatineau Park

Snowshoe, level 3. Snowshoeing in the Ben Lake Waterways area. Mainly on compacted tracks. Some exploratory stuff. Leisurely paced. Compass recommended. (Alternative: Hawley Lake Mountains). Approx.5 hrs. Gas \$5. Depart 9 a.m. LEADER: Mohan Taagepera 770-4258 Taagepera.Arvo@ic.gc.ca

Saturday, March 26 - Jack Pine Trails

Level 1 snowshoe or hike. About 6 km. Meet at South End of Baseline Park & Ride at 10:15 a.m. Gas: \$2. Due to uncertain weather, please call. LEADER: K. Jean Cottam 726-1596 kjcottam@idirect.com

Saturday, April 2 - Gatineau Park: Herridge

Level 1 leisurely hike. Pine Rd. to Herridge Lodge. Bring lunch. 8 km. Depart 9:30 a.m. Gas \$4. LEADER: Coby Fuykschot. 722-6022

Saturday, April 2 - Gatineau Park: Twin Peaks

Level 2+ slow-paced exploratory snowshoe/hike in the Twin Creeks area. Slopes! Rocks! Sunny (?) snowfields! Some of the best snowshoeing of the season has taken place this time of the year. Approx. 4 hrs. Gas \$5. Depart 9:30 a.m.

LEADER: Mohan Taagepera 770-4258 Taagepera.Arvo@ic.gc.ca

Sunday, April 3 - Daylight Savings Time Begins

Sunday, April 3 - Discover Downtown Ottawa

Level 2 urban hike. Will take in Old Waterworks, Chaudière Falls, Rideau Falls, Minto Bridges, Porter Island, and the various pathways in Ontario and Quebec. Lunch and refreshment stops in the Byward Market and New Edinburgh Pub. 16 km. Depart 10 a.m. Gas \$1. LEADER: Dave Audette 224-1147 david.audette@bell.ca

Saturday, April 9 - Ottawa River

Level 1 hike alongside Ottawa River. Distance flexible. Meet at Tunney's Pasture at 11 a.m. No gas money. LEADER: K. Jean Cottam 726-1596 kjcottam@idirect.com

Sunday, April 10 - Gatineau Park: Eardley Ridge

Level 3 hike. Fire Tower to Pulpit. Lots of nice spring views. Approx.14 km. Depart 9:30 a.m. Gas \$5. LEADERS: Ann Lane 741-3184 en814@freenet.carleton.ca and Dave Audette 224-1147 david.audette@bell.ca

Saturday, April 16 - Raisin River Valley

Level 2 hike. North-East of Cornwall. Martintown to Williamstown with interpretive walk through historic Williamstown. 14 km. Depart: 9 a.m. Gas \$8. LEADER: David Spector 270-1046 david.spector@pc.gc.ca

Saturday, April 23 – Gatineau Park: Hollow Glen

Level 3 hike. Starts from Hollow Glen Rd. off Mountain Rd. and proceeds along the escarpment including the three Old Champlain Lookouts. Lunch will be at Étienne Brulé, or, in case of rain, in Huron Lodge. 12 km. Depart 9 a.m. Gas \$3. LEADER: Alex Macdonald 237-6399 alxmac99@hotmail.com

Saturday, April 23 - Morris Island

Level 1 hike along easy waterside trails on the Ottawa River near Amprior. About 7-8 km. Depart 9:30 a.m. Gas: \$5.

LEADER: Ron Maybury 836-2953 ronmay@rogers.com

Tuesday, April 26 – Moonlighter Hikes begin See separate section.

Saturday, April 30 – End-to-End Hike #1 Do not go to Tunney's Pasture. Do not go to Fallowfield. No gas charge. See p. 4.

Saturday, April 30 - Lime Kiln

Level 1 hike. 6-8 km. Meet at South End of Baseline Park & Ride at 10:15 a.m. Gas: \$2 LEADER: K. Jean Cottam 726-1596 kjcottam@idirect.com

Saturday, April 30 – Hike Leader Certification

This is the Hike Ontario Standard Hike Leader Certification Course. Cost: \$40 per person. See www.hikeontario.com/pages/resources/cert.html for more details. Course given at Frontenac Park by David Armitage, RTA President. To register: contact Terry Baker 825-5267 terryrd.baker@sympatico.ca

Sunday, May 1 - End-to-End Hike #2

Meet at Fallowfield at 10 a.m. Do not go to Tunney's Pasture. See p. 4.

