

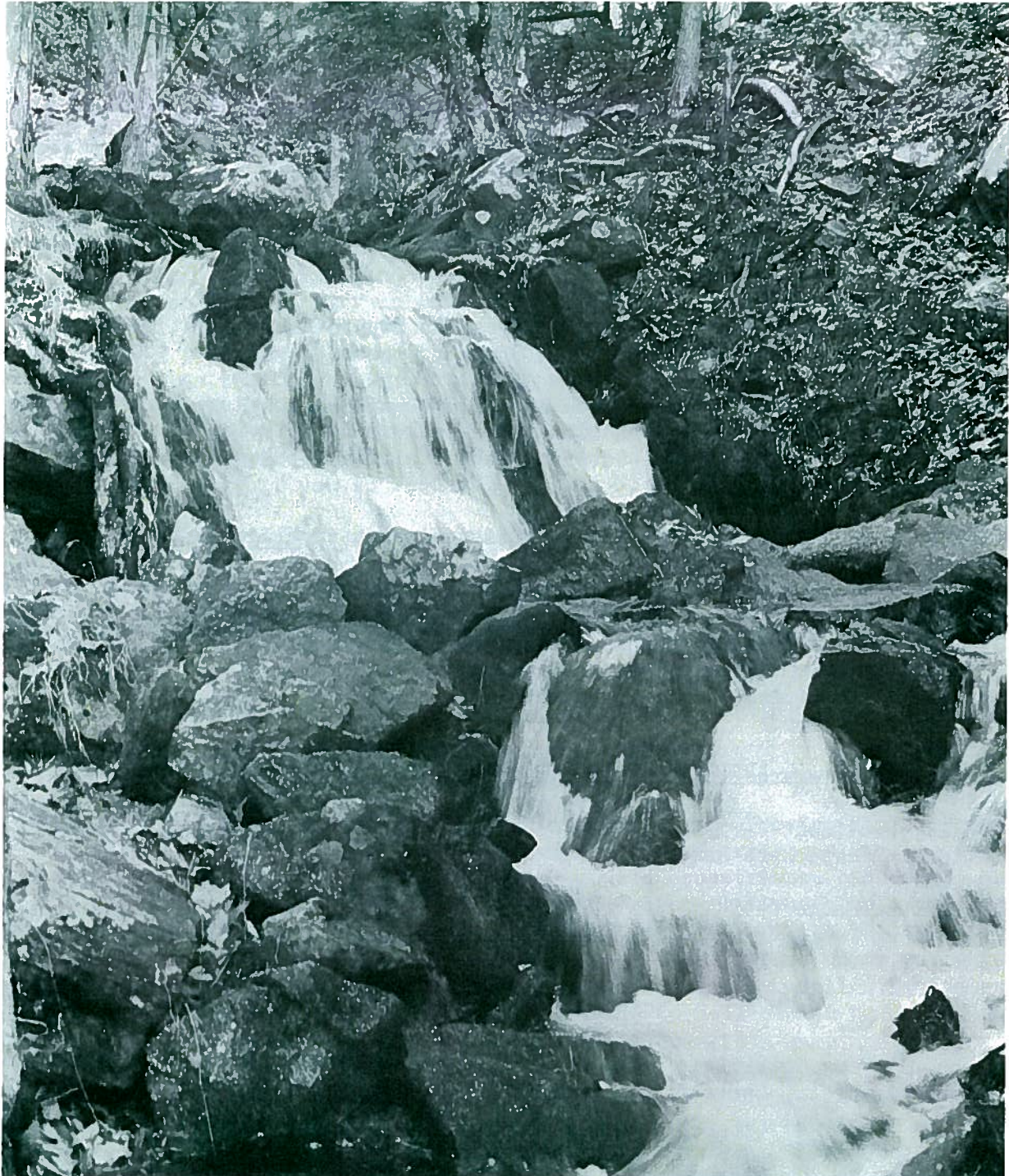
# The Rideau Trail NEWSLETTER

*Published by the Rideau Trail Association*

*Printed on recycled paper*

*Issue No. 27*

*Spring 1978*



*Falls Between Slide and Buck Lakes*

—Norm McLeod

The Rideau Trail Newsletter is published quarterly in December, March, June and September by the Rideau Trail Association. The Editor of this issue is Marion Watkins for the Kingston Rideau Trail Club (with special thanks to the Frontenac County Public Library for the use of office equipment used in the production of this issue). Submissions for the next Newsletter are welcome and should be sent by May 1, to Mike Morin, 66 Havelock St., Ottawa, Ont., K1S 0A6. Phone 235-3005.

The Rideau Trail Association is a member of the Federation of Ontario Hiking Trail Associations.

Correction: The last Newsletter, Winter 1977, was incorrectly numbered issue 25. It should have been issue no. 26.

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LETTER TO THE EDITOR

Dear Sir:

I noted in the Rideau Trail Newsletter, Winter, 1977, that you listed only two sources of backpack gear information and would like your membership to know that several other sources are available.

There's an excellent little monograph, "Stoves for Mountaineering" at \$1.00 (USA), from Off Belay, 15630 - S.E. 124th Street, Renton, Washington 98055, USA.

Also, there is an excellent inexpensive source of basic backpack and trail related bulletins available from the International Backpackers Association (P.O. Box 85, Lincoln Center, Maine 04458, USA) covering subjects from "Stoves for Silent Travelers" to "Winter Mountaineering".

