



The Rideau Trail NEWSLETTER

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SPRING 1975



— Photo by Gottfried Wirth —

RIDEAU TRAIL ASSOCIATION'S ANNUAL GENERAL MEETING

You are cordially invited to the
Annual General Meeting of the
RIDEAU TRAIL ASSOCIATION
to be held at the
Royal Canadian Legion Hall
Beckwith Street
Perth, Ontario
Saturday May 10, 1975
11:00 a.m.

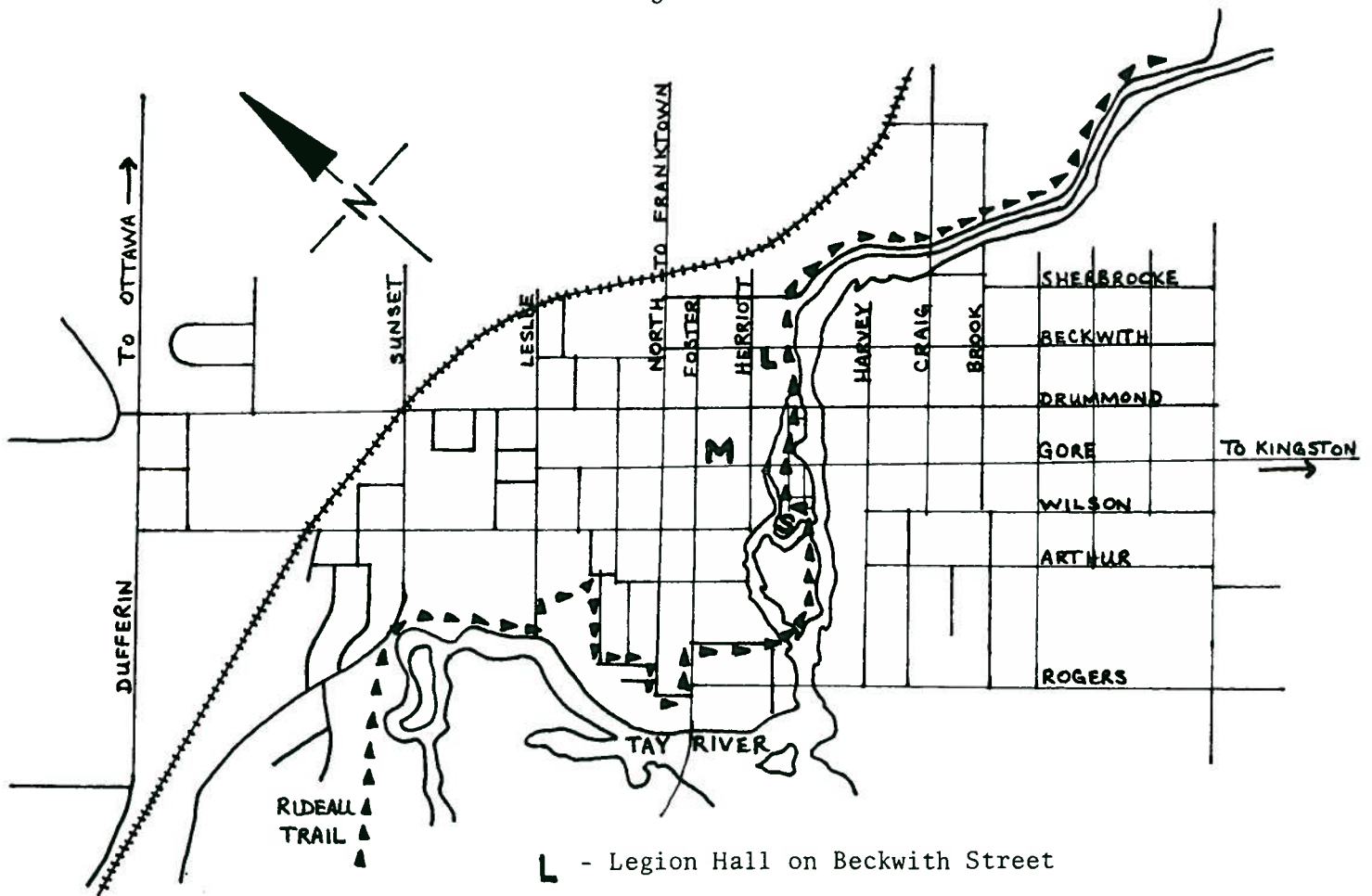
The business agenda includes the reports of the President, the Treasurer and the Auditor, as well as the election of the Board of Directors, and the appointment of the Auditor. A special item of business will be to discuss and approve the new by-laws of the now incorporated Rideau Trail Association. These by-laws, which provide for the association's governmental and fiscal operations, replace the former constitution. They have been adopted by the executive and require ratification by the members. Copies of the by-laws will be available for inspection at the meeting or if you wish to obtain your copy now, contact Mr. Hugh Munro, 1781 Laxton Crescent, Ottawa, K2G 2N4, or Mr. Guy Thorne, 254 Collingwood Street, Kingston, K7L 3X8.

