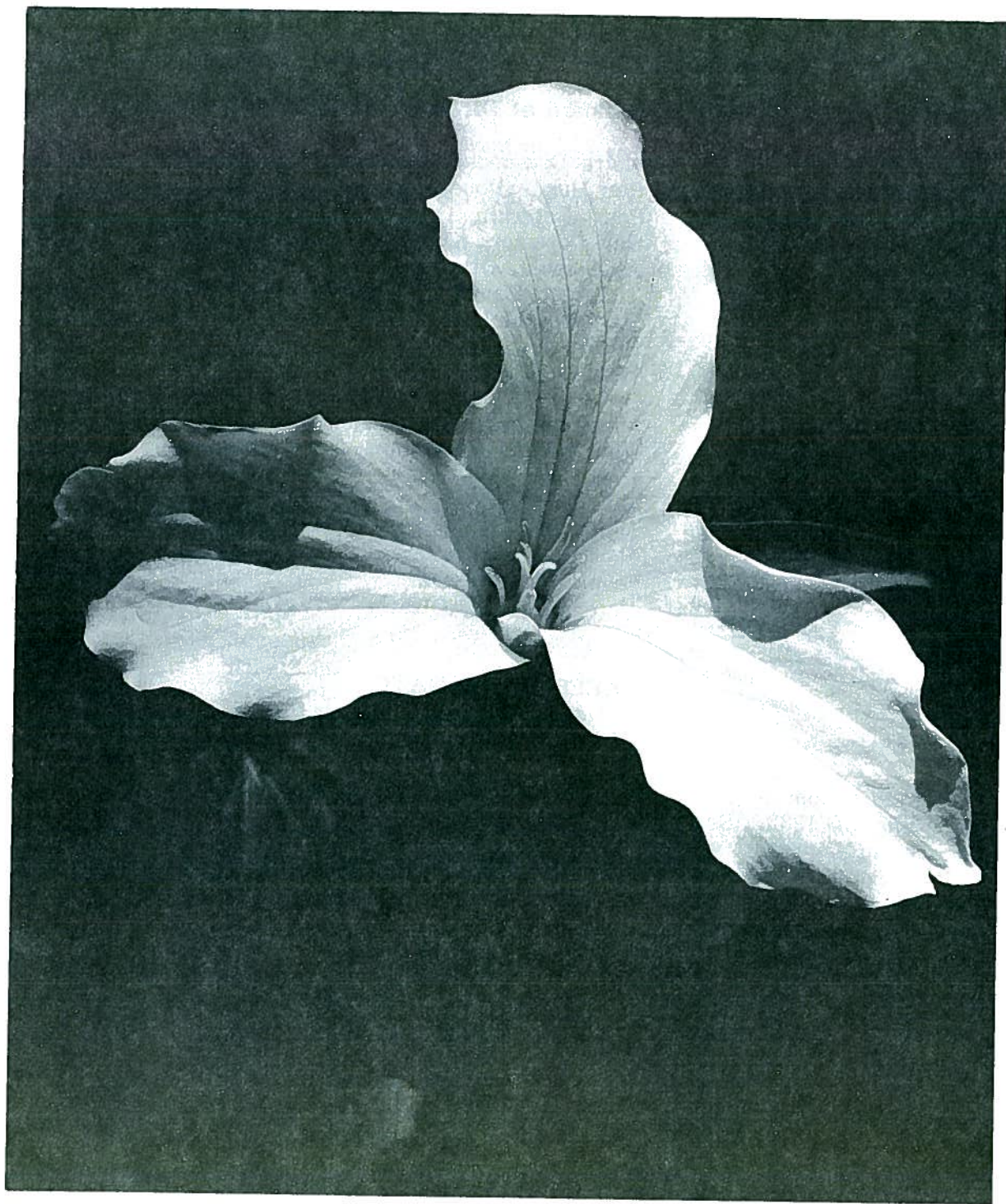




The Rideau Trail NEWSLETTER

SPRING 1986

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The Rideau Trail Newsletter is published quarterly in December, March, June and September by the Rideau Trail Association. The editor of this issue is Johanna Koeslag for the Kingston Rideau Trail Club.

Submissions for the next Newsletter are welcome and should be sent by May 1, 1986, to Brian Lunergan, 152 Monterey Drive, Nepean, Ontario, K2H 7A8, 829-0609.

The Rideau Trail is a member of Hike Ontario (F.O.H.T.A.)

Unless otherwise stated, the opinions expressed in items in this newsletter are not necessarily those of the Rideau Trail Association.

ISSN 0709-7085

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KEEP UP-TO-DATE!

THE NEW MAPS AND REVISED TRAIL NOTES ARE NOW AVAILABLE TO MEMBERS!

The new map kits contain a complete set of revised maps which reflect all the re-routings up to the spring of 1985. (See page 10 of this newsletter for a few changes in 1985). The new maps are an improved version of the earlier maps with the trail clearly indicated by a solid red line. The Trail Notes have also been revised to reflect the changes in the maps. These revised notes are meant to insert into your existing Trail Notes looseleaf binder, replacing the out-of-date pages.

Prices:

New Maps	\$4.00
Vinyl Case for maps	\$3.00
Trail Notes Revisions	\$2.00
Complete Trail Notes	\$5.00

Order your maps and trail notes from:

Rideau Trail Association
Box 15
Kingston, Ontario
K7L 4V6

Cover Photo by Norm McLeod: **The Magnificent Trillium - Harbinger of Spring.**

**Rideau Trail Association Financial Report
September 1, 1984 to August 31, 1985**

Operating Account		This Year	Last Year
Revenue:	Membership Fees	7927	9304
	Donations	1256	1110
	Bank Interest	1762	707
	FOHTA Grant (Newsletter)	450	475
	Other	6	12
	Total Revenues	<u>11401</u>	<u>11608</u>
Expenditure:	Newsletter	4233	3855
	Servicing Membership	1977	1280
	Meeting & Travel	745	126
	Club Support - Ottawa	823	1588
	- Perth	20	12
	- Kingston	500	
	Membership in FOHTA	165	122
	Allocation to Corridor Fund	1482	557
	Liability Insurance	100	100
	Publicity & Promotion	277	955
	Other	40	35
	Total Expenditure	<u>10362</u>	<u>8630</u>
	Gain For The Year	1039	2978
	Balance Forward from Last	7551	4573
	Balance For This Year	<u>8590</u>	<u>7551</u>
Publications & Merchandise Account			
Revenue:	Sale of Maps, Notes, Etc.	1858	2983
Expenditure:	Maps, Revise & Reprint	2741	
	Trail Notes Revisions	2014	125
	Total Expenditures	<u>4755</u>	<u>125</u>
	Gain (Deficit) For The Year	(2897)	2858
	Balance Forward from Last	8239	5381
	Balance For This Year	<u>5342</u>	<u>8239</u>
Corridor Preservation Account			
Revenue:	Donations	562	330
	Elizabeth Slasor Bequest		2000
	Vi Humphreys Bequest	1000	
	Bank Interest	1046	333
	From Operating Account	1482	557
	Total Revenue	<u>4090</u>	<u>3220</u>
Expenditure:	Trail Preservation Grants		200
	Gain For The Year	4090	3020
	Balance Forward from Last Year	7615	4595
	Balance For This Year	<u>11705</u>	<u>7615</u>
Summary			
Balance:	Operating Account	8590	7551
	Publications & Merchandise Account	5342	8239
	Corridor Preservation Account	11705	7615
	Total of All Accounts	<u>25637</u>	<u>23405</u>

