



The Rideau Trail NEWSLETTER

FALL 2007

ISSUE NO. 145



**View of Upper Rock Lake from the
entrance to the blue side trail, Map 4.
*Drawing by Caroline Farrell***



Rideau Trail Association Newsletter
Issue 145 Fall 2007

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Editor of this issue: Bob Gordon, Kingston Club

Submissions for the Next Newsletter

The Summer Newsletter will be prepared by the Ottawa Club. Submissions are encouraged. If possible, text should be sent electronically with no document formatting. Pictures are also welcome, either in colour or in black and white, with good definition and contrast. Please ensure that all items arrive by **November 1, 2007** and that they are sent directly to the Ottawa editor:

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Highlights of the 36th Annual General Meeting Of the Rideau Trail Association June 16, 2007, Hotel Kenney at Jones Falls

A fine summer day saw 72 RTA members gather in Jones Falls. David Armitage, in his President's Report, detailed the past year's achievements which included:

- development of new "Blue Trails" at Rock Dunder
- donation by RTA of seven new picnic tables to the Rideau Canal at strategic locks locations – our contribution to the 175th Anniversary celebrations
- development of the new Trailhead in Ottawa
- finalization of the improved Merrickville Loop
- securing the K & P rail bed by the City of Kingston and the Townships.
- 1st Annual Volunteer Celebration BBQ at Rideau Ferry
- Successful beginning of the strategic planning initiatives by the Trail Quality Task Force

The Treasurer, Peter Hawkins, presented his Financial Report and 2008 budget (see p. 17). Peter explained that the Association is at the moment running an operational deficit of \$(5,635.52), which is larger than last year's deficit of \$(3,004.34). This situation is not readily apparent because the accumulated donations in the Rideau Trail Preservation Fund have not been set out into separate accounts. He pledged to work on this during the coming year so that the Operating Fund account (i.e. the day-to-day running of the organization) will be reported separately from the Rideau Trail Preservation Fund. This type of reporting will be more easily understood by the membership. The projected \$5.00 increase in membership fees will be a big first step in neutralizing the deficit. The Board is undertaking to develop a financial plan to deal with the rest.

Peter also stressed the need at this point in our development to introduce new measures of financial oversight, including an annual financial review by an independent agent.

Later in the meeting there was a spirited discussion of the membership fee increase. A final vote by show of hands indicated that most approved of the Board's decision to raise fees effective April 01, 2008. Five participants were against the increase.

Election of Officers: the proposed slate of officers was presented and adopted as presented. Your new Board is listed on page 2 of this Newsletter.

David Armitage, having completed his tenure as President, handed the meeting over to his successor, Ron Hunt. Ron briefly outlined some of the directions in which he hoped to lead the Association.

Outstanding Service Awards were presented to Bruce Gourley, Cam Hodges and Nanette Whitwam. You'll find further details on p.14 of this Newsletter.

Ron Hunt also presented End-to-End and Winter End-to-End badges.

Winners of the Photo and Anecdote Contest were: Margaret LaFrance, Gunhild Karius and Barbara Powell.

Hikes in the afternoon were to the summit of Rock Dunder on the new Blue Trails, and a tour of the historical sites of Jones Falls.

Doug Knapp, Rideau Trail Founder, was special guest speaker after the dinner at Hotel Kenney. In inimitable fashion, Doug harkened back to the heady days in the seventies when optimistic dreaming still meant that all things might be possible – including the building of our trail and so many others across the Continent. Dressed as Doug was in hippy attire, it was easy to imagine that, in those early photos of the construction of the Rideau Trail, that haze around the heads of the original work parties may not have been entirely morning mist.... Thanks, Doug, not only for the great Trail you've given us, but for a terrific finale to our AGM!

John Cornish, Vice President



Speaker Doug Knapp, in attire reminiscent of the 1971 founding of the RTA, displays his gift of a Rock Dunder print. Photo by Suzanne Brown.

Highlights of the July RTA Board Meeting

New President Ron Hunt led the Board in setting priorities for the coming year. The top priorities will be:

- Develop a plan to eliminate the operating deficit
- Develop a plan for retaining members
- Complete the Trail Quality plan

Past president David Armitage volunteered to accept the position of Trail Coordinator. Nigel Brereton volunteered to chair the committee working on member retention.

The Board also adopted new practices toward more efficient use of our four meetings per year.

There was considerable discussion of Treasurer Peter Hawkins' proposals for an independent oversight mechanism/process for the RTA finances. Also discussed was the need to review the RTA policy regarding mileage reimbursement, and our policy regarding the issuance of tax receipts.

Plans are underway to find a volunteer to assume the role of RTA WebMaster. *John Cornish, Vice President*

The Question of Tax Receipts

Submitted by John Cornish, Vice President

Responding to several queries from members, Treasurer Peter Hawkins consulted with the Canadian Revenue Agency about whether membership dues are eligible for a charitable donation tax receipt. He was informed that only that portion which is not earmarked for related membership expenditures was eligible. (For example, if a member makes a further donation beyond the stated membership fee, that portion is eligible).

Some charitable institutions hold a \$100 a plate dinner but provide only a \$50 charitable receipt since that is the excess amount over and above what it cost to prepare, serve, and clean up afterwards. The Canadian Revenue Agency is quite clear in its rulings that no charitable receipt is to be given on the cost portion, but only on the surplus. The same principle applies in the case of our membership dues.

Since all of the RTA membership dues are used to support ongoing operational expenses (i.e. costs) - indeed at this time we still run a small deficit - no tax slips can be issued. At the July Board meeting, the Board began steps, in conjunction with the approved fee increase, to eliminate the operational deficit.

Fall 2007 Hunting Seasons

The purpose of this notice is to inform users of the Rideau Trail about the primary hunting seasons in the area of the Trail.

Deer hunting (with high velocity rifles) is scheduled for the period Nov. 5 to Nov. 18 in the forested and rural areas south of highway #43 through which the Rideau Trail runs. North of highway #43 (including the Marlborough Forest) the deer hunting season occurs from Nov. 5 to Nov. 11 and from Nov. 19 to Nov. 25. Deer hunting for archers and hunters using muzzle-loading guns occurs during the week of Dec. 3-9. The hunting season for migratory birds and other game birds begins September 20 and runs until December 15, 2007. Hunting activity is most prevalent in the first few weeks of this season.

Hikers (especially hike leaders) are advised to wear hunter orange hats and garments and to proceed with caution when venturing into areas where hunting could be taking place.

For further details, please refer to the hunting regulations and related information Ontario Ministry of Natural Resources website which can be found at www.mnr.gov.on.ca/MNR/pubs/pubmenu.html#hunting. *Ron Hunt, President*

"KEEP YOUR EYE ON THE BALL" - Oops - "TRAIL"

No, this does not mean that you keep staring at the heels of the hiker in front of you but that if you notice on the Rideau Trail, or loops thereof, the need for some form of maintenance or other problem, please notify the local Trail Maintenance Coordinator who will pass on the word to the appropriate member of the team.

In case you were not aware, the whole of the Trail is divided into segments where a member is responsible for maintenance but, hey, everyone is a volunteer so no-one is on duty 24/7.

Your contacts are:

In the Kingston area: Donald Bond:
Donald_Bond@sympatico.ca (613)634-9353

In the Central area: Bruce Gourley:
Brucegourley@sympatico.ca (613)283-5967

In the Ottawa area:
Ron_Maybury@rogers.com (613)836-2953



Hikers explore a mining artifact—an old steam-driven tractor—on a Burch Trail Hike, Skycroft, Opinicon Road, Map 5

Photo by Don Coulter



Bill Murdoch confused on the Cataraqui Trail

Photo by Don Coulter

Wisdom from our readers ...

Seen on a car bumper sticker: Starve mosquitos—give blood to people.

From TV: Ruin a mosquito's love life—get rid of all standing water.

When our gran reached seventy she said she was going to walk five miles a day to get fit. She's ninety now and we don't know where the heck she is.

Barbara Powell

Winter Hiking 2008

The decision last year to have two groups proved successful. Twenty three participated in one group and 25 in the other.

