



The Rideau Trail NEWSLETTER

*Published by the Rideau Trail Association
Printed on recycled paper*

Issue No. 47

SPRING 1983



Good Companions

Norm McLeod

The Rideau Trail Newsletter is published quarterly in December, March, June and September by the Rideau Trail Association. The editor of this issue is Johanna Koeslag for the Kingston Rideau Trail Club.

Submissions for the next Newsletter are welcome and should be sent by May 1, 1983 to Mark Simms, R.R. #1, Manotick, Ontario, KOA 2N0. Phone: 822-6655.

The Rideau Trail is a member of the Federation of Ontario Hiking Trail Associations.

Unless otherwise stated, the opinions expressed in items in this newsletter are not necessarily those of the Rideau Trail Association.

ISSN 0709-7085

Dear RTA Members,

As a first-time editor of this newsletter, I would like to thank all those who contributed to making it a success, both by submitting articles and by offering valuable advice. I would especially like to thank Joyce Mayhew for her help with the typing, Cathy Cutts for her ideas and proof reading, and Doug Farquhar, the teacher of the Grade 2/3 class from Frontenac Public School, for allowing his pupils to stamp, label, fold and staple all 1000 copies. And, of course, a special thanks to all the kids whose labours earned them \$10 to buy a classroom pet fish.

You will soon notice that the format of this newsletter is a little different than that of previous issues. This is because I have access to word processing facilities. I can therefore easily print two columns of text on a page by varying the margin commands, print titles in bold face and vary the type style used by changing the print wheel in the printer. Most of the text is printed in Prestige Elite type at 6 lines per inch (LPI) and a pitch of 12 characters per inch (CPI). However, notice the type style of the application for membership on the back cover. This is a Gothic type face printed at 8 LPI and a pitch of 15 CPI. With a few margin modifications the same information could be printed to fit on the card inserted in the enclosed envelope. Exciting stuff!

I have been using computer equipment graciously made available for my use by Mike Draper, President of Raxco Software Ltd. Of course, Mike has no choice since he is my husband! Thanks anyway, Mike.

I am looking forward to serving you again in the future. In the meantime, get those thinking caps on and pencils out and keep the articles, sketches, photographs, recipes, book reviews, comments and jokes coming. This is YOUR newsletter!

Yours truly

Johanna Koeslag

Kingston Newsletter Editor

P.S. Did you know that I have copies of newsletters from all the other trail clubs that are members of F.O.H.T.A.? If anyone would like to see any of these for any reason, please give me a call at 549-7502 and we can make the necessary arrangements.

Welcome Spring!

Spring is come - the patient buds
Now burst to greet the sun,
And cottage gardens all rejoice:
The winter's past and done!

David Hope

F.O.H.T.A. Report by Henry F. Heald

The annual meeting of F.O.H.T.A. (The Federation of Ontario Hiking Trail Associations) is scheduled for February 12, 1983 in Toronto. That puts it after the deadline for this newsletter, but before the newsletter will be received by members.

Major items on the agenda include:

1. **Go to Blazes Day.** The Rideau Trail Association has agreed to co-operate with other trail associations in a province-wide trail maintenance day on May 14, 1983 which will be used to publicize hiking in Ontario and generate interest among new people. (More about this on page 11.)
2. **Ontario Hiking Day.** A thorough discussion of Ontario Hiking Day and how to make it a strong statement for hiking in the province.
3. A change in name from F.O.H.T.A. to **Hike Ontario.** The legal name would remain Federation of Ontario Hiking Trail Associations, but the logo for all public use would be Hike Ontario. It would immediately establish in the reader's or hearer's mind that it had something to do with hiking.
4. Discussion of a new brief to the Ministry of Natural Resources from the recently-appointed government relations committee.

F.O.H.T.A. has operated as a completely volunteer operation with delegates receiving just their expenses for attending five meetings a year (four in Toronto and one at one of the association areas). A suggestion that F.O.H.T.A. should have a full-time, paid executive director led to a discussion of F.O.H.T.A.'s role and that led to a decision to have a "facilitator" from the Ministry of Tourism and Recreation help the F.O.H.T.A. directors define that role and decide whether paid staff is the solution.

Doug Knapp and Al Gamble, who have represented the R.T.A. so long and so well on the F.O.H.T.A. board, both resigned last year. Henry Heald and Brian Lunergan were elected at the annual general meeting last September to replace them. So the annual meeting on February 12 will just be our second session with the F.O.H.T.A. board.

Although we are both from Ottawa, we want to serve the whole Rideau Trail Association and give all sectors the representation that you, the members, want. We would welcome any comments, suggestions or advice and we will report to the membership as fully and promptly as possible. Feel free to contact either of us at the addresses and phone numbers listed below:

Henry F. Heald	Brian Lunergan
11 Lynhaven Cres.	152 Monterey Dr.
Nepean, Ontario	Nepean, Ontario
K2E 5K3	K2H 7A8
Phone: 224-4471	Phone: 829-0609

Cathy's Sticky Bread

Soak about 6 hours or overnight:

1 cup All-Bran
1 cup brown sugar
1 cup mixed dried fruit
1 cup milk

Stir in:

1 cup flour
1 tsp baking powder
1/2 tsp baking soda

Pour mixture into a 1 lb loaf tin.
Bake at 350 F. for 3/4 - 1 hour.

DID YOU KNOW?

- * In the last year we had 25 inquiries from Quebec (5 in French).
- * In the last year we had 23 inquiries from points in the U.S.A.
- * At present we send 2 newsletters overseas, 1 to Germany, 1 to Bermuda.

Highlights Board of Directors Meeting

On Saturday, January 22, 1983 seventeen members of the Board of the Rideau Trail Association met in Perth. Here are some of the decisions made at that meeting that may affect you.