Apart from matters of business, the programme includes the following:

- * Mrs. C.C. Inderwick, a long-time Perth resident and owner of a 150 year old stone house in the town, will give a short talk on the history of the Perth area, and local efforts at historical preservation.
- * Films, photographs
- * Display of the crests submitted to the crest contest and a presentation to the designer of the winning crest, Mr. Derek Redmond of Kingston.
- * Display of camping and hiking equipment by Black's of Ottawa.

For those arriving before the meeting, refreshments of coffee and donuts will be available. Members are asked to bring their own lunches to eat either at the Legion Hall or in Stewart Park. Those without lunches, may dine at one of several restaurants situated within a short distance from the Legion Hall. After the meeting, suggested activities range from a hike along the Rideau Trail which runs right beside the Legion Hall (Map 7 refers to this area of the trail) to a visit to the Perth Museum in Matheson House located on Gore Street, minutes from the Legion Hall. You may also take part in a Lanark County By-Way Tour, which includes both a drive and walk. Maps of the tour will be available at the meeting.

A map of Perth is provided here to assist you not only in finding your way to Perth but also in locating the Legion Hall, Matheson House, and Stewart Park. Coming from Ottawa on Highway 7, you enter Perth from Highway 43. Coming from Kingston on Highway 15, you turn onto Leeds County Road 14 at Lombardy, proceeding on Lanark County Road 1 through Rideau Ferry to Perth.



L - Legion Hall on Beckwith Street

M - Matheson House on Gore Street

S - Stewart Park on the Tay River



Matheson House



Stewart Park

-- Photos courtesy of Perth Courier --

OTHER ONTARIO TRAILS

Completing our series on other hiking trails in Ontario, this issue describes the newest addition to the register - The Voyageur Trail. At the moment, it is mostly still in the planning stage, but when completed, it will be unquestionably the most ambitious and probably the most spectacular of Ontario's hiking trails. It will travel some 700 miles, from South Baymouth on Manitoulin Island to Thunder Bay, thus linking the Lakehead with the Bruce Trail (via the ferry from South Baymouth to Tobermory).

The Voyageur Trail Association was organized in the fall of 1973 and is organized into local clubs similar to the Rideau Trail Association, each responsible for short sections of trail. Local groups now exist, or are being established, at South Baymouth, Little Current, Espanola, Massey, Spanish, Spragge, Blind River, Iron Bridge, Thessalon, Desbarats, Echo Bay, Sault Ste. Marie and Wawa. Except in the "Soo", the clubs usually comprise one or a few dedicated workers creating a trail almost in wilderness.

This is a real task, and it will be some time before the Voyageur Trail meets international standards. Immediate plans are fairly modest. As they are completed, little bits and pieces of the trail which are fairly accessible from Highways 68 and 17 will be opened.

For more information write to:

Ian K. Morrison, Secretary,
Voyageur Trail Association,
P.O. Box 66,
Sault Ste. Marie, Ontario,
P6A 5L2.

Come for a walk next summer and be able to say "I remember when "

- Doug Knapp -

LEGISLATION, ACTION, AND ALL THAT

We notice with considerable interest, the recent provincial legislation introduced into the Legislature by Allan Grossman concerning snowmobile trails. The Ministry of Natural Resources continually reassures us that the interests of hikers have not been forgotten and that legislation aiding the development of hiking trails is "imminent". It has been "imminent" for a little over a year.