Group 1, that travels a minimum of 15 km per day, will again be led by Grant (613-842-8736) and Bernie (613-258-9675). Meet to leave at 0830 on January 5 at Lally Homestead, Murphys Point Provincial Park, 145.1 km on map 8, ed. 7. Additional days will be January 6, 18 (night hike), 19 and 20; February 2, 3, 16 and 17.

Group 2, that travels a minimum of 10 km per day, will be led by Bill (613-389-3023). Meet to leave at 0830 from 9th Concession Rd. and Salem Rd., 108.2 km on map 6, ed. 7 on January 5. Additional days will be January 6, 18 (night hike), 19 and 20; February 9, 10, 23 and 24.

Participants can expect to be on the trail a minimum of 5 hours. If snowshoes are needed, they are fun, easy, and you can expect lots of help. Skiers are welcome but must arrange their own transportation. Note, too, that you can hike every weekend in February for the first time.

Join us to work towards a winter end-to-end badge, or a weekend or even a day. We think you will enjoy it. This is year six!

Bill Murdoch

BRICKS AND MORTAR BREAKFAST

If you are facing a solid day of hiking, it helps to fuel up well before heading out the door. The following is a favourite feed of mine. Just assemble two ingredients the night before and add stuff the next morning.

Serves two people generously: put 1 cup of slow cooking oats (the old fashioned kind) in a medium sized bowl, pour 2/3 cup milk over the oats, cover, and leave in fridge overnight. Next morning have some OJ or, better yet, half a grapefruit. Get out the oats and milk mixture and add 2 tablespoons of finely sliced almonds and one medium MacIntosh apple cut in small cubes, stir in enough yogurt to make a spoonable consistency (vanilla flavour is nice but any will do). Stir well—eat and enjoy. You'll feel well fed for hours—guaranteed!

Barbara Powell

Your RTA Newsletter Editors



Ever wondered what the RTA Newsletter Editors look like? The accompanying photograph caught them in a relaxed moment during the hike at Rock Dunder at the June 16, 2007 AGM. They look very carefree because there were no publishing deadlines in the offing at that time!

The responsibility for putting together the quarterly Newsletter alternates between Bob Gordon (Kingston) and Elizabeth Mason (Ottawa). They are not just editors; they are responsible for formatting and producing the Newsletter based upon inputs from multiple sources. We are very fortunate to have such dedicated and talented people sharing the Newsletter Editor duties.

Bob has been involved since the summer of 2001. Elizabeth is doing the Newsletter editing duties for a second time (she was Newsletter Editor from 1986-1988), and rejoined the editing team in the summer of 2005.

The next time you see Bob and/or Elizabeth, make sure to tell them how much you appreciate the great work that they do for us.

Photo and comments by Ron Hunt, President

Rideau Trail NamePins

Names count - especially to the hiker next to you who can't remember yours! Let's have everybody comfortable on our hikes.

Order your custom NamePin using the form found on the back page.

Seeking Volunteers! RTA Board of Directors Members of Financial Oversight Committee

Do you have an accounting or financial management background? Can you read and understand financial statements (balance sheet and income statement) and do you have an ability for asking probing questions about financial risks and accounting matters?

The Board is seeking one or two individuals who could serve on a small Financial Oversight Committee, reporting to the RTA Board of Directors.

For more details, please contact Ron Hunt, President Rideau Trail Association at 613-590-7467 or via e-mail at re.hunt@sympatico.ca

Donations to the Rideau Trail Association (in the last three months)

RTA Donations:

Malcolm Grant (for Don Grant's 80th birthday)
Suzanne Hamilton
Ed Jezak
Sophie Joannou
Brian Laduke
James F. Laginski
Stephen & Lana March
Aline McRory
Ian Hunter & Elaine Miller
Hugh & Shirley Pratt (in memory of Robert (Bob) Good)
D. Dyet & E. Rodrigues
Rebecca Spaulding
Hal Sullivan
Terence Diduch & Leticia Troppman

RTA Preservation Fund Donations:

Jim Blain
Tessa Clarke
Barbara & Victor Gaizauskas
Barbara Humenny
Eleanor Kaarsberg
Brian Laduke
Diann Lawton
Jim & Judy Leeson
Regina Mueller
Sonia Plourde
Moiria Rehmer
Rolina & John ten Bruggenkate
Guy Thorne
Helene & Bill Wilmart-Collard

Sheila Menard, Membership Director

KINGSTON CLUB ACTIVITIES - FALL 2007

The meeting place for our activities, unless stated otherwise, is the **Canadian Tire parking lot**, along Bath Road towards the gas station. Be there shortly before the departure time indicated. Bring lunch, extra water, insect repellent and sun screen. Wear strong footwear and come prepared for weather changes. If in doubt about your ability to cope with the outing, call the leader in advance. Car pooling will be organized. The contribution towards gas is indicated for each hike. Car entry fees for Provincial Parks and Conservation Areas are to be shared. Leaders may obtain blank sign-in sheets from Joan Bailey at 613-389-1935, and should return completed sheets to her at 709 Davis Drive, Kingston, K7M 7X5.

Please note Pace Scale: Slow 2-3 km/hr, moderate 3-4 km/hr, fast 4-5 km/hr, very fast 5+ km/hr. See note on **Levels of Difficulty and Participants' Responsibilities** on p. 16.

Wednesday Walkers depart at 1:30 pm, except on the second Wednesday of the month when an all-day outing is scheduled (see below). For information on these afternoon walks, call the Milloys at 613-530-2142.

Saturday September 29 Rideau Trail End to End #8
Hike Sydenham to Unity Road for 16 km. Level 1 at a moderate pace. Meet to depart at 9 a.m. Gas \$4.
LEADER: John Cornish 613-382-4778

Saturday September 29 (Rain date Sept. 30) Frontenac Challenge - Slide Lake Loop Alternate
Joint expedition with the Cataraqui Canoe Club to hike the 21 km of the loop accessed by canoe. Meeting early in a local restaurant (breakfast optional!), we drive with our boats to the put-in on Buck Lake. Following a 4 km paddle, boats are left for the hike on Slide Lake Loop. On completing the hike at mod./fast pace, the procedure is reversed back to Kingston. Numbers are limited, but it may be possible to partner with a boat owner.
CALL: Margaret Wild at 613-542-9626 by Sept. 24 to participate.

Sunday September 30 Wolfe Island plus New York State Cycle Trip

Note that this is not an official Rideau Trail Association event. This notice is for information only.

Cycle across Wolfe Island and from Cape Vincent to Tibbet's Point Lighthouse and return. Bring passport or other photo I.D. for U.S. Meet at the Wolfe Island Ferry Dock in good time for the 9:30 a.m. ferry. Charge for ferry to Cape Vincent.

LEADER: Pat Casey 613-385-2356

Saturday October 6 Frontenac Challenge
Hike Cedar Lake Loop. Level 2, for 14 km at a moderate pace. Meet to depart at 9 a.m.
Gas \$5 + park fee.
LEADER: Bob Chadwick 613-352-1052

Tuesday October 9 Hike Planning Meeting
Help plan the Winter Schedule. Hike leaders are requested to drop by with ideas to the Party Room on the

ground floor of 117 Park Street at 7 p.m.
CONTACT: Linda Line 613-531-4353

**Wednesday October 10
Corn "Maize"- Newburgh & Napanee**

An amazing walking experience in the morning, followed by a hike in and above Napanee. Level 1+.
Admission and gas \$12. Meet to depart at 9 a.m.
LEADER: Amazing Audrey Sanger 613-384-6244
(Sweep - Bob Chadwick 613-352-1052)

Saturday October 13 Rideau Trail End to End #9
Unity Road to Trailhead. Level 2 for 15 km. Moderate pace. Meet to depart at 9 a.m. Gas \$3.
LEADER: Sandra Muis 613-542-8224

Sunday October 14 Bike Trip on the Cataraqui Trail Level 2 bike trip. Round trip 30 km from Perth Road to Chaffey's Locks and back. Moderate rate. Chance of a swim in Garter Lake. Meet to depart at 9 a.m. Gas \$4. LEADER: Don Coulter 613-542-9998

Sunday October 14 Rock Dunder
Annual trip to see the Fall colours from the spectacular summit viewpoint. Level 2-3 at a moderate pace. Meet to depart at 10 a.m. Gas \$5.
LEADER: Stan Huff 613-548-3003

Saturday October 20 Frontenac Challenge
Slide Lake Loop. Level 3 at a moderate pace for about 25 km. Meet to depart at 8 a.m. Gas \$5 plus park fee.
LEADER: Bill Murdoch 613-389-3023

Sunday October 21 Blue Mountain
Hike the Blue Mountain Trail. Level 2 at a moderate pace for 10 km. Meet to depart at 9 a.m. Gas \$5.
LEADER: Ray Wilson 613-382-7189

Saturday October 27 Frontenac Challenge
The Arkon Loop. Level 2 at a moderate pace for 13

km. Optional extension possible on Arab and Doe Lake trails (about 5 more km.) Meet to depart at 9 a.m. Gas \$5 plus park fee.