Sunday, May 1 - Gatineau Park Exploratory

Level 3 hike. High ground around Lusk Lake. Off trail. Gas \$5. Depart 9 a.m. LEADER: John Barron 828-2296 barronj@dfo-mpo.gc.ca

Saturday, May 7 - South Frontenac Park

Level 3 hike. Arkon Lake Loop plus spectacular wetlands and beaver dams. Moderate pace. Late return. 17 km. Depart 8:30 a.m. Gas \$9. LEADER: David Spector 270-1046 david.spector@pc.gc.ca

Saturday, May 7 - Greenbelt

Level 1 leisurely hike. Bells Corner to Kanata. Bring lunch. 10 km. Depart 9 a.m. Gas \$2. LEADER: Coby Fuykschot. 722-6022

Saturday, May 7 - Spring Clean-Up

Adopt-a-Road Right-of-Way program. Roger Stevens Drive between McKenna Road and the point where the Rideau Trail crosses Rogers Stevens Drive. A minimum of 6 people is needed; 12 would be ideal. Please register in advance so that enough equipment is provided. Depart 9:30 a.m. Gas \$5.

LEADER: Nanette Whitwam 730-5417 nanval@sympatico.ca

Sunday, May 8 (Mother's Day) - Cycle Adventure

Level 2 cycle. Take mom on an adventurous cycle tour today! RTA ride to SOMEWHERE interesting, 75-80 km round trip. Depart Tunney's Pasture at 9 a.m. LEADER: Esther Hault 775-9695 Esther.Hault@pwgsc.gc.ca

Saturday, May 14 - End-to-End Hike #3

Meet at Fallowfield at 10 a.m. Do not go to Tunney's Pasture. See p. 4.

Saturday, May 14 – Gatineau Park: King Mountain Level 2 hike from Kelly Rd. 6+ km Depart 1 p.m. Gas \$3. LEADER: Ann Lane 741-3184 en814@freenet.carleton.ca

Saturday, May 14 - Orléans

Level 1 cycle. From Centretown along the Ottawa River path to Orléans, with option to cycle to Petrie Island. Do not go to Tunney's Pasture. Meet at 50 Cooper St., the parking lot at the rear of Ann Manor. 25 km (30 if go to Petrie Island). Return two-by-two on the 95 bus. Depart 10 a.m. LEADER: Theodora Newton 569-3540 Theodora.Newton@international.gc.ca

Sunday, May 15 – Charleston Lake Provincial Park Level 2 hike. Four Short Trails. Rugged shoreline, caves and wetlands. Late return 14 km. Depart 9 a.m. Gas \$8. LEADER: David Spector 270-1046 david.spector@pc.gc.ca

Saturday, May 21 - Pine Road area

Level 2 hike. Depart 9:30 a.m. Gas \$4. LEADERS: Lena and Graham Creedy 789-1657

Monday, May 23 (Victoria Day) – Gatineau Park: P8 Level 2½ – 3 hike. Afternoon exploration from P8 parking lot (Parkway and Meech Lake Road). This hike is almost all on old trails, but there are short bushwhacks where the connections are missing. The pace will be fairly easy to allow maximum participation (call if you'd like more info before deciding). About 7 km. Depart 1

Monday, May 23 (Victoria Day) - Aylmer

p.m. Gas \$3. LEADER: Graham Creedy 789-1657.

Level 1 cycle. Cycle to Aylmer by the inland Sentier des Pionniers (Autoroute de l'Outaouais), and return along the Sentier des Voyageurs (along the river). About 3 hours and 30 km. Depart 10 a.m. LEADER: Denise Hudson 232-9852 denisehudson@sympatico.ca

Saturday, May 28 - End-to-End Hike #4

Meet at Fallowfield at 9:30 a.m. Gas \$3. Do not go to Tunney's Pasture. See p. 4.

