



The Rideau Trail NEWSLETTER

*Published by the Rideau Trail Association
Printed on recycled paper*

Issue No. 50

WINTER 1983



The Rideau Trail Newsletter is published quarterly in December, March, June and September by the Rideau Trail Association. The Association is a member of the Federation of Ontario Hiking Trail Associations. The editor of this issue of the Newsletter is Mark C. Sims for the Ottawa Rideau Trail Club. Submissions for the next newsletter are welcome, as well as pictures and should be sent to Johanna Koeslag in Kingston, Ontario.

Johanna Koeslag
18 Cowdy Street
Kingston, K7K 3V7
tel: 549-7502

Unless otherwise stated, the opinions expressed in this newsletter are not necessarily those of the Rideau Trail Association. ISSN 0709-7085

I would like to wish all RTA members a Happy Holiday and good hiking for the Summer of 1984. I will be thinking of everyone while I am hiking in Europe next summer. But the Newsletter must go on so please send your pictures and articles as normal.

Ottawa Editor: Mark C. Sims
R.R.#1 Manotick Station
Ontario, KOA 2N0
tel: 822-6655

RTC MEMBERS

- YOUR EXPERTISE IS NEEDED!

The Ministry of Natural Resources is offering skill development programs based at the Trail Centre in Frontenac Park. Volunteers will work with Ministry staff to offer these programs.

The natural environment of the Park will provide a "threshold wilderness" of backcountry recreational opportunities only 35 km. north of Kingston. Users need the skills to make this wilderness recreation a safe, happy and rewarding experience.

Canoe tripping, hiking, X-country skiing, fishing, interior camping -- as well as basic knowledge of backcountry conservation, safety and health are to be included in the training programs.

Cover picture, by Boris Mather, is of the footbridge just east of Moodie Drive, Trail Maintenance Day

Information is needed on the type of contribution you would like to make (skills program, demonstration equipment or help with a program, etc.).

Please call Arne Henrickson (544-0465) as soon as possible.

TRAIL MAINTENANCE - OTTAWA RIDEAU TRAIL CLUB

by Jim Fish
Maintenance Coordinator, Ottawa Rideau Trail Club

In the last Newsletter, I described the way in which our portion of the Rideau Trail would be maintained in future. Specifically, portions of the trail would be assigned to volunteers for all routine maintenance activities, rather than our relying almost exclusively on one or two big "blitzes" each year, which may or may not ensure a complete and thorough job is done.

The response has been very encouraging. Ten volunteers have, in total, asked that about 60% of the trail between Ottawa and Rosedale be assigned to them. Individuals and couples have requested sections from 2 to more than 15 kilometers in length. As well, the portions requested have tended to be the more demanding ones, through heavy forest and rough farmland. The remaining parts of the trail are mostly along quiet rural roads or abandoned road allowances, where the biggest chore is keeping enough markers on trees and posts.

I would like to see six or seven more volunteers to care for the rest of our trail, plus a reserve of three or four more who could help out on an "as required" basis. Maintenance work is not difficult. (Some of us really enjoy it as an excuse to get out and appreciate what a great resource our trail is.) However, it will take more hands if we are to avoid placing an unfair load on a few individuals. If you can help us, please contact me at 226-7236, or at the Club's mailing address:

P.O. Box 4616, Station E,
Ottawa, Ontario, K1S 5H8

Some volunteers have already been hard at work, resulting in some very well-marked, clean and brush-free trail. If the fall Maintenance Day (November 19) is as successful as hoped, the rest of the trail will be put in good shape before it becomes the responsibility of individual caretakers. A particular word of thanks is due to Rolly Hamilton for manufacturing two sturdy new stiles, recently installed along a newly re-routed trail section between Cedarview Road and Baseline Road in Nepean.

Please contact me if you see any problems where maintenance work appears to be required. In particular, I'd like to know where inaccurate or "invisible" marking has caused people to get lost!

OVERNIGHT CAMPING IN THE OTTAWA AREA

The Rideau Trail has received permission from the Boy Scouts to allow bona fide hikers of the Trail, with current membership cards, to camp overnight on the Scout property in Stoney Swamp. This is a good one-day hike from the beginning of the Trail at Richmond Landing. Facilities include pure drinking water from a pump and privies. No fires are permitted, so it is necessary to use a backpack stove for cooking.