LEADER: Susan Irving 613-544-3110

Sunday October 28 Lemoine Point

Various trails of this conservation area. Level 1 at a moderate pace for 8 to 10 km. Meet to depart at 10 a.m. Gas \$3 LEADER: Bruce Bromfield 613-634-9409

Saturday November 3 Parrott's Bay

Level 1 at moderate pace for 8 km. Meet to depart at 9 a.m. Gas \$3.

LEADER: Elgin Bock 613-389-4216

Sunday November 4 Marble Rock Blue Trail

Level 3 at moderate pace for 11 km. Meet to depart at 9 a.m. Gas \$5.

LEADER: John Cornish 613-382-4778

Saturday November 10 Gould Lake

Hike the East Side Trails. Level 2 at a moderate pace for 10 km. Meet to depart at 9 a.m. Gas \$5 plus area fee.

LEADER: Jen Gazley 613-634-2286

Wednesday November 14 Frontenac Park

Hike to Doe Lake campsite #2 for hot soup c/o Audrey and Gloria. Level 2 at a slow pace for 9 km. Gas \$5 plus park fee. Meet to depart at 9:30 a.m. or meet at the Trail Centre at 10:15 a.m.

LEADER: Bob Chadwick 613-352-1052

Saturday November 17 Charleston Lake

Hike the West Side Trail (Tallow Rock Loop). Level 3 at a moderate pace for 10 km. Meet to depart at 9 a.m. Gas \$6 plus park fee.

LEADER: Ray Wilson 613-382-7189

Sunday November 18 Frontenac Park

Hike the Corridor Trail, level 1+ at a moderate relaxed pace for 8 km. Meet to depart at 9 a.m. Gas \$5 plus park fee. LEADER: Audrey Sanger 613-384-6244

Saturday November 24 Rideau Trail

Hike from Sydenham to Knowlton Lake and back for 15 km. Level 2 at a moderate pace. Meet to depart at 9 a.m. Gas \$4.

LEADERS: Jane and Robert Hough 613-373-2268

Sunday November 25 Rideau Trail

Hike from the Trailhead and back for 10 km. Level 1 at a slow pace. Meet to depart at 10 a.m. Gas \$1.

LEADER: Sandra Muis 613-542-8224

Saturday December 1 Little Cataraqui Conservation Area Level 1 at a moderate pace for 8 km. Meet to depart at 10 a.m. Gas \$3 plus entrance fee.

LEADER: Jen Gazley 613-634-2286

Sunday December 2 Depot Lakes

Hike the scenic trails in this conservation area, located west of Hwy 38. Level 2+ at a moderate pace for 12 km. Meet to depart at 9 a.m. Gas \$5.

LEADER: Audrey Sanger 613-384-6244

**Saturday December 8
Christmas Dessert Party**

Come celebrate the festive season together. Bring your favorite dessert and your own wine. Tea, coffee and juice provided. There will be a room rental fee of \$3 per person.

Place: Queen's Women's Association, 144 Albert St.

Time: 7 p.m.

CONTACT: Linda Line 613-531-4353

Sunday December 9 K & P Trail

Inaugural hike on this long-awaited trail. The section to be selected by the leader. Level 1 at a fast pace. Meet to depart at 9 a.m. Gas \$2 - \$4, depending on section chosen.

LEADER: Bill Murdoch 613-389-3023

Wednesday December 12 Gananoque Trail

Hike this new town trail with one of its developers. Mix of woodlands, "trailway" and village streets. Coffee stop at Tim Hortons, lunch on the waterfront. Level 1 at a moderate pace for 10 km. Meet to depart at 10 a.m. Gas \$5.

LEADER: John Cornish 613-382-4778

Saturday December 15 Christmas Lights Tour

Walk along city streets and the waterfront. Level 1 at a moderate pace. Meet at the Tim Horton's parking lot near the Wolfe Island ferry dock at 6:30 p.m. Refreshment stop after the walk.

LEADER: Elgin Bock 613-389-4216

Wednesday December 19 Skating Party at City Hall

Meet at the Outdoor Rink at 6:30 p.m. for some winter fun.

CONTACT: Jane Hough 613-545-1925

CENTRAL CLUB ACTIVITIES - FALL 2007

The meeting place and time for Central Club activities is Conlon Farm in Perth at 9:00 am, unless otherwise noted. To reach this recreational area, take the main street (Gore Street) southeast through Perth to County Road #10 (Scotch Line), turn right towards Westport, then turn at the 4th sidestreet on the right, Conlon Drive, to the Conlon Farm parking area. If in doubt regarding any aspects of the hike or other activity call the leader, or the Central Club hot-line at 613-264-8338. See note on **Levels of Difficulty and Participants' Responsibilities** on p. 16.

MID-WEEK ACTIVITIES

Fairly long, level 2 or 3 hikes will be held on some Wednesdays, designed for harder hikers. The venue will be decided typically on a week's notice, and will depend partly on weather forecasts. For current plans, call Dave Miller 613-273-2148 (e-mail davem@kingston.net) or Janet Laraway 613-284-2127 (e-mail JaLarawa@rohcg.on.ca) if you are interested.

Saturday, September 1 Corn and Wiener Roast, RT Schoolhouse Level 1 hike, 6 km, followed by corn roast. Gas \$3. EAR TO THE GROUND: Margaret Lafrance 613-267-4360

Sunday, September 9 Little Clear Lake Loop, Frontenac Park Level 2 hike, 14 km. Gas \$5
CLEAR-EYED LEADER: Ernie Trischuk 613-283-8112

Sunday, September 16 Mystery Bicycle Tour
Level 2, 50 km on paved roads.
MYSTERY MAN: Bill Mayers 613-326-0726

Saturday, September 22 Moulton Gorge, Frontenac Park Level 2 hike, 14 km. Gas \$5.
SIMPLY GORGEOUS: Janet Laraway 613-284-2127

Sunday, September 30 Maintenance Day
Bring your favourite loppers, etc. and come out and join the fun. Gas is free.
TRAIL BOSS: Bruce Gourley 613-283-5967

Saturday, October 6 Alba Wilderness Area
Level 1+ hike, 10 km. Gas \$5.
LOST IN THE WILDERNESS WITH: Margaret Lafrance 613-267-4360

Sunday, October 14 Linda's Loop, Crotch Lake
Level 2 hike, 14 km, followed by pot-luck at Linda and Bruce Sterlings'. Gas \$5.
FIRESIDE CHAT WITH: Linda Sterling 613-279-1109

Thursday, October 18 Leaders' Planning Session
Bring your ideas for winter ski, snowshoe and hiking outings. 8 Taggart Cres., Perth at 4:00 pm
TWIN ORGANIZERS: Don Sherwin 613-264-0759 and Dorothy Hudson 613-283-0332

Saturday, October 20 Ragged Chutes
Level 2+ hike, 12 km. Gas \$5.
AS RAGGED AS IT GETS: Bruce Gourley 613-283-5967

Saturday, October 27 Rideau Trail, Powers Road to Miner's Point Road
Level 2 hike, 17 km. Gas \$3
MAKE HASTE SLOWLY, IT'S PERTH: Gunhild Karius 613-264-2861

