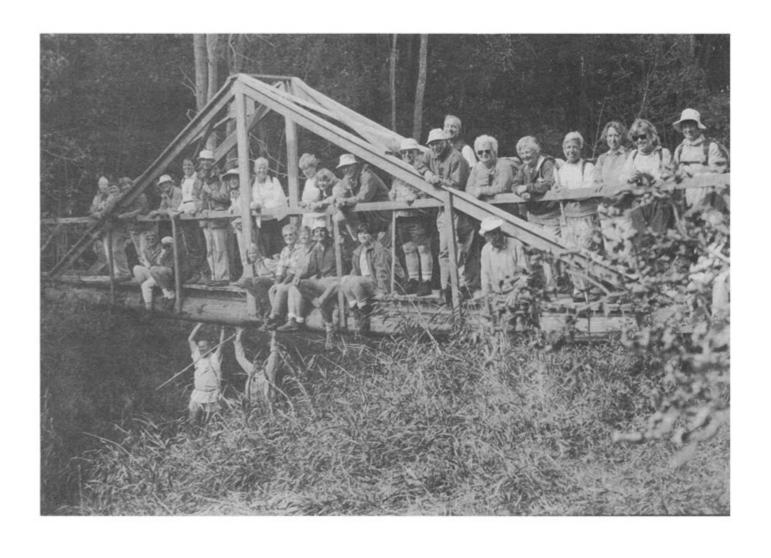


**WINTER 1994** 

**ISSUE NO. 94** 



The Rideau Trail Newsletter is published quarterly in March, June, September, and December by the Rideau Trail Association. The Editor of this issue is John Haley for the Ottawa Rideau Trail Club.

Submissions for the next newsletter are encouraged (text should be typed and pictures preferably should be black and white) and should be sent, to arrive by FEBRUARY 1, 1995, to:

Patricia Hardy,

115 Wright Crescent, Unit 12,

Kingston, Ontario, K7L 4T8

Telephone:

613-548-1268

Unless otherwise stated, the opinions expressed in this newsletter are not necessarily those of the Rideau Trail Association.

#### ISSN 0709-7085

## THE RIDEAU TRAIL ASSOCIATION BOARD OF DIRECTORS FOR 1994-95

President		Ron Maybury	North Gower	489-2255
Vice President		Jim Blain	Elgin	359-6282
Secretary		Christine Banfill	Ottawa	235-8569
Treasurer		Pearl Peterkin	Ottawa	747-2985
Membership Director		Eva & Paul Smith	Kingston	542-6003
Correspondence Secre	etary	Jean Thompson	Kingston	544-0340
Past President		Betty McIver	Kingston	549-8028
Newsletter Editors	Kingston	Patricia Hardy	Kingston	548-1268
	Ottawa	John Haley	Nepean	225-0590
Club Chairpersons	Ottawa	Graham Creedy	Ottawa	789-1657
	Kingston	Allan Tattersall	Kingston	549-4080
	Central	John Miller	Perth	264-8338
Ottawa Rep. & Trail Coordinator		Peter Brebner	Ottawa	729-8178
Kingston Rep.		Shirley Conkie	Kingston	544-2932
Central Rep.		Don Sherwin	Balderson	268-2447

Ph	oto Credits	Courtesy of	Subject
	COVER:	John Barron	Dedication of Ken Pryor Bridge, September 18, 1994.
	PAGE 3:	Jean Thompson	Outstanding Service Award Recipient Norm McLeod, Sep. 24, 1994.
	PAGE 3:	Jean Thompson	Outstanding Service Award Recipient Linda Hayes, September 24, 1994.
	PAGE 6:	Marion Dunning	Blue Mountain hiking group on the Bruce Trail, October 10, 1994.
	PAGE 13:	John Haley	Frontenac Challenge hikers at North Slide Junction, September 4, 1994.
	PAGE 16:	Geoff Berry	A wetter part of the Trail hiked on September 18, 1994.

#### 1994 OUTSTANDING SERVICE AWARDS

KINGSTON CLUB by Alan Tattersall



Norm McLeod is, and always has been, an outstanding example of what it means to volunteer one's time and effort to the Rideau Trail Association. While not a founding member, Norm joined the RTA on the first scheduled hike on the West side of Gould Lake in July, 1971. Shortly thereafter he accepted the position of Vice Chair of the Kingston Club, taking over as Chairman in 1973. He served as the RTA Secretary in 1975-76 and as the Kingston Rep. from 1979 to 1990. Since 1991 he has been and continues as the Kingston Treasurer.

Throughout his membership Norm has been active in the Association - a ready and willing volunteer, hike leader, maintainer, a resource person to represent the RTA at meetings and conferences, and a key staff writer in putting together the Constitution of the RTA.

But perhaps Norm is best known for his photography. He has and maintains a tremendous library of photographs of RTA activities from over the years - many of which you are familiar with from their appearance on newsletter covers - a sampling of which was on display at the AGM in Smiths Falls. You might also recall the first slide show of the RTA which was put together largely with Norm's photography.

The Kingston Club is pleased to have recognized Norm McLeod's exemplary service to the RTA by this award for 1994.

OTTAWA CLUB by Pearl Peterkin



Linda Hayes was nominated by the Ottawa Club to receive an Outstanding Service Award at the Annual General Meeting in Smiths Falls. Since joining the RTA in the early 80's, Linda has made significant contributions to the Rideau Trail in two areas.

Linda has been an active member of the Ottawa Club Executive for over 10 years. She was Secretary from 1983 to 1986, then Human Resources Coordinator from 1986 to 1988. But the most demanding job that she filled was as Chair of the Ottawa Rideau Trail Club from 1988 to 1994, succeeding Ron Hunt in this position. As Chair of the Ottawa Club, she was also a member of the Rideau Trail Board of Directors, which meant that she attended or chaired at least ten meetings a year. Linda's style as Chairperson was to ensure that there were capable persons in the various positions on the Ottawa Club Executive. She then gave them the support they needed in order to do their jobs well. She was always available to solve problems as they arose and, from time to time, she had to put her thumb in a hole in the dyke when a difficult situation occurred. Under Linda's leadership, the Ottawa Club flourished, with an increase both in the number of outings and number of participants. During this period, the Ottawa Club was also involved in some major reroutings, e.g. in the Marlborough Forest, and construction projects, e.g. the Ken Pryor Bridge.

Continued on Page 6

#### PRESIDENT'S REPORT 1994

On behalf of the Board of Directors, I should like to welcome everyone to this Annual Meeting. In this report I shall present the highlights of what I think has been an eventful and productive year in the life of the RTA.