BIRDS IN WINTER

Many birds winter-over in Canada. Once the ground is snow-covered they rely mainly on hand-outs to survive. The Ottawa club has bird feeders at its cabin in the Marlborough forest. Volunteers are needed to ski, snow-shoe or hike to the cabin to refill the feeders. Phone Ron or Jennifer Hunt at 746-1150 to reserve your weekend for feeding.

CBC INTERVIEW

by Elaine Vinisky

On October 14, Bill Grant, Vice-President of the Ottawa Club was interviewed on CBC's "Radio Noon" show.

Host Bill Keogh asked a multiple of questions during the five-minute interview -- from the trail's early beginnings to the challenge of walking the trail end to end. He seemed particularly keen about the historic points of interests on the route and how to obtain information on them.

The Radio Noon show is a farm and consumer-oriented program airing from 12:00 to 2:00 pm. daily whose audience includes both the Ottawa and Kingston populations. The Ottawa Club's hikes are regularly announced on the station's community announcements.

OTTAWA - BY 1986

My sister Hannie Boffa and I, have always enjoyed walking through the woods, and the Rideau Trail looked like a longer stroll than our usual. With nothing more definite in mind than to enjoy something new, perhaps a challenge, we were dropped off in Kingston on July 6, 1982 at km. 0.0 on Map 12, to see how far we could walk. Although we'd left the little kids at home, we were accompanied by Mike (12) and Chris (10) Boffa of Oakville, and Neil (9) and Gerard (7) Ross of Odessa.

Our exuberance lasted to the first damaged catwalk (a condition of which we were unaware until then), but the boys found our attempts to leap from one dry patch to another hilarious. Even after several soakings, we never did enjoy walking through marsh water. We ate our lunch and dried out sneakers just past Cataraqui Cemetery, then phoned my husband Fred that he should look for use on the Elginburg Road after work.

The next day we left a car in Sydenham, and started on Elginburg Road again. We lunched in some rocky meadows past Van Order Road to lighten our packs. Somewhere just past Orsor Road the trail went straight into a very deep swamp (it was a wet spring!) so we cut east to the railway line and followed it to the transformer station. The boys couldn't stand the light packs and filled them with loose railway ties and interesting rocks and hardware. One school knapsack died there! The great bonus of the day consisted of masses of ripe wild raspberries all along the trail. Since this was an incredibly hot day, slowing down to eat berries, not to rest, kept us late. By the time we got to Boundary Road, we were pooped and Gerard had to be bribed to do each 1/4 km. with pieces of apple, sips of water, etc. When we thought of offering ice cream and pop in Sydenham, the pace picked up.

Day 3 was even hotter, so we went to the beach instead of hiking.

On Friday, we left the car at Gould Lake and started in Sydenham. We finished off what had seemed like a vast amount of insect repellent, but everything was marshy, steamy, in fact. Even so, the woods here were beautiful. We were happy, by mid-afternoon, just to sit in cool Gould Lake.

R I D E A U T R A I L A S S O C I A T I O N

STATEMENT OF REVENUE AND EXPENDITURE

1982-83 (Sept. 1/82 to Aug. 31/83)