What do hikers want? What do hikers need? In 1974 the Ontario Federation of Hiking Trail Associations (FOHTA) was formed to provide a strong voice for Hiking Trail Associations in speaking to the government and in handling effectively the problems concerned with hiking trails. All ten hiking trail associations of Ontario are members of this Federation. Membership is currently as follows:

Bruce Trail Association

Peterson Trail Association

Credit Valley Footpath Club
Ganaraska Trail Association
Grand Valley Trails Association
Guelph Trail Club

Quinte-Hastings Recreational Trail Association
Rideau Trail Association
Thames Valley Trail Association
Voyageur Trail Association

Each trail association is entitled to have two appointees to serve as directors of the Federation and with only two exceptions, this is the case. Unfortunately, the Rideau Trail Association is one of the two exceptions, having only one representative - Doug Knapp. Federation executive meetings are held irregularly in Toronto, roughly at two month intervals on Saturdays or Sundays. The main difficulty for the Rideau Trail Association is its distance from Toronto. In fact, our delegates must travel farther than those of any other member association. However, we do want to be fully represented if possible, and anyone interested in involvement of this sort should inform the Secretary of the Rideau Trail Association by writing to Box 15, Kingston or by informing any member of the executive.

The Federation is now involved in identifying the issues of concern to hiking trail associations and developing suitable programmes of action. Five issues of highest priority have been identified as follows:

1. Acquiring trail routes
2. Liability legislation
3. Long-term preservation of trails
4. Problems caused by thoughtless or ignorant hikers (education)
5. Stimulation of involvement and leadership by association members

The first three of these must have assistance from the government. With regard to the first, we have no cause for complacency. Too much of the Rideau Trail is still on roadways. The government of British Columbia has recently introduced legislation aimed at encouraging landowners to permit use of their property for recreational purposes through the use of tax incentives. Why not in Ontario?

Long-term preservation of trails also needs immediate attention. Urbanization of the countryside must not be allowed to gradually crowd trails out of existence - a fate happening with increasing frequency to trails in the Toronto area. Solutions to this will be expensive and need to be handled with great sensitivity to the landowner over whose land the trail passes.

You can help. Let your M.L.A. know that you are concerned about the provision of hiking trails in this province, both now and for future generations. Just address your letter to your M.L.A., Queen's Park, Toronto. I know he'll love to hear from you.

- Doug Knapp -

DRINK BOTTLES

Here is another issue where you are needed. The recent proposed legislation concerning non-returnable drink containers is a feeble bit indeed and the F.O.N. has vigorously requested a strong expression of dissatisfaction from its federated organizations. Printed on the following page is a copy of our response to the

Hon. Mr. William Newman, current Minister of the Environment. How about sending off one of your own?

Box 15,
Kingston, Ontario,
January 22, 1975.

Hon. Mr. William Newman,
Minister of the Environment,
Queen's Park,
Toronto, Ontario.

Dear Mr. Newman:

We note with some considerable disappointment the recently-expressed views of your ministry with regard to the whole question of returnable drink containers.

There should be no room for hesitation by your ministry in the enactment of strong legislation designed to protect the environment. To this end, we would strongly urge the prohibition of all non-returnable drink containers to be sold in Ontario. Further, we would urge that the deposit on all bottles be no less than five cents and preferably ten cents. The number of beer bottles which one sees along any country road or highway is mute evidence that two cents is inadequate incentive for many people to bother to return them for the deposit.

We, the Board of Directors of the Rideau Trail Association Incorporated, representing a current membership of approximately 4,000 individuals, encourage you to ensure that strong leadership in protection of environment will be given by the government you represent.

Yours truly,

President:



Secretary:



INCORPORATION

The Rideau Trail Association has become incorporated as a non-profit making corporation without share capital. The decision to incorporate was made in the early years of the association but the final step was not taken until September, 1974, when

Letters Patent were received from the Ontario government.

