

The Rideau Trail NEWSLETTER

FALL 2010

ISSUE NO. 157

Always
..new friends
and
new experiences!



June AGM Hike, Tay TowPath
Photo: Elizabeth Mason



Kingston members at Bon Echo Park in May
Photo: Jane Hough

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Rideau Trail Association Newsletter
Issue 157 Fall 2010

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Editor of this issue: John Cornish, Kingston Club

Submissions for the Next Newsletter

The Winter Newsletter will be prepared by the Ottawa Club. Submissions are encouraged. If possible, text should be sent electronically with no document formatting. Pictures are also welcome, either in colour or in black and white, with good definition and contrast. Please ensure that all items arrive by **November 01, 2010** and that they are sent directly to the Ottawa editor:

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**The Rideau Trail Association is a member of
HIKE ONTARIO.**

NEW CENTRAL END-TO-END BADGE

The Central Club will be hosting a series of six walks to launch its new End-to-End badge starting in the fall of 2010.

The six hikes will cover 70 km of the Rideau Trail between the Lally Homestead in Murphys Point Provincial Park and Rose-dale, east of Smiths Falls.

“Our section of the trail is right at the heart of the system and has the historic towns of Perth and Smiths Falls en route, with varied terrain such as the pre-Cambrian ridges of the Frontenac Arch west of Perth, and the Tay marsh and lush farmlands of the Ottawa lowlands east of Perth”, says Dorothy Hudson, organizer of the walks.



Please check the central Club's activities schedule in this edition of the Newsletter for details of these hikes. Hikers completing all of them will be entitled to the new badge and a certificate of achievement! Hikers wishing to earn the badge by themselves should send their log detailing their walks (when, where, with whom, etc.) to the secretary of the Central Club. Walks completed any time after July 2010 will be considered.



Cataraqui Trail Bike and Hike

Saturday, September 25, 2010

To Chaffey's Lock Community Hall & Return

Free Lunch and Great Prizes
(for Participants donating \$25 or more. This event is a fundraiser to raise money for trail maintenance & improvements.)

37 km., 33 km & 12 km CYCLE routes
5 km HIKE

For information call 613-546-4228 ext. 304 or visit
www.rideau-info.com/cattrail

Rideau Trail: End 2 End!

Touching the final cairn, you've End2End'ed!
You set a goal, persevered and triumphed.

What a cascade of memories:

Gorgeous days on the Trail you wished would never end.
Other days, not so good, you thought would NEVER end!
You're part of an elite group: only about 500 have achieved this goal in almost 40 years.
Congratulations to you all for a job well-done!

So, what's next?

Hey, do it again in the opposite direction
– everything looks different coming home!

Awarded at the June AGM

2009-10 End to End Awards

465	Veronika Pelletier	468	Al Jones
466	Jacques Pelletier	469	Bob Thompson
467	David McFadden	470	Bob Cody

2009-10 Winter End to End Awards

48	Bruce Henderson	50	Ruth Hutchinson
49	Lorna Deyo		



Photo: Al Jones

Al Jones and Bob Thompson share a glass of pomegranate juice at Kingston Cairn to celebrate completion of E2E.

Appalachian Trail May 2010

By Bill Ottney

*"O Shenandoah....
I long to see your smiling valley
And hear your rolling river."*

Yvonne Hawkins at the summer 2009 hike planning meeting: says, "Let's do something quite different from our normal independent outings".

So, here we were, eleven of us, 11 hours from Kingston, on a rainy May 11 on the Blue Ridge Mountains at Petite's Gap, VA preparing to hike the 11 miles northward to the James River foot bridge for a hopefully-triumphant crossing of the James. In spite of the less-than-perfect weather, this is a spectacular hike, starting with a climb to the cloud-shrouded 3000 foot summit of Highcock Knob. At this elevation, the wall of azalea and rhododendron which borders the trail, takes on an eerie beauty in the dense fog.

Mid-way through the hike, Yvonne took a bad fall, and we learned after she arrived home that she had broken her right elbow. Thanks to help from members of our group, and her own stamina, Yvonne was able to complete the long descent to the James River Valley and finish the hike.

The descent to the floodplains of the James River was magnificent. The rain had stopped [driving rain at higher elevations made for miserable conditions on exposed sections of the trail], and conditions on the James floodplain were much more pleasant. After a stop for group photos at the James River footbridge, we returned to our Shenandoah Valley "home" in Buena Vista, VA.

May 13, Bill Murdoch was able to join us, having returned from a two day non-hiking excursion to Richmond, VA. We were still eleven, as Yvonne was forced to play tourist and skip the hiking. Fortunately, we were

blessed with a cool rain-free day for this 11.5 mile hike from MP 51.5 on the Blue Ridge Parkway, north to Brown Mountain Creek [US 60]. One of the highlights of this hike was the countless red spotted newts along the trail.

Dinner at the Stone Grey Pub in Buena Vista was an absolute hoot: great food, Open Mike Night with amateur musicians, and an NHL playoff game on the big screen. As it turned out, one of the musicians, Dave, who was originally from Cambridge, ON, produced a Canadian flag after Montreal's victory over Pittsburgh making for a truly memorable evening.

Yvonne was able to join us for a portion of Friday's hike, which was an out-and-back to Cow Camp Gap. After a steep climb up Cole Mountain, the trail breaks out onto an alpine meadow. Wow! The trail is visible in the distance as it meanders through the meadow and up the distant slope, before descending into Cow Camp Gap. Recipe for a memorable hike: perfect weather, panoramic vistas, wildflowers in abundance, and a really terrific group of people with which to share the day, capped by a group photo along the Blue Ridge Parkway.

It is always a pleasure to meet Appalachian Trail through-hikers along the trail, most of whom had started their odyssey in mid-March. Offerings of fresh fruit or other goodies from our packs are welcome treats to these hardy souls.

For our final evening together, our group pitched in for a pot luck barbecue/feast at beautiful Glen Maury Park in Buena Vista. Around sunset, we were treated to a spectacular display of lightning as a thunderstorm rolled over the distant Blue Ridge Mountains. Yes, Shenandoah, your beauty truly captures one's soul.

It is always a gamble organizing a "first ever" event. My heartfelt thanks to everyone who joined us in Virginia. It was your presence and participation that made this outing the success that it was. I can't remember the last time I laughed as much I did in your company.

From Left: Eric and Gwenn Altmayer, Meg Berridge, Marilyn Crummey, Ann Wilson, Janet Laraway, Bill Murdoch, Yvonne Hawkins, Linda & Bruce Sterling, Gunhild Karius, Bill Ottney



Photo credit:
Eric Altmayer

WINTER END TO END HIKES 2011

Time to start planning !

This winter give the finger to frigid, bundle up and join the hardy winter hikers for this traditional series.

Mark your calendar for these dates:

January 8, 9, 21(night), 22 & 23

February 12, 13, 26 & 27

Meet to leave at 0830 hrs from Gilroy Road (221.3 Mark on Maps 11 and 12 of 7th Edition Guide Book).

We will travel towards Kingston.

Participants are expected to be able to hike at least 10 Km. per day and be on the trail at least 5 hours.

Skiers are welcome on some sections, but must arrange their own transportation.

More information: call Bill Murdoch at 613-389-3023.

Trail Changes, Kingston Section

1. Westport area Re-route: (see map and accompanying story).
2. Foley Mountain Conservation Area: the Blue Trail RTA markers are being removed, at the request of the Conservation Authority. The trail itself of course remains, but only has RVCA markers. Our Main Trail, with our orange triangles, remains the same.
3. Marble Rock Blue Trail: Cataraqui Region Conservation Authority has now provided a finished parking area for our use, 150 meters west of the trailhead. A new connector trail leads from the parking to the trailhead. The old informal grass parking area is closed.



DONATE ON-LINE!

Now you can support your Association the easy way: Just go to www.rideautrail.org and click the DONATE NOW button. That takes you directly to our RTA page on CanadaHelps.org. You get an instant charitable donation receipt e-mailed right to you.

[Donate Now](#)

PASSINGS

Kingston Club marks the loss of two of its esteemed members.

ARTHUR M. FOX (1917-2010)

The Kingston Club lost a long-term member in May, with the death of Arthur Fox. A Professor Emeritus Spanish Language and Literature, Queen's University, Art had been a member of the RTA since 1983.

