

The Rideau Trail NEWSLETTER

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FALL 1982



Unveiling of R.T.A. Plaque, Richmond Landing.

National Capital Commission

The Rideau Trail Newsletter is published quarterly in December, March, June and September by the Rideau Trail Association. As editor of this Newsletter for the Kingston Club, I would like to thank everyone who has contributed to this edition. Submissions for the next edition should reach Mark Sims, RR #1, Manotick, Ontario KOA 2NO before November 1.

Unless otherwise stated the opinions expressed in the Newsletter are not necessarily those of the Rideau Trail Association.

The Rideau Trail Association is a member of the Federation of Ontario Hiking Trail Associations

1SSN 07085

THE HIKER'S CODE

- * Hike only along marked routes.
- * Do not leave the trail.
- * Do not climb fences or open gates.
- * Carry out all garbage and litter.
- * Protect all trees and shrubs. Leave flowers and plants for others to enjoy.
- * Keep dogs on a leash when on or near farmland.
- * Protect and do not disturb wildlife.
- * Walk around the edge of fields and do not disturb farm animals.
- * Do not make a campfire, except at officially-designated and posted campsites.
- * No motorized vehicles.
- * Leave only footprints, take only photographs.
- * Use the trail at your own risk.

COVER

July 3, 1982 - The unveiling of the plaque at Richmonds Landing to mark the start of the Rideau Trail

In attendance - Betty Hill, Mayor of Goulbourn Township and last
Reeve of Richmond before amalgamation, Darrel Kent
Alderman for Canterbury Ward, Peter Andrews Chairman of the Ottawa Club, Alaine Merriam of the
National Capital Commission, Cathy Cutts First
Vice-President of the Rideau Trail Association.

The Plaque at Richmond Landing

In 1818, several Regiments-of-Foot were disbanded at Quebec and the soldiers offered free land if they wished to settle in British North America. Some of these demobilised soldiers, such as the 97th Regiment, which had been given land in the Township of March, made their way up the St. Lawrence River to Brockville, and from there on the old United Empire Loyalist's North Augusta Road. However, among the other Regiments, the 100th had been granted land along the Jock River, and they decided to travel up the Ottawa. As this group of men and their families was leaving Quebec they met Charles Lennox, fourth Duke of Richmond, the Governor-in-Chief of the United British Provinces in North America. They decided to name their new settlement Richmond in his honour.

On July 28, 1818, three weeks after leaving Quebec, the men of the 100th Regiment arrived at Calab Bellow's landing at the foot of the Chaudiere Falls. Since that time the place has been

known as Richmond Landing.

That summer, as the men of the Regiment cut a road through the bush to the site of their new settlement and constructed houses there, their families camped on Le Breton's Flats. Richmond Landing itself soon became recognized as the spot where pioneers switched from water to land transportation and where raftsmen, on their way down the Ottawa could celebrate, a tavern and wharf having been built there in 1819 by Andrew Berry. In 1827, the Royal Sappers and Miners camped at the Landing until their barracks were constructed when they arrived to assist in the building of the Rideau Canal and to build roads in Bytown.

In due course the Landing became part of the great lumber yards that lined the banks of the Ottawa River. More recently, the Ottawa Transportation Company, which shipped coal and oil up the River from Montreal as late as 1941, had storage tanks at the Landing. In the 1950's and 60's the Richmond Landing was rather neglected, but since the construction of the Portage Bridge and the attention being paid by the National Capital Commission to the history of the area around the Chaudiere Falls, the Landing has again come back into

use.

Several years ago the Association requested permission from the N.C.C. to erect a marker at the start of the Trail, near The Mill Restaurant. So that the sign would be consistent with other historical markers in the National Capital Area, the Commission undertook to have it made and erected if the Association would provide a suitable design. While the mills of the bureaucracy grind slow, they do produce flour, or in this case, a plaque.

In the meantime, since Richmond Landing had been landscaped and a bicycle path built on it, it was decided to erect the plaque

on the historic Landing itself.

Unfortunately, the newly cast plaque was not ready for Ottawa's Festival of Spring this year, as had been hoped, and the ceremony

was scheduled as part of the N.C.C.'s Canoe Festival. So it was that on Saturday, July 3 that Mr. Darrel Kent, alderman for Canterbury Ward in Ottawa, and Elaine Merriam, Head of the Heritage and Interpretation Branch of the N.C.C. formally unveiled the plaque.