In the area of external relations lies our affiliation with provincial and national hiking and trail groups. This is important to keep us involved in and informed on all matters concerning trails. This year we have strengthened our relationship with two provincial organizations:

- The Ontario Trails Council, which is concerned with all types of trail development in the province, but mainly with the conversion of abandoned rail lines to trails. Su Nag has agreed to sit as a director on their board to represent our association.
- Hike Ontario, is an organization of hiking trail associations, and we now have observer status on their Board, with a view in the future to negotiating full membership. This will enable us to meet with people from other hiking organizations and discuss common concerns. On its part, Hike Ontario will disseminate publicity about the Rideau Trail and sell our trail guide.

Looking at our internal affairs, we have spent time this year following up the strategic planning meetings organized by our Past President, Betty McIver. A plan for dealing with the priority issues identified was drawn up, and the Board has taken action on three of these:

Firstly in data management there was the need for a better way of handling membership lists and other sets of data. Following the recommendations of a report from Linda Hayes and Tom Bach, the Board decided to buy a computer system. This will make the work of the membership secretary more efficient and effective, and also will provide such things as coded mailing labels for the newsletter. Money will be saved over time from the cost of buying computer services.

The computer will in due course be used to maintain the list of landowners on the trail, keep an inventory of capital equipment and products for sale, maintain financial records, and perform word processing and desk top publishing.

An improved coordination of Trail Maintenance was the second issue addressed. Trail maintenance and relations with landowners are still the responsibility of the individual clubs, but to organize these matters better and exchange ideas, one of the Directors, Peter Brebner, has been appointed as overall Trail Coordinator. He has already held meetings with the club maintenance organizers and will give us his first annual "state of the trail report" today.

This action will help to meet the concern which someone expressed at one of the planning meetings, that at the AGM we have reports on finances, membership, etc, but nothing about our raison d'etre, the Trail itself.

Thirdly, the Corridor Preservation Fund guidelines were reviewed by Jim Blain and Bill Grant. They produced a number of proposals which were discussed and approved at the last Board meeting, and which give a clearer description of the Fund and its purpose.

The title of the Fund has been changed to the Rideau Trail Preservation Fund and the general purpose of the Fund now reads: "to ensure the protection, preservation and enhancement of the Trail". This places more emphasis on trail improvement.

The revised specific objectives have already been published in the Newsletter. These changes retain the spirit of the guidelines published in July 1986. We must be continually vigilant to preserve the integrity of the Trail from threats of land development or other reasons for loss of access and we must maintain an adequate reserve in the Fund to meet this need. The Fund will help us to counter these threats, but it will also provide, within the guidelines, a means of growth and improvement.

It will now be easier, it is hoped, to stimulate contributions to the fund for specific projects.

Other issues which were identified at the planning sessions, and which are still to be reviewed, include:

- safety on the trail
- a program for trail upgrading, including the building of more facilities, such as overnight shelters
- an overall funding strategy for the association, including management of the Rideau Trail Preservation Fund
- public relations and communications (including the Newsletter and Guidebook)
- organizational structure and linkages with other groups, such as the National Trail and the Trans Canada Trail
- coordination of data management

The Board of Directors will be holding one or more special meetings to discuss and move on some of these questions. We will be inviting some members to attend where their special knowledge is needed. Anyone else who feels they can make a contribution to any of these discussions is also invited and the dates of meetings may be obtained from any Board member.

Finally, I should like to thank all the members of the Board, Club Executives, volunteers and members for making this an enjoyable and productive year.

#### Ron Maybury

## RIDEAU TRAIL ASSOCIATION FINANCIAL REPORT, AUG. 31, 1994

OPERATING AC		ACT'L 1993-94	BDGT. 1994-95	PUBLICATIONS & MER- BDGT. ACT'L BDGT. CHANDISE ACCOUNT 1993-94 1993-94 1994-95
REVENUE				REVENUE
Membership fees renew - life Total membership i	val 6500 1600	4132 12605 1800 18537	4000 10000 <u>1800</u> 15800	Sales       - guidebooks       8000       9050       8000         - wall maps       500       600       500         - pins, decals, crests       270       415       200         Postage recovered       600       378       600
•				TOTAL REVENUE 9,370 10,443 9,300
Donations Bank & Investment Transfer from P&M Miscellaneous Annual general med TOTAL REVENUE	f account 0 eting <u>900</u>	1642 2008 3000 153 — 25,340	1500 3000 0 0 800 21,100	Guidebook - 4th ed.         11,000          11000           Guidebook - marketing, post.         600         25         600           Wall maps - mailing tubes         70          70           Computer. printer, software         0         3000         0           Restocking - badges         1000         592         0
TOTAL REVENO	10,000	23,340	21,100	TOTAL EXPENDITURE 12,670 3,617 11,670
EXPENDITURE				GAIN (DEFICIT) (3,300) 6,826 (2.370)
Newsletter - printi - posta Total Newsletter	ng 3200 ge/env./etc 3200 6400	3968 3117 7085	3500 3000 6500	RIDEAU TRAIL PRESERVATION FUND REVENUE
- copie	ge/phone 1700 s/paper/cards 400	1631 111	1700 400	Donations         300         398         300           Bequests         0          0           Grant EOMF          832         0           Investment Interest         800         1401         1000
- comp - PO B	ox 60	301 60	650 60	TOTAL REVENUE 1,100 2,831 1,300 EXPENDITURE
- award Total Operation cos	ds/certifs. 300 sts 3110	150 2253	300 3110	Bridge (Richmond) 0 800 0
Meetings - AGM		250	800	Gould Lake property 0 3000 0
- board - confe Total Meetings	i (1977)	223 100 573	300 200 1300	TOTAL EXPENDITURE 0 3,800 0 GAIN (DEFICIT) 1,100 (1,169) 1300
				BALANCE SHEET AS AT AUGUST 31,1994
Club support - Otta - King - Centre Total Club support	ston 2300 ral 200 4885	1500 1500 2100	2585 2100 200 4885	Balances Operating Account 31,956 Publications/Merchandising Account 35,925 Rideau Trail Preservation Fund 18,711 Deferred Revenue (Life memberships) 13,500
Publicity - broch	nures 1200 ellaneous 150	466	1200 150	* 10 * 10 * 10 * 10 * 10 * 10 * 10 * 10
Liability insurance Affiliations - HO,F Legal costs & prop Computer, printer &	ON,FFP,OTC 200 erty tax 700	34 1315 320 475 3131	1350 1350 350 500 0	Reconciliation Term Deposits - Operating 63,500 - Rideau Trail Preservation 21,458 Savings Accounts - Operating 191 - Rideau Trail Preservation 99
TOTAL EXPENDI	TURE 19,345	17,752	19,345	Chequing Account (less 0/S cheques) 14,844
GAIN (DEFICIT)	(3,345)	7,588	1,755	TOTAL 100,092



# Continued from Page 3 Outstanding Service Award

It was also during this period that the RTA received quite a bit of media attention, culminating in the article in the Canadian Geographic Journal. In 1992, there was a ceremonial opening of the National Trail in Gatineau Park, with relay hikes running from Ottawa to Wakefield. Linda capitalized on these events in the development of a vital, active club.

