



Rideau Trail

NEWSLETTER

Summer 2018

Issue No. 188



Rideau Trail's Best

Which part do you like most?

Page 21

Library Promotes Family Hiking



Kingston Club members Debbie Schofield (left) and Patti-Lynn Earle (right) present a cheque for \$1,000 to Kingston Frontenac Public Library Chair Claudette Richardson, for the Library's Go Explore program. In a cooperative partnership, the Library lends daypacks equipped with park passes, field guides and RTA information to families. By doing so, they promote hiking and other park activities. The grant was made possible by the RTA's Doug Knapp Recognition Fund which is dedicated to youth hiking.

BOB SCHOFIELD, KINGSTON CHAIR

PHOTO: KINGSTON FRONTENAC PUBLIC LIBRARY



Attention!

Cross at your own risk.
Do not cross when water
flows over the dam.

Visit www.rideautrail.org
for more information.

Trail conditions often
change. Check the latest
reports affecting your hike

Trail Alerts

[http://www.rideautrail.org/maps/
alerts.html](http://www.rideautrail.org/maps/alerts.html)

Cover: Crossing the Dam on the Beveridges Locks Blue Loop



The exploration of
our side trails
picks up where
the Spring
Newsletter article
left off. The K&P
in Kingston and
Gould Lake were
featured then.

More  on page 21.

PHOTO CREDIT: THE PASSIONATE HIKER

The Challenge Continues

EDITOR'S NOTE: IN THE SPRING NEWSLETTER, SARAH DESCRIBED HER 150 CHALLENGE. HER FINAL KILOMETRES WERE COMPLETED JUST DAYS BEFORE SURGERY.

In early December I had brain surgery to remove three tumours. It went well enough that I was hiking in the Adirondacks, later that month.

I went back to work March 5th and resumed my chemotherapy treatments. Now I want to complete all 3 sections of the Rideau Trail, filling in the spots that I missed with the 150 challenge. I really want to start canoeing (if my dog will come!) and maybe see the Rideau from a different perspective.

I will be checking the Activities Calendar and hope to get out to meet some fellow hiking enthusiasts!

UPDATE AND PHOTO:
SARAH LEARMONTH,
KINGSTON CLUB



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come rest and
have a bite



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Learn more
Get the details from

Steve Kelly
newsletter@rideautrail.org

Has the Rideau Trail been good for you?

Ready to give back, maybe?

All the clubs and the Association Board are looking for people. Do they know you might be interested?

All positions

- Contribute in an interesting way
- Interact with members in the other clubs

Administrators, record keepers and folks that make things happen are wanted.



Mention it during a Club hike
or contact

Brian Grant
president@rideautrail.org



Rideau Trail Pot-Luck Social

Central, Kingston and Ottawa Clubs
Saturday, July 28, 2018

Come join members from the other clubs for a
Pot Luck Social
We are looking forward to a sunny afternoon
with fellow hikers.
Please bring your favourite dish to share,
plus a plate, cup and cutlery.
Optional swim.

Rideau Ferry Yacht Club
July 28
12 noon to 4:00 pm

Information? Contact your Club
Social or Executive members.

Special Events Coming Our Way

Fall B&B Mid-Week Hiking Trip

October 9-10-11

Ready for a Trip to the near east? Brockville/Prescott is part of the Frontenac Arch Biosphere. We will do some hiking and sightseeing.

- *Stay at historic lodgings in Brockville and Prescott
- *Several hikes in both towns and along "Waterfront trail"
- *Visit historic lighthouses and forts
- *Watch ocean liners traverse the St Lawrence

More information to come in Fall Newsletter. Limited spaces. If interested, contact Audrey Sanger 613 384 6244 or Sharen Yaworski sharenann@gmail.com.

Annual Winter Get-Away Weekend

Ste. Adèle
January 2019

Charter coach from Kingston to the Laurentians for a ski/snowshoe weekend. Fall Newsletter will have the details.

Info/registration: Bob Schofield bobschofield99@gmail.com
613-384-4530

August 25-26

Marble Rock, Gananoque Hikes

Two Days, Two Plays

See the hike-theatre weekend in the
Ottawa Club Calendar (page 19)

Orillia!

September 28-30, 2018

- Let's celebrate with our host!
- It's the Ganaraska Trail's 50th
- Interesting workshops
- Meet hikers from 25 other clubs

Hike Ontario Annual Summit

Connect with fellow Ontario hikers from clubs
from Bedford Mills to Burlington and beyond.

Pub Night-Hikes-Workshops-Dinner
Makes you want to check it out,
doesn't it?

Weekend at The Cove

October 12-15, 2018



- Open to all RTA members
- See the Rideau Trail at its best
- Finish up your Frontenac Challenge

Fall Colours in Frontenac

Connect with fellow RTA hikers in the other clubs
Hospitality by The Cove in Westport

Contact: Denise Hall (613) 843-8222
rebeccahall@rogers.com

PHOTO: WESTPORT IN OCTOBER, JACK TANNETT



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E-Letter: e-letter@rideautrail.org
(Send updates by 25th of the month.)

The RTA does not share its mailing list with other organizations.

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Fall Newsletter: Deadline August 1, 2018

We want your submissions! If possible, text should be sent electronically with no document formatting. Pictures with good definition and contrast are most welcome.

Send material directly to the editor, newsletter@rideautrail.org
(613) 422-1318

Board of Directors

President: Brian Grant, Ottawa
(613) 225-8770 president@rideautrail.org
Past President: Robert Groves, Lanark
(613) 259-3175 pastpresident@rideautrail.org
Vice President: * ACCEPTING NOMINATIONS *

Secretary:

Treasurer:

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(613) 858-3183 membership@rideautrail.org
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(613) 264-1559 trailcoordinator@rideautrail.org
Marketing/Communications: Paul Galipeau, Ottawa
(613) 255-8760 marketing@rideautrail.org

Club Chairs:

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(613) 466-0417 central@rideautrail.org
Kingston:
kingston@rideautrail.org
Ottawa: Sandy Freeman, Ottawa
(613) 225-2940 ottawa@rideautrail.org

Club Representatives:

Central: Joyce Davis, Portland
(613) 272-2848 jbdavis98@rideau.net
Kingston: Lars Thompson, Kingston
(613) 389-8747 thorlarsen@cogeco.ca
Ottawa: Denise Hall, Ottawa
(613) 843-8222 rebeccahall@rogers.com

Newsletter Editors:

Central/Kingston:

Ottawa: Steve Kelly, Ottawa
(613) 422-1318 newsletter@rideautrail.org

Additions from the Annual Meeting were not available for inclusion in this issue.

**Central Club
Executive**

Chair: Jack Tannett
Past Chair: Gill Hyland
Vice Chair (Board Rep.): Joyce Davis
Secretary: Mary Robinson
Treasurer: Gayle Truman
Trail Maintenance: Bert Stranberg and Peder Krogh
Routes and Negotiations: David Allcock
Activities: Maida Murray
Publicity: Gaele Giraudeau
Social Conveners: Barb McIntyre and Elisabeth Kuiper
Member at Large: Dorothy Hudson

**Kingston Club
Executive**

Chair:
Past Chair: Sharon Yaworski
Vice Chair (Board Rep.): Lars Thompson
Secretary:
Treasurer: Lynn Esau
Outings: Peter Burbidge
Publicity: Debbie Schofield
Construction: Jim Lorimer
Maintenance: Stan Huff
Special Events:
Human Resources: Lorna Deyo
Landowner Relations: Sharon Yaworski
Members at Large: Marilyn Martin, Pascale Champagne
Newsletter Editor:

**Ottawa Club
Executive**

Chair: Sandy Freeman
Past Chair: Denise Hall
Vice Chair: (VACANT)
Club Rep.: Denise Hall
Secretary: Dawn Carrick
Treasurer: Bob Smith
Trail Maintenance: Michael Beaupré
Landowner Liaison: Lianna Cousins
Activities: Dave Audette
Publicity: Adam Crupi
Members at Large: Kerstin Bjarbo, Lorraine Farkas, Brian Grant
Newsletter Editor: Steve Kelly

Association News

Highlights of Online Board Meeting

Online ('GoTo') Meeting, Tuesday, March 6, 2018

BY DENISE HALL, OTTAWA REP.

This was the first meeting following a recommendation made by the Organization Management Strategy Working Group. Board members met locally on a Tuesday evening, and connected to each other via phone or the Internet. Thanks to Hike Ontario for the use of their online account.

Some Key Points:

A post-mortem report was given by Membership Director, Bill Ottney re: the Canada 150 Challenge. It was a great success. The only negative was that we were short 6 badges (we had 150 made originally). Sharen Yaworski, Kingston offered her badge to one of the participants and Bill gave 5 free RTA crests to the others. For future giveaways, the RTA needs to publicize a deadline and stipulate that these will

be given on a first-come-first served basis.

Bill Ottney advised that we were losing money on the RTA name pins and is looking into better quality pins with a magnetic closure which will be in the \$10-\$11 range. Several volunteers are testing out these pins before a decision is made.

The 2018 Hike Ontario Summit will take place in Orillia the last weekend in September and will be hosted by the Ganaraska Trail Association. Brian Grant, our president, encourages RTA members to attend the upcoming summit.

Jack Tannett, Central, attended a meeting on Feb. 2, 2018 with Parks Canada on behalf of the RTA. This meeting was designed to engage our

organization as a stakeholder prior to formal public consultations and finalization of Parks Canada's ten-year management plan.

David Batchelor, Trail Coordinator, had meetings in late January with two of Bruce Trail's directors. They discussed how the Bruce Trail approaches landowners and how they procure land for their Trail. They gave David a number of documents and maps (with the provision that we credit ownership to the Bruce Trail) to use as the Optimum Route Committee works towards enhancing our trail.

Some motions were passed on clarifying hike leader training, electronic voting procedures and developing a formula to decide what our fee to Hike Ontario should be.



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Participants' Responsibilities

Participants are expected to choose a trip suitable to their physical abilities and their skill level. At the start they should inform their leader of any health problems or potential difficulties with their equipment. Each participant will respect all financial obligations. The volunteer leaders will expect the support and cooperation of each group member. Parents and guardians are expected to supervise their own children. Dogs are not generally permitted.

