

The Rideau Trail NEWSLETTER

Issue No. 37



Autumn 1980

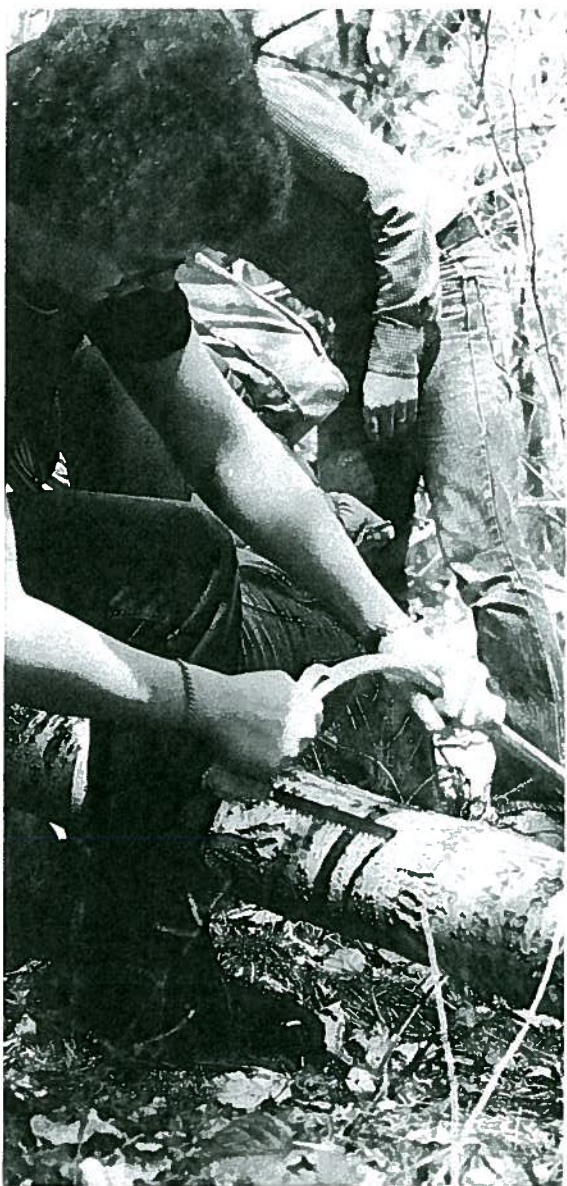


The Hiker

The Rideau Trail Newsletter is published quarterly in December, March, June and September by the Rideau Trail Association. The association is a member of the Federation of Ontario Hiking Trail Associations. The editor of this issue is Colin Wright for the Kingston Rideau Trail Club. Submissions for the next Newsletter are welcome and should be sent by Nov. 1, to Diana Brebner, 341 MacLaren St., Apt. 601, Ottawa, Ontario, K2P 2E2. Phone 236-8230.

Unless otherwise stated, the opinions expressed in items in this newsletter are not necessarily those of the Rideau Trail Association.

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-by Norm McCleod

Just a friend — *helping!*

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With a little help from our friends . . .

We need trail maintainers to adopt 'orphaned' sections of the trail in the central-southern region.

The pay? Simply the satisfaction and personal pride derived from keeping a section of the Rideau Trail clearly marked and well trimmed. The outdoor setting, esthetic pleasures and the physical effort involved can make this a most enjoyable activity.

The sections which need YOUR help are:

- ☐ From the bridge over the Tay River at Port Elmsley (Map 6) to the western boundary of Smiths Falls.
- ☐ From the southwest boundary of Rideau Lake Park (km 15) to the road junction at km 19.8. (Map 8)
- ☐ From the east limit of Perth to the trail junction with the road at the eastern side of the Tay Marsh. (Map 7. *Kingston to Ottawa measurement 25.7*)

Contact Doug Knapp for more information. 542-2039.

On Different Trails

While attending Hike Ontario at Peterborough in May we enjoyed walks on the Ganaraska and Quinte-Hastings Trails. These whetted our appetite to explore further afield. As we are not backpackers we chose to stay at a Vacation Farm for a week. We selected a dairy farm near Linwood, about 15 miles northwest of Kitchener.

Our hosts welcomed us warmly, the food was superb and the surroundings - amidst numerous Mennonite farms - was a far cry from the crowded city.

We had sent ahead for maps of the Guelph and Grand Valley Trails Associations and enjoyed pleasant walks and picnics on both of these trails. We managed to fit in a visit to see Henry V at The Stratford Festival and encountered the Avon Trail blazes near the theatre while walking along the river bank.

The small towns of St. Jacobs, Elmira and Elora (with its famous gorge) were well worth visiting. After a thoroughly enjoyable week we concluded it is a great way to combine our interest in hiking with some general sight-seeing.

Our hostess, Mrs. J. Roe (Anne), would be happy to send a brochure listing all the Ontario Vacation Farms. Her address is RR #3 Wallenstein NOB 2S0.

— by Cathy Cutts

Point of Interest

Shortly after my 'Public Land' article appeared in the Autumn, 1979 edition, I spoke with Peter Andrews, of the Ottawa Club, concerning the point that camping is only permitted at designated sites in provincial parks. Since there were no designated sites in Frontenac Park at the time (I don't know about now) no camping was possible there.

Peter said he, too, had received calls from a few people who had enjoyed camping in Frontenac, and who were understandably concerned.

