



# The Rideau Trail

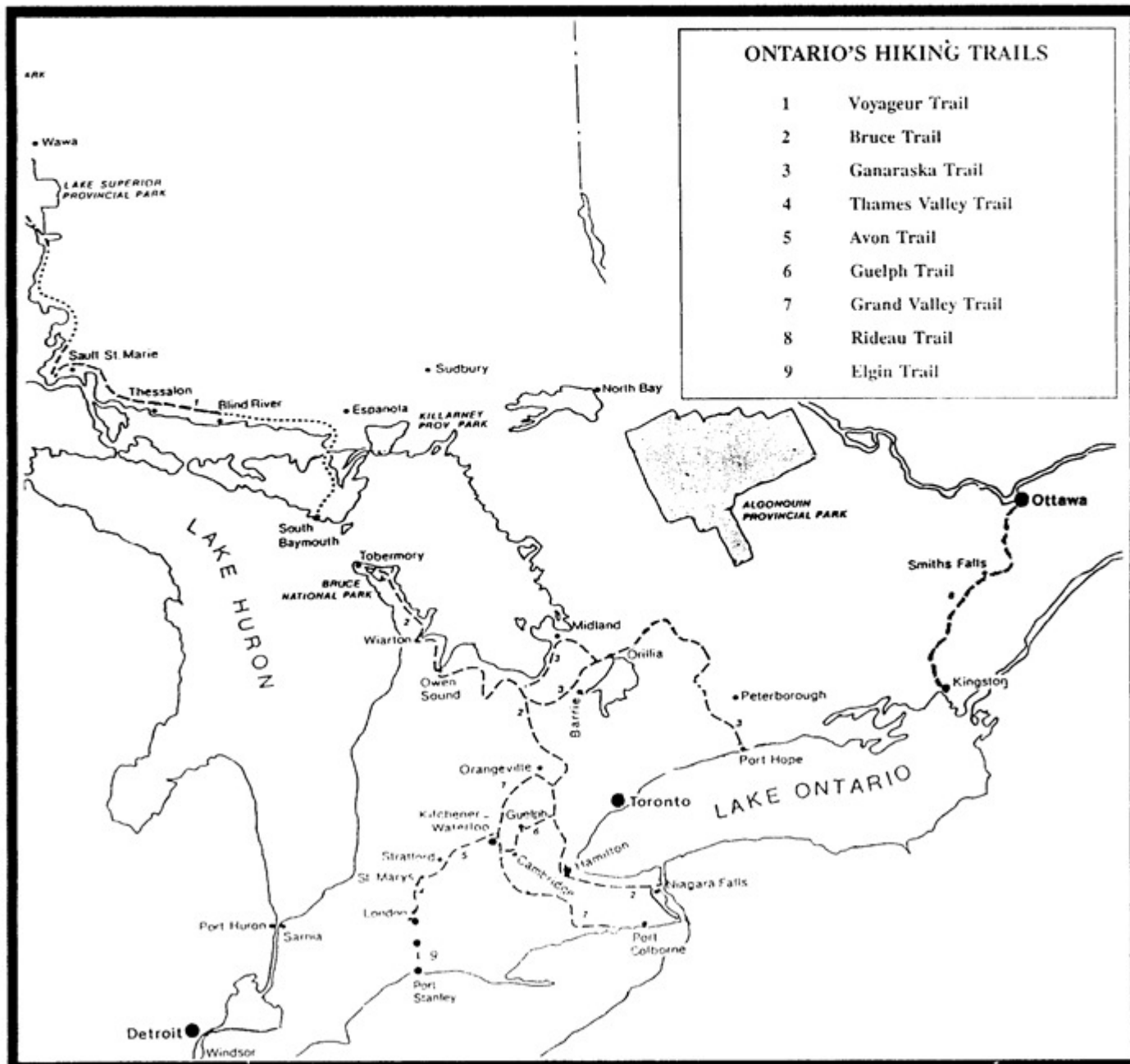
## NEWSLETTER

SUMMER 1992

ISSUE No. 84

### ONTARIO'S HIKING TRAILS

- |   |                     |
|---|---------------------|
| 1 | Voyageur Trail      |
| 2 | Bruce Trail         |
| 3 | Ganaraska Trail     |
| 4 | Thames Valley Trail |
| 5 | Avon Trail          |
| 6 | Guelph Trail        |
| 7 | Grand Valley Trail  |
| 8 | Rideau Trail        |
| 9 | Elgin Trail         |



The Rideau Trail Newsletter is published quarterly in December, March, June and September by the Rideau Trail Association. The editor of this issue is Frank Kemp for the Ottawa Rideau Trail Club.