Levels of Difficulty

Hiking/Snowshoeing

- Level 1 Well defined trails, gentle inclines. Suitable for beginners.
- Level 2 Generally on trail. May be hilly, light bush-whacking, some rough spots or obstacles. Boots are recommended.
- Level 3 Rough Terrain. One of more of: extensive bush-whacking, steep sections, long climbs and descents, beaver dams or other obstacles, rock climbing. Boots, Level 2 experience and a high level of fitness essential. Long pants and sleeves recommended.

Phone: 1-709- 334-2208 Fax: 1-709- 334-3601
email: brownrabbitcabins@nf.aibn.com www.brownrabbit.nl.ca

Highlights of RTA Board Meeting

McMartin House, Perth, April 21, 2018

BY DENISE HALL, OTTAWA REP.

President: Brian Grant thanked Board members who participated in the electronic GoToMEETING on March 6th. Access to this meeting was provided by Hike Ontario. Following the next online meeting in September, an assessment will be done to determine whether or not this meeting format will work for us in the long run.

Brian talked about the draft operational plan for 2018-2019 which was developed with input from a number of people and resources. It will be finalized before the AGM on May 26th where it will be presented to the membership.

His report emphasized the need to fill the vacant positions on the Board with the great people who will help us to build a dynamic organization.

Membership: Bill Ottney talked about the fact that as new memberships continue to grow we will need to pay attention to membership renewal as well. Bill praised PayPal vs Canada Post as being 3-4 times more efficient. Not

only is PayPal green but it is usually processed on the date of transaction.

Marketing and Communications: Paul Galipeau assisted the Ottawa Club in acquiring **Adam Crupi** to fill its vacant Publicity Coordinator position. Paul has also created generic email addresses for Board members to make communications more efficient. Our Web traffic on Instagram, Facebook and Twitter continues to grow.

Newsletter: Steve Kelly talked about deadlines, submission requests, etc. for the summer newsletter. Steve is looking after all the newsletters until such time as we can get another person to take over the fall and spring issues. We really need someone to step forward. This person could be from any of the clubs and would certainly be supported by Steve in learning the ropes.

Treasurer: Lorraine Farkas went over the budget she will present at the RTA-AGM on May 26th. We are

currently in good financial shape. Lorraine also announced that she would be stepping down as Treasurer as of May 26th.

Trail Coordinator: David Batchelor hiked the Ottawa section of the trail with the Winter E2E group this year and found the trail to be in good shape. David related that the designs for two major projects (a 600 ft. boardwalk and a shelter) requested by the Ottawa Club were submitted to the insurer and were approved. In the Central section we have regained permission to park in Port Elmsley at the old Community Hall on Station Rd. In the Kingston section David noted that a floating boardwalk has been proposed close to the location of the former Bedford Mills ferry, but it has not yet been approved by the insurers.

Club Reports:

Ottawa: Sandy Freeman reported that 81 members participated in Ottawa's Annual General Meeting on April 13, 2018. The position of Vice-Chair for 2018-19 is currently vacant. After the business meeting **Katherine Fletcher**, noted author and publisher, spoke through a slide show about her views of sanctuary and wilderness areas



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including Gatineau Park. Another INTRODUCTION TO HIKING course scheduled for April 21st is full. On May 5th a Trail Maintenance Garbage Blitz is scheduled to clean up the on-road portions of the Ottawa sector.

Central: Jack Tannett is the new Central Club Chair as of their AGM on April 14th. Their new Vice-Chair and Board Rep., **Joyce Davis** was also in attendance at the Board meeting. Central is lucky enough to have had 18 active hike leaders in the past year. Central has started to introduce Accessible Hikes as part of their 2018 program. The Wednesday Wanderers program has been extended to run year 'round. To assist in promoting the RTA they are manning a booth at the high-profile Festival of the Maples in Perth on April 28th.

Kingston: Outgoing Chair, Bob Schofield reported that the Kingston AGM would be held at the Gananoque Curling Club on April 28th. On April 9, 2018 a cheque in the amount of \$1000.00 was presented to **Claudette Richardson**, Chair of the KFPL Library Board, as part of "The Doug Knapp Fund" to promote family hiking. The

money is going toward the purchase of backpacks, Provincial Park Passes etc. Rideau Trail Rack Cards and "Take a Hike" buttons were included for the backpacks.

Other:

Hike Ontario: Sharon Yaworski, our HO rep from the Board, informed us that a new wilderness hiking course is being offered by the Course Steering Committee of HO for those hikers who want to hike in the wilderness but not lead hikes. Tom Friesen is coming to Kingston for a Certified Hike Leader Course on Saturday, May 12. The RTA is hosting the course at the Elbow Lake Education Centre. Sharon Yaworski will be co-teaching with Tom in an effort to be a local instructor available for RTA needs. Healthy Parks Healthy People day is July 20th this year, when the Ontario parks will be free for everyone.

Risk Management: David Batchelor reported that all three clubs have been contacted and asked to provide their requests for safety vests and to nominate 2 volunteers each for a chain saw training course. David

feels that we have developed an excellent relationship with our insurance broker, as we are moving forward with initiatives on trail maintenance, hiker safety, etc.

Motions: The Board passed motions to accept the construction proposals submitted by the Ottawa Club for a shelter and for a boardwalk in the Ottawa section. Up to \$10,000 will be allocated from the Preservation Fund, once further planning criteria are met. Reports were given from both strategic planning groups (Organization Management Strategy and the Secure the Optimum Trail). Two motions were presented and carried from the Secure the Optimum Trail Working Group. The first was that their report be accepted with next steps in the status report having the Board's approval to implement. The second motion carried was that the strategic initiative be renamed as the "Secure Our Trail" project.

Next Meeting: Sunday, June 24



Member Services

(Who gets your question?)

Whatever the question, just call the RTA for your club (page 5) or email: info@RideauTrail.org

Address Changes / Paper Newsletter

To stop it, or to receive it, call or email: membership@RideauTrail.org

End to End Badges

Keep track of the details of your hikes, whenever you did them: Date, start and end point of the hike and the leader's name. Your questions or claims can go to the RTA by phone, or you can email the appropriate club contact.

Getting Involved

Thank you for wanting to help out. Feel free to contact any of those listed (page 5). Your interest might be about event ideas, co-leading hikes, your club's social committee, working on the Trail or whatever. It's a busy organization, and your help would be welcome.

Do you take on the **Frontenac Challenge**? Enjoy the splendour of the fall colour of Frontenac Provincial Park by hiking each of the 11 loops that form the Frontenac Challenge within the months of September and October (September 1 to October 31).

Badge Request Contacts



Entire End to End
(Winter or otherwise)
secretary@rideautrail.org
Rideau Trail Secretary



Central Section
hmrob@storm.ca
Mary Robinson, Central Club Secretary



Kingston Section
sharenann@gmail.com
Sharen Yaworski, Kingston Club



Ottawa Section
dawncarrick@sympatico.ca
Dawn Carrick, Ottawa Club Secretary

CENTRAL CLUB ACTIVITIES - SUMMER 2018

WHAT TO BRING

Bring lunch, water, insect repellent, sunscreen and strong footwear. Come prepared for weather changes. Many events are 'rain or shine'.

NOTE

Hiking boots are recommended for events rated at Level 2 or higher. A **high level of fitness** and experience are required for Level 3 outings.

Please review the details about the Participant's Responsibilities and the definitions used by the Rideau Trail clubs (page 6).

NOT SURE?

The Hike Leader will thank you for your questions.

CARPOOLING AND FEES

Be at the meeting place at least 15 minutes before the stated departure time. The amount quoted for gas is a suggested voluntary contribution. Fees for parking and entry to parks and conservation areas are shared among the driver and passengers.

MEETING PLACE

Unless otherwise specified, meet at Conlon Farm in Perth. To reach Conlon Farm, take the main street (Gore) southeast through Perth to County Road 10 (Scotch Line), turn right towards Westport, then turn at the 4th street on the right (Conlon Drive) and proceed to the Conlon Farm parking area. GPS: 127 Smith Dr. K7H 0A3

E-LETTER

Check the monthly E-Letter for updates and additional events, including short-notice hikes. To receive these electronic communications, send your e-mail address to membership@rideautrail.org. If you do not use e-mail, arrange to keep updated through a friend, relative or buddy in the RTA.



Wednesday Wanderers - These are shorter, leisurely hikes for those who want a mid-week stretch. Details are sent out each Monday by email. THESE HIKES NOW CONTINUE THROUGH THE SUMMER. Contact: Margaret Lafrance 613 466 0403 margaretlafrance03@gmail.com

Special Activities

E2E Rideau Trail hikes: Central is hosting 5 hikes in July and August that are going through the entire Central Trail from SW to NE as part of a Rideau Trail end to end.

July 7 to 21 At Murphy's Point Park, a **birchbark canoe** is being built at the main beach between 10 am and 3 pm. It will be launched July 21.