I had to tell him that this policy had been quite clearly spelled out in a letter from the Napanee office of the Ministry of Natural resources.

It's important to realize why such a policy exists. Parks, set up with the intention of attracting visitors, sometimes do the job all too well and large numbers of people are concentrated in inordinately small areas. If camping were not restricted, then the kind of punishment inflicted on campsites would be experienced in every other part of a park. Not only would the beauty of the park be hurt, but so would solitude - something, I was told, the average park visitor wouldn't care for. With a rotating campsite system deserted camping areas rebound naturally and, when it is re-opened a site is a far more attractive place than would otherwise be possible. It's a good rule: Use it, but don't abuse it.

— by Mike Cuddihey

By The Way...

Eileen Thumm and Sylvia Wyatt, have recently assembled a 'Kingston Walk Book' of 10 separate walks within the city limits. Each walk is shown on a local map, ends where it began and where parking is available. Comments about sites and buildings en route are given opposite the directions for the trip. It is illustrated with black and white sketches and is now available at many local shops and museums in Kingston. Hikers who wish to do some 'urban touring' will find the guide helpful.



Interested in an overland hiking adventure in South America this year? Jiri Janecek, of Chicago, is forming a small, self-reliant group of hikers for extensive mountaineering, diving, overland and river expeditions in the Andes, Amazon and Pacific Coast regions of South America. If you're interested, write him at: 817 South Bishop Street, Chicago, Ill. 60607. U.S.A.

Kingston Club: Calendar of events

This year for our fall hiking program it has been decided to attempt to hike from the beginning of the trail at Elevator Bay in Kingston to just beyond Westport at Little Bay on Upper Rideau Lake. This is the area covered by maps 12, 11, 10, and 9. General descriptions for these areas are:

Map 12 - Limestone Plain

Map 11 - Woodlots to Wilderness

Map 10 - Purely Wilderness

Map 9 - Mills to Mountains

The hikes at the beginning of the season should provide some preparation in readiness for the more strenuous ones which follow. If the weather co-operates this plan will give members a unique opportunity to hike approximately 1/3 of the main trail including the most difficult section through Frontenac Park.

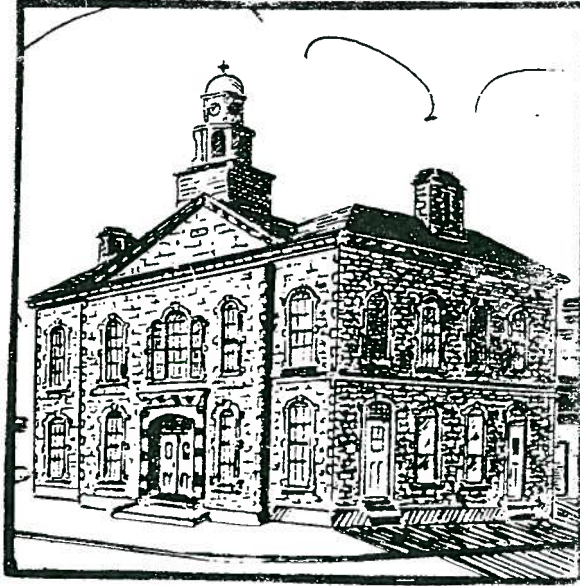
Are you ready for the challenge? Dubbin your hiking boots and mark the dates on your calendar.

- | | |
|-----------------------|---|
| Saturday,
Sept. 13 | Meet at the beginning of the Trail opposite Elevator Bay (immediately west of Cataraqui Golf Course, north side of King St.) at 9:30 a.m. The hike will parallel the little Cataraqui Creek for 8.0 km, through marshlands, woods, and the magnificent trees of Cataraqui Cemetery. Hikers can lunch at one of the Bath Road fast-food restaurants, enjoy a picnic lunch along the way or just head back to Elevator Bay without a lunch stop. The hike leader is Mike Knapp at 542-2039. |
| Sunday,
Sept. 21 | Continuing from last week the hike will cover km 8.0 to km 15.3 north from the intersection of Highway 401 and Sydenham Road to Elginburg Road. This area has some interesting geological features. Meet at Sears north door at 2 p.m. to co-ordinate transportation. Total distance is approximately 14 km. The hike leader is Cathy Cutts at 542-5414. |
| Saturday,
Sept. 27 | Elginburg Road to Orser Road is a pleasant varied section including a beaver pond, small marshes and woodlots. Maybe there will be some fall colours to enjoy. Bring a lunch and meet at Sears north door at 11 a.m. to co-ordinate transportation. The total distance is approximately 5.5 km. Contact Cathy Cutts at 542-5414. |
| Sunday,
Oct. 5 | <p>Ontario Hiking Day.</p> <p>A) Hike the Orser Road north to County Road 5 through woodlots, fields and unused road allowances. There is a scenic view into the valley of Millhaven Creek. A one way trek is approximately 6.5 km. Meet at Sears north door at 9:30 a.m. to co-ordinate transportation. Contact Emma Martin at 542-1594.</p> <p>B) Join Jim Gartenburg on the Mica Trail, along the east side of Gould Lake for a beautiful fall hike. Wear strong footwear, bring a lunch and meet Jim at Sears north door at 9:30 a.m. or at Gould Lake Barn at 10 a.m. Call 542-8942.</p> <p>C) Upper Rock Lake. Hike the Opinicon Loop from near Chaffey's Locks to Upper Rock Lake. This area has scenic lookouts, beaver dams, a large heronry, a cave and a disappearing stream. Wear strong footwear for this 13.8 km fall hike. Bring a lunch. Cars will be</p> |

left at Upper Rock Lake and a bus (fare of \$1.00) will transport hikers to the beginning of the walk. Meet at Sears north door at 9:30 a.m. or at Opinicon Road 2 km north of Perth Road Village at 10 a.m. Call 548-3723 or 542-5414.