The change has required a revision of the association's governing documents. While existing as an unincorporated association, our members and executive were governed by a constitution. As a corporation, we are now governed by the Letters Patent and by-laws, which replace the former constitution, while the former executive is replaced by a Board of Directors. As part of the transition, the current executive has prepared by-laws with the necessary changes of form plus some amendments of a "housekeeping" nature, and these will be submitted to the annual general meeting for approval.

Incorporation will give the association a continuous legal existence distinct from that of its members and will simplify the transfer of any land it may acquire. It should also assist in obtaining a Registered Canadian Charitable Organization status for the association.

As was mentioned in the Newsletter some months ago, Mr. E.P. Cameron of Ottawa has generously offered to give a parcel of land to the Rideau Trail. This property of approximately four acres, is located on the trail in Rideau Township in the Ottawa area. Before the transfer can take place, an amendment to a provincial government Zoning Order is awaited from Toronto, and it is hoped to have word of this within the next few weeks.

An application has been made to the Department of National Revenue to have the Rideau Trail registered as a Canadian Charitable Organization. If this status is granted, the Rideau Trail will be able to give tax-deductible receipts for donations of funds. We should have news of a decision on our application in the next Newsletter.

- Guy Thorne -

WORKERS NEEDED

A continuous need exists for volunteers who enjoy the satisfaction of helping to maintain and improve the Rideau Trail. As well as the continuing responsibility of maintaining the trails in good condition and maintaining good public relations with landowners, there are often special projects such as the extensive construction last fall through the marsh of the Little Cataraqui Creek in Kingston or the planning, negotiating and construction of new improved routes. If you enjoy hiking and would like to share in the responsibility, call or write the maintenance coordinator in your area. Helpers are always needed.

Maintenance coordinators are as follows:

<u>Ottawa Region</u>	<u>Central Region</u>	<u>Kingston Region</u>
Mr. Ed Simpson 1206 Placid Street Ottawa, Ontario, K2C 3A6 Phone: 828-1679	Col. Duncan Douglas R.R. #4 Merrickville, Ont., K0G 1N0 Phone: 269-4958	Mr. Douglas J. Knapp 32 Gretna Green Kingston, Ontario, K7M 3J2 Phone: 542-2039

THE CREST CONTEST

The crest contest was first announced in the summer issue of the Newsletter. By the deadline of October 31, the Association Executive had received 42 entries from 20 participants.

Each crest had been carefully planned and skillfully executed. Except for the red triangle and "Rideau Trail" incorporated into each design, there were no similarities; shapes ranged from circular to angular, motifs included both realistic and stylized representations, and the colours were of every hue and shade.

Of these 42 entries, only one could be chosen to be the new official Rideau Trail Association crest. After much contemplation and self-searching, the judges made a selection. The winning crest was one submitted by Mr. Derek Redmond of Kingston. He will be awarded the \$25.00 prize at the Annual General Meeting in May. The design for the crest appears in the following personal account.

To those who entered the contest, we, the members of the executive, would like to extend our appreciation for the time and effort expended in designing the crests. All designs submitted to the crest contest will be on display at the Rideau Trail Association Annual General Meeting to be held in Perth on May 10, 1975. Again, thank you for your participation.

- Wally Schlegel -

THE WINNING CREST



Here's the inside story on the new Rideau Trail Association crest. To begin with, the familiar orange isosceles triangle is the central, most important element in the design. To facilitate copying the crest, the radius of the inner circle is simply 1.5 times the size of the triangle's base. The centre of the circle is $\frac{4}{9}$ of the way down the vertical axis of the triangle. So just draw the triangle any size (height is twice the base), measure, draw the circle and then fill in the rest. The tree is exactly the same size as the orange triangle.

My first sketches used a slightly more realistic tree, and I even tried a deciduous tree for fun, but I was assured by a friend that this didn't make it. The real point, of course, was in having the tree echo the shape

of the distinctive trail marker. My contest entry showed the tree in green with a brown trunk, but the crest could also be drawn all in black, except for the orange marker.

The composition could be looked at as picturing a real marker with a tree in perspective behind, but I also like to think of it as representing an orange back-packer's tent pitched beside a tree. In your imagination, you can include the realistic details of a few thousand mosquitoes, swarming around the tent on a chilly morning like little heat-seeking missiles, or a big puddle of water on the ground, seeping up through the floor of the tent to soak the foot of a sleeping bag. Perhaps, you imagine instead a bluejay perched on the bough of a tree giving his raucous call. Whatever your pleasure, you can fill in your own details.

I was certainly pleased to hear of the high level of participation in the crest contest. If I had had an inkling that there would be as many as 42 entries, I undoubtedly would have been too intimidated to enter. But now I have to admit to a great deal of curiosity to see the other entries.

At any rate, I hope that the new crest comes to really represent the trail and the enjoyment the trail gives us all.

- Derek Redmond -

KINGSTON TRAIL CLUB ANNUAL GENERAL MEETING

The Kingston Trail Club Annual General Meeting will be held on Saturday, May 3 at Skycroft Camp on Lake Opinicon. This is located on the road between Chaffey's Locks and Perth Road Village, about one and a half miles south of Chaffey's Locks (refer to Map 9). "Skycroft" is a privately owned family campground containing about 600 acres and laced with several private hiking trails as well as the Rideau Trail. The property also has some small natural caves in the limestone and countless beaver ponds, forests, and meadows.

The meeting, beginning at 11:30 a.m., includes a brief report from the treasurer and the election of officers for the positions of chairman, vice-chairman, secretary-treasurer, publicity, maintenance, and routes and negotiations. Coffee and freshie will be provided but members are requested to bring their own lunches. Following lunch, there will be a hike to commemorate Ontario Hikers Day.

Ontario Hikers Day, a day set aside by the Ontario Federation of Hiking Trail Associations (FOHTA) to bring public attention to the existence of various hiking trails in Ontario, was originally planned for Sunday, May 4. As acknowledgement of this special day, the Kingston Trail Club scheduled the annual general meeting on the Saturday prior to it. Invitations will be forwarded to Mayor George Speal, to the local M.L.A., Mr. Syl Apps, and to the M.P. for Kingston and the Islands, Miss Flora MacDonald, to join in our commemorative walk.

Unfortunately, Ontario Hikers Day has now been declared to be on Sunday, April 27. However, the plans for the annual general meeting remain unchanged. As scheduled, the Kingston Trail Club is holding the meeting on Saturday, May 3 at 11:30 a.m.. See you there at Skycroft Camp. Help celebrate Ontario Hikers Day.

THE BLACK FLY

Anyone who has done any hiking at all, especially in spring, is familiar with the black fly. This insect is very tiny: from two to three millimeters in length, with short legs, broad wings, and a hump-backed profile. There is no way to completely avoid these bloodthirsty insects, but maybe a little understanding of their natural history will help you to forget, or at least ignore their presence on the trail.

The adult black fly lays her eggs in fresh, cool, fast flowing water, or on vegetation along the edge of the stream, on logs or stones. Much oxygen is demanded by these developing eggs, and by the larvae and pupae after hatching. After the eggs hatch, the larvae attach themselves onto plants or stones by tiny suckers, and silk-like threads are spun to act as a lifeline against the current. At this stage they feed on plankton which is gathered by strainers at the larva's head. The larvae pupate in cocoons attached to objects in the water. After pupation, the adult emerges with its familiar humped-back appearance.

Both male and female feed on nectar, the energy from which is used for flight. The female, though, needs a blood meal to mature her eggs. Therefore, only the female need be feared. A hole is sliced in the skin of the host, and the blood is lapped up.

Blood is taken only when the humidity is high (around 80%) and when the wind is light. Times of activity are dusk and dawn; during the rest of the day they are relatively inactive. The black fly season starts at the end of April, peaking in June and July, and can, in some areas, even last through October.

In Canada, there are about sixty species of black fly, only two of which favour humans. The other species feed mainly on other mammals or birds. So, when being ravaged by these pesky little black insects, remember that, though it may be hard to believe, not every fly that you see swarming around your head is out for blood.

