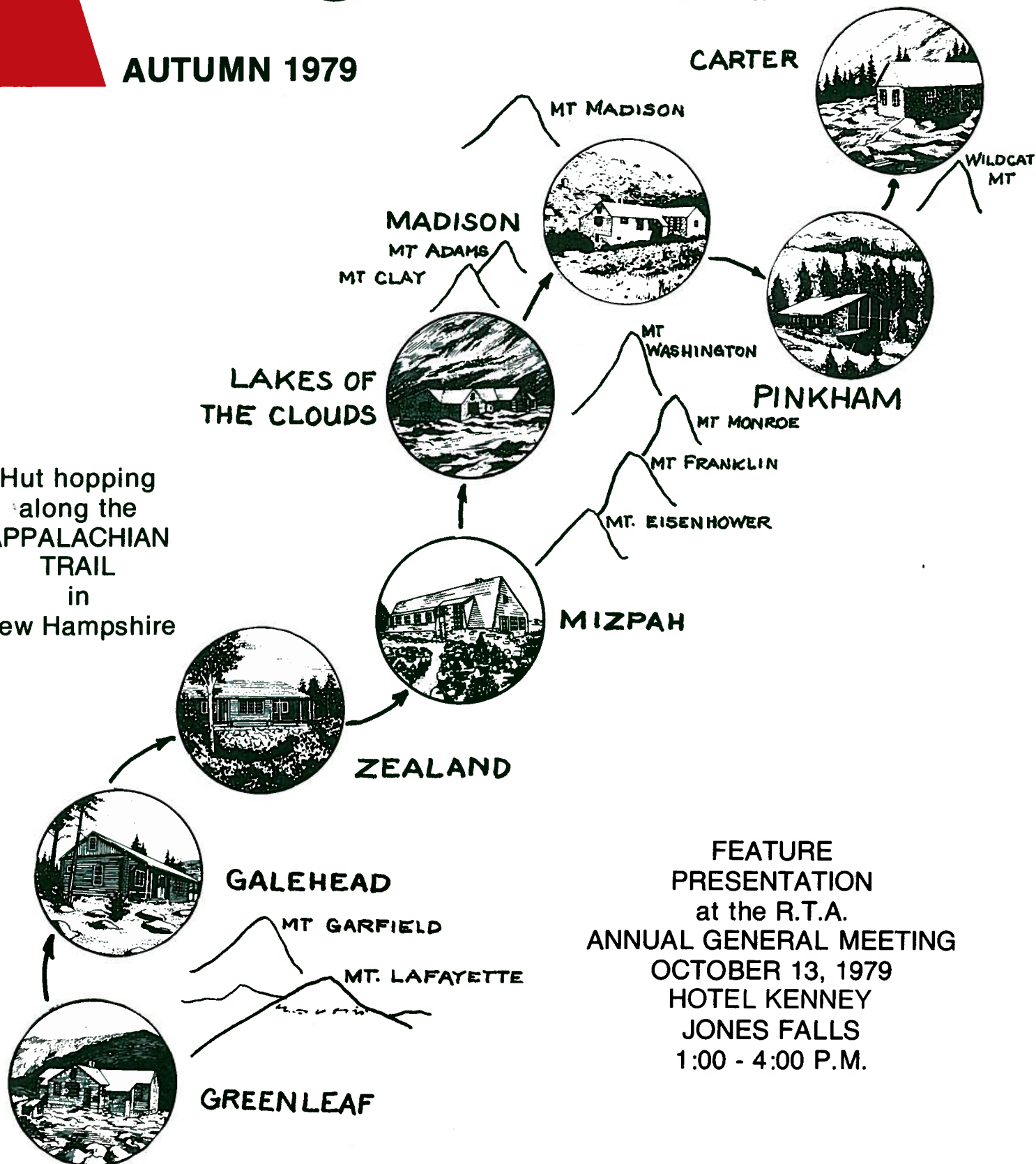


The Rideau Trail NEWSLETTER

Issue No. 33

AUTUMN 1979

Hut hopping
along the
APPALACHIAN
TRAIL
in
New Hampshire



FEATURE
PRESENTATION
at the R.T.A.
ANNUAL GENERAL MEETING
OCTOBER 13, 1979
HOTEL KENNEY
JONES FALLS
1:00 - 4:00 P.M.