Additionally, there are sometimes articles on equipment in Wilderness Camping Magazine, (1597 Union Street, Schenectady, New York 12309, USA). Another, relatively new outdoors magazine that is outstanding, is Mariah, 3401 W. Division St., Chicago, Illinois 60651, USA. It has a refreshing approach to wilderness and the articles are most exceptional. Well worth sending for a copy (\$2.50 USA).

My only reason in writing is to open avenues for sources of information to help the silent trail travelers.

IBA sends kindest regards to our northern neighbors - of the silent trails.

Lance Feild, President  
International Backpackers Association  
P.O. Box 85,  
Lincoln Center, Maine 04458

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MEMBERSHIP RENEWAL

Please consult your membership card as to your renewal date. Many memberships are due on April 1, 1978. Use the form on the last page.

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ONTARIO HERONRY INVENTORY: HELP REQUESTED

Do you know the location of a heronry? If so, the Ontario Heronry Inventory needs your help.

The Inventory is a new province-wide survey, launched as a joint project of the Long Point Bird Observatory, Canadian Wildlife Service (Ontario Region) and the Ontario Ministry of Natural Resources. Its objective is to compile a catalogue of all known heronries in Ontario.

Heronries are the colonial breeding sites of herons. Many are traditional sites occupied year after year for as long as anyone can remember. In Ontario, heronries are made up primarily of Great Blue Herons, but there are some with Black-crowned Night Herons, and Great Egrets and Cattle Egrets may also be found.

As fish-eaters, herons are vulnerable to all the ills that pollution can cause, and are therefore good indicators of environmental change. Also, their habitat and traditional nest sites are often under pressure from man. It is important that we know where these sites are before they are threatened, and that we have the ability to assess changes in heron populations. The Heronry Inventory is designed to do this.

The Inventory depends on volunteers--naturalists, hunters, fishermen, conservation officers, wildlife biologists and the general public--for information. If you know the location of a heronry in Ontario, please write and tell us where it is (address below). We will send you forms requesting more details about the site, and if you are in a position to check the heronry in the 1978 breeding season, we will tell you how to do this with minimum disturbance to the birds. Even if the heronry's location is the only information you can contribute, we will very much appreciate hearing from you, as it will help to make the Inventory as complete as possible. Don't assume that someone else has already reported your site. Heronry locations will be kept confidential, if you so request.

To report heronry locations and to obtain further information and data sheets, please write to Philip Taylor, Heronry Inventory, c/o Long Point Bird Observatory, P.O. Box 160, Port Rowan, Ontario NOE 1M0. Thank you for taking the time to respond to this inquiry.

Philip Taylor and Erica Dunn

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FINAL REPORT OF THE ONTARIO TRAILS COUNCIL

The Ontario Trails Council (O.T.C.) created in 1975 by the Provincial Government, was a group of private citizens who were involved with recreational trails across the Province. This Council of 17 people represented equestrians, canoeists, snowmobilers, etc. - all trail interests of which the government was then aware, including hikers, of course. Its job was to solicit opinions of the public and of specific trail interest groups in order to create a final report which would guide the legislation pertinent to the use and existence of trails. Following the submission of its Final Report on August 31, 1977, the Council ceased to exist, doing a disappearing act which would compete well with Cinderella's carriage.

The final report is now available for \$2.00 from the Ministry of Natural Resources

or the Government Documents Bookstore on lower Yonge Street in Toronto. Its 76 pages make interesting reading but unfortunately can be no more than lightly touched in this article. Probably the key item consists of its "Recommendations", 14 pages stating specific actions which should be undertaken by the Government of Ontario, mostly the Ministry of Natural Resources, in order to protect or enhance present and future trails of this Province.

In general, it is the author's opinion that this Report is very much on the right track. The proposed Government actions are consistent with those which have been recommended repeatedly in R.T.A. briefs and which have been referred to or presented in whole in previous Newsletter issues. These relate mainly to the need for improved liability legislation relating to trail users and landowners, and also to protection and preservation of hiking trail routes.

I would urge anyone who is interested in the future of hiking trails to read this final report (every R.T.A. director has one - why not borrow it?). The R.T.A. Board intends to respond to it - as a pressure group to help stimulate Governmental action, but we need your help. What action do you think the R.T.A. should take? Let us know!

Doug. Knapp

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R.T.A. ANNUAL GENERAL MEETING

Since its inception in 1971 the Rideau Trail Association has held its annual general meeting in May, tightly squeezed between the wet conditions of April, the bugs of late May, and the annual general meetings of the trail clubs. Because of these pressures, your Board of directors decided at the Nov.26/77 meeting to schedule the next (and presumably subsequent) annual general meeting in the fall - early in October. No bugs, no floods, no conflict with the Clubs, and hopefully also, no snow. Instead, we plan to offer the golden leaves of Ontario countryside at its best, and delightful fall hiking. Details will be given in the Fall Newsletter.