- Brian Crawford -

ACKNOWLEDGEMENT OF DONATIONS

The Rideau Trail Association is grateful to the following for their donations and support:

Miss Sheila Campbell	Miss Alta E. McLean
Mr. Peter J. Cruikshank	Mrs. A.S.I. Palmour
Miss Ivy H. Dunn	Mr. and Mrs. E.P. Shinkle
Dr. and Mrs. R. Fitzsimons	Mr. John Sabourin
Mr. Eugene Fowler	Mr. Barry A. Sjoberg
Mr. and Mrs. Mac Freeman	Mrs. Zdenka Snajberkova
Mr. and Mrs. Henry Green	Drs. Dusan and Vera Soudek
Mr. and Mrs. Ralph L. MacIntosh	

- Helen Quilliam -

THE SMALL YELLOW LADY'S-SLIPPER

The small yellow lady's-slipper, a member of the orchid family, is easy to recognize. Its most conspicuous features include a bright yellow sac-like slipper, four slender brownish twisted petals surrounding the pouch, and an erect single stalk one to two feet high clasped tenaciously by alternate, broadly oval leaves.

The green stem of this lady's-slipper is roughened by minute hairs to ward off unwanted creeping insects like the ant. Two, three or more smooth-edged, oval leaves grow alternately along the stem, diminishing gradually in size as they near the flower. The heavily-veined, green leaves, although broadly oval, are sharp at the tip.

With an outward swinging gesture, the yellow flower sits on the top of the stalk which is slightly enlarged at that point. The pouch, 3/4 to 1 1/2 inches long, has a loosely-fitting lip covering the circular opening at the top. This unique structure aids the yellow lady's-slipper in cross-pollination.

Cross-pollination is the transfer of pollen from the anther of one flower to the stigma of another. Bees are one of the most useful agents to plants in achieving cross-pollination. Although to humans there is only a slight fragrance associated with the flower, bees are attracted to the yellow lady's-slipper by a heavy, oily odor which emanates from the nectar secreted in the pouch.

A bee can crowd itself into the pouch to get at the nectar. Ready to leave, the bee finds itself trapped, unable to exit the way it entered the flower. It can escape through the opening overhung by the flap and in so doing, the bee first rubs against the stigma, leaving behind pollen it had previously collected from another flower, and then the bee rubs against the anthers, receiving pollen on its back to transfer to other flowers. The stigma and anthers are strategically located beneath the lip overhanging the slipper and so ensure cross-pollination.

The yellow lady's-slipper blooms from late May to mid-July. They prefer moist, shady areas but are also found on sloping, hilly ground covered with ferns. In late May of last year, one patch containing a considerable number of small yellow lady's-slippers, was sited in the Gould Lake Conservation Area. They were found on the side of a hill, which sloped steeply toward the lake. The ground was well shaded and extremely damp. The area of the siting was on the east side of Gould Lake, north of the northernmost point on the Mica Trail.

If you have not yet been fortunate enough to startle a small yellow lady's-slipper in its lonely hiding place, make an attempt to locate the patch described above. One sighting is worth weeks of searching.

- Wally Schlegel -

PRINTED ON RECYCLED PAPER

Your last month's newspaper is this season's Newsletter. Recycle your newspapers and magazines. Save a tree and help your Newsletter.

THE BROWN THRASHER

The brown thrasher, a member of the mockingbird family, is a large, relatively short-winged bird with a long, gracefully drooping tail. Slightly larger than the robin, the brown thrasher is easily recognized by its coloration: the back and tail a rich rufous brown and the breast heavily streaked with brown arrow-shaped spots. Other noteworthy features include the bill, about one inch long and slightly curved, the eyes, pale yellow with a black center, and the wings which have two short whitish bands.

The name 'thrasher' is descriptive of the incessant switching motion of the tail. While hopping and running over the ground, the brown thrasher constantly twitches and wags his conspicuous tail. Even while assuming a restful pose, perched sedately on a branch, the thrasher swings his tail rhythmically, steadily like a pendulum.

