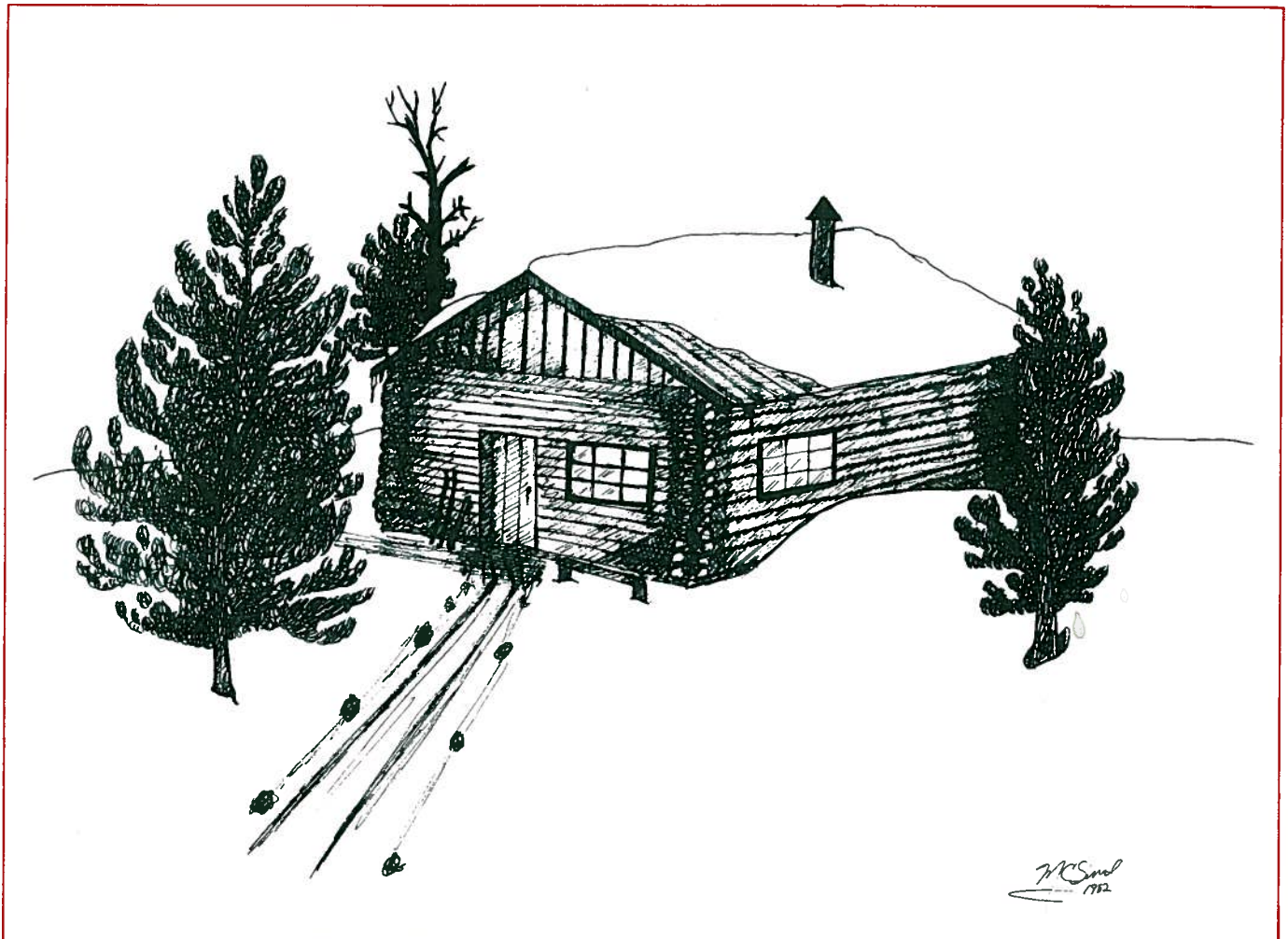




The Rideau Trail NEWSLETTER

*Published by the Rideau Trail Association
Printed on recycled paper
Issue No. 46*

WINTER 1982



Season's Greetings

The Rideau Trail Newsletter is published quarterly in December, March, June and September by the Rideau Trail Association. The association is a member of the Federation of Ontario Hiking Trail Associations. The editor of this issue of the newsletter is Mark Sims for the Ottawa Rideau Trail Club. Submissions for the next newsletter are welcome and should be sent to Johanna Koeslag in Kingston.