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KINGSTON RIDEAU TRAIL CLUB ANNUAL GENERAL MEETING

Saturday  
April 29

"A festival of wildflowers": Once again enjoy the hospitality of Allan and Ellen Bonwill and the beauty of Skycroft Camp, Lake Opinicon. Come out and hear what your Club has done and plans to do and help choose the new executive. Rain or shine, an interesting program is being planned. WILDFLOWER IDENTIFICATION is the theme and following a lunch break (bring your own) we will provide a series of short hikes to seek out the various wildflowers, including some unusual varieties. Meet at Simpsons, North door at 10:00 A.M. to coordinate transportation. The meeting starts at Skycroft at 11:00 A.M. Members and non-members are equally welcome. Details: 389-4354.

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### SECTION OF TRAIL CLOSED

No, it hasn't happened yet but it could if the Kingston Club doesn't attract members who would volunteer to work on the Routes & Negotiating Committee. This is an important job which involves talking with landowners about passage of the Trail over private lands. Other responsibilities include proposing new routes for the trail, blazing the new trail and monitoring changes in existing trail sections.

If you feel somewhat intimidated by the tasks involved, let us reassure you. First, others will be available to pass along the experiences of past years' work; second, we are looking for the help of 8 or 9 persons so the work load won't be too great; third; we already have the help of a man whose work has involved land acquisition and negotiation; and fourth, the trail changes are seldom urgent matters so that there should be ample time to do what is required.

We really need you, so even if you are a little interested, why not call us to discuss it more. Jack Watkins, 389-4354.

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### SPRING TRAIL PROJECTS (KINGSTON)

The Kingston Club is planning several trail improvement projects this spring and really needs your help. Please give the project organizer a call if you would be interested in lending a hand. Remember - all work on the trail is by volunteers. If you enjoy using the trail why not enjoy the satisfaction of contributing toward its improvement?

Saturday  
April 8

A new trail section between Westport and Narrows Lock has been recently negotiated but not yet cut. The work involves removal of saplings, and trimming of foliage along the route, and will take the whole day. Give the project leader, Doug. Knapp, a call at 542-2039 if you would be interested in helping.

Saturday  
April 22

Catwalks to be constructed in the flooded area on the west side of Gould Lake. This involves carrying in the materials and construction of about 100 ft. of catwalk in an area which is flooded with up to 1 ft. of water each spring. This will be an all day effort, so bring a lunch and rubber boots. Call project leader, Jack Watkins, 389-4354.

Saturday  
May 6

The main trail just south of the Bath Road in Kingston was rerouted last winter to cross a small bay of the Little Cataraqui Creek. Now that the ice has gone, we need about 80m of catwalk quickly, before we lose too many hikers. If you would like to help, call Doug. Knapp at 542-2039.

Date to be set

Rideau Trail sign erection: The Kingston Club has constructed some very attractive wooden signs which are to be erected at roadsides where the Trail intersects to enable hikers to pick up the Trail more easily. Project leader Frank Blacharczyk, 389-4727.



Date to be set

The parking lot near Danby's house described on page 15 of the Winter 1977 issue has not been constructed yet. This project will not take much time - perhaps 3 hours - but we need someone such as a surveyor or civil engineer to be in charge of 1) the clearing of the land with one or two other people; 2) engaging a bulldozer operator 3) ordering the gravel base and supervising its spreading. If you have some expert knowledge in this field, would you please call to discuss the project with Doug. Knapp, 542-2039.

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SPRING MAINTENANCE OTTAWA RIDEAU TRAIL CLUB

Another work day will be held on April 29th, 1978. All individuals, family groups, scout troops, and outdoor clubs are welcome to take part. Small groups of 3 or 4 workers will be formed and allotted sections of the trail to paint and add markers, prune back trees and shrubs, pick up litter, etc.

Interested persons please call Ed Simpson 828-1679 for time and place of meeting. If another time would be more suitable for some members, possibly a future date could be arranged.



*Between  
Bullen Road  
and  
Elginburg Road*



## TRAIL REROUTING

(Editor's note: At the Nov. 26/77 meeting of the R.T.A. Board of Directors, a motion was passed to include in each Spring issue, a complete list of trail reroutings since the last revision of the maps. Therefore, following are the changes made to the Trail since Spring, 1976).

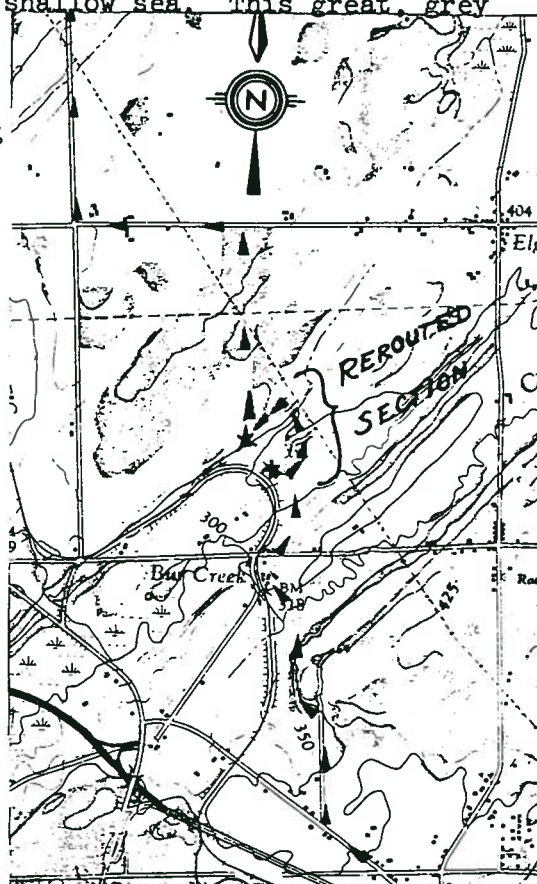
### MAP 11

The Trail now simply follows essentially the same route but is denied contact with the shore of Knowlton Lake.