MICHAEL DAVIS

Michael died August 11, 2010, following a 2 year battle with cancer. Together with his wife, Linda Tucker, Michael was an active hiker and maintained an important part of the Trail – that section above Bedford Mills which includes the ferry. We extend our sympathies to Linda and Michael's friends and family.

Westport HO!

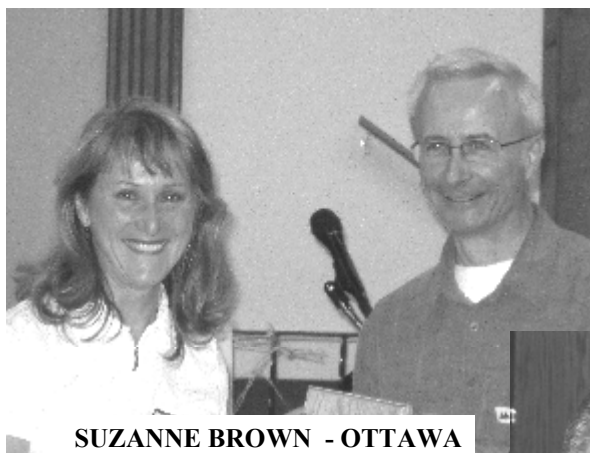
It's a GO! Almost 3 Km of dusty, hilly road-walking eliminated, replaced by a shaded woodland hike. Thanks to the cooperation of the Westport Lions Club, the section along Porter Road and Mountain Road is now history.

Bill Murdoch, Kingston Routes and Negotiations Coordinator, worked with the Westport Lions Club for most of last year to develop an agreement to use the Lions property along the escarpment above Westport, ending at the Lions Club Beach. From there the Trail follows the familiar route westward, to the entrance to Foley Mountain. Many thanks to Bill, and equal thanks as well to Dave Miller of the Central Club who fine-tuned the route and placed the markers.



The Kingston Club is now contemplating a new Blue Trail into the Village of Westport itself, a great shopping and refreshment destination before or after the hike.

OUTSTANDING ACHIEVEMENT AWARDS 2009-2010



SUZANNE BROWN - OTTAWA

In the 6 years she has been a member, Suzanne has made many important contributions.

It all started with the 2005 End-to-End. Suzanne started as an enthusiastic participant. But as the End-to-End progressed she became an organizer of the social activities that made the 2005 End-to-End particularly enjoyable – especially the October wrap-up party.

Since the Fall of 2006, Suzanne has been the lively coordinator of the Ottawa Club's Adopt-a-Roadway clean-up work on Roger Stevens Dr..

In 2007, Suzanne became Ottawa Club Treasurer. In addition, she stepped in as Activity Coordinator, filling this very important function until this Spring. She continues as Treasurer.

Suzanne is the creative spark behind the Ottawa Club end-to-end badge. And she has been actively promoting the concept of a "Gatineau Challenge".

And finally, Suzanne assisted the RTA Board Financial Oversight Committee by recruiting a qualified accounting professional to carry out an independent review of the 2008-2009 financial statements.

Thank you, Suzanne! We really appreciate the tremendous contributions you have made, in a short few years.
Ron Hunt - RTA Past President

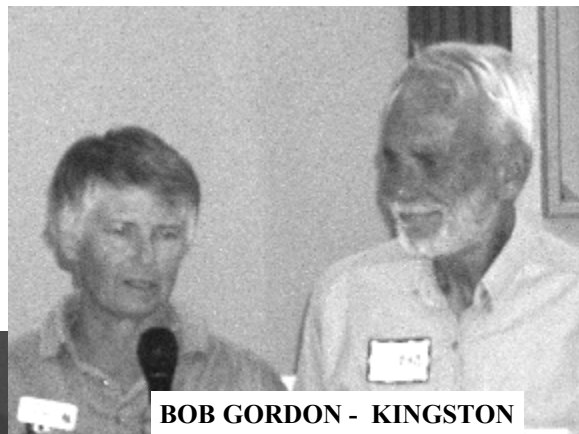


ERNIE TRISCHUK - CENTRAL

Ernies served as a volunteer for the Central Club for several years, then as a hike leader, 2 years as Vice Chair on the Executive and is currently Chair. But Ernie's single most outstanding achievement was in producing and maintaining the maps for the 7th Edition of the Rideau Trail Guidebook. In earlier editions of the Guidebook, maps were produced by Geomatics Canada. RTA was informed they could no longer perform this function. Beginning in 2001, Ernie weighed the alternatives of a specialist contractor versus a volunteer- staffed kitchen table method which would minimize cost.

Ernie selected the low cost method, and spent several years researching methods and sources. Guidebook and map production required the insertion of GPS tracks into topographic maps, and producing the detailed overlays that provided the RTA- specific information. Ernie's wife, Carol, produced all the overlay graphics to make the maps useful for trail users. Ernie handled the track editing and insertion along with the overall project management functions.

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BOB GORDON - KINGSTON

It gives me great pleasure to present the Outstanding Service Award to Bob Gordon, who for 9 years served as the Kingston Newsletter Editor .

Bob is a long time member of the RTA, and , with his resignation as editor, now has lots more time to be an active RTA hiker.

Bob has a long history of volunteering in Kingston, at the walk-in tax centre for the underprivileged at income tax time, and as treasurer for Martha's Table. He is also very active in the Kingston Choral Society and with the Melos Chorale Ensemble.

Thank you, Bob, for your service to the Association over many years.
Jennie Ellis - Kingston Club Chair



The production of maps and guidebook text involved several editing cycles which were critiqued by members of the 3 Clubs to ensure accuracy. This extensive task took 10 months, culminating in delivery at the June 2006 AGM of 2000 copies of Edition 7. Since then, Ernie has produced and maintained map image updates on the RTA web site and Newsletter of the many trail reroutes which have occurred in the intervening years.

Thank you, Ernie, for all of your contributions!
*Margaret Lafrance
Past Chair – Central Club*

KINGSTON CLUB ACTIVITIES

Meeting place for our activities, unless stated otherwise, is the **Canadian tire parking lot**, along Bath Road, towards the gas station. Be there shortly before the departure time indicated. Bring lunch, extra water, insect repellent, and sun-screen. Wear strong footwear and come prepared for weather changes. If in doubt about your ability to cope with the outing, call the leader in advance. Car pooling will be organized. The contribution for gas is indicated for each hike. Car entry fees for Provincial Parks and Conservation Areas are to be shared.

Note Pace Levels: Slow 2-3 km/hr; Moderate 3-4 km/hr; Fast (or Brisk) 4-5 km/hr; Very Fast 5+ km/hr.

ALSO: see Note on Participants' Responsibilities and Levels of Difficulty on Page 9.

Hike Leaders may obtain Sign-Up Sheets from Sharen Yaworski at 613 544 6022. Please forward completed forms to her at 51 Connaught St., Kingston, K7K 4W4. Alternately, e-mail a scanned copy to her at sharenann@gmail.com.

WEDNESDAY WALKERS: get your healthy exercise and enjoy a pleasant social activity. We depart at 1:30 pm, except on the second Wednesday of the month when an all-day outing is scheduled (check the schedule below). For information on these afternoon walks, call the Milloys at 613-530-2142.

2010 Kingston Section End-to-End – Experience the Rideau Trail between Kingston and Murphy's Point Provincial Park. A series of about 10 hikes scheduled from spring through the fall. At the end, a BBQ will celebrate our accomplishment, and special badges will be awarded to those who have completed the entire distance. Keep a personal log with dates to ensure you get your badge. If you miss some of the E2E group hikes, you can make them up on your own, keeping a record in your log. Further info: John Cornish 613 382 4778

Sat., Sept 25, Frontenac Challenge: Tetsmine /Gibson Loops

From Kingsford Dam. Distance 25 km. Level 3 at a moderate pace. Gas \$7.00. Depart at 8 am.
LEADER: Bill Ottney 613-652-2205

Saturday September 25 Cycle the Cataraqui Trail

Part of the *Cataraqui Trail Bike and Hike*.
Cycle from Perth Road Village to Chaffey's Lock for lunch and return. Moderate pace, Level 2 for 30 km total on gravel trail, needs wide tires.
Depart CTC at 9:30 a.m. Gas: \$4.
(extra bike rack space would be appreciated).
Bring drinking water and a swim suit for a dip in Garter Lake.

OR meet at Cataraqui Trail parking lot just north of Perth Road Village for 10:30 A.M. departure.