Saturday, May 28 - Western Greenbelt

Level 1 hike. Lime Kiln extended loop. 8-10 km. Depart 9:30 a.m. Gas \$2.

LEADER: Jean Sunter 828-6077

Sunday, May 29 - End-to-End Hike #5

Meet at Fallowfield at 12 p.m. Gas \$3. Do not go to Tunney's Pasture. See p. 4.

Saturday, June 4 - Carp Farmers' Market

Cycle ride, level 2. (Lunch can be purchased, or bring your own). About 67 km. Depart 9:30 a.m. LEADER: Peter Scott 729-9557 (h), 957-0981 (w) Peter_Scott@hc-sc.gc.ca

Saturday, June 4 - North Frontenac Park

Level 3 hike. South Moulton Gorge. Moderate pace. Late return. 20 km. Depart 8:30 a.m. Gas \$8. LEADER: David Spector 270-1046 david.spector@pc.gc.ca

Saturday. June 4 - Greenbelt hike

Level 1+. Trails 28-26 and 11, about 12 km. Meet at South End of Baseline Park & Ride, 10:15 a.m. Gas \$2. LEADER: K. Jean Cottam. 726-1596 kjcottam@idirect.com

Saturday, June 11 - End-to-End Hike #6

Meet at Fallowfield at 9:15 a.m. Gas \$4. Do not go to Tunney's Pasture. See p. 4.

Saturday, June 11 - Gatineau Park: Herridge

Level 2 hike, 15 km. P17 to Herridge and out at Pine Road. If it is a fine day, optional stop at MacDonald's Bay (an extra 1 km.). Bring lunch and bug repellent. Proper footwear required. There will be a car shuttle from Pine Road. Depart 9:30 a.m. Gas \$5. LEADER: Laraine Laughland 723-8851

Saturday, June 11 - Gatineau Park: Tunnel Tour

Level 3 hike, 12 km. Starts at Pine Road and proceeds along Giant Trail, and includes the Ruins and the tunnels under Highway 5. Depart 9 a.m. Gas \$4. LEADER: Alex Macdonald 237-6399 alxmac99@hotmail.com

Sunday, June 12 - Hull

Level I cycle. Hull exploratory using Hull urban bike paths. Via Champlain Bridge and parts of Parc de la Gatineau eventually to Parc écologique du Lac-Leamy. 3-4 hours and 30 km. Depart 9:30 a.m. LEADER: Denise Hudson 232-9852 denisehudson@sympatico.ca

Saturday, June 18 – Rideau Trail Association 34th Annual General Meeting

Merrickville. See separate notice.

Saturday, June 18 - Outaouais Cycle

Level 2 cycle. 45 to 50 km, moderate pace, not for beginners. Mostly on NCC pathway, with some steep hills and public roads, this scenic tour takes in city, river & forest. The ride includes part of the Ottawa River, Gatineau River, Leamy Creek and Gatineau Park & Voyageurs Pathways. You'll give your gears a good workout on this one. Depart 9:30 a.m. LEADERS: Adèle & Bill Mayers 833-0664 riverview@sympatico.ca

Sunday, June 19 - Gatineau Park: Twin Lakes

Level 3 hike. Less common route to Twin Lakes from Lusk Lake trail, with swimming. 12 km. Depart 9:30 a.m. Gas \$5.

LEADER: Graham Creedy 789-1657

Saturday, June 25 - Petrie Island

Level 2+ cycle. Start from R.H. Coates building and travel east along the Ottawa River bike paths to Petrie Island in Orléans (bike path most of the way). Distance: approx. 65 km. Depart: 9:30 a.m. LEADER: Gloria Daly 224-4413 gloriadaly@hotmail.com

Saturday, June 25 - Greenbelt

Hike on Sportsplex/Slack Rd. Trails. Level 1. About 8 km. Meet at South End of Baseline Park & Ride at 10:15 a.m. Gas \$2.

LEADER: K. Jean Cottam 726-1596. kjcottam@idirect.com

Sunday, June 26 - End-to-End Hike #7

Meet at Fallowfield at 9 a.m. Gas \$4. Do not go to Tunney's Pasture. See p. 4.