Sunday, November 4 Foley Mountain
Level 1 hike from Lions' Club Beach, 12 km, gas \$4
FOLEY THE LEADER: Margaret Lafrance 613-267-4360

Saturday, November 10 Salmon Lake Loop, Frontenac Park Level 2+ hike, 18 km. Gas \$5.
TAKE TIME WITH: Dave Miller 613-273-2148

Saturday, November 17 Murphys Point Park
Meet at 9:30 am. Nature hike with Park Naturalist from Lally's parking-lot, Level 1, 5-10 km. Gas \$3.
NATURALLY HOSTED BY: Tobi Kiesewalter 613-267-9750

Sunday, November 25 Temple's Sugar Bush, Ferguson Falls Meet at 10:00 am. Level 1 hike, 2 km, followed by pancakes and sausages at Temple's. Gas \$3.
AS SWEET AS IT GETS: John Miller 613-264-8824

Saturday, December 1 Rideau Trail, Foley Mountain to Narrows Lock
Level 1 hike, 12 km. Gas \$4.
TRAILING BRUCE: Bruce Gourley 613-283-5967

Sunday, December 9 Rideau Trail, Perth to Beveridges Locks Level 1 hike, 14 km. Gas \$3.
THAT'S ANOTHER STORY: Ernie Trischuk 613-283-8112

Sunday, December 16 Round Lake Loop, Murphys Point Park Meet at 11:30 am. Level 1 hike, 12 km, followed by Christmas celebration dinner at Skye Dragon Restaurant. Gas \$3.
HE MUST BE LOOPY: Don Sherwin 613-264-0759

OTTAWA CLUB ACTIVITIES - FALL 2007

The meeting place for Ottawa Club activities can be one of three main locations along the OC Transpo transitway. Although for many years the meeting place has been at Tunney's Pasture, now two other meeting locations along the OC Transpo transitway are frequently used. As a result hike descriptions include the meeting place as one of the following three start locations.

<u>Tunney's Pasture</u> The parking lot of the R.H. Coats Building (Statistics Canada) on the west side of Parkdale Avenue just north of where it intersects with Scott Street. The Tunney's Pasture OC Transpo stop is one block away.	<u>Fallowfield Park & Ride</u> The northwest parking lot of the OC Transpo Fallowfield Park & Ride station located at Fallowfield and Woodroffe. If you travel by car take the first left after you enter the Park & Ride facility, turn right into the lot and go across the parking lot to the far side.	<u>Baseline Park & Ride</u> The parking lot at the OC Transpo Baseline Park & Ride station on Woodroffe Avenue south of Baseline Road. To meet at the south corner of the parking lot, turn left as you enter the facility. Parking is free after 11 a.m. on weekday mornings and all day during weekends and holidays.
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Transportation for hikes is by car-pooling of private cars; passengers contribute to the driver's costs. Fees for parking and entry to parks and conservation areas are shared between the driver and the passengers. Scheduled activities take place regardless of weather. For more information about a particular activity call the leader at the number listed. If you are unable to reach the leader or if you need general information, contact the Ottawa Club at 613-860-2225. See note on **Levels of Difficulty and Participants' Responsibilities** on p. 16.

Attention Leaders: Blank sign-up sheets are available from Davy So 613-715-9112 or on the RTA WEB site. Please send completed sign-up sheets to Davy So at 710-45 Holland Ave., Ottawa, ON, K1Y 4S3 e-mail: davyso@canada.com.

MOONLIGHTERS URBAN WALKS

Every Tuesday evening beginning September 11 through to October 30 there will be an Ottawa urban walk followed by a refreshment stop. **DO NOT MEET AT TUNNEY'S PASTURE. MEET AT THE STARTING POINT OF THE WALK FOR DEPARTURE AT 6:00 p.m.**

Co-ordinator: Pat Archer 613-565-6149

Tuesday September 11 Rideau River/Ottawa East

Meet at Strathecona Park (end of Somerset St. East) in Sandy Hill. Leader: Pat Archer 613-565-6149

Tuesday September 18 Leamy Lake

Meet in parking lot at "east end" of Jacques Cartier Park (end of Laurier St. at Dussault St.)

Leader: Pat Archer 613-565-6149

Tuesday September 25 Hog's Back/Vincent Massey Park/Ottawa South

Meet in RA Centre parking lot (near Riverside Drive). Leader: Ralph Sullivan 613-749-5534

Tuesday October 2 Experimental Farm

Meet in parking lot of Sir John Carling Bldg. (off Prince of Wales Drive—turn right at first set of lights after junction of Preston St. and The Driveway). Leader: Grant Malinsky 613-842-8736

Tuesday October 9 Eastern Parkway/Rothwell Village

Meet at Aviation Museum (off the Eastern Parkway). Leader: Vinnie Sahni 613-824-6757

Tuesday October 16 Britannia Village

Meet at Lincoln Fields Shopping Centre parking lot—Richmond Road side near Pizza Pizza

Leader: Terry Baker 613-825-5267

Tuesday October 23

Rideau River/New Edinburgh/Sandy Hill

Meet at Strathcona Park (end of Somerset St. East) in Sandy Hill.

Leader: Pat Archer 613-565-6149

Tuesday October 30

Canal Bridge to Bridge

Meet at TD Canada Trust (Pretoria Bridge & The Driveway).

Leader: Jan Makins 613-721-8833

Wednesday Walkers

Every Wednesday there are level 2 and 3 hikes in Gatineau Park. Departure time is 9:30 a.m. Call Dorothy Belter 613-523-4420 or Nanette Whitwam 613-747-2985 for more information including the meeting place. Do not go to Tunney's Pasture.

Weekend Hikes

Impromptu Saturday Level 2-3 Hikes

Saturdays when no official level 2 or 3 hike is planned there are impromptu hikes in the Gatineau. Depart Tunney's Pasture at 9:30 a.m. Destination to be determined.

Note: These hikes are run on much the same basis as the Wednesday Walkers. Expect to hike for 4 to 5 hours plus a lunch stop. Be flexible and bring your own ideas. Bring lunch, sun screen, lots of water.

Saturday, September 15 – Gatineau - Wolf Trail

Level 2, approx. 9 km. Wolf Trail, from P13. Depart Tunney's Pasture at 9:30. Gas \$4. Introductory hike, Wolf Trail first-timers welcome.

LEADER: Theodora Newton. 613-569-3540.

Sunday September 16 - Cycle to Aylmer

Level 1-2. 30 to 40 km. Enjoy an afternoon bicycle ride out to Aylmer along the river and return a different route. Meet at Tunney's Pasture at 1:30 p.m. Bring drinks and a light snack. The pace of the ride will be adjusted according to the wishes of the participants.

LEADER: Elizabeth Mason 613-729-6596

Saturday, September 22 – Adopt-a-Road Clean-up

Adopt-a-Road-Right-of-Way program. Rogers Stevens Drive between McKenna road and Cedar Grove Parking Lot. A minimum of 12 people are needed to pick up litter along the road allowance. Please register in advance to ensure enough equipment is provided. **'Rain Date': September 29th.** Meet at the Fallowfield Park 'N' Ride, North West area. Depart 9:00 a.m. Gas \$5. LEADER: Suzanne Brown (613) 224-6006.

Sunday September 23 - Gatineau Park - Lacs Monette and Racine

Level 3. Ramsay Lake to Lac Monette, then to Lac Racine and return via Kidder Lake. About 10 km. Moderate pace. Depart Tunney's Pasture at 9.30 a.m. Gas \$5. LEADER: Graham Creedy 613-789-1657.

Saturday September 29 - Gatineau Park

Level 2 approx 12 km from Meech Lake by various trails to The Pulpit or other escarpment lookouts. Depart Tunney's Pasture at 9:30. Gas \$4.