Submissions for the next newsletter are encouraged (pictures, preferably should be in black and white) and should be sent **by August 1st to:**

**Patricia Hardy,  
115 Wright Cr., Unit 12,  
Kingston, Ont., K7L 4T8**

**Phone: 548-1268**

ISSN 0709-7085

#### **THE RIDEAU TRAIL ASSOCIATION BOARD OF DIRECTORS FOR 1991-92**

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#### **PHOTOS:**

**COVER:** Ontario Hiking Trails, courtesy Hike Ontario.

**Page 4:** Bill Grant crossing Beveridge Dam, courtesy Alex Bissett.

**Page 9:** Gatineau Park, Wednesday Walkers - Hawk watching, courtesy Frank Kemp.

**Page 10:** Osprey Nests, courtesy Alex Bissett.

**Page 11:** Lower Left - Buck Lake, courtesy Fred Catherwood.

**Page 11:** Upper Right - Arnold Pitman & "Shadow", courtesy Ray Forester.

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## **REPORT FROM THE BOARD.**

The last board meeting was held on April 4, 1992 in Perth. Pearl Petrkin joined the members to discuss the Rideau Trail Guidebook. There are only about 400 books left and a great deal of work needs to be done before the next version is ready to go to publication. Route changes must be incorporated which includes text changes as well as modifications to the maps. The Clubs Chairpersons agreed to work with Routes and Negotiations people to provide, if possible, the required information by June 1992. It is hoped that the completed document will be available for the publishers in September, 1992.

About fifteen people have registered for the planning day scheduled for April 11, 1992. Several people who were unable to attend wrote or called to identify issues which they believed should be discussed. Unfortunately that was the day Mother Nature decided we did not have enough snow for the season and dumped snow and freezing rain on Eastern Ontario. This workshop will be rescheduled.

The next board meeting is scheduled for July 11, 1992.

## TED PEARL OF OSO & PALMERSTON

The hike was advertised as "Visit Ted Pearl of Oso and Palmerston". You must realize that I'm a sucker of meeting interesting people. I was certain, without knowing all the facts, that a person who has two Frontenac County townships referred to him must be interesting indeed. I don't want to go ahead of myself but first state all the facts as they came to me.

At Conlon Farm where; Don Sherwin the hike leader, Mary Wiener the hiker and me the visitor met, you will find a recreational centre of a perfection as I ever have seen. And I have travelled far and wide. Members from Kingston and or Ottawa Club please take note; "It is worth the hour and half drive out to Perth and join the Central in one of their hikes." You might be pleasantly surprised beyond expectations.

"We are meeting Wanda Pelletier at Snow Road Station and hiking the Ragged Shute on the Mississippi." Don announced to all present, Mary and me. "Ah." I thought, "Ted Pearl of Oso and Palmerston is with Wanda." We drove out through Balderson, famous for its cheese and big globs of ice cream at almost prewar, the Gulf not WW II, prices. We turned at Bells Corners, yes Ottawa-Carleton, Lanark county too has its Bells Corners, a crossroad amid fertile fields. Towards Fallbrook and Playfairville we realized how blessed we are living in this great country Canada of ours. The reds of the maples sometimes tentative and sometimes bold, the golden of the birches and ashes. The various shades of green of the coniferous and deciduous trees not coloured yet but interspersed with the sumachs scarlet as sin reminding us of a splendid summer. Who needs the Gatineau or Frontenac Park busy and crowded while we, with good company, are the only vehicle on the road.

MacDonalds Corners with memories of a Sunday supper yearly organized by the seniors of the area. Good food and a well laden table to pig-out bringing to nought months of dieting. Oh yes, we passed through Elphin. Could there be dwarfs and fairies near a town with a name as sweet as this. I believe so, with just the right imagination and a receptive mind. We drove through Mississippi and Snow Road

Station where Wanda was waiting for us, but no Ted Pearl of Oso and Palmerston. From there the four of us went to the trailhead three miles down the road.

Better pens than mine have extolled the splendour of the fall colours. Rivers of ink have flown describing the bountiful harvest of summers long passed and the melancholy of coming winters. No, I will not add to this river of ink. However I will praise our Mississippi River here in the wilderness west of Lanark on the edge of Frontenac County.

Mary Wiener said it best. "Listen, you can hear the river talk." We went silent and listened. We heard the rocks in the fast flowing waters. We heard the clunks, we heard the rumbles. We heard those rocks, sometimes low and sometimes high, talking. Talking is not the right word. It is music sweet as Mozart's Jupiter Symphonies, stirring as Beethoven Ode to Joy and moving as Bach's Toccata & Fugue in D Minor. If this sounds romantic I tell you it was romantic. The river not only made music but I kid you not, it made its bed of marble over which it tumbled and rushed a perfect replica of Swiss cheese. I know you laugh but our private geologist Don Sherwin explained that the tumbling and twirling rocks driven by the waters eroding the riverbed into thousands of perfect circular holes. A wonderful sight to behold. It is true many of the holes contained one or more rocks in their bottom to attest the veracity of Don's explanation. Wanda observed that if this site was located anywhere in Europe both shores of the river would be crowded with tourist rather than the four of us enjoying the Ragged Shute. I hope that I don't give away a secret. I hope that next time when I come back to the Mississippi at Ragged Shute I still can enjoy the solitude and listen to the music without a maddening crowd. But where is Ted Pearl of Oso and Palmerston?