OPERATING FUND	This year	Last year
<u>REVENUE</u>		
Membership fees - new	\$ 1,639.50	\$ 1,484.27
- renewal	5,027.55	3,501.00
- Less N.S.F. cheques	<u>(35.00)</u>	<u>--</u>
Total membership fees	6,632.05	4,985.27
Donations	1,549.00	2,206.10
Bank interest	<u>655.97</u>	<u>631.69</u>
TOTAL REVENUE - OPERATING	\$ 8,837.02	7,823.06
<u>EXPENDITURES</u>		
Newsletter - printing (4 issues)	2,285.90	2,748.21
- postage and shipping	1,200.73	1,085.65
- other costs (typing labels, etc.)	<u>234.71</u>	<u>150.13</u>
Total newsletter	3,721.34	3,983.99
Servicing members - postage, phone	736.60	929.04
- stationery, printing	191.00	323.86
- other	--	<u>46.25</u>
Total servicing members	927.60	1,299.15
Meeting and travel - annual mtg. (net)	167.95	
- board mtgs.	143.10	
Total meeting and travel	311.05	345.22
Club support - Ottawa club - property taxes	163.99	143.59
- advance	500.00	500.00
- Perth committee - expenses	34.70	23.83
- Kingston club - advances	<u>1,000.00</u>	<u>500.00</u>
Total club support	1,698.69	1,167.42
Publicity program - brochures	191.86	448.31
- decals	<u>332.40</u>	<u>332.40</u>
Total publicity	524.26	780.71
Liability insurance	100.00	67.00
Membership in F.O.H.T.A.	204.60	146.80
Office equipment - adding machine	74.85	
Membership in F.O.N.	25.00	50.00
Printing - official receipts	253.46	
Bank interest to Corridor Fund	655.97	631.69
Trail inspection project	--	500.00
Miscellaneous items	<u>35.00</u>	<u>6.49</u>
TOTAL EXPENDITURES - OPERATING	8,531.82	8,978.47
GAIN FOR THIS YEAR	305.20	(1,155.41)
BALANCE BROUGHT FORWARD FROM PREVIOUS YEARS	<u>4,267.59</u>	<u>5,423.00</u>
TOTAL OPERATING FUND AUG. 31/83	<u>\$ 4,572.79</u>	<u>\$ 4,267.59</u>

R I D E A U T R A I L A S S O C I A T I O N

PUBLICATIONS AND MERCHANDISE FUND

	This year	Last year
<u>REVENUE</u>		
Sale of - maps and cases	\$ 1,501.34	\$ 1,702.00
- crests	105.00	105.00
- pins	94.00	190.00
- decals	13.50	--
- Trail notes	<u>1,522.69</u>	<u>1,370.84</u>
Total revenue	\$ 3,237.03	3,367.84
Other revenue (last year)		1,687.59

EXPENDITURES

Maps - provincial sales tax	103.14	87.76
Pins - restocking (260)	<u>584.22</u>	
Total expenditures	<u>687.36</u>	<u>13,089.02</u>
GAIN FOR THE YEAR	2,549.67	(8,033.59)
BALANCE BROUGHT FORWARD FROM LAST YEAR	<u>2,831.86</u>	<u>10,865.45</u>
TOTAL PUBLICATIONS AND MERCHANDISE FUND AUG. 31/83	<u>\$ 5,381.53</u>	<u>\$ 2,831.86</u>

CORRIDOR PRESERVATION FUND

REVENUE

Bank interest earned	\$ 363.54	\$ 429.66
Donations received	35.00	--
Bank interest from operating account	<u>655.97</u>	<u>631.69</u>
Total revenue	\$ 1,054.51	1,061.35

EXPENDITURES

Grant to City of Kingston	<u>500.00</u>	<u>--</u>
GAIN FOR THE YEAR	554.51	1,061.35
BALANCE FORWARD FROM PREVIOUS YEARS	<u>4,040.78</u>	<u>2,979.43</u>
TOTAL C.P. FUND AUG. 31/83	<u>\$ 4,595.29</u>	<u>\$ 4,040.78</u>

RECONCILIATION 1982-83

Balance operating fund	\$ 4,572.79	Bank balance chequing a/c	(273.42)
Balance Pubs/Mdse fund	5,381.53	Bank balance savings	10,000.00
Balance C.P. fund	<u>4,595.29</u>	Bank balance CPF	4,595.29
TOTAL-ALL FUNDS	<u>\$14,549.61</u>	Petty cash-membership sec'y	150.00
		Accounts receivable (Ottawa Club)	<u>77.74</u>
		TOTAL BANK & OTHER	<u>\$14,549.61</u>

Certified correct:

Alastair Gamble, Treasurer

Verified:

R. Forbes Hirsch, Auditor

SEQUEL -- JULY 27, 1983

We shuttled two cars ourselves, leaving one at the entrance to Frontenac Park, then driving back to Gould Lake parking lot with the other. The driving for these sections was really long and bothersome, compared to the more direct, interesting walking trails. This year we were late enough to miss the worst of the mosquitoes, but also the best of the raspberries. That's why we made better time. This year, Daniel Ross (7) and Misty, the 4 months old collie, came for the first day. Of course, the kid's packs soon got stuffed with mica and pine cones. Was that really poison ivy we ate our lunch in? There was a lot by the trail, it seemed, but we washed our legs after contact with Phisoderm and some of our precious water, and had no reactions. Four canteens, (and a wineskin for the dog) was not enough water for scrambling over rocks in the heat, so that tap at Frontenac Park was a welcome sight. After a dip in the lake, we went back to Odessa to attend a party.

On Day 2 we packed camping gear for six into the cars and discovered that one battery had a broken post. By the time we replaced the battery, left one car at Franklin Lake, drove around again to Frontenac Park and enquired about the forest fire raging in the park, it was past noon. We carried six canteens, including two heavy old army ones. However, since it was cloudy, we used very little of our supply. The maps and notes were less detailed here, and we were very concerned about getting onto an older section of the trail and still wandering around the park at midnight. Just in case, I'd packed two flashlights. In spite of feeling lost most of the time, we were always on the trail from beaver dam to lookout, from ravine to table-top hill. We were thrilled to come upon a treed porcupine, looking like a little bear, and several large nests on top of dead trees in a marsh. The kids decided they had to be eagles, and nothing we said changed their minds. The last rocky ravine and beaver dam were the best of all, even wth the stinging nettles and ominous twilight. Since it was late afternoon, and we were clueless as to our distances, it was full-speed ahead. We made it before absolute dark. We drove to Westport to camp, setting up in the dark and the rain.

On Friday, it was still raining on and off, but we were already damp, so what the heck ... We left one car at the junction of the road from Bedford Mills and the cottage roads, at the end of Map 10, and received permission to leave the other car at Scofield Youth Camp. We felt weary at the starts, after two days accumulating mild stiffes and sores. The cart track was very pleasant walking, and for the first time, we met other human beings on the trail: cottagers out for a stroll. The four boys became avid frog chasers, but they weren't allowed to carry them home in their packs. (Mean Mothers!). We were glad to see the car, rest, then drive that hairy-scary road again, pick up the other car, and head to the campground for supper.

We had committments at home, so on Saturday, we packed up and walked only 4.5 km to an abandoned house just past the concrete bridge on map 9. Since this was all road, we set a good pace by singing. After a while, the boys fell back and kept up well, singing the latest rock tunes. Ever hike to Mr. Roboto? They fairly danced along. The "haunted" house was only decayed and dirty, of no interest, so we drove home.

In spite of our low daily mileage, we really did find the walk a satisfying challenge for all of us, in planning, finding appropriate places to leave the cars, and in getting to where we left them. Next year, young Daniel will join the team, and later Andrea Boffa (5) and Caroline Ross (4) as well. We are hoping Santa brings individual lightweight canteens for Christmas, and maybe even some daypacks with padded straps, so we can retire the Superman knapsacks. If we get to Ottawa by 1986, we'll let you know!

Catherine (Ine) Ross
Odessa Ontario

OTTAWA CLUB CALENDAR OF EVENTS

W.E.S.C. means West End Shoppers City at Baseline and Woodroffe. Meet on west side in front of laundromat.

Saturday, January 7, 1984: Cabin

Come out for our first ski of 1984. We'll go to the Ottawa club cabin. Bring a lunch. Meet at W.E.S.C. at 9:30 a.m.

Leader: Ron Hunt 746-1150

Saturday, January 14, 1983: Lac Phillippe

Ski in the Lac Phillippe area of the Gatineau Hills. Then join a group for dinner in Wakefield. Phone Marg or Al Gamble by Thursday, January 12, if you plan to have dinners. Meet behind City Hall on Sussex Drive at 12:30 p.m.

Leader: Al Gamble 729-5056

Sunday, January 22, 1984: School House Loops

Enjoy a leisurely ski in the area of the school house. For lunch bring something to heat on the stove if you wish. Meet at W.E.S.C. at 10:00 a.m.