1. You can now become a patron (lifetime) member of this illustrious organization for \$150.00. An income tax receipt will be issued. The new category will be added to the membership application form. (See the back cover).
2. The Rideau Trail financial books were not audited at the time of the annual meeting in September, but they have since been audited and found in good order. The auditor's report was read and accepted at this board meeting. Thanks to Al Gamble for so capably looking after the accounts of the R.T.A.!
3. Watch for these changes in the new Rideau Trail membership renewal forms and brochures. The new prices are effective April 1, 1983. Please discard old brochures after this date.
 - a) Maps will be sold for \$4.00 per set and the map cases sold separately for \$3.00. The cost of a map set plus a case is therefore \$7.00.
 - b) The Rideau Trail lapel pins are currently out of stock. New ones are being ordered and will be sold for \$3.00 each.
 - c) Rideau Trail decals for the car window will be available after April 1st at a cost of 50 cents. New members will receive one free.
4. Look for the article on "Go to Blazes" Day on page 11. This mighty maintenance day is scheduled for May 14.
5. Note that the trail will be closed to hikers (except in conservation areas and provincial parks) on **Tuesday, March 8, 1983**. See the official notice on page 7.

5th Annual Naturalists Workshop

The Biology Dept. of Queen's University is offering a residential workshop in field taxonomy and identification from May 28 to June 4, 1983 at the University Biology Station near Chaffey's Locks. The program includes seminars and field trips on the identification of flowers, birds, mammals, insects, snakes and fish. The cost of \$220.00 (\$140.00 to undergraduate students) includes transport to and from Kingston, accommodation, food, tuition, and a handbook. Registration must be completed by May 7. For more information call Johanna Koeslag at 549-7502 or write for an application form to:
Shelagh Mathers, Biology Dept.
Queen's University
Kingston, Ontario, K7L 3N6

An Announcement

"Spring in the Ottawa Valley" is the theme for the 52nd annual meeting of the Federation of Ontario Naturalists. This year, the exhibits of member clubs and associated organizations (of which the RTA could be one) will be displayed in Ottawa at Carleton University from June 3 to 5, 1983

OTTAWA

ANNUAL GENERAL MEETING

Take part in the annual general meeting of the Ottawa Club to be held this year at the School House. The meeting will start at 2:00 p.m. A hike and potluck supper/barbeque will follow. Bring your own meat to barbeque and a salad or dessert as potluck, enough for 4 or 5 servings.

Meeting Place

W.E.S.C.* at 1:00 p.m.
or

School House at 2:00 p.m.

Date

June 5, 1983

Ottawa Club Calendar of Events

Saturday, April 9. Gatineau Hike

Hike 11 km along the Gatineau Escarpment in the Luskville Falls area. Good boots are a requirement for this early spring hike. Bring a lunch and a hot drink. Meet on the steps of the Supreme Court Building on Wellington Street at 10 a.m. Leader: Joe Parton, 733-7624.

Sunday, April 17. Historic Walk

This 10 km walk will be primarily historic with points of interest that include Charles Lennox Memorial, Fallowfield United Church and the Wallace House. (Map 2). Meet at W.E.S.C.* at 10:30 a.m.

Leader: Elaine Vininsky, 722-3358

Sunday, April 24. Dwyer Hill Area

Hike 9 km one way, along the trail between the Dwyer Hill Road and the junction with the Merrickville blue loop. (Map 4). Bring a lunch. Meet at W.E.S.C.* at 10 a.m.

Leader: Merv Brown, 226-5648

Saturday, April 30. Bicycle Ride

Bicycle from Ottawa to the School House and back. (Some people may wish to camp overnight at the School House and return on Sunday). Meet at W.E.S.C.* at 8:30 a.m. with your bike, a lunch and any other necessary gear.

Leader: Al Gamble, 729-5056

Sunday, May 1. Cabin Work Party

It's time for spring cleaning at the cabin. Meet at W.E.S.C.* at 9 a.m. Bring a lunch.

Leader: Ron Hunt, 746-1150

Sunday, May 8. Perth Re-routing

Enjoy a 12 km hike on the new section of the trail between Perth and Murphy's Point. This section features small lakes, marshes and rolling hills. Bring a lunch and join a group having a light supper in a restaurant on the way home. Meet at W.E.S.C.* at 9:30 a.m.

Leader: Jim Fish, 226-7236

Saturday, May 14. "Go To Blazes" Day

See the write-up on page ? of this newsletter or contact Ed Simpson at 828-1679 to volunteer for trail maintenance.

Sunday, May 29. Narrows Locks to Westport.

Get together with the Kingston Club for this one-way, 12 km hike over very scenic terrain. Meet at W.E.S.C.* at 9 a.m. or at the Narrows Locks at 11 a.m. Bring a lunch. Plan to have dinner at a restaurant.

Leader: Eileen Evans, 741-0789

Sunday, June 5. Ottawa A.G.M.

The Ottawa annual General meeting will be held at the School House this year. Bring your own meat to barbeque and a salad or dessert for potluck, enough to serve 4 or 5 people. Meet at W.E.S.C.* at 1 p.m.

Information: Elizabeth Mason, 729-6596

Saturday, June 11. K & P Trail

This 22 mi long trail is preserved as recreational land by the Mississippi Valley Conservation Authority. It traces part of the historic Kingston to Pembroke railroad. The 15 km section from Flower Station to Calabogie is particularly attractive as there are a number of lakes along the route. At the end of the hike the group will visit an interesting restaurant in Calabogie for dinner.

Leader: Bill Grant, 820-0697

Saturday, June 25. Gatineau Hike

This 13 km hike will be a 5 lake loop in the Lac Philippe area of the Gatineau. Bring a lunch, your swim suit and insect repellent. Meet on the steps of the Supreme Court Building on Wellington Street at 10 a.m.