Leader: Don Coulter 613-542-9998

Sunday Sept 26, Frontenac Challenge: Big Salmon Loop

Distance 20 km, Level 2-3 at a moderate pace.
Gas \$5.00 + Park Fee. Depart at 9 am
LEADER: Norm Trembath 613 659-3894

Saturday Oct 2, Frontenac Challenge: DoeLake, Arab Lake & Corridor

Distance 12 km Level 1 at a moderate pace.
Gas \$5.00 + Park Fee. Depart 9 am
LEADER: Audrey Sanger 613 384-6244

Sunday Oct 3, Burch Trail Opinicon Area

Hike from Opinicon Road to Rideau Trail past Lindsay Lake,
Then follow Burch Trail to Cataraqui Trail, then east to Old Bedford Road. Visit old mine, return to Opinicon Rd.
Distance 11 km. Level 2 at moderate pace.
Gas \$5.00. Depart 9am
LEADER: Don Coulter 613 542-9998

**Tuesday Oct 5 HIKE PLANNING MEETING
At CHAPTERS at 7 pm.**

Saturday Oct. 9, Gould Lake

From the Gate to Ridge Walk, Spur Point
Distance 14k. Level 3 at a moderate pace.
Gas \$5. Depart 9 am.
LEADER: Bill Murdoch 613 389-3023

Sunday Oct. 10, Bon Echo Provincial Park

Hike the trails of Bon Echo. Distance to be determined.
 Enjoy beautiful fall colours. Bring your camera.
 Possible swim stop. Level 2-3 at a moderate pace.

Gas \$10.00 Depart 830 am

LEADER: Pat Casey 613 385-2356

Wednesday Oct 13th, Gananoque Trail

See the new scenic loops by the river, lunch overlooking the Islands .Distance 12 km. Level 1 at a moderate pace.

Gas \$5.00 Depart 9am

LEADER: John Cornish 613 382-4778

Saturday Oct 16, Rock Dunder

Hike and see colourful views along the trail
 Especially at the top. Good hike for families.
 Bring TREATS for Stan. Distance 10 kms.

Level 2+ at moderate pace Gas \$6.00 Depart 10 am.

LEADER: Stan Huff 613 548-3003

Sunday Oct. 17, Rideau Trail: Stagecoach Rd Area.

Enjoy the fall colours as we hike through a hardwood section of the trail. Distance 10 km. Level 2 at moderate pace. Gas \$5.00 Depart 9am.

LEADERS: Jane and Robert Hough 613 373-2268

Saturday Oct 23, Rideau Trail.

Freeman Road to the Gates of Gould Lake and Return.
 Scenic!! Distance: 8 km. Level 1 at moderate pace.

Gas \$5.00 Depart 9am.

LEADER: Elgin Bock 613 389 4216

Sunday Oct. 24, Charleston Lake Prov. Park.

Hike the Westside Trail.

Distance 12 km. Level 2 at a moderate pace.

Gas \$6.00 plus Park Fees .Depart 9am

LEADER: Pat Casey 613 385-2356.

Saturday Oct. 30, Frontenac Challenge: Slide Lake

Distance 28 km. Level 3 at moderate pace

Gas \$5.00. + Park Fee. Departs 8am.

LEADER: Jim Lorimer 613 373-2847

Sunday Oct. 31, Cycle K & P Trail

Meet at the junction of K&P Trail and
 Sydenham Rd. South of the 401.

Distance to be determined. Meeting time: 1:30 pm

LEADER: Peter Burbidge 613 634-1877



See Note on Hunting Seasons, page 18

Saturday Nov. 6, Jones Creek Trails

Hike the new trails developed by St.Lawrence Islands
 National Park. Snipe, Deer and Hawk Loop.

Distance 12 km Level 2 at a moderate pace

Gas \$6.00 plus Park fees.. Depart 9 am

(If you can meet the group for the leader, please call!)

LEADER: Ray Wilson 613 382-7189

RIDEAU TRAIL ASSOCIATION

Sunday Nov 7, Cataraqui Trail

Hike the Cataraqui trail from highway 15 to
 Chaffeys Lock and return.

Distance 15km. Level 2 at a moderate pace.

Gas \$4.00 Depart 9am.

LEADER: Sandra Muis 613 542- 8224

Wednesday Nov. 10, Landon Bay

Hike some of the nicest easy walking trails
 in the Frontenac Arch region. Old growth
 Forest and the best lookout over the 1000

Islands. Distance 12 km. Level 1 at an easy pace.

Gas \$5.00. Departs 9am.

LEADER: John Cornish 613 382-4778

Saturday Nov. 13, Depot Lake

Scenic views and landscapes. Lunch

Will be at the Dam. Distance 12 km

Level 2 at a moderate pace.

Gas \$5.00 Departs 9am

LEADER: Stan Huff 613 548-3003

Sunday Nov. 14, Cataraqui Trail

Join Audrey on a hike from Sydenham

Distance 15 km. Level 1 at moderate pace.

Gas \$4.00 Departs 9am

LEADER: Audrey Sanger 613 384 6244

Saturday Nov. 20, Lemoine Point

Enjoy the trails of Lemoine Point

Distance 10 km. Level 1 at an easy pace.

Gas \$2.00 Departs 9am.

LEADER: Bruce Bromfield 613 634-9409

Saturday Nov. 20 Opinicon & Skycroft

Hike from the Opinicon Rd. at Skycroft on Red Gate and
 Blue Trails, around Two Island Lake to Rideau Trail.

Then Hughson's Sunday walk to start point.

Distance 10 kms. Level 2 at a moderate pace

Gas \$4.00 Departs 9am

LEADER: Allan Tattersall 613 549 4090

Sunday Nov. 21, Marble Rock

Enjoy this beautiful hike among the trees and rocky

Lookouts. Distance 12 km. Level 2 at a moderate pace.

Gas \$5.00 Departs 9am

(If you can meet the group for the leader, please call!)

LEADER: Norm Trembath 613 659 3894

Saturday Nov. 27, Skycroft Mix and March

Enjoy a variety of intersecting trails

Distance: 10 km. Level 2 at a moderate pace.

Gas \$5.00 Departs 9am

(If you can meet the group for the leader, please call!)

LEADER: Ray Wilson 613 382-7189

Sunday Nov. 28, Charleston Lake Prov. Park

Hike a combination of scenic trails to Buckhorn Point. Possible bonfire. Distance: 10 km.
 Level 2-3 at a moderate pace.
 Gas \$6.00 + Park Fee. Depart 9am.
 LEADER: Norm Trembath 613 659-3894

Saturday Dec. 4, Westport area Trails

Hike the Westport re-route part of the trail.
 Browse the town and stay for supper.
 Distance: 12km Level 2 at a moderate pace.
 Gas \$6.00 Departs 9am.
 LEADER: Bill Murdoch 613 389-3023

Sunday Dec 11, Napanee

Hike waterfront to the Farmland Trails
 Distance: 8km. Level 1+, slow to moderate pace.
 Lunch at a Napanee eatery
 Gas: \$5.00. Departs 9am.
 Leader: Bob Chadwick 613 544-9222

Saturday Dec 11, RTA Christmas Party

This is an opportunity to get to know some new people in the club, and meet old friends. Please bring appetizers, finger foods or a dessert. Bring your own drinks of choice. Coffee, tea and fruit punch will be provided.
 Time: 7pm
 Place: Queens Women's Association, 144 Albert St.
 Cost: \$3 for room rental fee.
 RSVP Linda Line 613 532-4353 or Linda Tucker 613 634-0497

Sunday Dec 12, Ski/Hike the Little Cataraqui Conservation Area.

Distance 18km, Level 1 at a moderate pace.
 Gas \$2.00. Entry fees apply. Departs 9am.
 LEADER: Bruce Bromfield 613 634-9404

Wednesday Dec 15, Big Sandy Bay, Wolfe Island.