Certified Correct by Al Gamble, Treasurer

Verified by R. Forbes Hirsch, Auditor

Appalachian Trail Conference Report by Moira Drummond

The Appalachian Trail Conference was held at Green Mountain College in Poultney, Vermont, from August 2-9, 1985. The password was "See you in Vermont" and some 800 persons did just that. The come-on was "Stand atop Stratton Mountain where the dream of the Trail began, dangle your feet in cold mountain water at Clarendon Gorge, or hike inn to inn on the Trail".

The Cutts, Waldrons, Hughes and myself from Kingston, Perry Tooker from Brockville, two from the Bruce Trail and a group from Sentiers, Quebec, made up the Canadian contingent. People came by car, train, camper, bus, plane, and on foot. One chap I spoke with had started in Georgia and had been backpacking on the trail for 123 days.

Housing was on campus or camping in Poultney and area. Excellent meals were served in the College cafeteria and many of us ordered trail lunches daily consisting of a sandwich, two cookies, one granola bar, cheese, an apple or orange, two cans of juice and a bag of chips. I ended the week with 7 bags of leftover potato chips!

Recreation facilities included tennis courts, pool, daily runs and bicycle tours. The entertainment included singers (folk and barbershop), a dance band (four senior ladies and 30's music), square dancing and slide shows. "Climbing Mt. McKinley" was presented by one of the four climbers; "Hiking in England" by Peter Neville who demonstrated how they tackled some of their maintenance problems; GMTC presented "Alpine Areas", showing how delicate the ecology is, with a plea not to walk on the plants but on rock instead.

Hikes were graded as easy, medium and difficult. Some commented that a few of the medium hikes were in fact difficult. Judging by some of the bruises, aches, pains and strained muscles, they might well have been. Height of climb and length of time was noted, but gradient was not, which might have helped!

The Appalachian Trail is 2,137 miles long extending from Maine to Georgia, compris-

ing 35 trail clubs. Vermont's Long Trail extends 265 miles from Massachusetts Line to the Canadian border. About 80 miles are within the National Forest. The highest peak in Vermont is Mt. Mansfield (4,393') near Stowe. One hike climbed the second highest peak, Killington-Bucklin (4,241') and a 3-day hike included a climb up March Peak (5,344').

I did a couple of easier hikes with the Cutts, to Clarendon Gorge and Airport Lookout, doing some birdwatching while Don and Cathy went on to the top. Crossing the Gorge was by suspension bridge. Rock formations formed by ice and water over time were fascinating.

The Waldrons and I went to the Gifford State Park and hiked the Kent Pond Trail. This gave us a chance to see many wild-flowers and trees of the area. That day we ate our lunch in a recreation park near Sherbourne Centre. This is Killington Peak and Pico Peak country! I added a few more miles by doing the courses laid out on campus. The weather was hot, too hot, with temperatures of 90 to 94 degrees and humidity of 105%.

Excursion highlights included a visit to the Morgan Horse Farm at Weybridge, the Norman Rockwell Exhibit in an 1800's church at Arlington and Grandma Moses' Schoolhouse at the Bennington Museum. The Canadian contingent joined a supper cruise on Lake George on a damp rainy day. We did enjoy the scenery, showers, mist and all. John was sure the passengers included two FBI men, short hair, dark glasses, ties, shirts and three piece suits!

Noted in some of the towns were crossing signs that said "Blind Man Crossing, Deaf Child Crossing, Blind Children Crossing" and a bumper sticker that read "Oh Lord, It's Hard to be Humble When You is Perfect in Every Way"! These appealed to me, and also a quote from G'ma Moses "Life is What We Make It - Always Has Been - Always Will Be".

The best part was people of all kinds. I sat at different tables at meal times to meet as many as possible. I had a great

argument with a New Englander about how to pronounce "Rideau". He insisted it was "Ridoo" and that I just didn't know! One lady from Georgia remarked on our "peasants", especially those in Quebec who sold produce at the roadside! One young man, a casualty of Thalidomide, was quite amazing and a delight to talk to. I had several talks with a number of trail club executives, exchanging ideas, and found that many clubs have the same problems and concerns as our club does.

All in all, it was a super experience in a very lovely part of the world and I thank the RTA Board of Directors for helping me attend. The cry from everyone was, "see you in Virginia in two years". Words written by Harold Allen evoked a responsive chord and conveyed the appeal of the Appalachian Trail:

"Remote for detachment
Narrow for chosen company
Winding for leisure
Lonely for contemplation

The trail leads not merely North and South,
but upward to the body, mind and soul of man."

The Marlborough Forest Information Map

Some 50 km down the Trail from Ottawa, towards Kingston, lies the Marlborough Forest, a region of pine and cedar, old farm fields, ponds and swamp. About 25 square miles or 16,000 acres of the Forest is owned by the Regional Municipality of Ottawa-Carleton (RMOC) and managed by the Ministry of Natural Resources.

This public land is not in one block but is divided into a large number of parcels. To show its location, as well as picnic areas, hiking and snowmobile trails and the Rideau Trail, the RMOC has recently published an information map of the Marlborough Forest. It is available free of charge from the RMOC, Planning Dept., 222 Queen Street, Ottawa.

RTA members can obtain a copy by sending a stamped, self-addressed, business envelope to Peter Andrews, 1890 Wembley Avenue, Ottawa, Ontario, K2A 1A7.

Be A Dodderer

"When you get fed up with present day happenings, go out into the lanes and the fields and listen and look at the things of Nature.

There is no hurry in that world - that is why I am a dodderer.

I lose all sense of time when I'm in the country, forget the speed of machinery - to be a dodderer is a lost art these days, one that we should recapture."

from a talk by Romany, 1941.
BBC's Children's Hour, 1933-43.
submitted by Moira Drummond



Russian Tea

This recipe by Sue Caldwell was submitted by Christine Prosper of the Kingston Club. Christine writes that when she shared this concoction with others on a recent ski outing, they all stated that it was delicious and a nice change from tea or coffee, as well as a source of instant energy. Why not try it and judge for yourself.