### A MINOR REROUTING ON MAP 12: A VIEW AND A GEOLOGICAL SURPRISE

About two miles north of Hwy. 401 and just north of the ghost village of Bur Creek, a minor trail rerouting has been done to take advantage of two interesting features of the landscape.

In the general area that lies between Sydenham, 10 miles to the north, and Kingston, three miles south, the geological nature of the landscape is what is known as "limestone plain" (the "Napanee Plain", to be specific). Under a very shallow layer of soil there lies layer upon layer of limestone, built from sediments and tiny marine organisms on the bottom of an ancient, shallow sea. This great, grey blanket stretching across southern Ontario from Windsor to Ganagoque sits upon a far more ancient base of pinkish granite known as the Canadian Shield. Usually the granite is well covered, being buried beneath more than two hundred feet of limestone and shale in Toronto, for example. However, here and there, where rounded and weather-scarred hilltops of the ancient shield stood higher than their surroundings, the limestone covering was thinner and more easily ground away by repeated onslaughts of glaciers. Thus, throughout the huge limestone plain we find rare patches of the great shield protruding like islands through a sea of limestone. One such island lies beside the Trail at the south end of the short rerouting shown in the map to the right.



This rerouting also provides a delightful new view to the hiker. The northern quarter-mile section follows the northern-western edge of a shallow but very broad valley, and from this ridge a lovely panorama to the south-east is presented.

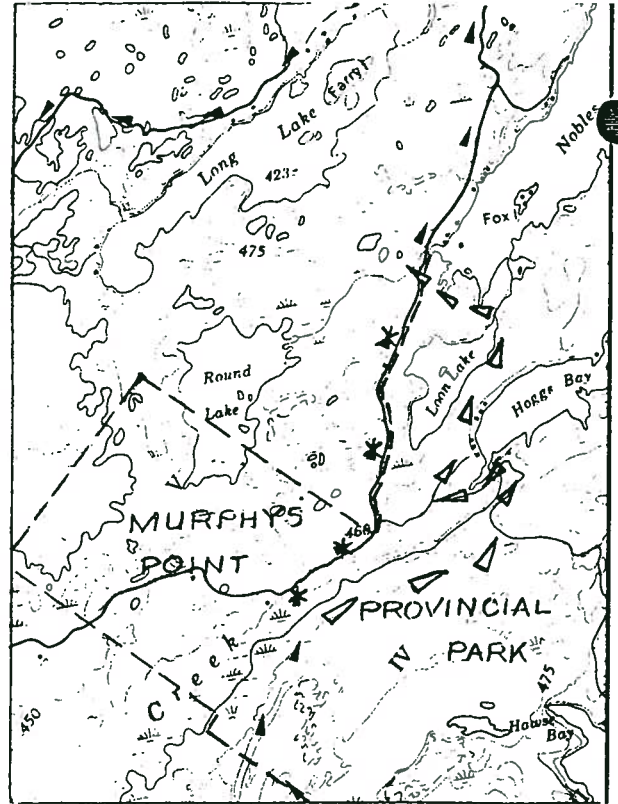
If you are looking for a delightful afternoon hike in the Kingston area, why not try this one? Park where the trail leaves Bullen Road (which runs north from Old Hwy. 38) and hike north to the Elginburg-Glenvale Road. Total distance (one way) is 4.3 km (2.7 miles). The numerous small springs, caves and streams, the "two-way" creek pictured on the previous page, as well as the interesting geology and excellent view described above will ensure an enjoyable hike. This whole stretch is also excellent for cross-country skiing!

### MAP 8

During the last three or four years the Ministry of Natural Resources has been developing its plans for Murphys Point Provincial Park on Rideau Lake between Perth and Westport, and the Rideau Trail has been obliged to temporarily skirt the Park along a road to the west of the Park. We are now delighted to announce that the trail has been returned to an interior location in this beautiful area.

The Ministry of Natural Resources is currently developing trails close to Hawse Bay, with hike-in campsites. These should be completed in 1978 and we shall then reroute our trail in this area to take advantage of their trails.

The rerouted section is shown with printed arrows "▲" in the map excerpt and the former route is indicated by "X" across each triangle. We recommend that you copy this change into your own copy of Map 8.



### KINGSTON END, MAP 12

In Kingston, the trail formerly headed northward through field and forest from its terminus at Lake Ontario until it crossed the railroad tracks at km 1.9 and emerged into an apartment building parking lot at km 2.1. The next 0.6 km followed the private drive of this apartment building and then Queen Mary Road until it crossed the Bath Road (Highway 33) and reentered fields and woods.