Meet at Wolfe Island Ferry for the 0930 ferry
 Distance: 12 km. Level 1 at Beach pace
 Gas \$2.00
 LEADER: Audrey Sanger 613 384-6244

Saturday Dec. 18, Ski/ Hike Opinicon Area

Rideau Trail to Cataraqui Trail, return on Old Bedford Rd. to Opinicon Rd. Visit the old mine.
 Distance: 10 km. Level 2 at a moderate pace.
 Gas \$4.00 Departs 9am.
 LEADER: Don Coulter 613 542-9998

Sunday Dec. 19, Upper Canada Village

A short hike before dinner at the Harvest barn in Upper Canada Village. Then a horse drawn wagon ride to see the lights. Entrance fee, plus \$4.00 for the Wagon ride, plus cost of your dinner. Level 1-2.
 Gas: 10.00, Depart at 12 noon from the normal site at Canadian Tire.
Call to confirm if you are coming.
Ottawa and Central clubs welcomed
 LEADER: Pat Casey 613 385-2356

Participants' Responsibilities

Participants are expected to choose a trip suitable to their physical abilities and their skill level. At the start they should inform their leader of any health problems or potential difficulties with their equipment. Each participant will respect all financial obligations. The volunteer leaders will expect the support and cooperation of each group member. Parents and guardians are expected to supervise their own children. Dogs are not generally permitted.

Levels of Difficulty**Hiking/Snowshoeing**

Level 1 Well defined trails, gentle inclines. Suitable for beginners.

Level 2 Generally on trail. May be hilly, light bush-whacking, some rough spots or obstacles. Boots are recommended.

Level 3 Rough Terrain. One of more of: extensive bush-whacking, steep sections, long climbs and descents, beaver dams or other obstacles, rock climbing. Boots, Level 2 experience and a high level of fitness essential. Long pants and sleeves recommended.

Cross-Country Skiing

Level 0 Easy, short, slow pace. All other levels require some experience and may be long (more than 15 km.)

Level 1 Easy, small hills, wide trails (green).

Level 2 Intermediate. Narrower, steeper trails (blue).

CENTRAL CLUB ACTIVITIES

Meeting place for Central club activities is **Conlon Farm in Perth**. To reach Conlon Farm, take the main street (Gore St.) southeast through Perth to county road #10 (Scotch Line), turn right towards Westport, then turn at the 4th side street on the right, Conlon drive, to the Conlon Farm parking area. If in doubt regarding any aspects of the planned hike or other activity, call the leader or the Central club hotline at 613-264-8338.

Note Pace Levels: Slow 2-3 km/hr; Moderate 3-4 km/hr; Fast (or Brisk) 4-5 km/hr; Very Fast 5+ km/hr.

ALSO: see Note on Participants' Responsibilities and Levels of Difficulty on Page 9.

MID-WEEK ACTIVITIES

Wednesday Morning Wanderers: There will be a Level 1, moderate-paced hike every Wednesday morning, departing from Conlon Farm. Time and destination will be announced to Central club members by e-mail at the beginning of each week. For more information contact Margaret Lafrance 613-264-0057.

WEEK END ACTIVITIES

Note: Frontenac Challenge Hikes – the Central Club has scheduled some of these hikes in September and October. Mid-week hikes may be offered for the others, depending on interest and weather conditions. Contact Dorothy Hudson 283-0332.

Note: The Central end-to-end hikes begin October 16. Come out and earn your badge!

Saturday, September 4 Frontenac Provincial Park, Little Salmon Lake Loop

Meet at 9:00 am for this Level 2, 15 km hike, part of the Frontenac Challenge. Park fees apply. Gas \$6.

Leader: Janet Laraway 284-2127

Saturday, September 11 Frontenac Provincial Park, Little Clear Lake Loop

Meet at 9:00 am for this Level 2, 14 km hike, part of the Frontenac Challenge. Refreshments in Westport to follow. Gas \$5.

Leader: Bruce Gourley 283-5967

Saturday, September 18 Frontenac Provincial Park, Slide Lake Loop

Meet at 8:00 am at Conlon Farm for this 28 km Level 3 moderate pace hike, part of the Frontenac Challenge. The hike starts and ends at Perth Rd. # 6767. Gas \$5

Leader: Gunhild Karius 264-2861

Saturday and Sunday, September 18-19 Hike Week-end, Silent Lake Provincial Park, Bancroft

Meet at 9:00 am. Saturday in the park to hike the 15 km Lakeshore Trail around Silent Lake. A shorter hike will be planned for Sunday morning. If you plan to participate, please contact the leader for more information.

Leader: Dorothy Hudson 283-0332

Sunday, September 26 Meisel Woods Conservation Park

Meet at 9:00 am for a Level 1, 8 km hike. Gas \$4.

Leader: Sandy Clifford 267-5007 and Arlyn McMillan 267-2588

Sunday, October 3 Frontenac Park, Big Salmon Lake Loop

Meet at 8:00 am to hike another of the Frontenac Challenge trails. Level 3, 19 km. Gas \$6, plus park fee.

Leader: Dave Miller 449-7459

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Donate Now

Saturday, October 9 Ragged Chutes

Meet at 9:00 am for this 12 km, level 2 hike along the upper Mississippi River. Gas \$5.

Leader: Linda Sterling 279-1109 and Dorothy Hudson 283-0332

Thursday, Oct. 14 Hike Leaders Planning Meeting

4:00 pm, 124 Chambers Street in Smiths Falls
Come with your ideas for activities during the winter season.

Saturday, October 16 Central End-to-End, Lally Homestead to Narrows Lock Road

Meet at 10:00 am to begin this series of end-to-end hikes on the Rideau Trail. Level 2, 12 km.

Leader: Bruce Gourley 283-5967

Sunday, October 24 Central End-to-End, Narrows Lock Road to Otty Lake Side Road

Meet at 10:00 am, Level 2, 12 km

Leader: David Allcock 264-9075

Saturday, October 30 Central End-to-End, Otty Lake Side Road to Rathwell Road

Meet at 10:00 am, Level 1, 11 km

Leader: Don Sherwin 264-0759



See Note on Hunting Seasons, page 18

Sunday, Nov. 7 Foley Mountain Conservation Area

Meet at 9:00 am to hike this beautiful area safe from hunters, with lookout views of Rideau Lake and Westport.

Level 2, 12 km. Gas \$3.

Leader: Dave Miller 449-7459

Saturday, November 13 Frontenac Provincial Park,

Cedar Lake Loop

Meet at 8:00 am. Level 3, 15 km hike.

Gas \$6, plus park fee.

Leader: Janet Laraway 284-2127

Sunday, November 21 Central End-to-End

Rathwell Road to Port Elmsley

Meet at 10:00 am, Level 1, 12 km.

Leader: Gill Hyland 267-5756

Saturday, November 27 Central End-to-End

Port Elmsley to Smiths Falls

Meet at 10:00 am, Level 1, 11 km.

Leader: Josie Roberts 267-3769 and Alina MacFarlane 267-4713

Sunday, December 4 Central End-to-End

Smiths Falls to Rosedale / McConnell Road

Meet at 10:00 am, level 1, 12 km

Leader: David Allcock 264-9075

Saturday, December 12 Skycroft Area

Meet at 9:00 am, Level 2, 8 to 12 km., hike or snowshoe, depending on conditions. Gas \$5.

Leader: Dorothy Hudson 283-0332

Sunday, December 19 Round Lake Loop and Christmas Dinner

Meet at 11:30 for a 12 km, Level 2 hike or snowshoe, followed by dinner at the Skye Dragon in Perth. Please call the leader in advance so that dinner reservations can be made. Gas \$2.

Leader: David Allcock 264-9075

We Got Mail !

Dear Editor,

I notice in the Newsletter a number of items marked with the statement " *For information only. Not an official RTA Activity*".

Why is the statement there?

Al Dama

Dear Al:

Our members come up with lots of creative ideas for activities that interest them. The Newsletter is an ideal vehicle for them to float a "trial balloon", to see if other members would like to join them. This is their project and we hope they find some good companions to accompany them.

.....

The disclaimer statement you mention differentiates such a private initiative from official RTA activities, i.e. those which have been developed through each Club's activity committee process, OR which have been discussed and endorsed by a Club's Executive.

The disclaimer in no way alludes to the quality of the activity, but only to the fact that the activity does not fall under the Association's liability insurance coverage: it is a mutual arrangement between individual participants.

Certain special events, such as the annual Ski Weekend, or the Fall B&B Trip have attained "official " status over time. No trip outside Canada can be an "Official RTA activity" due to limitations of RTA liability insurance,

Sincerely,
Editor John

OTTAWA CLUB ACTIVITIES

Transportation for hikes is by carpooling in private cars. Passengers contribute to the driver's gas costs. Fees for parking and entry to parks and conservation areas are shared among the driver and passengers. Scheduled activities take place regardless of weather. For more information about a particular activity contact the leader. If you are unable to reach the leader, or if you need general information, contact the Ottawa Club at 613-860-2225.