Yes, we visited Robert and Wanda Pelletier's summer residence. Robert had a roaring fire in the hearth. What a perfect host. We had beer and wine. Wanda offered cake and cookies. Hostess par excellence. We had camaraderie and a sense of wellbeing. We laughed and we joked. The most perfection this side of Paradise but where is Ted Pearl of Oso and Palmerston? I'm almost embarrassed to tell you but I



asked Robert, "When do we meet Ted Pearl of Oso and Palmerston?" hoping he would not think I questioned his gracious hospitality.

Robert burst out laughing and explained. "It was not Ted Pearl of Oso and Palmerston. It was a spelling error in the News Letter. It should have said "The" instead of "Ted". The Pearl of Oso and Palmerston. Meaning Ragged Shute in the Mississippi River."

Serendipity how sweet thy treasures.

Petrus W. de Lepper.

## PROPERTY PROTECTION RIGHTS....

*The following article appeared in the  
Winter edition of "Avon Trail News"  
The Editor*

"This land is whose land?" is a guide which explains two important Ontario laws which in 1980 changed the legal relationship of owners of occupiers of land and those who enter their land.

The Occupiers' Liability Act governs occupiers' liability to those who come onto their land. It also protects occupiers who permit recreation on portions of their land from the possibility of being sued for damages by persons who accept their hospitality.

A companion law, the Trespass to Property Act, provides increased protection from trespass to land.

These two laws were designed to protect the property rights of land occupiers and at the same time to encourage occupiers to make their land available for compatible recreational activities.

Occupiers of private land who permit trails to cross their land, and members of recreational organizations who develop and maintain trails, do a great service to all residents of the province. These two laws have facilitated cooperation between these two groups.

Under the Occupiers' Liability Act, a non-

paying recreational entrant on most rural land is deemed by law to assume willingly the risks to injury. So long as the occupier of the land does not intentionally create a danger for entrants or engage in an activity likely to bring serious injury to an entrant, the occupier will not be liable to a non-paying recreational entrant.

The law provides that any non-paying entrant, including a child, who uses rural land for a recreational purpose is responsible for their own safety. The law now accords with the attitude of self-reliance of all experienced Ontario recreational users of rural land; they take the environment as they find it.

The above information was taken from the guide mentioned. Copies are available from;

Communications Office,  
Ministry of the Attorney General,  
18th Floor,  
18 King St., E.  
Toronto, Ont., M5C 1C5



# RIDEAU TRAIL ASSOCIATION

## KINGSTON CLUB OUTINGS.

### PREAMBLE AND PROGRAM.

1. All hikes start from north-west corner of Sears parking lot.
2. In addition to the hikes listed below there are hikes leaving Sears at 1:30 p.m. the first, third and fourth Wednesday of the month.
3. Suggestions for future hikes can be made to Jean Thompson 544-0340.
4. Car pooling is encouraged to facilitate parking. Drivers appreciate a contribution towards the gas.
5. Hike leaders are reminded to send their attendance to Peggy Harding 544-7202.
6. Although the program generally indicates the strenuousness of the event, hikers are reminded that it is their personal responsibility to confirm with the hike leader before the hike their ability to meet the conditions on the trail.
7. Proper equipment and personal conditioning are important on rugged hikes to ensure that all hikers can enjoy the event.
8. Hike leaders are requested to discourage ill-equipped hikers from starting on rugged hikes.
9. Fires should only be laid in designated sites.
10. "HELP" We need more hike leaders. You can gain experience by assisting an experienced leader on a hike.

**June 20, Saturday.** Sequential hike from Narrows Locks to Murphy's Point Provincial Park. 13 Km. Meet at Sears NW corner at 9 a.m. Bring lunch and swimwear.  
**Leader: Arnie Hendrikson - 544-0465.**

**June 28, Sunday.** Hike to Slide Lake. Meet at Sears NW corner at 9 a.m. Bring lunch, strong footwear and insect repellent.  
**Leader: Klaus Stegman - 542-5375.**

**July 4, Saturday.** Sequential hike from Foley Mountain to Narrows Locks. Bring a lunch and swimwear. Meet at Sears at 9 a.m. 10 Km.  
**Leader: Patricia Lynn - 546-3993.**

**July 8, Wednesday.** Hike in 2nd Depot Lake Conservation area. Meet at Sears at 10 a.m. Bring a lunch and swimwear.  
**Leader: Margaret Page - 380-7840.**

**July 12, Sunday.** Canoe trip on Loughboro Lake. Bring a lunch and swimwear. Meet at Sears NW Corner at 9 a.m. If you need a paddler or a place in a canoe, phone Mike Amodio 634-1847 by Thursday 9 Jul.