Saturday July 28 RTA Inter-Club Pot Luck Social: Rideau Ferry Yacht Club 12 noon to 4:00 pm

Activities Calendar

Saturday, June 2 Rideau Trail Rathwell Road to Conlon Farm

Level 1, 6 km moderate pace. Across fields, along the Tay Canal towpath and through one of the prettiest towns in Ontario, this hike has it all! Gas \$2, car shuttle. Depart Conlon Farm 9 am. Leader: Anna Cornel 613 267 526 annamcornel27@gmail.com

Saturday, June 2 Paddling: Otter Creek off Rideau River

* Note Meeting Place *

Level 1, about 4 hours. This will be an out and back flat-water trip through mostly wetlands, starting from

Edmunds Locks. Should still have some spring bird activity. Plan for a rafting lunch as there will be few places to get out. Depart Smiths Falls Memorial Community Centre parking lot behind the building (against Landsdowne Street) at 9:30 am. Leader: Kevin Reynolds kevinjunk9@gmail.com 613 258 1337

Saturday, June 9 Frontenac Park Small Slide Lake Loop

Level 3, 14 km moderate pace. Enjoy this remote and scenic but challenging trail in Frontenac Park. Gas \$6. Depart Conlon Farm 8:30 am. Leaders:

Howard & Mary Robinson
hmrob@storm.ca 613 256 0817

Sunday, June 10 Accessible Hike: Beveridge Dam blue trail

Level 1, up to 4 km. Slow pace Follow the flat gravel track along the side of the Tay Canal and through the woods to the dam. This hike is designed for anyone who has difficulty maintaining the pace on a regular hike. Families with children are also welcome. Depart Conlon Farm at 10 am. Gas \$2 Leader: Gill Hyland ghyland2@cogeco.ca 613 267 5756

**Saturday, June 16 Cataraqui Trail:
Forfar to Opinicon**

Level 1, 12 km. Moderate pace. Follow the rail trail across open fields, then through wooded areas to Chaffey's Lock. Depart Conlon Farm 9 am. Car shuttle gas \$4 Leaders: Pat & Bert Stranberg pbstranberg@gmail.com 613 283 8735

Sunday, June 24 Manitou Mountain Trail Network

Level 3, 11 km moderate pace. Hike through pine forests and enjoy the spectacular views from various Calabogie mountain trails. Gas \$6. Depart Conlon Farm 8:30 am. Leaders: Howard & Mary Robinson hmrob@storm.ca 613 256 0817

Sunday, July 1 Paddling: Perth to Port Elmsley

* Note Meeting Details *

Canoe/kayak from the docks at Last Duel Park in Perth to the locks at Port Elmsley. 16 km total distance. We will have lunch at the locks then paddle back up the river to Last Duel Park. This is a paddle suitable for beginner level paddlers. Everyone (no exceptions) must have a life jacket. Meet at the docks in Last Duel Park at 8:45 for 9 am departure. Leader Peder Krogh 613 456 6085 pkrogh5@gmail.com

Since not all members have a canoe could anyone with a spare seat in a 2 person kayak or canoe notify Peder. Anyone without a canoe/kayak can request a space and we can see if we can accommodate a few extra people.

Thursday July 5 Hike Leaders Planning Meeting 7 pm

Kindly hosted at the home of Jack Tannett, Perth 613 466 0417 jtannett@cogeco.ca. If you are unable to attend and have hike information to offer: memmurray@hotmail.com

Saturday, July 7, Rideau Trail Hike E2E number 1 (09B to 10 a)

Level 2, 14.6 km. Moderate pace. Let's welcome hikers from the Kingston and Ottawa clubs on a scenic walk through the first part of our Central section. We will hike from Lally Homestead in Murphy's Point Park to McLaren Point Rd. Gas \$2. Car shuttle. Park fee. Depart at 9 am. Leaders: Howard &

Mary Robinson 613-256-0817 hmrob@storm.ca

Sunday July 8 Maintenance Morning

Meet at Conlon Farm for a 9 am departure. Contact Bert Stranberg 613 283 8735 pbstranberg@gmail.com

Saturday July 14, Rideau Trail Hike E2E number 2 (10 a to 10D)

Level 2, 13 km. moderate pace. Welcome hikers from Kingston and Ottawa clubs on the 2nd part of the E2E in Central section. We will hike from McLaren Point Road to Conlon Farm Gas \$2. Depart at 9 am Leaders: Pat and Bert Stranberg 613 283 8735 pbstranberg@gmail.com

**Rideau Trail Picnic
July 28**

Sunday July 15 Sugarbush Island

Level 1. Come out for a three km level one hike onto Sugarbush Island. Good wetland bird viewing off a dry easy trail. Meeting the hike leader at the Narrows Lock parking lot at 9:20. It is an easy short hike and afterwards we can visit Davis Locks and/or Chaffey's Locks and the Opinicon. Gas \$3. Meet at Conlon Farm for a 9:00 am departure Leader: Jim Middleton middleton.james@gmail.com

Saturday July 21 Rideau Trail Miners Point Rd. to Murphys Point

Level 2 10 km. Hike the new section of trail from Miners Point Road through Murphys Point Park. We'll finish at the beach and see the launch of Algonquin Birch Bark Canoe that has been built on the beach. Car shuttle. Gas \$2 and share of Park fee. Depart Conlon Farm at 9 am. Leader David Batchelor 613 264 1559 dlhbachelor@gmail.com

Saturday July 28 RTA Interclub Pot-Luck Social

Central Club is welcoming Kingston and Ottawa clubs to a joint 3 club picnic at Rideau Ferry Yacht Club Conservation Area. We are looking forward to a sunny afternoon. Please bring your favourite dish to share, plus a plate, cup and cutlery. Swimming at the beach available. Watch for additional information in a later email.

Information:
barbaramcintyre@xplorenet.com,
elisabethkuiper@gmail.com

Sunday July 29 Frontenac Park Cedar Lake Loop

Level 2 13.5 km, a scenic loop in beautiful Frontenac Prov. Park. Whet the appetite for the fall "Frontenac Challenge" Gas \$5. Park fee. Depart Conlon Farm at 9 am Leader Jack Tannett jtannett@cogeco.ca 613 466 0417

Saturday Aug. 4 Rideau Trail E2E number 3 (10D to 11C)

Level 1 13 km. Welcome hikers from the Ottawa and Kingston clubs on the 3rd part of the E2E in the Central section. We will hike from Conlon Farm to Port Elmsley. Gas \$3. Depart at 9 am. Leader Anna Cornel annamcornel27@gmail.com

Sunday Aug 5 Hike to be announced

Depart 9 am. Leader Tom Pearcey 613 284 1294 tompearcey7@gmail.com

Saturday Aug. 11 Rideau Trail Mackler blue loop. Map 10

Level 2 9 km. Climbing over stiles, crossing a boardwalk through a swamp and into a lovely wooded area - a picturesque crossing of McLaren Creek on a wooden bridge. Ground could be wet with some uneven paths and a few steep climbs. Car Shuttle. Gas \$2. Depart at 9 am. Leader Pat Stranberg 613 283 8735 pbstranberg@gmail.com

Sunday Aug. 12 Rideau Trail E2E no. 4 Maps (11C to 12, A and B)

Level 1 13 km Port Elmsley to Cornelia Court. Welcome hikers from Kingston and Ottawa clubs on the 4th section of E2E in the Central district. Car Shuttle. Gas \$3. Leader David Batchelor 613 264 1559 dlhbachelor@gmail.com

Saturday Aug 18 Come for a lovely paddle on Ott Lake.

Follow up with a pot-luck and barbecue. Details to follow in Aug. e-letter. Leader David Allcock daveonottylake@gmail.com 613 706 3562

**Sunday Aug 19 Rideau Trail E2E
number 5 Map 12**

Level 1 13 km. Cornelia Court to
Rosedale Road. Welcome hikers from
Kingston and Ottawa clubs on the 5th
and last part of the E2E in the Central
Club section. Car shuttle. Gas \$4.
Leader Jim Middleton
middleton.james@gmail.com

**Saturday-Sunday, August 25-26
Hikes and Plays**

An outing for three clubs. Gananoque
Area, Marble Rock Conservation Area
and Gananoque Trails
Level 2+ hike of about 11 km in Marble
Rock Conservation Area (Rideau Trail
blue loop). This hike can be a one-day
outing only if you arrange your own
transportation. The leader will continue
to Gananoque, see an evening play
and stay one night there, hike the
Gananoque Trails on Sunday morning,
see another play on Sunday afternoon,
and then return to home. Join me for all
of part of this. Contact the Ottawa
leader after June 15: John Haley
613-225-0590

**Sunday Aug. 26
Hike to be announced**

Details in the e-letter. Leader Tom
Pearcey 613 284 1294
tompearcey7@gmail.com

Saturday September 1 Rail Trail

Level 1. 12 km. Maberly to Sharbot
Lake along Rail Trail. Picturesque
countryside. Easy flat walking. Car
shuttle. Gas \$3. Leader Gill Hyland
613 267 5756 ghyland2@cogeco.ca

(CONTINUED PAGE 20)



Did you know admission to
Ontario Parks is free on July 20?

Trail Reroutes

Marshlands Conservation Area is
closed between 1B and 1C. Detour
using Queen Mary Road, Johnson St,
Old Oak Rd and Country Club Drive.
Pass the hospital on the west side.

At Bedford Mills (between points
6D and 7A): closed and the ferry is
not available. Follow the blue trail
marked "Ferry Bypass Blue Loop".

Between 8E and 8F, a beaver dam
is breached. Use larger dam 100
metres upstream or remain on Rideau
North Shore Road between Coopers
Drive and point 8F.

Murphys Point Provincial Park:
connect between (08G and 09B)
using Miners Point Road, Narrows
Lock Road and Lally Road.

Beveridges Dam: Hikers can now
cross the dam when water levels are
low. NOTE: The trail does NOT
extend beyond the picnic area at this
time.

Latest detail: Trail Alerts
<http://www.rideautrail.org/maps/alerts>.

Members Corner

Port Elmsley Parking: Again available at the
old Community Hall on Station Rd.

Tips: Review the contents of your pack (extra
water, socks, first aid, tick remover, a
kitchen sink...)
Check the Trail Alerts, Maps and
remember the Trail text descriptions.

Chickadee Corner Low cost accommodation
for hikers near Ferrier Rd. (613) 264-0242.

Using this space?

Missed an E2E hike? Find a hiking partner for a
make-up hike?

Want to buy/sell equipment?

Contact the Editor (page 5).

Since 1933, **Skyline Hikers of the Canadian
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Camp 2 July 23 to 28
Camp 3 July 30 to August 4
Camp 4 August 6 to 11
Camp 5 August 13 to 18



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MACHU PICCHU, PERU

September 14 to 26, 2018

Explore the Sacred Valley of the Incas by hiking through the famed salt pans of Maras, the ancient ruins of Pisac, and trekking high up into the Urubamba mountain range. Then that all important day arrives when we hike into Machu Picchu – **rounding the corner of the Sun Gate and seeing Machu Picchu with your own eyes will give you goose bumps!**

(Note: This trip does not involve ANY camping – all accommodations are in hotel & lodges.)

NORTHERN LIGHTS NORWAY

February 13 to 23, 2019

A full itinerary of adventures like cross-country skiing, dog-sledding & snowmobiling plus Mother Nature's lightshow - the Aurora Borealis (the Northern Lights). Home base is Tromsø - one of THE best places in the world to see the Northern Lights.

Also visit the capital, Oslo, for some cultural exploration.