LEADER: Alex Bissett 613 828 4363 or alexbissett@sympatico.ca

Sunday September 30 - Lac la Blanche

Level 2, 11 km. Lac la Blanche Conservation Area, Quebec. A picturesque walk past a series of lakes. Admittance fee to conservation area. Departure Tunney's Pasture at 9:00 a.m. Gas \$6

LEADER: David Spector 613-270-1046

Sunday September 30 – Lynwood Forest

Level 1, approx 6 km. Leaving 1:00 p.m. from Baseline Park & Ride and commencing the walk at Hunt Club P.11, taking the loop through Lynwood forest. Gas \$ 2

LEADER: Jean Sunter 613 828 6077

Friday Oct 5th - Monday Oct 8th; White Mountains, New Hampshire See notice on p. 13.

Saturday, October 6 - Western Greenbelt

Level 1. About 8 km. Lime Kiln via the old route. Meet at Baseline Park and Ride (south end) at 10:15 a.m. Gas \$2.00. LEADER: Jean Cottam 613-726-1596 or Cell: 613-299-8856.

Saturday, October 6 – Gatineau Park

Level 2 hike, depart at 9:30 a.m. from Tunney's Pas-

ture, Wakefield Triangle from P 17, about 20 km loop with stop at Lac Phillipe, beautiful fall colours, finishes around 4 p.m. at P17. Gas \$5
LEADER: Laraine Laughland 613-596-8287

Sunday, October 7 – Gatineau Park

Level 2. Gatineau Park Tawadina (Pulpit). Starting from P-13. Depart 9:30 a.m. Gas \$4
LEADER: Vinni Sahni 613 824 6757

Saturday October 13 – Impromptu Level 2-3 Hike

See note on page 11.

Saturday October 13 – Rideau Trail

Level 1+, 11 km. Starts at Moodie Drive and Corkstown Road and proceeds around the North and West sides of the Nepean Equestrian Centre, and then to the NCC pathways in the Ottawa/Nepean Campsite. Return via the Rideau Trail to our starting point. Meet at Moodie Drive and Corkstown Road at 10:30 a.m. Don't go to Tunney's Pasture. For bus riders: take bus 96 heading to Stittsville and get off at Moodie Drive, then walk north for 5 minutes to the starting point. Gas; \$2.
LEADER: Don Grant 613- 828- 1026

Saturday October 20 - Impromptu Level 2-3 hike

See note on page 11.

Saturday October 20 - Urban Hike

Level 1. Approx. 6-8 km. Starting time: 10:00 a.m. Meet at the parking lot of Strathcona Park, at the corner of Somerset St. East and Range Road, in Sandy Hill. Walk south through Dutchy's Hole Park, through Robinson Park, and across the Hurdman Bridge. Continue on the east side of the Rideau River until the south end of the Governor General's residence. Walk through the grounds of Rideau Hall. Mid-point break will be near the gift shop of Rideau Hall. The hike will continue to Rideau Falls, back through New Edinburgh Park, across St. Patrick Bridge, down Coburg St., down Charlotte St., and back to the parking lot in Strathcona Park.
LEADER: Linda Haack (613) 232-8129

Sunday October 21 - Lake Ramsay

Lake Ramsay to Monette VIA Kidder. Level 2. From Ramsay we take the 700 m connecting trail to trail 56 at Lake Kidder, follow 56 to the eastern end of Kidder, then head northwest on the skimpy trail that leads to Monette. On the return we can make a loop over the hill above Kidder. Subject to group approval, extensions such as including Monette Overview are possible. The basic loop is only 7 km. Depart 9:00 a.m. Gas \$5
LEADER: Stan Rosenbaum Tel: 613 596-4288, e-mail: srosen@magma.ca

Saturday October 27 - Cycling in Ottawa

Level 1-2. 30 to 40 km. Bike along the river behind the Parliament Buildings and out to Rockcliffe Park. Stop to read the interpretive story boards on the route. Return via the Rideau River bike path and the Experimental farm. Bring a lunch or buy it near the meeting point. Meet at Tunney's Pasture at 10 a.m. The pace of the ride will be adjusted according to the wishes of the participants. LEADER: Elizabeth Mason 613-729-6596

Saturday October 27 - Impromptu Level 2-3 hike

See note on page 11.

Saturday, November 3 - Western Greenbelt

Level 1. Under 8 km. Jack Pine Trails and vicinity. Meet at Baseline Park and Ride (south end) at 12:30 pm. Gas \$2. LEADER: Jean Cottam 613-726-1596 or Cell: 613-299-8856.

Saturday, November 3 - Gatineau Park

Level 3 hike. Strenuous. From Meech Lake and the Wolfe Trail to the North Window. Rough terrain, off trail, wet areas. Depart 09:00. Gas \$4.
LEADER: Don Carpenter (613) 730-3879.

Sunday November 4 - "Both Sides of the Ridge"-Gatineau Park

Level 2. 8 km. Starting from Kingsmere (P. 7) we follow the Skyline Trail and continue to the communications tower for long views to the east. Next, partly using some trails that are officially "abandoned", we cross the ridge to the Sugar Loaf and then to Highland Trail for views to the west beyond King Mountain. Depart Tunney's Pasture at 10 am. Gas \$ 3
LEADER Nigel Brereton 613-596-6191

Saturday November 10 - Impromptu Level 2-3 hike

See note on page 11.

Sunday November 11 – Gatineau Park

Level 3 hike. Dome to Lusk Tour. Luskville to Lusk Cabin via the Dome and return by the abandoned #10. Approx. 4 km bushwhacking. Hilly terrain, 18 km. Depart Tunney's Pasture 08:30. Gas \$5.
LEADERS: Ann Lane 613-741-3184; cn814@freenet.carleton.ca and Dave Audette 613-224-1147 dg.audette@sympatico.ca

Saturday November 17 – Rideau Trail

Level 1+. 10 km. Hike the Rideau Trail south of Roger Stevens Drive passing Rogers Pond and continuing to the start of the Earth Star Loop and return. Enjoy the early winter. Prepare for some wet areas and please dress accordingly. Meet at the Fallowfield Park-and-

ride. Depart 9:30 a.m. Gas \$5.
LEADER: Terry Baker 613 825-5267

Saturday November 17 - Impromptu Level 2-3 hike
See note on page 11.

Saturday November 17 Gatineau Loop Hike
Starting from Church Hill on the Eardley Masham Rd., a 10 km loop, about 4 to 5 hours over rugged terrain. Gas \$5. LEADERS: Cliff and Gloria Daly 613-224-4413; cliff.daly@rogers.com

Saturday November 24 - Impromptu Level 2-3 hike
See note on page 11.

Sunday November 25 - Gatineau Park
Level 3 hike. 14 km. Gatineau Park: The Yellow Box Eardley Escarpment Ridge Hike #1. Hilly terrain using faint trails. Depart Tunney's Pasture 08:30. Gas \$5. There will be a car shuttle. LEADERS: Ann Lane 613-741-3184 en814@freenet.carleton.ca and Dave Audette 613-224-1147 dg.audette@sympatico.ca

Saturday, December 1 - Western Greenbelt
Level 1. About 8 km. Hike or snowshoe. Sportsplex and Slack Rd. trails. Meet at Baseline Park and Ride (south end) at 12:30 pm. Gas \$2. LEADER: Jean Cottam 613-726-1596 or Cell: 613-299-8856.

Saturday December 1 - Impromptu Level 2-3 hike
See note on page 11.

Sunday December 2 - Gatineau Park
12-15 km. Level 2+. Between Kingsmere and King Mountain, on rugged trails. Possibly some off-trail travel. If snow, level 2 on-trail skiing in Gatineau Park instead. Gas \$3. Depart Tunney's Pasture 09:30. LEADER: John Barron (613) 828-2296

Saturday December 8 - Impromptu Level 2-3 hike
See note on page 11.