**July 18, Saturday.** Sequential hike from Gould Lake Barn to Frontenac Park. Bring lunch, strong footwear and swimwear. Meet at Sears at 9 a.m. Approx. 13 Km.  
**Leader: Dugald Carmichael - 542-6268.**

**July 23, Thursday.** Hike through historical Barriefield Village. Meet at Bay and Wellington at 7 p.m. Coffee will be served at Don and Cathy Cutts home after the hike.  
**Leader: "Peck" Peckover - 544-9190.**

**July 26, Sunday.** Hike in Foley Mountain Conservation area to Little Bay for lunch and a swim. Meet at Sears at 9:30 a.m.  
**Leader: Shirley Conkie - 544-2832**

**July 25 - 26. Weekend Canoe Trip.**  
In the Crotch Lake, Mississippi River area. Bring your own supplies and equipment. Meet at Sears NW corner at 9 a.m. Phone Allen by Thursday July 23 if you are going.  
**Leader: Allen Nichols - 389-4026.**

**Aug. 8, Saturday.** Hike from Failton Rd to Sydenham Beach. Bring lunch and swimwear. Meet at Sears at 9:30 a.m.  
**Leader: Jean Thompson - 544-0340.**



## KINGSTON CLUB OUTINGS (CONT'D)

**Aug. 12. Wednesday. Blue Roof Farm.** Bring lunch and swimwear. Meet at Sears NW corner at 10:00 a.m.  
**Leader: Bernie Gates - 389-1835**

**Aug. 16. Sunday.** Visit Lynn Nolan's cottage on Eagle Lake. This is an island, so we will have to go by canoe. There is room for some in Lar's boat. For more information phone Lynn Nolan at 389-8747 not later than Thursday, August 13. Meet at Sears at 9 a.m. Bring a lunch and something for a pot-luck supper.  
**Leader: Lynn Nolan - 389-8747.**

**Aug. 22. Saturday.** Hike from Westport Lions Club Beach to the beach in Foley Mountain Conservation area (Little Bay). 7 Km. Bring lunch and swimwear. Meet at Sears at 9 a.m.  
**Leader: Ed Luce - 549-5300.**

**Aug 30. Sunday.** Hike the Opinicon Loop. Bring lunch and lunch and swimwear. Meet at Sears at 9:30 a.m.  
**Leader: Harry Gardner - 389-9639.**

**Sept. 5. Saturday.** Bicycle trip to Wolfe Island. Bring a lunch and swimwear. Meet at the Ferry Dock at 9:15 a.m.  
**Leader: Peggy Harding - 546-7202.**

**Sept. 13. Sunday.** Hike in the Sandbank Provincial Park (West Branch). Meet at Sears at 9 a.m. Bring a lunch and swimsuit.  
**Leader: Allen Tattersal - 549-4080.**

## CENTRAL CLUB OUTINGS

Our Hotline, 264-8338, has a recorded message advising you of our next outing. Which may or may not be advertised. We normally have an outing starting in Perth on one day of the weekend. This may be joining one of the other clubs or sauntering off by ourselves. Come join us where there is a crowd!

### **SUNDAY, 21st JUNE - PURDON BOG.**

Join the Ottawa Club for an outing to view the Lady Slipper Orchids. The hike is about 14 - 18 Km depending on weather, followed by tea at Sylvania Lodge at the end of the hike. Bring your compass, good footwear, insect repellent, and lunch. Meet at Sylvania Lodge, McDonalds Corners at 10:00 a.m.  
**Leader: John Miller, - 164-2811**

### **SATURDAY, 18th JULY - CROTCH LAKE.**

Canoe trip to this little used lake with its interesting landscape and small coves. Phone if you need us to find canoe space for you by 12th July. Bring lunch, insect repellent, swimwear. Meet at post office at McDonalds Corners at 10:00 a.m.  
**Leader: Marg. McLeod, - 278-2811.**

**FRIDAY, 14-15th AUGUST - CANOE TRIP AROUND FRONTENAC.** Weekend canoe and camping trip around Frontenac Provincial Park starting at Salmon Lake on Friday evening at 4:00 p.m. Phone to book space for campsite, etc., by latest 2nd of August.  
**Leader: Don Sherwin, - 268-2447.**

**SUNDAY, 20th SEPTEMBER - SMYTHE'S BAY & HIKE.** Join us for this canoe and hike outing to Smythe's Bay and Highfalls near to 'Ted Pearl'. A new experience, bring canoe (if possible), swimwear, and lunch. Meet at Conlon Farm at 9:00 a.m.  
**Leader: Wanda Pelletier, - 278-2157.**

# OTTAWA CLUB ACTIVITIES

The hikes described below normally take place as scheduled regardless of the weather and the **RENDEZVOUS POINT FOR HIKES IS ALWAYS AT THE CORNER OF BOOTH AND ALBERT STREETS IN OTTAWA** at the times indicated. This is the departure time. Private cars are used for transportation to the trail head and hikers are asked to contribute to the drivers' gas cost, in the amount indicated below (where not indicated, it is usually \$3.00). Some hikes will be followed by optional refreshment stops, but this is usually decided on the day, unless otherwise indicated.