	Week #	Date	Leader	Sunset	Hike Name and Location
_		March 15	Pat Archer 565-6149	Canal Bridge-to-Bridge. Meet behind TD Canada Trust (Pretoria Bridge & The Driveway)	
		March 22	Pat Archer 565-6149	New Edinburgh/Rockcliffe Park. Meet at 193 Stanley Ave., New Edinburgh park Clubhouse (this is near the river at the end of Stanley Ave.)	
U		March 29	Roger Stacey 737-0889	Ottawa/Hull Bridge-to-Bridge (Portage/Champlain) ** this walk is the beginning of the Rideau Trail ** Meet at Old Mill Restaurant (Western Parkway & Portage Bridge)	
>		April 5	Terry Baker 825-5267	Britannia Village. Meet at Lincoln Fields Shopping Centre parking lot—Richmond Road side near Pizza Pizza	
Z		April 12	Grant Malinsky 730-2772	Learny Lake. Meet in parking lot at "east end" of Jacques Cartier Park (end of Laurier St. at Dussault St.)	
		April 19	Ann Lane 741-3184	NRC Exploration. Meet in parking lot in front of Chapters at Silver City (Ogilvie Road west of Blair Road—NOT Gloucester Centre).	
	1	April 26	John Crysdale 728-9192	20:03	Brewery Creek (Downtown Hull)
	2	May 3	Ann Lane 741-3184	20:12	Hartwell's Locks Loop (Carleton University area)
	3	May 10	Alex Bissett 828-4363	20:21	Larriault Trail from P6 (Mackenzie King Estate (Moorside) area)
	4	May 17	Pat Archer 565-6149	20:29	Herridge Lodge from P16 (Pine Road / Meech Valley area)
	5	May 24	Lena Creedy 789-1657	20:37	Skyline from P7 (Kingsmere area)
	6	May 31	Laraine Laughland 723-8851	20:43	Black Lake from P7 (Kingsmere area)
	7	June 7	Lena Creedy 789-1657	20:49	Shilly Shally Shelter from P10 (Camp Fortune area)
$\mathbf{\alpha}$	8	June 14	Ann Lane 741-3184	20:53	Ramparts from Étienne Brûlé Lookout (Champlain Lookout area)
Ш	9	June 21 Full moon	Johanne Pineau 772-4981	20:55	Tawadina (Pulpit) from P13 (Ascent from Meech Lake)
ᄂ	10	June 28	Marion Dunning 232-8304	20:55	Western Lodge from P12 (Ascent from Meech Lake)
六	11	July 5	Grant Malinsky 730-2772	20:54	Fortune Valley from Keogan's Lodge (Camp Fortune area)
<u> </u>	12	July 12	Alex MacDonald 237-6399	20:50	Hang Glider Hill Area (Ascent from Mountain Road, west of Aylmer)
	13	July 19	Vinni Sahni 824-6757	20:45	Mackenzie King Estate from Pink Lake (Kingsmere area)
=	14	July 26	Ralph Sullivan 749-5534	20:38	Tawadina (Pulpit) from Champlain Lookout (Champlain Lookout area)
Z O	15	August 2	Nigel Brereton 596-6191	20:29	Kelly Road / King Mountain Area (Ascent from Mountain Road, west of Aylmer)
\supseteq	16	August 9	Terry Baker 825-5267	20:19	Larrimac from P11 (Meech Lake area)
O	17	August 16	Jim Mabbutt 521-6313	20:08	Penguin Picnic Area from NCC Visitor Centre (Old Chelsea area)
	18	August 23	Laraine Laughland 723-8851	19:56	Black Lake / King Mtn Loop (Kingsmere area)
_	19	August 30	Roger McCullough 721-9097	19:44	Mud Lake (Britannia area)
	20	September 6	Pat Archer 565-6149		Dinner

RIDEAU TRAIL ASSOCIATION - CENTRAL CLUB ACTIVITIES

The meeting place for Central Club activities is Conlon Farm in Perth at 9 a.m., unless otherwise noted. To reach this recreational area, take the main street (Gore Street) southeast through Perth to County Road 10, turn right (southwest) towards Westport, then take the fourth road to the right (Conlon Drive) to the Conlon Farm parking area. If in doubt regarding any aspects of the hike or activity call the hike leader, or the hot line at 264-8338.