Sunday December 9 - Ottawa River East
Level 1. About 8 km. Join us for another 'Walk and Roll' hike. Along the Ottawa river from Greens Creek to Place d'Orleans. Mostly on bicycle paths. Lovely views of the river in the fall. Usually easy walking, but this late in the season our challenge will be dealing with whatever the weatherman throws our way so dress accordingly. DO NOT GO TO TUNNEYS PASTURE. Meet at the OC transpo bus stop for the #95 Orleans/Trim at Highway 174 and Montreal Road. Those coming by car should phone the leader in advance for parking instructions. Time: 12:30 pm.
LEADER: Ruth Hutchinson 613 749 099

Friday Oct. 5th - Monday Oct. 8th White Mountains, New Hampshire

Multiple level 2 and level 3 day hikes. We stay and dine at the Kinsman Lodge (shared baths) in Franconia, N.H. Three country breakfasts (Sat, Sun, Mon), two four-course dinners (Sat, Sun) and three nights accommodation (Fri, Sat, Sun). \$230 CAN per person, double occupancy; \$260 CAN per person, single occupancy; all inclusive. Payment and registration deadline is Friday, Sept. 7th. LEADERS: Cliff and Gloria Daly. Phone (613) 224-4413 or email cliff.daly@rogers.com.

Note that this is not an official Rideau Trail Association event. This notice is for information only.

Volunteer Wanted Ottawa Newsletter Mailing Understudy

A second person in Ottawa is needed to learn how newsletters are sorted, bundled, labeled and containerized for our special rates with Canada Post. Ottawa mailings occur in early June and December. Expect to spend four to eight hours in preparing and then doing the sorting, etc. A logical mind and organizational skills would help in understanding the process as defined by Canada Post.

To volunteer please contact Elizabeth Mason at 613-729-6596.

GATINEAU PARK REMINDER

With the start of the busiest hiking season of the year, it is unfortunately necessary to remind visitors to the Gatineau Park not to leave valuables in their car. Following a theft from a locked car last May, police noted that such thefts occur often in the various parking lots. They said that the thieves hide in the bushes watching and waiting for the occupant(s) to go hiking.

Nigel Brereton

RIDEAU TRAIL ASSOCIATION OUTSTANDING ACHIEVEMENT AWARDS for 2007

Bruce Gourley
Central Club



Bruce joined the Central Club of the Rideau Trail Association in 1999, shortly after retiring to the rural Perth area. Almost immediately, he became a very active and committed member of the Club, leading hikes and other activities and, only a year after joining, becoming a part of the Club's Executive as Trail Maintenance Coordinator from 2000 to 2003. In 2003, he became Chair of the Club, and led the group to new heights of membership numbers and a broader range of activities to appeal to the widest spectrum of members' interests and abilities. As Central Club Chair for two years, he was an able member of the Association's Board of Directors, and contributed greatly to furthering the goals and objectives of the organization. In 2004, while still Chair of Central Club, Bruce resumed his former role as Maintenance Coordinator when the incumbent fell ill, and has held that position to this day.

Bruce's greatest contribution to the Club and the Association, however, has been his unique ability to develop a rapport with land owners, to the extent that he has successfully negotiated five reroutes of the Rideau Trail in the area of Central Club's jurisdiction.

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Cam Hodges
Kingston Club



I am pleased to be awarding this honour to a good friend and valued colleague, Cam Hodges.

Outstanding Achievement comes in many forms -- sometimes it is the product of sustained dedication in a single endeavour; sometimes it results from a whole range of contributions. As I catalogue Cam's contributions to RTA, you'll see that she is a combination of these.

Cam joined RTA in 1993, becoming a Life Member. It was not too long until she became involved helping Ellen Shepherd in the big job of newsletter distribution. Cam also has been an active Hike Leader and, for a number of years, was the spark-plug that organized the successful summer-camping expeditions.

In 2000, Cam accepted the position of Vice Chair of the Kingston Club Executive, becoming ChairPerson the following year. Under her tenure, among other issues, the Club was dealing with the vexing issue of land-owners vs ATV's, and the

-continued on p. 15

Nanette Whitwam
Ottawa Club



The Ottawa Rideau Trail Club recipient of the 2007 Rideau Trail Association Outstanding Service Award is Nanette Whitwam.

Nanette has been a member of the Rideau Trail Association since 1986 and has made many contributions in the last twenty-one years.

Nanette has been a devoted Hike Leader since 1987. People have told me that Nanette is one of the most knowledgeable and patient Leaders in the Ottawa Rideau Trail Club and how much they enjoy going on her hikes.

Nanette has jointly coordinated the Ottawa Wednesday Walkers program since 1992 and can take credit (along with Dorothy Belter) for making this a very popular and very successful part of the Ottawa Rideau Trail Clubs activities.

Nanette has been responsible for answering calls to the Ottawa Rideau Trail telephone number for countless years. This is a very important and time sensitive role

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Photos: Bruce Gourley; Cam Hodges receives her award from John Cornish, and Nanette Whitwam from Ron Hunt. Photos by Ernie Trischuk

Bruce Gourley, continued from previous page

Three of these have fulfilled the recommendations and objectives of the Optimum Route Plan established in September, 1997. These include the bypassing of a 7.7 km stretch of tedious roadwork on Elm Grove and Long Lake Roads through the Campbell property out of Murphys Point Park (with the able assistance of John Miller); the avoidance of a foot-drenching wetland on the Ferrier Road East road allowance; and a scenic and pristine alternative to braving the odours and debris flanking the Perth land-fill site off Wild Life Road. In 2005, he negotiated a reroute around the old Dowson stone house on the Tay Canal/River at the request of the owner, but this was not even opened when spring break-up on the River took out a strategic but rickety bridge structure. Bruce not only designed a new bridge, slashed through red tape to obtain all of the necessary permits from government authorities, but, with the assistance of a local land owner, proceeded to erect the sturdy structure which is truly a lasting monument to his skill and perseverance!

Since stepping down as Chair in 2005, Bruce has continued to play a very pivotal role in the affairs of the Club. This year, while still Maintenance Coordinator, he has also taken on the added position of Routes and Negotiations Coordinator, and also leads in the carrying out of new construction projects within the Club's jurisdictional stretch of Trail. In short, Bruce has consistently served the Central Club in many roles, also including regularly leading hikes, ski and snowshoe events and canoe and kayak outings throughout his eight years with the organization. He is therefore a very worthy candidate to receive the Outstanding Service Award of the Rideau Trail Association for 2007.

Don Sherwin

Cam Hodges, continued from previous page

proposed reconstruction of the Trailhead in Kingston.

During two more years as Past Chair, Cam developed the Executive Red-Book. This hand-book of essential background data is provided to each Executive member. This is one good example of how Cam approaches her projects: defining the need and then taking the methodical steps to a solution.

In June 2004 Cam assumed further Board responsibility as the Membership Director. This is the person who single-handedly processes the membership applications and renewals, takes care of RTA merchandise orders, maintains the computer records of members and develops the statistics and membership lists on which the organization relies. This person serves the membership of all three

Clubs, and attends all meetings of the Board of Directors. For three years, Cam – with occasional help from others – has carried the whole load for us, while at the same time working out how the job might be organized more effectively. Based on this experience, her successor will be a two-person team which has already been well-briefed so that there will be a smooth transition.

This Outstanding Service Award is presented to Cam in recognition of these many years of invaluable service to the Association. To Cam, we sincerely express our thanks and admiration. May she enjoy many more years of hiking and fellowship in the organization she has helped to build and make flourish.

John Cornish

Nanette Whitwam, continued from previous page

which is often taken for granted. It is often the first point of contact for people trying to get information about the Rideau Trail and I really appreciate the fact that Nanette has fielded those calls for us and worked hard to ensure that the message gets to right person in the Ottawa Rideau Trail Club.

Nanette served as the President of the Rideau Trail Association from 1989-1991.

And finally, Nanette was the driving force behind getting the Ottawa Rideau Trail Club to participate in the Adopt-a-Roadway program with the City of Ottawa, as another way of raising the profile of the Rideau Trail in the local community. The Ottawa Club is now responsible for cleaning up a six kilometer stretch of Rogers Stevens Drive twice a year and the Rideau Trail has been recognized for its efforts via signage along the highway, as well as thank-yous and high fives from the people in Burritts Rapids and Merrickville. Nanette organized the first clean-up event in May of 2005 and has since passed the baton to Suzanne Brown.

