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The Rideau Trail NEWSLETTER

SPRING 1992

ISSUE No.83



The Rideau Trail Newsletter is published quarterly in December, March, June and September by the Rideau Trail Association. The editor for this issue is Patricia Hardy assisted by Lynn Nolan for the Kingston Rideau Trail Club.

Submissions for the next newsletter are encouraged. Pictures to accompany article are desirable. Black and white are preferable as they print more clearly, but colour is acceptable. These are to be sent to the following person by

APRIL 15 1992.

Frank W. Kemp.
701-1705 Playfair Drive,
Ottawa, Ontario, K1H 8P6.

Phone (613) 736-9939

Unless otherwise stated, the opinions expressed in the items in this newsletter are not necessarily those of the Rideau Trail Association.

ISSN 0709-7085

THE RIDEAU TRAIL ASSOCIATION BOARD OF DIRECTORS FOR 1991-92

President	Betty McIver	Kingston	549-8028
1st Vice President	Ron Maybury	N. Gower	489-2255
Past President	Nanette Whitwam	Ottawa	231-5417
Secretary	Christine Banfill	Ottawa	235-8569
Treasurer	Helen Deek	Ottawa	728-9799
Membership Directors	Eva & Paul Smith	Kingston	542-6003
Correspondence Secretary	Patricia Lynn	Kingston	546-3993
Newsletter Editors	Patricia Hardy	Kingston	548-1268
	Frank Kemp	Ottawa	736-9939
Club Chairpersons	John Miller	Central	267-1493
	Patricia Lynn	Kingston	546-3993
	Linda Hayes	Ottawa	749-9537
Kingston Rep	Sig Swanbergson	Kingston	384-3560
Ottawa Rep	Peter Brebner	Ottawa	729-8178

COVER CREDIT: Richard Wickman, Rochester N.Y., End-to-Enders #67.

GROUP LOBBYS GOVERNMENT TO PRESERVE ABANDONED RAILWAY LINES

The Southeastern Ontario Rails-to-Trails Association (SEORTTA) has launched a major effort to get groups in Southeastern Ontario to lobby the provincial government in an effort to preserve over 400 km of abandoned railway rights-of-way. These abandoned lines run for 200 km from Kingston to Pembroke (the old "Kick & Push" line), 100 km from Napanee to Smith Falls, and 100 km from Tweed to Perth.

Although most of the members of the provincial government have verbally supported the concept of converting abandoned railroad lines to recreational trails, the government is unprepared to take concrete action towards the acquisition of these valuable resources at this time. Support from the interested public is needed.

If you are interested in more information about this program you should contact Doug Knapp, President of SEORTTA, (613) 542-2039 or Peggy Cunningham (613) 545-2327.

OUTSTANDING SERVICE AWARD

Kingston Club

The recipient of this award for 1991 was Ray Forester. Few have done more for the Association and are as well-liked as Ray.

Ray has been a member of the Association since 1981. He has been an active member of the Board of Directors serving first as the Kingston Club representative to Hike Ontario, then as Vice-President, President and Past President. A notable contribution during this time was the revision of the RTA Constitution. Ray felt strongly that volunteers should receive recognition in some form for their contribution to the club. This became a reality when the Association established the three badges that volunteers are eligible to receive and it was under his guidance that the Association established the Outstanding Service Award.

Ray finds time to participate in Kingston Club activities and has assisted the Kingston Club in various capacities. He has served on the Kingston Club Executive as Construction Co-ordinator. He has maintained a section of the Opinicon Loop trail ever since he joined the Club. He belongs to the core group who undertake re-routings and major construction projects such as the building of bridges, boardwalks etc. He was involved with the preparation of the first-ever audiovisual presentation of the RTA. Ray has been involved with educational activities as well. Many have found his presentation on "Essential Equipment for Day Hiking", to be very useful.

He regularly leads hikes and special trips. Many of us are regulars on the annual snow-shoe trip he leads. In the years gone by, he led many special trips which greatly enhanced the Outings Program, such as the overnight trips to the Slide Lake Cabin, the Gould Lake Barn and the Canoe trips in August. Those of us who went on these trips were impressed by the planning and leg-work that he undertook prior to the trip. Alas! The one thing beyond his control was the weather. I can remember pouring rain and high winds which made paddling a real chore.

On a personal note I would like to thank Ray for his support and help during the period I served as Hike Co-ordinator and Chairman of the Kingston Club. My appreciation and love of the outdoors, and that of many other people was nurtured and steadily grew during those trips in the early 80's led by Ray and Tom.

Su Nag.