Leader: Eileen Evans 741-0789

Sunday, January 29, 1984: Earth Star Loop

Ski the trails of the Earth Star Loop. Bring your lunch.
Meet at W.E.S.C. at 10:00 a.m.

Leader: Pearl Peterkin 829-3062

February, 4-5th, 1984: Kingston Club Visit

The Ottawa Club has invited the Kingston and Perth clubs to Ottawa for the opening of Winterlude. We are planning outings to skate on the canal and to ski in the Gatineau. Ottawa club members will billet Kingston and Perth members in their homes. If you have room for one or two overnight guests please phone Elizabeth Mason.

Contacts: Ottawa -	Elizabeth Mason	729-6596
Perth -	Jean Riddell	267-1276
Kingston -	Peter Skelton	544-0151

Saturday, February 4-5th, 1984: Weekend in Ottawa

The Ottawa club has invited Perth and Kingston clubs for a weekend of skating, skiing and friendship. If you would like to be part of the group, please contact Jean Riddell by Friday January 27, so that billeting arrangements can be made.

Leader: Jean Riddell 267-1276

Sunday, February 5th, 1984: Ski Day

Join us for a cross-country ski day outing at the Tay Valley Ski Club, Sunday, Feb. 5th. The Rideau Trail follows the Perth Loppet Trail in this area. There are also a number of loop trails. Bring a lunch. Meet at 10:30 a.m. at the IGA parking lot, Wilson Street, Perth.

Leader: Mary McLeod 267-1641

Saturday, February 18th: Frontenac Forest

Snow shoe in the north Frontenac Forest. There are 8 km. of wooded trails in this area near the Simpson's cabin. Stay for lunch and a bean supper before leaving by moonlight. Bring your lunch. If you wish, you may take this opportunity to camp overnight. For further information, contact Ed or Shirley Simpson at 828-1679 or Ed at work at 995-4293. Please phone by Monday, February 13th.

Sunday, March 4th: Edelweiss

Ski the trails at Edelweiss. The 7 to 8 km. of trail are over rolling countryside. We'll start from Brown's Chalet and return there to enjoy a hot lunch. Phone by Monday, February 27, for further information.

Leader: Merv Brown 226-5648

Saturday, March 18: Stoney Swamp

Our first Spring hike will be on the re-routed section off Cedarview Road. During the 10 to 12 km. we'll traverse in a partly wooded area. Meet in front of the Supreme Court building on Wellington Street at 9:30 a.m. or W.E.S.C. at 10:00 a.m.. Bring a lunch.

Leader: Elaine Viniski 722-3358

KINGSTON CLUB SCHEDULE OF WINTER OUTINGS

Most of the following outings are planned as ski-runs, unless otherwise noted. Please call the hike leader indicated for information and to register your intention to participate.

Wednesday, Dec. 7th, 1983: Bell's Island. 3km.

Enjoy a leisurely ski around Bell's Island. The more energetic ones can climb the hill and swoosh down (if there's enough snow.) Meet at Sears north door, at 1:30 pm.

Leader: Emma Martin 542-1594

Saturday, Dec. 10, 1983: Little Cataraqui Creek, Conservation Area. 6.5 km.

Come and ski the trails of the Conservation Area and make a tour of the marsh area and dam. Meet at Sears north door at 9:30 a.m.

Leader: Joan Hughes 549-6265

Sunday, Dec. 18, 1983: North of Elginburg Rd. 6 km.

Ski or snow-shoe north of the Elginburg Rd. This will be an easy run. Suitable for all levels of achievement. Meet at Sears north door at 1:30 p.m.

Leader: Arnold Pitman, 548-3486

Wednesday, Jan 4, 1984: Lemoine Point Conservation Area 4km.

Tour Lemoine Point now that the leaves are gone and the snow is here. By-the-way: Happy New Year! Meet at Sears north door at 1:30 p.m.

Leader: Wilhelm Dietrich 542-7913

Saturday Jan. 4, 1984 Gould Lake. 4km.

Snow-shoe the Mining Loop trail. There are some ups and downs here! The terrain is interesting. Meet at Sears north door at 9:30 a.m. Bring your lunch.