Leader: Joe Parton, 733-7624

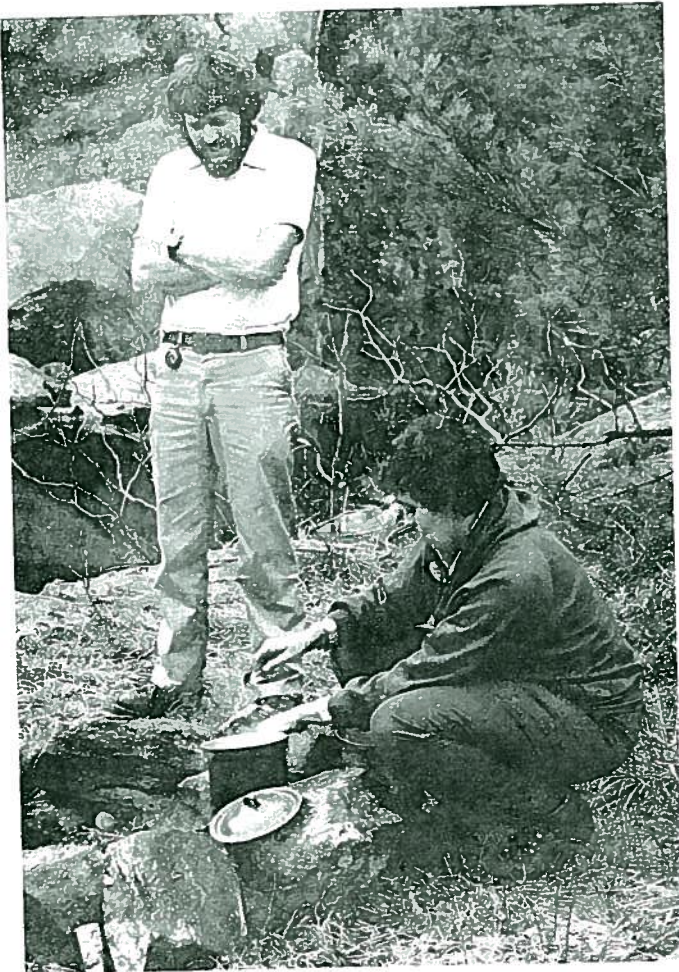
* W.E.S.C. means West End Shoppers City at Baseline and Woodroffe. Meet in front of the coin laundry on the west side.

Frontenac Park Overnight Hike - Saturday, October 30, 1982

Eleven hikers gathered at the Rideau Trail and Perth Rd. junction for a 2-day hike in Frontenac Park. As I recall the weather was a little threatening but it did stay dry for us.

The hike was ably led by Arne Henrikson. I think that sometimes we take our hike leaders for granted, assuming that if they know the trail we are in business. There is a little more to it than that. The leader should know the trail and be prepared to find it when it has been lost due to flooding, windfall or whatever. This person must set the pace to reach the day's goal, but also be sensitive to the ability of all the hikers in the group. I think our leader did all these things well. Thanks Arne.

Story: by Tom Kaddits
Photos: by Norm McLeod



The day we picked to hike the park was the day that Klaus Stegemann and John Hartwick, a couple of our trail maintainers, carried a stile into the Slide Lake junction area. Let me tell you that if I had the choice of carrying a pack or a stile, I would take the pack every time. Even with the stile in 2 pieces it was still difficult.

I was going to mention who took the short trail and who took the long trail to our camp site, but I don't want to make this article too long or embarrass the male chauvinists in the group.

Some of us were lucky enough to see a deer. No wolves or bears were seen but maybe next time!

All in all, it was a great hike with good scenery and good companions. I am looking forward to next year.

ALL TRAIL RE-ROUTINGS SINCE 1981

Sydenham Route Change MAP 11

The bridge across Millhaven Creek west of Sydenham being generally under water has called for a re-routing of the trail in this area. At the same time, we have tried to take this section off the road and into open country. Thanks to the splendid efforts of Emma Martin and Virginia Moss, who maintain the trail sections north and south of Sydenham respectively, this has been accomplished. However, the route does now run through Sydenham itself and this perhaps needs some explanation. The decision to run the trail through the village was made for 2 reasons. First, it is the only major supply point on the trail between Westport and Kingston. Second, the village is of historic and scenic interest.

As the trail also now crosses farmland which is actively used for farming, members are reminded of our Hiker's Code, in particular to use stiles, to walk around the edge of fields and not to disturb farm animals. We are grateful to the landowners in this area who have given us permission to cross their land. Let us show it in the way we use the privilege they have extended to us.