Highlights of the Board of Directors Meeting

Regular quarterly meetings of the new Board of Directors for the Rideau Trail Association were held in McMartin House, Smiths Falls, on October 26th, 1991 and January 11th, 1992. Items of particular interest which were covered in these meetings are:

- the estimated total membership of the Association is now 1066
- a new format for printing and mailing of the Newsletter has been adopted, which will result in savings in the cost of mailing
- the Central Club now has a phone number in Perth, **264-8338**
- a 5-year plan will be developed for route improvement and other concerns affecting the Rideau Trail. It was agreed that, in order to develop issues and priorities, a long term planning workshop would be held on April 11th. This will involve the Board of Directors and representatives from the Kingston, Ottawa and Central Clubs. The report from this workshop will be presented and discussed at the RTA Annual General Meeting, to be held on September 26th
- the Association has taken out membership in the National Trail Association of Canada, whose ultimate objective is the development of a National Trail from coast-to-coast.

MEMBERSHIP RENEWALS

All memberships are due to be renewed by March 30th (except for life memberships). Please fill in the enclosed card and mail it, with your cheque, to:

Rideau Trail Association
P.O. Box 15
Kingston, Ontario
K7L 4V6

NOTICE OF TRAIL CLOSURE

The Rideau Trail, where it crosses private land will be closed Monday, March 16, 1992. This action is necessary to protect the land owners who generously allow us to cross their land the remainder of the year. Please take care not to trespass on this day.

HIKE CANADA

National Trail Association of Canada
Box 3098, Station 13
Calgary, Alberta
T2M 4L6

Newsletter Address:
581 Echo Drive
Ottawa, K1S 1N9
Mr. James Feeley (Editor)

THE NATURAL OUTING SOCIETY

Now headquartered in Belleville, this club concentrates on canoeing and hiking trips in Ontario's best easily-accessed wilderness areas. These are one-week or weekend trips rated "3E" - easy-going, economical and ecological. They vary from relaxed base-camp outings designed for novices or lazies to challenging backpacking or whitewater canoe trips for adventurers and ascetics. Most spring and fall trips are in Eastern Ontario, Frontenac Park, the Madawaska River and Quinte district, for example. In early summer the focus is Georgian Bay region (incomparable Killarney, the fantastic French etc.) and in August it's superior tripping on the shores of "Gitchie Gumee", Superior and Pukaskwa Parks. For details contact Keith Horton, Natural Outing Society, RR 2, Belleville, Ontario. K8N 4Z2: 613-967-3806.

OTTAWA RIDEAU TRAIL CLUB ANNUAL GENERAL MEETING

Friday, April 24, 1992.

Hintonburg Community Centre
1064 Wellington St., Ottawa.
(East of Grace Hospital)

7:30 pm.	Business meeting
9:00 pm.	Refreshments
9:30 pm.	RTA enthusiasts
	back-pack the
	Chilcotin Pass

Bring your own cup/mug. Parking at the rear.

All executive positions are open for nominations at the AGM. Volunteers are needed to serve on the executive. Nominations are particularly sought for the positions of Vice-chairman and Treasurer. To volunteer your services or to inquire into responsibilities of any position please call Barbara Sigurdson at 521-7311 or leave a message at 567-2229

KINGSTON RIDEAU TRAIL CLUB ANNUAL GENERAL MEETING

Saturday, April 25, 1992.

Amherstview Community Centre

10:00 A.M.	Coffee, Please bring your mug/cup
10:00-12:30	Business Meeting
	Election of officers
12:30-1:30	Brown Bag Lunch
1:30-3:30	Hike in the area

POT LUCK SUPPER Sunday, March 8.

Ski or hike from McIvor Road to Elginburg Road. Bring a lunch. Meet at Sears at 10:00 am. Pot luck supper after the hike. If you cannot come on the hike come to the supper anyway. For details phone Lynn Nolan 389-8747 (after 6 pm please) before **Thursday, March 6.**
Hike Leader: Betty McIvor 549-8028

RIDEAU TRAIL SPRING OUTINGS

Kingston

PREAMBLE AND PROGRAM

1. All hikes start from north-west corner of "Sears" parking lot.
2. In addition to the hikes listed below there are hikes leaving "Sears" at 1:30pm. the first, third and fourth Wednesday of the month.
3. Suggestions for future hikes can be made to Bernie Gates 389-1835.
4. Car pooling is encouraged to facilitate parking. Drivers appreciate a contribution towards the gas.
5. Hike leaders are reminded to send their attendance to Peggy Harding 546-7202.
6. Although the program generally indicates the strenuousness of the event, hikers are reminded that it is their personal responsibility to confirm with the hike leader before the hike their ability to meet the conditions on the trail.
7. Proper equipment and personal conditioning are important on rugged hikes to ensure that all hikers can enjoy the event.
8. Hike leaders are requested to discourage ill-equipped hikers from starting on rugged hikes.
9. **HELP!!** We need more hike leaders. You can gain experience by assisting an experienced leader on a hike.