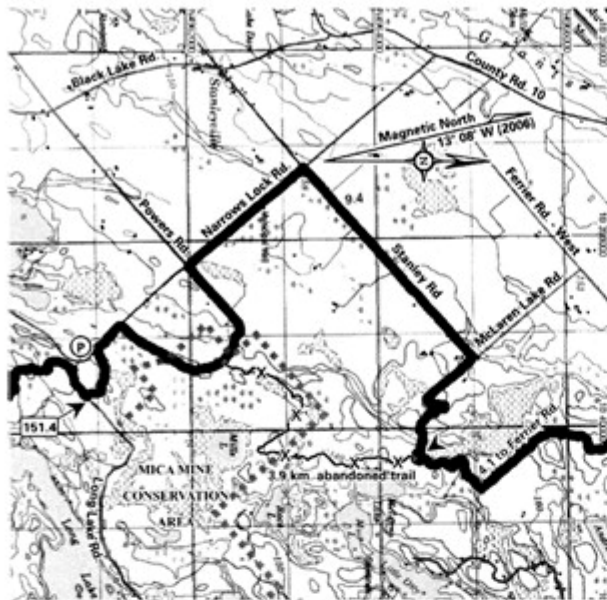
On behalf of the Ottawa Rideau Trail Club, congratulations Nanette!

Ron Hunt, Chair Ottawa Rideau Trail Club

Volunteer Webmaster Wanted

A volunteer is needed to maintain the RTA WEB site. Experience in formatting WEB pages using HTML tags and in moving pages to a web server is required. You will note by checking the source code that the site has been built on tables. If interested please contact Peter Hawkins at 613-749-2093.

Recent Trail Reroutes



McLaren Reroute—7.2 km (3.9 km abandoned)

Misses the mica mines. Go N 2.3 km from Long Lake Road, the trail now turns to the west at a disused trail message box joining Powers Road for 1.2 km before a right turn onto Narrows Locks Road. March 1.6 km and turn right on Stanley Road for 2.7 km to McLaren Lake Road. Turn right on McLaren Lake Road for 1.6 km and make a left turn toward Ferrier Road. At this point you have rejoined the old route Northbound to Ferrier Road.



Timm Moodie Reroute 3.2 km (6.0 km abandoned)

July 07 temporary reroute until ~ 2009. Avoids construction at the underpass crossing of Highway 417. Turn right on Timm Dr, then left on Moodie Dr. Cross highway 417 on the Moodie overpass. The reroute rejoins the Trail at the intersection of Corkstown Rd. Great care should be taken when walking along the cycle path beside Moodie Dr.

Participants' Responsibilities

Participants should bring a lunch, drinking water, sun and insect protection and should wear appropriate footwear and clothing.

Participants are expected to choose a trip suitable to their physical abilities and skill level. They should inform their leader, at the start, of any health problems or of any existing or potential difficulties with their equipment. Each participant will respect all financial obligations. The volunteer leaders will expect the support and co-operation of each group member. Parents and guardians are expected to supervise their own children.

Levels of Difficulty

Hiking: Level 1 - Well defined trails, gentle inclines. Hiking boots not required, but trails may be wet. Suitable for beginners. Recommended for newcomers to Club activities.

Level 2 - Generally on trail. May be hilly, light bushwhacking, some rough spots or obstacles. Boots recommended.

Level 3 - Rough terrain. One or more of extensive bushwhacking, steep sections, long climbs and descents, beaver dams or other obstacles, rock scrambling. Boots, level 2 experience, and a high level of fitness essential. Long pants and sleeves recommended.

Cycling: Level 1 - Few hills, broad roads or bike paths, little traffic. Participants must be able to ride a bicycle.

Level 2 - Some hills, narrower roads, some traffic. Participants should be fit and experienced.

Level 3 - Long hills, narrow roads, excellent fitness and good cycling skills required.



Fall is a great time for hiking!

RTA Treasurer's Report for 2006/2007

The following is a drastically condensed (by the editor) summary of the draft, unaudited financial report presented by the RTA Treasurer, Peter Hawkins, at the 16 June AGM. It is for the fiscal year ending 31 March, 2007. As in previous years, the balance sheet is presented along with a profit and loss statement. In addition, this year an Operating Fund report is given in parallel with the later. As explained below, it is intended to move to separate Operating Fund and Rideau Trail Preservation Fund reports next year.

While last year's loss [2005-6 results not shown here] was reported correctly as \$(83.34) it is actually greater. In fact you will see on the Operating Fund Income & Expenditure statement that our operating deficit was actually \$(3,004.34) and that the donations of \$2,921 to the RTPF disguised that fact. This point alone illustrates why Not-for-Profit organisations separate their fund reporting. Also it is quite usual for Not-for-Profit organisations to have different guidelines for each of their funds, and that is true for the Rideau Trail too.

Now to this year [shown to the right]. For the fiscal period ended March 31, 2007 the RTA has a deficit of \$(5,635.52) in its Operating Fund. This is a further increase of \$(2,631.18) over last period. The donation receipts of \$1,140 to the RTPF mask it somewhat. Other than the large expenditure for the 7th edition guidebooks, which has been accounted for in an accrual method, most other items are not very different from the previous year. That is as it should be, since our goal is the provision and maintenance of a hiking trail from Kingston to Ottawa.

I would draw your attention to a few items: first, insurance costs appear to have stabilised; second, 398 guidebooks were sold last year and so we are 1/3 the way to our break-even calculations; third, printing & distributing the quarterly newsletter is costly and likely to increase; fourth, we will have continuing costs in the areas of trail rights, usership, responsibilities, and management.

Peter Hawkins, Treasurer
(condensed by Bob Gordon, editor)

	Operating Fund	Profit and Loss
<u>Income</u>		
memberships	20,743	20,743
merchandise sale	9658	9658
RTA donations	2675	2675
interest	5310	5310
other	1557	1557
RT preservation donations		1140
less merchandise cost		-7674
Total income	39,943	33,409
<u>Expenditures</u>		
guidebook cost	7674	
newsletter	8072	8072
brochure	1070	1070
insurance	4677	4677
Board meetings	1401	1401
AGM	3576	3576
administration and other	12,809	12,809
club support	6300	6300
Total expenditure	45,579	37,905
<u>Surplus</u> [ie loss]	-5636	-4496

<u>Balance Sheet</u>			
<u>Assets</u>		<u>Liabilities and Equity</u>	
Bank accounts	41,589	<u>Liabilities</u>	
Accounts receivable	1057	Deferred service life memberships	41,090
Other current assets	34,052	<u>Equity</u>	
Fixed assets	4	Operating Fund Balance	72,332
Investments RTA	87,200	RTPF Board App. Bal.	53,132
Investments RTPF	49,918	RTPF Restricted Bal.	51,844
Total assets	213,820	YE retained income	-83
		Net income	-4496
		Total liabilities and equity	213,820

Other Organizations

Note: These notices are for information only. These activities are not sponsored or endorsed by the RTA.

Caledon Hills Bruce Trail Club Annual End-to-End Hike

Thanksgiving Weekend, October 6, 7, 8 - 2007

The Caledon Hills Bruce Trail Club invites you to join us for our annual three-day end-to-end hike on the Thanksgiving weekend. This year, in addition to the regular three-day hike, we are planning to offer a two-day end-to-end which will take place on Saturday and Sunday.

Plan now to participate in one of the most enjoyable and challenging hiking experiences of the year, a 70 km hike through the glorious fall colours of the Caledon Hills. Join the select group of hardy hikers who have earned the "Fall Colours" end-to-end badge, awarded only to those who complete this event. The cost is:

\$20.00 for the three-day event.

\$15.00 for the two-day event.

\$8.00 for a single day.

To register please send a cheque payable to the **Caledon Hills Bruce Trail Club**, to:

Peter Leeney

902 Silver Birch Trail

Mississauga, Ont. L5J 4C1.

