



The Rideau Trail NEWSLETTER

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WINTER 1984



Hikers on Opinicon Loop

Photo: Norm McLeod

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 * September by the Rideau Trail Association. The editor of this issue is Mark C. Sims *
 * for the Ottawa Rideau Trail Club. *
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 * Submissions for the next Newsletter are welcome and should be sent by February 1, *
 * 1985 to Johanna Koeslag, 18 Cowdy Street, KINGSTON, Ontario K7K 3V7 [549-7502]. *
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 * The Rideau Trail Association is a member of Hike Ontario [F.O.H.T.A.]. *
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 * Unless otherwise stated, the opinions expressed in items in this newsletter are not *
 * necessarily those of the Rideau Trail Association. *
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 * ISSN 0709-7085 *
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The Association Board of Directors are elected every year at the annual general meeting. This year, the following positions are open.

MEMBERSHIP SECRETARY: The person to fill this job must come from the Kingston area as it requires emptying the post box two or three times a week. The position also entails processing new applications and renewals, forwarding cheques and money orders to the treasurer, and sending out membership cards, map kits, trail notes, pins, etc.

NEWSLETTER EDITOR FOR OTTAWA: The person who fills this job must coordinate the production of the summer and winter issues of the newsletter. The job includes preparing camera ready copy for delivery to the printer, preparation of the finished newsletters for mailing and seeing that they are posted on schedule.

FOHTA REPS FOR OTTAWA AND KINGSTON: The people filling these two positions will be required to attend five Hike Ontario meetings throughout the year, represent the concerns of the Rideau Trail at those meetings, and report back to the RTA Board of Directors. If you like to travel, expenses paid, this may be the job for you.

Anyone interested in filling these positions should contact Cathy Cutts in Kingston at 542-5414 or Bill Grant in Ottawa at 593-7221.

UNTRICKY_DICKY [Julie Summers of Philomath, OR in "Backpacker Footnotes", Nov./Dec. 1982]

For cold weather attire some recommend a scarf. However I find that scarf ends consistently unwrap, get in my way, and annoy me. But a dicky keeps my neck warm without falling into everything I am doing. I can make an inexpensive one from an old worn-out turtleneck sweater, by simply cutting off as much of the neck as I need, and then binding the ends.

NATURE HIKES OPEN TO DISABLED

A hike through a nature trail may be an enjoyable exercise for many people, but for those confined to a wheelchair, it is an ordeal, if not impossible.

But Jiri Vasa, a bio-medical engineer at Queen's University has devised an all-terrain wheelchair he hopes will help the disabled enjoy the outdoors as much as he does.

"I go hiking a lot with my three children. None of them are handicapped, but I thought 'How could you take a handicapped child on a hike through a nature trail?'"

From that question sprang the inspiration for the design of a wheelchair built by the bio-medical engineering unit at Queen's in a joint venture involving the university, Cataraqui Region Conservation Authority and Ongwanada Hospital, with financial support from Celanese Canada Limited.

The prototype was unveiled at the Little Cataraqui Creek Conservation Authority on North Division Street yesterday.

The all-terrain wheelchair's structure is based on a wheelbarrow design. The aluminium frame contains a concave, padded seating area and extends into two handles at the back. Two small, thick wheels are placed one in front of the other underneath the frame. It cost \$3,000 to produce the prototype.

Vasa said he has an alternate wheel assembly which converts the chair into a three-wheeler for flatter trails while the two-wheeled version is easier to balance on rolling terrain. Unlike conventional wheelchairs, the all-terrain chairs won't get stuck in the sand at the beach. The frame is strong enough, Vasa added, that "in the worst case, if there is an emergency, the chair could be lifted by a helicopter and not disintegrate."

Crystal, an 18-year-old woman confined to a wheelchair by cerebral palsy, tested out the new chair, wheeled by a helper through the high grass and small hills of the conservation area.

She admitted to being a little scared at first, but when the ride was over she gave the chair top marks.