The Rideau Trail Newsletter is published quarterly in December, March, June and September by the Rideau Trail Association. The Editor of this issue is Marion Watkins for the Kingston Rideau Trail Club; typed by Marie McCann. Submissions for the next Newsletter are welcome and should be sent by November 1 to the Ottawa Club Newsletter Editor, care of Publicity Chairman, Eileen Evans, 69 Mark Avenue, Apt. 8, Vanier, Ontario, K1L 6A6, Phone:741-0789

The Rideau Trail Association is a member of the Federation of Ontario Hiking Trail Associations.

Unless otherwise stated, the opinions expressed in items in this newsletter are not necessarily those of the Rideau Trail Association.

FIRST ONTARIO HIKING CONFERENCE AT PETERBOROUGH

Hikers will blaze a trail to Peterborough in the spring of 1980 for the first Ontario conference for hiking enthusiasts.

HIKE ONTARIO, May 16 to May 19 at Trent University, is sponsored by the Federation of Ontario Hiking Trail Associations. FOHTA is the coordinating body representing the Avon, Bruce, Elgin, Ganaraska, Grand Valley, Guelph, Quinte-Hastings, Rideau, Thames Valley and Voyageur trail associations and 30,000 individuals who built and regularly use Ontario's extensive hiking trail system.

Some 750 participants are expected to attend HIKE ONTARIO from Ontario, Quebec and the United States. Sporting specially designed T-shirts, buttons, and emblems, they will participate in a holiday weekend for hikers and their families which will include a 'get-acquainted' pioneer breakfast, a cook-out luncheon, entertainment, displays, tours, a young people's program and hikes.

Several workshops are planned for an interchange of information about all Ontario trails; to exchange experiences, and technical and educational information for the improvement of hiking trails and programs. The Conference will also provide a forum for identifying and discussing problems facing Ontario trails. Group sessions will allow participants an opportunity to discuss how they can influence government decisions relating to hiking trails.

Mr. Justice Thomas Berger, who headed the historic MacKenzie Valley Pipeline inquiry, will be the guest speaker at Sunday's banquet.

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F.O.H.T.A. Award

Do you know anyone who has made an outstanding contribution to hiking in Ontario?

If so, why not nominate this person to be the first-ever recipient of the F.O.H.T.A. Award. The award will be presented at the HIKE ONTARIO! conference.

To nominate someone simply write a letter giving name, address and telephone number and the signatures of three nominators, plus a paragraph or two explaining why your nominee should be selected.

The selection will be made by a committee appointed by FOHTA.

The deadline for nominations is December 31, 1979.

Send nominations to HIKE ONTARIO, Box 422, Cambridge, Ontario, N1R 5V5.

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A SHORT HISTORY OF JONES FALLS

Jones Falls is part of an exciting story - of hard work, tragedy and triumph. It is part of the Rideau Canal system which was constructed between the years 1827 and 1832 under the supervision of Colonel John By. The canal's purpose was to provide an alternate navigation route from Kingston to Montreal, in case of an enemy blockade of the St. Lawrence.

Many of the workers were from the British regiments, the Royal Sappers and Miners. There were tragic accidents as a result of blasting operations; serious illness (swamp fever) and death resulted from working in the muddy swamps near Kingston, especially Cranberry Lake. Colonel By himself almost died of this malaria-like disease.

But finally the canal was completed, from Bytown (now Ottawa) to Kingston, a major feat of engineering skills and courageous hard work. Instead of a reward, Colonel By was accused of cheating the English government out of a considerable sum of money. He died in 1836, a lonely, disappointed man.

This year the Rideau Trail Association is having its annual general meeting at the historic and beautiful Jones Falls site. Come and join us on Saturday, October 13th at the Kenney Hotel. (see page 4).



The great dam at Jones Falls

CREDIT: Legget, Robert. Rideau Waterway - 1972.