- Saturday, Oct. 11 Enjoy the area from County Road 5 to Gould Lake Barn. The hike is 9.2 km one-way, through fields and woods and past beaver dams. The fall colours should be spectacular. Meet at Sears north door at 9:30 a.m. to co-ordinate transportation. Contact Emma Martin at 542-1594.
- Sunday, Oct. 19 Rideau Trail Association Annual General Meeting. See page 6.
- Saturday, Oct. 25 Hike from the west side of Gould Lake to Frontenac Park and return. This is a rugged and scenic section of the trail characterized by steep inclines and swampy valleys as well as panoramic views of Gould Lake. If weather permits some of the healthier types may wish to have a swim at the lunch break. Approximate distance is 12 km and the trip should take about five hours. Meet at Sears north door at 8:30 a.m. or at the Gould Lake barn one hour later. Contact Jack Watkins at 389-4354.
- Saturday and Sunday, Nov. 1 & 2 Try a backpack - overnight hike across Frontenac Park, with its spectacular and rugged terrain. Granite rocks, clear lakes and numerous beaver ponds are features of this challenging territory. Participants are requested to register with Arne Henrikson prior to the hike to arrange transportation. For information call Arne at 544-0465.
- Saturday, Nov. 8 Norm McLeod will lead this hike from Perth Road to upper Buck Lake, a distance of 10 km through woods and along country roads. Wear strong footwear, bring a lunch and meet at Sears north door at 9:30 a.m. to co-ordinate transportation. Contact Norm McLeod at 546-9440.
- Sunday, Nov. 16 The leaves will be off the trees for a pleasant walk with views of lakes and rocky outcroppings. Wear strong footwear and bring a lunch. Distance is approximately 10 km. Meet at Sears north door at 9:30 a.m. to co-ordinate transportation. Contact Norm McLeod at 546-9440.
- Saturday, Nov. 22 From the picturesque Village of Westport to beautifully restored Bedford Mill at the foot of Buttermilk Falls, enjoy a 13.2 km one-way hike with leader Doug Knapp. Hikers will meet at Bedford Mill at 9:45 a.m. where they will leave their cars and take a bus (fare \$1.00) to Westport. Bring a lunch and good walking shoes. For further information call Doug Knapp at 542-2039.
- Sunday, Nov. 30 Walk from Westport to Little Bay. This hike goes through Foley Mountain Conservation area and includes views of Upper Rideau Lake, the village of Westport and Westport Sand Lake. The rock is mainly red granite. Meet at Sears north door at 9:30 a.m. to co-ordinate transportation. Bring a lunch and wear strong footwear. Contact David Smith at 548-3723.

Rideau Trail Association Annual General Meeting



Perth Town Hall

Beautiful, historic Perth is the setting for this year's meeting. The "Village of Perth" was settled in 1816, with 20 houses and throughout the town there are many stone, brick and wood houses built prior to 1850 which are still standing. Perth is also the site of the last duel fought in Canada. This took place in 1833 and the grave of the unfortunate loser of that duel is marked by a stone in the cemetery near Last Duel Park. As well, Perth is the site of a large sign marking the Rideau Trail. This sign is located on the trail opposite the Town Hall and was unveiled by the Mayor of Perth in 1976.

A highlight of this year's meeting will be a trip to the Perth Wildlife Reserve. The reserve is a wildlife management area, with the goal of improving the habitat for wildlife.

The Annual General Meeting, apart from its main objective of transacting Association business, has proved, in recent years, to be a most enjoyable social occasion, supplying an opportunity to renew old friendships and make new ones. - So come out and join us on Oct. 19, 1980.

- Program: 10:30 a.m. Meet at Royal Canadian Legion Hall on Beckwith Street, which runs north and south - the second street east of Gore Street, near the Herriot Street intersection.
- 10:30
to
11:30 a.m. Annual business meeting.
There will be a separate program for children during the meeting, so bring your family.
- 11:30
to
1 p.m. Lunch. Bring your own lunch to eat inside or outside, depending on the weather. Hot and cold drinks will be provided. There are also several excellent restaurants in town.
- 1 p.m. Leave from Legion Hall for drive to Perth Wildlife Reserve.
- 1:15
to
4 p.m. Guided Tour of the Reserve by Carson Thompson, the Area Supervisor, and a slide presentation covering the area through the seasons. See you in Perth.

Ottawa Club: Calendar of events

All members and friends are invited to take part in the following activities. Mark the dates on your calendar now. Unless otherwise indicated, participants will meet at the West End Shoppers City (corner of Baseline Road and Woodroffe Avenue; meet near the Woodroffe Avenue exit) at the specified time. If you need further details please contact members of the Club Executive - Social Convenor, Dorice Joyce, 829-9130; Publicity, Eileen Evans, 741-0789 or Diana Brebner, 236-8230. Please be on time. Outings will leave promptly.