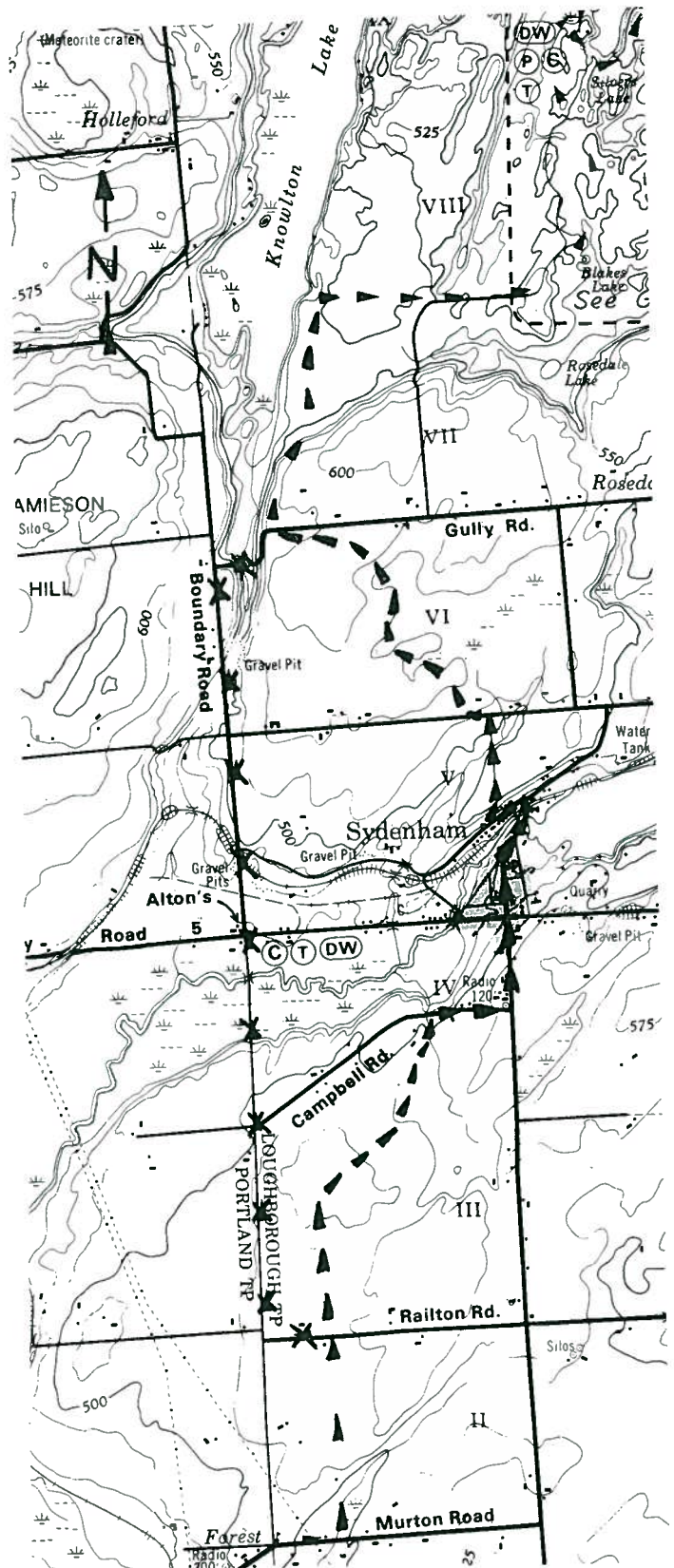
Frontenac Park MAP 10

In the spring of 1981 the trail markers from Pond Junction to Camel Lake were removed. The Rideau Trail in Frontenac Park now consists of the main trail from Salmon L. Rd. to Perth Rd. (via Pond, Rock and South Slide Junctions) and the Slide Lake Loop. In addition, an extensive set of hiking and X-country ski trails is being developed in Frontenac Park by the Ministry of Natural Resources.

Corrections to MAP 12

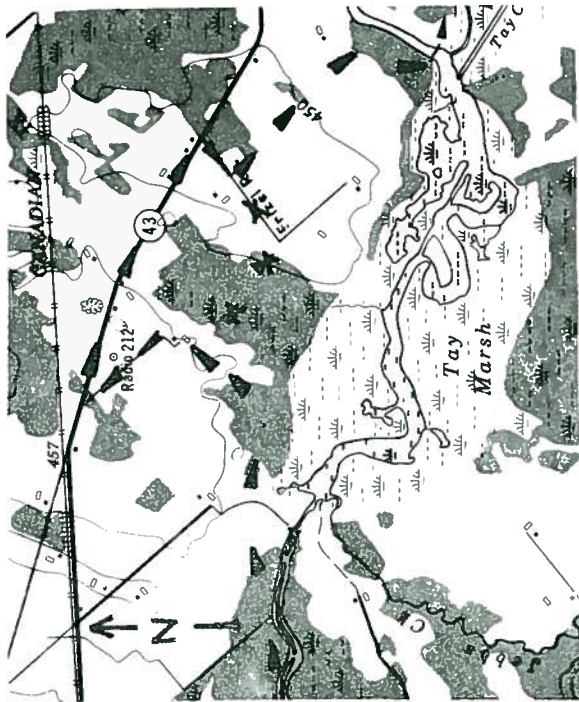
The road named Jackson Mills Rd. on the map is actually Cordukes Rd. and Old Hwy 38 is now called McIvor Rd. Jackson Mills Rd. is the road that runs S.W. from the 5th Concession Rd. near Bur Creek to McIvor Rd.

MAP 11



Re-routing from Perth

MAP 7



This section of trail through the Tay Marsh east of Perth has now been re-routed to Hwy 43 to avoid the virtually year-round impassible marsh.

NOTICE

The Rideau Trail where it crosses private land will be **CLOSED** on **Tuesday, March 8, 1983**. This action is necessary to protect the landowners who generously allow us to cross their land the rest of the year. Beware of trespassing on this day!

A Quotable Quote: "If you are seeking creative ideas, go out walking. Angels whisper to a man (or woman) when he goes for a walk."

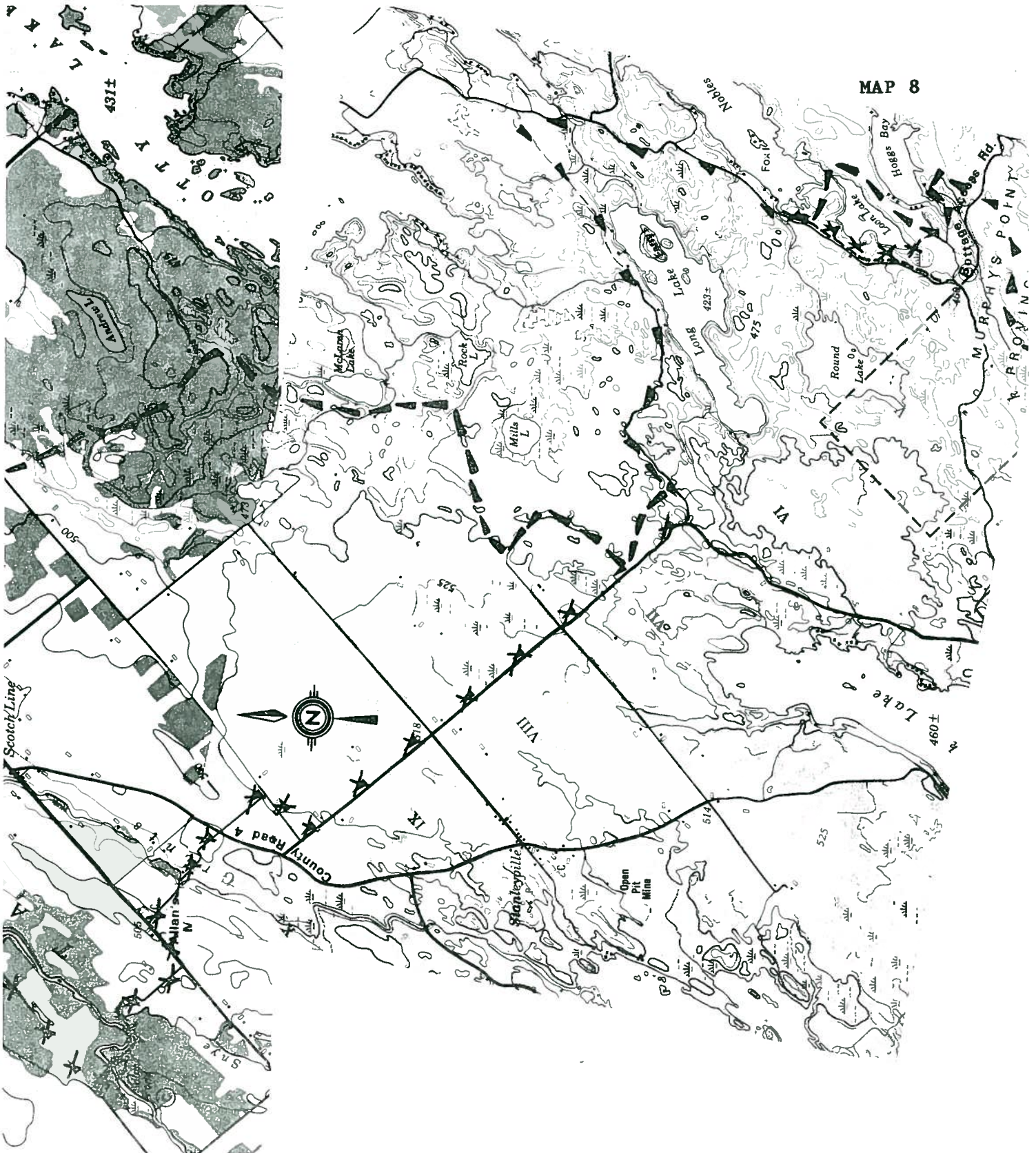
Submitted by Richard Cross.