It is probably not known to most Rideau Trail members that Linda's skills also benefitted the Rideau Trail in her Editorship of our Guidebook. Without Linda, the Guidebook would simply be a bundle of typewritten pages. For all three editions which have been published, she has contributed her professional knowledge and computer expertise to prepare camera-ready pages for printing. And it appears that the present Guidebook Chairman, Gerry Hinderks, has persuaded her to be Editor for the 4th Edition also.

Linda is certainly a worthy recipient of the 1994 Outstanding Service Award for the Ottawa Club.

#### BRUCE TRAIL OUTINGS

A large number of Ottawa Club members have been participating in hiking trips on the Bruce Trail over the last few years. The picture above shows one group after hiking the Blue Mountain Section of the Bruce Trail on the Thanksgiving weekend.

Congratulations to the following Ottawa Club members who have completed the Bruce Trail this year:

Roger McCullough Pearl Peterkin Ann Bolster Gerry Schut

## BEAVER VALLEY BRUCE TRAIL CLUB

This club has asked that we publish their correct address. The address was changed in October 1993, but the old address appears in the 19th edition of the Bruce Trail Guidebook. Canada Post is no longer forwarding mail from the old address. The correct address is:

Beaver Valley Bruce Trail Club 178 Margaret Street Meaford, Ontario N4L 1B5

## RIDEAU TRAIL ASSOCIATION — OTTAWA CLUB ACTIVITIES

The meeting place for all weekend outings is the parking lot at the corner of Booth and Albert Streets in Ottawa. Car pooling is arranged and each passenger is asked to give a contribution for gas to the driver (usually \$3 or \$4). In the Gatineau Park, participants are liable for the park fee of \$7. It is suggested that real beginner (first season) skiers do not attempt most of our outings, as the numbers are often large and participants get too cold with many delays. The exception is the School House outings, where shelter is nearby. Remember, outings are likely to last 3 hours or more. Dress in layers and always have drinks and snacks.

Call the Ottawa Club line 730-2229 for last minute changes. "Thank-you" to our volunteer leaders. Please call Nanette or the Ottawa Club line for any change of outing description, and send sign-up sheets to 151 Glen Avenue, Ottawa K1S 3A1.

Wednesday Walkers take to their skis as soon as possible. Non-drivers can be picked up at Booth & Albert parking lot entrance; drivers meet at Tom Brown arena, Bayview at Wellington, at 09:30. These are Level 3 outings. Call Nanette 730-5417 or Dorothy 523-4420.

Ski Levels

- o flat terrain, variable length, minimal experience needed.
- 1 some gentle hills, may be long.
- 2 variable terrain, some steep hills.
- 3 long, varied terrain, may be off trails, level 2 experience essential.

Snowshoeing David Spector will lead outings on Sunday afternoons when conditions permit. 829-6802 for details.

#### Saturday December 10 Gatineau Park

A moderate hike. Departs 09:30. LEADER: Bud Massé 235-4670

#### Thursday December 15 Social

A get-together with carols, bring "munchies". 19:30 at 338 First Avenue. Call 730-2229 before December 11.

#### Saturday January 7 Old School House

Walk or ski, whatever weather allows. Departs 10:00.

LEADER: Nanette Whitwam 730-5417

## Sunday January 15 Gatineau Park

Level 2 ski. Departs 09:30.

LEADER: Don Mitchell 749-9537

#### Sunday January 22 Dave Davis' farm

Level 0 ski or snowshoe. Departs 12:00. LEADER: Nanette Whitwam 730-5417

#### Friday January 27 Slide Show

Share your hiking slides — bring about 35 to Emmanuel United Church, 691 Smyth Road at Botsford. 19:00 to 22:30. Refreshments provided. \$3 charge. 730-2229.

#### Saturday January 28 Gatineau Park

Level 3 ski. Departs 09:30.

LEADER: Barb Krieger 235-0604

#### Sunday January 29 Lac Phillippe

Level 1 ski. Departs 09:00.

LEADER: Geoff Berry 731-4832

#### Saturday February 4 Mer Bleu

Level 0 ski. Departs 10:00.

LEADER: Linda Hayes 749-9537

## Sunday February 5

Level 2 ski (about 3 hours). Departs 10:00. LEADER: Elizabeth Mason 729-6596

#### Saturday February 11

Level 1 ski. Departs 09:30.

LEADER: Pearl Peterkin 747-2985

#### Sunday February 12 Gatineau Park

Level 2 ski. Departs 12:30.

LEADER: Graham Creedy 789-1657

#### Saturday February 18 Moonlight ski

Level 1. Bring supper. Departs 18:00. LEADER: Margaret LaFrance 731-4832

#### Sunday February 19 Greenbelt

Level 1 ski. Departs 10:00.

LEADER: Jean Cottam 726-1596

#### Sunday February 26 Gatineau Park

Level 3 ski. Departs 09:30.

LEADER: Dorothy Belter 523-4420

#### Friday March 3 Pot Luck Supper

New members especially welcome. 18:00 at Emmanuel United Church, 691 Smyth Road at Botsford. Small charge for room rental. Call Nanette 730-5417 or just come with a contribution for supper.

#### Saturday March 4 Gatineau

Level 2 ski. Departs 11:00.

LEADER: Elizabeth Mason 729-6596

#### Sunday March 5

Level 0 ski & refreshments at the Bennetts' afterwards.

Departs 12:30. Register 730-2229 by March 2.

LEADER: Bob Bennett

#### Saturday March 11 Old School House

Level 0 ski or snowshoe. Departs 10:00. LEADER: Nanette Whitwam 730-5417

#### Sunday March 12 Gatineau Park

Level 2 ski. Departs 09:30.

LEADER: Rozenn Guillermou 230-8148

## RIDEAU TRAIL ASSOCIATION CENTRAL CLUB ACTIVITIES

Again our Winter schedule is mainly made up of cross country ski outings whenever the weather permits. In addition to the listed outings there will be other ad hoc outings which will be organized as the moods permit. As always, call the hot line if in doubt; it will be more regularly attended to during the winter. 613-264-8338

Sunday December 4 Murphy's Point Provincial Park Back to our base camp for the late fall and winter season. Bring a lunch and meet at Conlon Farm at 09:00. SCOUT: John Miller 264-8338

## Sunday January 15 Big Clear Lake

Join us for a new experience at this hidden treasure in Frontenac Park. Bring a lunch and be prepared for a good work-out to get you in form for the skiing season. Meet at Conlon Farm at 09:00.