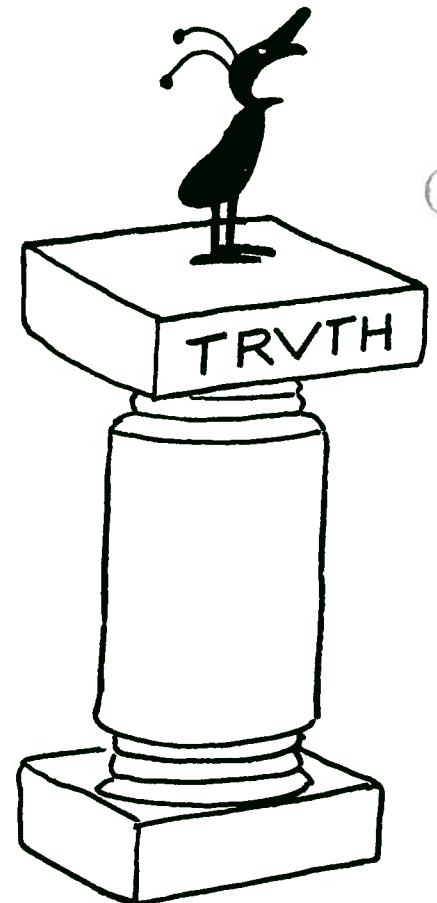
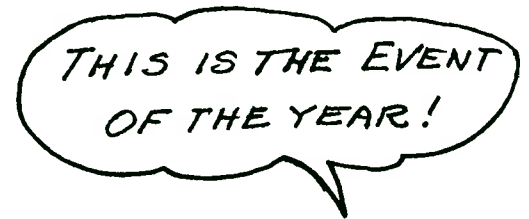
A BIRTHDAY PARTY for the COLONEL.

Exactly two hundred years ago (as of last August 10) one of Canada's typically unsung heroes was born in London, England, a son for Mary and George By. Although his "Bytown" has long since become the Nation's Capital, By's greatest engineering accomplishment, the Rideau Canal, remains in silent but eloquent testimony to his engineering genius. And of all the daring works on this canal, none exceeded the Jones Falls dam - the largest arch dam ever built up to that time.

Within a cannon-ball's flight of the great dam is the site of the RTA's eighth annual general meeting - in Hotel Kenney at Jones Falls. A programme has been put together which we are sure will appeal to everyone - from tiny tots to 102; so, mark the date on your calendar and come join us on October 13th.

PROGRAMME:

- Lunch in the dining room of Hotel Kenney (optional, \$3.25 - \$5.25. Dining room open from 12.30 - 1.30).
1.10 - 1.30 Meeting old friends, displays, Rideau Trail slides.
1.30 - 1.35 Welcome and Opening information.
1.35 - 2.05 Annual business meeting and separate children's programme of co-operative games.
2.05 - 2.50 Ut 'Opping in 'Igh 'Ampshire.
A slide hike of the high peaks of New Hampshire using the Appalachian Mountain Club's "hut" system. (see cover)
2.50 - 3.00 FOHTA report and an invitation to NIKE ONTARIO.
3.00 - 3.05 Concluding reports and adjournment.
3.05 - 4.30. Guided walk to the great dam and back (about 1 1/2 km)
6.00 - Dinner at Hotel Kenney (Optional, \$7.25 - \$9.00). Dining room open 6-8p.m.
Reservations are required in advance for lunch and dinner. Please call Hotel Kenney, 613-359-5500.
Coffee and soft drinks will be available at a nominal charge.



OTTAWA CLUB CALENDAR OF EVENTS

All members and friends are invited to take part in the following club activities. Mark the dates on your calendar now! Unless otherwise stated, hikers will meet at the West End Shoppers City (corner of Baseline Road and Woodroffe Avenue; meet near the Woodroffe Avenue exit) at the time specified. If you wish further details, please contact members of the Club Executive - Social Convenor, Dorice Joyce, 829-9130; Sandra Winter, 749-4264; Publicity, Eileen Evans, 741-0789.

PLEASE BE ON TIME! Outings will leave promptly at the time specified.