Mix: 18 oz. TANG
2/3 cup instant tea
3 oz. lemonade
1/2 cup sugar
1 tsp. cinnamon
1 tsp. ground cloves

Store in a jar or closed container. Use 2 tsp. per cup of hot water (use more or less to taste). Enjoy!

Vandalism Strikes a Landmark

by Ron Hunt

Many have said that it would happen sooner or later. In late November, prophecy became reality. The log cabin in the Marlborough forest (Map 4) was visited by persons unknown and seriously damaged. The windows were smashed, the door ripped from its hinges and the pump was stolen. From the refuse found in and around the cabin, it was clear that a 'party' of sorts had been held by the culprits. There were lots of empty and smashed beer bottles and spent .303 cartridges on the property.

I am writing this article to make you aware of the situation and to let you know that we are doing our utmost to bring it under control. The problem is a serious one, though. In Mid-January vandals struck again. The windows were smashed again (the door and windows had been repaired by an anonymous benefactor in December), and numerous empty shotgun shells and smashed beer bottles left behind.

As many of you may know, the cabin was built in the Fall of 1978 with the help of a Wintario grant and the toil and sweat of many volunteers. It sits on 4 acres of land generously donated by Mr. Peter E. Cameron. Building and maintaining the cabin has been a labour of love for the RTA, especially those affiliated with the Ottawa Rideau Trail Club.

We have reported the problem to the OPP and the Ministry of Natural Resources. The OPP has visited the cabin and noted the damage. This occurred shortly after the first incident. The investigating officer was very concerned by the fact that firearms and alcohol were involved. I am sure that we can count on the cooperation of the OPP to help us solve the problem.

In the meantime, those of you planning to hike or ski into the cabin, should be aware that you'll have to bring your own water, axe and saw. In addition to the pump, the axe and saw were also stolen. As an interim measure, the windows will be repaired with plastic sheets. The stove is still operable, but the wood supply is very low. The birdfeeding operation has been suspended.

I would like to take this opportunity to acknowledge the help and support received from several individuals. Trix Geary and Dave Hostettler are thanked for spotting the damage and notifying our cabin maintainer, Andrew Oakes. A special thanks goes to Andrew for his patience and perseverance in dealing with this situation.

Finally, anyone with information on the cabin, or wanting to help in repair work, please contact Andrew at 232-2755.

Hike & Write Contest!

Do you have a funny story about a Rideau Trail Outing? Did you go on an interesting hike and want to tell about it? Are you a photographer or an artist? Well, if so, please get out your paper, pens, typewriters, or cameras and get ready.

The Ottawa Rideau Trail Club is sponsoring the first "Hike & Write" Contest. We are looking for humorous and serious stories, photos and sketches about Rideau Trail hikes, outings, social gatherings, symposiums and even meetings. We'll accept articles from any bona fide Rideau Trail Association member and newsletter reader.

Submissions received from March 1, 1986 to August 31, 1986, will be evaluated by a panel of judges from all the Rideau Trail clubs. Prizes will be awarded in the following categories:

- Funniest Story
- Best Serious Article
- Best Black & White Photo with Caption
- Best Drawing or Sketch
- (done in black ink on white paper)

The winners will be announced at the RTA Annual General Meeting in September. As many submissions as possible will be published in subsequent newsletters.

Send your entries to:

- Hike & Write Contest
- Ottawa Rideau Trail Club
- P.O. Box 4616, Ottawa, Ontario, K1S 5H8

THE RIDEAU TRAIL ASSOCIATION'S SPRING '86 OUTINGS PROGRAM

Ottawa Club Outings

Hikes leave from the corner of Booth and Albert Streets in rain, sleet, sunshine ...any kind of weather. If you do not have a car, please call the hike leader to indicate that you need transportation from the meeting place. If the leader cannot be reached, call 829-3062 for information on the outings.

Sunday, March 16. Spring Outing

Come out to enjoy the first days of spring! It could still be winter though, so this may be a ski outing. Otherwise, hiking will be the order of the day. Meet at Booth and Albert at 12 noon. Bring a snack.
Leader: Elizabeth Mason, 729-6596, 777-6523

Wednesday, April 2. Wednesday Walkers

This group continues to meet every Wednesday morning at 10:30 a.m. at Booth and Albert. Contact: Dorothy Belter, 523-4420

Sunday, April 13. Cabin Maintenance

The cabin has had a rough winter (vandalized twice) and now requires the tender loving care of members to restore it to a "comfortable" condition. If you have a hand-held saw, bring it along. Wear waterproof footwear and bring a lunch. Meet at Booth and Albert at 10 a.m.

Leader: Andrew Oakes, 232-2755

Sunday, May 4. Trail Maintenance

Do your part to help keep the Rideau Trail in tip-top condition. Come out for this Spring Maintenance Day and bring along any useful tools, such as a hand held saw, snippers for twigs, etc. Bring a lunch. Meet at Booth and Albert at 9 a.m.

Leader: Jorge Puysegur, 745-0563

Saturday, May 10. Gatineau Park

Hike along the escarpment from Church Hill (on the Eardley-Masham Road) via Hay Lake on the 'Yellow Marker Trail'. 11 km, about a 3 to 4 hour hike. Wear sturdy footwear. Bring a lunch and something to drink. Meet at Booth and Albert at 9:30 a.m.

Leader: Joe Parton, 733-7624

Sunday, May 25. Perth Area

Ten kilometres through the woods from the Mica Mines to the Tay Ski Club (maps 7-8) south of Perth. Moderately strenuous. Bring a lunch and insect repellent. Meet at Booth and Albert at 9 a.m.

Leader: Boris Mather, 238-6409

Saturday, May 31. Larose Forest

This second walk in the Larose Forest will commence with a warm up hike to the Little Indian River. After lunch, a short visit to an abandoned cemetery marking a disappeared village, followed by a walk in the swampy part of the Forest (conditions permitting), then a walk in the drier section where there should be lots of wildflowers. Bring a lunch, boots, and insect repellent. Meet at Booth and Albert at 10 a.m.

Leader: Bill Grant, 820-0697

May 31 - June 1. Bike Outing

I enjoyed last year's outing so much I'm willing to organize another weekend trip this year. We will travel about 50 km each day and stay overnight at a Bed & Breakfast. If you are interested call Elizabeth by May 16.

Leader: Elizabeth Mason, 729-6596

Saturday, June 7. Gatineau Park

A 14 km hike in the Lac Philippe-Taylor Lake area, with emphasis on birdwatching, so bring your binoculars. Also bring a lunch and insect repellent. Meet at Booth and Albert at 9:30 a.m.