INSTRUCTOR: Don Sherwin 268-2447

#### Saturday February 18 Mount Pakenham

A repeat of last year's successful outing to this challenging cross country trail. A day pass is required. Bring a lunch or pig out on junk food at the cafeteria. Meet at Conlon Farm at 09:00.

DAREDEVIL IN CHARGE: Don Sherwin 268-2447

Saturday March 18 Murphy's Point Provincial Park Back to our home turf to finish up the season. Bring a lunch and meet at the park at 09:00.

HOMER: John Miller 264-8338

#### KINGSTON CLUB

#### WINTER SKI WEEKEND — A REMINDER

A few spaces are still available on the bus for this enjoyable trip. Under the guidance of Trailmaster Arne Henrikson, the group will ski trails in the Ottawa-Gatineau Park area according to their ability. And for those who wish to skate, the Rideau Canal is within walking distance of the hotel, and Winterlude is in its final weekend.

Full details are in the Fall Newsletter. The bus leaves on Friday morning, 17 February, returning Sunday evening. Cost is \$175 per person for lodging, meals and transportation. Only trail passes and lunches are extra.

Full payment is due by 10 January. Cheques should be to F. L. Peckover, in trust, and sent to him at 904-165 Ontario St., Kingston, ON, K7L 2Y6.

For further information call Lynn Nolan at 389-8747 or Peck at 544-9190.

#### TRAIL UPDATE

The Rideau Trail from Gully Road north towards the Gould Lake access road initially follows the eastern edge of a steep ravine. This short section may be slippery at times, especially during the spring thaw, or when wet fall leaves cover the occasional rocks along the path. For those hikers uncomfortable with the steep incline beside the trail, or those unsure of their footing, an alternative route has been marked.

For northbound hikers, a few metres after leaving Gully Road this blue route veers right and parallels the main trail, about 5-10 metres east, along the edge of a farmer's field. In about 500 metres the blue trail rejoins the main trail where it emerges from the trees beside the ravine and continues north along the edge of the same field.

Southbound hikers preferring the alternative route may simply continue along the field edge to Gully Road instead of following the main trail when it veers to the right into the wooded area along the ravine.

Ed Luce

## BOARD OF DIRECTORS MEETING OCTOBER 29, 1994

Highlights by Jim Blain

Membership with the Ontario Trails Council has been renewed for 1994/95; Su Nag is our representative.

We maintain observer status with Hike Ontario; Jim Blain is our observer.

We are updating our computer database; any changes of address or corrections should be conveyed through the club phone lines - numbers are on the back page.

A warm welcome was extended to our new computer specialist, Tom Bach.

The 4th edition of the Rideau Trail Guidebook will be published in the Spring of 1995.

Fourteen members attended the safety clinic run by Ray Forrester and Betty McIver of the Kingston Club on October 15.

The boardwalk at Stoney Swamp, Map 11, was completed by 13 members of the Ottawa Club under the direction of Leon Sokolowski.

Discussions will be held at the Club level for ideas on how the Association should celebrate our 25th Anniversary in 1996.

#### RIDEAU TRAIL ASSOCIATION — KINGSTON CLUB ACTIVITIES

The meeting place for all our outings is the northwest corner of Sears parking lot, unless stated otherwise. Wednesday walkers/skiers meet at 13:30, except on the second Wednesday of the month, when an all day outing is scheduled in the Newsletter. During the cold season, hikes may be changed to x-country skiing; however, those choosing to snowshoe or hike are welcome to come along. Bring your lunch, wear strong footwear and come prepared for weather changes. If in doubt about your ability to cope with the outing, call the Leader in advance. Car pooling will be organized, with passengers contributing towards the gas, the dollar rate to match the map #, with allowance made for park entrance fee. Leaders are reminded to send their attendance lists to Peggy Harding, Ste. 301, 14 Greenview Drive, Kingston, On., K7M 7T5. Contributions towards the next schedule are most welcome. Please call 545-0823 (our RT line) with your suggestions.

#### Sunday December 11 Charleston Lake

Hike or ski the Westside Trail, 12 km. of varied terrain. Vehicle entrance charge. Bring lunch and meet in Sears parking lot at 09:00. Gas \$5.

LEADER: David Pratt 545-9138

#### Wednesday December 14 Rideau Trail

Hike or ski between Billy Greene and Massassauga Road. Bring lunch. Meet in Sears parking lot at 10:00. Gas \$3. LEADER: Peck Peckover 544-9190

#### Saturday December 17 Rideau Trail

Hike or ski Elginberg Rd. to Orser, 9 km. Bring lunch and meet in Sears parking lot at 09:30. Gas \$1. LEADER: Rick Briese 389-1333

#### Sunday New Year's Day

Hike or ski from Elevator Bay to Jean Thompson's for a buffet lunch and return to the beginning afterwards. Please call 544-0340 or 545-0823 by December 30 if you plan to come. However, last minute guests are also welcome. Meet in Sears parking lot at 10:30.

Saturday January 7 Murphy's Point Provincial Park Hike or ski this varied terrain. Vehicle entrance charge. Bring lunch. Meet in Sears parking lot at 09:00. Gas \$5. LEADER: Ame Henrikson 544-0465

#### Wednesday January 11 Little Cataraqui

X-Country ski in the Little Cataraqui Creek Conservation Area. Groomed tracks (if there is snow). Bring lunch and meet in Sears parking lot at 10:00. Gas \$1. LEADER: Shirley Conkie 544-2832

#### Saturday January 14 Frontenac Park

Activity to depend on the weather conditions. Bring lunch and meet in Sears parking lot at 09:30. Gas \$4. LEADER: Allan Tattersall 549-4080

#### Sunday January 22 Parrott's Bay

Hike or ski in this Conservation Area. Bring lunch and meet in Sears parking lot at 09:30. Gas \$2.

LEADER: Bernie Gates 389-1835

#### Saturday January 28 Gould Lake

Hike, ski or snowshoe along the Side Trails. Bring lunch and meet in Sears parking lot at 09:00. Gas \$2.

LEADER: Carolyn Burns 547-6104

#### Sunday February 5 Mystery Outing

Hike, ski or snowshoe at an unknown destination. Contact the Leader nearer the date for further information. Bring lunch and meet in Sears parking lot at 09:30. LEADER: Allan Tattersall 549-4080

## Wednesday February 8 2nd Depot Lake

Hike or ski in this Conservation Area. Bring lunch and meet in Sears parking lot at 10:00. Gas \$3.