Johanna Koeslag
18 Cowdy Street
tel. 549-7502 K7K 3V7

Unless otherwise stated, the opinions expressed in this newsletter are not necessarily those of the Rideau Trail Association.

ISSN 0709-7085

Please welcome Johanna Koeslag as the new newsletter editor for Kingston and wish her luck for her March edition. I would like to remind all members that articles of interest are appreciated, so try your hand at writing and send them in. As the holiday season approaches, I want to take this opportunity to wish you all a very Merry Christmas and the Best of Hiking in 1983.

Ottawa Editor
Mark C. Sims
R.R. #1, Manotick Station
tel. 822-6655 KOA 2N0

F.O.H.T.A. OUTLOOK

The Trespass to Property Act

This new Act is designed to give owners greater control over the use of their property and to increase fines for trespassing.

The Act provides that every person who is not acting under a right or authority conferred by law and who,

without the express permission of the occupier, the proof of which rests on the defendant,

- enters on premises when entry is prohibited under this Act; or
- engages in an activity on premises when the activity is prohibited under this Act; or
- does not leave the premises immediately after he is directed to do so by the occupier of the premises or a person authorized by the occupier.

is guilty of an offence, and upon conviction is liable to a fine of not more than \$1,000.

The Act also deals with the type of property protected, compensation for damages incurred, costs in prosecuting and the entitlement of the occupier to authorize any person to enforce the arrest procedures, where necessary. The owner of rural land permitting a trail association to establish a limited-use recreational trail over his land may wish to authorize members of the association to exercise his powers as occupiers under the Act.

Continued Page 7.

Cover Picture

A sketch by Mark C. Sims, of the Rideau Trail Cabin near Richmond, Ontario.

PUBLICITY

by Terry Fuchs
Publicity Coordinator

The strength of any organization -- particularly one like the Rideau Trail Association which is composed of volunteers -- lies in the dedication of its members and in its relations with its community. For the Rideau Trail Association community relations are especially critical. Because of the linear nature of the Trail itself, and its length (second longest in the province, after the Bruce Trail), we have to consider not one but several communities, including two major cities a hundred miles apart (by road), two towns separated from the trailheads by fifty miles, and a number of smaller communities in between. It is vital to the success and continued feasibility of the Trail that we maintain our image of responsibility in the eyes of the public; our dependence on the generosity of private landowners for much of the Trail's right of way demands it. The amount of work involved in the administration and maintaining of two hundred miles of Trail requires a large and active membership. In the past the Rideau Trail members have been well-served by their local and Association executives and those who have volunteered to clear and maintain the Trail, but the membership base needs to be expanded to establish a wider pool from which to draw personnel, so that respite can be given to those long-time contributors who feel the need of a break.

The role of the Publicity Coordinator, as it appears to me, is to try to keep the Rideau Trail and the goals and activities of the Rideau Trail Association before the public. This role is not only served through the media, but through imaginative concepts, such as the Rideau Trail window stickers, which involve the whole membership. As the new Publicity Coordinator, I would ask each and every member to participate in a personal publicity campaign for the Rideau Trail: as the opportunity arises, do not hesitate to talk about the Trail and the RTA; share information with your friends and neighbours and colleagues and, if they are interested, encourage them to join; pass the Newsletter around and invite friends out for the Club hikes; write about your Rideau Trail activities for the Newsletter.

Finally, I would ask you to keep your Club publicity members in Kingston and Ottawa, as well as myself, informed of significant Rideau Trail activities.

The Rideau Trail Association has achieved accomplishments to be proud of; we have to all work together to preserve and enhance those accomplishments.

Elaine Vininsky - 722-3358
 (Ottawa)

Emma Martin - 542-1594
 (Kingston)

Terry Fuchs - 548-4143
 (Publicity Coordinator)

FINANCIAL REPORT 1981-82

Following is a summary of the audited Financial Statements for 1981-82 submitted to the September 29 Annual Meeting:

OPERATING ACCOUNT

<u>Revenue</u>	- Membership Fees	\$ 4,985	
	Donations	2,206	
	Bank Interest	<u>632</u>	
Total Revenue			7,823
<u>Expenditures</u>	- Newsletter	3,984	
	Servicing Membership	1,299	
	Meeting and Travel	345	
	Support for Ottawa & Kingston Clubs	1,167	
	Train Inspection Project	500	
	Publicity	781	
	Bank Interest to C.P. Fund	632	
	Membership in F.O.H.T.A.	147	
	Other	<u>123</u>	
Total Expenditures			<u>8,978</u>
Surplus (Deficit) for Year			(1,155)*
Surplus Forward from Previous Years			5,423
Surplus at Aug. 31, 1982			<u><u>4,268</u></u>