MAP 7

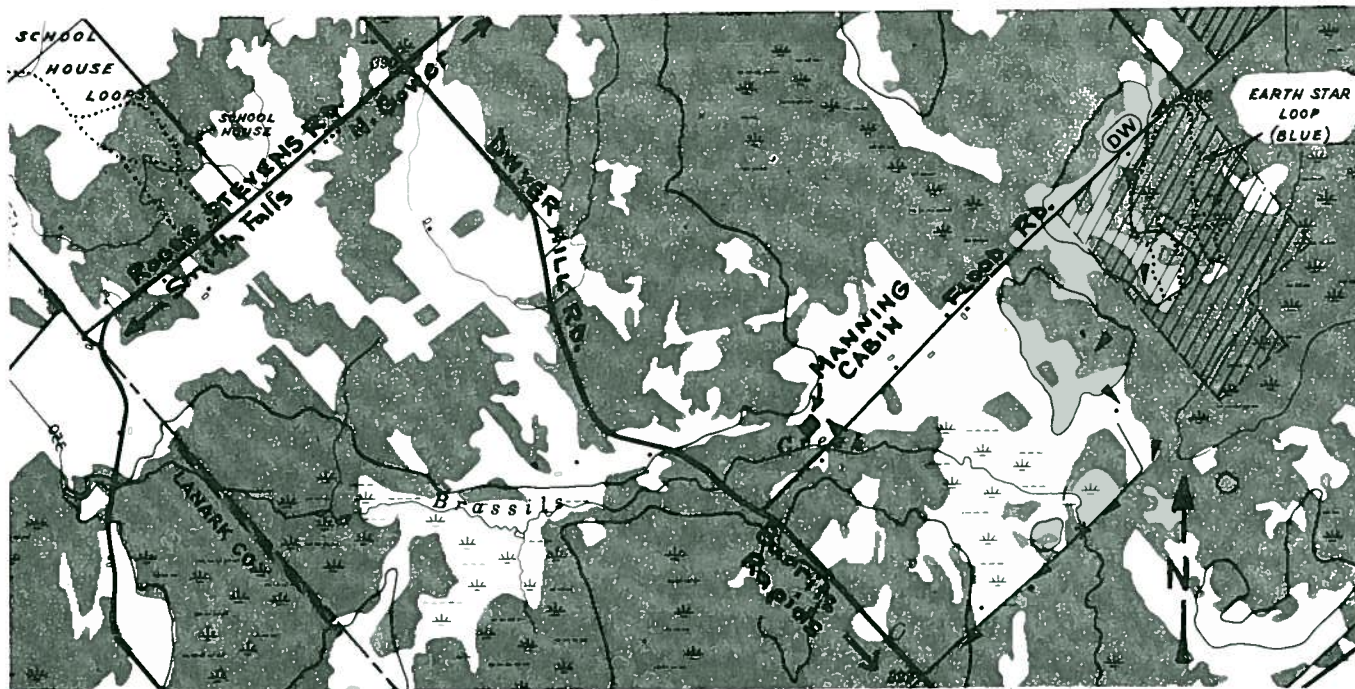


to Murphy's Point Provincial Park

At Murphy's Point a road section has been replaced by 2km of trail through the Provincial Park. Hikers are welcome to use park facilities: toilets, change room, beach and hiking trails.



Manning Cabin MAP 4



The Ottawa club has made arrangements to use a cabin owned by Tom Manning. It is located just off Flood Rd. about 0.7 km N.E. of the intersection with the Dwyer Hill Rd. and about 3 km from the Earth Star Loop. There is a stock of firewood, and an axe and saw in the cabin. There are also some dishes and cooking utensils, but there is no water.

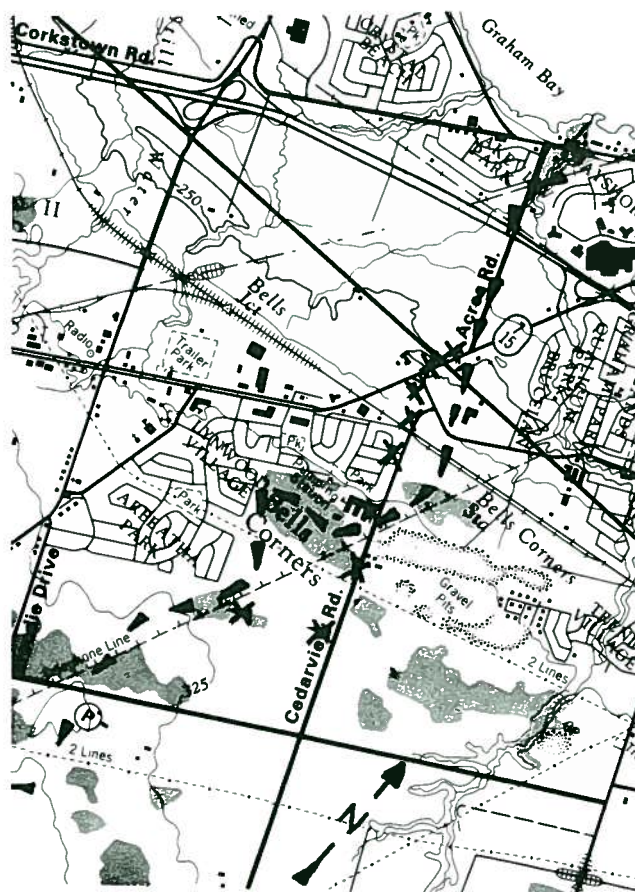
Please call Merv Brown at 226-5648 for more information.