Wednesday, March 11 Gould Lake

Ski or hike the Trail from Gould Lake Road to the Barn. Bring a lunch. Meet at Sears at 10:00 am.

Leaders: Jim and Hilda Dee 542-2643

Saturday, March 14, Maple Leaf Road

Hike the Maple Leaf Road section of the Trail. Bring a lunch. Meet at Sears at 9:30 am.

Leader: Mike Amodeo 634-1847

Sunday, March 22 Abandoned Railway

Hike the abandon railway track from Bottings Rd. along the north shore of Sydenham Lake. Bring a lunch. Meet at Sears at 9:30 am.

Leaders: Paul and Eva Smith 542-6003

Saturday, March 28. South Amherst Is.

Hike the south shore of Amherst Island. Bring a lunch. Meet at Sears at 9:00 am. **SHARP** to catch the 9:30 ferry.

Leader: Jean Thompson 544-0340

Sunday, April 5 Gould Lake West

Hike the Trail on the west side of Gould Lake. Bring a Lunch. Meet at Sears North at 9:30 am.

Leader: Patricia Lynn 546-3993

Wednesday, April 8. Gould Lake East

Hike the east side of Gould Lake, some rugged terrain so strong footwear is required. Meet at sears N.W. corner 10:00 am. Bring a lunch.

Leader - Bernie Gates 389-1835

Saturday, April 11 Field Naturalists' Hike

Hike with Ann Robertson on the Kingston Field Naturalists' property to study the floral and fauna of the area. Bring a lunch and meet at Sears N.W. corner at 9:30 am.

Leader: Johanna Koeslag 384-5384.

Saturday, April 25 Kingston A.G.M.

Kingston section A.G.M. at Amherstview Community Centre at 10:00 am. Anyone in need of transportation meet at Sears at 9:30 am. or call Cathy Cutts 542-5414. **See Notice on Page 4.**

Saturday, May 2 Trail Maintenance Day.

This is the day we give the trail a clean up. Would all make an effort to come out and give us a hand. Meet at Sears N.W. corner 9:00 am. Bring a lunch and any kind of cutters and gloves. Would trail maintainers please notify Don Green 389-5458 of any work to be carried out on their sections by **Thursday, April 30.**

Saturday, May 9 Blue Mountain

Hike to Blue Mountain with the park ranger to explain the flora and fauna of the area. Bring a lunch and meet at Sears at 9:00 am. Strong footwear and insect repellent required.

Leader: Alberta Edgar 542-9662

RTA CENTRAL CLUB OUTINGS

Wednesday, May 13 Charleston Lake

Hike Charleston Lake Provincial Park area. Meet at Sears N.W. Corner 10:00 am. Bring a Lunch

Leader: Jean Thompson 544-0340

Sunday, May 17 Murphy's Point

Hike the trail through Murphy's Point Provincial Park area. Meet at Sears N.W. corner at 9:00 am. Bring a lunch and insect repellent.

Leader: Andre Mercier 384-9886

Saturday, May 23 Sequential Hike

Sequential hike from the Frontenac Park Trail Centre to Perth Road (13 km.) This is rugged terrain so wear strong boots. Bring a lunch and meet at Sears N.W. corner at 9:00 am.

Leader: Ray Forester 542-4385

Sunday, May 31 Arkon & Salmon Lakes

Hike the Arkon and Salmon Lakes area. Meet at Sears at 9:00 am. Bring a lunch and strong footwear. There is a charge per vehicle in Frontenac Park.

Leader: Su Nag 546-6041

Saturday, June 6 Opinicon Loop

Hike the Northern end of the Opinicon Loop. Meet at Sears N.W. corner 9:00am. Bring a lunch.

Leader: Keith Bull 546-9693

Wednesday, June 10 Six Lakes

Mystery viewing of 6 lakes. Wear strong footwear and bring a lunch. Meet at Sears N.W. corner at 10:00 am.

**Leader: Ray Forester and his shadow
542-4385**

Sunday, June 14 Bicycle Tour

Bicycle tour from Gananoque to Brown's Bay. Meet at Sears at 9:00 am. Bring a lunch. If you need transportation for yourself and bicycle call Bob Tolley 548-5762 before **Thursday, June 11**

Leader: Bob Tolley 548-5762

Thursday, June 18 Kingston Water Front

Hike the Kingston water front. Meet at Bay and Wellington St. at 7:00 pm.

Leaders: Jim and Hilda Dee 542-2643

In addition to the advertised hikes listed, we have set up a Hike Hot Line, which is 264-8338. This line will give you a recorded message advising you of upcoming Club activity which may or may not be listed in the newsletter. So give us a call and join the Central Group if you wish. For more information call John Miller 264-8338, or Don Sherwin at 268-2447. See you there!