Leader: Jim Gartenburg, 542-8942

Saturday, Jan. 14, 1984 Myle's Acres.

This will be a family outing at Myle's Acres, just south of the Middle Road on the Abbey Dawn Road. Meet at 1:00 p.m. at Myle's Acres and go for a ski or hike on their groomed trails. Following that, at about 3:00 pm. there will be a sleight (wagon if no snow) ride for all. Then a supper of hot soup, cold meats, rolls, etc. (Hot dogs and hot chocolate for children). \$5.00 -- Adults, \$3.00 -- children under 12.

Leaders: Moira Drummond 544-9529
Cathy Cutts 542-5414

Sunday, Jan. 22, 1984: Sky Craft. 7 km.

Ski at Sky Craft on the Opinicon. There's a choice of trails, so, if enough people turn out, we can have energetic and leisure groups. Also, the Bouwills intend to clear the ice and maintain a skating rink. So, bring your lunch, your skis and skates. There will be a nominal charge for this program. Meet at Sears north door at 9:30 a.m.

Leaders: Marion & Jack Watkins, 389-4354

Saturday, Jan. 28, 1984: North of Bath Rd. 5km.

Ski or snow-shoe beside the new boardwalks and return by the west side of the marsh to the Bath Road. Meet at Sears north door at 1:30 p.m.

Leader: Johanna Koeslag, 549-7502

Join us afterwards (6:00 p.m.) at the home of Don and Cathy Cutts, 15 Casterton Ave., for a pot-luck supper and an evening of socializing. Please call Cathy at 542-5414, or Moira Drummond at 544-9529 for details and information concerning what to bring.

Wednesday, Feb. 1, 1984. North of Cataraqui Bay. 5km.

Have a leisurely ski beside the golf course and around the marsh area. Meet at Sears north door at 1:30 p.m.

Leader: Joyce Mayhew 389-9819

Saturday/Sunday Feb 4-5, 1984: Ottawa Weekend

The Perth Group and the Kingston Club members are invited to visit the Ottawa Club on this weekend. We will be billeted in Ottawa Club members' homes and should arrive at our hosts' homes at 1:00 p.m. Saturday, ready to go skating on the Canal. This is at the start of "Winterlude '84" and we will see the ice sculptures at their best. On Sunday morning we will ski in the Gatineau Hills. Call Peter Skelton at 544-0151 for information. Let him know by Jan. 20th if you intend to accept the Ottawa Club's invitation.

Sunday, Feb. 12, 1984: Foley Mountain. 6km.

Come and tour the trails of Foley Mountain and enjoy the winter view of Westport and the Upper Rideau Lake. Bring your lunch and meet at Sears north door at 9:30 a.m.

Leader: Norm McLeod, 546-9440

Saturday, Feb. 18, 1984: Whitefish Lake. 10 km

Come and ski the area south of Jones Falls. See Rock Dander from the frozen lake. The winter scenery is spectacular. We are invited to Libby and Peter Skelton's cottage for lunch. Meet at Sears north door at 9:30 a.m. Please be prepared to double up in cars as there is a parking problem at our destination.

Leaders: Libby & Peter Skelton 544-0151

Saturday/Sunday, Feb. 25/26, 1984: Slide Lake. 6 + 6 km.

Enjoy a brisk ski tour to the cabin on Slide Lake and explore beyond, followed by a pleasant overnight stay and return the next day. Participants must register with the leader by Feb. 11, 1984, as space is limited. Bring lunch and dinner for Saturday and breakfast and lunch for Sunday, in addition to sleeping gear. Not recommended for novice skiers.

Leader: Mary Jane Bowes, 544-2753

Saturday, Mar. 3, 1984: Charleston Lake Provincial Park, 7km.

Ski the winter trails of the park. See how different everything looks from last summer! Bring your lunch and meet at Sears north door at 9:30 a.m.

Leader: Keith Bull, 546-9693

Wednesday, Mar. 7, 1984: South of Elginburg Rd. 4 km.

Ski or snow-shoe the area of the Elginburg Road, at a leisurely pace. Enjoy (hopefully) the warming sun. Meet at Sears north door at 1:30 p.m.