Leader: Colin Gaskell, 728-7217

June 7 - June 8. Backpacking

The Kingston Club is organizing a backpacking weekend, hiking the section between Murphy's Point Provincial Park and Perth. Why not join them? See the Kingston outings program for details.

Contact: Barri Scully, 233 3770

Sunday, June 15. Ottawa AGM

Mark this date on your calendar to remember it. Details will be in the Summer Newsletter.

Central Club's Outings

Sunday, May 25. Spring Hike

The spring flowers will be in full bloom! Meet at 1:30 in the I.G.A. parking lot in Perth, for an outing in the Central area.

Leader: Marg McLeod, 267-1641

June 7 - June 8. Backpacking Overnight

Join the Ottawa and Kingston Clubs for a backpacking hike between Murphy's Point and Perth. Call Jean Riddell, 267-1457.

Kingston Outings Program

Feedback regarding this program and suggestions for future outings may be made to Su Nag, 544-6505, evenings until 10 p.m. Note that the first two outings are changed from the previous newsletter.

Saturday, March 8. Early Spring Outing

Enjoy a leisurely early spring walk or ski starting at Elevator Bay. Meet at Sear's north door at 1 p.m.

Leader: Peter Skelton, 544-0151

Pot Luck Dinner. Get together afterwards for a pot luck dinner and social evening. Call Su Nag, 544-6505, to find out where to go and what to bring.

Wednesday, March 12. Maple Syrup Time

The Wednesday Walkers are a group that usually meet every Wednesday afternoon at Sear's north door at 1:30 p.m. for a leisurely walk. It's the height of maple sugar time, so join them for a walk at the Cataragui Conservation Area and visit the Sugar Hut. Let's meet at Sear's north door at 11 a.m. this time so we can have pancakes for lunch. Leader: Erna Smith, 544-4386

Sunday, March 16. Opinicon Loop

Hike the Opinicon Loop starting at Lindsay Lake Road or Old Bedford Road (Map 9). Bring a lunch and Meet at Sear's north door at 9:30 a.m.

Leader: Erwin Wendholt, 542-5789

Saturday, March 22. Elginburg Road

Each spring the Jackson's Mill pond floods and is an amazing sight to see. We'll hike as far as we can south and then go about 3 km north of Elginburg Road and back again. Wear waterproof boots. Meet at Sear's north door at 1 p.m.

Leader: Johanna Koeslag, 549-7502

Sunday, March 30. Frontenac Park

Enjoy the varied terrain in Frontenac Park while hiking around Little Salmon Lake (about 10 km). Wear strong footwear and bring a lunch. Meet at Sear's north door at 9 a.m. Leader: Larry Dyke, 389-6692

Saturday, April 5. Gould Lake South

Hike south, about 8 km, from the Gould Lake barn through fields and woods to Sydenham (Map 11). Bring a lunch. Meet at Sear's north door at 10 a.m.

Leader: Bill Cotton, 389-6290

Wednesday, April 9. Camden Lake Wildlife
Join the Wednesday Walkers for an outing at the Camden Lake Wildlife Area north of Moscow. You might be lucky enough to see a Great Blue Heron. Meet at Sear's north door at 1 p.m.

Leader: Moira Drummond, 544-9529

Sunday, April 13. Van Order Road

Enjoy a pleasant afternoon hike through fields and woods north of Van Order Road to the beaver dam near Orser Road. (Map 11,12). Meet at Sear's north door at 1:30 p.m. Leader: Cathy Cutts, 542-5414

Saturday, April 19. Go To Blazes Day

Help maintain and clear the section of Opinicon Loop from where it joins the Rideau Trail near the Massassauga Road (Map 9) going towards County Road #9. Bring a lunch and meet at the parking lot in Cataragui Conservation Area at 9 a.m. Leaders: Don and Lou Green, 389-5458

Saturday, April 26. Kingston Waterfront

This hike along the waterfront from Elevator Bay to City Hall is being sponsored by the Kingston Waterfront Committee. Meet at Elevator Bay at 2 p.m. If it rains, come on April 27th, or May 3rd. Contact: Moira Drummond, 544-5929

Sunday, May 4. West Side Gould Lake

Enjoy spectacular views of Gould Lake while hiking along its west side. Rugged terrain so wear sturdy boots. Bring a lunch. Meet at Sear's north door at 9:30 a.m. Leader: Stan Douglas, 389-2563

Saturday, May 10. Kingston Club AGM

Come on out to the annual general meeting of the Kingston Club, held this year at the Gould Lake Barn. See the notice on page 15. If you need to arrange a ride, call Nancy Young, 549-8856.

Wednesday, May 10. Doe Lake Loop Trail

Enjoy the spring flowers in Frontenac Park during a leisurely hike (about 2 hours) on the Doe Lake Loop Trail. Meet at Sear's north door at 1 p.m.

Leader: Wilhelm Dietrich, 542-7913

Sunday, May 18. Foley Mountain

Hike From Little Bay Beach (Map 9) to Westport via Spy Rock with its spectacular

view. Bring along insect repellent, just in case. Those interested in having dinner in Westport following the hike, call Joan by May 15, so she can make reservations. Meet at Sear's north door at 1:30 p.m.
Leader: Joan Hughes, 549-6265

Saturday, May 24. Sydenham to Orser Road
This is a not-too-strenuous day hike (about 8 km) going south from Sydenham as far as Orser Road (Map 11). There may be some wet sections, so wear good boots and bring insect repellent. Bring a lunch. Meet at Sear's north door at 10 a.m.
Leader: Mary Jane Bowes, 544-2753