PUBLICATIONS AND MERCHANDISE ACCOUNT

<u>Revenue</u>	- Sales	3,368	
	Bank Interest on Grant	560	
	Refund Provincial Sales Tax	<u>1,127</u>	
Total Revenue			5,055
<u>Expenditures</u>	- Cost of Maps	2,210	
	Cost of Trail Notes	10,879	
Total Expenditures			<u>13,089</u>
Surplus (Deficit) for Year			(8,034)
Surplus (Grant) from Last Year			10,865
Surplus at Aug. 31, 1982			<u><u>2,831</u></u>

CORRIDOR PRESERVATION ACCOUNT

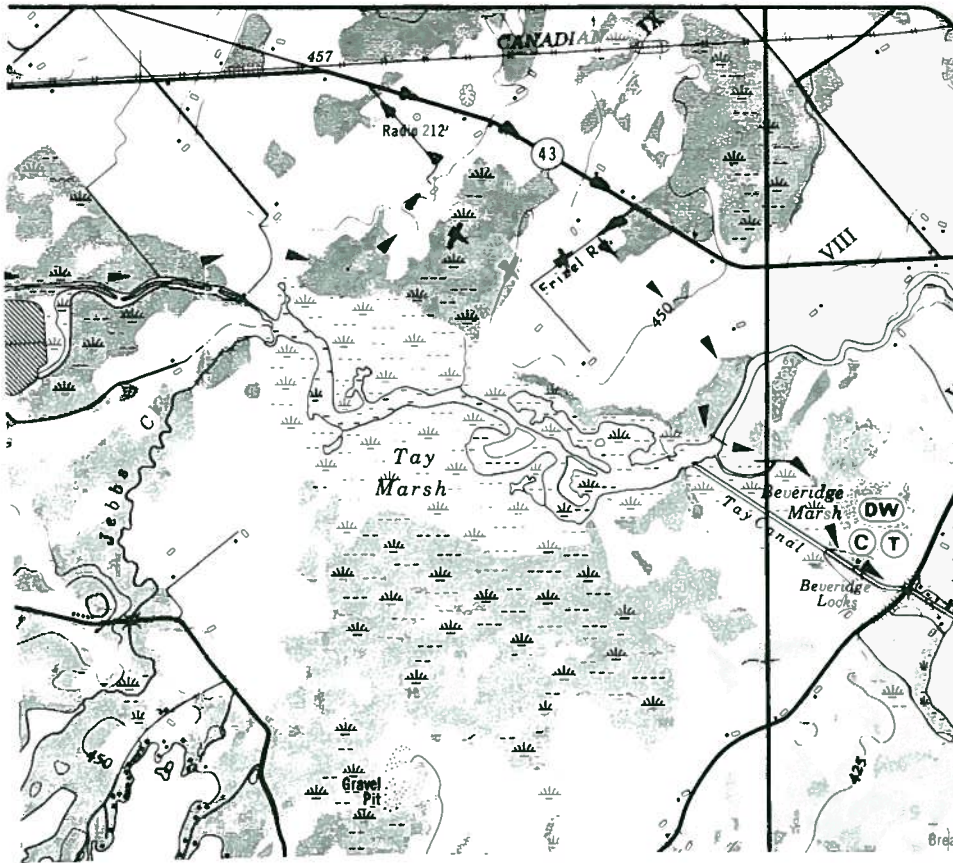
<u>Revenue</u>	- Bank Interest	430	
	Interest Transferred from Operating Acct.	<u>632</u>	
Total Revenue			1,062
<u>Expenditures</u>			Nil
Surplus Forward from Last Year			2,979
Surplus at Aug. 31, 1982			<u><u>4,041</u></u>