- | | |
|-------------------------|--|
| Sunday,
Sept. 21 | A hike to look for mushrooms, led by Diana Brebner, at G.H. Ferguson Forestry Station near Kemptville (Map 5a). This should be very interesting and informative and, since it is the first outing of the season, we should all be rarin' to go. Meet at W.E.S.C. at 9 a.m. and bring a lunch and a bag if you wish to collect specimens. |
| Sunday,
Oct. 5 | <p>Ontario Hiking Day. Come out hiking on this Sixth Annual Ontario Hiking Day. Two outings are planned.</p> <p>1) Frontenac Park offers splendid rugged scenery and a full day's strenuous hiking for the experienced hiker. Meet at W.E.S.C. at 8 a.m. sharp for a 2 hour drive to the Perth Road Village area. Hikers will then be transported by bus to the other side of the park (for a small charge). Bring sufficient food for two meals. We expect to be back at the cars by approximately 6 p.m. Interested hikers are asked to contact Dorice Joyce, 829-9130 or Eileen Evans, 741-0789 for further details and to pre-register for the bus. Please call by Friday, Oct. 3.</p> <p>2) If there are any members who would prefer a more leisurely hike closer to home, we will try to arrange one if enough people indicate interest. Please call Dorice Joyce or Eileen Evans, as above, if this is more to your taste.</p> |
| Sunday,
Oct. 19 | <p>Rideau Trail Association Annual General Meeting.</p> <p>Please refer to page 6 for special notice.</p> |
| Saturday,
Nov. 1 | <p>Third Annual Joint Outing with the Ottawa Field Naturalists' Club.</p> <p>This will be a hike into the Rideau Trail Club property to the cabin (Map 3 & 4). With luck, the fall leaves should still be on the trees, so come out and show our lot to the Field Naturalists. Meet at W.E.S.C. at 9:30 a.m. and bring a lunch - roastable food, if you wish, to cook on the stove or over the outdoor barbecue. This will be the last hike of the season so let's get a good turn out to make this joint event as enjoyable as it has been the last two years.</p> |
| Sunday,
Jan. 1, 1981 | <p>Cross-country ski and snowshoe outing on the Old School House Loop (Map 4) to start the cross country ski season. Hopefully the weather will co-operate better than it did last year. This area has pleasant trails through woods and open fields and you can warm up with lunch around the stove in the school house. Meet at W.E.S.C. at 9:30 a.m. and bring a lunch.</p> |

Touching the Clouds —

-By JOYCE and JOHN MAYHEW

My husband had never been hiking before - I had - including back-packing and out-back camping. We both felt we had passed the stage of carrying food, tent and sleeping bag on our backs so we were more than interested in Doug Knapp's informative slide presentation at the general meeting in 1979 about hiking in the White Mountains in New Hampshire, using the Appalachian Mountain Club huts.

A roof over one's head, blankets, dinner and breakfast seemed the ideal situation.

Cathy and Donald Cutts and John were enthusiastic companions in this adventure. Cathy and Donald are experienced hikers, although they had never carried heavy packs. John had not done

any hiking to speak of. So we both got up early a couple of mornings a week and trained as best we could at Lemoine Point, just west of Kingston, before breakfast! We made our reservations several weeks beforehand as requested.

I am a 'go light nut' so weighed our clothing to see what pair of pants were lighter than the other, settling on jogging pants (longs), used J-cloths instead of towels (or a cotton bandanna does as well), a plastic corn syrup bottle for water, and no p-j's (wow)! We had to take along trail lunches but were delighted with the final weight of the packs - mine 9 pounds, John's 18 pounds. He carried a camera for recording those wonderful views we were told we would see and some food I couldn't fit into my day pack.

The journey, via Lake Placid, Burlington, Montpelier to Gorham was very scenic. It was what we wanted - but long. With lunch and dinner stops, wait of 35 minutes for the ferry, it took us 12 hours! We came home via Burlington, Plattsburg and Cornwall, much quicker - 9 hours, including a dinner stop.

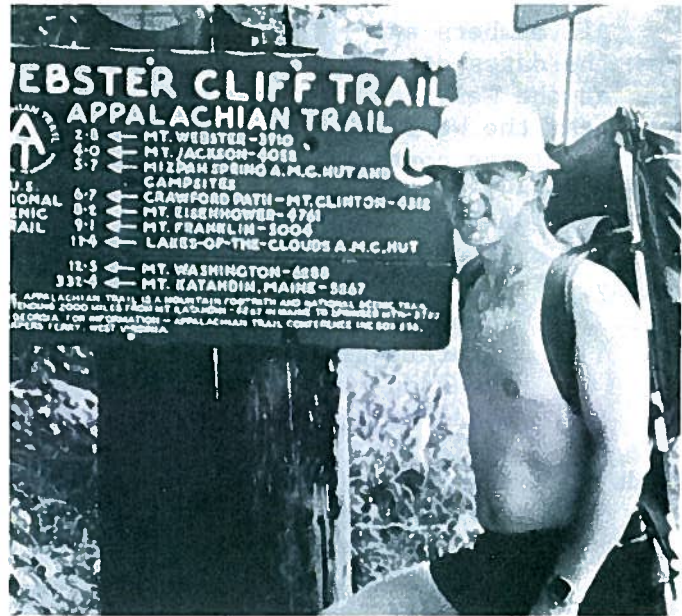
The hiking was great, quite strenuous at times, even though we had tried to ease ourselves into the higher hikes gently. We stayed at Pinkham Notch Friday night and drove round to Crawford Notch the next morning. We went up the Ethan Trail to Zealand hut - a delightful spot - with a splashing falls to cool off in, lots of atmosphere, good food, homemade bread, real egg omelettes, Boston cream pie and clean quarters. All the food is carried in by the hut crews.