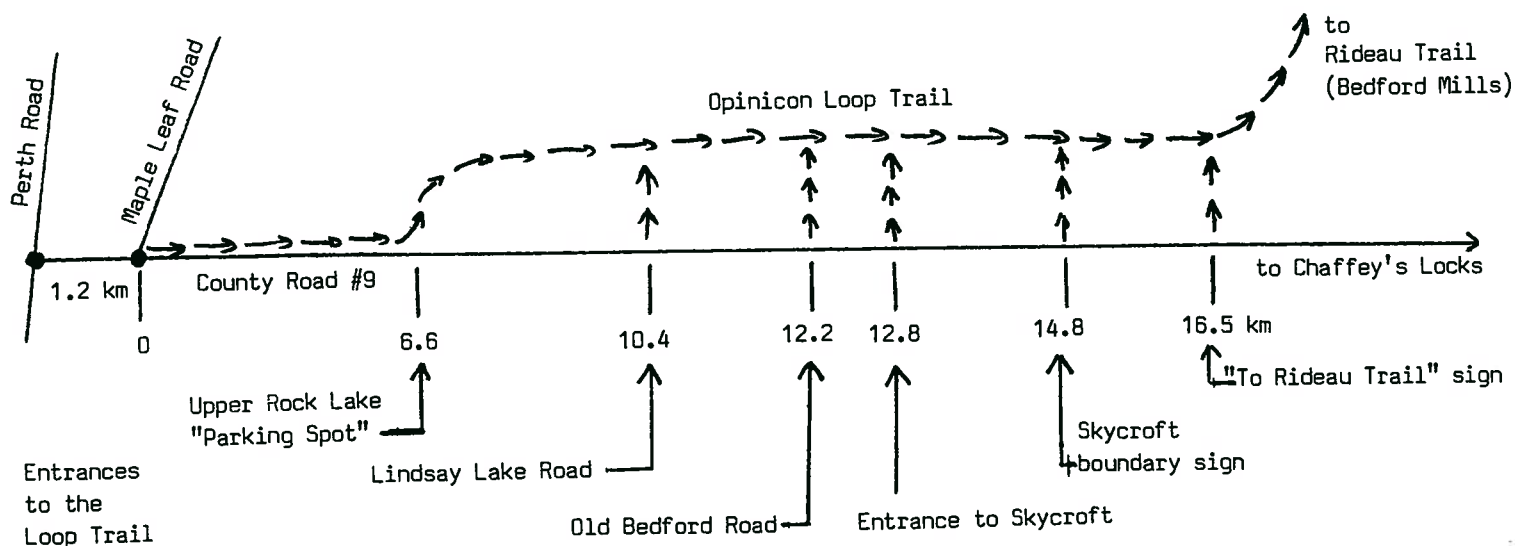
Sunday, June 1. Frontenac Park
Enjoy a good day's hike in the northern section of the Park entering at Kingsford Dam. Strong footwear recommended, since the terrain is rugged. Bring a lunch. Meet at Sear's north door at 9 a.m.
Leader: Janice Ley, 542-9958

June 7 - 8. Backpacking Overnight
Backpack the section between Murphy's Point Park and Perth, about 30 km past the mica mines and historical Allans Mills, camping overnight along the way. Meet at Sear's north door at 9 a.m.
Contact: Su Nag, 544-6505

Sunday, June 15. A Day of Canoeing
Experienced paddlers please bring your canoes and be prepared to take less experienced people with you. Register with Terry by the evening of June 13. Bring paddles, life jackets, and a lunch. Meet at Sear's north door at 9:30 a.m.
Leader: Terry Fuchs, 548-4143

Opinicon Loop Trail by Don Green

The Opinicon Loop Trail is a pleasant alternate trail to the Rideau Trail in the area between Perth Road Village and Bedford Mills. More precisely, the Opinicon Loop leaves the Rideau Trail north of Perth Road Village at the junction of the Maple Leaf Road and County Road #9. (See Map 10). The loop follows County Road #9 from this junction for 6.6 km to the Upper Rock Lake "parking spot". There, the trail enters the woods to the north along a cart path. The loop trail wanders more or less parallel to County Road #9 and can be reached from five other points on this road. The first is via the Lindsay Lake Road, 3.8 km further along from the "parking spot". Then, 1.8 km further, the loop can be reached via Old Bedford Road, an unused road allowance. The entrance to Skycroft is just 0.6 km along, and the loop trail can be accessed from Skycroft's trails. Proceeding another 2 km, you will come to a sign announcing the boundary of Skycroft where you can reach the loop trail easily, and finally, 1.7 km further, at the top of a hill, you'll see a small sign marked "To Rideau Trail". This is the last entrance for reaching the Opinicon Loop from County Road #9. If you come to a large swamp on the left and then Queen's Biology station on the right, you've come too far. The loop swings northwest away from the road and eventually rejoins the Rideau Trail which proceeds on to Bedford Mills. All in all, the Opinicon Loop gives you several pleasant hiking alternatives. Good hiking, good exploring, & good luck!



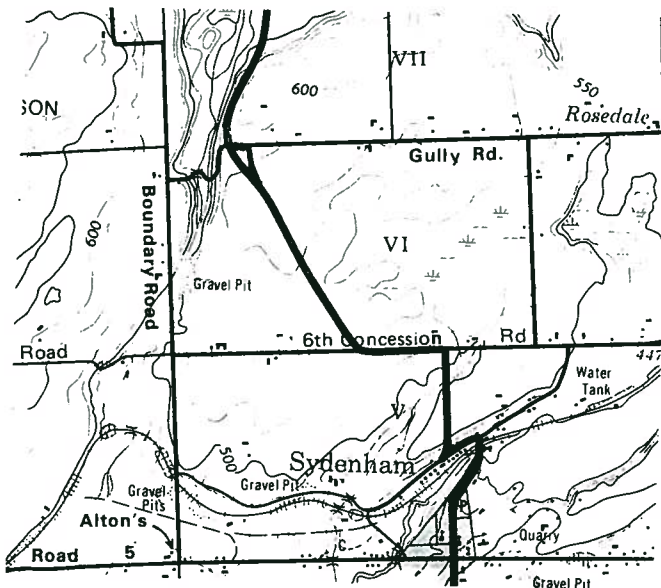
Route Changes in 1985

Bells Corners Map 2

Derek Hasler, the maintainer of this section, rerouted the trail between Knoxdale Road and Moodie Drive due to a dilapidated and dangerous wooden bridge on that part of the trail.

Rideau Lakes Campground Area Map 8

About 2km of the trail was rerouted here to take it off roads and away from a garbage dump. The new trail starts at the marina on Rideau Lake, passes between Horseshoe Bay and the road to Rideau Lakes Campground, and ends at the road going towards Murphy's Point Park.



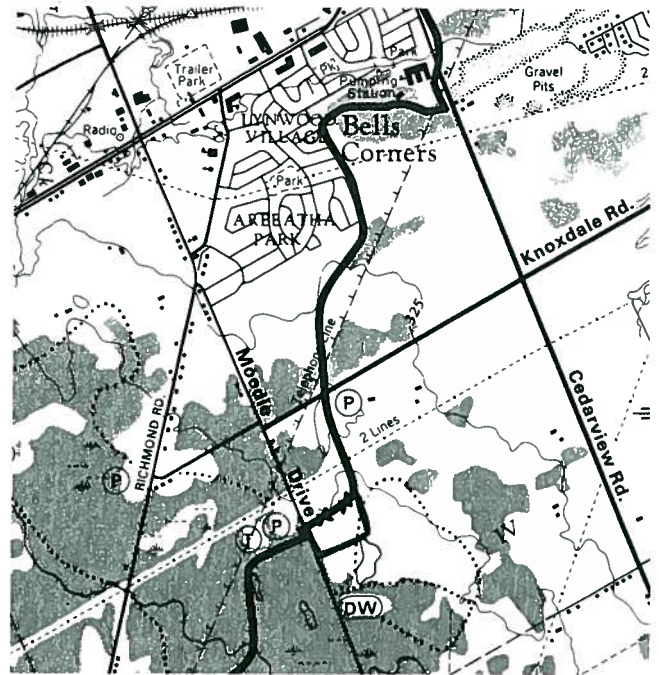
Gully Road Area Map 11

A small section of the trail was rerouted here because two homes did not want the trail going through their back yards. The trail now goes east 100 metres on Gully Road before heading diagonally south through a forest to an old sugar shack to join the original trail again.