Submitted by: Alastair Gamble, Treasurer
Audited by: Forbes Hirsch

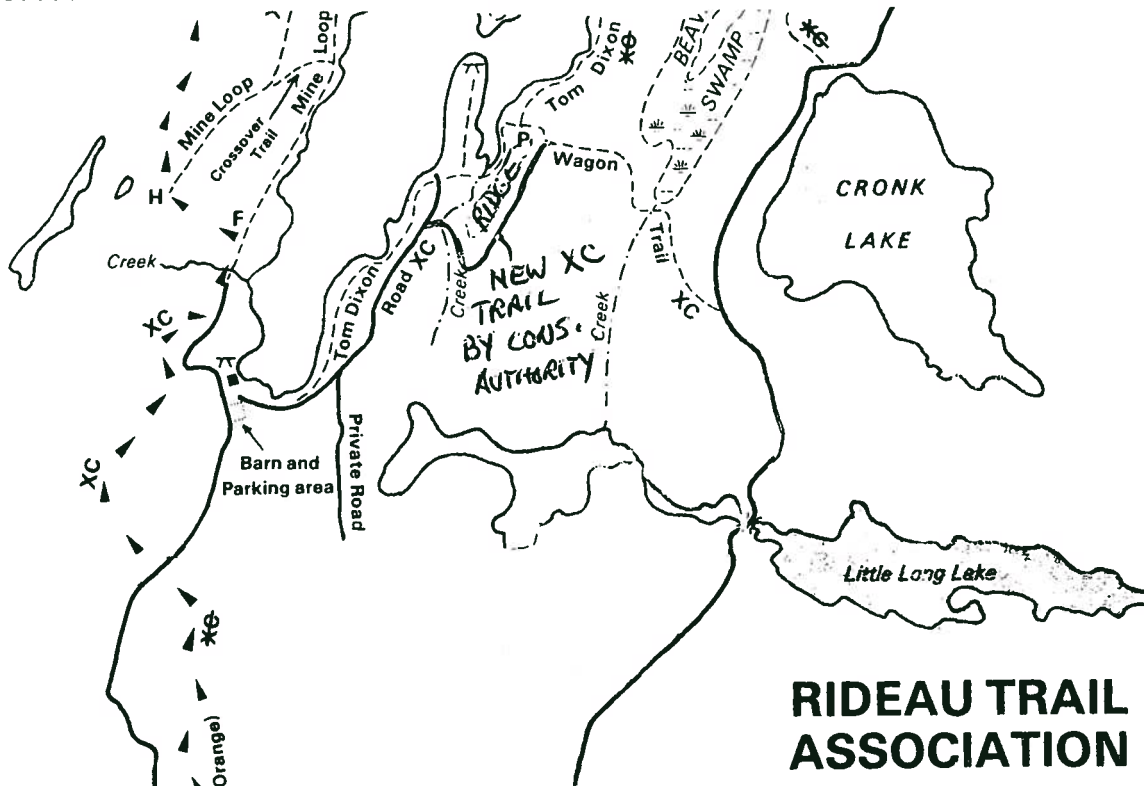
*NOTE: Because of successive deficits in the Operating Account, Membership Fees will be increased effective April 1, 1983.

ROUTE CHANGES

The old route through the marsh has become virtually impassable. The new route follows what has been a blue side-trail for the last couple of years. Please call Richard Cross for more information. Call 267-4270



New cross-country ski trail made by the Conservation Authority for use by the Rideau Trail.



**RIDEAU TRAIL
ASSOCIATION**

OTTAWA CLUB CALENDAR OF EVENTS

Sunday, January 9

Murphy's Point

Enjoy cross-country skiing or snow-shoeing at Murphy's Point Provincial Park. Bring a hearty lunch to enjoy out of doors. Meet at 9:30 a.m. at W.E.S.C.

Leader: Tedd Jordan 226-5638

W.E.S.C. - West End Shoppers City. Meet at west side in front of coin laundry.

Sunday, January 23

Joint-outing

Today we will join the Kingston Club and the Central Committee for a ski around area of Perth. Bring a lunch. Meet at W.E.S.C. at 9:30 a.m.

Leader: Elizabeth Mason 729-6596

Saturday, January 29

Cabin

Ski or snow-shoe to the cabin to feed the birds and to enjoy your lunch around the stove. Meet at W.E.S.C. at 9:30 a.m.

Leader: Ron Hunt 746-1150

Sunday, February 6

School House to Cabin 12 km

Ski from the school house to the cabin. Stay to enjoy lunch and then return to the school house. Less experienced skiers may wish to stay in the vicinity of the school house. Meet at W.E.S.C. at 9:00 a.m.

Leader: Lois Culpan 234-0481

Sunday, February 13

Gatineau Hills

Join us for an afternoon ski in the Lac Phillippe area of the Gatineau. Then stay for dinner in Wakefield. Meet at 12:30 p.m. at City Hall on Sussex Drive (parking is at rear). Phone Eileen by Wednesday, February 9, so that a restaurant reservation can be made.