The view from the porch at Zealand was simply lovely. It was a shame to go to bed but the day starts early - wake-up at 6:30 and breakfast at 7.

Next day it was off to Mizpah via the A-Z Trail, crossing the 302 highway and up the Crawford Path to the next hut, a climb all the way. Phew! John was a good beginner as he seemed to have little trouble; but he thought this particular day was a little boring because there were no views to speak of!

Mizpah is a large hut holding 60 people; not as enjoyable as Zealand to my mind, but still with a charming hut crew and good meals.

Our best day was hiking back down to the car again along the Webster Cliff Trail. We left at 8 a.m. and were soon enjoying fantastic scenery. The trail goes



John Mayhew ready to set out

from Pinkham Notch to Mt. Webster

to the top of Mount Jackson - we had thought this was magnificent until we suddenly came out of the trees on top of Mount Webster! "Wa-hoo", yelled John. It was breathtaking! We dragged ourselves away, down along the ridge with beautiful views on either side.

My poor knees! We met many hikers, school groups, families, slogging up. We were so thankful we had accidentally chosen this way to Mizpah, up Crawford and down Webster. (At this point I should mention that the Appalachian Club sells a good map of the area and for an extra \$2 or so it is worth asking them to send you one before planning any trip, as you can see the contours and tell which trail would be best for you. They also produce a handbook which gives descriptions of each trail.)

If we had thought the previous day's hike up to Mizpah was a slog, the Webster Cliff Trail made it seem easy! Ordinarily there would be no hurry, but we had to be down to leave for home around lunch time.

There was no relief on the downward slope. It was very rocky but with plenty of foot and hand-holds. There was a refreshing stream to cool our feet in at the very bottom. The Webster Trail came out opposite the Ethan Pond Trail, so we had come full circle. Looking up from the car park it was hard to imagine people up there on that cliff-like mountain. We left at 2 p.m.

A White Mountain National Forest booklet ends by saying "...you should emerge from your visit to the White Mountains National Forest refreshed in mind, a little tired in body, but definitely enthusiastic in spirit!"



Donald Cutts. Cathy Cutts. Joyce Mayhew



On the Webster Cliff Trail looking down into Pinkham Notch

Ottawa Rideau Trail Club Officers 1980/81

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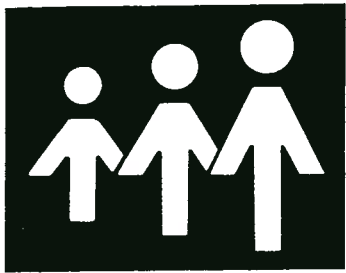
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FO.H.T.A. OUTLOOK

NUMBER 1 FALL 1980

THE FIRST FOHTA NEWSLETTER

This is the first edition of Outlook, also the first newsletter of the Federation of Ontario Hiking Trail Associations.

Outlook will cover the broad spectrum of issues affecting hiking in Ontario, rather than the more local concerns better handled by individual trail clubs in their own publications. However, Outlook is also meant to help hikers and others become more familiar with the Federation of Ontario Hiking Trail Associations, particularly with our involvement in hiking as a whole in Ontario.

This first issue is devoted entirely to a report on Hike Ontario!, the first provincial hiking conference, held May 16-19 at Trent University, Peterborough. More than 400 people met to discuss the major issues affecting hiking now and in the future.

At the first plenary session on May 17, a panel group included Mark Garscadden, Recreation Area Planner, Ontario Ministry of Natural Resources, Lyn MacMillan, President, Coalition on the Niagara Escarpment (CONE) and William Coates, Landscape Architect, former Chairman of the Ontario Trails Council. Originally, it was planned to have a keynote speaker from the Ontario Government as well. It appears that none of the officials approached were able to accept the invitation.

TRAILS AND THE GOVERNMENT

The panel session was chaired by FOHTA Secretary Henry Graupner. In his opening remarks, Mr. Graupner said:

"Whether we like it or not, whether we are asking for it or not, the government has shown that it wants to get into the whole trails situation. So what should the government be doing for trails?"

Taking this question as the theme, Mark Garscadden looked at what government can do, but also what hikers should be doing to encourage government action. He stressed co-operation between the user group and government.

"Government reaction is positive when the user group has a large number of people prepared to organize, many people directly involved in trail maintenance and management and has a well-reasoned and sustained argument that the interest of the group will benefit the province. Government in turn can provide beneficial legislation, develop policies favourable to hikers, co-ordinate activities of ministries to promote the interests of hikers and affix an official seal of approval and provide the moral support so necessary to volunteer organizations."

Mr. Garscadden said government may also provide financial support, though at the moment, spending is being constrained. "More cost effective methods of delivering trails are needed and volunteer work is an obvious answer."