Tuesday, March 22. Rideau Trail Closed.

Saturday, April 2 - Murphy's Point to Narrows Lock Road

Level 2 hike, 14 km. Gas \$3 per person. Moderate Pace.

SLOW DOWN: Dave Miller 267-6743

Saturday, April 9 - Central Club AGM

10 a.m. at McMartin House, 125 Gore Street, Perth, followed by an easy (approx. 10 km) hike in Murphy's Point Provincial Park. Bring lunch.

PROMOTER: Margaret Lafrance 267-6743

Sunday, April 17 - Cataraqui Trail /Forfar/Chaffey's Locks "New Soft Hike"

Level 2 hike, 15 km. Gas \$4 per person. CHESEY LEADER: Veronica Airth 264-8824

Saturday, April 30 - "Linda's Loop", Crotch Lake & Gull Creek.

Level 2, 16 km. hike. Gas \$5 per person. Moderate Pace.

GO BLINDFOLDED WITH: David Miller 267-6743

Saturday, May 7 - Baird Woods, Lanark Community Forest 'Soft Hike'

Level 1, 7 km. Hike. Gas \$3. This is a rarely visited varied and beautiful woodland/wetland area near Middleville. Focus will be signs of spring and wildflowers.

SOFTLY: Susan Samilla 264-1196

Saturday, May 14 - Frontenac Park, Gibson Lake Loop

Level 2, 14 km wildflower hike. Gas \$5. Moderate Pace.

OUR WILDFLOWER: Gunhild Karius 264-2861 and William

Wednesday, May 18 - Dwyer Hill Road to Wood Road

Level 2, 14 km hike. Gas \$5. Moderate Pace. OUR WEDNESDAY WIZARD: Janet Laraway 284-2127

Sunday, May 22 - Foley Mountain 'Soft Hike'

Level 1, approx. 8-10 km hike. Gas \$3. Meet at Conlon Farm at 10 a.m.

LEADS-FROM-THE-REAR: Margaret Lafrance 267-6743

Saturday, May 28 - Gould Lake

Level 2, 14-15 km hike. Gas \$6.

PACE? IT'S: Bruce Gourley 264-2478

Saturday, June 4 - Maintenance Day

Bring your favourite maintenance tool and assist Bruce Gourley and crew.

GANG LEADER: Bruce Gourley at 264-2478

Sunday, June 5 - Mill of Kintail/Blakeney Rapids

Level 1 approx. 10 km hike. Gas \$5.

NOT-TOO-RAPID: Janet Laraway 284-2127

Sunday, June 12 - Chaffey's Locks to Upper Rock Lake

Level 2, 13 km hike. Gas \$5. Moderate Pace. IT HIM: John Miller 264 8824

Saturday, June 18 - RTA Annual General Meeting – Merrickville Legion

(See notice on page 1.)

Sunday, June 19 - Joint Rideau Trail and Rideau Valley Field Naturalist's Outing, Queen's University Biological Centre Join us for this interesting visit to the University and meet with scientists to learn about their work with wildlife, flora, fauna, etc. Enjoy a leisurely 5 km. hike on trails adjacent to the Rideau Trail. Bring a lunch. Gas \$5.

NATURALLY: Jim Ronson 264-1937.

Saturday, June 25 - Canoe Outing, Sharbot Lake

Level 2 easy canoe outing. Don't be shy if you don't have a canoe or a canoeing partner. Phone a week in advance and we may be able to help.

CAPTAIN: Don Sherwin 268-2447

Vermont Hiking Kingston Club Annual Trip

Sept. 12-16, 2005 - Kingston Rideau Trail Club is again offering a Vermont hiking trip on Green Mountain and Long Trail paths.

Cost is approx. \$160 U.S. dollars (approx. \$225 Can.) per person covering 4 nights (bunk) accommodation at Red Fox Alpine Lodge, near Jeffersonville, Vt, plus 4 big breakfasts, 4 delicious dinners and an ice cream feast. Watson Ogilvie will continue to plan hikes and lead us, requiring assistant leaders for the challenging hikes.