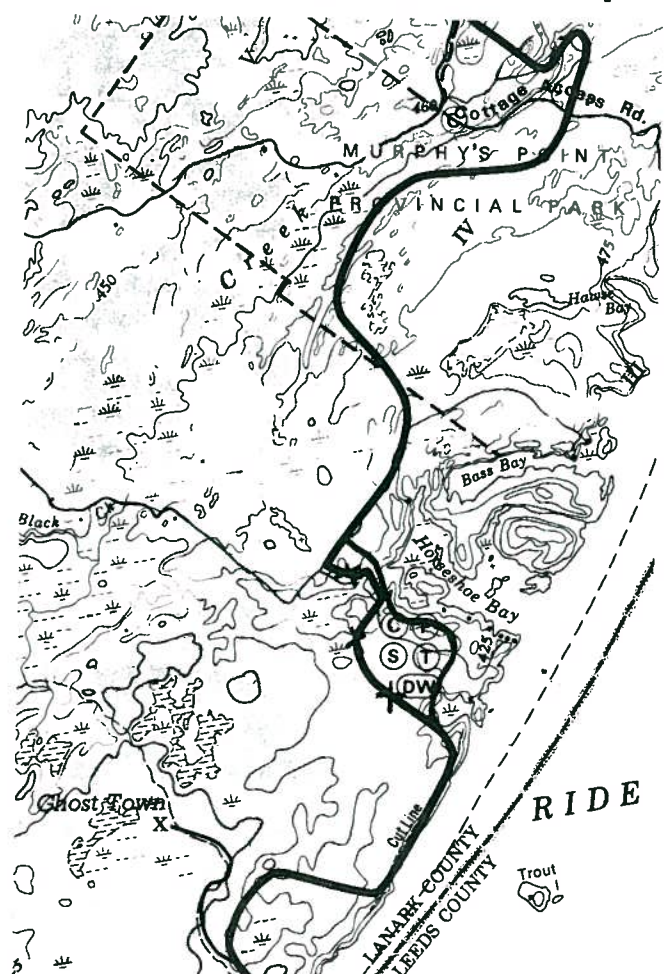
Hike the Bruce Trail

Is anyone interested in enjoying a weeks hiking on the Bruce Trail along the shores of the Bruce Peninsula in Ontario? The trip would be planned for late September. If you are interested, call Elizabeth Mason either at home, 729-6596, or at the office, 777-6523, by June 30.

Bells Corners Map 2



Rideau Lakes Campground Area Map 8



Highlights - Board of Directors Meeting February 1, 1986, in Perth

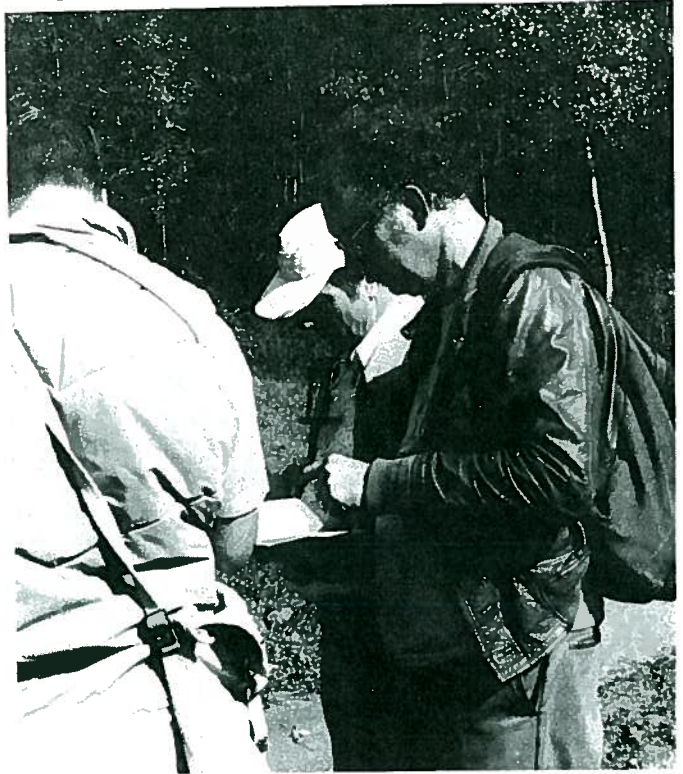
- * In order to promote the Rideau Trail and to give easy access to people making inquiries, the board is investigating the possibility of having a RTA phone number that would be listed in the phone directory.
- * The Kingston Club is going to experiment with numbering sections of the Trail and putting up signs with pertinent information on them at the section boundaries.
- * Newsletter committees have been formed in Kingston and in Ottawa to assist newsletter editors.
- * Our insurance policy has been expanded to cover passengers in cars driving to and from hike locations, as well as all hikers while on the trail and other RTA outings.
- * The annual meeting of the National Trail Association is going to be held at Expo '86.
- * A RTA guidebook that includes maps and notes under one cover, is being compiled for completion in 1987.
- * The Maitland and Elgin Trail Clubs are no longer members of the Federation of Ontario Hiking Trails, Hike Ontario.

Take a Hike! by Cathy Cutts

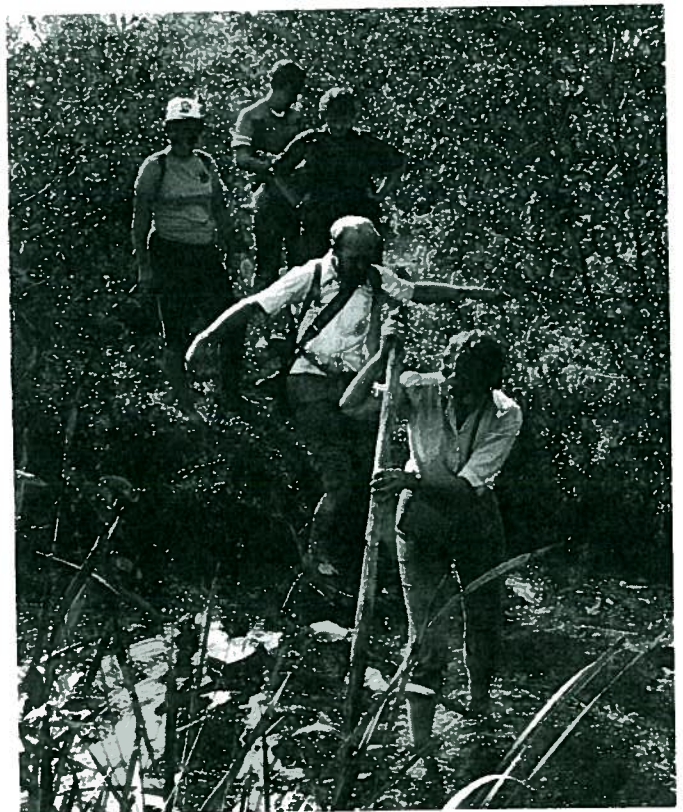
Take a hike, Mike
Past John A's Grave, Dave
Over the dam, Pam
Through the wood, Bud
Along the path, Kath
Around the bay, Jay
Near the mill, Bill
Beside the Hedge, Reg.