Leader: Peter Skelton 544-0151

12TH ANNUAL GENERAL MEETING

by Elaine Vinisky

The 12th Annual General Meeting of the Rideau Trail Association organized by the Kingston Club was held on September 24th at the Stage Coach Inn in Newboro.

Members arrived at about 10:00 am. and snacked on munchies and coffee while viewing the F.O.H.T.A. and Kingston Club displays. Yellow T-shirts with the Rideau Trail emblem were on sale and seemed to be doing a brisk business.

Treasurer Al Gamble read his report to the approximately one hundred people assembled. Of particular interest was the unprecedented \$2,000.00 bequest from Elizabeth Slazor, former secretary of the Ottawa Club who died this past summer.

Membership Secretary E. Harrison reported a loss of 150 members in 1983. These were mostly from three individual years -- 1973 and 1981 and 1982. Currently the membership is as follows: 307 -- Kingston, 291 -- Ottawa, 36 -- Perth, and 131 -- out-of-town.

Henry Heald spoke about F.O.H.T.A. and reported that 1983 was a crisis year. The Quinte Hastings Trail has gone bankrupt and Guanaraska has financial problems. As well, three hiking clubs- the Avon, the Maitland and the Elgin, are inactive association members.

The Association is ultimately considering hiring a full-time director but engaged a facilitator for one-year to analyse the Association and interview the executives of the trail clubs to be able to offer suggestions for the future directions of F.O.H.T.A.

The F.O.H.T.A. award was presented to Ed and Shirley Simpson. Ed recently stepped down as Trail Maintenance Chairman of the Ottawa Club. Shirley was the Chairperson for the construction of the cabin in the Marlborough Forest and oversaw all stages of the building. After the cabin had been erected, she assumed the position of lot chairperson for several years. It was through Shirley's interest in birds that several bird feeders were erected at the cabin and hikers now enjoy the many varieties of birds who inhabit the area.

The theme of the afternoon was "Happy Hiking Holiday" featuring three slide shows. Jean Riddell spoke of her one-week photographic trip to the Lake O'Hara area of the Canadian Rockies. Betty Gray and Helen Henrikson both showed slides of the Arctic but their presentations were complimentary. Gray's slides depicted the feeling of the many plane flights required to get around the area. She had many beautiful slides of the colourful Arctic summer flora. Helen Henrikson gave viewers a hiker's feel of the arctic.

The rest of the afternoon was devoted to hiking or sight-seeing. Members chose from three hikes - Spy Rocks to Maberley River, Narrow Lock - East and Narrows Lock - West. A nice treat was the offer of one of the member's to take several people on a friend's boat. Others chose to explore the towns of Newboro or Westport. Maps had been provided for this purpose.

The group reassembled at dinnertime for a hearty roast beef buffet. Several people took advantage of the Stage Coach Inn's bed and breakfast special and reported it as being good value. The town of Newboro is a good nucleus for a hiker or for anyone to view the many historic points of interest.



If undeliverable, please return to:

Rideau Trail Association
P.O. Box 15
Kingston, Ontario
K7L 4V6
Canada

APPLICATION FOR MEMBERSHIP

Rideau Trail Association
P.O. Box 15,
Kingston, Ontario K7L 4V6

Membership year, April 1st to March 31st

Your membership in the Rideau Trail Association provides the financial support essential for the continuous maintenance, improvement, extension and protection of the Rideau Trail network. As a member you will receive the quarterly newsletter and special mailings, as well as voting rights in both Club and Association activities.

() Annual Family Membership.....\$ 10.00
() Patron (Life Membership)..... 150.00*
() Map Kit (13 maps) Members only..... 4.00
() Vinyl Case for maps..... 3.00
() Trail Notes Members..... 5.00
Non-members..... 8.00
() Car sticker (FREE to New Members)..... .50
() Crest..... 1.00
() Enamelled Pin..... 3.00
() Donation to RTA..... *
() Donation to Corridor Preservation Fund..... *

TOTAL _____

PLEASE CHECK New () Renewal ()

Name.....

Address.....

.....

Postal Code.....

Telephone.....

* Qualify for income tax deduction. Charitable Registration No. 0041733-56-11