As a minimum of 20 paid guest is required for meal service (crucial!) and a deposit is required soon, those planning to participate are asked to send a \$50 Can. cheque (DATED MAY 3 & ISSUED TO JOSIE ROBERTS) to one of Watson's volunteer secretaries, Josie Roberts or Margaret Wild at either address below by May 3. The final cheque, in Canadian funds, can be submitted in September at the "adventure."

Josie Roberts, 25 Sylvan Dr., RR#4, Cambridge, ON, N1R 5S5, 519-623-8532 (winter) or after May 3, my cottage address is Josie Roberts, c/o Blair Poole, RR #5, Perth, ON, K7H 3C7, 613-267-3769 Roberts.j@sympatico.ca

Margaret Wild, 677 Rivermeade Ave., Kingston, ON, K7M 7Z7, 613-542-9626 margaretwild@sympatico.ca

All participants should be fit, experienced hikers who enjoy climbing hills. Each morning, you can decide between the challenging or moderate hike. The first 30 cheques received will guarantee an entry with the group. Please carpool among yourselves from Kingston, Perth and Ottawa clubs, contacting Josie/Margaret for a list of prepaid participants. Please confirm by email or phone that you have mailed a cheque. Thanks for volunteering again, Watson!

RTA Board Meeting Highlights

Hike Ontario invited the Rideau Trail Association to participate in shaping the Ontario Trail Strategy being developed by the Ministry of Tourism and Recreation (MTR). All Ontario hiking groups were asked to make an effort to ensure the MTR understands the value of hiking trails. Our goal is to stand up for the interests of hikers, cross-country skiers and snowshoers. You can be sure that the other types of trail users (i.e. snowmobiles, off road vehicles) will be well represented.

The MTR will consult with groups in various Ontario cities to review the draft strategy. The RTA will be represented at the Kingston meeting by David Armitage and John Cornish, and by Ron Hunt in Ottawa.

Work continues on the planning of the seventh edition of *The Rideau Trail Guidebook*, slated for distribution no later than June 1, 2006. Ernie Trischuk presented a cost/benefit analysis which looked at two options for the source data for the Guidebook maps: NTS (National Topographic System) and OBM (Ontario Base Map). In addition, Ernie requested each of the three Clubs recruit a volunteer to assist in an "advisory/reviewer role." These volunteers will be helpful in providing feedback during the planning stages of the Guidebook and in proofreading the new maps when they are drafted.

The Board approved an operational Guideline for Guidebook Sales and Distribution, to standardize the procedures for managing the storage, sales and distribution of the Guidebook between printings. A big thank you to Bill Grant (who tabled the Guideline) and to the people who helped in drafting and/or commenting on the Guideline including Peter Andrews, Graham Creedy, Rolf Calhoun, Bob Chadwick and Bill Murdoch. This initiative helps the RTA improve its operations.

Although the total membership increased by 37 since the last Board meeting, the year-over-year paid membership is trending downward. Paid membership is 1107 as of Jan.10, 2005, down by 53 members (-4.6%) from last year. Most of the decrease occurred in the Ottawa Club. The Ottawa Club is working on marketing initiatives to reverse this trend. The next regular meeting of the Board is scheduled for April 24, 2005. The Annual General meeting of the Association will take place on June 18, 2005.

Ron Hunt

Quest 350 - A Challenge In Off Trail Hiking and Navigation

Do you enjoy hiking off trail to destinations you have yet to visit in the Gatineau Park, perhaps ones you have to do a little searching for? Would you like to finetune your map and compass skills? Look no further!

We have devised a new, informal hiking challenge just for you called 'Quest 350'. The Quest is a combination of 'highpointing' and the sport of orienteering. Its goal is for hikers to locate and rise above all 350 metre (M) or higher contours that are in the Gatineau Park. By our count, there are 123 of these high areas, eighteen of which are over 400 metres.

For brevity's sake we refer to these high areas as 'summits.' In reality most are forested bumps sprinkled among the many ponds and meadows perched on Eardley escarpment's roof. While a few summits are relatively distinct and open, others consist of broad, rolling terrain almost one kilometre across!