Sunday,
September 9 A hike on one of the most spectacular, though fairly hilly and rugged, sections of the Trail, in the Gould Lake area (Map 11). Meet at the barn at Gould Lake at 10.30 a.m. For those interested in camping overnight before the hike, there is a public campground at the south end of the lake (tent, trailer). There is also excellent canoeing and swimming, so bring your canoe, if you wish, as well as your own food.

Sunday
September 30 **ONTARIO HIKING DAY** -- the day all good hikers get out and get hiking! Our hike,, which probably will be in the Westport area, will be led by the same knowledgeable geologist who has taken the previous hikes. Any-one who has been out with Bob Stevens before won't want to miss this. Meet at W.E.S.C. at 9.00 a.m. and bring lunch.

Saturday
October 13 Rideau Trail Association Annual General Meeting. Details are given on Page 4 of this issue. If you want to know what's going on in the Association you should come out to the general meeting. Let's get a good representation from Ottawa this year.

Saturday
October 20 Joint hike with the Ottawa Field Naturalists' Club at the Skycroft Family Camps and Outdoor Centre on Lake Opinicon. (Map 9). This is a beautiful section of the Trail. Meet at W.E.S.C. at 8.45 a.m. Kingston and Central Area Members will be most welcome and should meet the Ottawa group at the barn at the Centre at 10.45 to 11.00am. We may also be joined by the Rideau Crafts Association, Wild Plants Study Group. If anyone wishes to stay overnight, campsites are available at a small charge. There are rowboats and canoes included, heated barn and campfire site. Bring lunch for the day hike and all food and equipment if you plan to stay overnight.

Sunday
November 4 The last hike of the season, along the Earth Star Loop, (Map 4) in the Regional Forest. Hike from 3.6 km to 14.6 km. through cedar bush, deciduous woods and open country. Meet at W.E.S.C. at 9.30am and bring lunch.

Tuesday
November 20 Cross-country ski workshop, conducted by Dick Abbott, in the meeting room, Nepean Public Library, Main Branch, 1541 Merivale Road, at 7.30 p.m. Dick is a certified Canadian Ski Association touring instructor and his talk is sure to be most informative and interesting to both novice and experienced skiers. Come and learn the finer points of cross-country skiing in good time for the winter season.

Saturday

January 5

Cross-country ski and snowshoe outing on the Old Schoolhouse Loop. (Map 4.) It is a very pleasant trail through varied country with the added attraction of lunch around the stove in the Old Schoolhouse. Meet at W.E.S.C. at 9.30 a.m. and bring a lunch.

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PUBLIC LAND ALONG THE RIDEAU TRAIL

The following article intends to provide a comprehensive guide to the activities and facilities of interest to backpackers in the public areas to which the Trail gives access. All of the information has been recently verified by the authorities involved.

RIDEAU CANAL LOCKS According to policy, only boaters may camp here and hikers are not recognized users. However, camping is available and the lockmasters have proved agreeable. Drinking water and washrooms are to be had in the lockmaster's building. Good fishing is on your doorstep. Contact: Rideau Canal Office, 12 Maple Ave. N., Smiths Falls K7A 1Z5.

FRONTENAC PROVINCIAL PARK. Camping is not allowed here because in provincial parks you may camp only at established sites and there are none as yet. Literature suggests that only portable stoves be used. Pike, bass, and lake and brook trout are the commonest fish. Contact : Ministry of Natural Resources, 1 Richmond Blvd. Napanee, K7R 3S3.

MURPHY'S POINT P.P. The peninsula between Hoggs and Nobles Bays has been developed for recreationists. The extensive facilities include camping, beaches, DW, washrooms, firewood for sale, swimming, picnic areas and hiking trails. As you know, the Trail was recently rerouted around Loon Lake to take advantage of this area. Fishing is said to be A-1 in Big Rideau Lake and surrounding waters. Contact: Murphy's Point Prov. Pk., R.R.#5, Perth, Ontario. K7H 3C7.