Mr. Garscadden warned that government involvement in trails may not be that desirable.

"With government involvement, decisions become bureaucratized. Trails are frequently overplanned to textbook

specifications. And most important, users feel powerless to effect decisions concerning the trails they use; how they are managed and where they go. Government has difficulty gaining access to private land. Public trail clubs are much more effective since hiker/landowner relationships are frequently established on a neighbour-to-neighbour basis."

Second speaker was Lyn MacMillan who pointed out what she said was a lack of support from government for her organization during the past several years.

"Government has got to prepare the ground to remove any mistrust and antagonism and anger. Our trust in government has been severely shaken over the past two years. Through lack of their commitments we have seen lack of funding to buy land, we have seen cutbacks in planning areas without any amendment in the Legislature or any public hearing."

"What is the future of hiking in Ontario? Whatever we want, we have to ask for it and push for it. The future role of government *vis-a-vis* hikers must be a partnership."

Mrs. MacMillan refuted Mr. Garscadden's view on securing trails.

"Private initiative is not enough. There are too many legal hassles for trail users and groups."

But in order to get this help, Mrs. MacMillan said hikers must sell themselves.

"We need to have a good PR job done on hiking. We must have a code of ethics for hikers. We need money. You have to lobby successfully. The hiking trail clubs can plan the trail, fund raise for wardens. You can get more members, you can get volunteers, you can get public education going. You must educate the public and make hiking sound great."

The urgent, short-term goal for hikers, Mrs. MacMillan said, is support for the Bruce Trail.

"You can put your backs behind the Bruce Trail. If the Bruce Trail goes down the drain, you go down the drain. There will not be any hope for Ontario's trails if the Bruce Trail doesn't survive the present, difficult hearings of the plan on the Niagara Escarpment."

Final speaker was William Coates. Mr. Coates began with a review of the lack of action by government on the recommendations of the Ontario Trails Council. He pointed out the need for hikers to make a substantial impression on politicians.

"Politicians and civil servants are not necessarily rational. Government responds to pressure. It responds on a crisis-to-crisis basis."

Referring to a comment by Mr. Garscadden that government should play the role of an advocate, Mr. Coates said:

"An advocate in my understanding is one who acts in response to his client's direction. You, as the client, have to initiate the action. You have got to get in there and tell the government what to do. And you have to do it in a way that is going to be very visible and powerful."

All three speakers alluded to the activities of the Federation of Ontario Snowmobile Clubs. The general consensus was, "You may not like them, but they have done a heck of a job

selling themselves, improving their image and getting what they wanted – especially from government.”

HIKERS WANT SOME GOVERNMENT AID

Hike Ontario! delegates were asked to fill out a questionnaire soliciting their views on the hiker-government relationship.

Some people did not fill out all questions, so the number of respondents varied between 200 and 220.

The first question was: “To what extent should the Ontario government assist or not assist in planning and maintaining hiking trails.” Seventy per cent said there should be some assistance, 5% said no assistance and 25% favoured a great deal of assistance.

In the second question, “If government funds were available, do you think they should be used or not be used for each of the uses listed”, respondents had seven choices. Three choices received a significant yes or no vote. Seventy-four per cent said government funds should not be used to pay salaries for trail workers. A total of 89% said funds should be used for buying or leasing land for trail routes. And 96% said “no” to the suggestion that funds be used to reduce trail club membership fees.

Question three was: “In your opinion, how important or unimportant would you regard each of the following forms of non-financial assistance from the government?” Eight suggestions followed, and three choices: not important, may be important, very important. Education of the public on the use of trails was rated high by 85% of the respondents. Sixty-five per cent said development of a government hiking trail policy was very important, and 26% said it may be important.

Question four was: “Do you think that there are advantages or disadvantages to government involvement with hiking trails?” Fifty-three per cent said there are advantages, 23% said there are disadvantages. When asked what the advantages would be, respondents said trails would be secured, there would be money available, there would be public education and improved standards for trails.

The final question asked respondents if they agreed or disagreed with this statement: “Political involvement on the part of hikers is a desirable way of attempting to achieve the forms of assistance from government which you feel are important.”

The results were: 82% agreed, 10% disagreed and 8% said they did not think assistance was important.

FUTURE ACTION FOR FOHTA

Part of the Hike Ontario! program was study sessions; one on lobbying and self-help, the other, financial and non-financial government assistance that should be sought.

Several resolutions, directives for action by the Federation of Ontario Hiking Trail Associations, came from those study groups and from a later plenary session. All resolutions passed unanimously with the exception of Number 6, which received 24 abstentions.

Here are those resolutions in full:

RESOLUTION 1, regarding the use of members and volunteers.

RESOLVED: THAT this Conference endorses the importance of the role of the volunteer within hiking trail organizations and therefore supports enhancing volunteer activity through such means as the following:

1. Strengthening of memberships.
2. Education and instruction of volunteers.
3. Selection and training of leaders.
4. Encouragement of special events such as garbage clean-ups.
5. Assignment of responsibility to trail captains for specific sections of the trail.

6. Promotion of commitments by volunteers through such methods as:

- a) establishing schedules
- b) personal contact
- c) use of duty roster files
- d) gasoline subsidies

And urges the Federation of Ontario Hiking Trail Associations to initiate a program for the development of volunteers which will provide all possible ways and means of assisting its member organizations in implementing this resolution.