Travelling cross-country in her regular wheelchair, Crystal said, was a terrifying experience.

"It's really scary. I'm always afraid I'm going to fall out," she said. In the all-terrain chair, she added, you don't feel like you're going to tumble onto your face going down a hill.

Diane Lawrence, community relations supervisor at the Conservation Authority, said her organization plans to use the new chair to make their outdoor programs more accessible to handicapped students.

[The above material was from an article by Angela Mangiacasale, staff writer with the Kingston Whig-Standard. The original article appeared in the October 26, 1984 edition.]

A REMEMBRANCE FROM VI HUMPHREY

The Rideau Trail Association is the grateful recipient of a bequest of \$1,000.00 from the late Violet May Humphrey. Vi was a long time member of the Association, an active hiker and a strong supporter. She leaves many friends in the Ottawa club. The Board of Directors are considering how this generous gift can best be used as a memorial to Vi. In the meantime it will be set up as a separate fund in the Corridor Preservation Account.

RIDEAU TRAIL ASSOCIATION
FINANCIAL REPORT 1983 - 84 (SEPTEMBER 1, 1983 TO AUGUST 31, 1984)

<u>Operating Account</u>		<u>This Year</u>	<u>Last Year</u>
Revenue:	Membership Fees	\$ 9,304.	\$ 6,632.
	Donations	1,110.	1,549.
	Bank Interest	707.	656.
	F.O.H.T.A. Grants	475.	
	Other	12.	
	Total Revenues	\$ 11,608.	\$ 8,837.
		=====	=====
Expenditure:	Newsletter	\$ 3,855.	\$ 3,721.
	Servicing Membership	1,280.	928.
	Meeting and Travel	126.	311.
	Club Support - Ottawa	1,588.	664.
	- Perth	12.	35.
	- Kingston		1,000.
	Membership in F.O.H.T.A.	122.	205.
	Allocation to Corridor Fund	557.	656.
	Liability Insurance	100.	100.
	Publicity and Promotion	955.	524.
	Other	35.	388.
	Total Expenditure	\$ 8,630.	\$ 8,532.
	GAIN FOR THE YEAR	\$ 2,978.	\$ 305.
	Balance Forward from Last Year	4,573.	4,268.
	Balance This Year	\$ 7,551.	\$ 4,573.
		=====	=====
<u>Publications and Merchandise Account</u>			
Revenue:	Sales of maps, notes, etc.	\$ 2,983.	\$ 3,237.
Expenditure:		125.	687.
	GAIN FOR THE YEAR	\$ 2,858.	\$ 2,550.
	Balance Forward from Last Year	5,381.	2,831.
	Balance This Year	\$ 8,239.	\$ 5,381.
		=====	=====
<u>Corridor Preservation Account</u>			
Revenue:	Donations	\$ 330.	\$ 35.
	Bequest from Elizabeth Slasor	2,000.	
	Bank Interest	333.	364.
	Allocations from Operation Account	557.	656.
	Total Revenue	\$ 3,220.	\$ 1,055.
Expenditure:	Grants for Trail Preservation	200.	500.
	GAIN FOR THE YEAR	\$ 3,020.	\$ 555.
	Balance Forward 1982 - 83	4,595.	4,040.
	Balance at Year-End	\$ 7,615.	\$ 4,595.
		=====	=====

Financial Report [continued from previous page]

Summary

Balance: Operating Account	\$ 7,551.	\$ 4,573.
Publications and Merchandise Account	8,239.	5,381.
Corridor Preservation Account	---7,615.	---4,595.
Total of All Accounts	\$ 23,405.	\$ 14,549.
	=====	=====

Certified Correct: Alastair Gamble, Treasurer

Verified by: R. Forbes Hirsch, Auditor

THE TALL SHIPS -- Linda Hayes

On the weekend of July 20 - 22, members of the Ottawa Club were invited to join the Kingston Club for the visit of the tall ships. Elizabeth Mason and I drove down to Kingston Saturday morning, arriving just in time to get a good seat near the waterfront at Macdonald Park. The weather was hot and sunny, perfect for ship-watching. Kingston Harbour was full of small boats, and many of our members were aboard, watching from the best vantage point. In the light breeze, most of the tall ships had to "sail past" under power, but they spread their sails dramatically for our benefit.

Saturday evening we attended a barbecue at Arne Henrikson's house, in his wooded backyard, which slopes steeply down to a small stream.

Sunday afternoon we had our choice of a historic walk around Kingston or a more strenuous hike around Gould Lake. Those of us who chose the Gould Lake hike were joined by the group from the Potomac Appalachian Trail Club, who were visiting from the Washing-

[continued on page 11]

NEW DEVELOPMENTS AT THE OLD SCHOOL HOUSE -- Andrew Oakes

The old school house and old school house loop are located in a verdant cedar and mixed forest a mile southwest of the junction of Dwyer Hill Road and Roger Stevens Road (see map 4). Despite its name, this property offers very pleasant winding hiking and ski trails that link with a much larger network of trails in the Marlborough Forest and, of course, the other two RTA cabins. Members are freely invited to make use of the school house, as well as its stove and picnic tables.

This November the RTA placed a key lock box in the woodshed at the back of the school house so that members may enter the building to eat lunch or take shelter without any inconvenience. This small, golden box has a dial which opens like any normal combination lock. The combination consists of the letters R-T-A. To open the box spin the dial clockwise three complete turns and stop at "R". Next, spin the dial one complete turn counter-clockwise and continue around again to stop at "T". Finally, turn the dial clockwise again until you reach "A". Depress the black release button and pull to remove the lid which has the key to the front door attached to it. Kindly replace it promptly when you are finished using it.

OTTAWA CLUB OUTINGS

Winter outings are always difficult to plan because of changeable weather. However, don't be discouraged from attending an outing. They go in rain, snow, sleet and sunshine. Last minute changes as to the location of the outing may be made due to snow conditions. If you are having trouble contacting the leader, phone Elizabeth Mason at 729-6596 for information.

TUESDAY, JANUARY 1:

Start the new year off right. Enjoy a ski outing while most people are still in bed from late night partying! Meet at Booth and Albert at 10:00 AM sharp. Bring a lunch.

Leader: Elizabeth Mason, 729-6596

SATURDAY, JANUARY 5: GATINEAU SKI 12 miles

Enjoy a full day skiing in the Gatineau. This outing is for reasonably proficient skiers (The ability to climb hills and to control your speed while descending is mandatory.). Meet at Booth and Albert at 9:00 AM sharp. Bring a lunch.

Leader: John Beech, 733-7403

WEDNESDAY, JANUARY 9: WEDNESDAY WALKERS

The Wednesday outings during the winter will be ski or snow-shoe outings if weather permits. The group meets every Wednesday at 10:30 AM sharp at Booth and Albert. Bring your skis and a lunch to this first winter outing.

Leader: Ken Prior, 745-1777

SUNDAY, JANUARY 13: MURPHY'S POINT

Join us to enjoy the winter trails in Murphy's Point Provincial Park. Bring a lunch and a warm drink. Meet at Booth and Albert at 9:30 AM sharp.

Leader: Ted Jordan, 226-5638

SATURDAY, JANUARY 19: LAC PHILLIPPE

Ski in the Lac Phillippe area of the Gatineau Hills. Then join the group for dinner in Wakefield. Phone Marg or Al Gamble by Thursday, January 17 if you plan to have dinner. Meet at Booth and Albert at 12:30 PM.

Leaders: Al & Marg Gamble, 729-5056

WEEKEND OF JANUARY 26 - 27: KINGSTON/PERTH VISIT

The Ottawa club has invited the Kingston and Perth clubs to Ottawa this weekend to enjoy skating on the canal and skiing in the Ottawa area. Ottawa club members will billet visitors in their homes. If you have room for one or two guests and/or would like to join in the weekend activities contact Elizabeth Mason.

Contact: Elizabeth Mason, 729-6596

SUNDAY, FEBRUARY 3: CABIN

Ski to the Ottawa club log cabin. Meet at Booth and Albert at 9:30 AM sharp. Bring a lunch.

Leader: Ron Hunt, 830-1592

SATURDAY, FEBRUARY 9: VINCENT MASSEY PARK 6 miles

Vincent Massey Park has some lovely ski trails with some gentle hills. Meet at Booth and Albert at 10:00 AM. Bring a lunch.

Leader: John Birch, 733-7403

Ottawa Club Outings [continued from previous page]

SUNDAY, FEBRUARY 17: GATINEAU

Enjoy ski touring starting in the Booth Hill area of the Gatineau. Meet at Booth and Albert at 9:00 AM sharp. Bring a lunch. [Not recommended for beginners.]

Leader: Marie Andrews, 728-3016

SATURDAY, FEBRUARY 23: SNOW-SHOE OUTING

Track through the woods in the school house area. Bring a lunch to eat on the trail and something to cook over the fire for supper. A hot beverage will be provided. Meet at Booth and Albert at 9:00 AM sharp.

Leaders: Ed & Shirley Simpson, 828-1679

FRIDAY, MARCH 1: HIKE LEADERS EVENING

New hike leaders are always needed. If you have been putting off volunteering because you are not sure what a hike leader does then this evening is for you. Come out to learn and discuss good hike leading guidelines. There is no obligation. Refreshments will be provided. Meet at 283 Avondale at 7:30 PM.

Contact: Elizabeth Mason, 729-6596

SUNDAY, MARCH 3: SCHOOL HOUSE LOOPS

The school house loops provide pleasant cross-country trails. Enjoy a ski in this area. Meet at Booth and Albert at 10:00 AM sharp. Bring a lunch.

Leader: Jim Fish, 226-7236

SATURDAY, MARCH 9: !!SURPRISE!!

It is time once again to join a group helping to maintain the Rideau Trail and/or the club properties. Come out and lend a hand. Meet at Booth and Albert at 9:00 AM sharp.

Contact: Andrew Oakes, 232-2755

CENTRAL COMMITTEE OUTINGS

WEEKEND OF JANUARY 26 - 27: OTTAWA VISIT

The Ottawa club has invited us to visit them this weekend for skating on the canal and skiing in the area. If you would like participate, please call Marg by Friday, January 18 so that overnight accomodation can be arranged.

Contact: Marg McLeod

SATURDAY, MARCH 9: MURPHY'S POINT

Join us for a cross-country ski outing at Murphy's Point Provincial Park. Meet at the I.G.A. parking lot at 1:00 PM.

Contact: Jean Riddell, 267-1063 (days)

WAXY BUILD-UP [Chris Bogul of Bayside, NY in "Backpacker Footnotes", Nov./Dec. 1982]

When snowshoeing in mashed-potato-type snow, wax the bottoms of your snowshoes to prevent snow from balling up. I spray the bottoms of mine with furniture wax.

KINGSTON CLUB OUTINGS

HIKE! - SKI! - SNOWSHOE! Check with the leader if in doubt about conditions of trail. We have to accept what the weather forecaster dishes out. Some locations require a nominal fee. Be prepared! For general information call Cathy Cutts at 542-5414.

SATURDAY, DECEMBER 1:

Railton Road to Sydenham. The trail is through farm land and woods. Meet at Sears north door at 1:00 PM.

Leader: Betty McIver, 549-8028

WEDNESDAY, DECEMBER 5:

Bath Road to Princess Street at a leisurely pace. Tea with Emma afterwards. Meet at Sears north door at 1:00 PM.

Leader: Emma Martin, 542-1594

SUNDAY, DECEMBER 9:

Lemoine Point Conservation Area--easy trails in any season. Meet at Sears north door at 1:00 PM.

Leader: Wilhelm Dietrich, 542-7913

SATURDAY, DECEMBER 15:

Craig Trails, north of Verona, offers a variety of trails. Meet at Sears north door at 1:00 PM. Bring a lunch.

Leader: Tom Kaddits, 546-0806

SUNDAY, DECEMBER 23:

[To be decided nearer the time. For information call Cathy Cutts at 542-5414.]

SATURDAY, DECEMBER 29:

South of Railton Road. Fields and woods. Meet at Sears north door at 1:30 PM.

Leader: Cathy Cutts, 542-5414

WEDNESDAY, JANUARY 2:

Division Street Conservation Area. Meet at Sears north door at 1:30 PM.

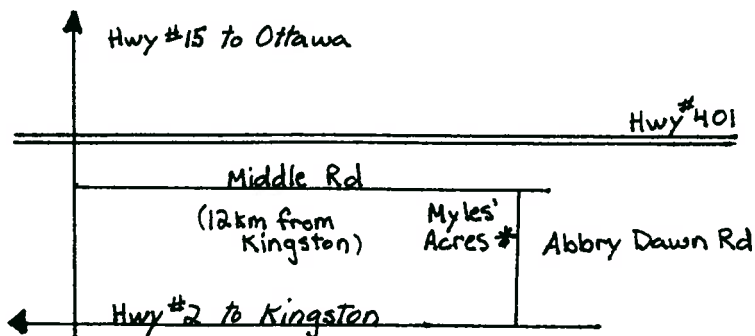
Leader: Cathy Cutts, 542-5414

SUNDAY, JANUARY 6:

FAMILY OUTING AT MYLES' ACRES (1 - 6 PM)

Come to ski, snowshoe, hike or go on a sleigh ride, weather permitting. Hot meat soup, hot dogs, veggies, hot chocolate, coffee and tea will be served up at supper time.

Bring your guitars or other musical instruments and enjoy a "Singsong" by the fire while you roast a marshmallow or two. The cost is \$5.00 for adults and \$3.50 for children under 12 years. PLEASE REGISTER BY DEC. 22 (SO THAT FOOD CAN BE ORDERED!) BY PHONING MOIRA AT 544-9529 OR CATHY AT 542-5414.



Kingston Club Outings [continued from previous page]

SATURDAY, JANUARY 12:

Frontenac Park--spectacular scenery, for moderate skiers. Meet at Sears north door at 9:30 AM. Bring a lunch.

Leader: Johanna Koeslag, 549-7502

SATURDAY, JANUARY 19:

Gould Lake. SNOWSHOE some of the trails. Meet at Sears north door at 9:30 AM. Bring a lunch.

Leader: Terry Fuchs, 548-4143

SUNDAY, JANUARY 20:

Murphy's Point Provincial Park offers a variety of trails. Meet at Sears north door at 9:30 AM. Bring a lunch.

Leader: Nancy Young, 549-8856

WEEKEND OF JANUARY 26 - 27:

The Ottawa club has extended an invitation to skate on the canal, socialize, and ski in the Gatineau Hills. Phone Moira Drummond at 544-9529 or Cathy Cutts at 542-5414 if you want your name included.

SUNDAY, FEBRUARY 3:

Foley Mountain Conservation Area, Westport. Meet at Sears north door at 9:30 AM. Bring a lunch.

Leader: Norm McLeod, 546-9440

WEDNESDAY, FEBRUARY 6:

Westbrook area. Woodland and marsh. Meet at Sears north door at 1:30 PM.

Leader: Joyce Mayhew, 389-9819

SATURDAY, FEBRUARY 9: WHITEFISH LAKE

See Rock Dunder from the frozen lake--spectacular! Lunch at the Skelton's cottage. Libby and Peter would appreciate an indication of numbers attending. Meet at Sears north door at 9:30 AM.

Leaders: Peter & Libby Skelton, 387-3448 or 544-0151

SUNDAY, FEBRUARY 17:

Skycroft, near Chaffey's Lock, on Lake Opinicon offers a variety of trails. Meet at Sears north door at 9:30 AM. Bring a lunch.

Leader: Tom Newton, 542-9253 (h) or 544-1517 (w)

SATURDAY, FEBRUARY 23:

Gould Lake off the Desert Lake Road. Meet at Sears north door at 9:30 AM. Bring a lunch. Join us afterwards (6:00 PM) at the home of Don and Cathy Cutts, 15 Casterton Avenue, for a pot-luck supper and an evening of socializing. Please call Cathy (542-5414) or Moira Drummond (544-9529) for details and information concerning what to bring.

Leader: Keith Bull, 546-9693

SUNDAY, MARCH 3:

Slide Lake area off Perth Road. Meet at Sears north door at 9:30 AM. Bring a lunch.

Leader: Arne Henrikson, 544-0465

Kingston Club Outings [continued from previous page]

WEDNESDAY, MARCH 6:

Elevator Bay to Bath Road. Marshes and woodlands. Dinner for the Wednesday Walkers at Emma's home. Meet at Sears north door at 1:30 PM.

Leader: Emma Martin, 542-1594

OTTAWA CLUB - TRAIL MAINTENANCE

It has been a year since trail maintenance was last commented on in the newsletter. In that time, significant (and much appreciated) work has been performed by our enthusiastic, volunteer maintainers. Through their efforts, the major part of the Ottawa section has been kept in very good condition for the benefit of all club members.

Two "maintenance days" have been held, primarily to perform the extra work involved in relocating parts of the trail around ever-expanding beaver ponds in the Marlborough Forest, or away from well-travelled roads. The changes will appear in a future issue of the newsletter, and in the upcoming revision of the map kit.

There is still a requirement for a few people who want to enjoy the exercise, as well as the sense of satisfaction, associated with maintaining a piece of trail. For example, replacements are now needed for people who have left the area to follow their careers. Some particularly desirable areas are now available on a "first-come, first-choice" basis, including the side loop through the historic village of Merrickville, and the convenient piece through the NCC Greenbelt (Cedarview Road to Fallowfield Road) in Nepean.

The work is not particularly difficult or complicated. Written instructions and supplies are made available as required, and, where necessary, an experienced maintainer will accompany the new "recruit" on the first visit to his/her section.

If you would like to volunteer your help, please contact Jim Fish, Maintenance Coordinator, at 226-7236.

OTTAWA'S WEDNESDAY WALKERS OR "WE'RE ALMOST AT THE TOP!" - Emily Baldwin

We began to refer to ourselves as the Wednesday Walkers when the group set off fifteen members strong on September 26. Don't let the name fool you, however. We are a sturdy lot. The "walks" have been good stiff hikes lasting three or more hours and have included some pretty stiff mountain climbs. Hence the sub-title, as we climbed up to McKendricks Ridge from Meach Lake following scant ski trail markers, on a gradient, and over terrain (Wet at that!) which would have deterred a group less venturesome than we've become. Ken had not indicated to us beforehand the degree of difficulty of the hike and since he reassured us every ten minutes or so that 'We're almost at the top.' we found that we'd achieved an enormously worthwhile climb with breathtaking views over the Gatineau Hills, an idyllic moment shared with the hawks and ravens which we spotted overhead.

We've had four hikes at the time of writing, in various parts of the Gatineau so far, each lasting three to four hours, with lunch at some very pleasant spots. The first time out we drove to the old grist mill in Wakefield, enjoyed the waterfall, then walked up over the hills behind the mill to the old cemetery where Lester B. Pearson's peaceful grave is flanked on one side by woods and on the other side by gently sloping meadows. We then climbed up the forest trails to the Vorlage Ski Lodge where we stopped for lunch before exploring some of the ski trails to get better views. We ended up back in Wake-

"We're Almost at the Top!" [continued from previous page]

field, looked at the new bridge which has supplanted the burned out covered bridge, then trudged along to Orme's Bakery where we fortified ourselves with coffee and pastries.

The second Wednesday was a rain-out, but Ken valiantly led a small group back up into the Gatineau to the McGloskey Trail on the day following, Thursday. The third trip was the previously mentioned mountain climb, and last Wednesday Edith and Burk Ryan took us on a trail from the Champlain Lookout. At the moment, Dick Ramsden, somewhat of a hero in the group for having helped some of the more timid members over wobbling logs across a beaver dam and clearing the trail of logs and fallen trees in true Paul Bunyan style, is plotting the next expedition.

In all it has proved to be a most rewarding venture, one we hope to keep going as long as possible before the bad weather sets in. Arrangements have been pretty low key so far. It's a most congenial group and a pattern seems to have emerged whereby we take it in turns to find a route and lead the group, nothing disastrous having occurred so far. We meet at 10:30 AM at the Albert and Booth parking lot, but actually park on the road along the north side of the lot.

We're planning to run off a list of member's names and phone numbers so that if a group wants to get together on another day, or in case of a rain-out, they can do so without reference to the coordinator.

The contact number is still 828-5087 and we look forward to seeing the membership grow.

TAKE WING WITH THE BIRDS ON SKIS

Everyone knows the glorious feeling of crisp, smooth cross-country skiing through woods, which often feels like taking flight with the birds. Well, now you can do both. The Rideau Trail has, for many years, maintained a bird feeding station at the Marlborough Forest cabin south of Richmond. If you travel in the winter you know what it means to run out of food. As the cabin feeders attract quite a few species of birds from the surrounding area, people ski in once a week to refill them with seed from the cans at the side of the cabin. If you would like to help out, please phone Andrew at 232-2755. In order to simplify arrangements, please let him know also if you intend to, or have made a trip to visit the cabin during the week or on a weekend.

The Tall Ships [continued from page 5]

ton area. The day was hot and the hiking strenuous so we were glad to have not one, but two chances to swim. One spot, about halfway through the hike, was from a sheer rock face at the edge of deep water, clear and secluded, with two small islands offshore. The second, needed again at the end of the hike, was at the beach at Gould Lake. The hike leader, Keith Bull, failed to allow for the heat of the day and the fact that most of those on the outing were unfamiliar with the area. After the first swim, he set off at a fast pace with five or six people who could keep up with him, leaving the rest of the hikers to find their own way, as best they could, over trails that were rough and often poorly marked. Low marks to Keith for not taking full responsibility for all his hikers. Otherwise, a most hospitable and enjoyable weekend. Many thanks to the Kingston Club for organizing it!



If undeliverable, please return to:

Rideau Trail Association
P.O. Box 15
Kingston, Ontario
K7L 4V6
Canada

APPLICATION FOR MEMBERSHIP

Rideau Trail Association
P.O. Box 15,
Kingston, Ontario K7L 4V6

Membership year, April 1st to March 31st

Your membership in the Rideau Trail Association provides the financial support essential for the continuous maintenance, improvement, extension and protection of the Rideau Trail network. As a member you will receive the quarterly newsletter and special mailings, as well as voting rights in both Club and Association activities.

() Annual Family Membership.....\$ 10.00
() Patron (Life Membership)..... 150.00*
() Map Kit (13 maps) Members only..... 4.00
() Vinyl Case for maps (includes map index). 3.00
() Trail Notes Members..... 5.00
Non-members..... 8.00
() Car sticker (FREE to New Members)..... .50
() Crest..... 1.00
() Enamelled Pin..... 3.00
() Donation to RTA.....*
() Donation to Corridor Preservation Fund...*

TOTAL _____

PLEASE CHECK New () Renewal ()

Name.....

Address.....

.....

Postal Code.....

Telephone.....

* Qualify for Income tax deduction. Charitable Registration No. 0041733-56-11