Part of the C.H.H. Adventure Collection.

DOMINICA

February 9 to 17, 2019

The Nature Island of Dominica is tailor-made for exploring. Mountains, waterfalls, 365 rivers & over a thousand flowering plants, it's a hiker's paradise and a diver's dream. It's unlike any other Caribbean destination - no major hotel chains, no fast food outlets, no casinos or boardwalks. It's the perfect place for adventurers to escape winter without going to an all-inclusive resort. So strap on those hiking boots, grab a rum punch and follow us to the Nature Island!

AMALFI COAST, ITALY

**TWO DEPARTURES: April 8 to 20, 2019
and October 7 to 19, 2019**

Italy never fails to capture the hearts (and stomachs) of its visitors, and the Amalfi Coast lives up to that reputation - towns perched impossibly on mountainsides, one of the most famous stretches of coastline in the world, sapphire-blue water in every direction, an infamous volcano and some of the finest Limoncello anywhere. Come hike in Sorrento, Positano, Amalfi and on the posh island of Capri.

TICO # 50018498

Recent Donations

In memory of John Cornish

Marie-Christine Bédard
Lynn Esau
Brian Grant

In memory of Ruth Hutchinson

Beryl Arnold
Mrs. Erl M. Cassells

Irene Backholm
Paula Burchell
Linda Carter
Gordon C Cater
Hanna Dragan
Lynn Esau
Verena Hammerli
Erich Huber
Mr. Ronald Douglas Hughes

Nancy & Bruce Hunter
Bruce Hutchinson
Lorna Kettles
Peter M Leeney
Milla Meng
Kay Méthot
Hazel Miller
Juliet Milsome
Kevin Mooney
Pedro Mundo
Peter M Murray
William Ottney-in memory of
Bernie Grover
Trina Piché
Janet Mahoney-Rose & Carlos Pinto
Ute Schall von Oppeln
Edward & Shirley Simpson
Steve Kelly
Nils Stockinger
Helene & Bill Wilmart-Collard

Ottawa Volunteers Recognized

At the Ottawa Club's Annual Meeting in April, several members were recognized for their volunteer contributions, whether as Trail Maintainers or event leaders:

Ian Campbell
Kevin Chapman
Lianna Cousins
Lia Eichele
Maureen Geiler
John Goatcher
David Hallman
Richard Kaminski
Oskar Kaminski
Jan Mansfield
Lucie Masson
Judith Maxwell
Alan Morantz
Randy Ray
Suzanne Rebetz
Kevin Reynolds
Patricia Scotcher

Bernie Grover was best known to members for his Newsletter articles about long distance walking/marches. He passed away last summer in Ottawa at age 74.

To all our volunteers: Thank you!

Membership Application

*** Help Preserve the Legacy! ***		Benefits of membership include the following: Quarterly newsletter with articles and event listings; Retail discounts; Voting rights for local Club and Trail business, and The knowledge that you are supporting and protecting this world-class treasure.	
The Rideau Trail Association (RTA) is committed to preserving one of Ontario's oldest and longest continuous footpaths, and encouraging use of its trail system through nearly 400 km of scenic beauty between Kingston and Ottawa.		() New Membership () Renewal Preferred Club Affiliation (choose one): () Central () Kingston () Ottawa () Unaffiliated (Please Print) Name(s): Mailing Address: Phone Home: Mobile: E-Mail: E-mail is used for a quarterly newsletter, a monthly E-Letter and occasional other communication. () Please do not send me a printed copy of the newsletter. I will read it online. Memberships are also available at RideauTrail.org The RTA does not share member information with other organizations.	
Individual Membership (age at least 18 years) () One year \$25.00 () Two years \$45.00 Household Membership (2 adults, 1 address) () One year \$40.00 () Two years \$75.00 () Car Sticker (free to new members) \$1.00 () Cloth crest \$2.50 () RTA Hiker Name Pin (Print clearly please.) \$7.00 MEMBER'S NAME Donation, Rideau Trail Association* \$ _____ Donation, Rideau Trail Preservation Fund* \$ _____ Total \$ _____ Pay online at RideauTrail.org or send with a cheque (CAD) to Rideau Trail-Membership, PO Box 57 Station Main, Smiths Falls, ON K7A 4S9 Membership year: April 1 to March 31. Those joining after Oct. 31 are paid-in-full for both current and following years. * Official receipts will be issued for \$10.00 or more (Charitable Reg. No. 11911 9485RR 0001)	() Leading hikes and/or XC ski or snowshoe outings () Helping with publicity () Serving on a committee () Organizing social events () Serving on the Executive Other (please specify): _____		
In addition to enjoying hiking and other club activities, there are many other ways to be actively involved in the RTA. Check all activities that interest you. You will be contacted when your help is needed. () Maintaining a section of the Trail () Construction projects			

Hike Ontario Report

BY SHAREN YAWORSKI, RTA REPRESENTATIVE TO HIKE ONTARIO

1. At a Landowner Meeting with Bruce Trail Conservancy (BTC) and Hike Ontario (HO), the 4-5 RTA members attending learned from HO's insurance rep. that any injury occurring on the road is not covered by hike insurance but rather by auto insurance even if it is a pedestrian injury.

2. Healthy Parks Healthy People day is July 20th this year, when Ontario parks will be free for everyone. Let's get out and take advantage of this one free day to explore the parks...Frontenac, Algonquin, Murphy's Point, Sandbanks. Write yourself a nature prescription and start your weekend early with a healthy walk in your local park.

3. HO has a working group looking into an interactive trail app for interested clubs. A survey was sent to the respective Tech Person in each club for any insight on this matter. This issue is still in the initial stage.



4. The HO Summit will be held on the September 29-30 weekend in Orillia, celebrating the Ganaraska Trail's 50th Anniversary. Pub night will be held Friday. Workshops will be given Saturday. Register in June.

5. A Bruce Trail member was killed by a falling tree, when he was part of a work party. Are we safe in our volunteerism?

6. A new wilderness hiking course is being offered for those hikers who want to hike in the wilderness but not lead hikes. Wilderness: any area more than 2 km from road access.

7. Hike Ontario awards badges to encourage hiking:
RED PINE AWARD: Hike 550 km, with 150 km on at least 2 trails.

TRILLIUM AWARD: Log a total of 950 km. The 3 petals of the trillium represent 3 trails you must hike for at least 150 kms.

TAMARACK AWARD: Hike 1500 km, with at least 150 km on each of 3 trails.

Use your existing logs to get your HO badges.



Central Club

Nancy Noury & Stephen Allan
Colleen & Jean-Paul Bergeron
Barbara Carroll
Dave K Price
Jim & Nancy Rousseau
Randy Smith
M. Gayle Truman
Gary Waterfield

Kingston Club

Louise Becker
Pamela Bellis
Morgan Bickenbach-Davies
Dr. Pascale Champagne
Lynn Brown & Robert Harper
John & Liz Harrison
Heidi Hatch
Mary Kerfoot
Jérôme McDuff
Michael Riley
Suzanne Runciman
Joy Sterritt
Sharon Strickland
John Cottrill & Colleen-Walker

Welcome New Members

Non-Affiliated

Christopher Abbott
Glenn Bullock
Alton Deslandes
Eveline Stout
Nick Teramura

Ottawa Club

Julie Boulanger
Bob & Jo-Ann Brault
Brian Brooks
Mary-Frances Brulé
Olive Buffett
Richard Burke
Leandra Carino
Shou Xiang Chen
Mary Ellen Clancy
Christine Collard
Lynn Cousineau
Abbie Dann
Bill & Nancy Davies
Nadine Dawson
Pam & Tom Denesyk
Mireille Desmarais
Carol Dignam
Andrea Dixon
Natalie Edwardson
Joanne Ellis
Trudi & David Farrell

Rita Gagnon
Brenda Givins
Levent Gurkan
Erich Haber
Sonja Hill
Lesley Howes
Colin Kelly
Serge Labonté
Edward & Gaylene Lancaster
Anne LeBlanc
Carmen LeBlanc
Lynn Hachey & Michel Legault
Rebeca Goyeneche & Julio Leiva
Ann & Randy Mackenzie
Carol Mitchell & Frank MacMillan
Caitlin McManus
David Peter Miller
Katherine Morewood
Birgit Nielsen
Matthew Parrott
Bimal Persaud
Sylvie Portelance
K. Blake Rankin
Sandra Shaw
Kathleen Sigurdson

Gwenna Taylor & family
Dan Patterson & Mara Torcaso
Rhonda & Roger Trahan
Hille Viita
Patricia Warnock
Beth Woloski

Trail conditions often change. Check the latest reports affecting your hike

Trail Alerts

<http://www.rideautail.org/maps/alerts.html>

KINGSTON CLUB ACTIVITIES - SUMMER 2018

WHAT TO BRING

Bring lunch, water, insect repellent, sunscreen and strong footwear. Come prepared for weather changes. Many events are 'rain or shine'.

NOTE

Hiking boots are recommended for events rated at Level 2 or higher. A **high level of fitness** and experience are required for Level 3 outings.

Please review the details about the Participant's Responsibilities and the definitions used by the Rideau Trail clubs (page 6).

NOT SURE?

The Hike Leader will thank you for your questions.

CARPPOOLING AND FEES

Be at the meeting place at least 10 minutes before the stated departure time. The amount quoted for gas is a suggested voluntary contribution. Fees for parking and entry to parks and conservation areas are shared among the driver and passengers.

MEETING PLACE

Unless stated otherwise, the meeting place is the Canadian Tire parking lot, along Bath Road, towards the gas station.

INFO FOR LEADERS

Blank activity sign-up/liability waiver sheets can be obtained online or from the Club's Activity Coordinator. After the event, please send them to:

Lorna Deyo 613-536-5567 lornadeyo@yahoo.ca
148 Stephen St. Kingston ON K7K 2C7

E-LETTER

Check the monthly E-Letter for updates and additional events, including short-notice hikes. To receive these electronic communications, send your e-mail address to membership@rideautrail.org. If you do not use e-mail, arrange to keep updated through a friend, relative or buddy in the RTA.



Wednesday Walkers - Ideal for people interested in healthy exercise walking at a comfortable pace with some social interaction. Walks depart every Wednesday afternoon at 1:30 pm. For details, contact Helen: hkramer@outlook.com (613) 766-0482 with your name and phone number.