Sunday, April 12 Merrickville

A hike and special tour of his town by an honourable member of the Club. (15 km.) Meet at the Blockhouse in Merrickville at 10:00 am.

Leader: Peter De Lepper 269-4700

Sunday, May 17 Mica Mine, Perth

Our ever popular outing from the Narrows Lock Road, via the Mica Mines, McLaren Lake, ending at Otty Lake Road - Map 6 (12 km.) Bring a lunch and insect repellent. Meet at Conlon Farm at 9:30 am.

Leader: Don Sherwin 268-2447

Sunday, June 7 Dwyer Hill

Hike the trail from Dwyer Hill to Rosedale - Map 8-9 (17 km.) Bring a lunch and meet at Rosedale at 10:00 am.

Leader: Peter De Lepper 269-4700

Sunday, June 21 Purdon Conservation Area, McDonalds Corners

A joint meeting with the Ottawa Club, includes a visit to the home of the Beautiful Wild Lady Slipper Orchids. (18 km.) This hike will end with tea at Sylvania Lodge beside Dalhousie Lake. Bring lunch and good footwear. Meet at Conlon Farm at 9:00 am. or Sylvania Lodge at 10:00 am.

Leader: John Miller 264-8338

OTTAWA RTA CLUB

SPRING ACTIVITIES

The hikes described below normally take place as scheduled regardless of the weather and the **RENDEZVOUS POINT FOR HIKES IS ALWAYS AT THE CORNER OF BOOTH AND ALBERT STREETS IN OTTAWA** at the times indicated. This is the time of departure. Private cars are used for transportation to the trail head and hikers are asked to contribute to the drivers' gas cost, in the amount indicated below (where not indicated, it is usually \$3.00.) Some hikes will be followed by optional refreshment stops, but this is usually decided on the day, unless otherwise indicated.

The spring program is intended to provide a variety of outings for all tastes. Hikes on the Rideau Trail itself are specified as

such. The series of End-to-End Hikes resume on April 25 and we shall reach Desert Lake Rd. (just south of Frontenac Park by the start of the summer. These hikes will then resume in late summer and finish in early autumn. Because of the ground conditions in the spring, these hikes are not necessarily in sequence at this time. Please take note of the descriptive details for all activities so you will not be disappointed. For specific information on individual events, phone the leader indicated, and for more general information, or if the leader is not available, phone Bill Grant, Activities Coordinator at 820-0697.

Once again we are grateful for the willingness of those club members who volunteer to lead these activities and request participants to make their job as easy as possible. Hike leaders are asked to collect names and phone numbers of the participants and send them to Bill Grant.

Ottawa Wednesday Walkers

Every Wednesday, there are hikes in the Gatineau Park. These hikes tend to be vigorous and are definitely not for beginners or for persons not in good physical condition. Good footwear is strongly recommended and hikers should bring a lunch and water. The meeting time is 9:30 am. and the place, the corner of Booth and Albert. Call Dorothy Belter 523-4420 or Nanette Whitwam 231-5417 for more information.

Friday, March 20 Slide Show Evening

The Simpsons will host a slide show at 7:00 pm. Address 1206 Placid St. (west end, north of Baseline Rd.) Bring slides of hikes on the Rideau Trail or hikes by RTA members in other places. Numbers limited so phone by Mar 17.

Contact: Bill Grant 820-0697 or
Ed Simpson 828-1679

Saturday, March 28 Ottawa River Parkway

(Map 12) A walk (one way) of about 13 km. on the northernmost section of the Trail. See the Ottawa River in early spring. Of interest to members who wish to start or complete hiking the entire trail. Perhaps refreshments afterwards. Bring a lunch, wear appropriate clothing.

DEPARTURE TIME: 10:00 am
Leader: Johanna Ede 731-1541

Wednesday, April 1 Mill Pond Cons. Area

Spend April Fool's Day in this forested area on the Big Rideau Lake where maple syrup is made in the old-fashioned way. A short hike. Wear good boots and bring a lunch. Gas contribution \$5.00

DEPARTURE TIME: 9:00 am.
Leader: Geoff Berry 731-4832

Saturday, April 4 Cobb Lake

East of Ottawa is a shallow lake which exists only in the springtime as the feeding place of thousands of geese. This will be our destination after a 12 km. or more walk on country roads and, briefly, on an abandoned railway line. Bring a lunch & good footwear. Gas contribution \$4.00 **TIME:** 10:00

Leader: Bill Grant 820-0697

Saturday, April 11 Hike Leaders' Soiree

Pearl Peterkin will again host the soiree at 2576 Sackville St. (west end, off Carling Ave., south of Lincoln Galleria) All hike leaders, and hosts/hostesses are welcome.

CONTACT: Bill Grant 820-0697.