We are pleased to announce that this 0.6 km of road has now been eliminated. At km 1.9, instead of crossing the track and heading toward Queen Mary Road, the trail proceeds north, crossing a wide and deep section of Green Creek (a tributary of the Little Cataraqui) by the railway track for the present. By next spring, however, we expect to eliminate the track with 100 m of catwalk and bridge. North of Green Creek the trail continues northward parallelling the little Cataraqui until it meets the Bath Road just east of the Creek. One of our new, routed signs has been installed here so no one should have trouble finding the trail at this point. From here northward the trail is unchanged except that hikers will now have to head to the east along the Bath Road for about 0.2 km to pick up the trail opposite Queen Mary Road. (A new routed sign has also been installed at this intersection).

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### LIFE MEMBERSHIP - NEW R.T.A. POLICY

Anyone who donates \$150.00 or more to the Rideau Trail Association becomes a patron of the Association and will have life membership. (See category on application form).

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## THE FEDERATION OF ONTARIO HIKING TRAIL ASSOCIATIONS

This Federation is yours. As a member of the Rideau Trail Association, it represents you and approximately 10,000 other members of hiking trail associations throughout Ontario.

Back in 1974 the R.T.A. Board of directors discussed the need for such a Federation and agreed to initiate its creation. As sometimes happens, however, when the time is right for a particular idea it occurs simultaneously in different places. So it happened that before our initial "feelers" were sent out to the other hiking trail associations we were recipients of a similar "feeler" initiated by the Guelph Trail Club. Our response was positive, and along with nine other associations created the Federation of Ontario Hiking Trail Associations (F.O.H.T.A.).

Each member association was to have two representatives to attend and vote on issues raised at the bimonthly F.O.H.T.A. meetings held in Toronto. However, for associations such as ours, Toronto is a long way off and we have consistently been the only F.O.H.T.A. member with one representative, Doug. Knapp. The directors of F.O.H.T.A. recognize the distance problem, and have initiated action to vastly increase its financial base so that air travel expense from Ottawa and Sault St. Marie can be covered for representatives of the R.T.A. and the Voyageur Trail Association respectively.

### What Does F.O.H.T.A. Do?

Many things! Primarily it provides a strong, united voice for hikers in telling the Government of our frustrations, worries and needs.

Secondly, it provides an identity to which the Government can speak when it wants to know things relevant to our interest. For example, a request for financial support for a proposed hiking trail was presented to the Government by an individual not associated with F.O.H.T.A. The Government then informed F.O.H.T.A. of the proposal and solicited its reaction and recommendations which it subsequently adopted as its own position.

Thirdly, F.O.H.T.A. provides a useful agency to coordinate and guide trail construction activities throughout the Province. A network of intersecting long distance trails is currently envisaged as a desirable future objective. By providing a vehicle for continuous communication amongst all Ontario trail associations, future developments should be located in areas of greatest usefulness, completely avoiding duplication or overlap.

In addition, the Federation seeks to actively promote both hiking and an ethic of environmental conservation. Its efforts in the former are evident in its annual sponsorship of Ontario Hiking Day. Toward the latter, educational programmes are being considered, to be implemented eventually through cooperation with the Ontario Ministry of Education.

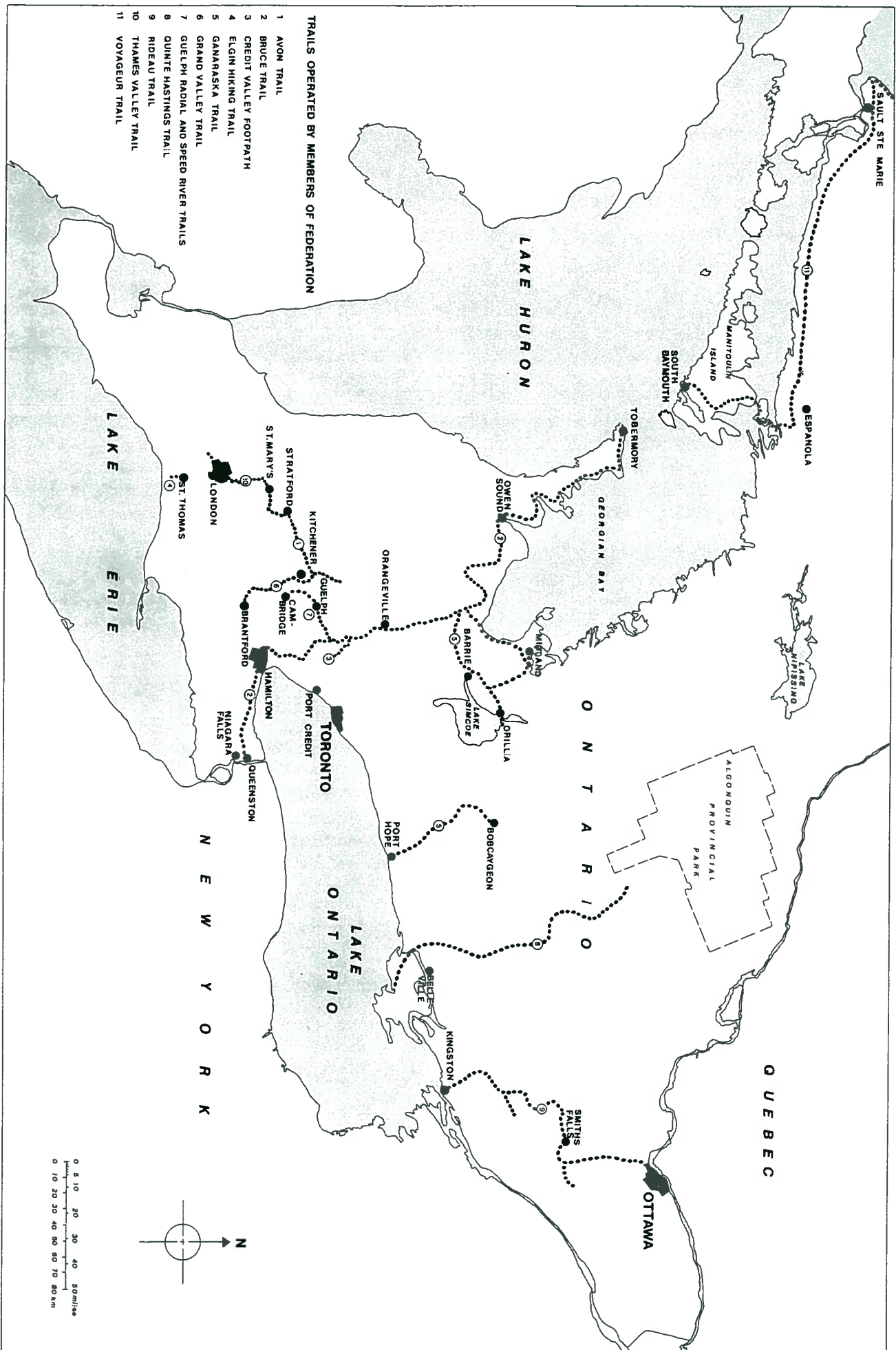
Although it is not the intention of this article to solicit an additional F.O.H.T.A. representative for the R.T.A., it is an obvious opportunity to do so. If you are interested, please inform Doug. Knapp at 542-2039 (Kingston). F.O.H.T.A. meetings are held in Toronto at intervals of about ten weeks. Transportation costs are borne by the Federation. The meetings are either on Saturday or Sunday, starting at 10:00 A.M. and lasting until about 1:30.