Leader: Eileen Evans 741-0789

Saturday, February 26

Moonlit Ski

Take an afternoon ski to the cabin and relax with dinner, compliments of the club. The homeward ski will be by the light of the full moon. Interested persons may wish to bring equipment to spend the night out-of-doors and return home on Sunday. Phone Pearl by Tuesday, February 22, if you plan to attend.

Leader: Pearl Peterkin 829-3062

Saturday, March 5

Earth Star Loop

Ski the trails in the vicinity of the Earth Star Loop. Bring your lunch.
Meet at W.E.S.C. at 9:00 a.m.

Leader: Ed Simpson

828-1679

Sunday, March 20

Hike and Potluck Supper

If the sap is running, we will visit one of the nearby sugar bushes. After an afternoon out-of-doors, enjoy a potluck supper in Ottawa. Please phone Elizabeth by Wednesday, March 16, if you plan to stay for supper. Meet for the hike at Westgate Shopping Centre at 1:00 p.m.

Leader: Elizabeth Mason

729-6596

F.O.H.T.A. OUTLOOK (Continued from Page 2.)

An arrest is a grave imposition on another's liberty and should only be attempted if other options prove ineffective.

The new legislation also creates a colour marking system to permit occupiers to give notice of their intentions; i.e., red markings mean that any entry is prohibited and yellow markings mean that entry is prohibited except for certain activities. In addition, the new legislation recognizes the need for a symbol code to give legal meaning to signs. A sign naming an activity, or showing a graphic representation of an activity, gives notice that the activity is permitted or prohibited.

Further information on the variety of signs available, or on acquiring copies of the new legislation may be obtained by writing:.

Communications Officer,
Ministry of the Attorney General,
18th Floor,
18 King Street East,
TORONTO, Ontario M5C 1C5

PROVINCIAL PARK HOME MOVIES

If you were unable to visit any of Ontario's 131 provincial parks this summer, you will now be able to enjoy them from the comfort of your armchair.

Twenty-four park films in 16 mm color and sound, may now be borrowed from most libraries across the country. Some titles recommended by Ministry of Natural Resources are: Natural Journey, Ontario by Canoe, The Loon, The North and You, In Search of the Perfect Campsite, and Imprint on the Land.

The films may also be obtained on a loan-free basis from Ontario Provincial Parks Information, Ministry of Natural Resources, Third Floor, Whitney Block, Queen's Park, Toronto, Ont. M7A 1W3.

THE RIDEAU TRAIL ASSOCIATION

FOR IMMEDIATE RELEASE

September 25, 1982

MURPHY'S POINT PROVINCIAL PARK -- Robert Haig, historian and co-ordinator of the Rideau Canal 150 celebrations, was the guest speaker at the Rideau Trail Association Annual General Meeting held at Murphy's Point Provincial Park on Saturday, September 25, 1982.

About seventy-five members of the Kingston and Ottawa Rideau Trail Clubs and the recently formed Central Committee (Smiths Falls and Perth) were present to hear Mr. Haig describe the numerous events prepared to commemorate the one hundred and fiftieth anniversary of the Rideau Canal by the communities along the waterway. His talk was accompanied by a series of slides depicting highlights of the activities.

Following Mr. Haig's talk three guided hikes took place on trails in the park.

The following people were elected to the Board of Directors for 1982-83:

President	Cathy Cutts (Kingston)
Past President	Tedd Jordan (Ottawa)
1st Vice-President	Richard Cross (Perth)
2nd Vice-President	Ron Hunt (Ottawa)
Treasurer	W.A. (Al) Gamble (Ottawa)
Membership Secretary	Liz Harrison (Kingston)
Secretary	Jean Riddell (Perth)
Publicity Co-ordinator	Terry Fuchs (Kingston)
Newsletter Editor (Kingston)	Johanna Koeslag
Newsletter Editor (Ottawa)	Mark Sims
Representatives to the Federation ..	Brian Lunergan (Ottawa)
of Ontario Hiking Trail Associations	Henry Heald (Ottawa)

The meeting concluded with dinner at the Rideau Ferry Inn.