Sunday, April 12 Orienteering Workshop

Basic Review Field Practice on Bush Navigation (basic map reading skills a prerequisite) Bring a lunch, good footwear, and orienteering-type compass, if possible.

To register, or for more information phone:
G.Creedy 233-1657 or Bill Grant 820-0697

Friday, April 24 Annual General Meeting Ottawa RTA Club

(See notice elsewhere in the newsletter)

Saturday, April 25 End to End #12

Narrows Locks to Westport (Maps 4 & 5)

Approximately 15 km. of moderately easy hiking. Gas contribution \$5.00. Bring a lunch, and good footwear.

DEPARTURE TIME: 8:30 am.

Leader: Peter Brebner 729-8178

Sunday April 26 Edwards to Russell

A pleasant hike on this abandoned rail line, unpaved, but easy walking. About 15 km, finishing at Russell for tea. Bring a snack. Gas contribution \$4.00.

DEPARTURE TIME: 10:00 a.m.

LEADER: Chris Jones 824-3512

Saturday May 2 Frontenac Park

Arkon Lake in the S.W. part of the park. Perhaps we'll beat the blackflies! A vigorous, all day hike of approx. 15 km. Bring lunch, good footwear (and insect protection.) Gas contribution \$6.00.

DEPARTURE TIME: 10:00 am.

LEADER: Pearl Peterkin 829-3062

Sunday May 3 The Flowers that Bloom in the Spring

This is a gentle stroll to see the first flowers of spring. As this is not a hike, come only if you are interested in flowers. Location to be decided on the day. Bring your camera, a lunch, good footwear.

DEPARTURE TIME: 10:00 am.

LEADER: Robina Bennett, 829-0958

Saturday May 9 END TO END No. 9

Perth to MacLaren Lake (Map 6)

Approx. 14 km in a beautiful hardwood landscape. Bring lunch, good footwear, and insect protection.

DEPARTURE TIME: 9:00 A.M.

LEADER: John Haley 225-0590

Sunday May 10 Kempville Forest

A short hike in this nursery forest south of Ottawa. See the last of the spring wild flowers. Bring a light lunch, and insect protection. Perhaps refreshments afterwards.

DEPARTURE TIME: 11:00 am.

LEADER: Barb Sigurdson 521-7311

Saturday May 23 END TO END NO. 11

Murphy's Point Park to Narrows (Map 5)

Approx. 16 km of good hiking. Bring lunch, good footwear and insect protection. Gas contribution \$4.

DEPARTURE TIME: 9:00 am.

LEADER: Ron Hunt 830-1592

Sunday May 24 Maintenance Day

Join us once again for a pleasant day marking, pruning, and tidying the trail. Bring a lunch, insect protection, good footwear, and a hammer.

DEPARTURE TIME: 9:30 am.

LEADER: Chris Jones 824-3512

Saturday May 30 END TO END NO. 13

Westport to Opinicon Loop, North-end (Map 4).

Approx. 18 km. Bring a lunch, insect protection and good footwear. Gas contribution \$5.00.

DEPARTURE TIME: 9:30 am.

LEADER: Ann Bolster 521-6354

Sunday May 31 Bird Sanctuary Walk near Upper Canada Village. Approx. 12 km. A repeat of last year's enjoyable walk. Bring lunch. Snack in Morrisburg afterwards.

Gas contribution \$5.00.

DEPARTURE TIME: 9:30 am.

LEADER: David Spector 829-6802

Saturday, June 6 End to End # 10

McLaren's Lake to Murphy's Point Park (Map 5)

Approximately 14 km. Bring a lunch, good footwear and insect protection. Gas contribution \$4.00.

DEPARTURE TIME: 9:00 am.

Leader : Ron Maybury 489-2255

Sunday June 7 Morris Island

An afternoon stroll in this new Conservation Area on the Ottawa River. Bring sun and insect protection, just in case. Light footwear adequate. Perhaps refreshments afterwards. Gas contribution \$4.00

DEPARTURE TIME: 12:30 pm.

LEADER: Bill Grant 820-0697

Saturday, June 13 End to End #14

Opinicon Loop north end to Perth Rd.

(Maps 3 and 4) Approximately 17 km., partly on the road. Bring a lunch, good footwear, insect protection. Gas contribution \$5.00

DEPARTURE TIME: 9:00 am.

Leader: Marion Dunning 232-8304

Sunday, June 14 Gatineau Park

A hike with some bushwacking in the general area of Lac Lapeche, with a swim, if possible. Some hiking experience advisable. Wear good footwear and long pants are recommended. Bring a lunch, insect protection. Be prepared for a long day. Gas \$4.00

DEPARTURE TIME: 9:30 am.