Leaders: Blank activity sign-up sheets are available on the RTA website or from Ethel Archard at 613-592-7733. Please forward completed sign-up sheets to her at 11 Selye Crescent, Kanata, ON K2K 1C8.

Wednesday Walkers

Every Wednesday, there are level 2 and 3 hikes in Gatineau Park. Departure time is 9:30 a.m. Call Dorothy Belter 613-523-4420 or Nanette Whitwam, 613-747-2985 for more information including the meeting place. Do not go to Tunney's Pasture.

Impromptu Saturday Hikes

Saturdays when no official level 2 or 3 hike is planned, there is an impromptu hike or snowshoe in Gatineau Park. Meet at Tunney's Pasture at 9:15 a.m. Destination to be determined. Expect to hike for 4 to 5 hours plus a lunch stop. Bring lunch and water. *Warning: These outings are NOT for beginners; they may be long and challenging.* Contact persons: Chris Heap 613-740-9975 (chrishe@ieee.org); Alex Macdonald 613-302-2137

Note Pace Levels: Slow 2-3 km/hr; Moderate 3-4 km/hr; Fast (or Brisk) 4-5 km/hr; Very Fast 5+ km/hr.

ALSO: see Note on Participants' Responsibilities and Levels of Difficulty on Page 9.

Weekend and Other Activities

The following three locations along the OC Transpo transitway are used as meeting places for most Ottawa Club weekend and Tuesday evening activities. Each activity description specifies the meeting place and time.

Tunney's Pasture The parking lot of the R.H. Coats Building (Statistics Canada) on the west side of Parkdale Ave. just north of where it crosses Scott St. The Tunney's Pasture OC Transpo stop is one block away.	Fallowfield Park & Ride The northwest parking lot of OC Transpo's Fallowfield Park & Ride Station, off Fallowfield Rd. west of Woodroffe Ave. By car, take the first left after you enter the Park & Ride facility, turn right into the parking lot, then cross the lot to the far side.	Baseline Park & Ride The parking lot of OC Transpo's Baseline Park & Ride Station, off Woodroffe Ave. south of Baseline Rd. Meet at the southeast corner of the parking lot.
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CENTRAL END-TO-END

The Central Club will be hiking its portion of the Rideau Trail, breaking the 70 km into six hikes of about 12 km each, on the following dates: Sat. Oct. 16, Sun. Oct. 24, Sat. Oct. 30, Sun. Nov. 21, Sat. Nov. 27, Sun. Dec. 4.

See Central Club Activities for details. Note that there is a two-week break in early November to avoid hunting season. Car pooling for Ottawa hikers is from Fallowfield Park & Ride. Contact Avia O'Connell for departure time, 613-820-6091 or aocon03@rogers.com

Hikes up to and including September 11: see Summer Schedule

Saturday, September 11 Adopt-a-Roadway Clean-Up
Join us for a few hours to clean 5.5 km of road allowance along Roger Stevens Drive, southwest of North Gower. Kindly register in advance by calling the leader, so that enough equipment can be provided. A minimum 12 people is ideal. Meet at Fallowfield Park & Ride at 9:00 a.m. Gas \$5.

Leader: Suzanne Brown 613-224-6006

Saturday, September 18 Merrickville

Level 1, 10 km, 2 hours. Start from Blockhouse Park, Main St. and bridge in Merrickville. Hike along an unopened road allowance to Limerick Forest to newly built boardwalk and return. Lunch at Locali's bistro on Main St (optional). Trail developed by the Merrickville District Trails Society. MDTS members will join our group. Ottawa hikers meet at Fallowfield Park & Ride at 9:00 a.m. Ottawa contact: Joan Evans 613-736-1527. Gas \$6.

Leaders: Denis Faulkner 613-269-2136 and Fred Grodde 613-269-4306

Sunday, September 19 Gatineau Park, Eardley-Masham Road

Level 2, 11-12 km. Moderate pace hike to spectacular lookouts over the Ottawa River valley from the Eardley-Masham Road. There are options for shortening or lengthening the hike if all are agreed. Meet at Tunney's Pasture at 9:30 a.m. Gas \$5.

Leader: Ann Bolster, 613-828-5131

Saturday, September 25 Ottawa River and Mud Lake

Level 1, 6 km. Walk around scenic Mud Lake, where bird life is abundant. Meet at 10:30 a.m. at Britannia Park Bus Stop at Ron Kolbus Lakeside Centre.

Leader: Ethel Archard 613-592-7733

Saturday, September 25 Impromptu Level 2-3 Hike

See above for info.

Saturday, October 2 Lime Kiln Trails

Level 1, approx. 8 km. Hike scenic Lime Kiln trails starting from P-10. Meet at 10.30 am at Baseline Station Park & Ride, south-east corner. Bring a lunch. Gas \$2.

Leaders: Linda Haack 613-232-8129 and Jean Cottam 613-726-1596 or (cottamkj@look.ca)

Saturday, October 2 Gatineau Park

Level 2, approx. 12 km. Walk from P-12 on various trails with some nice lookouts. Return by mid afternoon. Depart from Tunney's Pasture at 9:30 a.m. Gas \$4.

Leader: Alex Bissett 613-828 4363
(alexbissett@sympatico.ca)

Saturday, October 9 Wakefield Triangle

Level 2+, about 20 km. Start at P-17 at Wakefield, up trail #52 to southern end of Lac Philippe, up the beaches area to return by trails #51 and #53. About 6.5 hours, depending on group. Depart from Tunney's Pasture at 9:30 a.m.

Possible rain date Sunday, October 10. Gas \$5.

Leader: Laraine Laughland 613-723-8851

Sunday, October 10 Rideau River to Manotick

Level 1, 10 km. Hike along the Rideau River from Wind-ing Way to Manotick with either a picnic lunch at the Old Mill Park or the Dog pub, then return by the same route. Meet at the Fallowfield Park & Ride at 10:00 a.m. Gas \$2.

Leader: Terry Baker 613-825-526

OR terryrd.baker@sympatico.ca

Monday, October 11 Mer Bleu

Level 1, 8 km. Leisurely walk on flat trails, # 51 and #52. Bring lunch. Meet at Tunney's Pasture 10:00 a.m. Gas \$2. Leader: Coby Fuykschot 613-722-6022

Saturday, October 16 Hunt Club & Jack Pine Trails

Level 1, 5 km. Beautiful woods, boardwalks over interesting swampy areas with lots of bird life. Meet at Baseline at 9:30 a.m. Gas \$2.

Leader: Jean Sunter, 613-828 6077.

Saturday, October 16 Manitou Mountain Trail, Calabogie area

Level 2+, 12 km. All on foot trails, many scenic vistas. Meet at Tunney's Pasture, 9:00 a.m. Gas \$10.

Leader: Doug Parsons, 613-723-0726

Saturday, October 16 Gatineau Park from Lusk Falls Parking

Level 3, 10-12 km. Energetic hike starting from Lusk Falls parking, probably returning via Throne. Considerable climbing and faint trails, good views over Ottawa Valley. Bring lunch and wear good boots. Meet at Tunney's Pasture at 9:30 a.m. Gas \$5.

Leader: Jim Leeson, 613-829-1083

Saturday, October 23 Pine Grove

Level 1, 8-10 km. Explore the trails from P-18 of the Pine Grove. Learn about tree identification and forest management. Meet at 9:30 a.m. at Baseline Park & Ride. Gas \$3.

Leader: Bruce Henderson 613 224-4217

Saturday, October 23 Graham Hills, Gatineau Park

Level 3, about 14 km. Strenuous hike from P-19, over the Graham Hills. Steep, rough terrain, dense bush, possible wet areas. Depart from Tunney's Pasture at 9:00 a.m. Gas \$7.

Leaders: Don Carpenter and Marilyn Booth (613) 730-3879

Sunday, October 24 Shirley's Bay Walk

Level 1, easy 12 km. This hike follows NCC, Trans-Canada and Rideau Trails. Picnic lunch at Shirley's Bay before returning to the starting point. Meet on Moodie Drive at Corkstown Road (traffic lights), by the bike path, depart at 10:00 a.m.