Access to the School House

Cross-country skiers or hikers wishing to use the School House off Roger Stevens Rd. (MAP 4), can borrow a key from one of the following R.T.A. members in Ottawa:

Peter Brebner, 729-8178
 Ron Hunt, 746-1150
 Pearl Peterkin, 829-3062

Bells Corners MAP 1



"Go To Blazes" Day - Saturday, May 14, 1983

The formerly pejorative expression "go to blazes" will take on a new significance in May when hiking trail groups all across Ontario participate in "Go To Blazes" Day. On May 14 the Rideau Trail Association, in concert with the other member associations of F.O.H.T.A. (Federation of Ontario Hiking Trail Associations), will be urging its members to celebrate "Go to Blazes" Day by getting out on the Rideau Trail to make it ready for the spring and summer seasons - in other words, a giant maintenance and clean up blitz!

Information received from F.O.H.T.A. stresses "the purposes of such an intensive one-day event":

- a) to improve the quality of our trails
- b) to generate membership involvement and thereby a greater commitment to the concept of hiking trails in Ontario
- c) to publicize hiking and trail associations and F.O.H.T.A. in the province.

I think you will agree these are all worthwhile goals.

The impetus for "Go To Blazes" Day comes from the Bruce Trail Association, which last year sponsored a highly successful clean up day on its entire 700 Kilometres of Trail from Queenston to Tobermory. The Rideau Trail Association would like to have people out on every section of the Rideau Trail. Groups will be organized and, after the big day, a social event is planned. What could be better than a day spent in the fresh air accomplishing a worthwhile goal and a party afterwards?

So mark May 14 on your calendar and get out your clippers and saws and garbage bags. Everyone is welcome. You do not even have to be a member to join this giant version of the famous Rideau Trail Work Party! Watch the local media for further details or contact your local club executive to volunteer to help. Only we can make it happen.

URGENT APPEAL: The Quinte-Hastings Recreational Trail Association is short handed for "Go to Blazes" Day and would appreciate help from some Rideau Trail volunteers in clearing some heavy brush south of Madoc, around Moira Lake. If you can help out on May 14, please contact Brian Lunergan in Nepean at 829-0609.

Terry Fuchs

Rideau Trail Run - May 21, 1983

The spring clean up and maintenance of the Rideau Trail scheduled for May 14 comes at an opportune time because the Trail should then be in tip-top shape the Saturday after "Go To Blazes" Day when Bob Tysen starts his Rideau Trail Run. Sponsored by Goolak Backwoods Co-op of Kingston, Eganville, and Kitchener to highlight some new lightweight hiking gear, Bob plans to run the entire trail in just four days - that averages out to fifty miles a day! Through Frontenac Park?!

In addition, following rules developed for a similar run on the John Muir Trail in California, Bob will have to carry his own sleeping bag and much of his equipment. Goolak has developed an extremely light and compact sleeping bag for him. He will be accompanied, however, by a support team of hikers.

It is hoped that RTA President Cathy Cutts will meet Bob on Tuesday, May 24, when he crosses the finish line at Elevator Bay in Kingston to present him with a 200 Certificate for completing the trail end-to-end. It ought to be the fastest time the entire Rideau Trail has been "hiked".

Keep an eye on the local media for further details. May is shaping up to be a big month for the RTA.

Terry Fuchs
Publicity Co-ordinator
548-4143

Kingston Club Calendar of Events

Mark these dates on your calendar if you wish to join us. Please call the contact person if there is any doubt about weather or other conditions, and particularly if transportation needs to be arranged. This year we are again trying to get as far as possible in covering every section of the trail in the Kingston Club's area in a series of sequential hikes.

Monday, April 4. Cataragui Bay to the 401 Bridge. This walk will begin at Cataragui Bay (by the grain elevators) which is the beginning of the Rideau Trail, and terminate at the bridge over Highway 401, a distance of about 8 km. We may have lunch with Sir John A. but bring yours with you just in case. A car shuttle will be arranged in order to make this a one way walk. Meet at Sears north door at 10:00 a.m.

Contact: Ray Forester, 542-4385

Wednesday, April 6. Railton Rd. Area Fields, hedgerows, woods and a terrain that is fairly level will make for a leisurely afternoon's walk. Perhaps we will see some early spring flowers. Meet at Sears north door at 1:30 p.m.

Contact: Emma Martin, 542-1594

Thursday, April 7. Dessert and Coffee Party, Slide Show & Social Evening. A special invitation is extended to new members.

Hosts: Cathy and Donald Cutts, 544-5414

Sunday, April 10. The 401 Bridge to Elginburg Road. Join us on this section of trail, over hill, past mill pond, mill and rushing stream, through pasture and woods. Meet at Sears north door at 1:00 p.m.

Contact: Johanna Koeslag, 549-7502

Saturday, April 16. Elginburg Road to Orser Road. This is an easy hike on mostly level terrain. Interesting geological formations of the limestone karst type may be seen and the trail goes through a sugar maple bush. Meet at Sears north door at 1:00 p.m.

Contact: Cathy Cutts, 542-5414

Sunday, April 24. Charleston Lake Provincial Park. This park offers a number of trails from which to choose. Woods, sparkling lakes and scenic look-outs await the hiker. Bring a lunch and meet at Sears north door at 10:00 a.m.

Contact: Harry Dyer, 546-3319

Saturday, April 30. Kingston A.G.M. The Kingston annual general meeting will be held at Skycroft this year. For details refer to page 4 of this newsletter. Those persons requiring transportation may meet at Sears north door at 9:00 a.m.