RESOLUTION 2, regarding government support for hiking trails.

RESOLVED: THAT this Conference supports in principle, participation by the Provincial Government in assisting the programs carried out by the hiking trail associations in Ontario, in such ways as:

1. The allocation of funds to appropriate government agencies to establish rights-of-way.
2. The provision of funds to hiking trail associations for:
 - a) the improvement of their ability to administer trails
 - b) special capital projects
3. The provision of programs for the education of the public in matters relating to the use of hiking trails and of the outdoors in general, including the necessary funding.
4. The provision of technical expertise to assist in the design and establishment of trails.
5. The review of its current policy with regard to implementation of the recommendations contained in the Final Report of the Ontario Trails Council.
6. The initiation of a policy concerning the provision and protection of trail rights-of-way on Crown Land.

RESOLUTION 3, regarding the Niagara Escarpment Commission's Proposed Plan.

RESOLVED: THAT this Conference acknowledges the current involvement of the Bruce Trail Association in the Niagara Escarpment Commission's Proposed Plan for the Niagara Escarpment and accepts the implication that the loss of this trail would affect the future of all trails in Ontario, and that FOHTA should, therefore, investigate making a submission to the Hearings on the Proposed Plan in support of the Bruce Trail Association's position.

RESOLUTION 4, regarding public and government support of hiking trail associations.

RESOLVED: THAT this Conference recognizes the urgent and significant importance of stimulating Public and Government support for hiking trail associations and urges FOHTA to achieve such support by the following methods:

1. Attending public meetings and hearings related to concerns of hiking trails.
2. Communicating hikers' concerns to all media.
3. Tabulating and distributing relevant statistics on the economic and social values and political strengths of hikers.
4. Interacting with Federal, Provincial, District, Regional, County and Municipal politicians and staff to emphasize the importance of hikers' concerns.
5. Interacting with educational institutions.
6. Publicizing the significant benefits achieved by hiking trail organizations who, through volunteer efforts, have contributed a major public service.

RESOLUTION 5, regarding the rights of landowners.

WHEREAS this Conference acknowledges that the existence of hiking trails in Ontario depends to a great extent upon the support and continuation of public-spirited landowners, therefore be it:

RESOLVED that, in addition to consultation with government bodies, FOHTA promote the protection of the rights of private landowners in developing the network of trails in the Province of Ontario, and that this Conference does not endorse expropriation of private lands for trail purposes.

RESOLUTION 6, regarding Ontario Resource Rangers Club.

RESOLVED: THAT this Conference call on the Ontario Government to open the Ontario Resource Rangers Clubs to girls.

HELP REQUIRED

Anybody interested in assisting with the implementation of these resolutions, particularly those dealing with volunteer development or government relations, is asked to contact his/her FOHTA representative, or write to the Secretary, FOHTA, Box 422, Cambridge, Ontario N1R 5V5.

SPEECH IS AVAILABLE

Guest speaker at the Hike Ontario! banquet was Mr. Justice Thomas Berger. Justice Berger has chaired several commissions of inquiry for the Federal Government. The most noteworthy of those commissions is probably that which looked at the proposed Mackenzie Valley pipeline.

Copies of Justice Berger's address to Hike Ontario! delegates, entitled "Growth Consumption and Environmental Values" can be obtained at a cost of \$2.50 from FOHTA. Please send your requests to: Federation of Ontario Hiking Trail Associations, Box 422, Cambridge, Ontario N1R 5V5.

LAST CALL FOR CRESTS, T-SHIRTS

A limited selection of Hike Ontario! crests and T-shirts is available. The T-shirt sizes are extra large and children's (small, medium, large). Costs are: T-shirts, \$5.00 (including postage); Crests, \$1.00 (including postage). Send orders to: Federation of Ontario Hiking Trail Associations, Box 422, Cambridge, Ontario N1R 5V5.

HIKE ONTARIO! FINANCIAL REPORT

Revenue

Donations	\$3,750
Wintario Grant	2,600
Registration fees	3,398
Prepaid meals, rooms and bus fares ..	7,266
Other revenue	541

\$17,555

Expenditures

Cost of meals	\$9,563
Program Committee	2,964
Publicity Committee	3,811
Registration Committee	164
Finance Committee	412
Accommodation Committee	43
Chairman and Executive Committee ...	358

\$17,315

Net Revenue 240

Less provision for cost of conference newsletter 225

Conference Surplus \$ 15

HIKE ONTARIO! gratefully acknowledges the contributions made by the following foundations, companies, organizations and individuals. Without their support, this first Ontario hiking conference would not have been possible.

The Samuel and Saidye Bronfman Family Foundation (funds designated to assist the publicity committee with brochures.)

.....	\$ 600
Eaton Foundation	150
Senator Norman M. Patterson Foundation	250
Black's Company International	50
Labatt's Ontario Breweries	250
J.M. Schneider Inc., Kitchener	100
Sun Life Assurance Company of Canada	250
The Toronto Hiking and Conservation Club	300
The Bruce Trail Association	250
The Ganaraska Trail Association	100
The Grand Valley Trails Association	100
The Guelph Trail Club	100
The Quinte-Hastings Recreational Trails Association ...	100
The Rideau Trail Association	200
The Thames Valley Trail Association	100
The Toronto Bruce Trail Club	250
Ross M. Cruikshank, Ottawa	100
Jack Davies, Ottawa	100
Alastair Gamble, Ottawa	100
Gordon F. Henderson, QC, Ottawa	100
Glen McInnes, Ottawa	100
Mrs. Betty Schneider, Kitchener	100
Total contributions	<u>\$2,750</u>

A matching Wintario grant of \$2,600 from the Ministry of Culture and Recreation is also gratefully acknowledged.