The summer program is intended to provide a variety of outings for all tastes. Hikes on the Rideau Trail are specified as such. Many of the summer hikes are off-trail hikes, often combined with a swim. These hikes involve new routes discovered during our Wednesday outings and by individual hike leaders. The series of End-to-End hikes resume on August 29 and we shall reach Sydenham by the start of the autumn. Please take note of the descriptive details for all activities so you will not be disappointed. For specific information on individual events, phone the leader indicated, and for more general information, or if the leader is not available, phone Bill Grant, Activities Coordinator at 820-0697.

Once again we are grateful for the willingness of those club members who volunteer to lead these activities and request participants to make their job as easy as possible. Hike leaders are asked to collect names and phone numbers of participants and send them to Bill Grant.

## Wednesday Walkers

Every Wednesday, there are hikes in the Gatineau Park. These hikes tend to be quite vigorous and are definitely not for beginners or for persons not in good physical condition. Good footwear is strongly recommended and hikers should bring a lunch and water. The meeting time is 9:30 a.m. at corner of Booth and Albert. For information call Dorothy Belter 523-4420 or Nanette Whitwam 231-5417

## **Sun., June 21 Purdon Bog**

Celebrate the beginning of summer on a joint outing with the Central club. A fascinating hike of about 18 km. in northern Lanark County, which includes a visit to the renowned Purdon Conservation Area and its beautiful ladyslipper orchids. Wear good footwear and bring lunch, insect protection. Tea at Dalhousie Lake at the end of the hike. Be prepared for a long day. Gas contribution \$4.00.

DEPARTURE TIME: 8:30 A.M.

LEADER: John Miller: 1-267-1493  
or call Bill Grant: 820-0697

## **Sat., June 27 Gatineau Park**

A pleasant hike and swim in the park, length and location to be determined by weather conditions. Wear good footwear, bring lunch, swimsuit, and insect protection.

DEPARTURE TIME: 9:30 a.m.

LEADER: Nanette Whitwam: 231-5417

**Sun., June. 28 Joe Baye Trail.** A short hike (8 km) on a newly discovered short trail near the village of Clayton in Lanark County, a swim, if possible, and a visit to the general store. Bring water, swimsuit, insect protection. Perhaps refreshments on the way home. Gas contribution \$4.00.

DEPARTURE TIME: 12:30 p.m.

LEADER: Bill Grant 820-0697

**Sat., July 11 Rideau Trail. Marlborough Forest (Map 9).** A short hike in the forest, followed by a swim in Adele's pool and light refreshments. Bring a light snack, insect protection, swimsuit, and good footwear.

DEPARTURE TIME: 10:00 a.m.

LEADER: Geoff Berry 731-4832

**Sun., July 12 Murphy's Point Provincial Park.** A delightful hike in this well-forested area, followed by a swim at the park beach. Bring a lunch, swimsuit, insect protection. Gas contribution \$4.00.

DEPARTURE TIME: 8:30 a.m.

LEADER: Peter Brebner: 729-8178

## **Sat. July 18 - Sun. July 19**

**Hiking Weekend.** A visit to the Warsaw caves near Peterborough (and a swim, if possible, on Saturday) followed next day by a visit to the famous Petroglyphs and a 13 km hike, returning Sunday evening.

Campers phone Barbara Krieger 235-0604

For motel accommodation, phone Bill Grant - 820-0697

Register between June 15 and June 30



**OTTAWA CLUB (CONT'D).**

**Fri., July 24 Canal Walk**

Enjoy a balmy evening walk along the Canal, of about 10 km. Perhaps refreshments afterwards. Usual meeting place.

**DEPARTURE TIME:** 7:00 p.m.

**LEADER:** Barb Sigurdson: 521-7311

**Sat., July 25 Burnt Lands**

A short hike in this flat area west of Ottawa, length determined by the weather. Refreshment stop afterwards. No swim. Bring sun and insect protection.

**DEPARTURE TIME:** 12:30 p.m.

**LEADER:** David Spector: 829-6802

**Sun., July 26 Canoe Outing**

Enjoy a day's canoeing on the Gatineau River. Participants should bring their own canoe, paddles and life preservers. Canoe owners are welcome to bring guests. Bring a lunch and swimsuit. **Phone the leaders by July 24 to reserve a place.**

**LEADERS:** Barri and Dennis Scully 233-3770

**Sat., Aug. 1 - Sun., Aug 2**

**Canoe Weekend to Lac Vert, Quebec**

Participants should have canoeing experience and, preferably, their own canoes and camping equipment. There will be a planning meeting. **Register with Rev Armstrong - 738-0310 or Jean Sunter - 828-6077 by July 15 at the latest**

**Sat., Aug. 15 - Sun., Aug 16. Biking and**

**B & B Weekend.** Enjoy a weekend of cycling Brockville to Gananoque on the 1000 Islands Parkway and a night in a Gananoque B & B. **Register with Margaret Lafrance 731-4832 by July 31**

**Sun., Aug 23 Charleston Lake.** Our seventh annual visit to this park for a hike and a swim. We will hike the long west side trails - about 12 km of rough ground. Bring lunch, good footwear, swimsuit, and insect protection. **Be prepared for a long day, with a refreshment stop on the way home.**

Gas contribution \$5.00.