LEADER: Margaret Page 389-7840

#### Saturday February 11 Family Outing

Enjoy a Family Day at Little Cataraqui Conservation Area. Rentals available. Bring lunch to eat by the fireside. Meet in Sears parking lot at 10:00. Gas \$1. LEADER: Dale Ross 384-2959

## February 17, 18, & 19 Weekend in Ottawa

Cross country skiing in Gatineau Park. See the reminder on Page 8.

CONTACT: Peck Peckover 544-9190

#### Saturday February 25 Gould Lake

Hike or ski the Wagon Trail in this Conservation Area. Bring lunch and meet in Sears parking lot at 09:30. Gas \$2.

LEADER: Peck Peckover 544-9190

#### Sunday March 5 Foley Mountain

Hike the trails in this scenic but rugged area. If snow prevails, there may be adjustments necessary. Bring lunch and meet in Sears parking lot at 09:30. LEADER: Sam Heusel 542-2201

#### Wednesday March 8 Rails to Trails

Hike the abandoned railway tracks from Perth Road to Chaffey's Locks. Wear waterproof footwear. Bring lunch and meet in Sears parking lot at 10:00. Gas \$3. LEADER: Erwin Wendholt 384-7582

#### Saturday March 11 Charleston Lake

Hike or ski the Westside Trail, 12 km, of rugged terrain. Be prepared for wet areas. Bring lunch and meet in Sears parking lot at 09:00. Gas \$5.

LEADER: Mike Amodeo 634-1847

Continued on Page 10

## Kingston Club Activities Continued

#### Sunday March 19 Amherst Island

Hike along the south shore. Wear waterproof footwear and bring extra clothing to be ready for a windy day. Bring lunch and meet in Sears parking lot at 09:30 to catch the 10:30 ferry. Gas \$2.

LEADER: Watson Ogilvie 530-2378

#### Saturday March 25 Frontenac Park

Hike the Arkon Lake Trail, about 15 km. Strong waterproof boots should be worn. Bring lunch and meet in Sears parking lot at 09:30. Gas \$4.

LEADERS: Brian & Linda Rook 634-2510

## THE VOLUNTEERS (1) by W. G. Grant

This is the first of a three-part series on the Rideau Trail Association (RTA), its structure and activities, and the vital role played by volunteers in keeping it functioning effectively. Some of this information may be new to many members, since as much as 75% of our general membership does not actively participate in the RTA.

The RTA is more than just another hiking club. It is a legal entity, registered with the Government of Ontario as a charitable organization, and required to carry insurance for legal liability and to have a formal structure, i.e. an Association Board of Directors (see the list on page 2 of the Newsletter), an Annual General Meeting (AGM), a Constitution and Bylaws, and an audit of its finances.

As a non-profit organization with no salaried employees, (unlike the Bruce Trail Association and Hike Ontario, for example, which have or have had full-time employees) the RTA relies totally on volunteers to carry out its twin missions: the conduct and promotion of hiking activity in general, and the ongoing maintenance of a hiking trail.

Many RTA members are confused because, in addition to the Association, there are individual trail clubs, i.e. the Kingston Rideau Trail Club, the Ottawa Rideau Trail Club, and the Central Club (technically an organizing committee rather than a full club). Thus the RTA has a two-tiered structure, unlike some smaller trail clubs. The Bruce Trail Association also has a two-tiered structure, with nine clubs. A two-tiered structure is necessary because of the distance between Kingston and Ottawa and the resulting problem of communications. Activities and responsibilities have been divided up so that the clubs deal with matters affecting their own areas, e.g. maintenance and hiking on their respective sections of trail, and local publicity, while the Association deals with the more general administrative matters. This also means that the work of managing the Association's activities is spread among approximately 35 persons. Occasionally, the Association will appoint a committee of two or more persons to deal with a particular concern.

The RTA Board of Directors meets four times a year and consists of a President, Past President, Vice President, Secretary, Treasurer, Membership Director, and Corresponding Secretary. A position of Trail Coordinator was recently added. These officers are elected annually at the AGM in September, which is usually attended by about 10% of the membership (not unusual for a voluntary organization.) The Board of Directors is augmented by club personnel, i.e. the club chairperson and a representative from each of the three clubs, and by two Newsletter Editors, one from each of the two large clubs. Important decisions such as Bylaw changes, changes to the structure of the Board of Directors, and increases in the membership fees are dealt with at the AGM. Otherwise, the Board governs the affairs of the RTA on a continuing basis, managing its finances, and determining its relations with other organizations, e.g. Hike Ontario, Ontario Trails Council, and the Ontario Federation of Naturalists. The Board also oversees the management of the Preservation Fund, a special fund for protecting and enhancing the Trail in the long term. Members who volunteer to serve on the Board, some for a number of years, make a crucial contribution to the functioning of the RTA.

The individual clubs are not legal entities like the Association. While they have a wide degree of autonomy, they are subordinate to the Association. In other words, the RTA is not a federation or confederation, notwithstanding its two-level structure. Each club has a budget, but funds are obtained from the Association which manages all the income (membership fees, donations, and proceeds of merchandise sales).

Each club has its own executive which is elected annually at an AGM in the spring and the members are listed in the summer edition of the Newsletter. A special arrangement exists for publishing the Newsletter, which is an Association responsibility. Each of the two Newsletter Editors looks after two of the four editions per year and communicates as necessary with the other Editor.

While routes and negotiations is a club responsibility, the Trail Coordinator now at the Association level ensures that this important function is effectively carried out and the Trail preserved in its entirety.

Future articles in this series will describe RTA activities at the club level.

## Kingston Club B&B Outings Into the Second Decade!

by Cathy Cutts

Maybe some background information is in order. The first Bed and Breakfast outing took place in 1984. A group of four stayed at an Ontario Farm Vacation home near Carleton Place in Lanark County. The arrangement was full board, including tea and home-made cookies on our return from hiking in the Marlborough Forest.

The 1985 outing was also in Lanark County. This time we stayed in Balderson. Our Farm Vacation host and hostess were the Millers - John and Anne. Again we were a group of four and this time we hiked sections between Perth and Smiths Falls.

The following years included three visits to Prince Edward County and two visits to Tweed where we explored the Moira River Conservation Lands. Merrickville was our base for two years and Manotick for one year. Numbers ranged from seven to eleven.

In September 1994 we returned to Lanark County to explore the Mississippi River Conservation areas. We limited numbers to twelve people to facilitate accommodation. We made two trips to "scout out" the area ahead of the scheduled trip. The accommodation was at three houses, all very comfortable and all unique.