Contact: Moira Drummond, 544-9529

Wednesday, May 4. Le Moine Point This Conservation Area in the spring is well worth visiting. Spring blossoms should be evident. Afterwards, have tea and cookies at the "Stonehouse Tea and Crafts" on Hwy 38 just N. of Hwy 401. Meet at Sears north door at 1:30 p.m.

Contact: Wilhelm Dietrich, 542-7913

Sunday, May 8. Orser Rd. to Gully Rd. Make this a family day for hiking. Come and experience the historical and natural sights of the new route through Sydenham. Bring a lunch and meet at Sears north door at 10:00 a.m.

Contact: Virginia Moss, 1-374-2344

Saturday, May 14. "Go to Blazes" Day Come out one and all to do a little light work to put the whole trail in shape. Trail maintainers, set this day aside for your spring maintenance work. Trail hikers, friends and relatives, volunteer your help for this day of work and fun. See page 11 for details.

Contact: Tom Kaddits, 546-0806

Cathy Cutts, 542-5414

Arne Henrikson, 544-0465

Monday, May 23. Gully Rd. to Gould L. Come out to enjoy a fairly easy hike through woods and fields ending at the barn on Gould Lake where you can soak your feet (or head) in the cool waters of the lake. If you have any questions on photography, ask Norm, your hike leader.

Contact: Norm McLeod, 546-9440

Kingston Club Calendar Continued

Sunday, May 29. Narrows Locks to Westport. Join us and meet some of your fellow hikers from the Ottawa Club. Meet at Narrows Locks at 11:00 a.m. or at the north door at 10:00 a.m. to share transportation. Please call Arne for confirmation and don't forget your lunch. Contact: Arne Henrikson, 544-0465

Wednesday, June 1. Belle Island
Off Montreal Street near the golf course is a pleasant afternoon's walk to Belle Island. The hill gives a good view of the river and city. Meet at Sears north door at 1:30 p.m.
Contact: Peter or Libby Skelton, 544-0151

Saturday, June 4. Slide Lake Loop
This is one of our popular annual treks around Slide Lake in Frontenac Park. The 13 km loop is rugged but scenically delightful. Bring your lunch, stout boots and a camera. Meet at Sears north door at 9:00 a.m. Please call John to let him know you are coming.
Contact: John Harrison, 542-2970

Sunday, June 12. West Gould Lake
Walk (and climb) the west side of Gould Lake as far north as time permits and back. This hike is not for beginners since the terrain is quite rugged, involving climbing several steep cliffs. Once at the top the view of the lake is lovely. A quick swim is a possibility. Come prepared for a good workout, enjoyable company and bring your lunch. Meet at Sears north door at 9:00 a.m.
Contact: Marian Watkins, 389-4354

ADVANCE NOTICE (to Get Feedback)

Donald and Cathy Cutts are planning to camp at Murphy's Point Provincial Park from Monday, July 18 to Friday, July 22, 1983. The plan is to walk the trail in both directions from the park and explore that area. If anyone else expresses an interest in camping there too at the same time, then a program could be worked out. Contact Donald or Cathy by phone or letter at 542-5414 or 15 Casterton Avenue, Kingston, Ontario, K7M 1R4.

What's in a name? I have seen articles about Rucksack Clubs, Wednesday Wanderers, and "On Two Feet" but the Kingston group of Wednesday walkers has not adopted a particular name. Numbers attending have ranged from 2 to 12 and more than 20 different people have participated over the year. The walks are generally quite leisurely with time to comment about the specific features encountered. Each walk ideally should be done in every season to fully appreciate the beauty and variety the area offers. Sometimes we wonder if we are in "conservation" areas or "conversation" areas! Maybe the conversation might get around to choosing a unique name. Any ideas? Please do not let the lack of a name stop you from coming out to join the Kingston group of Wednesday walkers.
Contact: Cathy Cutts, 542-5414

KINGSTON ANNUAL GENERAL MEETING

Take part in the annual general meeting of the Kingston Club to be held this year at Skycroft. Those of you who know the Bonwells will know what gracious hosts they are. For directions on how to get there or to arrange transportation, please call Moira Drummond at 544-9529.

Date	Time
April 30, 1983	10:00 a.m.

Place
Skycroft. On the Opinicon Road Near Chaffey's Locks

Program
10:00-10:30 Meet the executive over Refreshments!
10:30-11:30 Business meeting
11:30- 1:00 Picnic lunch. Bring your own.
1:00- 1:45 Pioneer Days by the Rideau Craft Assoc. Of interest to all ages.
1:45- 2:30 An Historical Hike with the Bonwells.
2:30- 4:00 More hiking anyone? Explore some of the numerous trails in the Skycroft area.

Letter to the Editor

Dear Editor,

A landowner on the Rideau Trail contacted me expressing concern over hikers taking dogs on her property. One of her wishes was that the newsletter carry a notice of her concern. Her feelings are, I believe, shared by other landowners along the trail and this is something we as hikers can stand to be reminded of.

Our hiking code states that dogs must be kept on a leash on or near farm property. Conscientious hikers know and follow this code to the letter but look at it from the viewpoint of a farmer. Instead of a "family pet" he may see your dog as an animal capable of running cattle or deer, killing sheep or creating havoc in the farmyard. Even a dog on a leash is a potential threat. The landowners usually do not know the people who hike on their property or that the dog will stay on a leash once the hiker and dog are out of sight of the farm buildings.

Our continued good relationship with landowners is of vital importance to us all. It is up to us to do everything in our power to insure this good relationship continues.

Please reconsider before taking your pet out on the trail. If you do need to take "Fido" be sure to remember and practice the hiker's code.

Yours sincerely,

Jean Riddell

Trail Maintainer (Perth Area)

THE HIKER'S CODE

- * Hike only along marked routes.
- * Do not leave the trail.
- * Do not climb fences or open gates.
- * Carry out all garbage and litter.
- * Protect all trees and shrubs - and leave flowers and plants for other people to enjoy.
- * Keep dogs on a leash on or near farmland.
- * Walk around the edge of fields, not across them, and do not disturb farm animals.
- * Protect and do not disturb wildlife.
- * Do not make a campfire, except at officially designated and posted campsites.
- * No motorized vehicles.
- * Leave only your thanks and take only photographs.
- * Use the trail at your own risk.