Leader: Terry Baker 613-825-5267
(terryrd.baker@sympatico.ca)

Wednesday, October 27 Ottawa End-to-End #7

Level 1+, 10 -13 km. Hike in the Marlborough Forest with an optional visit to the club property. Car shuttle for one-way hiking. Meet at the corner of Woodroffe and Carling in the parking lot of the Fairlawn Plaza at 9:30 a.m. Gas \$5.

Leader: Elizabeth Mason 613-729-6596

Saturday, October 30 Ottawa End-to-End #5

Level 1+ at a medium pace, 12 km. Hike from Shea Road to Brownlee Road on the Rideau Trail (map 14 revised). Meet at Tunney's Pasture at 9:30 a.m. Bring lunch. Gas \$3.

Leader: Elizabeth Mason 613-729-6596

Saturday, October 30 Impromptu Level 2-3 Hike

See above for info.



See Note on Hunting Seasons, page 18

Friday, November 5 Explore Montreal

Take a day to explore some of the interesting sights in Montreal. Do a walking tour, enjoy some French cuisine. We will travel by public transportation to and from the city. For further information contact Elizabeth Mason 613-729-6596

Saturday, November 6 Impromptu Level 2-3 Hike

See above for info.

Sunday, November 7 Both Sides of the Ridge, Gatineau Park

Level 2, 8 km. Starting from Kingsmere (P-7) pass the site of the former mansion of lumber baron J.R. Booth, follow an old trail to a viewpoint looking west across the ridge to the Ottawa Valley. Next to Sugar Loaf, cross the Ridge Road and use old trails to pass near the communication tower above Camp Fortune. Lunch at the top of a ski hill, with long views to the east across rolling ridges. Then join the Skyline Trail to return home. Depart Tunney's Pasture at 9:30 am. Gas \$3.

Leader: Nigel Brereton 613-596-6191

(nigelb@primus.ca)

Thursday, November 11 Pine Grove Forest Trail

Level 1, 6 km. Some wet stretches, some road crossings. Bring bird seeds if you like feeding birds. Meet at Tunney's Pasture at 1:00 p.m. Gas \$2.

Leader: Coby Foykschot 613-722-6022

Saturday, November 13 Plaisance Park

Level 1, 8-10 km. Return to this park to do the walking trails and then visit the falls. Meet at Tunney's Pasture at 9:00 a.m. Bring a lunch. Gas \$9.

Leader: Elizabeth Mason 613-729-6596

Saturday, November 13 Impromptu Level 2-3 Hike

See above for info.

RIDEAU TRAIL ASSOCIATION

Sunday November 14 Rideau River Walk to Manotick

Level 1+, 16 km. Walk from Stonebridge estate path to the Rideau River and walk along side the river to Manotick with a picnic lunch at the Old Mill Park or at the Dog pub, then return by the same route, back by 4 p.m. Meet at the Fallowfield Park & Ride to depart at 10:00 a.m. Gas \$2.

Leader: Terry Baker 613-825-5267

(terryrd.baker@sympatico.ca)

Saturday, November 20 Carbide Mill and Discovery Trail, Gatineau Park

Level 2, 12 km. Park at P-16 and hike along Cowden Rd. and Giant Trail with a lunch stop at the Carbide Mill Ruins. Proceed from there along the Discovery Trail and a loop through the woods back to Cowden Road and P-16. Meet at Tunney's Pasture by 9:20 a.m. for a 9:30 departure. Gas \$3.

Leader: Denise Hall 613-843-8222

Saturday, November 27 Typhoon Lake area of Gatineau Park

Level 2, 10 km. Park at P-17 and hike along ski trails and then through the bush to a lunch stop under towering pines and overlooking a pretty lake. About 25% of this hike (2.5 km) is off-trail. Meet at Tunney's Pasture by 9:20 a.m. for a 9:30 departure. Gas \$4.

Leader: Tom Cole 613-825-4498

Sunday, November 28 Ottawa Waterfront-

Level 1, 6-8 km. Walk from Tunney's Pasture to Richmond Landing and beyond. If inclement weather we can stop for lunch at a museum. Meet at Tunney's at 11:00 a.m.

Leader: Marilyn Schwartz 613-828-4488

(marilyn_sch1970@yahoo.ca)

Saturday, December 4 Experimental Farm

Level 1, approx. 4 km. Pleasant walk through Experimental Farm fields. Meet at 1:00 p.m. Carling & Parkdale bus stop; parking on Fisher Ave.

Leader: Coby Foykschot 613-722-6022

Saturday, December 4 Impromptu Level 2-3 Hike

See above for info.

Sunday, December 5 Walk and Roll Urban Hike

Level 1, 8 km. Early winter walk, west, along the Ottawa River. End at a coffee shop on Wellington for a hot cup of Cocoa. Meet at Oscar's piano at corner of Elgin and Albert St. at 11:30 a.m. (Come by bus – no parking available.)

Leader: Ruth Hutchinson 613 749 0990.

Saturday, December 11 NCC Blacks Rapids Creek Pathway

Level 1, 10 km. Hike or snowshoe. Pathway runs between Woodroffe and Merivale. Fairly level pathway along farmer's fields and through woods. Return along same route. Bring lunch and dress for the weather, some open areas. Hike starts from Fallowfield Park & Ride at 10 a.m.

Leader: Margaret Johnston 613-829-9460

Saturday, December 11 Impromptu Level 2-3 Hike

See above for info.

Sunday, December 19 Rideau Trail, Marlborough Forest

Level 2. Hike or snowshoe depending on conditions. Hike 15 km; or snowshoe 8-9 km. Rogers Pond-EarthStar Loop. Meet at Fallowfield Park & Ride, 9:30 a.m. Gas \$5. Leader: Doug Parsons. 613-723-0726.

MOONLIGHTERS URBAN WALKS

Every Tuesday evening beginning September 14 through to October 26, there will be an Ottawa urban walk. There "may" also be a refreshment stop each evening after the walk for those who are interested.

Do not meet at Tunney's Pasture. Meet at the starting point of the walk for departure at 6:00 p.m.

Co-ordinator: Pat Archer 613-565-6149

September 14 Ottawa/Hull Bridges (Portage/MacDonald Cartier)

Meet at Library & Archives "east side" parking lot off Wellington St.

September 21 Pinecrest Creek

Meet at Lincoln Fields Shopping Centre parking lot—Richmond Road side near Pizza Pizza

September 28 Hog's Back/Vincent Massey Park/Ottawa South

Meet at RA Centre parking lot (near Riverside Drive/Bronson Ave.)

October 5 Western Parkway

Tunney's Pasture (usual RTA meeting place)

October 12 Britannia Village

Meet at Lincoln Fields Shopping Centre parking lot—Richmond Road side near Pizza Pizza

October 19 Rideau River/New Edinburgh/Sandy Hill

Meet at Strathcona Park (end of Somerset St. East in Sandy Hill)

October 26 Canal Bridge to Bridge

Meet at TD Canada Trust (Pretoria Bridge & The Drive-way)

MAP AND COMPASS CLINICS

Leaders: Cliff and Gloria Daly. Register by e-mail cliff.daly@rogers.com or phone 613-224-4413

Wednesday, Nov. 3 Beginners/Refresher Map & Compass Clinic, Gatineau Park, OR

Saturday, Nov. 6 Beginners/Refresher Map & Compass Clinic, Gatineau Park

This one-day map and compass clinic will teach you the skills needed to navigate with confidence off-trail, for both beginners and those wanting a refresher in the basics. First half is theory inside, second half in rugged terrain near Lac Philippe. Maximum four participants. Must provide your own compass preferably with declination adjustment. \$5 admin fee.

Throughout November 2010 Beginners and Advanced, Map and Compass Clinics "On Demand"

For groups of two or three people at a time, we'll conduct clinics, both beginner and advanced, throughout November by request on mutually agreeable dates. Beginner clinics will be conducted in the usual Lac Philippe area, advanced in the park's west end. The advanced clinics are for folks who are reasonably competent in compass use and terrain association wishing to raise their skills to the next level. \$5 admin fee.

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AMAZING THAILAND

February 6 to 20, 2011

Experience Thailand as a traveller and not as a tourist. Hike through fields of coriander, have lunch in a hilltribe village, bathe rescued elephants & get up at the crack of dawn to offer alms to the monks. This trip is filled with new and unique experiences every single day.

CORFU, GREECE

May 15 to 28, 2011

This Greek island is the perfect combination of European flare and tranquil sea-side living. Hike to the heavens to visit holy monasteries and trek in the shade of ancient olive groves. We promise - you will never tire of the deep, deep blue of the sea that surrounds you. Opa!

IRELAND

June 2011

With more shades of green than you can imagine, the Emerald Isle lives up to its deserving reputation. From historical Dublin to picturesque Killarney & parts in between, we will take you hiking through some of the most sought-after scenery the country has to offer - and we'll even make a few pub stops along the way!

AUSTRIAN ALPS

July 10 to 22, 2011

One of the world's best hiking experiences! Come to beautiful Vorarlberg where we will conquer the Alps, trek past glacial lakes, ride chairlifts and cable cars, and enjoy breakfasts some 6,000ft above sea level. Our Austria Holiday is consistently regarded by past guests as their favourite C.H.H. trip - find out why!

ICELAND

August 1 to 10, 2011

The land of the midnight sun!

Trek on volcanic terrain, marvel at the view atop Iceland's "Grand Canyon", stand at the edge of the most powerful waterfall in all Europe & relax in the soothing thermal waters of the Blue Lagoon. From Reykjavik to the northern fishing village of Husavik, enjoy the most dramatic landscape anywhere.

SLOVENIJA & CROATIA

August 28 to September 10, 2011

The dynamic duo of holidays!

First, discover the fairy-tale setting of Slovenia with its Julian Alps & medieval castles. Hike behind the thundering Slap Pericnik waterfall, up the challenging but rewarding Mt. Triglav & around glacier-fed Lake Bohinj. Then cross the border into Croatia for a week along the Dalmatian Coast. Hike along pristine pebble beaches, enjoy al fresco dining & swim in the Adriatic.

(Advertisement)

Board Meeting Highlights - July 17, 2010

Robert Groves, Vice-President

New Board Members: Three new board members were welcomed: Ted Will, Ottawa Club representative, Joy Webster Treasurer *pro tem* until the next AGM, and Robert Groves, Vice President.

Brain-storming: Ron Hunt facilitated two brain-storming sessions. The first generated an initial list of nine (09) priorities for 2010-2011. This list will be expanded subsequently with contributions from each of the three clubs. The second session developed a 'first draft' list of items to celebrate RTA's 40th anniversary.

RTA Fortieth Anniversary: A special meeting of the Board to plan the 40th Anniversary Celebrations will be held on September 18th, 2010 in Perth. The executive members of each club will be invited. A master plan will be developed to celebrate throughout the year.

Marketing and Communication: discussion of developing an on-line payment facility. Since 80% of the membership has already provided their e-mail address to RTA, membership renewal on-line is potentially a realistic and valuable service. A survey of the wishes of the membership will be conducted.

The board considered a suggestion by Lionel Peck to organize a display in the Rideau Canal Museum in Smiths Falls. It is hoped that a Central Club volunteer can be encouraged to take the leadership on this issue. If English RTA brochures are

available in French they could be eligible for display in Federal Government facilities such as Parks Canada and several of the locks on the Rideau Canal.

Membership: Sheila Menard, Membership Director, reported that there are 910 members of RTA which includes 163 new members compared to 53 this time last year. 138 members responded to renewal notices sent out in April and June leaving 214 members not heard from.

Policies: The draft Privacy Policy was considered and adopted on an interim basis subject to further review. This policy is intended to protect the personal information of RTA members in keeping with requirements of Federal and Provincial legislation.

The Board reviewed and adopted an Investment Policy. The treasurer will make investment recommendations to the Board for its approval.

Hike Leader Training: The RTA's need for more trail leaders was explored. David Armitage, Trail Co-ordinator, reported on upcoming training courses. The Board discussed fees and sponsorship of future courses. One is scheduled for August in Frontenac Park.

Succession Planning: Ron Hunt, past president, recommended that a Nominations Committee be formed to recruit suitable potential board members and assist in succession planning.

Board Meetings in 2010-2011 Regular meetings of the Board are planned to be on the third Saturday of October, January, and April.

Highlights of the 39 th RTA AGM

...by Ron Hunt,

The 39th AGM was June 19, 2010 in Perth. For the business meeting in the morning, 80 people were present.

Major accomplishments for 2009-2010:

- Installation of new trail access signage for both private and public land
- Follow through on the recommendations in the Trail Quality Task Force Report, with emphasis on relocating sections of the trail off busy roadways
- Filling vacancies on the RTA Board: Secretary, Marketing & Communications Director, Newsletter Editor (Kingston) and Vice President
- Completion of the independent review of RTA financial statements for 2008-2009
- Initiation of the planning for the 8th edition of the *Rideau Trail Guidebook*
- Review of the Leader training and related procedures
- Publication of the Nicolson's Locks brochure
- Enabling online donations to the Rideau Trail
- Accepting paid advertising in the RTA *Newsletter*.

Membership Report: Total number of annual and life memberships was 889 as of June 2010 compared to 890 and 964 in June 2009 and 2008 respectively.

Treasurer's Report: See summary elsewhere in this Newsletter.

Marketing & Communications Report:

The Board worked through a survey of "20 Questions" to increase our collective understanding of our direction, and through this we've developed a series of key messages and a draft strategy that we'd like to further develop with some external experts and representation from the Clubs. The strategy includes assessing ideas regarding brochures, the web site, merchandise, and signage.

Some of the projects implemented to date: capacity to donate directly on our web site using CanadaHelps, and creation of a Facebook page that now has over 40 fans.

There is a great deal of goodwill towards the Rideau Trail Association. The 40th Anniversary is a terrific opportunity around which we can rally our communication and marketing efforts.

T

he 2010-2011 Board of Directors are as follows:

Elected officers:

Membership Director: Sheila Menard
President: Peter Hawkins
Treasurer: Peter Hawkins
Secretary: Griff Griffith
Vice President: Robert Gordon

Appointed Directors:

Newsletter Editor (Kingston): John Cornish
Newsletter Editor (Ottawa): Elizabeth Mason
Marketing & Communications Director: Andrew Bales

Ex officio Directors:

Kingston Club Chair: Jenny Ellis
Kingston Club Rep: vacant
Central Club Chair: Ernie Trischuk
Central Club Rep: David Allcock
Ottawa Club Chair: Elizabeth Mason
Ottawa Club Rep: Ted Will
Past President: Ron Hunt

At this juncture, the outgoing President, Ron Hunt, passed the ceremonial hiking stick to the incoming President, Peter Hawkins, who presided for the duration of the meeting.

The following Board members stepped down from their responsibilities as Directors as of the AGM and were recognized for their contributions:

Bruce Bromfield: Kingston Club Representative 2006-8, and Club Chair, 2008-10
Jim Fish: Ottawa Club Representative: 2009-10
Bob Gordon: Newsletter Editor (Kingston): 2001-10.

There were 6 regular End-to-End awards and 3 Winter End-to-End awards announced at the AGM.

Outstanding Service Awards were presented by the Clubs to: Bob Gordon (Kingston), Ernie Trischuk (Central) and Suzanne Brown (Ottawa).

After the AGM dinner, Michael Haynes gave an entertaining and informative presentation on "Hiking in the Atlantic Provinces". Michael is the author of several best-selling trail guides and is a national authority on active transportation. His latest book, *Hiking Trails of Ottawa*, was released in June 2010.

Our thanks to the AGM organizers, Linda Line and David Allcock, and their respective teams of volunteers, for making the June 2010 AGM a resounding success.

Welcome New RTA Members!