F.O.H.T.A. has produced a "Flyer", explaining its function and membership. Parts of this are reproduced on the next two pages.

Doug. Knapp

| DATA SHEET ON MEMBER TRAILS                                                                                                   |                                                                                                                                                                |                                              |
|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|
| Name of Club or Association                                                                                                   | Route of Trail                                                                                                                                                 | Length of Trail in Miles<br>Open for Walking |
| Avon Trail Association<br>Box 384,<br>Stratford, Ont. N5A 4A0                                                                 | St. Mary's to Conestogo, via Stratford                                                                                                                         | 40                                           |
| Bruce Trail Association<br>33 Hardale Cres.<br>Hamilton, Ont. L8T 1X7                                                         | Niagara to Tobermory at the top of the Bruce Peninsula,<br>along the Niagara Escarpment                                                                        | 430                                          |
| Credit Valley Footpath Club<br>67 Wanita Rd.<br>Port Credit, Ont. L5G 1B5                                                     | Port Credit to Terra Cotta, along the Credit River                                                                                                             | 15                                           |
| Elgin Hiking Trail Club<br>Box 11<br>St. Thomas, Ont. N5P 3T5                                                                 | St. Thomas area                                                                                                                                                | 10                                           |
| Ganaraska Trail Association<br>Box 1136<br>Barrie, Ont. L4M 5E2                                                               | Port Hope to Glen Huron, near Collingwood via the<br>Kawartha Lakes and Huronia resort areas                                                                   | 120                                          |
| Grand Valley Trails Association<br>Box 1233<br>Kitchener, Ont. N2G 4G8                                                        | Orangeville to Lake Erie, along the Grand River via<br>Elora, Kitchener, Cambridge, Paris and Brantford                                                        | 70                                           |
| Guelph Trail Club<br>Box 1<br>Guelph, Ont. N1H 6J6                                                                            | Cambridge (Preston) to Guelph (Speed River Trail)<br>Guelph to Limehouse (Guelph Radial Trail)                                                                 | 35                                           |
| Quinte-Hastings Recreational Trail<br>Association<br>RR No. 7, Box 16,<br>Belleville, Ont. K8N 4Z7                            | Outlet Beach Prov. Park, Prince Edward County to Lake<br>St. Peter at north end of Hastings County, via Glen Miller,<br>Madoc, Eldorado, L'Amable and Maynooth | 235                                          |
| Rideau Trail Association<br>Box 15<br>Kingston, Ont. K7L 4V6                                                                  | Main trail: Kingston to Ottawa via Rideau Lakes area;<br>plus side trails                                                                                      | 247                                          |
| Thames Valley Trail Association<br>403 Lansing Ave.<br>London, Ont. N6K 2J2                                                   | Byron to St. Mary's, via London along Thames River                                                                                                             | 35                                           |
| Voyageur Trail Association<br>Box 66<br>Sault Ste. Marie, Ont. P6A 5L2                                                        | South Baymouth on Manitoulin Island, to Sault Ste.<br>Marie via Blind River and Espanola                                                                       | 60                                           |
| Contact the above addresses to find out the rates of membership, availability of maps of trail sections open for hiking, etc. |                                                                                                                                                                |                                              |
| March 1977                                                                                                                    |                                                                                                                                                                |                                              |





OTTAWA CLUB CALENDAR OF EVENTS

All members and friends are invited to take part in the following club activities. Mark these dates on your calendar now! Unless otherwise stated, hikers will meet at the West End Shoppers City (corner of Baseline Road and Woodroffe Ave., meet near the car wash) at the time specified. If you wish further details, or have ideas for future activities, please contact members of the Club Executive - Social Convenor, Dorice Joyce 728-8848; Secretary, Sandra Winter 233-0981; Publicity, Eileen Evans, 741-0789.