**DEPARTURE TIME:** 9:00 a.m.

**LEADER:** Bill Grant 820-0697

**Sat., Aug. 29 END TO END HIKE No. 16**  
**Desert Lake Rd. to Gould Lake Rd. (Map 2)**

Approximately 14 km. along the west side of Gould Lake, with a swim at the end, if possible. Bring lunch, good footwear, insect protection, and a swimsuit. Gas contribution \$6.00.

**DEPARTURE TIME:** 8:30 a.m.

**LEADER:** Bob Bennett 749-7440

**Sun., Aug. 30 Bike Tour**

A tour in the area north of the Marlborough Forest on country roads. Bring a lunch.

**DEPARTURE TIME:** 9:00 a.m. **Phone to confirm**

**LEADER:** Andrew Oakes: 225-8982

**Sat., Sept. 12 Bakery Bike Outing**

Our second annual 40 km round trip to Ollie's Bakery in Manotick. This is **not a race!** Bring a lunch or buy it in Manotick. Meet "at the Rock" on Riverside Drive beside the Terry Fox complex.

**DEPARTURE TIME:** 11:00 a.m.

**LEADER:** Elizabeth Mason: 729-6596

**Sept. 12 END TO END NO 17**

**Sydenham to Gould Lake (Map 2)**

Approximately 11 km of main trail, followed by a swim or some side trail hiking, depending upon the weather. Bring lunch, good footwear, swimsuit. **Be prepared for a long day.** Gas contribution \$6.00.

**DEPARTURE TIME:** 8:30 a.m.

**LEADER:** Frank Kemp: 736-9939

**Sun., Sept. 13 Gatineau**

A vigorous hike somewhere in the park. Bring lunch, good footwear.

**DEPARTURE TIME:** 9:30 a.m.

**LEADER:** Dorothy Belter: 523-4420

**Sat., Sept. 19 Constance Lake** An afternoon stroll in this forested area west of Ottawa followed by a refreshment stop. Wear good footwear. **DEPARTURE TIME:** 12:30 p.m.

**LEADER:** Bill Grant 820-0697

**Sun., Sept. 20 Northern Lanark County** An interesting hike in this beautiful, well-forested area. Bring a lunch, good footwear. **Be prepared for a long day.** Gas contribution \$4.00

**DEPARTURE TIME:** 9:00 a.m.

**LEADER:** Caroline Whaley - 726-0237

**Sat., Sept. 26 Association Annual General Meeting.** (see notice elsewhere). Members requiring transportation meet at Booth and Albert at 9:00 a.m.





## CLUB EXECUTIVE

### KINGSTON

|                    |                  |
|--------------------|------------------|
| Chair              | Allen Tattersall |
| Past Chair         | Patricia Lynn    |
| Vice Chair         | Shirley Conkie   |
| Secretary          | Margaret Page    |
| Treasurer          | Norm McLeod      |
| Routes/Negotiating | Ed Gill          |
| Construction       | Andre Mercier    |
| Maintenance        | Bernie Gates     |
| Publicity          | Peck Peckover    |
| Hike Programme     | Jean Thompson    |
| Special Events     | Lynn Nolan       |
| Volunteers         | Peggy Harding    |
| Newsletter         | Pat Hardy        |

### OTTAWA

|                     |                   |
|---------------------|-------------------|
| Chairman            | Linda Hayes       |
| Vice Chairman       | Caroline Whaley   |
| Treasurer           | Laraine Laughland |
| Secretary           | Coby Fuyschot     |
| Routes/negotiations | Peter Brebner     |
| Activities          | Bill Grant        |
| Trail Maintenance   | Pat Smith         |
|                     | Chris Jones       |
| Human Resources     | Barb Sigurdson    |
| Newsletter Editor   | Frank Kemp        |
| Publicity           | Roger McCullough  |

### CENTRAL

|                     |                |
|---------------------|----------------|
| Chair               | John Miller    |
|                     | Dorothy Hudson |
| Secretary/Treasurer | Ian Cameron    |
| Trail Maintenance   | Ron Sherwin    |
| Publicity           | Mary Weiner    |

## ANNUAL GENERAL MEETING - RTA

The Annual General Meeting of the Rideau Trail Association will be held on:

**SATURDAY, SEPTEMBER 26th, 1991**

**AT PERTH UNITED CHURCH,**  
Corner of D'Arcy & Gore Streets, Perth.

|            |                        |
|------------|------------------------|
| 10:00 a.m. | Refreshments           |
| 10:30 a.m. | Business               |
| 12:00 noon | Lunch (Bring your own) |
| 1:00 p.m.  | Afternoon Activities   |
| 5:30 p.m.  | Dinner                 |

Dinner is by reservation only and is \$12.00. A hot dinner will be catered by the Ladies of Perth United Church. There is a choice of roast beef or turkey. You must make a reservation on or before Sunday, September 20, indicating your choice of meat.