Terry Fuchs
Publicity Co-ordinator
(613) 548-4143

OTTAWA HIKERS/BACK PACKERS/CANOERS

Some Ottawa Club members have expressed a desire to take weekend trips. Weekend outings could be as far away as Frontenac Park, Algonquin Park or the Adirondacks. Are you interested? If you are, please phone Elizabeth Mason (729-6596) by January 31. If enough interest is shown, a meeting will be arranged in February so that interested members can get together to discuss and plan outings for 1983.

KINGSTON RIDEAU TRAIL CLUB WINTER OUTINGS

NOTE: It is helpful if people who can offer a ride would contact the hike leader to facilitate transportation arrangements.

Sunday, December 12

Afternoon outing south of Bath Road. Ski, snow-shoe or hike. Meet at A.I.P. Bath Road at 2:00 p.m. For information call Cathy Cutts, 542-54-14.

Sunday, January 2

Join us at Myles Acres for an afternoon of fun on a sleigh or wagon ride (depending on conditions). There is a charge for this activity but the club will defray part of the cost. As the plans for this event have not been finalized at the time of going to press, please call Moira Drummond at 544-9529 for verification and information.

Wednesday, January 5

Ski, snow-shoe or hike north of Elginburg Road. Meet at Sears north door at 1:30 p.m. This is suitable for all levels of achievement. Contact person is Cathy Cutts, 542-5414.

Sunday, January 9

Ski from the Desert Lake Road just north of the Sydenham Ski Hill to Gould Lake and up the east side of the lake. This is a very pleasant trail over moderately rolling terrain and is good with a minimum of snow. Meet at Sears north door at 1:00 p.m. or at the beginning of the trail at about 1:30. Phone Keith Bull, 546-9693 for details.

Saturday, January 15

Ski or snow-shoe south from the Elginburg Road through fields and woods. This is suitable for beginners and those who just want to enjoy a leisurely pace. Meet at Sears north door at 1:30 p.m. For information call Joanna Koehslag at 549-7502.

Sunday, January 23

Come and meet some of our Ottawa Club members and members from Perth in an enjoyable day's outing on the ski trails in the Perth area. As an alternative we may try the trail in Murphy's Point Provincial Park where there are trails for beginners as well as for the more adventurous. Bring your lunch for a great out-of-doors repast. Meet at Sears north door at 9:30 a.m. For information call Cathy, 542-5414.

Saturday, January 29

Join a family outing at Skycroft on Lake Opinicon - ski or snow-shoe. Meet at Sears north door at 10:00 a.m. and don't forget your lunch. Call Arne Henrikson, 544-0465 for information.

Wednesday, February 2

This will be a short afternoon outing on skis, snow-shoes or boots depending on the weather conditions. Area north of Bath Road. Meet at A & P parking lot on Bath Road at 1:30 p.m. Contact person is Joyce Mayhew, 546-1950.

Sunday, February 6

Ski into Frontenac Park from the west side along the road from Desert Lake Road to Big Salmon Lake or along the Park's trails to Big Salmon and beyond. This can be made easy, suitable for a family outing or more challenging for those that want a good workout. Meet at Sears north door at 10:00 a.m. and don't forget your lunch. For information phone John Harrison, 542-2970, or Arne Henrikson, 544-0465.

Saturday & Sunday, February 12 & 13

Enjoy a brisk ski tour to the cabin on Slide Lake and explore beyond, if desired, followed by a pleasant overnight stay and return the next day. Participants must pre-register with Dick Henriksen, 549-0412 as sleeping space is limited. Those coming must bring lunch and dinner for Saturday and breakfast and lunch on Sunday, in addition to sleeping gear. Not recommended for novice skiers.

Sunday, February 20

Come out and enjoy a scenic snow-shoe hike on the Opinicon Loop from Upper Rock Lake. Meet at Sears north door at 1:00 p.m. For information contact Caroline or Jim Gartenburg, 542-8942.

Saturday, February 26

Ski the Rideau Trail to Doe Lake in Frontenac Park from the Desert Lake Road. Novice skiers are not advised to try this trip, although the first part of it can be handled with relative ease. Meet at Sears north door at 10:00 a.m. Call Larry McCurdy for information and confirmation at 546-0683, or 389-6427 and leave a message.

Wednesday, March 2

Ski, snow-shoe or hike in the Van Order Road area. Meet at Sears north door at 1:30 p.m. Contact person is Emma Martin, 542-1594.

Sunday, March 6

Come and tour the trails at Foley Mountain above Westport by foot, ski or snow-shoe. Join us afterwards at the Henriksens, 56 Sherwood Drive, Kingston, for a Potluck supper and an evening of socializing. For details and instructions call Mary-Jane Bowes, 544-2753.