Leader: Graham Creedy 233-1657

Saturday, June 20 End to End #15

Perth Lake to Desert Lake Rd. (Map 3)

This hike passes through the south end of Frontenac Park and may include a swim. In order to do this section one way only, a car shuttle will be necessary and it will be a long day, but wonderful hiking. Bring a lunch, insect protection, water, good footwear, and a swimsuit. Gas contribution \$6.00.

DEPARTURE TIME: 8:30 am.

Leader: Ray Forester (Kingston Club)

Contact: Bill Grant 820-0697

Sunday , June 21 Purdon Bog

Celebrate the beginning of summer on a joint outing with the Central Club. A fascinating hike of about 18 km. in northern Lanark County, which includes a visit to the renowned Purdon Conservation Area and its beautiful ladyslipper orchids. Wear good footwear and bring a lunch, and insect protection. Tea at Dalhousie Lake at the end of the hike. Be prepared for a long day. Gas contribution \$4.00.

DEPARTURE TIME 9:30 am.

Leader John Millar (Central Club) 1-267-1493 or

Contact: Bill Grant 820-0697

Saturday, June 27 Gatineau Park

A pleasant hike in the park, length and location to be determined by weather conditions. wear good footwear, bring a lunch, swimsuit and insect protection.

DEPARTURE TIME: 9:30 am.

Leader: Nanette Whitwam 231-5417.

NOTE TO HIKE LEADERS

Ottawa hike leaders who would be interested in participating in a group first-aid training session are asked to call Bill Grant 820-0697.

ROUTE CHANGES

ROUTE CHANGE ON MAP 4 - Opinicon Loop

Page 64 to be amended as follows:

18.7 The trail continues along the ridge, through a woods and reaches a stile not now in use. (The fence runs along the Frontenac County and Leeds Grenville County line. The old trail branches to the right and goes downhill to the Opinicon road with a branch to the left leading to the crest of Mount Marvin). The trail continues through woods and areas of sumac passing an old stone building and a nearby well. It then runs along a ridge for 0.2 km. and descends past a swamp going through a wooded area where it meets a cart track.

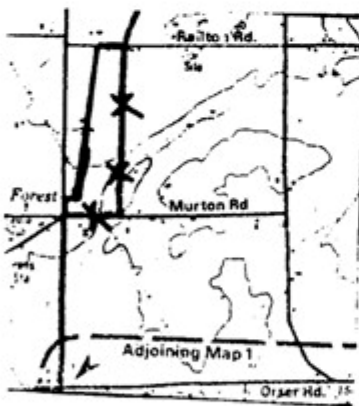
ROUTE CHANGE ON MAP 2

Page 45 - amend as follows:

22.1 Orser Road-beginning at sentence 2 ...

After 1.7 km the Trail crosses Murton Road continuing along Boundary Road for 0.2 km. It then turns right into a field and heads north. The trail continues through fields crossing the owner's private road, through scrub trees and more fields to the Railton Road. The Trail continues North ...

Note: This change was made at the request of a new land owner and the Trail now crosses property belonging to Mr. Gary Little.



TRAIL RE-ROUTING

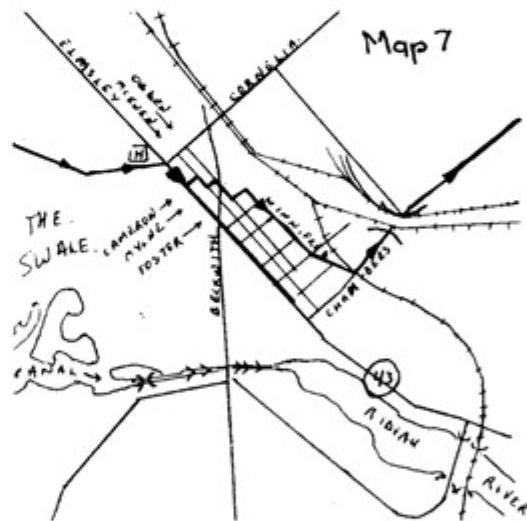
Extensive re-routing has been necessary between Narrow's Lock and the Three Buoy's Marina. The Trail has been well signed but the map has not yet been re-drawn. The description, now incorrect, is on pages 72 and 73 of The Rideau Trail Guidebook.

As soon as weather conditions permit the re-routing will be measured and mapped.

ROUTE CHANGE ON MAP 7 - Smiths Falls P.86

This reroute will be in place early in April of 1992.

The trail follows Highway #43 through the town for 2.2 km. to the traffic signals at the corner of Cornelia and Elmsley Streets. Turn right on to Elmsley Street for one block and left on to Cameron Street. One block on Cameron and right on to McEwen for one block. Left on to Mylne and across Beckwith Street North to Ogden Street. At this intersection you will observe a building decorated on all three sides with a clever trompe d'oeil mural "Waiting for the Train." Go one block on Ogden, turn left on to Foster, one block and the right on to Winnifred. Continue south-east down this street for a number of blocks. Turn left at Chambers Street East, then crossing a single line of railway tracks. Proceed through the Chambers Street underpass and reach the T intersection at Rideau Avenue (Return to Page 87 for directions.)