Two hikes were scheduled following the ceremony. Mrs. Merriam, who, eleven years ago had worked with the R.T.A. in laying out the trail in Stoney Swamp, arranged for Interpretative Officers to lead groups around Victoria Island and the Canoe Festival. Another group hiked the first 2 km of the trail to Lemieux Island.

No description of the installation of the new Richmond Landing Plaque would be complete without the expression of our thanks to the National Capital Commission for the plaque itself. Also, the R.T.A. is grateful for the efforts of Mr. Bruce Fletcher of the N.C.C. who was our contact man for the past five years, and of Mr. Alex Macklin, of the Ottawa Club's Route and Negotiation Committee, who worked with Mr. Fletcher.

Peter Andrews July 1982.

YOUR CORRIDOR PRESERVATION FUND

As one of its low-key but important programs, the Rideau Trail Association maintains a "Corridor Preservation Fund". Supported by donations and by the allocation of the bank interest from our operating account, the goal is to establish a fund of \$10,000 by 1986.

Since its inception in 1976, the fund has made two grants totalling \$1250 which stimulated funding from other sources to preserve two areas of land for hiking and allied uses.

As of September 1. 1982 the Corridor Preservation Fund stands at \$4040. Donations to help attain the goal of \$10,000 are encouraged. Receipts for income tax purposes will be provided.

	is my donation of \$Preservation Fund.	to	the	Rideau	Trail
Name					A
Address					
I	The Rideau Trail Association Box 15				

K7L 4V6

KINGSTON CLUB CALENDAR

Sunday, September 12

Tay River 13.9 km

Walk from Perth to Beveridge Locks. The hike will follow the Tay River downstream and skirt part of the Tay marsh and canal. A car shuttle is planned. Be prepared to wade. Bring a lunch. Meet at Last Duel Park in Perth at 10.30 a.m. ---Contact Person Jean Riddell 1-267-1276

Sunday, September 19

Rock Dunder 8 km

Visit Rock Dunder near Morton. This area is spectacular any time but particularly beautiful in the Fall. The hike to the summit and down again is about 8km. Bring a lunch. Meet at Sears North Door at 9.00 a.m.

---Contact Person Sam 542-2201

Saturday, September 25

Don't miss our Annual General Meeting. See details elsewhere in this Newsletter.

---- Contact Persons Cathy Cutts 542-5414 Arne Henrikson 544-0465

Sunday, October 3

Ontario Hiking Day

Three hikes are planned in the Kingston area and one in the vicinity of Perth. Members are encouraged to bring along some friends to introduce them to the joys of hiking. The trail is particularly beautiful at the Fall season. Experience the rewards that a day in the open air can bring.

Hike #1	Join with the Kingston Field Naturalists for a combined hike in their Otter Lake Nature		
	Sanctuary. This will be a leisurely hike over rugged terrain. Meet at Sears North Door at 1.00 p.m		
	Leader Larry McCurdy 546-0683		
Hike #2	Enjoy an afternoon hike on the trails on the East		
	Side of Gould Lake. There are some beautiful views.		
	Meet at Sears North Door at 12.30 p.m. or about		
	1.15 p.m. at the Barn.		
	Contact Person is Caroline Gartenburg 542-8942		
Hike #3	Join a one way hike across Frontenac Park from		
	Salmon Lake Road to Perth Road. Meet at Sears North		

Door at 8.45 a.m. or at the parking lot on Perth Road, north of Perth Road Village at 9.30 a.m. Boots or sturdy shoes are recommended for this walk which will take about 5 hours. Please pre-register by September 30 so that transportation can be arranged.

---Leader John Harrison 542-2970

Hike #4

Come and explore the newly opened trail between Perth and Murphy's Point provincial park. Meet at the I.G.A. parking lot on Wilson Street, Perth at 10 a.m. Bring your own lunch.