ACTIVITIES CALENDAR

Saturday June 2 E2E #8 Bedford Mills to Lion's Club Westport

Level 2, moderate pace, 17 km. Meet at Lions Club Beach Westport at 9 am. and shuttle to Bedford Mills (church). Important for E2E hikers to arrive at meeting place able to shuttle 2/3 additional people. RT Map 06/07. Leader: Don Coulter 613 542 9998

Saturday June 2 Cataraqui Trail Walk

Level 1-2, moderate pace, ~10 km. Check out the old rail line starting at Perth Road. Meet at Canadian Tire for departure at 9 am. Leader: Audrey Sanger 613 384 6244

Sunday June 3 "Ring Around K-Town"

Level 2, moderate to fast pace, 24.9 km. Hike Kingston's premier urban loop. We'll meet up at Doug Fluhrer

Park on Wellington St at the east (waterside) end of the parking lot at 8:30 am. Loop counterclockwise around the city following the new stretch of K&P Trail and the Rideau and Waterfront Trails. (RT Map #1.) Wear comfortable walking shoes, bring lunch and water. Leaders: Lynn Esau 343-363-0384 esaulynn@gmail.com, Miu Lam 613-544-6201 ymiu.lam@gmail.com

Saturday June 9 K&P Cycle

Level 1, easy pace, distance TBD. Ride the rails along the K&P for a distance determined by the riders. Meet at Binnington Court Parking Lot for a 9:30 am departure. Bring lunch, water, sunscreen etc. Leader: Elgin Bock 613 389 4216

Sunday June 10 E2E #9 Westport Lions Club to Narrows Lock

Level 2, moderate pace, 13.6 km. Hike the heights of Sand and Rideau Lakes. Meet at Narrows Lock Parking Lot at 9 am and shuttle to the Lion's Club Beach in Westport. Important for E2E hikers to arrive at meeting place able to shuttle 2-3 additional people. RT Map 07/08. Leader: Miu Lam 613-544-6201 ymiu.lam@gmail.com and Jim Middleton 613 272 6793 middleton.james@gmail.com

Tuesday June 12 Belle Park Walkabout

Level 1, slow to moderate pace, 5-10 km. Explore Belle Island Park and nearby segments of the newly opened K&P and Rideau Trail, followed by a refreshment stop. Meet at Belle Park Fairways Parking Lot on the east side of Montreal Street, north of the intersection with Rideau Street. Depart 9 am. Leader: Bob Chadwick 613 767 7049

**Thursday June 21 Midsummer's Eve:
Village of Bath**

Level 1, slow to moderate pace, about 5 km. Walk the lakeshore and village highlights, followed by refreshment stop. Depart CT 6.30 pm, or meet in Bath at 7 pm at parking area on Main Street in front of Bath Water Plant, just east of traffic lights. Gas \$3. Leader: Bob Chadwick 613 767 7049

**Saturday June 23 E2E #10
Narrows Lock to Lally Farm**

Level 2, moderate pace, 16 km. Hike the Big Rideau Waterway. Meet at Lally Farm at 9 am and shuttle to Narrows Lock. Important for E2E hikers: Arrive at meeting place able to shuttle 2-3 additional people. (RT Map 08.) Leaders: Miu Lam 613-544-6201 ymiu.lam@gmail.com and Jim Middleton 613 272 6793 middleton.james@gmail.com

**Saturday June 30 Cycle Howe Island
with Audrey**

Ride 30 plus km with a possible swim. Bring your lunch, snacks and water. Meet at Ferry Dock in time to depart at 9 am. Leader: Audrey Sanger 613 384 6244

**Saturday July 7 12th Annual Slide 'n
Swim Hike**

Level 3 due to difficult terrain, moderate pace, 14.6 km. Join Gunhild and Bill on one of their favourite hikes as we hike Slide Lake Blue Loop, with bug free lunch stop and optional swim at the waterfalls. Depart at 8 am or meet at 6767 Perth Rd at 9 am. Gas \$4. Frontenac Park Map or RT Map 04. Leaders: Gunhild Karius and Bill Ottney ottech2@gmail.com or txt 613-858-3183.

**Thursday Evening July 5
Barriefield Area Walk**

Level 1, slow to moderate pace, 5 km. Hike up through rockery garden adjacent to Highway 2 then explore main streets of historic village of Barriefield with refreshment stop to follow. Depart 7 pm from parking area on the south side of Highway 2 at the foot of Fort Henry Hill. Leader: Bob Chadwick, 613 767 7049

Sunday July 8 Hike Depot Lakes

Level 2, moderate pace, 10 km. Enjoy an outing at this quiet Conservation Area north of Verona. Depart 8:30 am from Canadian Tire. Gas \$6 Leader: Audrey Sanger 613 384 6244

**Saturday July 14 Rideau Canal
History Journey**

Level 1, moderate pace, 5 km. Go back in time. Hike at Jones Falls, Davis and Chaffey's Locks. Bring lunch, water and bug spray. Ice Cream and lots of fun. Parents with children welcome. Depart CT at 9 am. Gas \$7. Leader: Stan Huff 613 548 3003

**Rideau Trail Picnic
July 28 (Page 4)**

**Tuesday July 17 Deseronto Area
Walk**

Level 1, slow to moderate pace, 5-10 km. Hike lakeshore, historic highlights of town and adjoining Tyendinaga Indigenous Territory, choice of packed lunch stop or restaurant meal to follow. Depart CT 9 am. Gas \$6. Leader: Bob Chadwick 613 767 7049.

**Saturday July 28
Amherst Island Cycle**

Level 1, easy pace, 17 km. Ride the east end of island, lunch available at Historic Presbyterian Church. Meet at ferry dock in advance of the 9 am ferry (\$1.50). Leader: Elgin Bock 613 389 4216

**Saturday July 28 Mystery Hike
with Audrey**

Level 2, moderate pace, ~10 km. Come prepared for one of Audrey's enjoyable surprise outings. Depart Canadian Tire 9 am. Gas \$4. Leader: Audrey Sanger 613 384 6244

**Sunday July 29 Cycle Wolfe
Island East with Audrey**

Ride about 50 km. with possible swim and ice cream stop when back in the village. Bring water, lunch, and snacks. Leader: Audrey Sanger 613 384 6244

**Saturday August 11 Bath Area
Cycle**

Ride the back roads of Bath with Audrey for about 30 km. Meet at the Beach in Bath at 9 am. Leader: Audrey Sanger 613 384-6244

**Thursday Evening August 16 Fort
Henry Circuit**

Level 1, slow to moderate pace, up to 5 km. Hike up Fort Henry Hill and around the outside of the walls with views of the City and the Harbour, with possible extension into RMC, followed by optional refreshment stop. Depart 6.30 pm. from parking area on the south side of Highway 2 at the foot of Fort Henry Hill. Leader: Bob Chadwick 613 767 7049

**Saturday August 18 Wellesley Island
State Park**

* Passport Required *

Level 1-2, slow to moderate pace, 10-15 km. Hike the rocky and sometimes muddy trails with a variety of dramatic views of the Thousand Islands and the St. Lawrence River. Opportunity for both refreshment stop at the Guzzle, and riverside picnic on the pier in unique town site with its elegant cottages. Optional side trips to view a castle and to enjoy a swim from the park beach. Prepare for a full day with evening meal recommended before returning home. Passport mandatory, travel insurance advisable. Depart CT 9 am or meet by arrangement before international bridge. Gas \$8 plus share of bridge toll and park entrance fee. Leader: Bob Chadwick 613 767 7049

* FOR INFORMATION ONLY. EVENTS OUTSIDE CANADA ARE NOT SANCTIONED BY THE RIDEAU TRAIL ASSOCIATION. *

**Sunday August 19 Narrows Lock to
Lions' Beach**

Level 2, moderate pace, 12.1 km. Join Gunhild and Bill for a summer hike and lunch with a view! Meet at Lions' Club Beach at 8:30 am and shuttle to Narrows Lock Rd. Arrive at meeting place able to shuttle 2-3 additional people. RT Map 08 (08C) to Map 07 (07D). No sign-up at CTC Kingston. Leaders: Gunhild Karius and Bill Ottney ottech2@gmail.com or 613 858-3183 txt ok.

(CONTINUED PAGE 20)

OTTAWA CLUB ACTIVITIES - SUMMER 2018

WHAT TO BRING

Bring lunch, water, insect repellent, sunscreen and strong footwear. Come prepared for weather changes. Many events are 'rain or shine'.

NOTE

Hiking boots are recommended for events rated at Level 2 or higher. A **high level of fitness** and experience are required for Level 3 outings.

Please review the details about the Participant's Responsibilities and the definitions used by the Rideau Trail clubs (page 6).

NOT SURE?

Please check with the Hike Leader a few days before the event. For general information about the Ottawa Club call 613-860-2225.

Gatineau Park and **Greenbelt** outings keep the **emergency number** handy: 613-239-5353.

CARPPOOLING AND FEES

Be at the meeting place at least 10 minutes before the stated departure time. The amount quoted for gas is a suggested voluntary contribution. Fees for parking and

entry to parks and conservation areas are shared among the driver and passengers. Additional drivers may be needed for **accessible hikes**. If you are available to drive, please call the leader in advance of the hike.

MEETING PLACE

The meeting place is usually one of the following locations along or near the OC Transpo Transitway.

Tunney's Pasture: The government parking lot on the west side of Parkdale Avenue, between Columbine Dr. and Emmerson Ave. Road Closed? Meet at the first parking lot on Parkdale, north of Scott Street.

Fallowfield Park & Ride: The northwest parking lot of the Park & Ride station, off Fallowfield Road west of Woodroffe Avenue. Park near the drop-off area by the bus shelters.

Baseline Park & Ride: The parking lot at the Park & Ride station on Woodroffe Avenue south of Baseline Road. Meet at the south end of the parking lot, farthest from the bus stop.

INFO FOR LEADERS

Blank activity sign-up/liability waiver sheets can be obtained online or from the Club's Activity Coordinator. After the event, please send them to the Coordinator:

Dave Audette, daveaudette3@gmail.com

E-LETTER

Check the monthly E-Letter for updates and additional events, including short-notice hikes. The Club also offers a weekly e-Notice. To receive these electronic communications, send your e-mail address to membership@rideautrail.org. If you do not use e-mail, arrange to keep updated through a friend, relative or buddy in the RTA.