Wintering in the south-eastern United States, the brown thrasher returns to its breeding grounds in mid-April. He frequents shrubbery, brush and secluded wooded areas, continuously active. While singing, he perches conspicuously on lower branches, short trees, fence posts, or tree stumps. His loud, clear song, often of long duration, consists of several phrases, each phrase repeated twice. Morning and evening hours are the most likely times of the day to catch the thrasher in song.

The brown thrasher begins building his nest in mid-May. Composed of twigs, strips of bark, root fibers and withered leaves, the flat nest, of loose construction, is built in low bushes or on stumps, among briars or in heaps of brush wood, even on the ground. The eggs, which are white with evenly-distributed, minute reddish brown specks, vary considerably in size, and number from 3 to 5. The young birds are particularly fond of wild berries but their diet also includes items from the adult's menu such as wild fruit, and insects, particularly beetles and caterpillars.

The brown thrasher, although often described as "skulking about, flirting from bush to bush, like a culprit escaping from justice", is not difficult to find along the trail. There are many unfrequented wooded areas and numerous sections, consisting mainly of thickets and brush, where he can be found. You do not need to scour the bushes looking for him. If you are in a suitable locality, the brown thrasher will make himself evident: his bright, tawny brown colour and 'thrashing' tail are unmistakable.

- Wally Schlegel -

SUBMISSIONS FOR THE NEWSLETTER

Who do you think our reporters are? You - that's who - in theory, at least. What have you observed along the trail? What are your views on environmental issues? Send any material that you think would be of interest to members of the Rideau Trail Association to any member of the executive (club or association) who will see that it gets to the editor. Articles sent to Box 15, Kingston, will also be forwarded to the appropriate editor. Your contributions are definitely wanted, so cut loose and express yourself.

SCIENTIFIC NOMENCLATURE OF TREES

Every tree has both a scientific name and a common name, or often several common names.

The use of common names is often troublesome. To a considerable extent they are local in their use, and the common name is applied in different localities to very different trees. Speak of an ironwood, and one person thinks of the hornbeam at the same time that the individual standing next to him is thinking of the blue beech. Then, of course, there is the trouble with the different languages of the various countries.

This confusion is overcome by using scientific names in Latin. This gives a universal name, understood all over the world as applying to one particular kind of tree.

This name consists of a genus name first, followed by the species name, and then the abbreviated name of the scientist who first described the tree. The genus name is a group name, signifying that all the trees with that name have certain similarities in their flowers, fruit, etc.; and the species names cover the different members of the group. Thus, in a household, Smith would be a genus name, while James, John and Charles would be species names. *Betula* is the genus name for all birches the world over, while *lutea* means yellowish, and *papyrifera* means paper-bearing. Hence, *Betula lutea* is the scientific name for our yellow birch, and *Betula papyrifera* for our paper or white birch. It is customary, after the genus name has been used once, to abbreviate it to the first letter in further use of it in the same general connection.

The genus names are mainly early Latin, while the species names usually refer to some characteristic feature of the tree, but at times are geographical or commemorate some individual.

Where two or more genera bear a close relationship, they are grouped together into a family. For example, the genus *Populus*, the poplars, and the genus *Salix*, the willows, are so much alike in their flower and fruit characters, and in other ways that they are placed in the family *Salicaceae*. In like manner, other genera become members of families.

Excerpt from "The Forest Trees of Ontario"
Written by J.H. White, revised by R.C. Hosie
Published by the Department of Lands and Forests

The above selection is taken from the introductory pages of "The Forest Trees of Ontario", an illustrated guide to the identification of 90 native trees and 45 imported species. This is only one of the many inexpensive books available through the Ontario Ministry of Natural Resources. To get a complete list of published material, some of it free for the asking, inquire at your local government offices or write to the Ministry of Natural Resources, Information Branch, Parliament Buildings, Toronto, Ontario.

QUESTIONNAIRE

If the winter issue of your Rideau Trail Association Newsletter was mailed from Kingston, it contained a questionnaire. The purposes of this questionnaire were to assess the needs and to ascertain the interests of the Kingston Club membership. The information obtained is being organized into a useful directory which will be distributed to each member of the Kingston Club.