Stonebridge B&B sits on the hill above the five-arched stone bridge at Pakenham. The home was spacious with wide verandahs and included a tea-room which became our dining room for evening dinner for the whole group. The hostess helped to coordinate the accommodation for us and recommended the other two homes. A short drive away was Gillanderry Farms, a green-shuttered stone farmhouse over 100 years old. The third B&B was tucked in the woods near Mt. Pakenham ski hills. It was a large Swiss-style chalet home called Carnivic Lodge.

The weather was excellent with overnight rain only once. Day hikes were at Fulton's Sugar Bush, Morris Island, and Mill of Kintail Conservation areas. The latter has as its focus the 1830s grist mill which was restored in the 1930s by R. Tait Mackenzie. He was a skilled surgeon and later a sculptor of world renown. See some of his work in the gallery.

Metcalfe Conservation Area provides a waterfront park in Almonte. It shows several erosion control structures at work. We viewed the falls and walked in the park area opposite Metcalfe.

We patronized the shops at Stonebridge, Pakenham, and Almonte. Some looked at buildings or visited the Mill Museum in Almonte. Some sampled the famous ice-cream, and all enjoyed a late lunch at the Waterford Tearoom before heading back to Kingston with many happy memories.

## Hiking Grand Manan & Campobello Islands, New Brunswick by David Spector

Grand Manan and Campobello Islands are situated in the Bay of Fundy off the south coast of New Brunswick. Renowned for bird, whale and seal watching, the two islands feature some of the best coastal hiking in the Atlantic provinces. In August, 1994 a group of twelve people from the Ottawa club sampled the island trails.

The larger island, Grand Manan is about 25 km. north to south and about 10 km. east to west, and is reached by a 2-hour car ferry from Black's Harbour, New Brunswick. On the north, south and west sides of the island, 100 m. high cliffs ascend above sea level. A well marked trail follows these cliffs and it is possible to walk the entire length of the island from Swallowtail Lighthouse in the northeast, southward along the west coast, a hiking distance of at least 40 km. and a good backpacking trip.

While our group only hiked portions of the trail, the rewards were many. At the north and south ends of the island, the cliffs were breathtaking. Harbour seals and porpoises frolicking near the shoreline were a common occurrence and sometimes it was possible to spot a whale. Good hiking possibilities also exist in the interior of Grand Manan and on nearby Whitehead Island. The interior is low-lying and heavily forested, and features interesting trails through woodlands and alongside marshes and small lakes. Whitehead Island, which lies to the east of Grand Manan and is reached by a free 30 minute car ferry from Ingalls Head, beckons hikers with a short trail leading past a lighthouse to a long secluded sandy beach and lagoon. If you swim, beware of the temperature: in the summer it is only about 12°C.

Campobello Island is accessible by bridge from Lubec, Maine or by summer car ferry from Deer Island, NB. The southern half, which is occupied by Herring Cove Provincial Park and adjoining Roosevelt Campobello International Park, can provide several days of interesting hiking. Our group particularly enjoyed two trails along the Grand Manan Channel which offer vistas of Grand Manan and the trail in Herring Cove Park through a bog and a mature Maritime forest. A good way to end the hikes is by a visit to the Roosevelt Cottage, the summer cottage of Franklin D. Roosevelt and an international historic site jointly administered by the US and Canada.

Accommodations comprise small inns, B&Bs and cottages, a good choice for a longer stay on Grand Manan. Ours were new and well furnished.

Trail guides are readily available. Eiselt, A Hiking Guide to New Brunswick, includes detailed descriptions of the trails on both islands, while A Guide to the Footpaths of Grand Manan which is available only on Grand Manan is the most up to date guide for that island.

### FRONTENAC PROVINCIAL PARK — WILDERNESS SKILLS PROGRAM

This program teaches outdoor enthusiasts valuable outdoor skills through hands-on experience, and has something for everyone. Early registration is advised, as space is limited for most of the sessions. Call 613-376-3489.

Date & Time	Program	Presenter
Sunday Jan. 22, 10:00 to 15:30	Snowshoeing Demonstration	Edward Grenda, Cdn. Snowshoe Assn.
Sunday Jan. 29, 10:00 to 15:30	Cross Country Skiing & Safety Demo.	Cdn. Ski Patrol System, Nordic Patrol
Saturday Feb. 11, 10:00 to 15:30	Winter Trip Planning	Friends of Frontenac Coop. Assn.
Feb. 18, 10:00 to Feb. 19, 15:30	Winter Camping Weekend	Friends of Frontenac Coop. Assn.
Sunday March 12, 10:00 to 15:30	Ice Fishing Demonstration	Paul Davey, Storrington Guides Assn.
Sunday March 26, 10:00 to 15:30	Meal Planning	Paul Copland, North Ridge Wilderness
Sunday May 7, 12:30 to 15:30	Mother's Day Nature Walk	Anne Robertson, Friends of Frontenac
May 19, 19:00 to May 22, 16:00	Canoe Tripping & Cert. Level I and II	Harbourfront Canoe School, Toronto
May 26, 19:00 to May 31, 16:00	Canoe Tripping Level II (Advanced)	Chris Hall, Cat's Paw Adventures
June 10, 09:30 to June 11, 16:00	Lakewater Canoe Cert. Basic and Level I	Harbourfront Canoe School, Toronto
Sunday June 25, 10:00 to 16:00	Canoe Clinic	Cataraqui Canoe Club, Kingston
Saturday July 15, 10:00 to 16:00	Family Canoeing Day	Friends of Frontenac Coop. Assn.
Sunday July 23, 09:30 to 16:00	Canoe and Paddle Workshop	The Kijik Canoe Company, Port Hope
Sunday August 6, 12:00 to 15:30	Lost in the Woods, Wildemess Survival	Frontenac Provincial Park
Aug. 12, 09:30 to Aug. 13, 16:00	Canoe Trip & Skills Weekend, Basic A-D	Harbourfront Canoe School, Toronto
September 1 to October 31	The Frontenac Challenge	Friends of Frontenac Coop. Assn.
Saturday Sep. 23, 09:30 to 16:00	Map & Compass Wildemess Navigation	Jim Gilchrist, Silva Compass
Sep. 29, 19:00 to Oct. 1, 16:00	Photography Workshop by Canoe	Chris Hall, Cat's Paw Adventures
Sunday Oct. 1, 10:00 to 16:00	Ontario Hiking Day Historical Tour	Christian Barber, Kingston
October 14 & 15, 09:30 to 15:30	Photography Workshop, Fun with Vision	Helene Fortin, Shy Kay Ing

#### MURPHY'S POINT PROVINCIAL PARK

All members should note that, although the Rideau Trail passes through this park, we have no special privileges with regard to parking. In the off-season, you must register by self-service at the gate if you do not have a summer permit. Vehicles found parked within the park boundaries will be ticketed with a set fine of \$25.00.