HIGHWAY 416 UPDATE

Construction of the 416/417 interchange (Map 12) is proceeding faster than expected. The Acres Road Bridge may be closed sometime this summer as a result. It is expected that the closure will be for two or three months and not the six to eight months as originally expected. **In the event of this bridge being closed the following will be the detour until the realigned Acres Road is open.**

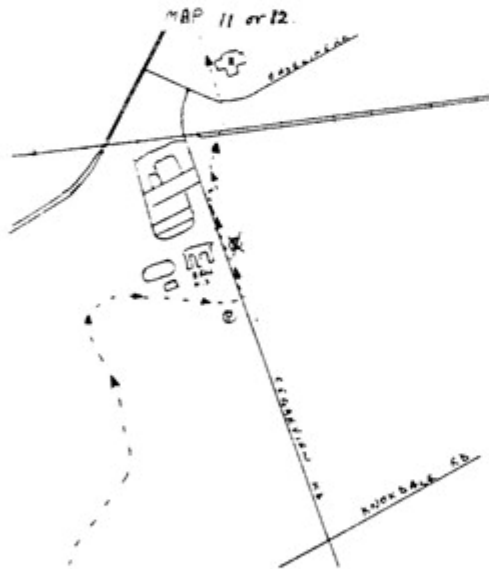
MAP 12 OTTAWA Page 108

km. 73.8 Richmond and Acres Road.

The Trail continues north east along Richmond Road, crossing over highway #417 to the signal lights at Richmond and Bayshore Drive. Turn left on to Bayshore Drive and continue north to Carling Avenue. At Carling and Bayshore cross to the north side of Carling and turn left and continue along Carling in a westerly direction to reach the recreational path that goes along the shore of the Ottawa River.

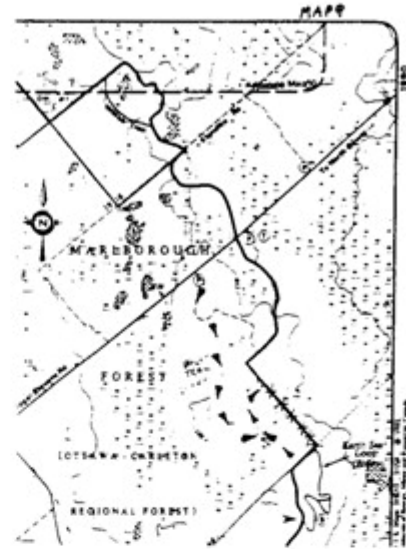
BRUCE PIT DETOUR MAP 11 OR 12 P.108

The Trail turns left after meeting Cedarview Road at Nordic Nook parking lot and continues along the road, down the hill to turn right into NCC property at an access gate. The Trail goes eastwards for a distance in the woods, turns left, passing through a field before crossing a railway line and crossing a stile at Baseline Road.



FLOOD ROAD REROUTE MAP 9

Heading north from Flood Road across meadow/field. Passing through cedar post fence follow track to Ducks Unlimited dyke. Cross over top of dyke and enter cedar wood. Trail meanders through the cedar to reach farm land now planted with seedlings. The trail continues along the edge of the farm land in an easterly direction to reach Flood Road to the south of farm buildings.



Violet Trail (Blue) Map 9

This blue trail starts at the parking lot west of where the Main Trail crosses Rogers Stevens Road. It is about 4.5 km. and connects with the Main Trail north of the Ducks Unlimited dyke. Used with the Main Trail or with the Main Trail and a forest road it provides a couple of loops for hiking. Special thanks to Bill Grant and Peter de Lepper for their efforts in making this trail.

B & B ALONG THE RIDEAU TRAIL

Have you ever wondered as you did your End-to-End whether there were B & B's available along the stretch of the Rideau Trail that you were walking? Pearl Peterkin came across an advertisement for the Town and Country group of B&B's all of which may be useful to Rideau Trail members. Unfortunately we are unable to include the list in this newsletter, but if you would like information about Bed and Breakfast places on the Trail call:

Pearl Peterkin 613-829-3062
Patricia Lynn 613-546-3993

The West Highland Way

(Reprinted from a longer text by Stanley Douglas)

It is a foregone conclusion that hiking in Scotland means journeying in wet conditions. I kept my fingers crossed and hoped the rains between Glasgow and Fort William would be relatively light in May-June, but I took care to pack ample wet weather gear for the ensuing seven day hike. Imagine my surprise finding this first day on the trail sunny and warm with only faint wisps of high cirrus in a clear blue sky.

The West Highland Way was first conceived eleven years ago and established by the Countryside Commission for Scotland. Local rangers oversee its maintenance. It is marked throughout with brown posts sporting a stylized thistle. The Way is Scotland's best known footpath and attracts 100,000 hikers each year.

The Highland influence could be felt with the association of the distant mountain ranges, notably among them Ben Lomond, but closer to hand was the bulk of Conic Hill, our first steep climb. It came into clear view after we had walked through Garadhban Forest. Even though I was wearing heavy hiking boots, the pasture towards the hill felt and looked like velvet. Countless sheep with their new-born lambs nudging alongside, making no attempt to move away from our path as we closed in on them. The climb was steady to begin but became a we bit of a slog as I came near to the summit's 350m peak. The wind was strong and cold, happily at my back. The view from the top outstanding. Here was the meeting place of North and South, the Highlands and the Lowlands.

The serene beauty of Loch Lomond and the profuse variety of flora, said to contain a quarter of all that grows in Britain, from orchids to snowdrops, demands one's whole attention. Enormous areas of bluebells stretching as far as the eye could see, huge rhododendron bushes complementing smaller adjoining azaleas presented a glory of colour that would appear impertinent to nature if attempted by man: whin and gorse, resplendently brilliant yellow and so on.

Much of the trail passes through Forestry Commission land. Here are large stands of pine, spruce and larch with oaks, native birch and alder providing variety as well as housing and food for a host of birds. In their season the rowan and holly, too, would be brilliant with red berries.

The hike was very worthwhile and may well be one

of Britain's best, however, some forward planning is essential. The official guide "The West Highland Way" by Robert Aitken, contains a separate official route map. It is published by the Countryside Commission for Scotland and is available through HMSO Bookshops, there is a Scottish one at 71 Lothian Road, Edinburgh, Scotland EH3 9AZ. The pamphlet, "West Highland Way, Long Distance Route", gives general details and lists accommodations. It may be had, free, from the Countryside Commission for Scotland, Battleby, Redgorton, Perth, Scotland PH1 3EW

Be advised you will need good waterproof clothing and possibly gloves. Boots should be well broken in and dependable. Be ruthless and reduce your packs. B & B costs about 20-30 pounds. Lunch supplies and dinners are available on route. Do take a lightweight camera.

SCENES ALONG THE WEST HIGHLAND WAY.



LONG TERM PLAN FOR THE RIDEAU TRAIL

Members of the board of the Rideau Trail Association recently discussed the need for a long term plan for the trail and the association. It was agreed that such a project could only be successful if there was input from the general membership. This is a major project and the board would like to commence the process with a workshop on April 11, 1992.

Where would you like to see the trail and/or the association in five or ten years time? What are the things that you would not like to see changed? Should we consider agreeing to let people put advertisements in the newsletter? Should there be more shelters on the trail and if so, where should they be? Can we expect more urbanization on the trail, where will it be, what affect will it have, and is there something we should be doing to minimize the impact? These are some of the questions with which a long term plan would deal. Are there some other issues you are concerned about?

We need your help in defining the issues we should be working on and in what depth. It is expected that the workshop will be a full day activity and the location will be determined by the number who will be attending. If you would like to attend, it is essential that you contact the chairperson of your club by April 1, 1992. If you are unable to attend but would like to have some issue discussed, put your thoughts on paper or contact a board member.

We are facing an exciting, yet frustrating challenge! Please join us.

Betty Melver, President

SUBSCRIPTION APPLICATION: Membership year is from April 1st to March 31st. Your membership in the Rideau Trail Association provides financial support essential for the continuous maintenance, improvement, extension and protection of the Rideau Trail network. As a member you will receive the quarterly newsetter and special mailings as well as voting rights in the local club and association activities. **To join or renew complete the form below, place it in an envelope and mail to :**

**Rideau Trail Association
P.O.Box 15,
Kingston, Ontario,
K7L 4V6.**

**Ottawa Phone Number 613-567-2229
Kingston Phone Number 613-545-0823
Central Phone Number 613-264-8338**

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|---|---------|
| ☐ Annual Family Membership | \$15.00 |
| ☐ Patron (Life membership) | 200.00* |
| ☐ Guide Book - Members | 15.00 |
| Non-members | 20.00 |
| (plus \$2.00 postage and handling) | |
| ☐ Car Sticker (Free to members) | |
| ☐ Crest | 1.00 |
| ☐ Enamelled pin | 2.00 |
| ☐ Rideau Trail Wall Map | 10.00 |
| (Includes \$4.00 Postage & handling) | |
| ☐ Donation to RTA | _____* |
| ☐ Donation to the Corridor fund | _____* |
- Prices subject to change

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*Qualify for income tax deduction.

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