Contact Person Jean Riddell 267-1276

Wednesday, October 6

Cataraqui Conservation Area

Using the "Old Perth Road Trail Guide" the walk will explore the many facets of the Little Cataraqui Creek Conservation Area off Division Street. Meet at Sears North Door at 1.30 p.m. --- Contact Person Joyce 546-1950

Monday, October 11

Bullen Road Area

Varied terrain of woods and fields with interesting geological features makes this a pleasant afternoon walk. Meet at Sears North Door at 1.30 p.m.
---Contact Person Johanna 549-7502

Saturday, October 16

Work Party

Reserve this day for a work party. Details will be available nearer the date.
---Contact Person Tom 546-0806

Sunday, October 24

Opinicon Loop

Fall colours should still be very good on this hike which will start near Upper Rock Lake (Map 10). Meet at Sears North Door at 9.30 a.m. --- Contact Person Harry 546-3319

Saturday, October 30 - 31

Overnight Camp

Try a 2-day backpack and overnight camp in Frontenac Park with its spectacular and rugged terrain. Granite rocks, clear lakes and beaver ponds are features of this challenging territory (Map 10). Please register with Arne Henrikson prior to the hike so that plans and transportation can be arranged. For more information call Arne at 544-0465.

Wednesday, November 3

Cataraqui Cemetery

Cataraqui Cemetery has some fine old trees and the ravines and ponds make a walk through the area interesting. The site of John A. Macdonald's burial is adjacent to the trail. Meet at Sears North Door at 1.30 p.m.

---Contact Person

Cathy 542-5414

Sunday, November 7

Sydenham

Reserve this day for a walk on the re-routed section in the Sydenham area. More details will be available later.
---Contact Person Cathy 542-5414

Sunday, November 21

Slide Lake Loop

13 km

Blue lakes and rocky shores. Scenic and challenging. This hike is about 13 km. Bring a lunch, wear strong footwear. Meet at Sears North Door at 9.00a.m.
--- Contact Person Norm 546-9440

Saturday, November 27

Narrows Lock

8 km

Narrows Lock to Rideau Lake Park (Map 8). This late Fall hike is about 8 km and includes beaver dams, woods and meadows. Bring a lunch. Meet at Sears North Door at 9.00 a.m. or at Narrows Lock at 10.15 a.m.

Contact Person Mark 549-5058

Wednesday, December 1

Lemoine Point

We will use the interesting trail guide provided by the Conservation Authority on this walk in the Lemoine Point Conservation Area. Meet at Sears North Door at 1.30 p.m. Contact Person Emma 542-1594

F.O.H.T.A. Representatives

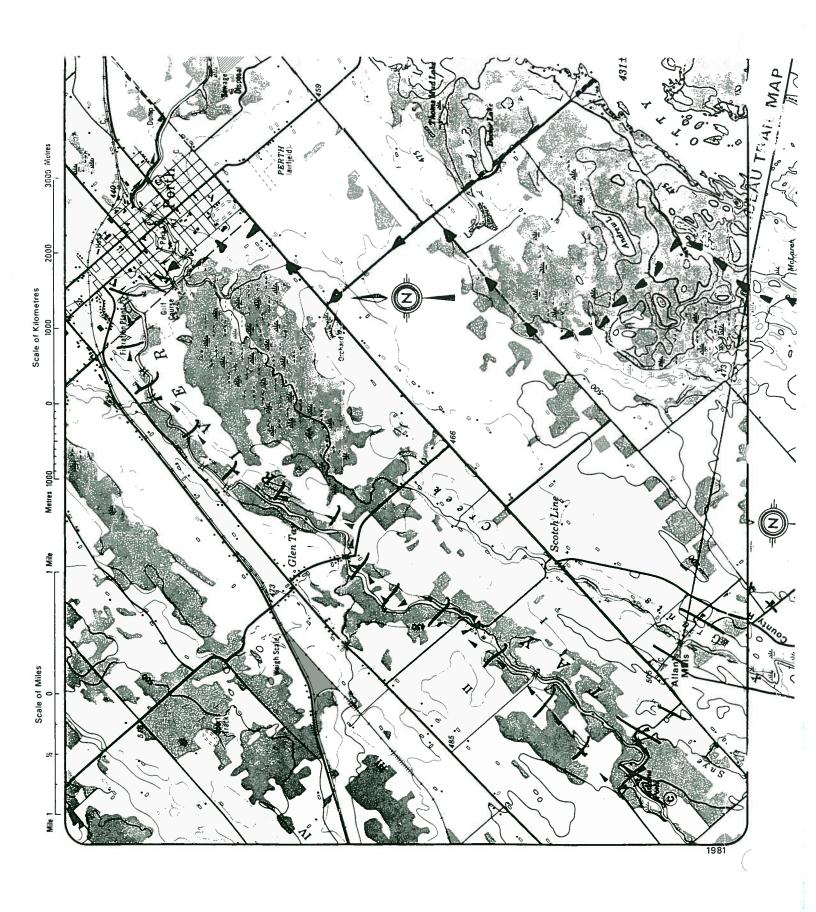
All member associations of F.O.H.T.A (The Federation of Ontario Hiking Trail Associations) are entitled to have two representatives on the F.O.H.T.A. board of directors. Since the inception of F.O.H.T.A. in 1974 the R.T.A. has been represented by Doug Knapp and, since 1978 by Al Gamble as well.