Fees are \$6.00 per day per vehicle or \$3.00 for seniors.

#### CANOL HERITAGE TRAIL

Experienced hikers interested in hiking this 350 km. trail in the North West Territories in July-August 1995, please contact Mark Watson (613) 234-8996 or John Martens (613) 828-5784.

The July/August 1992 issue of Canadian Geographic contained an article on this trail.

#### THE FRONTENAC CHALLENGE

by John Haley

It was too good an opportunity to miss, and so six Ottawa Club members accepted the Challenge to hike all of the trails in Frontenac Provincial Park during September and October.

Every one of the six hiking days which we took to complete the Challenge was filled with perfect hiking weather: sunny, cool-to-warm, and no bugs. We got off to a good start by hiking on the three days of the Labour Day weekend, staying at a B&B in Sydenham. The first day's highlight was the sighting of one of the Park's bears. On the second day we hiked an arduous 28 km., including the trail on the West side of Slide Lake, and enjoyed a well-earned supper in Kingston. We made the third day a little easier.

Our other three hiking days included a scheduled Ottawa Club outing on October 15, and a stay in a Westport B&B so that we could complete the Challenge the next day.

We often enjoy hiking in a few selected parts of Frontenac Provincial Park, but it is an enriching experience to hike all of the trails within a short period of time. We enjoyed trails which were new to us, and gained a greater appreciation for the beauty and diversity of the Park. We also appreciated the clear signs throughout the Park, the excellent map published by The Friends of Frontenac Park, and the warmth and enthusiasm of Park Staff and Volunteers alike.

#### ONTARIO'S NEWEST TRAIL

by W. G. Grant

RTA members who enjoy hiking on other trails should be aware of the opening of an important new trail, the Oak Ridges Trail, a few miles north of Toronto. While not yet fully "blazed", the trail is already walkable according to an article in the summer issue of the Bruce Trail News.

This trail starts at a point on the Bruce Trail northwest of Toronto and runs for 160 km. to the Ganaraska Trail northeast of Toronto. It follows the Oak Ridges Moraine, formed 11,000 years ago when the glacial ice retreated, and traverses a lot of ideal walking country, including rolling hills, hardwood forest, pine plantations, and fields, although of necessity it also skirts some urban areas. About forty streams are crossed and there are a number of lakes and bogs. The Citizens for the Oak Ridges Trail is an already flourishing organization with a number of chapters (local clubs) established and information is available from Debbe Crandall, P.O. Box 93, Palgrave, Ontario LON 1P0.

End-to-end hikers can start thinking of an eight or ten day hiking vacation to take advantage of this opportunity.

The 32 hikers who completed the Challenge this year (compared with 13 in 1993, the first year of the Challenge) included the six Ottawa Club members and eight members of the Kingston Club, all listed below. Their names will be displayed with a plaque in the Park Trail Center for the next year, when we will all have another opportunity to meet this Challenge.

Frontenac Challenge, 1994, completed by:

#### Ottawa Club:

Sandy Benoît Marion Dunning John Haley Bud Massé Kay Méthot Caroline Whaley

#### Kingston Club:

Jim Blain Bill Chambers Murray Henderson Fran Hollywood Don King Ruth King Audrey Sanger Helga Wennerstrand



#### HIKING IN SWITZERLAND

by K. Jean Cottam

I recently spent two weeks in Switzerland, hiking and travelling. The description of my first hike started: "Upper Lakeside Walk. This three-hour 10 km. walk, from Rapperswil to Schmerikon, passing nature reserves and wildlife observation platforms along the way, is one of the most popular walks in the upper part of Lake Zurich." This hike proved a good way of exploring rural Switzerland and to observe the natural habitat of the lake. However, my German-English dictionary wasn't even "for the birds" and I failed to find the English equivalents of unfamiliar bird names.

There were two flush toilets provided for hikers along the trail. Huge blackberries abounded along the railroad embankment which ran parallel to the trail, and I gorged myself on them until my tongue hurt, but almost managed to meet the hike's time limit. Though the walk was fairly flat, exploring the town situated on a steep hill (as is often the case in Switzerland) was quite strenuous. I returned to Rapperswil by train.

Next I hiked in the Alpine resort of Fiesch, 18 km. to the east of Brig. I was told that there were no organized group hikes at the time, so I decided to hike alone, having equipped myself with appropriate trail maps and a good hiking stick. (Hiking alone in the Alps is not a good idea. I plan to devote my next trip to Switzerland entirely to hiking and would like to join a hiking group or find a hiking partner, with arrangements to be made before leaving Canada. Call me at home at 613-726-1596, if interested or if you have pertinent information.)

Swiss hiking trails are well marked, with white-red-white stripes painted usually on rocks on major mountain trails and a yellow diamond on other trails. Yellow signposts indicating hikes' destinations appear in appropriate locations. The most publicized hike out of the village of Fiesch (from 1050 m to 1782 m above sea level) leads to the Fiesch Glacier, which is smaller than the more spectacular but more remote Aletsch Glacier that can also be reached on foot by hiking to the top of Mount Eggishom (2927 m) or in two consecutive cable cars.

#### LET'S DO DOWNHILL

My sister has been trying to get me on cross-country skis. Last night I said "Yes" ... to my chagrin. She told me that I could not ski with her, her route was too tough. But I could join another group on an easy ski. I did.

Now Marion Bedard makes cross-country skiing look like a piece of cake. It isn't. First, your heel is not fastened to your ski, so if you lean forward as in downhill skiing, you fall flat on your face. I know. Also, just as in downhill skiing, if you lean back, your skis slide out from under you and you fall on your backside. I know that too. I did figure out that if you kept one foot forward and one foot back you could sort of maintain your front to back equilibrium. I remembered the Telemarkers at Mount Norquay when I lived in Calgary.

But then we had to go up the hill. There is no mechanical device to take you up the hill as in downhill skiing. Still, going up the hill was easy compared to going down. Going down the hill, you're stuck in these two ruts called tracks, about four inches apart, so you do not have a wide enough stance to keep from falling over sideways every time the ruts take a slight change of direction. I know that too! Sometimes you fall over sideways right off the trail into deep snow in the woods. Great fun for a kid, but I'm 47. I eventually figured out that if you stepped out of the ruts at the top of a hill, you could snowplow down the hill to control your direction. The snowplow is also supposed to control your speed, but on this groomed-to-solid-ice trail, this was about as effective as an engineer stopping a runaway train by dragging his foot.