It is hoped that many members will make use of this service. With the proposed directory, association members can locate other hikers with similar interests and initiate private group outings. Housewives with an afternoon free can contact fellow hikers and spend a few pleasant hours on the trail. As well as facilitating communication between members, the directory will also assist the club executive in planning seasonal activities. The executive can then plan a variety of outings which are of interest to the membership.

It is not too late to participate. If you wish to have your name and interests included in the directory, please complete the questionnaire which was included in your last Newsletter. Have you misplaced your questionnaire? No problem. For a copy of the questionnaire, please write to Mrs. Wally Schlegel, 15 MacPherson Avenue, Apt. 17-302, Kingston, K7M 2W8 or phone her at 548-3211. A questionnaire will be mailed to you immediately.

Let the association know what they can do for you.

HIKERS REGISTER

Many would-be hikers have indicated that they would appreciate being able to contact others for company on hikes. The Rideau Trail Association Newsletter will publish a register of such individuals as a regular feature. If you wish to add your name to this list, forward the pertinent information to:

Newsletter Editor
Rideau Trail Association
Post Office Box 15
Kingston, Ontario
K7L 4V6

<u>Name</u>	<u>Address</u>	<u>Telephone</u>	<u>Type of hikes</u>
Harry A. Dyer	54 Helen Street Kingston	546-3319	short day hikes
Wally Schlegel (Mrs.)	15 MacPherson Ave. Apt. 17-302 Kingston	548-3211	short and long day hikes
Roy Wilson	348 Nelson Street Kingston	544-9225	day hikes, overnight and longer hikes

TRAIL CLUB ACTIVITIES

Kingston Trail Club

Sunday, March 16 - Activity: cross-country skiing

Time: 1:00 p.m.

Details: Those interested please meet at the north door of Simpson Sears, Kingston Shopping Centre at 1:00 p.m.. The group will then proceed to the Gould Lake area. Destination is the Desert Lake Road near the Wagon Trail (opposite the southern end of Cronk Lake). For information call Doug Knapp at 542-2039.

Saturday, April 26 - Activity: children's nature discovery walk

Time: 1:30 p.m.

Details: A short walk of an hour's duration at the end of Van Order Road (refer to Map 12). From Highway 38 you turn onto Van Order Road and drive until you come to a dead end. Arrangements are under way to have two senior rangers of the 300th Kingston Rangers supervise the walk. Parents are welcome. Rides are available both to and from the area. For further information, contact Mrs. Wally Schlegel at 548-3211.

Ottawa Trail Club

Saturday, April 5 - Activity: day hike

Time: 9:00 a.m.

Details: Hike on a section of trail yet to be selected, probably on high ground. Bring lunch. Meet at the Bell Arena parking lot at 9:00 a.m.. For further information contact Trix Geary at 722-2736.

Sunday, May 4 - Activity: day walk

Time: 9:00 a.m.

Details: Hike is being held to commemorate National Hiking Day. Bring lunch. Meet at the Bell Arena parking lot at 9:00 a.m.. For further details contact Trix Geary at 722-2736.

Saturday, June 21 - Activity: Hike and weiner roast.

Time: 9:30 a.m.

Details: This will probably be the last organized walk before the summer holidays so don't miss it. Bring weiners and any other roastable food. Meet at the Bell Arena at 9:30 a.m.. For details contact Trix Geary.



If undelivered, please return to:

Rideau Trail Association
Box 15
Kingston, Ontario
K7L 4V6
Canada



APPLICATION FOR MEMBERSHIP - RENEW NOW FOR 1975

Please check one: New membership_____ or Renewal_____

Name (please print): _____ Telephone number: _____

Mailing Address: _____

(Please include postal code)

FEES

I enclose \$_____ to cover the following:

Student	\$3.00	(a) Membership fee	_____
Adult	\$4.00	(b) Plastic Map Case (\$1.00)	_____
Family	\$6.00	-supplied with each	
Senior Citizen	\$3.00	new membership	
Affiliated Organization	\$5.00	(c) Crest (50¢)	_____
		(d) Donation	_____

Make cheques or money orders payable to the Rideau Trail Association.
Send remittance to: Rideau Trail Association

Post Office Box 15
Kingston, Ontario
K7L 4V6