LIMERICK FOREST & G. HOWARD FERGUSON FOREST STATION: Neither permits camping or campfires but both have picnic areas and water. There is, however, a campground directly north of the Hanlan's Hollow picnic site in the Forest, and Rideau River Provincial Park lies just across the river from the Forest Station. Eight nature trails wind through the Station. Contact: Ministry of Natural Resources, 101 Water St., Brockville, K6V 5Y8.

RIDEAU RIVER PROVINCIAL PARK. This park features 188 campsites, swimming, water, washrooms and fishing in the Rideau River for pike, perch and bass. Contact: Ministry of Natural Resources, Ramsayville, Ontario. KOA 2Y0.

OTTAWA-CARLETON FOREST There are many more tracts of land in this area managed by the Ministry of Natural Resources, on which many activities are allowed, than our Trail maps indicate. You should obtain one of the guides to these tracts and add them to your No. 4 map. Camping and fires are not allowed. DW sources back in the bush are indicated on the map and be sure to use our property and its facilities. Nichol's Creek, a river at this point, could prove worth wetting a lure in. Most of you know that this area is slated to become conservation land and be preserved from development. Contact: Ramsayville, as above.

THE CONSERVATION CENTRE: (Formerly Ottawa-Carleton Conservation Centre) Due to the nature of this area, camping, fires, berry-picking and the like are out. Drinking

water from wells is available in this area. Contact: National Capital Commission, 828-3620.

Mike Cuddihey (Mike lives in Nepean. He has been a member since 1974.)

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KINGSTON CLUB CALENDAR OF EVENTS

All members and friends are invited to participate in the following events and work parties. Mark these dates on your calendar now. Events are sometimes cancelled because of bad weather; so, check the Friday Night column of the Whig-Standard on the Friday before each planned event.

SATURDAY
September 15 Come and join us for an enjoyable hike with beautiful views around Gould Lake. Bring lunch and drinking water; wear sturdy shoes for climbing. There are some difficult, strenuous sections. Meet at Sears North door in the Kingston Shopping Centre at 8.30 A.M. to co-ordinate rides to the barn at Gould Lake. Hike leader: Jack Watkins, 389-4354.

SATURDAY
September 22 **WORK PARTY** - Meet at 9.30 A.M. at the parking lot on the Perth Road beside the new trail into Slide Lake and Frontenac Park (about 4 km north of Perth Road village). New trail will be cleared and marked between the parking lot and the Opinicon Road. For information, contact John Harrison at 542-2970.

SUNDAY
September 30

ONTARIO HIKING DAY

The fifth annual! Is that some sort of milestone? Why not plan now to come out and enjoy the autumn woods at the peak of their beauty, and also bring along a few friends to introduce to this most ideal of recreational activities? The Kingston Rideau Trail Club has planned three hikes, all quite different, to appeal to all tastes and abilities.

Hike 1: Frontenac Park, magnificent, rugged region of bare granite knobs, pristine lakes and countless beaver ponds, is traversed by 20 km of spectacular Rideau Trail. Add to this another 3 km of access trail through equally wild country and you have an exciting challenge for the experienced hiker - 23km (14 miles) in one day.

Meet at 8.30 A.M. at the Rideau Trail parking lot where the Trail meets Perth Road about 4 km north of Perth Road Village. A bus (\$1.00 per person) will then transport hikers to the other side of the Park by about 9.00 A.M. Allowing 1 hour for lunch (don't forget to bring it!) we should arrive back at the cars about 5.00 p.m. Participants are requested to register prior to the hike with Doug or Jane Knapp at 542-2039.

Hike 2: A family hike in the Foley Mountain Conservation Area will be a leisurely one and one quarter hour hike from the lower parking lot, past the beach at Little Bay and up to the summit at "Spy Rock".

Bring a picnic lunch and enjoy the view of Westport and Upper Rideau Lake while eating. Return downhill to the lower parking lot after lunch. An easy trail for family groups. Meet at the North door of Simpson Sears at 10.00 A.M. or one hour later at the lower parking lot, Foley Mountain Conservation Area. Leader: David Smith, 548-3723.

Hike 3: Enjoy an easy and pleasant afternoon hike through fields and woods between Elginburg Road and Van Order Road. Approximately 10 km return. Meet at Sears North Door at 1.30 p.m. Contact Cathy Cutts, 542-5414.