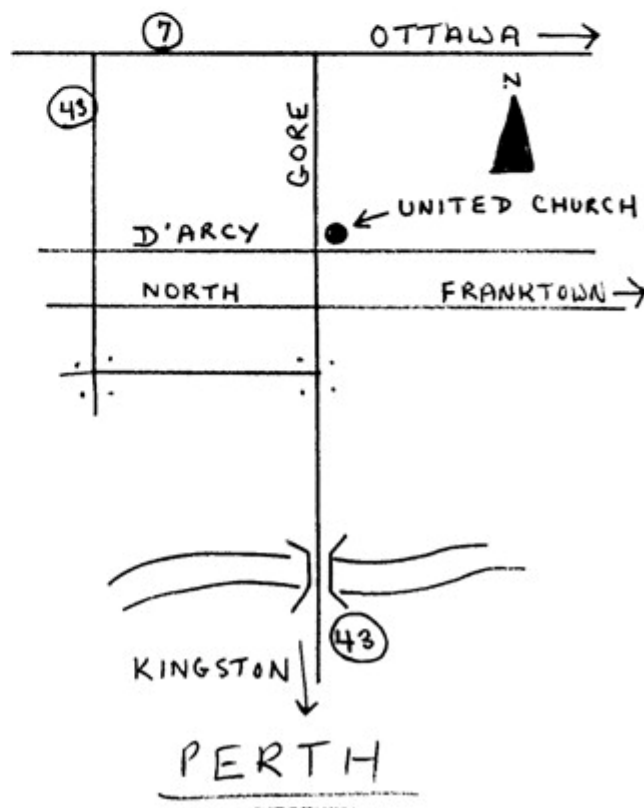
Reserve for dinner by phoning;

#### **Kingston:**

Lynn Nolan - 389-8747

#### **Perth & Ottawa:**

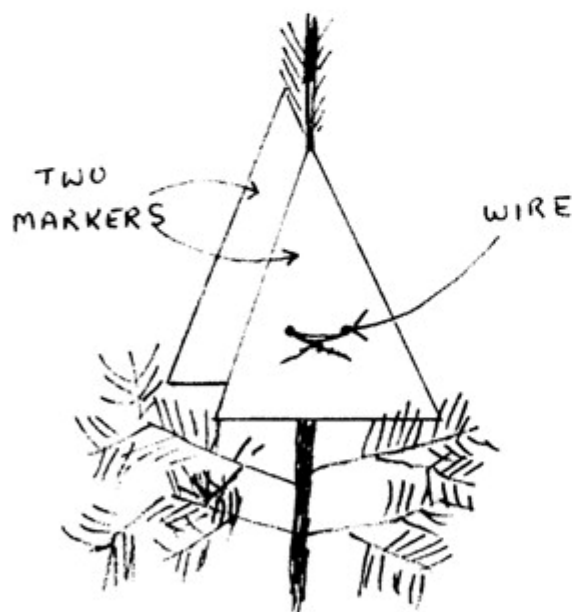
Elizabeth Mason - 729-6596



## THE "SANDWICH" MARKER

The Rideau Trail sometimes crosses abandoned fields and areas where a big tree is not handy to nail up a marker. Before I leave to maintain my section of the Trail I prepare three or four sandwich markers. To make a sandwich I drill two horizontal holes through two markers held back to back. Then I dig out some thin wire. Wire for picture hanging is just about the right gauge and copper is good because it does not rust. With these preparations I am off to do my work. The difficult-to-mark areas often have very young coniferous trees that are too small for a nail. Sandwiches are perfect here. Place a sandwich marker on either side of the tip of a young tree and fasten on with wire through the prepared holes. Be careful to revisit these markers every year in order to loosen them and to re-adjust. Young trees grow fast and will grow around the wire sooner than you think. When the tree is large enough replace the sandwich with a nailed marker.

by: Elizabeth Mason.



## THE "SANDWICH" MARKER



## END TO END AWARDS

The RTA presents an End to End badge and certificate to members of the Association who have walked the length of the Rideau Trail. This award is given out once a year, at the Annual General Meeting in September.

If you have walked the whole trail and would like to receive an award please write to the Secretary of the Association telling a bit about yourself and your hikes, not forgetting to include your name and address. Please include when you started, when you finished, and any special comments you may have. Comments on the trail will be passed along to the trail maintainers. Please get your letters in by August 15th. It takes time to arrange for the certificates. The address is:

Christine Banfill,  
Secretary, Rideau Trail Association,  
243 Wilbrod St.,  
Ottawa, Ont., K1N 6L8.