Saturday, March 12

Snow and weather permitting, this trip will take us to the Slide Lake cabin and further for those wanting more. Meet at Sears north door at 9:30 a.m. or at the beginning of the trail on the Perth Road at 10:00 a.m. Don't forget your lunch. Call Arne Henrikson, 544-0465 for information.

Sunday, March 20

This trip will be a surprise. First it will be a surprise if the snow is still good for skiing, and second, the destination will not be divulged until we gather at Sears north door at 10:00 a.m. Call Tom Kaddits at 546-0806, or Arne Henrikson at 544-0465.

WILDWOOD, WILDFLOWER, WILDBERRY WAYS

For some time the four of us (Cathy Cutts, Joan Hughes, Joanna Koeslag and I) had been contemplating staying near Ottawa and walking in that area for a change (Cathy could then fill in some more red lines on her maps to signify a few more miles hiked along the trail). We got together early July and planned to book accommodation at a bed and breakfast farm near Carleton Place. A phone call confirmed there was space for us. \$18.00 approximately each for bed, breakfast, packed lunch and evening meal! Beat that!

July 12: Bells Corners to Fallowfield. Map 2

Warm, breezy, slightly cloudy. Left Kingston at 8:30 a.m.. We spotted a car at Fallowfield and drove on to Bells High School in the other and were walking by 11:15. Before we even started we were highly amused at being lost in the conservation area behind the school. We thought we were smart in trying to pick up the trail via the pumping station, but discovered it was not possible. We should have obeyed the map! After the false start, what a lovely day we had. Could not resist the raspberries in their thousands, big and ripe and sweet. My notes say "Good hiking weather - breeze, often cloudy with the sun popping in and out. Saw Kingfisher over swamp. Blueberries, ripe and large. Wild grapes. Various, numerous, pretty butterflies."

The farmhouse was old, big, clean and delightful. We ended up with a room each. Plenty of food and the opportunity to help ourselves to the teapot whenever we felt like it. Played scrabble all evening.



July 13: O'Neill Road to Roger Stevens Road, Map 4

10:00 a.m. start. Left the car at Roger Stevens and drove the other back to O'Neill. The forest trails were lovely - different from yesterday. Today we passed by the raspberry bushes, there would be plenty more we thought, but Joanna and I wished we hadn't, as they became scarce. Cathy and Joan swung on ahead while Joanna and I poked about for odd juicy berry. The wildflowers were unbelievable - black-eyed susans simply everywhere, grasses and daisies waist-deep. Fields of wild oregano filled the air with strong scents as our boots rubbed through its leaves. I was heady with all the mid-summer splendour. Lunches were always pleasurable - in patches of sun or shade, depending on the weather conditions. Today was HOT, and lunch was at the cabin, outside in the shade round the campfire (though no fire!) A delightful spot, a credit to the Ottawa folk. The pump water was so welcome.

A swim in the pool when we arrived back at the farm.



July 14: From Roger Stevens to Dwyer Hill, Map 4

Spotted the cars again. Another sunny, hot day. "Poison Ivy about - getting blaze about it though, as I scuff by it. Amazed at the lack of bugs, I usually get bitten to death. A few late strawberries to add to our fruit intake. Lot of horseshoe prints - what a great ride I think."

The pump on this section of the trail was not working - much dismay - we were thirsty for fresh water. We wondered to whom it belonged, and what an amenity it would be to be able to draw water. The gravel roads and tracks here were straight and long - easy walking. The road allowances lush with high grasses and very enjoyable. Lunch was amongst the oregano today - I think I'll

always recall the pungent warmth as we stretch out for a short relaxation session. What imagery to take into the winter months to come!



Our day ended at around 2:00, as there were things to be done back home in Kingston that afternoon.

We must do it again, ladies.

Joyce Mayhew

BIBLE STUDY IN THE MARLBOROUGH FOREST

What does the bible say about man's relation to the environment? This was one of the questions we tried to answer on Sunday, September 26, when Jennifer and I led 30 teenagers and 5 adults from the Rothwell United Church Youth Group on a hike to the cabin in the Marlborough Forest.

While at the cabin, we conducted a short bible study. This was followed by a game in which half of the group was blindfolded. The rest of the group members acted as guides and helped the others to experience nature. The blindfolded players were encouraged to touch and smell different objects, and to listen to the sounds around them. After a few minutes, the roles were reversed.

After the game, the group reunited around the fireplace to share their experiences and to reflect on the game. Lunch was cooked over the campfire and then we hiked back out to the O'Neil side road. Everyone had an enjoyable time.

And what does the bible say about man and nature? We focused on two readings that day: Psalm 8: 1-9 and Galatians 6: 7-10.

In Psalm 8, we learned that although man is small in size in comparison to the universe, God made man inferior only to Himself. And He appointed man as exploiter and caretaker of nature.

"Yet you made him inferior only to yourself;
you crowned him with glory and honor.
You appointed him ruler over everything you made;
you placed him over all creation."

Psalm 8: 5-7 (Good News Bible)

The second reading embodies the spirit and philosophy of those who contribute their free time and energy toward nature conservation work.

"A person will reap exactly what he plants.
... So let us not become tired of doing good:
for if we do not give up, the time will come
when we will reap the harvest."

Galations 6: 7 & 9

This same philosophy is held by Youth workers.

Ron Hunt

OUT IN WINTER

A few helpful hints for when you go out on your winter hike. Make sure your boots are slightly loose - this will give your toes room to move around and help them stay warm. Also, take a first aid kit, because injuries have a much more serious consequence in the winter conditions.

First Aid Contents

2 compresses, 1 roll gauze, 1 role tape,
pain pills, halazone tablets, sunscreen
ointment, bandaids.

Remember any water taken with you will freeze, and if you plan to melt snow, take along some Halazone tablets to purify the water that you are drinking. Your body burns lots of energy keeping you warm, so take plenty of snacking foods. It is every hiker's duty to know the signs of Hypothermia, because this could lead to death.

Wool clothing is best put on in layers. If you get hot you can take a couple of layers off or, if you are standing around, a down-filled vest would be best.

and the list goes on - but, this article isn't the last word. The purpose is to get people thinking winter so that they will be prepared and enjoy themselves more.

By Mark C. Sims

F.O.H.T.A. OUTLOOK

THE OCCUPIERS' LIABILITY ACT

Basic Duty

The basic duty of occupiers in the new Act is that an occupier (owner or tenant) owes a duty to take such care as is reasonable to see that persons entering the premises, and the property brought on the premises by those persons, are safe.

If an occupier fails to take reasonable care, the law imposes civil liability for any injury that may result.

While the new law recognizes a basic duty of occupiers to provide reasonably safe premises, it also recognizes that entrants may freely choose to assume risks by taking the environment as they find it.

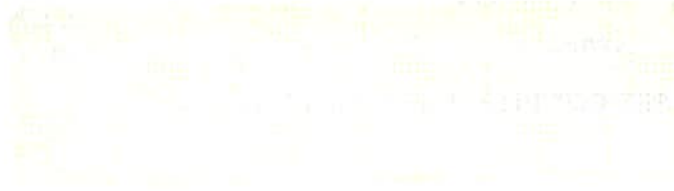
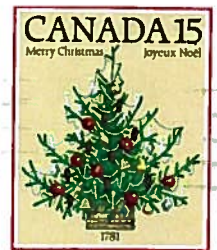
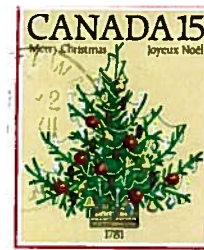
While the Occupiers' Liability Act establishes a basic duty of care, it also recognizes that this should not extend to the following type of entrants:

1. Entrant Who Willingly Assumes Risk.
2. Entrant for Criminal Purposes.
3. Non-Paying Recreational Entrants.
4. Others - in general, all entrants who do not pay a fee for entry assume their own risks. Also included in the class of persons deemed by law to assume their own risk on rural land are trespassers where entry is prohibited under the Trespass to Property Act and entrants who are neither prohibited nor expressly permitted to enter or use the land.



If undeliverable, please return to:

Rideau Trail Association
Box 15
Kingston, Ontario
L7L 4V6
Canada



MEMBERSHIP RENEWALS AND MAP KITS

Your membership provides the financial support essential for the continuous maintenance, improvement, extension and protection of the Rideau Trail network. A new edition of our map kit is now available. As well as being updated, the kit lists more than 20 campsites between Ottawa and Kingston.

Membership.....	\$5.00
Senior Citizen.....	3.00
Map Kit	4.00
Crest.....	1.00
Enamelled Pin.....	2.50
Donation	

(Tax receipts sent for donations over \$5.00)

Name_____

Address_____

Postal Code_____