- |                      |                                                                                                                                                                                                                                                                                                                                                                                 |
|----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Saturday<br>March 11 | A cross-country ski or snowshoe outing in the Concession 4 area (map 4). Ski north towards the North Gower Road, cross the road and ski into the Rideau Trail Lot, where we will stop for lunch. The return trip is approximately 16 km (10 miles). Bring your lunch (roastable food, if you wish) and meet at W.E.S.C. at 9:00 A.M. After this one, it will be back to hiking! |
| Tuesday<br>April 11  | A workshop on topographical map reading at Nepean Public Library, Merivale Road Branch, 1541 Merivale Road at 7:30 P.M. This workshop is designed to help you use your Rideau Trail maps more effectively. There will be no excuses accepted for anyone lost on the Trail in future! Refreshments will be served.                                                               |
| Sunday<br>May 7      | This is a hike of geological interest, the exact location of which is to be determined later, which should be particularly attractive to all those interested in rock formations, minerals and fossils. Meet at W.E.S.C. at 9:30 A.M. Bring a lunch and a bag for samples, if you wish.                                                                                         |
| Saturday<br>May 24   | The Ottawa Rideau Trail Club Annual Meeting and interpretive hike. Meet at the Interpretive Centre, Baxter Conservation Area, near Kars, at 10:00 A.M. Mark this date down now and watch for flier with further details.                                                                                                                                                        |
| Saturday<br>June 10  | A spring hike into the Carleton Forest area, on a very attractive part of the trail through mostly woods and forests. (Maps 3 & 4) Hike a distance of 4 to 6 miles and use the knowledge gained at the map reading workshop. Meet at W.E.S.C. at 9:30 A.M. and bring a lunch.                                                                                                   |

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THE WOOD

I often go to the wood -  
A place where  
    I  
      am  
      alone  
Giving me time to think among the  
  musty, earthy, scents of the trees.  
On the ground, a carpet of mossy velvet  
  Bringing needed softness to my weary feet.

The cool forest breeze sweeps my face  
And I drink  
    from the cup  
      of silence.  
In the distance, birds chatter.  
After many hours, I feel renewed, refreshed  
Possessing a deep inner peace.  
I'm ready to face the world again.

Mariam Smith  
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KINGSTON CLUB CALENDAR OF EVENTS

All K.R.T.C. events are listed in the Friday Night column of the Whig-Standard on the Friday before the day on which they are scheduled.

- Sunday  
March 19      Ski tour to ski cabin at Slide Lake and surrounding area. Meet at 9:30 A.M. at Simpsons, North door. Bring a lunch. Contact Arne Henrikson 544-0465.
- Saturday  
April 15      The 13 km loop around Slide Lake in rugged Frontenac Park is one of our perennially most-popular and spectacular hikes. Bring a lunch, stout shoes, your camera, and be prepared for a delightful five or six hour walk. Participants are asked to meet at 9:00 A.M. at the north entrance to Simpsons in the Kingston shopping centre. Hike leader, Dennis Halsall can be reached at 546-7158.
- Saturday  
April 22      An afternoon hike on the Rideau Trail in the Lake Opinicon area. Meet at Simpsons, North door at 1:00 P.M. to coordinate transportation. Contact leader Frank Blacharczyk, 389-4727.
- Saturday  
April 29      Kingston R.T. Club Annual General meeting. See description, page 4.
- Sunday  
May 7      Hike at Gould Lake (West side).  
Frog Junction, steep bluffs (complete with ropes attached to trees to aid ascent/descent), a section of trail undeveloped and inaccessible by road and excellent views of Gould Lake are some of the features of this rugged section of trail. Plan on hiking 3 or 4 hours and bring a lunch. Some of the terrain may be quite wet. Leader will meet you at Simpsons, North door at 9:00 A.M. and at Gould Lake barn 1 hour later. Call Jack Watkins, 389-4354.
- Sunday  
May 14      Bullen Road to Elginburg Road (approximately 10 km return).  
Take your family hiking on Mothers' Day to an area close to town and of interest to all hikers. A spring, man-made water channel cut through limestone, an old dam, an old stone foundation and limestone caves and sinkholes are some of the interesting aspects of this Trail section. Meet at Simpsons, North door at 2:00 P.M. Leader, Kathy Cutts, 542-5414.



"THE TRAIL WILL CERTAINLY GET YOU INTO SOME INTERESTING WOODS WHICH THE OLD ROADS DO NOT."



WHO ARE THEY?

(Editor's note: Following up requests and suggestions made by members who responded to the questionnaire on the R.T.A. Newsletter last Spring, this issue includes a picture of the K.R.T.C. Executive with a brief biography of the people currently doing all the work of the Club).

Norm McLeod has a B. Comm. degree and works as a controller in a wholesale hardware company in Kingston. He has been active in the R.T.A. since its inception, as a Kingston rep. to the R.T.A., as current secretary of the R.T.A. and as a former chairman of the K.R.T.C. He is married, has 4 children and 3 grandchildren. Norm's main hobby is photography and he serves the R.T.A. well as our unofficial photographer.