Keep on the track, Jack
Up the hill, Will
Watch where you tread, Fred
Keep fit and well, Nell
Enjoy fresh air, Blair
Not too much to pay, Ray
Good company too, Sue
The trail's for you, Lou.

Ottawa Club Hike in the Kemptville Forest, September 28, 1985. Andrew Oakes, Phil Jeffries and Bill Grant check the map. They are not lost! Photo by Boris Mather



Central Club Members do some wading east of Perth along the Tay Canal on Ontario Hiking Day, September 29, 1985.
Photo by Boris Mather



"Broadening Horizons"

Second Ontario Hiking Conference

May 16 to May 19, 1986
University of Guelph, Guelph, Ontario



Hike Ontario! Conference, 22 Argyle Street, Guelph, Ontario, N1G 2P2

Registration for the conference will be at Lambton Hall, University of Guelph from 5:00 pm to 10:00 pm Friday, May 16 and at the University Centre from 8:00 am to noon on Saturday, May 17.

ACCOMMODATIONS

Accommodation is available on-campus in student residences. Both single and twin rooms — all with shared washroom facilities — are available. Note that family rate is based on 4 persons in two twin rooms; all prices include sales tax and meals as specified. Children under 10 years of age may share parents' room, in a sleeping bag on the floor, in which case the children are charged only for meals.

Package A

Accomm. Fri., Sat., Sun.
(3 breakfasts, 1 lunch
and 1 dinner)

Single	\$88.50/person
Twin	\$79.50/person
Family	\$246.00/family
Child	\$21.40

Package B

Accomm. Sat. & Sun.
(2 breakfasts, 1 lunch
and 1 dinner)

Single	\$64.25/person
Twin	\$58.25/person
Family	\$185.00/family
Child	\$17.90

Hotel accommodation is also available at the Holiday Inn (phone 836-0231, 1 Km), the Biltmore Hotel, (phone 822-9112, 0.5 Km), and the College Motor Inn (phone 836-1240, 0.5 Km). Camping is available on a non-reservation basis in Grand River Conservation Authority parks at Guelph Lake and Rockwood both about 13 Km from the conference site.

MEALS

All meals except the special meals mentioned below are included in the accommodation packages and delegates residing in the university residences are required to take meals in campus cafeterias. Some special meals are planned: BBQ lunch, Sat. May 17; Pancake breakfast, Sun. May 18; and the banquet on Sun. May 18. The Pancake breakfast is included in packages A and B but can also be purchased separately by other registrants. Other special meals must be reserved and purchased separately; they are available to all registrants. A box lunch is available for purchase by those wishing to hike on Monday, May 19. For those staying off-campus meals can be purchased on-campus on a cash basis or obtained at nearby commercial establishments.

IMPORTANT

1. All on campus accommodations packages must be purchased in advance.
2. Special meals must also be purchased in advance.
3. *No refunds after April 30th.* Notification of cancellation must be received in writing by this date.
4. Conference registration limited to 500 people.

Questions should be directed to the conference registration chairman:

Jim Pierce Phone 519-821-3057

PROGRAM AT A GLANCE

Friday, May 16, 1986

5:00 pm-10:00 pm

Registration
Get-acquainted party and hikes

Saturday, May 17

7:00 am

Bird watching
Jog around the campus

9:30 am- 5:30 pm

Displays

9:30 am-11:30 am

Opening Session
Hon. Vince Kerrio, Minister of Natural Resources
Opportunities for Ontario Hiking: Chairman, Gordon Thompson, President of Hike Ontario; Ray Lowes, father of Ontario trails; Doug Robertson, Executive Director of the Bruce Trail Association; Douglas Campbell, National Trail Association of Canada

11:30 am- 1:30 pm

Outdoor barbecue

1:30 pm- 3:00 pm

Sessions

3:30 pm- 5:00 pm

Sessions

7:00 pm

Opening of the Art Exhibition arranged by artist Stephen Lewis; Faculty Club

8:00 pm-10:30 pm

Square dance with caller David Williamson
Slide presentations: a) Hiking in Faraway Places
b) Bruce Peninsula National Park; Robert Day, Georgian Bay Islands National Park

Sunday, May 18

7:30 am- 9:00 am

Sunrise service

8:00 am- 9:30 am

Open-air pancake breakfast

9:30 am- 5:30 pm

Displays

9:30 am-11:30 am

Town Meeting: Setting Goals for Hiking Trails

11:30 am- 6:00 pm

Art Exhibition, Faculty Club

1:30 pm- 5:00 pm

Workshops/Wrap-up session and Theme hikes

5:00 pm- 6:00 pm

Social hour, Faculty Club

6:00 pm- 9:00 pm

Banquet and presentation of awards, followed by "High Arctic Journey", slides and narration by Janet and John Foster

9:30 pm

Bierdo Brothers, the colourful folk group

Monday, May 19

7:00 am

Bird watching
Jog around the campus

9:30 am

All-day hikes or informal discussion groups

DESCRIPTIONS OF SESSIONS AND WORKSHOPS

Saturday afternoon

Proposals from these sessions will go to the Sunday Town Meeting

1:30 pm - 3:00 pm

- A1 The elements of a trail management plan: how to make it through the next ten years
- A2 Designing an exciting program for your club: ideas to bring club members together
- A3 Backpacking for fitness; Bill Savage, science resource teacher, London Board of Education
- A4 How to develop new trails: Ganaraska and Caledon Hills lead the way
- A5 Designing trails for the disabled; Alan Watson, naturalist at the University of Guelph Arboretum
- A6 Wildflowers on the trail; Nature Centre (20 minute walk from the University Centre)
- A7 Nature photography with Norm Lightfoot, wildlife photographer

3:30 pm - 5:00 pm

- B1 The Voyageur Trail: hiking it and working on it; Peter Stinnissen, Lake Superior Provincial Park
- B2 Wilderness first-aid and survival; Bonnie Laurie and Frank Yamich, Humber College
- B3 Securing public trails: government and trails in partnership; Rick Dowson, Grand River Conservation Authority
- B4 Keeping in touch: a workshop for newsletter editors and other communicators
- B5 Walking with Katz: where to go and what to take; hints from author Elliott Katz
- B6 Identifying birds on the trail; Nature Centre (20 minute walk from the University Centre)
- B7 Edible wild plants: recognition and conservation; Alan Watson, naturalist. Arboretum Centre (20 minute walk from the University Centre)

Sunday afternoon

1:30 pm - 4:00 pm

Planning the Ontario Trail System: Making the most of our volunteers. Participants will include Douglas Campbell, National Trail Association of Canada; John Saywell, Executive Director of Sentiers Quebec; representatives of the Ministry of Natural Resources.