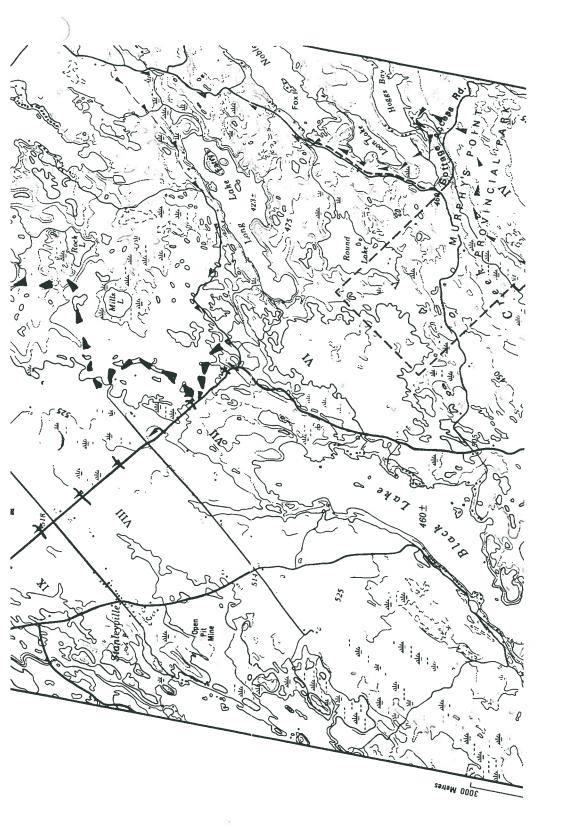
The R.T.A. has received notice that both Doug and Al intend to resign as F.O.H.T.A. representatives as of our next Annual General Meeting on September 25 and is seeking replacements.

F.O.H.T.A. representatives of the R.T.A. are official R.T.A. directors as well as members of the board of F.O.H.T.A. Thus a F.O.H.T.A. representative is expected to attend the four directors' meetings as well as five F.O.H.T.A. board meetings. F.O.H.T.A. meetings are generally held in Toronto, although one each year is hosted by one of the member associations on their home turf. Last year's was in Sault Ste. Marie along the Voyageur Trail. Directors are fully reimbursed for their travel expenses.

F.O.H.T.A. is the Rideau Trail Association's voice with the Provincial government as well as a means of working co-operatively with other hiking trail associations toward common objectives. As such, our participation in and support of F.O.H.T.A. is very important. If you are interested in standing for the position of F.O.H.T.A. representative please contact Doug Knapp at 543-2039 (Kingston) or Al Gamble at 729-5056 (Ottawa) for further information

or to indicate your interest.





Re-routing

North of Murphy's Point Provincial Park
Maps No. 7 and 8

OTTAWA CLUB EXECUTIVE 1982-83

Chairman Peter Andrews Vice Chairman Bill Grant

Secretary Elizabeth Slasor Treasurer Fred Fredrickson Pearl Peterkin Routes & Negotiating Peter Brebner

Trail Maintenance Ed Simpson Lot Maintenance Ron Hunt

Publicity, outings Eileen Evans press Elaine Vivinsky

Social Elizabeth Mason

Newsletter Mark Sims

Association Liaison Rolly Hamilton, Elizabeth Mason

Mark Sims

A RECIPE FOR PUMPKIN PICKLE

Last winter the Ottawa Club had a potluck supper at the home of Elizabeth Mason. Here is the recipe for the Pumpkin Pickle that Audrey Voitkus brought.

and dice pumpkin. Mix enough equal proportions, by volume, of water, vinegar, and sugar to pour over the pumpkin and marinate overnight. To keep all cubes submerged, put a plate on top and keep it down with something

heavy, such as a mason jar filled with water. Also add cloves and cinnamon sticks, allotting two cloves and one stick for each pickling jar.