This fee covers daily bus transportation, snacks and refreshments and the "Fall Colours" end-to-end badge on completion. For further information please call (905) 822-1877 or email peter.leeney@utoronto.ca

In Memoriam - Arnold Pitman

A good neighbour of mine passed away on January 26. Arnold Pitman had taken early retirement from the Kingston Whig Standard and was finding it difficult to adjust to this. I asked him one day to come out walking with me on the Rideau trail. He enjoyed this and came out on a day hike with the Club. He invited his friends, Dorothy and Ray Forrester, to come along. The hike was on the Slide Lake Loop and Dorothy was not a hiker! I remember Arnold and me pushing Dorothy from below and Ray pulling her from the top. We all had a good laugh and Dorothy survived.

Arnold and Ray worked on trail maintenance. They were both interested in canoeing and soon were off on their own, mainly in Algonquin Park and Silver Lake
-continued next column

CATARAQUI TRAIL BIKE & HIKE

Saturday October 13, 2007

A Fundraiser for Improvements to the Cataraqui Trail

Biking.

Either: Start at the trail, 0.5 km north of Perth Road Village at 10:30 am and cycle to Chaffey's Locks for lunch and back. The return distance is 37 km.

Or: Start at Kin Park on Harlem Road in Portland at 10:30 am and cycle along the trail to Chaffey's Locks for lunch and return. The return distance is 33 km.

For cyclists used to riding longer distances. Start at the trail next to the Sydenham Beer Sore at 9:30 am and cycle to Chaffey's Locks for lunch and back. The return distance is 59 km.

For those wanting a shorter run. Start at Highway 15 (2.5 km north of Elgin and 3.5 km south of Crosby) at 11:15 am and cycle along the trail to Chaffey's Locks for lunch and back. The return distance is 17 km.

The trail has a gravel surface. Bikes with a 2" minimum tire width are recommended for this ride.

Hiking

Start at Highway 15 (2.5 km north of Elgin and 3.5 km south of Crosby) at 10:30 am and walk along the trail to Chaffey's Locks for lunch. A one-way distance of just over 8 km. For those who wish, there will be return van transportation to the start point.

Rest Stop and Lunch. Lunch will be available at the Chaffey's Locks Community Hall. Washrooms are also located here. For those who have secured \$25 or more in pledges, you will receive a free lunch coupon and a number in a draw for prizes.

Contact information and registration:

Call 613-546-4228 ext.304 and leave a message with your name and address to get a registration form or further information. Or visit our website www.rideau-info.com/cattrail/. You can also register at the start of the ride/hike.

areas, taking Ray's dog Shadow with them. Arnold found in the Rideau trail and in canoeing the peace of mind he needed. Rest in piece Old Friend. See you on the trail.
Moiria Drumond

(Note: a shorter tribute to Arnold appeared in the Summer 2007 Newsletter.)

Rideau Trail - Kingston Club
Winter Get-Away Weekend for 2008

Hotel L'Estérel, Laurentians — January 25 - January 27, 2008

Hotel L'Estérel is a cross-country ski resort north of Montreal. Groomed cross-country trails, leading from the door, are available at all levels of difficulty. Expert trails access the Laurentian trail network. If requested, other trails may be accessed by bus or van for all-day skiing on Saturday. Other outdoor activities such as skating, snowshoeing, and dog-sledding are also available at the hotel.

The hotel's indoor facilities include track, courts, pool, whirlpool, and sauna. Facilities are available for group activities such as bridge and scrabble. A "get-acquainted program" on Friday (before supper) and a Saturday evening program will be planned. Evening program proposals welcomed.

Gourmet meals are fixed table d'hôte dinners on Friday and Saturday evenings, full breakfasts Saturday and Sunday mornings, and a buffet supper Sunday (3 to 4 p.m.). Gratuities are included. Bag lunches may be ordered. **Cost** for the weekend is \$290 per person double occupancy or \$390 single.

Departure from Cataraqui Town Centre at 9:00 a.m. Friday January 25 with arrival at about 1:00 p.m. Since all rooms may not be available upon arrival, dress for your preferred activity. Bring a lunch, but lunches may be purchased at the hotel. We return to Kingston about 9:00 p.m. on Sunday.

We have reserved 40 double rooms. Single rooms available. For bus and hotel commitment we require a deposit of \$90 per person on registration, with the balance payable by post-dated cheque dated **December 15, 2007**. Make cheques payable to **Rideau Trail in Trust**.

Please return your completed registration form with your deposit **and** post-dated cheque. Hotel rooms are allocated in the order of registration with priority given to members and bus passengers. You are urged to **register early** to avoid disappointment. Bus seats assigned in the order of registration.

Enquiries: Lars at 389-8747 or thorlarsen@cogeco.ca; 832 Wartman Ave., Kingston ON, K7M 4M5

Cancellations after December 15 may not receive a full refund if replacements are not available.

RIDEAU TRAIL - KINGSTON CLUB: WINTER WEEKEND — Jan 25-27, 2008

REGISTRATION FORM #

(FOR USE BY ORGANIZERS)

Name(s) _____

Address _____ City _____ Postal Code _____

Phone (home) _____ (business) _____ Rideau Trail Member Y/N _____

Enclosed is my/our deposit of \$90 per person, totalling \$ _____ (payable to Rideau Trail in Trust) and post-dated cheque dated **December 15** for \$200 per person double occupancy, or \$300 single occupancy, totalling \$ _____ (payable to Rideau Trail in Trust)

I wish to room with _____ Room requirement _____

Dietary restrictions _____

Members of the Rideau Trail - Kingston will be given booking priority if hotel room numbers are restricted. It is suggested that non-members take out a membership before registering to ensure their booking priority.

Cut and mail to: Lars Thompson (Ski Weekend 2008) 832 Wartman Avenue, Kingston ON K7M 4M5



PM40022816
RETURN UNDELIVERABLE
CANADIAN ADDRESSES TO
Rideau Trail Association
P.O. Box 15
Kingston, ON K7L 4V6

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MEMBERSHIP OR RENEWAL APPLICATION:

The RTA membership year runs from April 1 to March 31, but if you join after October 31, your membership will be extended to the end of the following membership year. Your fees entitle you to receive the quarterly newsletter and to vote at Association and local Club meetings, and they provide essential financial support for the continuous maintenance, improvement, extension and protection of the Rideau Trail. Mail this form (or download one from www.rideautrail.org) to: **Rideau Trail Association, P.O. Box 15, Kingston, ON K7L 4V6.**

All members must be at least 18 years of age.

- ☐ Annual Individual Membership \$20.00
- ☐ Annual Household Membership (two adults at the same address) \$25.00
- ☐ Patron (Life Membership) * \$500.00
- ☐ Trail Guidebook: *New edition 7 (2006)*
 - insert only, members ** \$25.50
 - insert and cover, members ** \$35.50
 - insert and cover, non-members ** \$39.95
- ☐ Car Sticker (free to new members) \$1.00
- ☐ RTA Hiker Namepin - **Please fill in name in box below.** \$6.00
- ☐ Crest \$2.00
- ☐ Enamelled Pin \$6.00
- ☐ Wall map ** \$12.00

- ☐ Donation - Rideau Trail Association * \$ _____
- ☐ Donation - Rideau Trail Preservation Fund * \$ _____

Prices subject to change TOTAL \$ _____

* Qualifies for income tax credit (No 11911 9485 RR 0001)

** Includes postage and handling

In addition to enjoying the hiking and other activities sponsored by the three local clubs, there are many other ways for you to be actively involved in the Rideau Trail Association. If you are willing to participate, please check any of the activities on the right which interest you. You will be contacted when your help is needed.

Name on pin (please print in CAPS)

PLEASE INDICATE MEMBERSHIP CATEGORY

New ☐ Renewal ☐ Life ☐

(Please Print)

Name(s):

Address:

Postal Code:

Telephone:

If you wish to receive the RTA e-letter (as well as the Newsletter by mail) please provide your e-mail address below:

- ☐ Maintaining trails
- ☐ Leading hikes
- ☐ Leading cross-country ski or snowshoe outings
- ☐ Communicating with members
- ☐ Recording information
- ☐ Carrying out publicity activity (displays, presentations, etc.)
- ☐ Organizing social events
- ☐ Serving in an executive capacity as....
- ☐ Other. Please specify...