The quest's summits can be hiked in any order and as many on one outing as you care to explore, with no time limit. Rather than treating them as out and out destinations, you might want to include a few on your way to a favorite Gatineau backcountry pond or lookout. It's up to you and your hiking party to creatively weave them into your backcountry journeys.

Only those who possess good map and compass skills should consider taking up this challenge. Although some of the 350 M plus summits are trailside, most are well off the beaten path. Whatever land navigation skills you possess at the Quest's start are bound to improve as you make your way through the summit set. To properly plan your bushwhacks, you must have access to a large scale topographical map of the Gatineau Park region. For those interested, Gloria and I have prepared an information package that will help get you underway:

- a list of all summits, numbered, by UTM 'square kilometre' coordinates;
- 11 black and white, 8.5 by 11-inch topo map photocopies, clearly showing all 123 summits.

Contact Cliff by email or phone with your name and full address if you want the package; you will be asked for \$2 to cover costs. We'll also keep an archive of any stories participants care to send us as they carry out the Quest as well as a list of names of those who have completed it.

Good questing,

Cliff & Gloria Daly cliff.daly@pwgsc.gc.ca 224-4413

In Memory of Cathy Cutts

A former president of the RTA, and first recipient of the Outstanding Service Award, Cathy Cutts died Dec. 15, 2004.

Known as Mrs. Rideau Trail, Cathy met her husband Don, on a Rambler Club outing. They lived in Bath in the 1950s and eventually moved to Kingston.

Cathy took on membership duties for a number of years and actively promoted the club. She enjoyed getting walking groups started such as Wednesday Walkers and the Moonlight Hikes. She and Don started the B and Bs, which remain very popular.

Cathy loved the Rideau Trail and showed it in many ways. She will be fondly remembered.

Moira Drummond



Cathy Cutts hikes in England. Photo submitted by Moira Drummond.



Return Address: Rideau Trail Association P.O. Box 15 Kingston, Ontario K7L 4V6 Canada Post Publications Mail Agreement No. 40019036

MEMBERSHIP RENEWALS ARE DUE MARCH 31 Support the RTA and mail in your renewal today! The Summer Newsletter will not be sent to those who do not renew.

MEMBERSHIP APPLICATION: The membership year is from April 1 to March 31. If you join after October 31 your membership will be extended to the end of the following membership year. Your membership in the Rideau Trail Association provides the financial support essential for the continuous maintenance, improvement, extension, and protection of the Rideau Trail network. As a member you will receive the quarterly newsletter, the E-Letter (if requested), and special mailings, as well as voting rights in the Association and in local Club activities. To join or renew, please complete the form below (or obtain a form by clicking on *Join RTA* at www.rideautrail.org). Please mail it with your payment to: Rideau Trail Association, P.O. Box 15, Kingston, Ontario, K7L 4V6.

() Annual Individual Membership	\$20.00	MEMBERSHIP INFORMATION
(All members must be at least 18 years old.)		
() Annual Household Membership	\$25.00	New ()Renewal () Present Life Member ()
(Two adults at the same address)		
() Patron (Individual Life Membership)	* \$500.00	Name(s):
() Trail Guidebook: Members	\$ 25.00	
(6th edition, 2001) Non-Members	\$ 30.00	
() Rideau Trail Wall Map (2000)	\$ 12.00	
() Crest (cloth, 3-inch diameter)	\$ 2.00	Address:
() Enameled Lapel Pin	\$ 6.00	
() Car Sticker (free to new members)	\$ 1.00	City, Province, Postal Code:
Prices subject to change		
() Donation to the RTA	* \$	Telephone:
() Donation to the RT Preservation Fund	* S	
		() I wish to subscribe to the RTA e-letter.
TOTAL	\$	E-mail address:
* Qualifies for income tax credit		PLEASE INDICATE IF YOU CAN HELP:
(Charitable registration # 11911 9485 RF	(1000)	Leading hikes () Maintaining trails ()
† Includes postage and handling		Leading xc ski/snowshoe outings ()
		Communicating with members ()
		Hosting social events () Executive ()
		Helping with publicity () Keeping records ()