SATURDAY
October 13

ANNUAL GENERAL MEETING - 'Ut 'Opping in 'Igh 'Ampshire.
See information on page 4.

SATURDAY
October 20

WORK PARTY - "Why they call these 'parties', I'll never know." Actually they are sort of fun, and they certainly give you a good positive feeling of accomplishing something worthwhile. This one is to upgrade our new eastern connection with Frontenac Park, from Perth Road to South Slide Junction. As anyone who skied it last winter knows, there is "some" (understatement of the year) need for curve straightening, grade smoothing and hill widening. Foreman is Doug Knapp. Call Doug at 542-2039 if you would like to join us for a day of hard work. In case of rain, the effort will be postponed to the following Saturday.

SUNDAY
October 28

Enjoy the fall colours of the woods in the Van Order to Orser Road area. Hikers meet at 1.30 P.M. at Sears North door. Contact, Cathy Cutts, 542-5414.

SATURDAY
November 10

OPINICON LOOP - This walk will cover part of the Opinicon Loop, leaving the Opinicon road near Upper Rock Lake and rejoining it near Skycroft. It should be a good chance to get scenic views with the leaves off the trees. Meet at 9.a.m. at Simpson-Sears north door. Hike leader is John Harrison, (542-2970).

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A REPORT OF ONE OF THOSE WORK PARTIES

On Sunday the 24th of June, a hard working party of seven put the west side of the Slide Lake Loop into good shape, clearing the abundant new overgrowth, removing a few trees felled by beavers, adding a few signs at strategic points and painting some signs on rocks. They sprayed some poison ivy which grows abundantly at a few points. There was absolutely no litter to clear. It's a beautiful hike!

The party consisted of Helen Mathers, Alistair Mathers, Juliet Milson, Bob Gordon, Joan Watts, Vic Clarke and Alex. Bryans.

HIKING BOOTS FOR SALE

After hearing about hut hopping in the Appalachian Mountains you will want to experience the mountains hiking with your family. We have available 2 pairs of children's ski boots, worn about 6 times, both size 4. Price \$6.00. Call 389-4354.

OTTAWA RIDEAU TRAIL CLUB

OFFICERS 1979 -80

CHAIRMAN

Vacant

ROUTES AND NEGOTIATIONS

Peter Andrews (Chairman)
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Ottawa, Ontario.
K2A 1A7 728-3016

Harry Bare
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Ottawa, Ontario
K2C 2H4 225-4535

Alex Macklin
377 Huron Ave.
Ottawa, Ontario
K1Y OW9 745-7259

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K2C 3A6 828-1679

Ted Jordan
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Ottawa, Ontario
K2G OL2 226-5638

Frank Scott
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Ottawa, Ontario
K2P 1S6 237-0757 (H)
997-5211 (O)

Bill Grant
43 Hobart Crescent
Ottawa, Ontario
K2H 5S3 820-0697

SECRETARY

Sandra Winter
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Ottawa, Ontario
K1K 1S8 749-4264

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K3H 7C8 828-6015

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820-2000 ext. 277 (O)

Eileen Evans
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Vanier, Ontario
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Boris Mather

ASSOCIATION LIAISON

Ted Jordan
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K2G OL2 825-1538

Rolly Hamilton
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K2C 3A6 828-3172

RIDEAU TRAIL LOT DEVELOPMENT

Shirley Simpson (Chairman)
1206 Placid
Ottawa, Ontario
K2C 3A6 828-1679

RIDEAU TRAIL LOT DEVELOPMENT (cont'd)

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465 Richmond Road, Apt 1004
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K2A 1Z1 722-2736

Rolly Hamilton
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K2C 3A6 828-3172

Dorice Joyce
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Nepean, Ontario
K2H 8V7 829-9130 (H)
820-2000 ext. 277 (O)

Ted LeSage
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Ottawa, Ontario
K3H 7C8 828-6015

Frank Scott
340 Metcalfe
Ottawa, Ontario
K2P 1S6 237-0757 (H)
997-5211 (O)

WINTER TRAIL DEVELOPMENT

Ray Billingham
1841 Illinois Ave
Ottawa, Ontario
K1H 6W5 731-6071

PHONING, ADDRESSING ENVELOPES

Judy Mason
1730 Harvest Crescent
Orleans, Ontario
K1C 1V1 824-8760



Rugged region near Slide Lake in Frontenac Park, described on page 7, Hike 1.