Central:

Walter Baker
Don & Lynda Stinson
Ross Struthers

Kingston:

Blanche Battersby
Michael Day
Allan Gudlaugson
Caroline Moreau
Ruth Pettis
Shelley Respondek
Warren Stewart

Ottawa:

Flora Benoit
Keith Busby
Christiane Charron
Fred & Elizabeth Irving
Cramp
James Gemmell
Christine Bourbonniere &
Peter Gibaut
John Grierson
Valerie Kilpatrick
Natasha Kuran
Peggy Lee
Lorena Loewen

Zeta Macdonald
Nicole Mendez
Fran Mowbray
Anne Pickering
Betty Seys
Rick Tremblay
Elayne & Wistara van Snel-
lenberg
Michael Ryan & Marianne
Wickham
Non-Affiliated
Martin Gabber & Laurie
Hewson
Marie-Anne Risdon

Thanks to the following
for their recent donations
to RTA:

John & Alina
MacFarlane
Regina Mueller
Louise Corbin &
Stephen Randall
Moirah Rehmer
Robert W. & Carlyne M.
Smith
Helene & Bill Wilmart-
Collard



Condensed Financial Report for Fiscal Year 2009-2010

(condensed by the editor from the Treasurer's Report at the Annual General Meeting)

Treasurer Peter Hawkins reported a Net Surplus of \$9,446.41 for the fiscal year ended March 31, 2010, down just \$767.22 from last year. This difference is mostly attributable to timing differences. The following are some further financial highlights:

- This is the 3rd year of reporting on a fund basis, and the separation of our two accounts (RTA Operating Fund and RT Preservation Fund) has been successfully completed.
- 281 guidebooks sold, bringing our 4 year total to 1,214. We have now just passed the breakeven point for Edition 7.
- Our insurance costs for next year have fallen by a total of \$702, a welcome reduction.
- The GST Rebate has been applied for. As the HST is introduced, we will become eligible for a rebate of 82% of the PST component as well as 50% of the GST part. This will return a few more dollars. Applications done on an annual basis.
- Director of Marketing and Communications, Andrew Bales, has set up an account at Canada Helps, and this has resulted in new donations of \$116.20.
- On a trial basis paid advertising has been tried in the quarterly newsletter. It has so far returned \$228.00, representing revenue we have not had in the past.
- We have placed more of our surplus funds in GICs with ING.
- A donation for \$2300 has been received from the IBM Employees Association. This was a welcome surprise for which we are most grateful.
- We continue to fulfill our responsibilities in the operation and maintenance of the Rideau Trail as a four season activity destination and to promote it whenever possible.

Preservation Fund (Mar 31, 2010)

Interest on Investments	3540
Expenditures	-0-
Balance Sheet – Assets	
Cash	\$ 438
Investments	131854
Donations Receivable from RTA (at Mar 31/10)	<u>2471</u>
Fund Balance	\$134,763

Operating Fund (Mar 31, 2010)

Income		Expenses	
Memberships	\$ 25652	Cost of Guidebooks	\$ 3653
Guidebook Sales	6787	Newsletter	8624
Donations	3155	Operations	
Interest	2828	(incl 4266 insurance)	10462
Other	<u>1870</u>	Club Support	55 0 0
		Meetings	<u>2607</u>
Total Income	\$ 40,292	Total Expenses	\$ 30,846

NOTE: The Net Surplus (Income minus Expenditures) of \$9,446.41 for the year is added in to the Operating Fund Balance, and brings that to \$101, 815.09.



2010 Hunting Seasons

The purpose of this notice is to inform users of the Rideau Trail about the primary hunting seasons in the area of the Trail (Wildlife Management Units (WMU) 64 and 67).

Hikers (especially hike leaders) are advised to wear "hunter orange" hats and garments and to proceed with caution when venturing into areas where hunting could be taking place.

Nov. 1 to Nov. 14, 2010: Deer hunting with high velocity rifles is permitted for this period in the forested and rural areas through which the Rideau Trail runs.

Nov. 29 to Dec.15, 2010: Deer hunting using bows or muzzle-loading guns is permitted

The hunting season for migratory birds and other game birds begins in mid September and runs until December 31, 2009.

Additional info: http://www.mnr.gov.on.ca/en/Business/FW/Publication/MNR_E001275P.html

Rideau Trail - Kingston Club
Winter Get-Away Weekend for 2011

Hôtel Le Chantecler, Laurentians — February 4 - 6, 2011

Hôtel Le Chantecler is in Ste. Adèle with cross-country and snowshoeing trails nearby. Also, downhill skiing (snowboarding) and skating are available from this hotel. The hotel's facilities include squash courts, fitness room, pool, and sauna. Rental equipment for various activities is available. It is rated as a four-star hotel; and your ski-weekend committee is pleased to recommend it again.

Cost for the weekend is \$345 per person double occupancy or \$445 single, same as last year. This fee covers return bus travel from Kingston, 2 buffet breakfasts, 1 four-course dinner, 1 dinner buffet, and 1 lunch buffet upon departure on Sunday (3-4 pm).

Departure from Cataraqui Town Centre at 9:00 a.m. Friday February 4 with arrival at about 1:00 p.m. with return to Kingston about 9:00 p.m. on Sunday February 6, 2011. All arrangements will be confirmed by letter to you early in January 2011.

We have reserved 40 double rooms. Single rooms available. For bus and hotel commitment we require a \$100 cheque per person upon registration; and a second cheque for the balance postdated Dec. 15. Make cheques payable to **Rideau Trail in Trust**. If there is insufficient interest, the trip will be cancelled and your payments refunded. Please return completed registration form with two cheques.

Hotel rooms are allocated in the order of registration with priority given to members and bus passengers. You are urged to **register early** to avoid disappointment. Bus seats are assigned in the order of registration.

Your second cheque will not be cashed until there is sufficient registration. Cancellations **after January 15, 2011** may not receive a full refund if replacements are not available.

Lars Thompson (613) 389-8747, thorlarsen@cogeco.ca — On behalf of the RTA ski committee

Please copy this notice and share with a friend!

RIDEAU TRAIL - KINGSTON CLUB: WINTER WEEKEND

Hôtel Le Chantecler, Laurentians — Feb 4-6 2011

Name(s) _____

Address _____ City _____ Postal Code _____

Phone (home) _____ (business) _____ Rideau Trail Member Y/N _____

Two cheques payable to **Rideau Trail in Trust** (\$345 per person double or \$445 single occupancy) are enclosed for the amount of \$ _____. A cheque for \$100 is due at the time of application; your other cheque, for the balance remaining, may be postdated to Dec. 15, 2010.

I wish to room with _____

Dietary restrictions _____

Members of the Rideau Trail - Kingston will be given booking priority if available hotel rooms are limited. It is suggested that non-members take out a membership before registering to ensure their booking priority.

Cut and mail to: Lars Thompson (Ski Weekend 2011) 832 Wartman Avenue, Kingston ON K7M 4M5



PM40022816
**RETURN UNDELIVERABLE
CANADIAN ADDRESSES TO**
Rideau Trail Association
P.O. Box 15
Kingston, ON K7L 4V6

®

MEMBERSHIP OR RENEWAL APPLICATION:

The RTA membership year runs from April 1 to March 31, but if you join after October 31, your membership will be extended to the end of the following membership year. Your fees entitle you to receive the quarterly newsletter and to vote at Association and local Club meetings, and they provide essential financial support for the continuous maintenance, improvement, extension and protection of the Rideau Trail. Mail this form (or download one from www.rideautrail.org) to: **Rideau Trail Association, P.O. Box 15, Kingston, ON K7L 4V6.**

All members must be at least 18 years of age. () Annual Individual Membership \$25.00 () Annual Household Membership (two adults at the same address) \$30.00 () Patron (Life Membership) * \$500.00 () Trail Guidebook: (<i>edition 7, 2006</i>) insert only, members ** \$25.50 insert and cover, members ** \$35.50 insert and cover, non-members ** \$39.95 () Car Sticker (free to new members) \$1.00 () RTA Hiker Namepin - Please fill in name in box below. \$6.00 () Cloth crest \$2.00 () Enameled Pin \$6.00 () Wall map ** \$12.00 () Donation - Rideau Trail Association * \$ _____ () Donation - Rideau Trail Preservation Fund * \$ _____ Prices subject to change TOTAL \$ _____ * Qualifies for income tax credit (No 11911 9485 RR 0001) ** Includes postage and handling	PLEASE INDICATE MEMBERSHIP CATEGORY New () Renewal () Life () (Please Print) Name(s): _____ Address: _____ Postal Code: _____ Telephone: _____ *E-Mail Address (optional): _____ *For monthly and quarterly e-Newsletters & communication NOTE: RTA does not share member info or addresses with any other organization () Please do not send me a printed copy of the Printed Newsletter - I will use the E-mail version)
In addition to enjoying the hiking and other activities sponsored by the three local clubs, there are many other ways for you to be actively involved in the Rideau Trail Association. If you are willing to participate, please check any of the activities on the right which interest you. You will be contacted when your help is needed. Name on pin (please print in CAPS)	() Maintaining a section of the Trails () Helping with construction projects () Leading hikes () Leading cross-country ski or snowshoe outings () Helping with publicity () Organizing social events () Serving on Executive () Other (Please specify): _____