Marion Watkins has been publicity co-ordinator of the K.R.T.C. and Newsletter editor since November 1975. Marion is a Librarian working part-time for the Frontenac County Public Library. Her interests include hiking, cross-country skiing, skating and sewing.

Frank Blacharczyk graduated from Cambrian College in North Bay and now works as a letter carrier in Kingston. He has been vice-chairman of the K.R.T.C. for one year. Frank enjoys wildlife, his main interest being the true timber wolf. He spends his spare time hiking and snowshoeing.

Patti Blacharczyk has been secretary of the K.R.T.C. for one year. She and Frank have 2 girls, aged 9 years and 1 year. Patti enjoys hiking and snowshoeing.

Arne Henrikson has been a member of the R.T.A. for 6 years. During that time he shared with his wife Helen the position of membership secretary for the Association for 1 year and for 3 years has been a Kingston rep. to the R.T.A. Board of directors. Arne maintains the Mine Loop-Point Spur side Trail in the Gould Lake Area. On the Faculty of Queen's University, Physics Department, Arne is interested in hiking, cross-country skiing, fishing and hunting.

Jane Knapp is a housewife and mother of five children. She has been treasurer of K.R.T.C. since Jan. 1976. Her hobbies include hiking, cross-country skiing, crafts, cooking and typing Rideau Trail briefs.

Doug. Knapp, a physics teacher at Sydenham High School, was one of the originators of the Rideau Trail in February 1971. He has held several executive positions on both the R.T.A. and the K.R.T.C. including President of the R.T.A. 1973-1976 and Maintenance Co-ordinator, 1971-1978. His hobbies include music, photography, sailing, hiking, cross-country skiing and Rideau Trail.

Jack Watkins is the current chairman of the K.R.T.C., a position he has held since January 1976. His responsibilities include chairing club executive meetings which are held about 6 to 8 times annually. He also is one of several club representatives on the R.T.A. Besides leading several club hikes, Jack also maintains the section of trail which goes from Gould Lake (west side) to the Desert Lake Road. For his daily bread Jack works as the director of the Family Counselling Service of Kingston. He is married and has two "sometimes interested in hiking", girls, aged 12 and 9.

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In the photograph following, the members of the K.R.T.C. are left to right, Norm McLeod, Marion Watkins, Frank Blacharczyk, Patti Blacharczyk, Arne Henrikson, Jane Knapp, Doug. Knapp. Kneeling, Jack Watkins.  
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—Norm McLeod

CORRIDOR PRESERVATION FUND PLEDGE FORM

I pledge to donate the sum of \_\_\_\_\_ to the Rideau Trail Corridor Preservation Fund to help preserve the Rideau Trail corridor from incompatible uses.

DATE \_\_\_\_\_ SIGNATURE \_\_\_\_\_

WITNESS \_\_\_\_\_ ADDRESS \_\_\_\_\_

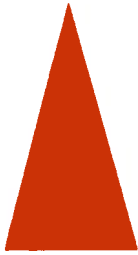
This can be sent to Corridor Preservation Fund, Rideau Trail Association, Box 15, Kingston, K7L 4V6. Donations of over \$5.00 will be acknowledged by an official receipt.

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FOR YOUR INFORMATION

The K.R.T.C. receives mailings from many companies or organizations whose products or programmes are of interest to hikers and naturalists. For example, the Sport Sewing Shop, 1659 Bayview Avenue, Suite 201, Toronto, Ontario M4G 3C1, specializes in sewing repairs to all types of outdoor wear and equipment and offer free advice for your sewing projects.

Lamothe Bros., Wilderness Living Experience, R.R. 2, Calumet Island, P.Q., Canada JOX 1J0 have an interesting and varied schedule of 1978 wilderness trips and courses. You could also have the opportunity of simulating a 24 hour survival situation in your own shelter and foraging for your own food. As a member of the R.T.A. you qualify for a 10 o/o reduction in the cost of a trip with Lamothe Bros.

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If undelivered, please return to:

Rideau Trail Association  
Box 15  
Kingston, Ontario  
K7L 4V6  
Canada



APPLICATION FOR MEMBERSHIP

Please check whether.... New membership\_\_\_\_\_or Renewal of membership\_\_\_\_\_

NAME(please print):\_\_\_\_\_

MAILING ADDRESS:\_\_\_\_\_

\_\_\_\_\_  
(Please include postal code.) Telephone:\_\_\_\_\_

I enclose \$\_\_\_\_\_to cover the following:

PATRONS \$150.00  
MEMBERSHIP FEE: \$5.00  
Senior Citizen: 3.00

|                             |       |
|-----------------------------|-------|
| (a) Membership fee          | _____ |
| (b) Plastic map kit(\$3.00) | _____ |
| (c) Crest (badge) (\$1.00)  | _____ |
| (d) Guidebook* (\$1.00)     | _____ |
| (e) Donation                | _____ |

Please make cheques or money orders payable to the "Rideau Trail Association"  
and mail remittance to Rideau Trail Association  
Post Office Box 15  
KINGSTON, Ontario  
K7L 4V6

\* This is a Kingston Areas Guidebook only.