A New National Magazine

"Walking Journal" is a new national magazine all about walking, including hiking. Every issue will contain news of various trails around the country and articles on many other aspects of walking such as pedestrian research, walking for college credit, walking around the world, and the increasingly popular sports walking. If you would like to see a copy of this new magazine, contact your local club chairman who will be receiving a complimentary copy, or write for a subscription to: Trails Editor, Walking Journal, P.O.Box 454, Athens, GA 30603

The English Wanderer

This little pamphlet describes a variety of walking holidays in England in the summer of 1983. Spend 7 days hiking in North Yorkshire, Derbyshire, Hampshire, or Somerset, etc. Accommodation will be at small friendly hotels renowned for their good cooking. If you are planning a holiday in England this summer and would like to see this brochure contact Johanna Koeslag at 549-7502.

HELP WANTED

Volunteers are needed to maintain several sections of the Rideau Trail between Murphy's Point Park and Port Elmsley. If you are willing to be responsible for a section contact:

Richard Cross

21 D'Arcy St.

Perth, Ontario, K7H 2T9

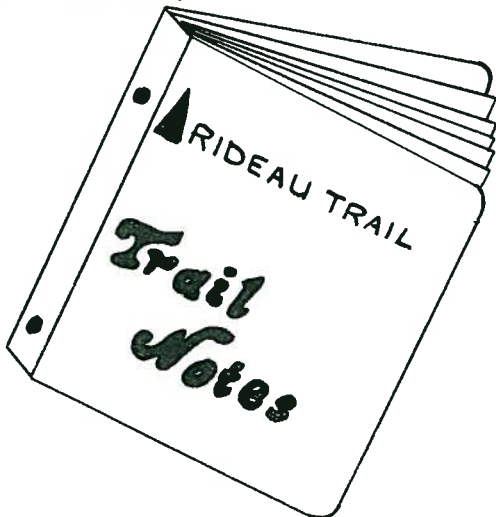
Phone: 267-2023 or 267-4270

Trail Notes Reviewed by P. Peterkin

For those members who have not yet seen the field guide book of the Rideau Trail Association, let me tell you about it. It is a pocket-sized loose-leaf book with a waterproof plastic binder containing over 100 pages crammed with information to make your hiking more rewarding including notes on rocks and trees, flowers and birds, compasses and maps. Each chapter has been written by an expert - Robert Legget contributed the section on history, Mabel Corlett and Bob Stevens collaborated on the geology section, and the extensive write-up on ecological niches has contributions by John Arnold, Dan Brunton, Adele Crowder, Francis Cook and Frank Phelan, among others. I am sure your enjoyment of the Rideau Trail will be vastly enhanced by having this convenient-sized book in your backpack.

Inbelievably, though the price is only \$5.00, fewer than 400 of the initial printing of 2000 have been sold so far and of these, 100 were sold to the general public. This must be because many of our 950 members are not acquainted with **Trail Notes**. Once you have seen the book you will surely want to buy one.

If you wish to see **Trail Notes** contact:
Arne Henrikson, 544-0465, Kingston
Jean Riddell, 267-1276, Perth
Eileen Evans, 741-0789, Ottawa
Pearl Peterkin, 829-3062, Ottawa



Be sure to order a copy with your spring membership renewal!

Your Corridor Preservation Fund

As one of its low-key but important programs, the Rideau Trail Association maintains a "Corridor Preservation Fund". Supported by donations and by the allocation of bank interest from our operating account, the goal is to establish a fund of \$10,000 by 1986.

Since its inception in 1976, the fund has made three grants totaling \$1750 which stimulated funding from other sources to preserve areas of land for hiking and allied uses. The most recent grant was \$500 donated towards the purchase of the John L. Smith property. This land bordering the western boundary of the City of Kingston, will now be maintained by the Cataraqui Region Conservation Authority. The Authority is planning to undertake the job of rebuilding the burned out board walk in the area where the Rideau Trail passes through the Cataraqui marsh.

A delegation from the Kingston Club attended a Township Council meeting to express our thanks for their part in purchasing this land. A letter was received from Major John Gerretson expressing the City's thanks for the Rideau Trail donation.

As of January 19, 1983 the Corridor Preservation Fund stands at \$3778. If you would like to make a donation to help attain the goal of \$10,000, just include it with your membership renewal. Income tax receipts are provided.

MEMBERSHIP RENEWAL

It's that time of year again! Just write your name and address on the card in the envelope enclosed with this newsletter, check the items you would like to order, include your cheque with the card, then stamp and mail the envelope. What could be easier!! You will notice that the annual membership rate has increased from \$5 to \$10. A 100% increase! Still, where, in these days, can \$10 buy the value you get in fun and recreation that a membership in the Rideau Trail provides? Send in your envelope today!



If undeliverable, please return to:

Rideau Trail Association
P.O. Box 15
Kingston, Ontario
K7L 4V6
Canada

APPLICATION FOR MEMBERSHIP

Rideau Trail Association
P.O. Box 15,
Kingston, Ontario K7L 4V6

Membership year, April 1st to March 31st

Our membership in the Rideau Trail Association provides the financial support essential for the continuous maintenance, improvement, extension and protection of the Rideau Trail network. As a member you will receive the quarterly newsletter and special mailings, as well as voting rights in both Club and Association activities.

)Annual Family Membership.....	\$ 10.00
)Patron (Life Membership).....	150.00*
)Map Kit (13 maps) Members only.....	4.00
)Vinyl Case for maps.....	3.00
)Trail Notes Members.....	5.00
Non-members.....	8.00
)Car sticker (FREE to New Members).....	.50
)Crest.....	1.00
)Enamelled Pin.....	3.00
)Donation to RTA.....	*
)Donation to Corridor Preservation Fund...	*

TOTAL _____

PLEASE CHECK New () Renewal ()

Name.....

Address.....

.....

Postal Code.....

Telephone.....

Qualify for income tax deduction. Charitable Registration No. 0041733-56-11

OTTAWA CLUB MEMBERS

To avoid a conflict with the annual meeting in Ottawa of the Federation of Ontario Naturalists, the annual meeting of the Ottawa Club of the RTA is postponed from June 5 to June 12. (Same place and time, see Calendar of Events)