FOHTA OUTLOOK EDITOR

Most of the work of preparing this first FOHTA Newsletter was carried out by Penney Edwards, who was appointed editor earlier this year, but has just resigned. Unfortunately, she was transferred to Montreal by her employer at short notice before this issue was completed. FOHTA appreciates her contribution and wishes her all the best in her new position.

Anybody interested in becoming FOHTA Newsletter Editor, should contact the Secretary, FOHTA.



Camping space was plentiful

HIKE ONTARIO

May 16 - 19
1980

Trent University



L-R: Henry Graupner, Al Gamble, Mr. Justice Thomas Berger, Iris Graupner.



The conference executive met regularly over the weekend.



Doug Knapp, of the Rideau Trail Club, receives his hiking award.



But it wasn't all work . . .

Ottawa Club Annual General Meeting

The annual general meeting of the Ottawa Club was held on June 21, 1980 with 36 people attending. This year we hiked in a short distance along the Earth Star Loop in the Regional Forest (Map 4) until we came to a likely spot with an old log fence to provide a perch for the Chair and there we held our meeting which was very ably chaired by Frank Scott, inspite of the efforts of a rufous-sided towhee in a nearby tree to upstage him.

Officers for 1980-81 were elected and Committee reports given. The Routes and Negotiations Committee advised that the concession road allowance followed by the trail between Burritt's Rapids and Merrickville has been closed but that alternate routes are being considered. The tenth anniversary of the founding of the Association was discussed and one suggestion for marking it was by the production of a guide book in conjunction with the Kingston Club.

As can be seen by the list of officers published on page 10, we still have vacancies to be filled, specifically for a chairman, association liaison person and a secretary. If anyone feels he or she would like to help out in any of these positions, please contact Dorice Joyce, 829-9130 or Shirley Simpson, 828-1679. You will be made most welcome.

The meeting was followed by lunch and a very pleasant hike around the loop past a beaver pond, where Pat Narrowway gave a short talk about the beaver. This loop is delightful at this time of year, running through woods and fields, well stocked with spring flowers. — Eileen Evans

The Hiker's Code

- Hike only along marked routes
- Do not leave the trail.
- Do not climb fences or open gates.
- Carry out all garbage and litter.
- Protect all trees and shrubs — and leave flowers and plants for other people to enjoy.
- Keep dogs on a leash on or near farmland
- Walk around the edge of fields, not across them, and do not disturb farm animals.
- Protect and do not disturb wildlife.
- Do not make a campfire, except at officially-designated and posted campsites.
- No motorized vehicles.
- Leave only your thanks and take only photographs.
- Use the trail at your own risk.

The Cover

This black walnut wood carving of a hiker was presented to Doug Knapp, of Kingston, by the Federation of Ontario Hiking Trails of Ontario at the Hike Ontario Conference last May. The award pays tribute to Doug's "Outstanding Contribution to Hiking in Ontario."

An apology

In the last issue of the newsletter, (Summer 1980), credit for the excellent photographs in the article on the Ottawa Club's historical hike to Burritt's Rapids was given to Peter Armstrong. These photos were taken and processed by Peter Andrews and we sincerely apologize for this slip of the pen.

Corridor Preservation Fund Pledge

I pledge to donate the sum of _____ to the Rideau Trail Corridor Preservation Fund to help preserve the Rideau Trail Corridor from incompatible uses.

DATE _____ SIGNATURE _____

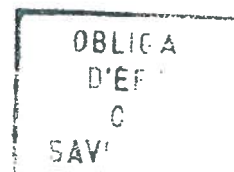
WITNESS _____ ADDRESS _____

This can be sent to Corridor Preservation Fund, Rideau Trail Association, Box 15, Kingston, K7L 4V6. Donations of over \$5.00 will be acknowledged by an official receipt.



If undelivered, please return to:

**Rideau Trail Association
Box 15
Kingston, Ontario
K7L 4V6
Canada**



MEMBERSHIP RENEWAL

Please consult your membership card as to your renewal date. Use the form on the last page.

Application For Membership

Please check whether . . . New membership _____ or Renewal of membership _____

NAME (please print): _____

MAILING ADDRESS: _____

(Please include postal code) Telephone: _____

I enclose \$ _____ to cover the following:

MEMBERSHIP FEE: \$ 5.00
SENIOR CITIZEN: \$ 3.00
PATRONS: \$150.00

- (a) Membership fee _____
- (b) Plastic map kit* (\$3.00) _____
- (c) Crest (badge) (\$1.00) _____
- (d) Guidebook** (\$1.00) _____
- (e) Donation (general) _____
- (f) Corridor Preservation Fund Donation _____

Please make cheques or money orders payable to the "Rideau Trail Association" and mail remittance to
Rideau Trail Association
Post Office Box 15
KINGSTON, Ontario
K7L 4V6

*Map kits are sold to members only.

**This is a Kingston Areas Guidebook only.