Still, I think I'll go cross-country skiing again. My sister has a friend who cross-country skis at about my speed. She and I will do our skiing on the golf courses not far from the hot spiced apple cider. The rest of the time, GIVE ME THE THRILL OF SKIING DOWNHILL.

By Paranoid Pete from Calgary March 5, 1994

The steepest portion of the Fiesch Glacier hike begins in the vicinity of the mountain village of Fieschertal, which can be reached by two alternative trails. The rocky summit is accessed by either a less steep but longer trail, or a steeper and rougher but shorter trail. The entire hike can be completed in about 5 hours. (The length of Swiss hikes is usually defined in terms of the required time to complete them rather than in kilometres.)

I mistakenly assumed that the shortest hike out of Fiesch, to the historic village of Ernen, about 45 minutes one way, would be easy to do in the late afternoon. The hike, completed in pouring rain, turned out to be strenuous but satisfying.

The destinations of Alpine hikes are scenic and truly breathtaking. Various travelling and hiking combinations are available: e.g. ascending mountains by funiculars, cable cars, or chair lifts and hiking down, or vice versa. Since portions of some Alpine trails run along paved roads, some hikers drive up and hike only sections inaccessible to motor vehicles. Trail maps may be bought at train stations and tourist information offices. Some pamphlets and schedules are free.

#### END TO END

by Ron Maybury

We pay tribute to the gallant company of hikers who have covered the entire length of the Rideau Trail. Theirs is an achievement not just of the distance covered. It is a passage through geological time and human history, as well as a communion with living things which few other trails can provide.

Our travellers have earned the satisfaction of overcoming adversity and discomfort. They have faced the vagaries of the weather, from the heat of the blazing sun to the eerie green luminosity of the inside of a thunderstorm.

They have detoured the work of beavers, waded through leech-infested swamps, scrambled along ridges of Pre-Cambrian outcrop and walked the shores of the Champlain Sea. Aggressive swarms of insects have attacked them, and they have suffered the tedium of the car shuttle and the hazard of facing traffic on a dusty road.

They have explored long-deserted farms and ghost towns, peered down abandoned mine shafts, and communed with the phantoms of pioneer farmers and lumbermen who, more than a century past, cleared and exploited the land, then deserted it for an easier living elsewhere.

These voyagers have imagined hearing the sounds of the picks, shovels and gunpowder of our ancestors, the canal builders, and have marvelled at their skill and fortitude. Meditating over the graves of lads far from their homes, killed by mishap or disease so long ago, they have sensed their suffering.

They have heard the paddle echoes of the first people, travelling along their canoe routes of unrecorded antiquity.

As privileged visitors to the secret land, our travellers have seen the flight of the osprey, heard the call of the loon and admired the sinuosity of the black rat snake. They have caught the flash of a deer through the trees, and have walked through a carpet of trembling trillium. They have admired sensuous orchids and dainty columbines, watched frogs and porcupines, then have left, unspoiled but not forgotten, the lifeweb which has evolved and survived over the ages.

A reward from their peers is not necessary after these things have been seen and the companionship of the trail has been experienced. However, a badge of recognition is given which may encourage others following in their steps.

#### RIDEAU TRAIL ASSOCIATION END TO END AWARDS 1994

Number	Hiker	Start	Finish	Award	Club/City
165	Jim Blain	30 Jun 92	16 Sep 93	Sep 94	Kingston
166	Murray Henderson	30 May 93	7 Oct 93	Sep 94	Kingston
167	Bob Good	30 May 93	12 Oct 93	Sep 94	Kingston
168	Don King	1 May 93	4 Nov 93	Sep 94	Kingston
169	Ruth King	1 May 93	4 Nov 93	Sep 94	Kingston
170	S Kreuger	13 Jun 93	7 Nov 93	Sep 94	Hamilton
171	Jo	13 Jun 93	7 Nov 93	Sep 94	Hamilton
172	Betty Snelson	88	14 May 94	Sep 94	Ottawa
173	Warren Cooper	11 Sep 92	23 May 94	Sep 94	Toronto
174	Bunny Ezer	11 Sep 92	23 May 94	Sep 94	Toronto
175	Stephen Freedhoff	11 Sep 92	23 May 94	Sep 94	Toronto
176	Sherry Kelner	11 Sep 92	23 May 94	Sep 94	Toronto
177	Barbara Marjeram	Sep 92	3 Jun 94	Sep 94	Toronto
178	Susan Spier	Jun 91	28 Jun 94	Sep 94	Ottawa
179	Irene McCullough	Oct 89	Jul 94	Sep 94	Ottawa
180	Bob Chadwick	Fall 91	Jul 94	Sep 94	Kingston (Ottawa)
181	Wilma Chadwick	Fall 91	Aug 94	Sep 94	Kingston (Ottawa)
182	Robert Brown	8 Aug 93	6 Aug 94	Sep 94	Ottawa
183	David Armitage	Aug 91	21 Aug 94	Sep 94	Kingston
184	Nancy Cole	7 Aug 94	24 Aug 94	Sep 94	Kingston
185	Maggie Baerg	7 Aug 94	24 Aug 94	Sep 94	Kingston
186	Betty Clifford	17 Oct 92	27 Aug 94	Sep 94	Toronto
187	Jean Sunter		Sep 94	Sep 94	Ottawa



SUBSCRIPTION APPLICATION: The Membership year is from April 1 to March 31. Your Membership in the Rideau Trail Association provides the financial support essential for the continuous maintenance, improvement, extension, and protection of the Rideau Trail network. As a Member you will receive the quarterly newsletter and special mailings, as well as voting rights in local club and association activities. To join or renew, complete the form below and mail it with your payment in an envelope to:

Club Telephone Numbers:

	Kingston Ontario K7L 4V6		Ottawa Club: 613-730-2229 Kingston Club: 613-545-0823 Central Club: 613-264-8338
()	Annual Family Membership	\$20.00	PLEASE CHECK: New () or Renewal ()
()	Patron (Life Membership)	*\$300.00	
()	Guide Book: Members	\$15.00	
773	Non-Members	\$20.00	Name:
()	(Plus \$2.00 Postage & Handling)	\$2.00	
()	Car Sticker (Free to New Members)	\$1.00	Address:
()	Crest	\$2.00	
()	Enamelled Pin	\$3.00	City:
()	Rideau Trail Wall Map	\$10.00	
	(Includes \$4.00 Postage & Handling	()	Postal Code:
()	Donation to the RTA	*\$	
()	Donation to the RT Preservation Fu	nd *\$	
	Prices Subject to Change		Telephone:
	TOTAL	\$	

Rideau Trail Association

P.O. Box 15

Qualify for income tax deduction. Charitable Registration No. 0041733-56-11.