Regular Activities

These activities take place on a regular basis, whether they are scheduled or not. For example, the Club meets every Wednesday. The nature of the event changes according to the demands and limitations of the season.

The people mentioned as coordinator/contacts will provide more detailed information about the activities.

Moonlighters - Every Tuesday evening (April to August) there will be a short hike in Gatineau Park. Meet at Tunney's Pasture at 5:45 pm for a prompt 6 pm departure. Hikes last until sunset. The hikes are level 1 or 2 at approximately 4 km per hour. There may be some hilly, rough or wet terrain. The details of the scheduled hikes are in the Activities Calendar. Please bring your own water, snack, bug repellent, flashlight and proper footwear. There is usually a short break during the hike, as decided by the hike leader. Coordinators: **Hazel Miller**, 613-232-6558, and **Dora Ashiq**, 613-792-4966.

Urban Walks - Tuesday evening Urban Walks recommence after Labour Day. There may be a refreshment stop after the walk for those who are

interested. Note: Meet at the starting point of the hike, as specified in the Activities Calendar at 5:45 to depart at 6 pm. Do NOT meet at Tunney's Pasture unless this is specified. Coordinator: **Maureen Dawson**, 613-226-3864.

Thursday Morning Hikes These hikes finish in June. For details of when and where, watch the Ottawa e-notice. Generally these hikes will alternate between a Level 1 on flat terrain and an easy Level 2 on somewhat rough terrain. They are always about 2 hours long, which allows one to be home for lunch. For ideas or to volunteer to lead a morning hike, contact **Elizabeth Mason** 613-729-6596 emmason283@gmail.com

Wednesday Walkers - Level 2 and 3 impromptu all-day events in Gatineau Park. In Summer, meet on Bate Island (Champlain Bridge) at 9:15 am to depart at 9:30. For information, contact **Tony Barnes**: 613-828-1216 fellwalkerca@gmail.com

25!

ACTIVITIES CALENDAR - OTTAWA

Saturday, June 2 Gatineau Park, The Ramparts

Level 2, moderate pace on well-marked trails, 9 km, 3½ hours. On trail 3 and then trail 28 to the Ramparts Lookout, trails 21, 18 and 2 to Western cabin for a late lunch and back to Étienne Brûlé Lookout on trails 9 and 1B. Bring bug spray and/or net, lunch and water. Wear good boots. Depart from Tunney's Pasture at 9:30 am. Gas \$3. Leader: Kathryn Fournier, lou_daybreak@hotmail.com

Saturday, June 2 Calabogie, Manitou Mountain

Level 3, distance to be determined. Lots of often steep ups and downs on rough trails. Depart from Tunney's Pasture at 9 am. Gas \$8. Leader: John Haley 613-225-0590

Saturday, June 2 Paddling: Otter Creek off Rideau River

*** note departure location ***

Level 1, about 4 hours. This will be an out and back flat-water trip through mostly wetlands, starting from Edmunds Locks. Should still have some spring bird activity. Plan for a rafting lunch as there will be few places to get out. Depart Smiths Falls Memorial Community Centre parking lot behind the building (against Landsdowne Street) at 9:30 am. Leader: Kevin Reynolds, kevinjunk9@gmail.com 613-258-1337

Sunday, June 3 Gatineau Park, Wolf Trail to the Pulpit

Level 2, moderate pace, 8 km. From P13 at the far end of Meech Lake by Blanchet Beach we take trail 62 in a counter clockwise direction to the Pulpit. After an outdoor lunch with a great view of the Ottawa River Valley we continue on trail 62 back to P13. Meet at Tunney's Pasture at 9:15 for a 9:30 departure. Gas \$3 Leader: Bob Smith, 613-225-1358 rsmithdsl@magma.ca

Tuesday, June 5 Gatineau Park, Mine Road to Pink Lake

Level 2, 8 km. Sunset 8:47. Gas \$3. Park on Marie Burger: right turn from Mine Road. Leader: Dora Ashiq, 613-792-4966

Saturday, June 9 Gatineau Park, All Around Lac Philippe

Level 2, about 10 km. From P19 we will take trail 73 going clockwise. Lunch at the south end of the lake. Possible swim here if the weather is warm. Return along the road and then rejoin trail 73 back to the cars. Bring water, lunch and insect repellent. Meet at Tunney's Pasture at 9:15 am for 9:30 departure. Gas \$5. Leader: Grace Hyam, 613-829-7252 dr003@ncf.ca

Tuesday, June 12 Gatineau Park, P16 to Healey Cabin

Level 2, 10 km. Sunset 8:51. Gas \$3. Leader: Hazel Miller, 613-232-6558

Saturday, June 16 Gatineau Park, Carman Overlook and Brown Lake

Level 2, about 11 to 12 km, moderate pace. Hike from P17, mainly on the shady, up and down snowshoe trails. Lunch either at the Carman overlook (one of the most peaceful viewpoints in the park) or, if the water is warm enough for a quick swim, at Brown Lake. Meet at Tunney's Pasture no later than 9:15 am to depart at 9:30 am. Gas \$4. Leader: Ann Bolster, 613-828-5131 ann_bolster@hotmail.com

Tuesday, June 19

Saturday, June 23 Marlborough Forest, Doug's Wildlife and Birding Hike

Level 2, 8.5 km. All on flat trail or bush road except on a short section across a scrubby field. Lots of beautiful Ducks Unlimited ponds and marshes with lots of waterfowl, bird life and marsh animals in general. Relaxed pace and some retracing of steps. Bring lunch and wear good boots. Bring binoculars if you have them. Usual traditional visit to nearest pub (Marlborough or Munster) after hike for those who choose. Depart from Fallowfield Park & Ride at 10 am. Gas \$5. Leader: Doug Parsons, 613-843-8222.

Tuesday, June 26 Gatineau Park, P12 to Western Lodge

Level 2, 8 km. Sunset 8:55. Gas \$3. Leaders: Paul Emile Chaisson, 613-230-8800, and Carol Hamilton 613-224-7778

Saturday, June 30 Fallowfield to Black Rapids

Level 1, about 9 km. Hike from Fallowfield/Woodroffe to Black Rapids locks on shared, tree-lined bicycle path. Meet at Fallowfield Park & Ride at 10 am. Bring light lunch, water, sunscreen. Leader: Sandy Freeman, 613 225-2940 sandyjfreeman104@gmail.com

Tuesday, July 3 King Mountain from P7

Level 2+, 8 km. Sunset 8:54, gas \$3. Leader: Ethel Archard, 613-592-7733

Saturday, July 7 Greenbelt, Pinhey Forest and Dunes

Level 1, about 8 to 9 km. Morning hike through a wooded area, passing unique glacial sand dunes. Bring bug repellent, water, snack. Depart at 9:30 am from the trail head, P14, at the south end of the parking behind the Nepean Sportsplex, 1701 Woodroffe (south of Hunt Club West). OC Transport bus #95 goes to the Sportsplex. Leader: Ethel Archard, ethel.archard@sympatico.ca 613-592-7733

Saturday, July 7 Carp Hills, Hidden Lake and Crazy Horse Trails

Level 2, 13 km. New area of rolling hills, rocky outcrops and scenic ponds. All on trails. Wear good boots. Lunch outdoors. Meet at Baseline Park & Ride for a 9:30 am departure. Gas \$3. Leader: Denise Hall, 613-843-8222 rebeccahall@rogers.com

Tuesday, July 10 Gatineau Park, Keogan Parking to Fortune Valley

Level 2, 8 km. Sunset 8:51. Gas \$3. Leader: Joanne Tuttle, 613-729-8787

Saturday, July 14 Gatineau Park, Clear Lake

* Note 8:15 start *

Level 2 loop from Eardley-Masham Road, uphill while it's cool(er). About 8 to 12 km, depending on conditions and group interest. Having two groups may be an option. Mostly well-defined trail, but sometimes rocky and/or steep, so

sturdy footwear is a must. Lunch and, if desired, a cooling swim at beautiful Clear Lake. Lovely views from high points. Bring lots of water and bug repellent/hat. Short car shuttle. Meet at Tunney's Pasture at 8:15 am for an 8:30 departure. Gas \$5. Leader: Ann Bolster, 613-828-5131
ann_bolster@hotmail.com

Tuesday, July 17

P16 to Macdonald Bay

Level 2, sunset 8:46, (optional swim), 7 km, gas \$4. Leader: Dora Ashiq, 613-792-4966

Saturday, July 21

Westboro Beach Dinner Hike

Level 1, about 7 km round trip. Hike from Tunney's Pasture along the Rideau Trail to the beach for a picnic supper. Bring finger food (cheese, fruit, nuts, wraps or whatever you think suitable) to share, plus your own beverages and utensils. Meet at Tunney's at 4 pm. Leader: Marilyn Schwartz, 613-828-4488 marilyn_sch1970@yahoo.ca

Sunday, July 22 Gatineau Park, Lacs Richard and Racine

Level 2, 10 to 11 km from Eardley-Masham Road. Optional swim at each lake plus panorama viewpoints. If it's hot and humid we may simplify the hike and spend more time cooling off in the water. Gas \$5. Depart from Tunney's Pasture at 9:30. Co-leaders: Kerstin Bjarbo, kerstin_bjarbo@hotmail.com and Ann Bolster, ann_bolster@hotmail.com

Tuesday, July 24, Old P15 on Carman Road to Brown Lake

Level 2 (optional swim), sunset 8:39, 7 km, gas \$4. Leader: Hazel Miller, 613-232-6558

Saturday July 28 RTA Interclub Pot-Luck Social

Joint, three club picnic at Rideau Ferry Yacht Club Conservation Area. We are looking forward to a sunny afternoon. Please bring your favourite dish to share, plus a plate, cup and cutlery. Swimming at the beach available.

Tuesday, July 31 Capuchin Chapel from P11

Level 2, sunset 8:31, 7 km, gas \$4. Leader: Kathryn Fournier, 613-792-4966

Saturday, August 4 Gatineau Park, Kidder-Monette Loop

Level 2, 8 km, total ascent less than 200 m. From the Ramsay pull-off on Eardley-Masham Road, we'll hike in on wide trail 56 and then make a loop using the faint upper and lower Kidder trails. We'll enjoy lovely views of Kidder Lake from high points and have a swim if desired and lunch at peaceful lac Monette, trying not to disturb the resident loons. On the return we cross a beaver dam at the east end of Kidder Lake. Meet at Tunney's Pasture at 9:15 am. Gas \$5. Leader: Ann Bolster, 613-828-5131 ann_bolster@hotmail.com

**Rideau Trail Picnic
July 28 (Page 4)**

(Holiday) Monday August 6 Gatineau Park, Meech Lake

Level 2 at a moderate pace, about 6 km, including a peek at the newly opened O'Brien boutique hotel. P10 to the Carbide Mill, with lunch and an optional swim along the trail in Meech Lake. Some gentle ups and downs. Meet at Tunney's Pasture for a 9:30 am departure. Gas \$3. Leader: Ethel Archard, 613-592-7733 ethel.archard@sympatico.ca

Tuesday, August 7 Pink Lake Main Parking Lot to Trail 15 Loop

Level 2, sunset 8:22, 7 km, gas \$4. Leader: Hazel Miller, 613-232-6558

Saturday, August 11 Gatineau Park, Clear Lake

Level 2+, with alternative level 1. About 10 km. Ramsay Lake to Clear Lake via the park road and Taylor Lake, returning after lunch and optional swim via the more rugged trail back to the Pines for a car shuttle back to the start. It's also possible to do this as a level 1 by retracing the morning route. Depart from Tunney's Pasture at 9:30 am. Gas \$5. Leader: Graham Creedy, 613-789-1657

Tuesday, August 14, Visitors' Centre to Trail 1 and Gatineau Parkway

Level 2, Sunset 8:11, 6 km. Return via Sugarbush Trail, Gas \$3. Leader: Pat Archer, 613-656-6149

Saturday, August 18 Gatineau Park, Pine Road Area

Level 2, 10 to 12 km. Starting at P16, hike on trail 50 to either Herridge or Healey cabin for lunch. Optional swim on return. Bring sufficient water, lunch, sunscreen and bathing suit if desired. Depart from Tunney's Pasture at 9:15. Gas \$3. Leader: Sandy Freeman sandyjfreeman104@gmail.com 613-225-2940

Tuesday, August 21 Gatineau Park, P11 to the Carbide Willson Ruins

Level 2, 5 km, sunset 8:00, gas \$4. Leader: Dora Ashiq, 613-792 4966

Saturday, August 25 Gatineau Park, Mulvihill and Pink Lake Loops

Level 2, 12.5 km. Two loops, intersecting at the Mackenzie King Estate. Ascend on trail 15 from Pink Lake for a break at the Mackenzie King Estate, then to Mulvihill Lake via the Lauriault Trail for lunch, returning on ski trail 7. Depart from Tunney's Pasture at 9:30. Gas \$3. Leader: Ethel Archard, ethel.archard@sympatico.ca 613-592-7733

Saturday-Sunday, August 25-26 Gananoque Area, Hikes and Plays: Marble Rock and Gananoque Trails

* Note meeting time *

Level 2+ about 11 km in Marble Rock Conservation Area (Rideau Trail blue loop). Depart Saturday at 8 am from Baseline Park & Ride. This hike can be a one-day outing ONLY IF YOU ARRANGE YOUR OWN TRANSPORTATION. The leader will continue to Gananoque, see an evening play and stay one night there, hike the Gananoque Trails on Sunday morning, see another play on Sunday afternoon, and then return to Ottawa. Leader hopes that others will want to join him in some or all of this. For details (after June 15): John Haley, 613-225-0590

Tuesday, August 28 Lauriault Trail from Mackenzie King Estate

Activities Towards September...

(CENTRAL ACTIVITIES PG. 11)

Saturday September 8 Mill Pond Conservation Area

Level 2, 8 km. This will be a hike made up of loops within the Mill Pond Conservation area. Meet at Conlon Farm for a 9 AM departure. Carpool Gas \$3. Leader Jim Middleton middleton.james@gmail.com

September 9 Linda's Loop trails at Crotch Lake

Level 3: 10.7 km level three hike from Coxvale to Crotch Lake Access Road via the north blue loop - a challenging walk along these under-used trails will give the serious walker a good workout. Car shuttle. Gas \$6. Depart from Conlon Farm at 9 am Leader Jack Tannett 613 466 0417 jtannett@cogeco.ca

Sunday September 16 Frontenac Park: Gibson Lake Loop

Level 2, 15 km. Moderate pace. Come and explore the remote northern part of Frontenac Park hiking through rugged terrain and some wetland area. Gas \$5. Depart from Conlon Farm at 9:00 am Leaders: Howard and Mary Robinson, 613-256-0817 hmrob@storm.ca

Saturday September 22 Blueberry Mountain

Level 2, 5-8 km. Moderate pace. Challenge yourself to reach the top of Blueberry Mountain. Part of the Madawaska Land Trust, and one of the Seven Wonders of Lanark County. Spectacular views from the summit are well worth the climb. Gas \$6 Donations to the Land Trust are encouraged. Depart Conlon Farm 9:00 am Leader: David Batchelor 613 264 1559 dlhbatchelor@gmail.com

Saturday September 29 Tay Havelock Trail

Level 1. 5 km. Hike from the Brooke Valley Rd down the Tay Havelock trail to a farm property and traverse the trails on Janet Conboy's picturesque property then back again. Gas \$2. Depart Conlon Farm 9 am. Leader Janet Conboy 613 267 6189 janeyboy@gmail.com

(KINGSTON ACTIVITIES PG. 16)

Sunday August 26 Sunrise Hike with Audrey

* Sunrise! *

Level 1, easy pace, 5 km. Walk around Barriefield with a Tim Break. Meet at the old information centre at Fort Henry at 6 am. Leader: Audrey Sanger 613 384 6244

Tuesday Morning August 28 Belleville Area Walkabout

Level 1, slow to moderate pace, up to 10 km. Hike lakeside, riverside and nearby conservation area trails. Choice of packed lunch stop or restaurant lunch to follow. Depart CT 9 am. Gas \$8. Leader: Bob Chadwick 613 767 7049

Saturday September 1 Frontenac Challenge - Tetsmine & Hemlock Loops

Level 2-3, moderate pace, ~16 km. Enjoy the first day of the Frontenac Challenge with these two beautiful north end trails. Depart Canadian Tire at 8 am. Gas \$6. Hike Leader: Audrey Sanger 613 384 6244

Sunday September 2 Kingston Urban Hike

Level 1, easy pace, ~10 km. Meet at 9 am at the Woollen Mill (Cataragui St.) parking lot, and walk along the waterfront to Kingston Penitentiary and return. Enjoy a refreshment break along the return trip. Leader: Sharen Yaworski 613 544 6022 sharenann@gmail.com

lunch at the Capuchin Chapel. Tunney's Pasture 9:30 am departure. Leader: Jean Gauthier 613-422-3997 jrgauth@teksawy.com

Saturday, September 8 Paddling: Ottawa River Wetlands

Level 2, about 10 km depending on weather. Ottawa River to view migrating waterfowl. Rafting lunch. Meet at Du Moulin Park Boat Ramp, Rockland, for 9:30 am start. Leader: Kevin Reynolds, 613-258-1337 kevinjunk9@gmail.com

(OTTAWA ACTIVITIES PG.19)

Level 2, sunset 7:47, 5 km, gas \$4. Leader: Hazel Miller, 613-232-6558

Saturday, September 1 Gatineau Park, Lac Racine

Level 2, 6.5 km, 3 hours at a moderate pace from Ramsay Parking on trail 56 and a faint trail to lac Racine. Swim and lunch at lac Racine. Bring lunch and water and wear good boots. Depart Tunney's Pasture at 9:30 am. Gas \$5. Leader: Jean Gauthier, 613-422-3997 jrgauth@teksawy.com

25

Tuesday, September 4, Celebrate 25 Years of Moonlighters Hiking! **Contact Dora Ashiq, 613-792-4966 or Hazel Miller, 613-232-6558 with your ideas.**

25

Saturday, September 8 Beryl Gaffney Park Trail

Level 1, about 8 km alongside the Rideau and Jock Rivers. Fallowfield Park & Ride 10 am departure. Leaders: Stephen Chappell, 613-612-0865, and Sandy Freeman 613-225-2940

Saturday, September 8 Gatineau Park, P11 to Capuchin Chapel

Level 2, 8 km. From P11 (O'Brien) hike the Discovery Trail (#36). Carbide Willson, waterfall, outdoor

Tuesday, September 11 Ottawa River Pathway

Level 1, 6 km Meet: Sir George-Etienne Cartier Parkway, P7 (east of Blair Rd.) at 5:45 pm for a prompt 6 pm departure. Bus-riders, call for a ride from Beechwood. Leader: Stephen Chappell 613-612-0865.

Saturday Sept. 15 Mer Bleue

Level 1, Stephen Chappell 612-0865.

Saturday, Sept. 15 Beaver Village

Level 2, Luskville. A. Bolster, 828-5131



HOWARD ROBINSON PHOTO



Is it safe?



Alligators have not been spotted on the Rideau Trail.

PHOTO: ANNIE MCDUGALL

Evaluate the parts of the Trail you know.

Rideau Trail's Best?



What part of the Trail is your favourite?

We want to know.

What's the best part?

What is the least appealing part of the Trail?

Get a 'scoring' form from any Club Executive or Board member or see the News page at RideauTrail.org

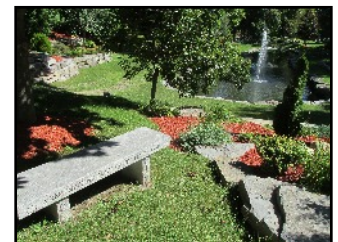
DAVE AUDETTE PHOTO



What do you think is the worst part?

Questions and forms go to the Trail Coordinator
trailcoordinator@RideauTrail.org

Is it interesting for historical or cultural reasons?