—Norm McLeod

CORRIDOR PRESERVATION FUND PLEDGE FORM

I pledge to donate the sum of _____ to the Rideau Trail Corridor Preservation Fund to help preserve the Rideau Trail corridor from incompatible uses.

Date _____

Signature _____

Witness _____

Address _____

This can be sent to Corridor Preservation Fund, Rideau Trail Association, Box 15, Kingston, K7L 4V6. Donations of over \$5.00 will be acknowledged by an official receipt.

OTTAWA RIDEAU TRAIL CLUB ANNUAL GENERAL MEETING

The annual general meeting of the Ottawa Rideau Trail Club was held on June 10, 1979, at the log cabin on the Rideau Trail Lot. This was one of the hottest days of the year which probably accounted for the smallish turnout. The business meeting, chaired by Ted Jordan, was followed by lunch and a hike back to the cars.

SOCIAL CONVENOR: There have been 15 outings this year, two of which were joint outings with other clubs - the National and Provincial Parks Association and the Ottawa Field Naturalists' Club. A film night and a slide presentation were also held.

ROUTES AND NEGOTIATIONS: The registration of the isocetes triangle as the Rideau Trail marker has been finalized, the link-up trail between the Old Schoolhouse Trail and the main trail has been completed and marked and letters of thanks have been sent to the Jock River area landowners. The erection of the sign at the start of the trail at the Mill Restaurant is still under negotiation, as is the trail rerouting in the Cedarview Drive area.

MAINTENANCE: The 155 km. of trail assigned to the Ottawa Club has been cleaned up with pruning of brush and painting of markers. Water samples taken at the pump in Concession 4, Rideau Township, now show the water safe for drinking.

LOT DEVELOPMENT: All construction of the cabin above the foundation has been completed. The well has been drilled and the pump installed. The Wintario Grant has been approved and two payments received. About 20 black walnut trees have been planted on the lot and the bird feeder has been kept filled all winter, using 475 pounds of seed.

WINTER TRAILS: Another 2.9 km of trail has been added to the Old Schoolhouse Trail, which now totals 11.7 km. A woodstove had been installed in the school for the winter with 2 picnic tables. 2 parking lots are kept clear of snow.

PUBLICITY: Mike Moran, the Ottawa editor of the Newsletter, has resigned and attempts are being made to find a replacement. The display at the annual Sportmen's Show was a great success and 26 memberships were sold at the show.

ASSOCIATION LIAISON: Due to Mike Moran's resignation, there is now an opening for an Ottawa representative to the Association meetings.



If undelivered, please return to:

**Rideau Trail Association
Box 15
Kingston, Ontario
K7L 4V6
Canada**

MEMBERSHIP RENEWAL

Please consult your membership card as to your renewal date. Use the form on the last page.

APPLICATION FOR MEMBERSHIP

Please check whether . . . New membership _____ or Renewal of membership _____

NAME (please print): _____

MAILING ADDRESS: _____

(Please include postal code) Telephone: _____

I enclose \$_____ to cover the following:

MEMBERSHIP FEE: \$ 5.00
SENIOR CITIZEN: \$ 3.00
PATRONS: \$150.00

- (a) Membership fee _____
- (b) Plastic map kit* (\$3.00) _____
- (c) Crest (badge) (\$1.00) _____
- (d) Guidebook** (\$1.00) _____
- (e) Donation (general) _____
- (f) Corridor Preservation Fund Donation _____

Please make cheques or money orders payable to the "Rideau Trail Association" and mail remittance to
Rideau Trail Association
Post Office Box 15
KINGSTON, Ontario
K7L 4V6

*Map kits are sold to members only.

**This is a Kingston Areas Guidebook only.