Bring the marinade and pumpkin to a boil. Let simmer until the cubes are translucent on the outside but still raw-looking in the centre. Do not overcook; the pumpkin goes mushy. It will continue to cook as the liquid cools.

Fill and seal jars as for any other pickle.

Audrey Voitkus

The Kingston Club would like to set up a Register of Human Resources a compendium of members who have expressed a desire to help with Club activities on an occasional basis. The list would be arranged according to the members' particular interests; social, maintenance, leading hikes, organizing special events etc. A committee chairman needing extra hands could draw upon this list for help and also make sure that the work-load is distributed evenly and does not always fall upon the same shoulders. If you would be willing to keep such a record, please call Liz Harrison at 542-2970.

OTTAWA CLUB CALENDAR

Please note: When the meeting point is W.E.S.C., meet at the West End Shoppers City at Baseline and Woodroffe - west side of the parking lot.

Saturday, September 25

Annual General Meeting

Plan to attend the annual Association General Meeting at Murphy's Point Provincial Park. Meet at W.E.S.C. at 9 a.m. Bring a lunch. For dinner tickets contact Pearl Peterkin at 829-3062.

Sunday, October 3

Canal Hike 8km

Follow the original route of the pioneers coming north by hiking the section of the trail known as the 'Long Bush'. Meet at noon at W.E.S.C. or at 1 p.m. north-east of Merrickville where Mcrae Road intersects the trail (Map 5). Hikers are invited to the Moxley's for tea afterwards.

---Leader A. Moxley 1-269-4655

Sunday, October 17

Joint O.F.N. Hike

This annual joint outing with the Ottawa Field Naturalists features a trip to the wildlife reserve near Perth plus a visit to the Mill Pond Conservation Area. Bring a lunch. Phone Elaine Dixon at 722-3050 after 10 a.m. to reserve your spot on the 'dinabus'. Meet at the National Museum of Man at Metcalfe and McCloud at 9 a.m.

---Information Eileen Evans 741-0789

Saturday, October 23

Trail Maintenance

Individuals and family groups interested in trail maintenance meet at W.E.S.C. at 9 a.m. Each group will receive a kit containing a map with a marked area, instructions and material required. Bring a hammer and tree pruners if you have them and don't forget your lunch.

---Information Ed Simpson 828-1679

Sunday, October 31

Gatineau Hike 12 km

Hike from the Luskville Falls to the fire tower and on to Lac Charette. Some parts of this hike will involve steep ascents so wear sturdy footwear and bring strong hiking legs! Pack a lunch. meet at W.E.S.C. at 10 a.m.
---Leader Jim Fish 226-7236

Saturday, November 13

Opinicon Loop 14 km

Hike one of the most scenic areas of the Rideau Trail, the Opinicon Loop between Skycroft and Upper Rock Lake. It features lovely views, beaver meadows and a ghost town. Good footwear is recommended. Bring a lunch and, if you wish, plan to enjoy dinner in a restaurant on the way home. Meet at the Supreme Court on Wellington St. at 8 a.m. or at W.E.S.C. at 8.30 a.m. ---Leader Joe Parton 733-7624

Sunday, November 21

Smith Falls Area

Emjoy a pleasant hike on the trail in the Smith Falls area. Bring a lunch. For more details as to the exact location of the hike, contact the leader. Meet at W.E.S.C. at 10 a.m. ---Leader Elaine Vininsky 234-1216

Saturday, December 4

Earth Star Area 10 km

Hike the section of the trail between the Roger Stevens Road and the Dwyer Hill Road (Map 4). A car shuttle will be arranged to allow a one-way hike. Meet at W.E.S.C.at noon. ---Leader Elizabeth Mason 729-6596

A Brief Reminder about the Annual General Meeting

Date: Place: Agenda: September 25 1982

Murphys Point Park training centre.

10.30 a.m. Coffee

11.00 a.m. Business Meeting

12.15 p.m. Lunch

1.00 p.m. Guest Speaker

Robert Haig: Historian and Organizer of the Rideau Canal celebrations.

2.30 p.m. Three Hikes

1) A historic hike to the Mica Mines.

2) A geological hike.

3) A naturalist hike.

5.30 p.m. Dinner at the Rideau Ferry Inn.

Tickets will cost \$10.00. Contact Pearl Peterkin 829-3062 Cathy Cutts 542-5414

Please plan to attend and contribute to YOUR Association.

Found On May 1, 1982

A Swiss Army knife in the parking area at Slide Lake. Phone: 546-9693

THROUGH THE LONG BUSH

--- A shortened reprint of an article which first appeared in the Winter Newsletter of 1974. It was requested by members of the Ottawa Club to compliment their hike through the Long Bush planned for Ontario Hiking Day, October 3.

Hard on the heels of William Merrick, the first man to penetrate back from the St. Lawrence in 1794, came Samuel McCrea with his four sons, Edward, Charles, Thomas and John. They eventually owned most of the land on the north shore of the Rideau and for decades were a power in the community.

It is John who interests us. He settled on Lot 13, Concession 1, in the township of Montague where his stone house still stands. It is along his trail that the present Rideau Trail has been located. This trail runs from Merrickville, through the Long Bush to the present Rosedale Road. From there it goes north to Franktown and Perth. John was a man of mighty strength. He was once credited with carrying on his back from Brockville a bag of flour from one bushel of wheat, one broad axe, one set of drag teeth and one long chain. In 1816 when a settlement was begun on Pike Creek (River Tay) and later when Scottish settlers came to Franktown, a trail was needed to bring them from Merrick's Mills to their holdings. According to local history, it was the mighty John McCrea who was hired to conduct emigrants inland from Maitland on the St. Lawrence.

The road to Merrick's Mills was by then a well travelled route; but to the west was virgin forest becoming, as it spread northwards, a great impenetrable swamp. So, straight west from his holding, McCrea's new trail went through the Long Bush to join the Rosedale Road. From there it was pushed through the bush north and west to Franktown and Perth. For many years this road through the Long Bush vied with the road closer to the Rideau River as the main road to Perth and, after 1826, to Smiths Falls. This latter road was called the Devil's Elbow because of a peculiar irregularity which can be seen on old maps. When the Devil's Elbow was paved, the 'elbow' disappeared and the Long Bush road fell into disuse.

There it still is, three miles of it, grassy and quiet, and wild uncultivated vistas looking much as they did during some of the time John McCrea conducted his pioneers along its rough way. It is a gift to us from those who walked it over a century ago. We must be glad in our hearts that it was spared the bulldozer and the steam shovel which have destroyed so much of our past. May we have the will and determination to preserve it for those who may walk the Long Bush Trail tomorrow.

Margaret Moxley

CONGRATULATIONS

We would like to offer our Best Wishes to
Cathy Cutts
who in May was awarded by Queens University
a Degree of
Bachelor of Arts

THE TRAIL END-TO-END - TWO ATTEMPTS

The conclusion to an article started in the Spring edition of the Newsletter.

Second Attempt

After the failure of the first trip, we spent the winter months of 1975-76 planning for a second attempt in the Spring. This time there were six of us; myself, Ed Fletcher, Rob Henrikson, Steve Sadura, Rick Adams and Don Mcwhirter. For various reasons we decided to start at the Ottawa end of the Trail and walk south to Kingston. The week before we left was unseasonably warm and sunny, and we hoped that the good weather would continue for our trip.

We left Kingston on Friday, March 21 and drove to Ottawa where we spent the rest of the day repacking our equipment and making last minute purchases. The next morning we woke up to find that the mercury had plunged to -15 F with strong winds from the north - hardly good weather to begin such a long trek. After an hours delay while we searched for the beginning of the Trail we began to hike along the Ottawa River. The day was relatively uneventful except that Rick fell through some ice on the edge of the river and had to borrow dry clothing. That night we camped in a glade behind some houses pear Fallowfield, and cooked freeze-dried pork chops on our campstove.

The next day was bitterly cold with continued strong winds. Ed had problems with his feet and at one point fell back about a mile behind the rest of us. Luckily he was able to hitch a ride on a snowmobile and catch up. When freezing rain began to fall we took shelter under the porch of a farmhouse. The elderly man who lived there invited us in and told us stories of hiking near Timmins in the 1930's while we warmed up our feet in his woodstove. I left Rick's plastic map case on top of the stove and it melted.