- C1 Section one. The National Trail perspective in Ontario; co-ordinator Doug Robertson, Executive Director of the Bruce Trail Association.
- C2 Section two. Improving Hike Ontario trail clubs; co-ordinator Wm. Thorsteinson, management consultant.

1:30 pm - 4:00 pm

- C3 A walk through old Guelph
- C4 Orienteering with the Guelph Gators at Arkell: three levels of difficulty and introduction for beginners
- C5 Geology on the trail: a hike with University of Guelph geologist Ward Chesworth
- C6 Outdoor sketching with Guelph artist Marlene Jofriet
- C7 Trees on the trail: a hike with John Ambrose, Curator of the University of Guelph Arboretum
- C8 Historic railways: a visit to Halton County Electric Railway Museum

4:15 pm - 5:00 pm Wrap-up session: "Where do we go from here?"

Monday hikes

Participants do not need to pre-register for these events. Hikes will be in attractive countryside within 60 km. of Guelph. Car pools will be arranged as needed: 9:30 am onwards.

Guelph area trails
Grand Valley Trail
Crawford Lake and Rattlesnake Point (historic Indian Village and buffalo pound)
Hockley Valley, in a dramatic part of the Niagara escarpment
Canoeing down the Grand River: a rapid-free trip. Bring your own canoe.

CHILDREN'S PROGRAM

Saturday, May 17 and Sunday May 18

9:15 am - 5:15 pm

Pre-school activities and babysitting. School-age program including visits to Kortright Wildfowl Park, Electric Railway Museum, and a nature program. Bierdo Brothers concert for children. Babysitters available in evening.

Did You Know?

* Hike Ontario has a new mailing address. Unfortunately, we didn't learn this in time to change it on the new brochures recently printed. So be aware that the address for Hike Ontario on the present RTA brochures is incorrect. The correct address is:

P.O. Box 651, Station K
Toronto, Ontario, M4P 2H1

* Norman Day, the present editor of Outlook, the newsletter of Hike Ontario, also organizes and leads bed & breakfast hiking tours in Southern England. This summer he plans four week-long excursions, two on the Isle of Wight in July, one on the South Downs Way and one on the North Downs Way in August. For more information contact Norman Day, 17 Marlborough Ave. Toronto, Ontario, M5R 1X5.

Wanted - Volunteers for Trail Maintenance

The Kingston Rideau Trail Club requires volunteers to maintain three sections in the Kingston area. If you would like to support the Trail in this way, call Don Green, 389-5458, our maintenance coordinator.

KINGSTON CLUB ANNUAL GENERAL MEETING

Saturday, May 10, 1986

at the
Gould Lake Barn
Gould Lake Conservation Area

10:00 a.m. Snacks and Drinks
10:30 a.m. Annual Business Meeting
12:00 noon Lunch Bring Your Own!
1:00 p.m. Program
"Photography" - Norm MacLeod
"Backpacking Tips" - Orla Myrfield
2:00 p.m. Canoeing & Hiking

NOTICE

The Rideau Trail, where it crosses private land, will be **CLOSED** on Tuesday, March 4, 1986. This is to protect landowners who generously allow us to cross their land. Beware of trespassing on this day!

Membership Renewal Time

The year has slipped by and it's time to remind you once again that renewal time is here. If you review your trail activities last year, hopefully you will decide that you got your money's worth and are looking forward to another year of fun times. Maybe you'd like to get more involved? Hike more, ski new areas, take more pictures, see new birds, clear a few branches or replace an old marker, meet new friends, discover a flower - whatever you like. It's all possible and more just by sending in your \$10.00 renewal fee right now. If you're not sure that your membership has expired, check the date on the label of this newsletter. If it's 1986, then you need to renew. If it's anything else, you're O.K. Encourage your friends to join, bring the whole family (it costs no more for a family membership) and let's look forward to a happy, healthy and fun year on the Rideau Trail.

Remember, you can always pay for more than one year's membership so renewal time won't come again so quickly or you can even pay \$150.00 (income tax deductible) for a life membership, and never have to renew ever again. Think about it.

Corridor Preservation Fund

In August, 1975, the Corridor Preservation Fund was set up. The fund is intended to help maintain the natural integrity of the Rideau Trail and its corridor from Kingston to Ottawa. The fund is important because the trail is important. The trail links us to our past and to the natural surroundings of this area. Your donations help preserve our heritage. In 1977, for instance, \$1000 from this fund enabled the Little Cataraqui Foundation to get larger contributions from public sources and purchase land for a permanent conservation area. In 1983, a \$200 contribution helped Kingston Township purchase land north of Bath Road to add to the conservation area. Your continued support will ensure that we can meet future crises.

Wanted - Newsletter Editor for Kingston

Anyone interested in helping out with the Fall Newsletter in August, please contact Johanna Koeslag, at 549-7502.



If undeliverable, please return to:

Rideau Trail Association
P.O. Box 15
Kingston, Ontario
K7L 4V6
Canada

APPLICATION FOR MEMBERSHIP

Rideau Trail Association
P.O. Box 15,
Kingston, Ontario K7L 4V6

Membership year, April 1st to March 31st

Your membership in the Rideau Trail Association provides the financial support essential for the continuous maintenance, improvement, extension and protection of the Rideau Trail network. As a member you will receive the quarterly newsletter and special mailings, as well as voting rights in both Club and Association activities.

() Annual Family Membership.....\$ 10.00
() Patron (Life Membership)..... 150.00*
() Map Kit (13 maps) Members only..... 4.00
() Vinyl Case for maps (includes map index) 3.00
() Trail Notes Members..... 5.00
Non-members..... 8.00
() Car sticker (FREE to New Members)..... .50
() Crest..... 1.00
() Enamelled Pin..... 3.00
() Donation to RTA.....*
() Donation to Corridor Preservation Fund.....*

PLEASE CHECK New () Renewal ()

Name.....

Address.....

.....

Postal Code.....

Telephone.....

TOTAL

* Qualify for income tax deduction. Charitable Registration No. 0041733-56-11