JACK TANNETT PHOTO

Rhapsody 'n Blue

AS REPORTED IN THE SPRING ISSUE, THERE ARE 28 SIDE TRAILS, OFTEN REFERRED TO AS 'BLUE LOOPS'. IN THIS ARTICLE, THE AUTHOR CONTINUES TO SING THE PRAISES OF HIS TOP CHOICES.

3. Beveridges Locks Blue Loop (cover photo)

Length: 2.2 km (4.4 km return distance)

Start/End: Lower Beveridges Lock, off Port Elmsley Road

RTA Ref.: Map 11BA-11BB; Text page #: 11

Blog Ref.: http://thepassionatehiker.blogspot.ca/2016/01/new-post_13.html



At Beveridges Dam

support from our friends at Parks Canada, the dam is once more open to hikers. Its crossing is an exciting highlight of this walk. The trail ends at a convenient RTA picnic table. In due course, it is hoped that the trail will continue further, but for now, the far side of the dam makes an ideal lunch stop. A short side trail leads to a sturdy platform where birders can enjoy a view of the Tay Marsh and all its wildlife. Consider



Inaugural hike (2017) on the new trail, standing on the ONLY remaining piece of original K&P rail

The trail ends at a convenient RTA picnic table.



staying a night at one of the secluded Parks Canada Otentik campsites beside the Upper Lock.

On Lime Kiln Loop

4. Lime Kiln and Bells Corners Blue Loops, Ottawa

Lime Kiln: 8.5 km loop.

Bells Corners: 8.0 km one way.

Lime Kiln Loop Start/End: Moodie Drive, Parking Lot P10.

Bells Corners Loop Start: Aero Drive - return via OT bus #97

RTA Ref.: Map 18B; Text page #: 18

Blog Ref.: http://thepassionatehiker.blogspot.ca/2017/07/blog-post_30.html



Wilderness in the City!

These two trails can be joined together via the main Rideau Trail.

Otherwise, hike them as two separate loops. Despite being in the



City of Ottawa, the Lime Kiln loop takes the hiker into some of the prettiest woodlands along the entire Rideau Trail. The music of the city seems far away from this lonely loop. And there's the bonus of an old lime kiln to explore. By contrast, the Bells Corners Loop threads its way through, and around the edges of, city neighbourhoods and over busy highways. Yet you pass through woods and past fields of strawberries, with a view of the Gatineau Hills to the north. And then there's an enjoyable bus ride back to the start. How lucky we are to have such amazing hiking within the heart of our Capital.

5. Marble Rock Conservation Area: Blue Side Trails and Blue Loops

Length: 11.4 km (two loops joined)

Start/End: Marble Rock Road, north of Gananoque

RTA Ref.: Map 20; Text page #: 20

<http://thepassionatehiker.blogspot.ca/2016/06/blog-post.html>



The Marble Rock Trail system has been designated as an "Amazing Place" by the Frontenac Arch Biosphere, one of 610 UNESCO World Biosphere Reserves across 117 countries.

Although not connected to the Rideau Trail geographically, these trails were created by passionate members of the RTA, and they make some of the finest hiking in Eastern Ontario. The two connected loops climb and fall through a rugged landscape, with several rocky viewpoints and lakeside stopping places along the way. Leave plenty of time to enjoy the experience.

Conclusion

The creation of our network of Blue side trails and loops did not occur accidentally. It was one of the earliest visions of our Trail founders. In the very first RTA Newsletter #1, dated Summer 1971, on page 1 the first RTA president, Fred Cooke, wrote:

ONE PARTICULAR FEATURE WHICH I FEEL WILL ENHANCE THE RIDEAU TRAIL IS THE DEVELOPMENT OF SIDE LOOPS WHICH ALLOW THE DAY HIKER TO FINISH AT THE SAME PLACE AS HE STARTS. THESE TRAILS WILL HAVE PALE BLUE TRIANGLES AS THEIR MARKERS. I PERSONALLY HOPE THAT EACH YEAR WE COMMIT OURSELVES TO BUILD NEW SECTIONS OF TRAIL OR SIDE LOOPS.

This decision showed great foresight. Blue trails will encourage more people to come out and explore the Rideau Trail. But we need to raise the profile of our blue trails so they do not start to disappear.



Views East to Blue Mountain

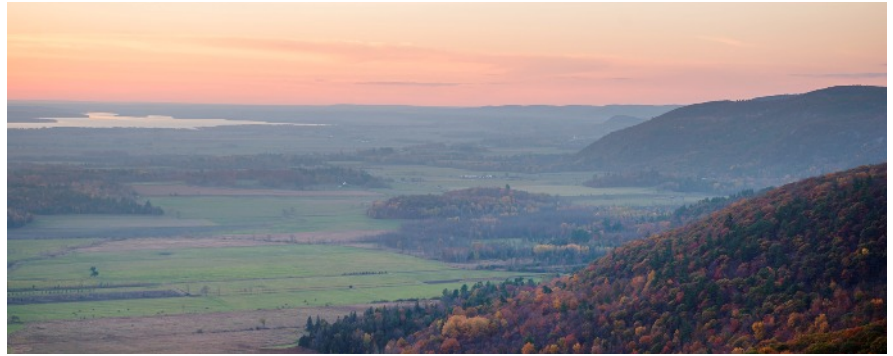
Maybe there should be a Blue badge to award those who complete all the blue trails, similar to the end-to-end badges. Here's a challenge for each Club - add more hikes on blue trails in the coming year. Every blue trail has something unique about it. Why not go out there yourself to discover the magic? You'll be singing a new tune.

Words and pictures by The Passionate Hiker



Moonlighters at 25!

An enthusiastic group of Ottawa hikers has been chasing the setting sun for 25 years! They say they'll be back before dark, yet they advise hikers to bring their own light. The **Moonlighters** activity has been in the Summer Newsletter every year since **Roger McCullough's** entry, back in 1994. Congratulations everyone, and thank you for making those Tuesday afternoons at work a little more interesting.



CHAMPLAIN LOOKOUT SUNSET BY TSAIPROJECT



Taking turns: This time, Hazel Miller leads a group that includes at least five other Moonlighter leaders.

PHOTO: STEVE KELLY

Early Leaders

Lena Creedy
John Crysdale
Marion Dunning
John Haley
Margaret Lafrance
Laraine Laughland
Marilyn Levitan
Sam Ludmer

Jim Mabbut
Grant Malinsky
Bud Massé
Roger McCullough
Peter Scott
Donna Shields
Jean Sunter
Caroline Whaley

Recent Leaders

Ethel Archard
Pat Archer
Dora Ashiq
Paul Emile Chiasson
Lena Creedy
Cliff Daly
Gloria Daly
Joan Evans

Kathryn Fournier
Carole Hamilton
Jane Mercier
Hazel Miller
Bernie Poirier
Trudy Stephen
Joanne Tuttle

Kingston Daytrip Includes AGM



Last April, Kingston's annual meeting at the Gananoque Curling Club was a great success. A pot luck beginning produced an incredible morning buffet. Thanks to the volunteers working behind the scenes to prepare, meet, greet and clean up. Following the meeting, two "Gan Men", Peter Murray and Doug Bickerton (speaking), long time members of the RTA, gave tours of the town with never-before-revealed snippets of local history. "Gan Gal" Jane Moore led an adventuresome, muddy hike around Landon Bay. Spirits were later revived at Gananoque's Old English Pub to wrap up the day. Thanks go to all our volunteers who made this a most memorable occasion.

John Cornish would have been very proud of this special day and you can bet his spirit was there with us.

CREDITS: LINDA LINE, BILL OTTNEY AND BOB SCHOFIELD

Accessible Hikes



Kathryn Fournier



Pat Batchelor

As described in the Spring Newsletter, Accessible Hikes are offered by the Ottawa and Central (page 9) Clubs. Expect to see more in the fall.

Correction: the Spring article was co-written by the proponents of this initiative, Pat Batchelor and Kathryn Fournier.

PHOTOS: PAT, BY HOWARD ROBINSON; KATHRYN BY STEVE KELLY



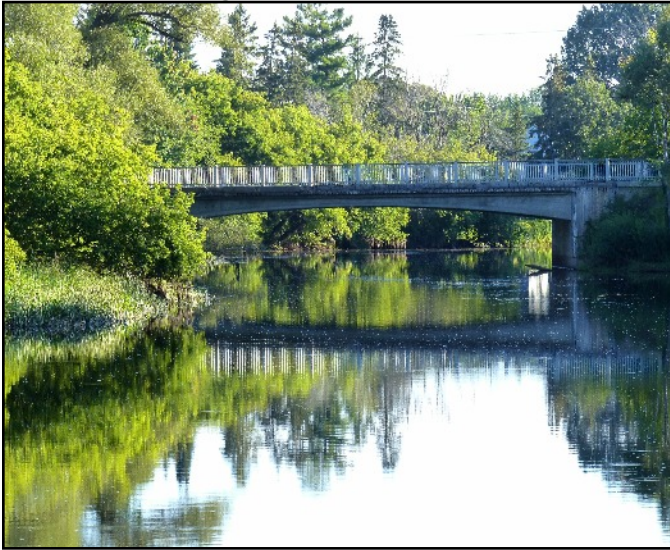
L to R: Jim Lorimer, Marilyn Martin, Linda Line, Patti-Lynn Earle, Lorna Deyo, Debbie and Bob Schofield, Stan Huff and Peter Burbidge

Wait, there's room for you! Linda, Patti-Lynn and Bob are leaving the Executive. Why not get a little more involved?



PM40022816
Return undeliverable Canadian
addresses to
RIDEAU TRAIL ASSOCIATION
PO BOX 15
KINGSTON ON K7L 4V6

My Favourite Place



More Blue Trails
Page 21



At one time, Richmond was on the route of the main RT, but is now connected by a network of blue side trails. It is well worth exploring the delightful town, and the pathways which run beside the Jock River. Perhaps one day Richmond may once more be on the main Trail.

THE PASSIONATE HIKER

**Trail Markers**
Rideau Trail
heading north,
towards Ottawa

**Yellow Tip**
Rideau Trail heading
south, towards
Kingston

Cool Things to See and Do on a Summer Day

That's the theme for this
summer in the Ottawa Club.
(Page 18)

Dianne Wadden tops
The Obelisk

PHOTO: JOHN GOATCHER



Inside Summer

EDITED BY STEVE KELLY, OTTAWA

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