## THE CASE OF THE MISSING TRAIL SIGNS.

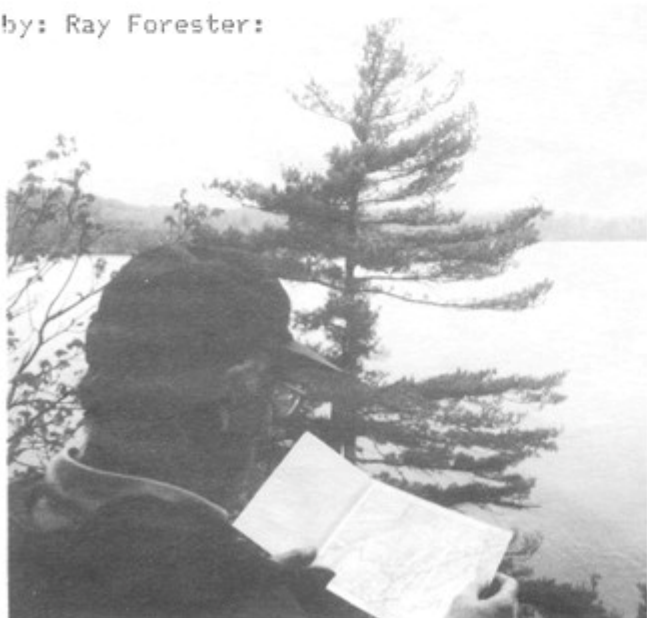
Last October, Arnold, Shadow, and I were doing trail maintenance on our sections of the Opinicon Loop. We started at the middle section of Skycroft and worked our way through to Upper Rock Lake clearing windfall, cutting back brush, and replacing trail markers where necessary. At Lindsay Lake we had to replace a "Private Property" sign which had been badly shot up by some frustrated hunter.

Stanley Douglas had made several signs for the Club with his router, which were quite attractive and would add a professional touch to trail identification. I was given two of these signs in order to identify a crossroad on the Trail and also to indicate an access point to the Opinicon Road should a hiker need to leave the trail in an emergency.

Arnie, Shadow and I erected the signs in a prominent place, securing the post in a rock cairn which we constructed. I must admit that Shadow did not do much to help us but did manage to keep the squirrels from attacking while we laboured.

It was very disappointing on a recent hike to see that the signs had been removed. I can only surmise that someone either objected to them being there or required them for their own identification purpose. In any event, I do hope that they appreciated Stans craftsmanship.

by: Ray Forester:



## FRONTENAC PROVINCIAL PARK —

### SUMMER '92 - WILDERNESS SKILLS PROGRAM

If you enjoy being in the outdoors canoeing, hiking, camping, or just being in the summer sun, then join the Frontenac Provincial Park Wilderness Skills Program for a summer full of activities. This program teaches outdoor enthusiasts hands on experience and valuable outdoor skills. The skills program has something for everyone; the beginners, the experts, and families. Space is limited so call (613) 376-3489 for information and to register.

## RIDEAU TRAIL SHIRTS.

Rideau Trail Shirts are available by mailing your request and a cheque to:

Jean Thompson  
Apt. 105, 267 The Parkway,  
Kingston, Ont., K7M 7J4

Style: Golf or Sweat

Price: \$25.00 (tax and mailing charges included)

Sizes: S M L XL

Colour: Red with black logo, or  
Royal blue with white logo.

### KINGSTON - SPECIALS

July 13 - 15.

Bed and Breakfast - Moira Valley Conservation Area. Stay in Tweed. Variety of terrain. Register before June 26. LEADERS: Don and Cathy Cutts - 542-5414.

October 19 - 21.

Advance notice - Bed and Breakfast outing. Enjoy fall exploring blue loops in Marlborough forest. Level terrain. To register phone Cathy Cutts - 542-5414 by October 1st.

**SUBSCRIPTION APPLICATION:** Membership year is from April 1st to March 31st. Your membership in the Rideau Trail Association provides the financial support essential for the continuous maintenance, improvement, extension and protection of the Rideau Trail network. As a member you will receive the quarterly newsletter and special mailings, as well as voting rights in local club and association activities. To join or renew complete the form below, place it in an envelope and mail to:

Rideau Trail Association,  
P.O. Box 15,  
Kingston, Ont.,  
K7L 4V6

Ottawa Phone Number (613) 567-2229  
Kingston Phone Number (613) 545-0823  
Central Phone Number (613) 264-8338

- |     |                                       |           |
|-----|---------------------------------------|-----------|
| ( ) | Annual Family Membership.             | \$15.00   |
| ( ) | Patron (Life Membership).             | \$200.00* |
| ( ) | Guide Book - Members.                 | \$15.00   |
|     | Non-Members.                          | \$20.00   |
|     | (plus \$2.00 postage and handling).   |           |
| ( ) | Car Sticker (Free to new members).    | \$1.00    |
| ( ) | Crest.                                | \$2.00    |
| ( ) | Enamelled pin.                        | \$3.00    |
| ( ) | Rideau Trail Wall Map,                | \$10.00   |
|     | (includes \$4.00 postage & handling). |           |
| ( ) | Donation to RTA.                      | ( \$ . )* |
| ( ) | Donation to the Corridor Fund         | ( \$ . )* |
- Prices subject to change.  
\* Qualify for income tax deduction.

PLEASE CHECK New ( ☐ ) Renewal ( ☐ )

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Postal Code \_\_\_\_\_

Telephone: \_\_\_\_\_

CHARITABLE REGISTRATION No. 0041733-56-11.