After the rain had died down we pushed on and camped that night in a huge deserted house near Stapleton. We built a fire in the garage where smoke could filter through gaps in the roof, and I burnt my treasured down socks while trying to warm my feet. We slept soundly in a mountain of hay discovered in one corner of the barn.

The weather was much better the next morning. As we walked the last mile or so on the highway into Burrits Rapids we rolled up our jeans to 'air out' our long underwear. Rick's were pink which led to some good-natured joking at his expense. In Burrits Rapids we rested inside the church and repaired our feet. Rick found the bellrope and had to be dissuaded from giving it a good tug.

Ed caught up and we decided to push on to Merrickville. We gave Ed a half-hour head start but he unfortunately took the trail south of the river while we continued on the north side. After a pleasant hike in the dark we reached Merrickville with no sign of Ed along the way. We ate dinner in a restaurant and ran into him on the bridge as we left. He was somewhat upset when he found that we had already eaten and were looking for a campsite.

We camped in an old horsebarn just outside of town and the next morning (Tuesday, March 25) it was so cold that the stoves wouldn't light. By this time Steve's feet were in pretty bad shape and he, along with Ed and Rob hitched a ride into Smiths Falls on a Coca-Cola truck. Rick, Don and I met them later that day at the Dennies's where we had arranged a food drop. Steve's boot was full of blood. Mrs. Dennie served us a wonderful meal while we discussed what we should do. Ed, Steve and Rob decided to quit and return home. Rick, Don and I stayed in a motel on the edge of town. For breakfast the next morning we tried to make freeze-dried food with hot water from the taps but it didn't work. We ended up eating hot fudge sundaes from Dairy Queen instead, then set out for Perth.

Just outside of Smiths Falls we had to cross a huge swamp, and all of us fell through the ice at least once. We saw a mink which partially compensated for the discomfort of wet feet. Near the end of the day we came to the same gap in the footpath that had given Dave McLeod a swim the year before. We waded through the freezing water carrying our packs on our heads, then ran the rest of the way into Perth to keep warm. We spent the night with Rick's cousins.

We left early the next day after a hearty breakfast. As we walked through an orchard on the Tay River a large white Samoyed dog began to follow us, and trailed behind for the rest of the day. We named him 'Pup' and shared our lunch with him. I saw the chicken coop where Dave and I had stayed the year before.

That night it was bitterly cold. Rick and Don stayed in a cottage by the Trail and Pup and I slept in my tent, where we fought for the rest of the night over who should get the lion's share of my insulating foam pad. I awoke the next morning with a contented Pup lying on my head.

Late the next day (Friday, March 28) we arrived in Westport. We received many strange glances as Pup and I walked through the streets. Later someone told us that there was an extremely bad rabies epidemic in the area and pets were being kept inside. Pup wasn't even on a leash and had, in fact, had a noisy fight with a large raccoon earlier that day.

We picked up a food parcel from the Chisamores and they arranged for us to stay in the town hall above the fire station. I decided to leave at that point, as I wasn't getting along with Rick and Don and didn't know what to do with Pup. We played cards until my ride arrived from Kingston.

Rick and Don continued to hike, staying in cottages when possible, and reached Kingston on April 1. They were greeted by reporters and had their pictures on the front page of the Whig-Standard. Pup stayed with me for about a month while I tried to find his owners. Finally one day I received a call from a farmer near Perth who said that Pup was actually 'Laddie' and was almost fifteen years old. It was the first time he'd ever left home- I guess he just couldn't resist a good adventure. I was sad to see him go but Laddie was over-joyed to see his master again.

Would I try it again? I don't know. I've seen the entire Trail but the idea of hiking it end-to-end still has a certain fascination, even six years later.



If undeliverable, please return to:

Rideau Trail Association Box 15 Kingston, Ontario L7L 4V6 Canada



MEMBERSHIP RENEWALS AND MAP KITS

Your membership provides the financial support essential for the continuous maintenance, mprovement, extension and protection of the Rideau Trail network. A new edition of our map kit is now available. As well as being updated, the kit lists more than 20 campsites between Ottawa and Kingston.

Membership	\$5.00	Name
Senior Citizen	3.00	
Map Kit	4.00	Address
Crest		
Enamelled Pin	2.50	
Donation		
(Tax receipts sent for donations over \$5.00))	Postal Code
,	,	