



55 km in Each Sector LOG SHEET

Hike 55 km in each sector of the Rideau Trail.

Kingston Sector: Waypoints 01A to 09B (Kingston Harbour to Lally Homestead)

Central Sector: Waypoints 09B to 12F (Lally Homestead to Wood Road)

Ottawa Sector: Waypoints 12F to 19H (Wood Road to Ottawa Locks)

Name:

Telephone number:

E-mail address:

Mailing address:

